

# North Dallas Gazette



Your Paper, Your Opportunity...

Visit Us Online at [www.NorthDallasGazette.com](http://www.NorthDallasGazette.com)

## The Credit Card Act: imperfect progress

BY RICK MCKINSTRY  
NDG CONTRIBUTOR

On February 22, 2010 the Credit Card Accountability, Responsibility and Disclosure Act of 2009, the so called CARD Act, became law. The new law provides several key protections for credit card holders including:

- Limits on interest rate increases
- No APR rate hikes in first year
- No retroactive fee increases after the first year
- Advance notice of rate hikes or term changes
- More time to pay bills
- Restrictions on certain billing practices and fees

- Rules on applying payments to multiple interest rate cards
- No "double-cycle" billing
- Limits on "over the credit limit" fee
- Better disclosure of terms
- Disclosures of monthly statements

- Internet access to credit card contracts
  - Protections for young cardholders
  - Restrictions on cards for minors
  - Marketing restrictions
- If the list of protections listed above seems exhaus-

See CREDIT, Page 16

## Doctor's verdict: "You have prostate cancer"

(NDG Wire) The words "you have prostate cancer" leave patients and their families in shock, confusion and fear.

Then follows the inevitable: What next?

For men over 65, the risk increases significantly. African-American men have an even higher risk for prostate cancer; 60 percent

higher than white males. African-American men should be checked every year for prostate cancer starting at the age of 40. All other men should start at age 50.

Recognizing the critically important lapse between the diagnosis and treatment, The Cancer Information Service Research

Consortium (CISRC) is conducting a Healing Choices study that will try to determine if receiving a multimedia presentation of medical options helps patients make informed treatment decisions.

Patients who call toll-free, 866-258-7981, will receive one of two information packets, depending on

which part of the study they become enrolled in. Some will receive a free, multimedia program and printed material. Others will receive only printed material.

Both groups will receive information that outlines various options for those who have had a recent diagnosis of prostate cancer.

See PROSTATE Page 4

## Richardson Chamber of Commerce and the City of Richardson Partner with U.S. Census Bureau

(NDG Wire) The City of Richardson and the Chamber have formed a partnership with the Census Bureau to assist in getting every resident of Richardson counted. The total number of residents affects funding in the com-

munity and helps inform decision makers how it has changed. Approximately \$300 billion in federal funding is distributed to communities each year.

Once every ten years, the U.S. Constitution mandates a headcount of every

person living in the United States. This includes people of all ages, races, ethnic groups, citizens and non-citizens. The first census was taken in 1790 and has been carried out every ten years since then. The U.S. Census Bureau must sub-

mit state population totals to the President of the United States by Dec. 31, 2010.

The census data determines congressional seats and federal funding. The

See CENSUS Page 13

COVER STORY

## Keeping kids safe online



See ONLINE, Page 9



Bodyguards speak up for the King of Pop

For more information see pg. 10  
[www.northdallasgazette.com](http://www.northdallasgazette.com)

COMMENTARY

## Children need better protection from abuse and neglect

BY MARIAN WRIGHT EDELMAN

(NNPA) - In January 2008, four sisters were found dead in their southeast Washington, D.C. home. The girls, ages 5, 6, 11, and 17, had been murdered by their mother, Banita Jacks, months earlier. She was recently convicted and sentenced to 120 years in prison. None of the District of Columbia's social service agencies or the police intervened to save the girls despite some alarming signs that they

were in great peril.

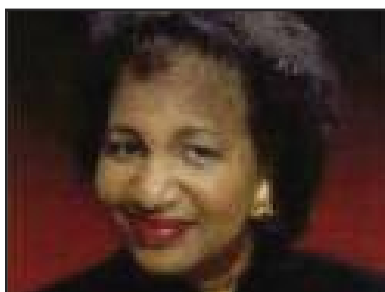
The Jacks case is by no means isolated. On any given day, four or five children die in the United States as a result of abuse or neglect and a child is abused or neglected every 40 seconds. So many child victims of abuse and neglect suffer physical, sexual, and psychological harm that can have both a short and long-term negative impact on their behavior and physical and mental

See NEGLECT, Page 3

## INSIDE...

People In The News	2
Op-Ed	3
Health	4
Community News	5
Education	6
Community Spotlight	7
Cover Story	9
Arts & Entertainment	10
'Round About in the DFW	10
Business	11
Career Opportunity	13
Church Happenings	14
Sister Tarpley	15

## People In The News...



Francis Ray



Rickie G. Rush, Pastor



Tetona Jackson

See Page 2

## Francis Ray

Francis Ray moved to the Dallas area over 30 years ago after she graduated from college and fell in love in more ways than one.



After marrying her late husband Ray realized that her love for writing would soon be spawned after reading a romance novel.

"I was fascinated by the romance books I read which depicted unconditional love from

the characters," Ray adds, "These characters remained monogamous and faithful during even the worst of situations and I knew I wanted to write about that kind of love for African-Americans."

In 1992 Ray penned *Silent Angel* under Odyssey Publishing, which went out of business after the book released but her first success was in 1993 when she wrote *Forever Yours*.

From there Ray craved to continue to highlight the enduring love stories of African Americans and over the years has 16 books to her credit.

Her latest novel, *Like the First Time*, is a story about two people who have created a life where falling in love is an option.

Both characters soon realize that their careers, the secrets of their past and personal thoughts on love have no bearings when real love comes knocking.

"My latest book addresses the passion these characters have for their personal lifestyles and the passion they have for each other," Ray admits,

"I want the reader to go beyond the book and find the one person who will go with them to the end of the

earth and remain faithful through it all."

Ray is currently on book tour hitting venues in Dallas, Houston and San Antonio.

She loves frequenting book clubs and book stores and attributes her successes to the book clubs and individual readers who have supported her careers over the years.

"I would not have ever been a New York Best Selling author in March 2009 for *Nobody But You*, had it not been for the readers, which is why I endure to stay committed and in contact with them," Ray stated.

Ray is scheduled to release four other titles later this year and is working on a new contract for an additional three books for 2011.

Her books, in-print and electronically, can be found at Barnes and Nobles Bookstore, Amazon.com and on her website, www.francis-ray.com.

She also has audio recordings of her books offered through The National Institution for the Visually Impaired.

Readers can connect with Francis Ray on Facebook, Twitter and MySpace, to name a few.

## Rickie G. Rush, Pastor

Imagine meeting a man who gives more than he is willing to receive. A man who opens up his life for others to judge, dissect and abuse yet still remains open to love. A man who is called by God and truly chooses to walk the path he was called to walk forsaking all others even those in his personal life. One might say that man does not exist but to the more than 14,000 members of the Inspiring Body of Christ

Worldwide Ministries (IBOC) in Dallas their leader, Pastor Rickie G. Rush is the one of a kind of leader who continually follows the word of God and remains open.

His openness to love and to commit himself to the works of God has garnered him the attention on the local and state level. During the 7:30 a.m. service at IBOC on March 7, Commissioner John Wiley Price presented a plaque honoring Pastor Rush's

efforts in the city. Senator Roy West presented Pastor Rush with special tribute from Governor Rick Perry proclaiming March 7, 2010 as Pastor Rickie G. Rush Day. The Mayor of Dallas, Tom Leppert also proclaimed a day for Pastor Rush on March 9, 2010, his actual birthday.

The honoring of Pastor Rush continued on March 8 at 7:00 p.m. when he finally allowed key personnel within IBOC to plan a special 50th birthday celebration. This celebration was the first cele-



bration Pastor Rush has ever had since he founded IBOC in May 1990. And what a celebration it was with more than 8,000 in attendance

from the young to the old all wishing Pastor Rush well wishes and heartfelt appreciations for all he has done for everyone.

In the true nature of Pastor Rush who loves laughing and living life to the fullest the celebration, a 1970s theme, was hosted by Lady Jade of K104.5FM and Pastor Harry Sewell of Family Cathedral of Praise in Mesquite, who wore an Elvis Presley costume.

"Pastor Rickie G. Rush is the brother that I never had because my brother died

when he was born. I have known him for 12 years and I love him like my brother, he is my brother," said Pastor Sewell.

Lady Jade stated, "It's a blessing to be here with my IBOC family and I'm just excited to celebrate our man of God on his 50th birthday."

Afros, special birthday t-shirts and laughter filled the new sanctuary as the congregation participated in contests featuring Pastor Rush's favorite childhood games.

See VRUSH Page 12

## Tetona Jackson

Tetona Jackson has plenty to celebrate right now. After years of skating, voice and dance classes, the Los Angeles native has landed a principal role in the newest show from *Disney On Ice*, *Disney On Ice presents Let's Celebrate!*

Feld Entertainment's latest ice production features a magical montage of Disney characters celebrating holidays and festivals from around the world. This will be the first time audiences see the characters of Princess Tiana, skated by Jackson, and Prince Naveen, live on ice, from Walt Disney Pictures' *The Princess and the Frog*. When asked how she feels about bringing this particular character to life on the ice, Jackson replies, "I am

excited to be able to portray the new character of Princess Tiana. I love the music and the skating choreography is so much fun!"

Jackson, an artistic champion and overall bronze medalist at the 2006 National Showcase, a theatrical skating competition sponsored by the United States Figure Skating Association, originally joined Feld Entertainment in 2007, skating the role of Taylor McKessie in Disney's *High School Musical: The Ice Tour*.

"I've been very fortunate," says Jackson. "I've been able to do what I love and bring joy to millions across the country, what's not to celebrate?"

*Disney On Ice presents Let's Celebrate!* combines



classic and contemporary Disney songs, an original storyline, brilliant costumes and high-energy action that will have audiences celebrating some of the world's most popular events right in their hometown—from Halloween with the Disney Villains, to a Valentine's Day Royal Ball featuring the Disney Princesses.

In a fun-packed, ice ex-

travaganza, more than 50 characters from 16 Disney stories will converge and take audiences on a thrilling world tour to exotic destinations like Brazil for a Carnivale parade, Hawaii for a luau party and Japan for a Cherry Blossom festival.

"*Disney On Ice presents Let's*

*Celebrate!* gives families a reason to celebrate no matter what time of year it is," says Producer Kenneth Feld.

"This uplifting and unforgettable spectacle showcases different celebrations around the globe, and families will walk away remembering to celebrate the everyday joys and successes in their lives."

You can catch *Disney On Ice presents Let's Celebrate!* at American Airlines Center, March 24-28, and

Fort Worth Convention Center, April 2-4. Visit [www.ticketmaster.com](http://www.ticketmaster.com) for ticket locations and prices.

## \$69\* DIVORCE

### Criminal Defense

- DWI / Suspended License
- WARRANTS Removed\*
- 24 Hour Jail Release\*
- Occupational license, felonies
- Protective Order
- Misdemeanor/Felonies\*

### Family Cases

- Divorce / Annulment
- Child Support / Paternity
- Custody Modification
- Restraining Order
- Protective Order
- Name Change / Adoption
- Domestic Violence

### Easy Payment Plans

## Law Offices Of Vincent Ndukwe

**214-638-5930**

**817-277-0196 (Metro)**

2730 N. Stemmons Frwy, Suite 409 • Dallas, TX 75207

Not Certified by the Texas Board of Legal Specialization  
\*If you qualify. \*Fees quoted above are minimum down payment needed to begin processing your case.





3401 Custer Rd., Suite 169 • Plano, Texas 75023

Phone: 972-516-2992

Fax: 972-509-9058

**Publisher's Office:**

publisher@northdallasgazette.com

**Sales Department:**

opportunity@northdallasgazette.com

**Editorial Department:**

editor@northdallasgazette.com

**Online:**

www.twitter.com/NDGEditor

www.facebook.com/NorthDallasGazette

**Website:**

Website: www.NorthDallasGazette.com

**STAFF****Chairman Emeritus**

Jim Bochum

1933 – 2009

**Account Executive**

Kenny Love

**Editor**

Ruth Ferguson

**Published By**

Minority Opportunity News, Inc.

**Production**

Suzanne Plott

**Staff Writer & Marketing Assistant**

Ivy N. Carter, MBA

**Special Projects Manager**

Edward Dewayne

"Preacher Boy" Gibson, Jr.

**Theater Critic**

Rick Elina

**Photography**

Laquisha Buchanan

Edna Dorman

**Religious/****Marketing Editor**

Shirley Demus Tarpley

**Advisory Board:**

John Dudley

Myrtle Hightower

Fred Moses

Annie Dickson

Cecil Starks

Willie Wattley

Coty Rodriguez-Anderson

B. J. Williams

Denise Upchurch

Barbara Simpkins,

ADVISORY BOARD SECRETARY

**Advisory Board****Committees:**Public Relations Planning  
and Implementation

Cecil Starks, CHAIRPERSON

Business Growth Referral

John Dudley, CHAIRPERSON

Program Policy Development

Annie Dickson, CHAIRPERSON

Quality Assurance

Myrtle Hightower, CHAIRPERSON

Coty Rodriguez

**North Dallas Gazette assumes no responsibility for unsolicited material and reserves the right to edit and make appropriate revisions.**

The North Dallas Gazette, formerly Minority Opportunity News, was founded July, 1991, by Jim Bochum and Thurman R. Jones

# Constitutional Basis for National Health Insurance Regulation

BY LENNA WEBB

NDG SPECIAL CONTRIBUTOR

Much of the debate swirling around the push for changes in the way insurance companies are regulated and potential mandates to require our citizens to have health care insurance focuses on claims by the Tea Party movement and in Texas, by Governor Perry, that the 10th Amendment of the Constitution forbids such action by Congress. THEY ARE FLAT WRONG!

The 10th Amendment basically says that if a "power" is not specifically given to Congress in the Constitution, then the power is reserved to the various States. They argue that since regulation or provision of health care is not contained within the Constitution, then the Federal Government cannot regulate it. If

this were the only provision to be found in the Constitution, they might have a point. However, within the Article One, Section Eight, you will find the basis for Federal Regulation. This is where all the powers of Congress are listed. Clauses one and three are the key!

Clause 1: The Congress shall have Power To lay and collect Taxes, Duties, Imposts, Excises, to pay the Debts and provide for the common Defense and general Welfare of the United States; but all Duties, Imposts and Excises shall be uniform throughout the United States.

Here the key is "provide for .... general welfare". Even the most conservative constructionist would find difficulty in denying that the health of the citizens of the

United States is included under this clause.

Clause 3: To regulate Commerce with foreign Nations, and among the several States, and with the Indian Tribes.

It is fairly obvious how "general welfare" applies to health care for the citizens of the U.S., but how does "commerce" between States come into it? Quite simply. Think of all the various aspects of health care and insurance companies and how they operate across State lines.

Probably all the equipment used by doctors and hospitals is purchased from out of state, if not out of the country itself. Something as simple as a syringe is governed by "commerce between States".

Very little is probably manufactured within the

same State in which you receive care. Even when you mail your payment to your insurance company, you are using the US Mail, which is regulated under Commerce. I am sure you can come up with hundreds of specific examples where people and Health Care and Health Insurance undeniably can be regulated by the Federal Government.

So the next time you hear someone refer to the 10th Amendment in the debate over health care reform, answer back with ARTICLE ONE, SECTIONS ONE AND EIGHT and be able to confidently explain what they mean. Maybe the Tea Baggers will actually learn something about our Constitution they did not know before!

For more info visit [www.nddw.org](http://www.nddw.org).

## ← NEGLECT, continued from Page 1 →

health.

A few months ago, child advocates, child protective service professionals, health providers, law enforcement officials, and policy makers came together to develop new ways to prevent child deaths from abuse and neglect at a summit convened by the Every Child Matters Education Fund seeking to direct greater national attention to improving our systems for safeguarding vulnerable children.

It focused on recognizing and disseminating information about programs and policies that work to protect children but simply need more resources. Participants also identified areas needing improvement and expansion and offered new proposals to better protect children.

Every year, millions of cases of child abuse and neglect are reported. Some involve life-threatening circumstances. Current child protective services succeed in preventing deaths in many of these cases, but too many children die when they fail.

Failures result from a variety of reasons—lack of re-

sources; child protective professionals overburdened with large caseloads; poor training and/or supervision; inadequate policies and procedures; unavailability of child placement options; and even workers uncommitted to truly helping children.

The most recent data show about 1,700 child deaths from abuse and neglect in 2007, twice as many as American combat deaths in Afghanistan and Iraq that year. Research shows that child deaths are considerably undercounted.

The bottom line is that we're not doing nearly enough to protect children. People on the frontlines of caring include relatives, the family across the street, social workers, law enforcement officers, and mental health and health care professionals and educators.

But whether it's an aunt who observes a dramatic change in a child's behavior, a school nurse who sees a child with a new set of bruises each week, a school social worker who notices a long string of absences, or a police officer responding to a

report of screams from the neighbors, all have a responsibility to hear, see, and report these observations to authorities who can intervene and perhaps save a child's life.

Improvements to child protective services must be comprehensive and include strengthening families and preventing maltreatment early. Home visits are critical as are proven long-term services such as substance abuse and mental health treatment, teen pregnancy prevention, prenatal care, and other policies we know work.

That's why the Children's Defense Fund struggles daily for comprehensive, accessible, and affordable health and mental health care for every child.

A number of the Summit recommendations should inform the overdue reauthorization of the Child Abuse Prevention and Treatment Act (CAPTA) in 2010. One urges the federal government to increase funding so child protective workers and other frontline professionals can have smaller caseloads and better training and enable at-

risk families and children to receive a wider array of needed health and social services.

Neighbors and relatives must stop looking the other way when children are being hurt and killed. We must reach out to those close to us who are struggling to care for children. And many public and private organizations trying to help children face hard challenges every day with shoestring budgets.

April will be National Child Abuse Prevention Month. We spend tens of billions to fight wars abroad but lack a commitment to defend children at risk of injury and death at home.

We need to get our priorities straight.

Marian Wright Edelman is President of the Children's Defense Fund whose *Leave No Child Behind®* mission is to ensure every child a Healthy Start, a Head Start, a Fair Start, a Safe Start and a Moral Start in life and successful passage to adulthood with the help of caring families and communities. For more information go to [www.childrensdefense.org](http://www.childrensdefense.org).

## Quietly, organ transplants save lives – but more donors needed

BY TEXAS DEPT. OF HEALTH & HUMAN SERVICES

When San Antonio Spurs forward Sean Elliott slammed over Atlanta Hawk's Roshown McLeod in a 2000 NBA game, it was by no means his most famous shot. This wasn't the last-second, falling-out-of-bounds jumper that beat Portland in Game 2 of the previous year's conference finals.

But Elliott's routine dunk was cheered across the nation. It was his first game after kidney transplant surgery — the first such comeback in league history. Even non-sports fans know that inspiring story, including the fact that the donor was Elliott's brother, Noel.

Fewer people know that, with much less fanfare, thousands receive vital transplants each year, and thousands more move onto transplant waiting lists. For those on the lists — about 100,000 nationwide and 8,000 in Texas — not every story has a happy ending. Hundreds die every year while waiting for a potentially life-saving transplant.

To help meet the quiet, never-ending demand for organ, tissue and eye trans-

plants, the Texas Department of State Health Services (DSHS) maintains the Glenda Dawson Donate Life registry, where Texans can officially sign up as donors. The registry feeds into a database of more than 560,000 people who've officially indicated their wish



to donate organs, tissues or eyes upon their death.

Adrian Lozano of DSHS said the registry is a big improvement over the previous organ donor system, in which people signed a donor card and received license plate stickers indicating their donor status.

"That didn't necessarily translate into organs and tissues actually being made available after death. The registry is a readily accessible way to verify your decision," Lozano said.

Anyone is eligible to register as an organ, tissue and eye donor. Just go to the registry ([www.donatelifetexas.org](http://www.donatelifetexas.org)) and click Sign Me Up Today to start the simple, five-minute process.

All processed information is secure and only accessible by authorized organizations. You can also register at your local Department of Public Safety offices when you apply for or renew your driver license or I.D. card.

It is easy to create and manage your donor registration and if you change your mind about organ donation or need to update your donor information, go to the registry website, click the Sign Up link you used before, and make any needed changes.

No matter how you register, it's important to inform your family in advance. Even if your wishes are known, it's still an emotional moment when health professionals come to your family after your death and ask about recovering organs, tissue and eyes.

This request will be much less stressful if your family understands why you made your decision and how deeply committed you are to it.

Knowing this can help transform a moment of sorrow into a chance to see your will in action once more, improving or even saving the life of another.

## Doctor in chiropractic network introduces benefits of eco-friendly mattress to patients

(NDG Wire) Dr. Julie Powell, DC, DACNB, a Chiropractic Neurologist practicing at Advanced Chiropractic Neurology Center, P.C., with offices in Plano and Irving, Texas, has announced that she is a member of the BioPosture™ Chiropractic Network.



Dr. Julie Powell,  
DC DACNB

Dr. Powell is a respected health care professional, managing and treating patients with complaints of back and neck pain and headaches as well as sports-related and other injuries. She is a member of the Texas Chiropractic Association and

Parker Alumni Association.

Dr. Powell, as part the healthy living aspect of her practice, she will be recommending the BioPosture™ line of eco-friendly products to patients.

The patented BioPosture™ mattress was designed with the input and specifications of chiropractors who are experts in the benefits of sleep for reducing pain and maintaining the health of patients. Dr. Powell will be relating the benefits of the new mattresses and pillows that offer physical comfort and support along with environmentally friendly features.

The BioPosture™ mattress has a seven-layer patented Neutral Posture Support System™ to ensure optimal spine alignment and full-body support. In addition, the use of extreme open cell plant-based BioMemoryFoam™ ensures extraordinary support and comfort.

The "green" mattresses



are a sleep alternative that can contribute to the overall well-being of patients, many of whom experience back and neck pain and do not get restful nights of sleep.

"Reducing and eliminating pain is an important part of my practice. Every day I manage and treat patients suffering from back, neck and joint pains and headaches. I believe that regular treatments combined with a good night's sleep on a comfortable, supportive BioPosture™ mattress can significantly help to reduce pain," Dr. Powell emphasized.

Advanced Chiropractic Neurology Centers is located in the Dallas metroplex area at 1304 Village Creek Drive, Ste. 300, Plano, Texas 972-931-6800 and 1081 Kinwest Parkway Ste. 110, Irving, Texas 972-402-9700.

## PROSTATE, continued from Page 1

cer. Those not qualifying for the study will be directed to other resources to help them with their questions.

"A patient can become confused or overcome with emotions when sitting in a doctor's office listening to various treatment options," says Michael Diefenbach, Ph.D., an Associate Professor of Urology at Mount Sinai School of Medicine in New York and the study's lead investigator.

"This multimedia program allows patients and their families to watch and listen to various treatment options, which we feel will help them make a more informed decision," says Diefenbach.

"If a patient sees a radiologist, one can expect radiation as a recommended treatment. If they see a surgeon, then surgery often leads the list of options, Diefenbach says.

The study offers a neutral platform that explores and explains all the available options and helps patients identify the treatment choice that is best for them.

To be eligible to participate, the patient must have a recent diagnosis of prostate cancer and not have chosen any treatment.

Patients or family members must call the toll-free number for a brief interview before receiving further information. A follow-up in-

terview will take place several months later.

During preliminary results of the study, the Cancer Information Service (CIS), which handles the inquiries, noticed that most calls related to prostate cancer came not from patients but from family members, usually the patient's wife.

"If you have been recently diagnosed, call," says Diefenbach. "If your loved one has prostate cancer, pick up the phone on their behalf and make the call.

You will receive the best possible information, and your participation will help those who are diagnosed in the future."

The National Cancer In-

stitute (NCI) is funding the study with a grant to CISRC. The consortium is responsible for multiple - research projects utilizing NCI's Cancer Information Service Network, whose goal is to more effectively disseminate health information about cancer.

New York City's Mount Sinai Medical Center, Philadelphia's Fox Chase Cancer Center, UCLA's Medical Center and the University of Denver's AMC Cancer Research Center are participating in the study.

The Centers for Disease Control estimates that 186,000 men will be diagnosed for prostate cancer this year.

## NEW Classified Advertising Section!

Have something you want to  
Sell, buy, or give away?

If so, place it in our new  
Classified Advertising section,  
located in the back of this paper.

For rates and deadlines,  
call 972-509-9049.

North Dallas  
**Gazette**



## Passport to the world: Collin College's cultural connections



(NDG Wire) Collin College invites the public to attend Passport to the World: Collin College's Cultural Connections, a seven-part series in which faculty focus on different cultures, lifestyles, politics and ways of thinking

throughout the world.

"Where East Meets West: Beyond the Beijing Olympics," will be held from noon-1:30 p.m. on March 10 at the Spring Creek Campus Conference Center, 2800 E. Spring Creek Parkway, in Plano.

Dallie Clark, professor of humanities, will be the faculty presenter. All events are free.

For more information, contact the Center for Scholarly and Civic Engagement at 972-881-5927 or e-mail csce@collin.edu.

## DART to switch off lights for *Earth Hour 2010*

(NDG Wire) Dallas Area Rapid Transit (DART) will participate for the second year in the international Earth Hour campaign later this month as part of its commitment to help raise environmental awareness.

DART is joining organizations around the world in

participating from 8:30 p.m. to 9:30 p.m. on Saturday, March 27. During that time non-essential lights at DART's headquarters building, 1401 Pacific Avenue, will be turned off along with the non-essential lights in numerous Downtown Dallas buildings.

By providing zero-emissions trains and clean-fuel buses, and a growing system of high occupancy vehicle lanes, DART already helps hundreds of thousands of North Texans make every day Earth Day.



## Garland's *Click It or Ticket* results



(NDG Wire) The Click It or Ticket campaign, aimed toward 16 to 20 year old drivers, shows most Garland teens are buckling-up.

Garland Police completed the week-long special enforcement this past Sunday.

Police not only stopped drivers who did not buckle up, but also some who were wearing their seatbelts properly.

Those failed to buckled

up received a ticket. Those wearing their seatbelts were thanked for obeying the law and given a key chain furnished by the State of Texas.

Citation results for Garland:

358	No Seatbelt
14	No Child Restraints
32	Ages 16-20
	No seatbelt
12	Speeding
8	Ran red light
218	Other violations

22 Arrests

The Click It or Ticket campaign is a statewide law enforcement effort seeking compliance for proper seatbelt use. Statistics continue to show that car crash injuries are less severe, and deaths less likely when seatbelts are properly used.

The City of Garland continues to have one of the highest compliance rates for seatbelt use in Texas.

## Prioritizing new facility construction

(NDG Wire) The City of Irving is streamlining and reducing operational expenses, and using the savings to pay for the construction of new facilities during all-time-low financing and construction costs. Construction projects moving forward at this time are those that residents have specifically requested through public input opportunities, surveys and Town Hall Meetings.

The city continually assesses projects and adjusts priorities when deciding

which capital improvement projects to move forward with throughout the year. Concentration on economic development venues, such as the upcoming convention center, enables the city to attract more visitors and improve its sales tax and hotel

occupancy revenue. Grants allow the continuation of developments at little or no

impact to the general fund or tax increases to residents. Capital improvement projects receiving priority status are those that will increase service delivery and decrease operating costs.

An example of this is the city's plan to build two additional full-service libraries to replace smaller storefront locations with limited services. This plan

will decrease general fund expenses by eliminating lease costs. The upgraded library system will not only provide a cost savings, but also will offer enhanced services to residents through the addition of educational tools, increased size and improved functionality.

A list of completed projects, as well as projects under construction and those planned for the future, is available at [www.city-ofirving.org](http://www.city-ofirving.org) under "Key Focus Areas."



## Frisco City Council takes no action during special meeting

(NDG Wire) No action was taken during Monday's special called Frisco City Council meeting, which revolved around Frisco's position on the Arts of Collin County project.

By voting to take no action, Frisco continues to be a partner in the Arts of

Collin County project. The no action move means there will not be a proposition on the May ballot asking voters to revoke Frisco's remaining \$16.4 million of the \$19 million dollars in bonds approved by voters in 2002 for the Arts of Collin County.



## SMOOTH MOVES TO POWER JAMS

DART buses and trains have  
you covered all season  
long, whether your season  
happens at American  
Airlines Center or the  
Winspear Opera House.



214.979.1111  
[www.DART.org](http://www.DART.org)



## NAACP applauds renewed commitment to quality education and civil rights protections

(NDG Wire) The NAACP applauded Secretary of Education Arne Duncan's announcement of a renewed effort to vigorously enforce federal civil rights laws while addressing the challenges of failing public schools, and restoring the country's active commitment to the landmark *Brown v Board of Education* ruling that ended legal segregation. American schools are more segregated now than they have been in over 40 years – today, 39 percent of black

students and 40 percent of Latino students attend highly segregated schools where 90 to 100 percent of the population is non-white.

"A quality education is not a segregated education. It is not educating children in racial or ethnic isolation. In a multicultural world, educating our children of all races, ethnicities and backgrounds in an inclusive environment will make us a more competitive and prosperous nation," stated NAACP President & CEO Benjamin Todd Jealous.

President Jealous praised the administration's initiatives to reform school discipline policies that disproportionately criminalize rule violations in schools serving predominantly low-income, Black and Latino students.

Recently, a 5 year-old girl was handcuffed in Florida by school resource officers for having a temper tantrum while in New York, a girl was handcuffed and taken to jail for doodling on a desk with a magic marker. According to statistics in

one Florida county, African American youth constituted 19% of the student population, but represented 51% of student arrests, and 45% of out of school suspensions in 2005.

"This inappropriate use of jails and the juvenile justice system for minor acts of defiance adds to a 'school to prison' pipeline for our children that increases the drop-out rate and ultimately deprives our nation of the full potential of all of its children," said Jealous.

## Employees donate record \$121,614 to Plano ISD Education Foundation

(NDG Wire) Plano ISD employees reinforced their commitment to "Touch the Heart of a Child" by generously contributing \$121,614 to the Plano ISD Education Foundation whose programs

support the school district's students and staff. Despite a national economic recession and local financial belt-tightening initiatives, 100% of Plano ISD schools and service departments contributed

to the annual employee campaign to support the Foundation.

Some 3,134 employees contributed more than \$121,614. Fifty-two of 78 schools/departments excee-

ded their goals. A total of 358 employees donated \$100 or more and will receive "I Love Plano ISD" yard signs.

The Foundation thanks all schools and departments for staff participation.

## Garland ISD awarded \$43,500 to retrofit school buses

(NDG Wire) The Texas Parent Teacher Association's Clean School Bus Program recently awarded Garland ISD (GISD) a grant for \$43,500. The grant is part of a comprehensive program designed to improve the health of students and bus drivers by reducing diesel exhaust emissions from school buses.

GISD is the first district in Texas to receive the grant, due in large part to its proactive efforts in retrofitting school buses.

"We always expect great things from Garland ISD and they always come through," said Sharon Goldblatt, first vice president of Texas PTA.

Texas PTA is offering the program through a partnership with the Texas Commission on Environmental Quality. The goal of

both groups is to improve air quality inside the cabins of school buses and educate districts about options designed to improve their fleet.

Representatives presented a \$43,500 check at a recent school board meeting to Dr. Curtis Culwell, GISD superintendent and Brian Abbett, GISD director of transportation.

According to Texas PTA, almost 1.3 million students and 36,000 buses ride the Texas roads each school day. More than one-third of these buses have operated longer than 10 years and emit more pollution than newer models which aggravates respiratory problems, asthma and allergies. An easy retrofit of buses with clean-technology devices can reduce emissions by up to 85 percent.

**CAN**

**10**

**QUESTIONS IMPROVE HEALTHCARE?**

YES! By taking just 10 minutes to answer 10 simple questions, you can help improve education, public transportation, and healthcare in our community. Help ensure these improvements happen. Fill out and mail back your Census form today. Responses are confidential and will not be shared with third parties, including immigration or law enforcement.

**2010CENSUS.GOV**

**United States Census 2010**

**IT'S IN OUR HANDS**

**WE CAN'T MOVE FORWARD UNTIL YOU MAIL IT BACK.**

Paid for by U.S. Census Bureau



## District receives Gold Award from Comptroller for Transparency Efforts

Allen ISD has been recognized by the Texas Comptroller of Public Accounts with a Gold Award for district's online financial transparency efforts.

The Comptroller launched the Texas Comptroller Leadership Circle program in December 2009 to recognize local governments across Texas that are striving to meet a high standard for financial trans-

parency online. Local governments are recognized for:

- opening their books to the public
- providing clear, consistent pictures of spending
- sharing information in a user-friendly format that allows taxpayers to easily drill down for more information.

The Comptroller's office awards Leadership Cir-

cle designees with a certificate reflecting their Circle Award level: Gold, Silver or Bronze.

Gold highlights those entities that are setting the highest standards in transparency efforts.

For more information on the award, visit the Comptroller's Web site at Texas Transparency Check-Up

## Booker T. Washington H.S. wins state high school mock trial competition

(NDG Wire) Booker T. Washington High School has won first-place in the 31st Annual Texas High School Mock Trial Competition. On March 6-7, twenty-four high schools teams from across Texas competed in Dallas, arguing a hypothetical court case. These teams, which have emerged as the best in their school districts or regions, were matched against one another, culminating in a final championship round Saturday evening at the Earle Cabell Federal Building, and was presided over by U.S. District Judge Barbara M.G. Lynn.

The mock trial team from Booker T. Washington High School will now represent Texas in May at the National High School Mock Trial Championship in Philadelphia (more information at [www.nationalmocktrial.org](http://www.nationalmocktrial.org)). Patricia Woods coaches the Booker T. Washington mock trial team, and team members include Christopher Clark, Toni Campbell,



High school Mock Trial winners from Booker T. Washington

Richmond Greene, Omar Jimenez, Ben Nguyen, Victor Nguyen, Wolf Ozarow, Christina Vega and Madison Wald. The team's Attorney Advisor is Abigail Mathews.

Serving as "jurors" and selecting the teams that are best prepared and who demonstrate exceptional presentation skills, were nearly 200 Dallas judges and attorneys. For the final round of competition, "jurors" included DBA President Ike Vanden Eykel, DAYL President; Jennifer Edgeworth, DAYL President; Michele Wong

Krause, DBA Director; Karen McCloud, JL Turner President; Scott McElhaney, DBA Board of Directors Chair; Jose Ortiz, DHBA President; and Eunice Kim Nakamura, DAABA President-Elect.

Students portrayed defense and plaintiffs attorneys, as well as "witnesses." Each year, the "case" is written by local attorneys on the DBA Mock Trial Committee, co-chaired by Steve Gwinn and Hon. Lana Myers. Committee co-vice chairs for 2010 are Prater Monning and Steven Russell.

## City Aids Residents with Flood Insurance Amendment Letters

Flood zones are geographic areas the Federal Emergency Management Agency (FEMA) has defined according to varying levels of flood risk. These zones are depicted on a community's Flood Insurance Rate Map, with each zone reflecting the severity or type of flooding in the area. If a flood map indicates a property is located in a flood zone, flood insurance is required on the mortgaged property.

New FEMA digital Flood Insurance Rate Maps became effective in June 2009. While the new mapping is supposed to be more accurate than previous mapping, it gives the

appearance that many homes not previously in a flood plain now appear to be located in one. Those residents may be notified by their mortgage provider of the need to purchase flood insurance since their homes are now in a flood plain.

The only option for homeowners to waive the purchase of flood insurance, if not in a flood plain, is to obtain a Letter of Map Amendment. This requires the homeowner to hire a surveyor to verify that finished floor and ground elevations of the house are above the flood plain elevation.

The City of Plano Pub-

lic Works and Engineering Department can assist residents in obtaining a flood insurance Letter of Map Amendment. "We are working homeowners to provide them with information they can use to request a Letter of Map Amendment," said Charles Davis, P.E., Chief Engineer. "Since the new maps came out, we've been providing assistance on about 20 letters per month."

Persons wishing flood plain information or assistance in determining if their property is in a flood plain may call the Public Works and Engineering Department at 972-941-7152.

## SMU Meadows Museum Director received decoration sanctioned by King of Spain

(NDG Wire) Mark Roglán, director of the Meadows Museum at SMU, will receive the Encomienda de la Orden de Isabel la Católica knighthood sanctioned by King Juan Carlos I.

This honor recognizes individuals who demonstrate extraordinary civil character and accomplishments that have benefited Spain. It is the highest award the King can bestow.

The decoration medal was presented March 5 to Roglán by His Excellency the Ambassador of Spain, Jorge Dezcallar, at a ceremony held at the Meadows Museum. Prior to the black-

tie inauguration of the Royal Splendor in the Enlightenment: Charles IV of Spain, Patron and Collector exhibit at the Meadows Museum, Roglán has initiated and curated such important exhibitions as *Goya's Mastery in Prints*, *Fortuny to Picasso* and *Fernando Gallego and His Workshop*. He has also collaborated with national and international institutions on significant scholarly exhibitions and projects such as Balenciaga and His Legacy; From Manet to Miró: Modern Drawings from the Abelló Collection; Weaving the Legend of Don Quijote: 18th Century Tapestries for the Royal Court of Spain and Diego Rivera: The Cubist Portraits, 1913-1917.



Mark Roglán

Photo credit Jake Dean

In addition to the numerous exhibitions of Spanish art he has overseen for the Meadows Museum, Roglán has also been actively involved in programs that have furthered the rela-

tionship between Dallas and Spain. Among his accomplishments, he has:

- Been instrumental in creating a collaboration agreement between Dallas and Valencia, Spain, with SMU as a cornerstone institution

- Established a successful education program which has brought thousands of schoolchildren from the DISD and other regional districts to the SMU campus and the Meadows Museum;

- Hosted visiting dignitaries from Spain and directors from such prestigious institutions as the Patrimonio Nacional, the Prado Museum, the Thyssen-Bornemisza Museum and the National Archeological Museum of Spain;

- Served as Cultural Chair of the Trade Mission celebrating American Airlines inaugural flight to Madrid from DFW last May; and

- Personally led numerous trips to Spain for groups of Dallasites, on behalf of the Museum and introduced them to the country's treasures.

## Musical Instrument Petting Zoo coming to Davis Library

(NDG Wire) How do you know which musical instrument you or your child might like to play unless you try several instruments first? This is the premise behind the Musical Instrument Petting Zoo program being presented at

Davis Library, 7501-B Independence Parkway, on Saturday, March 13, at 2 p.m.

Musicians from the Plano Symphony Orchestra will demonstrate and discuss several instruments. Time will be allotted for the

audience to handle and play the various instruments on hand. This free event is open to the entire family and funded by Friends of the Plano Public Library.

For information visit [www.planolibrary.org](http://www.planolibrary.org) or call 972-208-8000.

**Every Saturday**

**Pure Saturdays** 2026 Commerce Street 23 & up preferred DJ Steve Nice in The Mixx. Doors open @ 10 p.m. Info text or call 214-810-5483.

**Every Tuesday**

The Irving Public Library invites families to enjoy stories and music in both English and Spanish. **Family bilingual storytimes** are offered at 11 a.m. Tuesdays at the East Branch Library, 440 S. Nursery Road, and at 7:30 p.m. Thursdays at the Central Library, 801 W. Irving Blvd. For more information, call 972-721-2458.

**Ongoing**

**African American Republican Club of Collin County** meets 3rd Tuesday of every month at 7 pm. (Doors open at 6:30 pm.) Collin County Republican Party HQ, 8416 Stacy Rd., McKinney. Call Linda Wynn Drain, 214-498-7574 or website [www.aarcc.com](http://www.aarcc.com)

**Collin County Black Chamber of Commerce**, CCBCC General Meetings, 2nd Thursday of every month at 6:30pm. Call 469-424-1020 or email: [info@CCBlackChamber.org](mailto:info@CCBlackChamber.org) for location.

**DFW Financially Empowered Women** meet monthly for lunch or dinner and a fun, informative seminar on various financial topics. Info: 469-942-0809 or [meeetup.com/378](http://meeetup.com/378).

**Group Business Seminars** at 4907 Spring Avenue, Dallas, (214) 11:30 a.m. 12:30 p.m.; 3rd Friday of the month 11:30 a.m. to 12:30 p.m. for those interested in starting your own business, it is a Brown Bag Lunch with Free Parking

**No Limit Network Business Networking Lunch** 1st Thursday at 1 pm in Plano Must RSVP at [www.TheNoLimitNetwork.com](http://www.TheNoLimitNetwork.com) or 972-898-5882.

LimitNetwork.com or 972-898-5882.

**The National Business Women Enterprise Network (NBWEN) Learning Over Lunch Series:** 4th Saturdays, 11am-1pm, Remarkable Affairs Cafe, 2727 LBJ Fwy., Suite 140, Dallas. \$20 for members; \$35 for non-members, \$5 off for early bird registration. <http://nbwenorg.ning.com>.

**North Dallas Texas Democratic Women Regular Meetings** 4th Thursday, 6:45 p.m. Northaven United Methodist Church, 11211 Preston Rd (between Forest & Royal Lanes).

**Through March 27**

**Greater Tuna** at Granville Arts Center at various times, info: 972-205-2790.

**Through March 28**

**The Arthur Primas Collection: 200 Years of African American Art** Free admission. Irving Arts Council Gallery. Significant collection of African American Art including paintings, sculptures, works on paper, graphics and documents covering a period of 200 years.

**Through April 11**

**Dallas Blooms** - The showcase of this Dallas Arboretum event is over 450,000 spring-blooming bulbs; including tulips, as well as daffodils, Dutch Iris and Hyacinth, flowering alongside over 100,000 pansies, violas and poppies and thousands of other spring-blooming annuals and perennials. Info at [www.dallasarboretum.org](http://www.dallasarboretum.org)

**March 11**

**Taylor Swift** in concert at the American Airlines Center.

**March 11-14**

**The Talk of the Town** at Eisemann Center, tickets are \$33-\$39. Info: [www.talkofthetownmusical.com](http://www.talkofthetownmusical.com)

**March 12-13**

**Sweet Life Cafe** is a place where women can slow down and savor time with God and each other. It feels like a cozy day at your favorite coffee shop--a place where women can find rest, laughter, share their stories, and grow closer to each other. Best Western Park Suites, 640 E Park Blvd, Plano. RSVP: <http://3tm-group.eventbrite.com>

**March 13**

DFW Interantional Community Alliance presents **CARNAVAL for Haiti** at Hyatt Regency DFW Airport - Terminal C. Tickets & Info: 972-661-2764 or [www.dfwinternational.org/Carnaval/](http://www.dfwinternational.org/Carnaval/)

**31st Annual Greenville Avenue St. Patrick's Day Parade** The event is FREE and parking is available all along Greenville Ave. at the various business parking lots. The Post Parade is on Greenville and University at Energy Square across the street from Desperados. Details at [www.greenvilleave.org](http://www.greenvilleave.org)

As part of the **Learn 2B Green** series, David Owen, journalist and author of *Green Metropolis: Why Living Smaller, Living Closer, and Driving Less are the Keys to Sustainability*, will be the guest speaker for the Irving Chautauqua program at 2 p.m. March 13 at the Central Library, 801 W. Irving Blvd. The program is free and open to all ages. Call (972) 721-2606.

**March 17**

**The Visiting Nurse Association's Eldercare Friends volunteer training** is noon to 1 p.m. at 1440 W. Mockingbird Lane in Dallas. There is no cost to attend the class. Info: 214-689-2209 or [jellinekn@vnatexas.org](mailto:jellinekn@vnatexas.org).

**March 18**

House of Blues is hosting **Black Rebel Motorcycle**

**Club** at 7 p.m. at 2200 North Lamar St. White Swan Bldg Dallas; Info 214-978 -2583

Irving's Learn 2B Green event **Landscape Water Conservation program** at 6:30 p.m. will discuss water conserving landscape practices and get practical advice, call 972-721-2606.

NBMBAA Economic Development Committee presents its first **Wealth Creation Series, Introducing the 7-Figure Mind with Wil Murphy** at the SMU Cox School of Business George's Auditorium Rm 175. Members Free, Non-Members \$10. RSVP: [mail@dfwmbas.org](mailto:mail@dfwmbas.org).

**March 19-20**

**The Binding of Strongmen & Ruler Spirits** conference speakers include Elder Cathy Moffitt and Prophetess Vanessa Weatherspoon. The event will be held at 1735 W Belt Line Road, Desoto, Info: 972-663-9400 or [dapastorichurch@aol.com](mailto:dapastorichurch@aol.com).

HD's Clothing Company, Dwell With Dignity and Design Lovers is hosting **Share With Flair**, 15% of sales will be donated to Dwell With Dignity from 11 a.m.-6 p.m. at HD's Clothing Company, 3014 Greenville Avenue, Dallas. Shop for exclusive European styles while supporting Dwell with Dignity. Spend over \$250 and receive a special HD's gift-with-purchase. Info: [www.hdsclothing.com](http://www.hdsclothing.com) and [www.dwellwithdignity.org](http://www.dwellwithdignity.org)

**March 20**

**Irving's Learn 2B Green Consumer Fair** from 2 to 5 p.m. Vendors will be on hand to explain and demonstrate a variety of eco-friendly products and services, call 972-721-2606

**North Dallas Suburban Alumane chapter of Delta Sigma Theta Sorority, Inc. 2010 Founders Day Luncheon** at the Brookhaven Country Club, 3333 Golfing Green Drive, Dallas at 11:30 am; Subscription: \$50. Guest Speaker will be Rev. Dr. Jessica Kendall Ingram, Supervisor 10th Episcopal District, African Methodist Episcopal Church. RSVP or info: Carolyn Matthews, Chapter President at [cayema@yahoo.com](mailto:cayema@yahoo.com).

**March 25**

**Annual Irving Police Awards Banquet** will be held at 6:30 p.m. at the Dallas Marriott Las Colinas, 223 W. Las Colinas Blvd. Info: 972-721-2598 or [www.irvingpd.com](http://www.irvingpd.com).

**March 27**

**Annual Free Family Green Festival** 11 a.m. to 3 p.m. at Texas Discovery Gardens at Fair Park, 3601 Martin Luther King Jr. Blvd., Dallas, near Gate 6 at Fair Park. FREE family event. There is a fee for entry into the butterfly house, but the gardens and event are free. Call 214-428-7476 or visit [www.TexasDiscoveryGardens.org](http://www.TexasDiscoveryGardens.org).

**Fine Arts Chamber Players presents chamber music of Brahms, Beethoven and Hindemith** on the free Bancroft Family Concert Series at the Dallas Museum of Art at 3:00 p.m. The museum is located at 1717 North Harwood, Dallas. Info: 214-520-2219 or visit [www.fineartschamberplayers.org](http://www.fineartschamberplayers.org).

**March 28 - April 10**

**Dr Pepper Dallas Cup XXXI** The Dallas Cup International Youth Soccer Tournament will celebrate its 31st Anniversary during the week of March 28 - April 10, 2010. In past years, teams and referees have traveled to Dallas from ninety-eight countries and six continents. Details at [www.dallascup.com](http://www.dallascup.com)

**April 2 - 4**

**16th Annual Deep Ellum Arts Festival** The biggest weekend of the year for the Deep Ellum Entertainment

District, this free-to-attend outdoor "street party" features four outdoor stages with non-stop performances by over 75 national, regional, and local original bands. With more than 100 top-notch juried decorative and visual artists, muralist, the renowned Deep Ellum Pet Parade, and abundant food and drink, the festival attracts a diverse audience and includes affluent art and music enthusiasts. This is an adult-oriented visual and performing arts festival - while supervised young children and teenagers are welcome, there are no planned activities for them. Details at [www.deepellumartsfestival.com](http://www.deepellumartsfestival.com)

**April 17**

**Dallas Art Dealers Association's Annual Spring Gallery Walk** 2-8 p.m. at 35 of its members' galleries and non-profit art spaces. Panel discussions (topics and location to be announced)

The March of Dimes will hold its annual **March for Babies fundraising walk** at 8:45 a.m. at the Norbuck Park at White Rock Lake. Register online at [www.marchforbabies.org](http://www.marchforbabies.org) or call 972-669-3463.

**April 23**

Dallas Black Chamber of Commerce's **13th Annual Excellence in Education Scholarship Luncheon** Noon at the Dallas Convention Center. [www.dbcc.org](http://www.dbcc.org)

**May 3**

Eisemann Center Presents **Celebrating CHOPIN!**, featuring concert pianist Jeffrey Siegel. The concert, titled *Chopin and the Future*, will be held in the Eisemann Center's Bank of America Theatre at 7:30 pm. *Chopin and the Future* will include the works of Chopin that both delight the ear and point to the future. Info: [www.eisemanncenter.com](http://www.eisemanncenter.com) or 972-744-4650.

Sponsored By:



at&t

**Proud To Be An Active Partner In The Community**



# KEEPING KIDS SAFE ONLINE



## FAMILY FEATURES

For anyone with children or teenagers in the house, it's no surprise that being online is the in thing to do. According to research studies conducted by The Nielson Company, approximately 16 million U.S. children ages two to 11 are active online. This shows an 18 percent increase over the past five years, while the overall Internet population only increased usage by 10 percent. Furthermore, the amount of time children spend online is 63 percent higher than just five years ago.

One problem that falls under the umbrella of Internet safety that children may face when they're online, is cyberbullying. A cyberbully is a minor who uses the Internet, phone or other digital device to post hurtful messages or images to another minor.

Parry Aftab, executive director of the charity that runs StopCyberbullying.org says, "They do it by posing as each other, stealing or misusing their passwords, stealing points in online games. They call each other names, or send offensive

messages to their friends while impersonating them. They even take embarrassing pictures of others and post them online."

Cyberbullying affects children as young as seven and up through high school. According to a yearlong survey of students in the U.S. and Canada conducted by Aftab, results showed that:

- Cyberbullying starts as early as third grade, peaks in fourth grade and again in seventh and eighth grade.

- 75 percent of teens reported cyberbullying someone else and 85 percent of students reported they had been targeted at least once in the past year.

When kids are still in grammar school, the direct attacks usually consist of making fun of each other and testing limits. In middle school, cyberbullies attack classmates' reputations and it can escalate from there as children move into high school.

### What Can Parents Do?

Aftab recommends open communication between parents and children. "Encourage discussions about

what they enjoy online," she says. "This way you can direct your children to safe sites that fit their interests and it helps your children know you want an active role in their life."

It's important to make sure that your children feel comfortable coming to you

Safety found that only 5 percent of middle schoolers would tell their parents if they were cyberbullied, and that they have identified more than 50 different reasons not to tell their parents.

If your child is the victim of cyberbullying, the most important thing par-

away the technology or call the school, the other parents or the media and make things worse."

The most important thing parents can do to protect children is to monitor computer and Internet usage.

"Knowing you are watching, kids are less likely to put themselves in risky situations and you can safely oversee negative or dangerous behaviors," says Aftab.

### What Should Kids Do?

As part of its online community at buildabearville.com, Build-A-Bear Workshop promotes safety tips for kids that can be applied to any online experience.

### Stop, Block and Tell

If someone is cyberbullying or trying to get personal information, Stop talking to them, Block them from talking to you and Tell a trusted adult.

Aftab also says, "To help them keep a healthy perspective they should 'Take 5' when something or someone upsets them online. That means they should do something they love offline for five minutes

to help calm down and not do anything they will regret."

### Password Protection

- Passwords should be easy to remember, hard to guess. If your kids have to write it down, it's too hard to remember. If it's a pet's name, their middle name, their favorite sports team, etc., it's too easy to guess. Sit down with your kids and talk about ideas for a password, and remember a combination of numbers and letters is always best.

- Don't allow kids to give out their password to others. 85 percent of elementary school students and 70 percent of teens polled said they shared their password with at least one friend. That's one friend too many!

- Friends can be cyberbullies too, signing onto your child's account, impersonating them and possibly embarrassing them. They can also change your child's password, locking them out of their account.

For cybersafety tips, visit WiredSafety.org or WiredKids.org. For a fun and safe place for kids visit buildabearville.com.



Photo courtesy of Photolibrary

with questions. This should apply to all situations including the computer. If your children feel they can trust you, they are more likely to come to you with tough problems and questions. A survey by Wired-

ents can do, says Aftab, is to give them a hug. "Tell them you love them and how sorry you are that they were hurt. Let them know that the cyberbully is not the boss of them. And promise not to overreact and take

## Get involved

Build-A-Bear Workshop encourages kids and adults to get involved in making the Internet a safer place. Build-A-Bearville recently became one of the first to earn the Socially Safe Kids Seal, reserved for the sites whose moderators and game designers have all been trained on Internet safety and cyberbullying.

In addition to having

suggested tips and resources for parents and kids available at buildabearville.com, the company has also incorporated the importance of safe play into their online play experience.



Citizens of Build-A-Bearville are encouraged to take an Online Safety Quiz to receive a special hat for their avatar. They are also reminded of online safety tips in the

Bearville Times, the site's weekly newspaper.

Build-A-Bear Workshop also recognizes kids for being good citizens in the online world. Their Jr. CyBearGuide program allows qualified kid citizens of Build-A-Bearville to act as guides by answering questions, providing information and even giving tours.



If you or your child is interested in becoming a Jr. CyBearGuide member, visit Bear University in Build-A-Bearville. Click the paw under the big Jr. CyBearGuide blue star to learn more about the program.



## Online Safety Guidelines for Parents

Parry Aftab of WiredKids.org has additional tips to help keep kids safe online.

- Personal information stays personal. While this is an important rule for children it's also an important rule for parents. Giving information on your family and your children to the wrong person can be dangerous.
- Make sure your child doesn't spend all of his or her time on the computer. Other kids, not computers, should be their best friends and companions.
- Remember to monitor their compliance with safety rules, especially when it comes to the amount of time children spend on the computer.
- Warn them that people may not be what they seem to be. The Internet provides a cover for people to put on whatever personas they desire.



## Bodyguards speak up for King of Pop

BY IVY N. CARTER, MBA  
NDG STAFF WRITER

Child molester? No. Gay? No. Horrible parent? Not even close reported the former bodyguards, Mike Garcia, Bill Whitfield and Javon 'BJ' Beard, of the late Pop music legend, Michael Jackson on the morning talk show *Good Morning America* on Tuesday, March 9.

Michael Jackson was fondly known by millions for his eccentric behavior and recluse nature but according to his bodyguards Jackson was just a man who desired to have and do the things that normal people take for granted. Like going through the drive through and ordering food for his children, walking into a Wal-Mart and shopping, and dating out in the open.

His dating life has the

media on fire with reports that Jackson has had a long-term girlfriend, who no one knew or knows of and he also engaged in various intimate relationships with various women in the backseat of his limousine.

"Michael did not like boys. He was a man and had man desires," said bodyguard Whitfield.

The three bodyguards did reveal that oftentimes Jackson's behavior became erratic which made them realize that something was going on with the pop star. The trio also expressed how Jackson was often late when it came to making his monthly payments on his bills such as credit cards which caused him to be rejected and put out of many establishments.

"We have been asked to leave several hotels because

Michael's credit cards were declined," says Beard.

Many want to know why these three men, who swore to protect Jackson for more than two years, are speaking about the King of Pop. They simply responded, "We want people to know the Michael we knew, not the one the media created, but the loving father, son and man."

The bodyguard trio will release more details regarding their personal experiences as Michael Jackson's security in a tell-all book scheduled to be released later this year. In the book they will also discuss Jackson's pride and joy, his three children.

As for the mysterious women, critics of Jackson still do not believe they exist.

## Disney's *The Princess and the Frog* will be released on DVD March 16

Millions of people flooded movie theaters November 2009 across the country and world to take their young daughters and sons to see Disney's first Black princess in *The Princess and the Frog*. Since then the film was nominated for three Academy Awards®, including Best Animated Feature.

*The Princess and the Frog* is an animated comedy about a young foreign prince who is cursed and turned into a frog and sets



out to seek the help of a princess. He meets Tiana (Anika Noni Rose) and

asks for a kiss to break the curse. Unfortunately, the kiss turns Tiana into a frog and the adventure begins as they hop, argue and discover themselves while making their way through the great city of New Orleans and bayous of Louisiana.

Now families can own a copy of this hilarious and wonderfully made animated comedy on March 16 as an individual regular DVD or a Blu-Ray combo pack and DVD.

## Have You Heard?

### Corey Haim dead at 38

• During the 1980s and 1990s Corey Haim was the cutest teenage heartthrob in Hollywood. Unfortunately his fame came with a large price, his life.



### Is Mo'Nique a diva or a precious gem?

• There is no question that comedian, actress, and talk show host, Mo'Nique has experienced an awesome year but her attitude has seemingly shifted from grateful to diva.

### Rapper TI going back to jail

• What is the deal with rappers and prison? Hip



Hop heavyweight TI is scheduled to return to prison later this month to finish out his sentence.

Read more on the latest *Have You Heard?* topics at [www.northdallasgazette.com](http://www.northdallasgazette.com).

## 'Round About in the DFW

### Gospel

Tyler Productions presents **6th Annual Ebony Praise-fest on Fire 2010** at the Plaza Theatre in Garland on 3/13 at 7:30 p.m. Tickets are \$15 pre-sale and \$20 at the door. Info: [www.tylerproductions-gospelstageplays.org](http://www.tylerproductions-gospelstageplays.org)

### Art

*The Arthur Primas Collection: 200 Years of African-American Art*, 1/30-3/28 in Main Gallery in Irving. Free. Info: 972-252-2787

### Comedy

*The Talk of the Town* at the Eisemann Center on 3/11-3/14 at 8 p.m. Info: [www.eisemanncenter.com](http://www.eisemanncenter.com)

### Theatre

Tyler Perry presents **Madea's Big Happy Family** at the Nokia Theatre in Grand Prairie. Tickets are \$47-\$52. Info: [www.ticketmaster.com](http://www.ticketmaster.com)

### Party

**Flippin' Fridays** at Carpe Diem in Dallas 3/12 at 10 p.m. 21 and older. Info: 832-729-6681.

### Concert

Taylor Swift returns her **FEARLESS** tour to the American Airlines Center on Thursday, March 11th at 7:00 p.m.



For more entertainment events this week, visit [www.northdallasgazette.com](http://www.northdallasgazette.com).

Produced by Feld Entertainment

# Disney ON ICE

## Let's Celebrate!

Join us for a jam-packed celebration of all your favorite holidays!

**We've Iced the Price. Opening Night Tickets Just \$10!**  
(Excludes Parking and VIP seats. No double discounts. Service charges and handling fees may apply.)  
Offer courtesy of **94.9 KLTU**

**MAR. 24 - 28** **APR. 2 - 4**

For full show schedules and to buy tickets, visit [www.disneyonice.com](http://www.disneyonice.com), [ticketmaster](http://ticketmaster.com)® Retail Locations, Arena Box Offices or call 1-800-745-3000

Groups call 1-888-248-8748 ext. 103 or e-mail [lsb@disneyonice.com](mailto:lsb@disneyonice.com)



## CREDIT, continued from Page 1

tive it's because it is. The CARD Act attempts to mitigate the impact of most of the "tricks of the trade" that banks and credit card issuers have used for years to take money out of the pockets of an unsuspecting public and put it into the pockets of their respective institutions. The CARD Act represents a tremendous blow to the profitability of most of these financial institutions and as a result, these institutions are working tirelessly to find loopholes in the law that will enable them to continue their drive for profits at the expense of consumers.

Banks and credit card issuers are so determined to protect their profits that even before the new rules went into effect they were finding new fees to impose on consumers. A \$1 monthly "statement fee", adding or increasing annual fees, and reducing the value of "rewards" program are but a few of the techniques that card issuers are using to increase fees. While these techniques don't violate the actual letter of the law, they are a direct assault on the spirit of the law.

The Credit CARD Act, while being a very good first step in terms of consumer protection, is far from perfect and contains a number of loopholes that card issuer are more than willing to exploit. For example, one of the new rules limits credit card issuer's ability to raise interest rates on existing card balances. A loophole exists that allows the credit card issuer to raise rates on new charges if, for example, the card carries a variable rate, or, if an introductory rate, allows rates to be raised at the end of the promotional period.

Another rule that is part of the CARD Act makes it unlawful for issuers to charge over-the-limit fees unless as card holder agrees to have such transactions approved. Unlike in the past when the credit card issuer could automatically opt-in consumers into an overdraft protection program, it is now the consumer who has to

opt-in to such programs. If the consumer does not opt-in to the over-draft protection program and subsequently reaches the limit of his/her credit, any new transactions will be declined. The credit card companies response to this rule, hire consultants and marketing companies to devise programs and a suite of incentives to convince consumers that opting into a program that has cost them billions of dollars in the past is a good and proper thing to do.

While the CARD Act goes a long way in terms of protecting credit card holders from abusive tactics of card issuers, ultimately it is the card holder who is best positioned to protect themselves. The CARD Act requires that card issuers mail or deliver statements at least 21 days before payment is due. This longer grace period gives the card holder more time to make on-time payments but also more time to review monthly statements to make sure all charges and fees are fair and accurate.

The CARD Act requires that credit card issuers disclose additional information on their statements. One such disclosure is how long it will take to pay off your balance if you only make minimum payments. A review of this disclosure will demonstrate why card issuers love to see card holders making only minimum payments. It will also tell you how much you need to pay in order to pay off your balance in 3 years. Card holders should take the time to review this disclosure each month.

You've heard it before, read the fine print. When it comes to your credit card statements, or any other information you receive from a card issuer, it is imperative that you do indeed, read the fine print. Credit card issuer's are aggressively seeking new ways to siphon more money out of the pockets of consumers. Consumers have to be equally aggressive in their effort not to let that happen.

## PeRfect Plan Public Relations Agency launches in honor of Women's History Month

(NDG Wire) PeRfect Plan Public Relations, a female-owned public relations firm that specializes in the female consumer market, launched this week in honor of Women's History Month.

Based in Frisco, Texas, PeRfect Plan PR provides marketing public relations services to female-focused lifestyle brands and non-profit organizations including, media relations, event planning/implementation, and the development of marketing communications



Trameika Vaxter

materials.

"Launching PeRfect

Plan Public Relations during Women's History Month was very important to me," stated Trameika Vaxter, President of the firm. "The female consumer market is an underserved target market in the public relations industry, and launching the agency during Women's History Month just seemed appropriate."

Trameika, a passionate, public relations professional experienced in agency general market and multicultural communications, un-

derstands the significance of the marketing function within an organization. She believes that public relations campaigns should be based on an organization's stage in the business life cycle because there are particular goals and objectives related to each stage.

"A successful public relations plan aligns with an organization's marketing goals and objectives," noted Vaxter. "This is why our motto is *Your goal + Our Plan = PeRfection!*"

## Why advertising is important to small business owners

BY MELISSA A. DOTSON  
NDG CONTRIBUTOR

Advertise here, advertise there. We gotta deal for you if you just advertise with us. Being a small business owner means everyone has a way for you to advertise your product or service affordably or so it seems until you read the fine print. It is my belief that one of the hardest challenges for a small business owner is finding and selecting the right advertising avenue to use when promoting. Unfortunately some small business owners give up on establishing an effective advertising strategy

thus failing to reach their full potential.

You must understand the why behind advertising in order to find the right advertising avenue for your small business.

Why advertise? Advertising by business standards is the ability to effectively develop a series of strategies which will inform and lure customers into your establishment to buy your product or pay for your service. But why is it important? Advertising is important simply because it is one of the most popular means to attract short- and long-term customers.

Why can't I just use word of mouth? While word of mouth is one of the oldest and most effective methods of advertising it still comes at a price. The cost is operating your business day-to-day and paying your employees or vendors. You see you are still paying for a free service but it should not be the only advertising you use. Be aware that word of mouth is a double edged sword and can be good or bad for your business.

Why do I have to spend money to advertise? Why do you have to operate your small business? To make

money and advertising assists you with just that...making money. In order to make money you have to spend money. I am not saying rush out and spend thousands of dollars to advertise but what I am saying is that you should consider allocating at least 5-10 percent of your annual revenue to develop a sound advertising plan.

You do not need the fanfare of Superbowl Sunday advertising but you should at least have a plan which is catered to your business and works for your business needs.

## Road to redevelopment: The community's vision to revamp Irving Boulevard comes to life

(NDG Wire) The Irving community has a vision to transform Irving Boulevard—a major thoroughfare that runs through the heart of the city—into a desired location that will attract specialty retail, restaurants, office space, entertainment and housing in a green, urban, walkable environment.

Paving the way for this initiative is a 15- to 20-year plan to boost Irving's appeal and provide area residents with a visually enhanced community. Boundaries for the redevelopment area

stretch from State Highway 183 on the west to Loop 12 on the east.

"Residents are the driving force behind this great vision for Irving Boulevard," said Councilman Rick Stopfer, chairman of the Planning and Development Committee. "They recognize the value of creating a highly sought-after area that will spur future development and encourage further beautification efforts throughout the city. We will move forward with plans to redevelop Irving Boulevard as long as the

city continues to receive support for this initiative."

Accomplishments to date include:

- Opened marketing center to promote area to developers
- Cleared more than 30 properties for redevelopment
- Completed or began construction on more than 15 redevelopment projects
- Added streetscaping along East Irving Boulevard at Glenmore Street
- Planted more than 40 median trees
- Enhanced litter control

and grocery cart removal

- Relocated or screened dumpsters
- Increased focus on code enforcement

To fund the project, the city is establishing a tax increment reinvestment zone along the length of the boulevard. The reinvestment zone will capture the increase in property taxes paid due to the natural increase in property values over time, and dedicate that money to infrastructure and economic development projects along the corridor.

# How can we plan for retirement in the new decade?

*Expert reveals why investment market crisis has changed retirement planning forever*

(NDG Wire) According to statistics, record numbers of Americans think retirement is WAY out of their reach, but at least one expert thinks people can still make it happen if they approach their retirement planning in a different way.

In 2009, only 13 percent of American workers say they are very confident about having enough money for a comfortable retirement, according to the annual Retirement Confidence Survey by market researchers Matthew Greenwald & Associates. This is the lowest number since they started the survey in 1993. In addition, people apparently expect to work

longer because of the economic downturn, with 28 percent of workers telling pollsters that they've changed their planned retirement date over the past year. Moreover, 89 percent of those people say that they're specifically postponing retirement to increase their financial security.

Robert J. Krakower, a Certified Financial Planner and author of Redefining Retirement for a New Generation from On Task Publishing ([www.newretirementrealities.com](http://www.newretirementrealities.com)), believes that the old rules for retirement are broken, and people need to adjust their views on retirement planning in order to

have a chance at retiring on time.

"Forces beyond our control are changing the shape of retirement itself," he said. "Forces such as increased life expectancy, the sheer size of the baby boom generation that is just beginning to enter retirement, and the massive replacement of pensions with 401(K) plans, shift the risk away from the corporations, where it used to be, and onto the shoulders of individuals. The impact of these radical changes on retirement makes it critical to redefine retirement, to understand all the risks involved, both old and new, and to think more pragmatically

about the meaning retirement and best methods for generating reliable retirement income."

Krakower believes Americans need to adjust their attitudes about retirement, and what it takes to have a successful retirement plan.

"The generation that is starting to save for retirement today has a much greater challenge than past generations," he said. "It wasn't that long ago that the average retirement lasted no more than 10 years. Life expectancy was much lower, which lowered the financial burden for most workers. For the boomer generation, ten years marks the first stage of a re-

tirement that can easily last 30 years or more. Longer lives mean increased risk of outliving your nest egg. Who knew that the thing that would threaten to break our financial backs in the end would be that we're living longer?"

Plus, there are just more of us nearing retirement age than ever before. The demographic bubble is about to burst, and launching more retirements than at any other time in American history. These conditions create dramatically higher risk for retirement planners, he added.

"The demise of the old pension plan and the rise of the 401(k) represent a new

retirement risk," he said.

"Now, individuals must cope with the risk that bad investment decisions can have catastrophic consequences for their lifestyle in retirement. So a useful redefinition of retirement will dispel the myth that investing is always safe and, as long as you stay invested, no matter what the circumstances, you will come out ahead. Redefining retirement means taking a fresh look at all the assets to which individuals have access, and thinking in new ways about how to put those assets to work to generate lasting retirement income."

## Spring Break Blast at Plano libraries

Spring break week will be a blast at Plano Public Library System with programs for all ages kicking off on Friday, March 12. Movies, game days, a Lego building day and a teen YouTube workshop are some of the featured free activities.

A full schedule of activities is available on the library Web site at [www.plano-library.org](http://www.plano-library.org) or by calling any of Plano's five libraries



listed below.

Gladys Harrington Li-

brary, 1501 18th Street, 972-941-7175

L.E.R. Schimelpfenig Library, 5024 Custer Road, 972-769-4200

W.O. Haggard, Jr. Library, 2501 Coit Road, 972-769-4250

Maribelle M. Davis Library, 7501-B Independence Parkway, 972-208-8000

Christopher A. Parr Library, 6200 Windhaven Parkway, 972-769-4300

## CENSUS, continued from Page 1

data also is used to allocate funds to the following: Title 1 grants to educational agencies, Head Start Programs, public transportation, road construction and repairs, programs for the elderly and emergency food and shelters.

The answers to the short 10 question survey are strictly confidential and protected by law. It is illegal for the Census Bureau or its employees to share personal information with any other governmental agency, law enforcement, IRS, FBI, Immigration, etc. No one, not even the President can access your individual responses.

Official census survey forms will be mailed to every recorded household in the nation in March, 2010. You are required by law to participate in the census by answering all 10 questions and then returning the completed form to the US Census Bureau by postal mail. April 1 is National Census Day. Between April and July, census enumerators will visit in person those household that did not return their form by mail by April 1. Census enumerators will carry official government badges marked with the worker's name and they may carry a U. S. Census Bureau canvas

bag. If you are uncertain as to their legitimacy, you can contact the Dallas Regional Center at 214-253-4400 to verify the worker's credentials. Census workers will not ask for any financial information such as bank accounts or credit card numbers or Social Security numbers.

Richardson residents are invited to do their part by completing the U. S. Census and return it by postal mail by April 1. For more information, you can visit the City of Richardson's website: [www.cor.net/DevelopmentServices.aspx?id=11444](http://www.cor.net/DevelopmentServices.aspx?id=11444).

## TWU's Cynthia Maguire chosen as president-elect of Native Plant Society of Texas

(NDG Wire) Texas Woman's University (TWU) Department of Chemistry and Physics faculty member Cynthia Maguire recently was chosen as the president-elect of the Native Plant Society of Texas (NPSOT).

Maguire will serve as the president of the organization in 2011 and as past-president in 2012. Her responsibilities include organizing the society's annual meeting, which will take place Oct. 7-10 on TWU's



Cynthia Maguire

Denton campus and will celebrate NPSOT's 30th anniversary.

"Our message of sus-

taining habitats for wildlife while conserving water is very timely," said Maguire. "I look forward to an exciting symposium at TWU next fall and helping the society grow in the next few years."

NPSOT's October symposium is an environmental education event open to the public and will show participants how to practice sustainable landscaping. For information, visit [www.npsot.org](http://www.npsot.org).

## RUSH, continued from Page 2

Members ran to the stage to hoolah hoop, jump rope, and paddle ball as Pastor Rush made every effort to thank, touch and hug as many people as he could. Every member received gifts, cupcakes and pictures of the night.

"I told the people who were planning this event that if I could not include every member of this church in this celebration then I did not want to have it," Pastor Rush told the crowd.

One of the heartfelt mo-

ments for Pastor Rush was the surprise visit by his daughter who drove in from college in Georgia to be with him. Other surprises included the unveiling of several streets named after Pastor Rush, which adorn the entrances of the new IBOC location; a presentation by the IBOC cheerleaders and Children's College; a rendition of a Marvin Sapp song, 'He Saw the Best in Me' by the Sons of God; a video presentation from UT head coach, Mack Brown;

and other special gifts and presentations.

"If I never felt love from IBOC before tonight, I know tonight that the love I always thought existed exists," Pastor Rush said as he closed the celebration with a prayer.

Sunday services at IBOC start at 7:30 and 11:00 at 7701 S. Westmoreland in Dallas and again at 7:00 p.m. on Mondays. Visit [www.ibocjoy.org](http://www.ibocjoy.org) for more information.



# Unemployed Texans will not face gap in benefits

## Claimants should continue to request benefits as usual

(NDG Wire) The deadline for jobless Texans to file for emergency unemployment benefits has been extended from February 27 to April 3, 2010, the Texas Workforce Commission (TWC) announced today.

This new filing deadline allows long-term claimants to continue receiving unemployment benefits.

Congress approved this deadline extension before qualified claimants faced a gap in receiving benefits.

Claimants should continue to request unemployment benefit payments on their scheduled day.

Claimants who are currently receiving emergency unemployment benefits may find updated informa-

tion on their claims at <http://ui.texasworkforce.org> or by calling UI Tele-Serv at 1-800-558-8321 and pressing option 2.

There is no need to call TWC to qualify for this extension unless claimants re-

ceive a letter telling them to call.

Emergency unemployment benefits are entirely federally funded, so Texas employers will not be charged for any claims paid on this extension.

Currently, approximately 385,000 Texans who would have lost their emergency unemployment benefits are eligible for continuation of emergency benefits without delay.

## The Un-Comfort Zone: The Pleasure Principle

BY ROBERT WILSON  
SPECIAL NDG CONTRIBUTOR

Swing and miss. "Strike Two." cried the umpire. I threw one more pitch right in at the player's wrists. He swung hard, but the ball just dribbled right back to the pitcher's mound. I picked it up and gently tossed it to the first baseman for the out.

As the batter turned back toward the dugout, his team captain stepped out and screamed, "Darrell, you've got to get over your fear of this guy!"

The words poured like

sweet honey into my ears.

It was the third time I had gotten him out that night including two strike outs. I had completely shut down the best hitter on the best team in the league. It was the most fun I'd had in weeks.

No, I wasn't throwing heat. Quite the contrary, I'm talking about slow-pitch recreational softball for the over-thirty crowd.

But, I was totally into it. Once a week I stood on the mound under the lights with everyone's eye on me. De-

spite the butterflies in my stomach, I can't image anything more exciting (OK, maybe skydiving!).

What motivates me to play softball? That's easy... it's fun and pleasure is very motivating. For those pursuits we enjoy, we are never too tired; we always seem to find time and energy for them. It comes to us easily. If only we could find that kind of relaxed energy for work.

What is it that you can't wait to do everyday? Is it a hobby? A sport? Sigmund

Freud described that driving creative spirit as the *Pleasure Principle*. It's still very true that "all work and no play make Jack a dull boy." Not only dull. Where happiness is absent - health is often absent too.

I look forward to work every day. I have clearly followed the advice of my father who encouraged me to find a job I enjoyed so that I would never "work" a day in my life. In her book *Do What You Love, The Money Will Follow: Discovering Your Right Livelihood*,

Marsha Sinetar tells us to do the same thing. But, what should you do if you're not happy in your work? Make changes! That may be easier said than done. So, if you can't change your job, then change your work environment.

It's a well known fact that employees who enjoy their work are more productive. There are many ways to make your workplace more fun. Authors Dave Hemsath and Leslie Yerkes in their book offer us *301 Ways to Have Fun at Work*. Every

company is different so it will be up to you to discover what you can do to make your place of business more fun. But, if you want to motivate your staff - I always say, "Give them something to laugh about!"

Robert Evans Wilson, Jr. is a motivational speaker and humorist. He works with companies that want to be more competitive and with people who want to think like innovators. For information visit [www.jumpstartyourmeeting.com](http://www.jumpstartyourmeeting.com).

## Easy ways to organize your workspace

### FAMILY FEATURES

Whether you have a home office or just a small corner that serves as the family work station, keeping it organized is key to getting things done. These simple tips will help clear out the clutter and make the most of your space.

- Prefab drawer organizers don't always fit the drawer sizes you have, so make your own. Use small containers such as mini loaf pans, small plastic baskets or other small square or rectangle tins and boxes.

- Even one wall shelf can add some much needed storage space.

- Stack equipment, but don't cover up any venting. Use small chair-leg protectors as spacers in between to let air circulate and prevent overheating.

- Eliminate the stress of charging your mobile devices with Powermat, a wireless charger that eliminates constant plugging and unplugging and allows users to charge multiple devices

simultaneously.

Each Powermat comes equipped with the universal Powercube, which offers real-time wireless charging thousands of devices including, phones, games, music players and other popular electronic devices. Custom

receivers for the most popular devices are also available. Available in Portable or Home & Office versions, the suggested retail price is \$99.99 for mats and \$29.99 - \$39.99 for receivers. Visit [www.powermat.com](http://www.powermat.com) for more information.

### TISEO PAVING COMPANY

419 E. Hwy. 80, Mesquite, TX 75150  
Tel: (972) 289-0723 Fax (972) 216-5637  
[www.tiseopaving.com](http://www.tiseopaving.com)

Performing Concrete Street Paving  
in the Metroplex Area  
We Accept Subcontracting Bids  
For All Public Works Projects  
in the Dallas Area.  
We Are Accepting Applications for  
Concrete Mixer Drivers and Heavy  
Equipment Mechanics

**Equal Opportunity Employer**



### Store Management Opportunities

Hobby Lobby is a leader in the Arts & Crafts industry with nearly 450 stores located in 34 states.

Candidates must have previous retail store management experience in one of the following: Supermarket chain, Craft chain, Mass merchant, Drug chain, Building Supply chain. Must be willing to relocate.

### Benefits include:

- All Stores Closed on Sunday!
- Competitive Salaries
- Paid Vacations
- 401K Plan
- Medical/Dental
- Life Insurance
- Merchandise Discount
- Flex Spending Plan

Qualified Candidates with **Retail Management** experience as listed above must apply on-line. [www.hobbylobby.com](http://www.hobbylobby.com)



### Attention Suppliers of Goods, Services and Construction

Review Competitive Opportunities at [www.bidsync.com](http://www.bidsync.com)

[www.garlandpurchasing.com](http://www.garlandpurchasing.com)

972-205-2115



IRVING

### DO YOU WANT AN EXCITING AND REWARDING CAREER?

PURSUe A CAREER AS A POLICE OFFICER OR FIREFIGHTER!

- Competitive wages
- Array of benefits
- Education incentive pay
- . . . and more

SIGN UP TO TAKE  
THE CITY OF IRVING'S NEXT  
CIVIL SERVICE ENTRANCE EXAM.  
CALL (972) 721-2532 TO REGISTER.

*The City of Irving does not discriminate on the basis of race, sex, religion, age, or disability in employment or the provision of services.*  
[www.cityofirving.org](http://www.cityofirving.org)

**AVENUE F CHURCH  
OF CHRIST  
IN RICHARDSON  
March 18**

Join us for a "Between Jobs Support Group" meeting @ Christian Works for Children, 6320 LBJ Freeway, Dallas, TX 75240. Call 972-960-9981 to register.

**March 28**

Come to worship and stay for our Blood Pressure Clinic after Morning and Evening Worship Services.  
**Brother Ramon Hodridge, Minister**  
1026 Avenue F  
Plano, TX 75074  
972-423-8833

**CHRISTIAN CHAPEL  
CME  
TEMPLE OF FAITH  
March 27**

9:30 a.m. to 12:30 p.m.  
In conjunction with Delta Sigma Theta Sorority we present a Candidate's Forum with invited participants Democratic Gubernatorial Candidate Bill White, Democratic Senatorial Tom Berry and Dallas Mayor Pro Tem Dwaine Caraway. There will also be representatives from the U.S Census Bureau speaking. Call the church for details.

**Dr. Jerome McNeil, Jr.**  
Senior Pastor  
14120 Noel Road  
Dallas TX 75254  
972-239-1120

**DAYSTAR  
DELIVERANCE  
MINISTRIES  
On Going**

9:30 a.m. – 11:30 a.m.

Visit Helen's House every Monday and Friday to receive, to give, to comfort and most of all to fellowship. The give-a-way of food, love and household items is given freely to all those who could use a little touch.

**Pastor Minnie  
Hawthorne-Ewing**  
635 W. Campbell Road  
Suite 210  
Richardson, TX 75080  
972-480-0200

**FELLOWSHIP  
BAPTIST  
CHURCH OF ALLEN  
"THE SHIP"**

On Going, 9 a.m.-4 p.m.

Monday – Friday  
Prayer Lines for those in need are 972-649-0566 and 972-649-0567, 9 am-4 pm.

**Wednesdays Only**  
Join us for Wednesday Night Live at our main campus @ 7 pm.  
**W. L. Stafford, Sr., M.Div.**

305 N. Alder Drive in  
Allen for Sunday  
Morning Worship  
Church Address is  
200 Belmont Drive  
Allen, TX 75013  
972-359-9956

**NEW MOUNT ZION  
BAPTIST CHURCH  
On Going**

You are invited to visit our Job Resource Center on Tuesdays and Thursdays from 10 a.m. to 12 p.m. in our Computer Training Room in the Educational Building.

**March 5-14**

Join us for our 52nd Annual City-Wide Revival at Good Street Baptist Church. On March 9th our choir will perform; on March 13 our Youth for Christ Musical will perform at 7 p.m.; and on March 14 we will have our Annual Ushers/Nurses at 7 p.m.

**March 28**

You're invited to our 64th Church Anniversary as we give God the praise and glory in our Worship Service.

**Dr. Robert Price, Sr.,  
Senior Pastor**  
9550 Shepherd Road  
Dallas, TX 75243  
214-341-6459

**NORTH DALLAS  
COMMUNITY  
BIBLE FELLOWSHIP  
CHURCH**

March 13 & 27  
10 a.m.-12 p.m.

All youth, ages 12 to 18, come to our "Motion of Praise for Christ" Youth Ministry Dance Team meeting in Room D211.

**March 14, 8:30-9 a.m.**  
You are invited to our

Mothers Praying for Un-saved Sons' meeting in the Prayer Room.

**Dr. Leslie W. Smith,  
Senior Pastor**  
1010-1020 S. Sherman St.  
Richardson, TX 75081  
972-437-3493

**OPEN BIBLE  
FELLOWSHIP  
CHURCH**

March 14, 3 p.m.

You're invited to our 20th Church Anniversary. Now is the time to celebrate with us, our theme: "Family, Friends & Faith"

**Rev. Don Bright, Pastor**  
2701 Briarwood  
Plano, TX  
972-422-4248

**SAINT MARK MBC  
IN MCKINNEY  
March 13, 12 p.m.**

All Senior Saints are invited to our Double Nickel (55 and above) Luncheon @ the Newsome Center on Amscott Street in McKinney. Activities include lunch, bingo and door prizes. Come and bring a friend. If you are homebound, we will deliver to you. Please call 972-542-6178 no later than the Friday (March 12 this month) before the luncheon and leave a message with your name, address, phone number and how many meals you need.

**Dr. Charles Wattley  
Senior Pastor**  
1308 Wilcox Street

McKinney TX 75069  
972-542-6178

**SHILOH MBC  
IN PLANO**

March 13, 9-11:30 a.m.

Come to our Sisters Mentoring Sisters in our Fellowship Hall for a kick-off book/Bible study of "Thrive Don't Simply Survive-Passionately Live The Life You Don't Plan" with renowned author and speaker Karol Ladd. A continental breakfast will be served and childcare will be provided. Attire will be church casual. Call the church for details.

**Dr. Isaiah Joshua, Jr.  
Senior Pastor**  
920 E. 14th Street  
Plano, TX 75074  
972-423-6695

**THE INTERSECTION  
CHURCH**

March 19 & 20

You are invited as we present a weekend of "A Prayer & Prophetic Conference" with speakers Elder Cathy Moffitt, a former school teacher and Community Relations Manager on Friday night @ 7 p.m. and Prophetess Vanessa Weatherspoon, an Industrial Engineer in Corporate America on Saturday from 9 a.m. to 2 p.m. Our theme is "The Binding of Strongmen and Ruler Spirits."

**Bishop D. A. Davis  
Senior Pastor**  
1735 W. Belt Line Road  
Desoto, TX 75115  
972-663-9400

**Rainbow Days honors  
Philanthropic Children's Champions  
with the 2009 Promise Awards**

(NDG Wire) Each year, Rainbow Days presents its prestigious Promise Award to recognize outstanding individuals and organizations who are committed to substance abuse prevention and to helping children overcome adversity and stay drug-free. March 4 the Promise Award Reception presented by Rainbow Days was at the SMU Faculty Club located at 3034

Daniel Ave. Dallas. This year's event promises to be a memorable one as Rainbow Days honors a group of stellar recipients including: Individual Volunteer: Mitzi White; Corporate Partnership: Ronnie J. L. Ward & Son; Local Partnership: Animal Crackers; Community Organization: Oak Lawn United Methodist Church;

**See AWARDS, Page 15**

**FELLOWSHIP BAPTIST CHURCH  
OF ALLEN**  
A Kingdom Building Church  
200 BELMONT DRIVE - ALLEN, TX 75013  
(972) 359-9956 • www.fbcfallen.org

**FB  
CA**

Sunday Morning Services  
8:15AM Story Elementary  
10:45AM Story Elementary  
11:50 Edutech - Allen, Tx

Wednesday Night Live  
Wed Prayer Service / Bible Study  
7:00 PM  
200 Belmont Dr - Allen, Tx



*The New Light Church*

ENCOURAGING, EMPOWERING, EVANGELIZING  
*"Taste and see that the LORD is Good."*

Sunday School 9:30AM  
Sunday Worship Service 11:00AM  
Thursday Night Live At The Light 7:00PM

Come, Experience  
The Light!

www.newlightchurchdallas.org  
9314 Elam Rd. | Dallas, TX 75217  
214.391.3430

Shaun Rabb, Senior Pastor



**MT. OLIVE CHURCH OF PLANO (MOCOP)**  
300 Chisholm Place Plano, TX 75075 972-833-5511

**His NIGHT**

arvest  
International  
nterdenominational  
service

Last Sunday, Every Month  
7:00 pm  
Sunday Morning Worship  
10:00 am  
Wednesday Nights  
7:15 pm

Call Pastor Sam on:  
"Vision & Truth Live" Radio Program  
Broadcasted on KWRD 100.7 FM THE WORD  
(Sundays 9 am - 10 pm)  
Hear Pastor Sam on: "Truth Made Simple"  
KGGR 1040 AM, Monday - Friday @ 5:25 pm - 5:30 pm







# National Women's History Month Continues

Down through history, Black men and especially women have making contributions to our society. Unfortunately, most of the time, you will not find their stories in America's history books.

Nannie Helen Burroughs was one of the best known and well-respected African Americans of the early twentieth century. She was called 'The Black Goddess of Liberty'.

She was an educator, institution and organization-builder and a major figure in the Black church and secular feminist movement.

In 1900, at the annual meeting of the National Baptist Convention (NBC) in Virginia, Burroughs gave a speech, *How the Sisters Are Hindered from Helping*.

This oration gained her national recognition and served as a lightning rod for the formation of the largest Black women's organization in the United States, the Woman's Convention (WC) an auxiliary to the NBC.

Furthermore in 1896, she joined other women and formed the National Association of Colored Women (NACW) to promote political mobilization of Black women. Burroughs became a much sought after partici-

pant, particularly by the Republican Party.

When Herbert Hoover was elected President in 1928, he chose Burroughs to head a fact-finding commission on housing.

In 1909, she founded the National Training School for Women and Girls, which was renamed the Nannie Helen Burroughs School in 1964.

Maya Angelou was the first Black woman to have a screenplay produced, *Georgia, Georgia*, which she also directed. In 1970, Angelou was the first Black woman to have a non-fiction book on *The New York Times Best Seller List*; it was the first volume of her autobiography, *I Know Why the Caged Bird Sings*. And she was the first Black woman to be a conductor on a San Francisco streetcar.

Nella Larsen was an American novelist and short story writer famously associated with the Harlem Renaissance era, which one writer has called "an era of extraordinary achievement in black American art and literature areas during the 1920's and 1930's."

Zora Neale Hurston was a novelist, folklorist, and anthropologist; she was the prototypical authority on Black

culture from the Harlem Renaissance.

In this artistic movement of the 1920s Black artists moved from traditional dialectical works and imitation of white writers to explore their own culture and affirm pride in their race. Hurston pursued this objective by combining literature with anthropology.

*Maya Angelou was the first Black woman to have a screenplay produced, Georgia, Georgia, which she also directed.*

She first gained attention with her short stories such as *John Redding Goes to Sea* and *Spunk* which appeared in Black literary magazines.

After several years of anthropological research financed through grants and fellowships,

Zora Neale Hurston's first novel, *Jonah's Gourd Vine*, was published in 1934 to critical success. In 1935, her book, *Mules and Men*, which investigated voodoo practices in Black communi-

ties in Florida and New Orleans, also brought her kudos.

Annie Onieta Plummer was dubbed The Dictionary Lady, Plummer was born in 1936 in Sylvania, Georgia. She was the fifth of twelve children. In 1992, she noticed that many school children in Savannah, Georgia were not carrying any books.

On her own initiative, she invested 50 dollars in 30 pocket dictionaries and proceeded to hand them out on the street corner. Her project gained nationwide attention and was emulated in other areas and mushroomed.

Always aware of the value of education, she went back to school at the age of 42. In each dictionary she handed out, she inscribed the motto of the United Negro College Fund, "A mind is a terrible thing to waste," supplemented by her personal message, and "I challenge you not to waste yours."

"I saw the children with no books. I wondered what I could do to help."

"Children need to know that people of all races have made contributions to society. That should be integrated into all curriculums, every day—not just during Black History Month in Feb-



*Sister Tarpley with her aunt, Mrs. Jessie Baker Green from the State of Florida, celebrating National Women's History Month in Portales, New Mexico.*

## AWARDS, continued from Page 14

Foundation: Thompson & Knight; Unsung Hero: Melissa Preston; National Partnership: Kids in Distressed Situations; Board Member: Carolyn Hess; Government Agency: Protecting our Children Outreach Ministry - A Division of the U.S. Department of Agriculture; Government Official: The Honorable Mayor Tom Leppert and Mrs. Laura Leppert; Memorial: Jeff Blandford; Corporate Volunteer Group: KPMG's Network of Women (KNOW); Educational Partnership: The Safe and Drug-free Schools Pro-

gram of the Dallas Independent School District; Youth Services: Melissa Medina.

"It is always an honor to recognize the commitment of individuals and organizations who are truly dedicated to making a difference in the life of a child," shared Cathey Brown, Founder & CEO of Rainbow Days.

Since 1982, Rainbow Days has fulfilled its mission of providing children living in high-risk situations with the skills and support they need to overcome adversity and stay drug-free.



### Avenue F Church of Christ

1026 Avenue F • Plano, TX 75074  
972-423-8833

www.avefchurchofchrist.org

Early Sunday Morning.....8:00 am  
Sunday Bible Class.....9:45 am  
Sunday Morning Worship.....10:45 am  
Evening Worship.....3:00 pm  
Wednesday Bible Class.....7:00 pm

Ramon Hodridge, Minister

Radio Program @ 7:30 am on  
KHVN 970 AM Sunday Mornings



### Friendship Baptist Church

4396 Main Street The Colony, Texas 75056  
(972) 625-8186

website: www.fbc-online.net

Schedule of Services:

Sunday

Early Morning Worship-8:00 a.m.  
Sunday School Classes-9:30 a.m.  
Morning Worship-11:00 a.m.

Tuesday

Early Bird Bible Study  
- 6:00 p.m.

Wednesday

Morning Bible Study - 9:30 a.m.  
Prayer Meeting and Evening Bible  
Study - 7:30 p.m.

"The Church with a Vision"

### Mt. Pisgah Missionary Baptist Church

**The Rock**

Still standing.... Est. June 1864

A Kingdom Building Church offering **GLORIFICATION, RESTORATION, PURGATION and PROSPERITY**



Rev.  
Robert Townsend, Pastor



Come Experience A  
Church that Believes  
in Giving God  
Excellence Without  
Excuse

**Worship Services**

Sunday Worship ..... 7:45 am & 11:00 am  
Sunday School ..... 9:45 am - 10:45 am  
Wednesday Bible Study ... 12:00 noon & 7:00 pm

**Office Hours**

Monday & Friday ..... 9:00 am - 3:00 pm  
Tuesday, Wednesday & Thursday ... 9:00 am - 6:00 pm  
Saturday & Sunday ..... Closed

**Contact Info**

Mt. Pisgah Missionary Baptist Church  
11611 Webb Chapel Road • Dallas, TX 75229  
Office: 972-241-6151  
Email: info@mtpisgah.org  
Website: www.mtpisgah.org

Casual Contemporary Fresh

THE  
*Eirene!*  
EXPERIENCE

Come see for yourself!

701 E. Centennial Blvd  
Richardson, TX 75081  
972.991.0200  
www.followpeace.org



Two Sunday Worship Times  
**8:00am & 10:30am**  
Wednesday Night Bible 7:30pm



# NTTA to partner with ACE Cash Express

(NDG Wire) The North Texas Tollway Authority (NTTA) is partnering with ACE Cash Express, a leading Texas-based retailer of financial services, to provide additional locations for NTTA customers to pay their ZipCash invoices and to open and load cash-backed TollTag accounts.

"The NTTA wants to offer convenient opportunities for our ZipCash customers and to offer a TollTag option for our cash customers," said Clayton Howe, NTTA assistant executive director of operations. "Adding more payment centers by

partnering with ACE will assist the NTTA and its customers during and following the conversion of our system to all-electronic toll collection, especially as our system and operations continue to grow."

For a small fee, customers will be able to:

- Sign up for cash-backed TollTag accounts. Dallas/Fort Worth ACE customers will have the opportunity to open new cash-backed TollTag accounts and re-load existing accounts.

- Pay ZipCash statements. Customers who receive ZipCash invoices or

ZipCash late invoices can visit any ACE location to pay their bill efficiently and quickly.

- TollTag customers also will be able to add cash to their accounts at any ACE Cash Express location.

Customers will be able to visit 152 ACE Cash Express locations in the Dallas/Fort Worth Metroplex, providing convenient neighborhood payment locations for NTTA cash customers.

"ACE Cash Express is pleased to be working directly with the NTTA to establish such a meaningful program," said Victor

Faszczuk, vice president of business development for ACE.

"ACE has always been viewed as a community-based business, offering customers quality financial services with attention to high customer care. Our objective has always been to add partnerships that make it easier for customers to take care of their financial needs, and this important partnership with NTTA is an example of that direction."

ZipCash customers enjoy the same hassle-free roadway experience that TollTag customers do, but pay a 50 per-

cent higher toll rate due to the cost of collection. By getting a TollTag, they can save money on their tolls and enjoy the convenience of not worrying about invoices. They can also get up to three TollTags per account. TollTag customers also can use their TollTag to travel on any toll

road in Texas. Customers whose accounts are backed with a credit or debit card can use their TollTags for parking and pass-through privileges at D/FW International Airport and all parking at Dallas Love Field.

TollTags are always available online.

**"Bridging the Gap between God and man"**  
Come Join Us!  
Sunday 10:30am - 11:30am  
Worship Celebration - 10:30am  
Wednesday Bible Study - 7:00pm  
3110 West Loop West  
Arlington, TX 76010  
www.bridgingthegap.org



**INSPIRING BODY OF CHRIST CHURCH**  
7015 WEST COLELAND RD  
DALLAS, TX 75247  
(972) 571-4100 (1000)

**SERVICE TIMES:**  
SUNDAY  
LIVE ON TBS 7:30 AM  
10:30 AM  
MONDAY SCHOOL  
7:00 AM  
TUESDAY  
MUSIC FELLOWSHIP  
7:00 PM


**INVITED BY:**



**JACKIE G. ROUSE, PASTOR**

**Worship Services**  
7:30am & 10:30am  
**Sunday School**  
9:30 am  
**Wednesday Night Service**  
8:00 pm

**FIRST BAPTIST CHURCH OF HAMILTON PARK**



**Dr. Gregory Foster Senior Pastor** **Rev. Anthony Foster Pastor**

**Our Mission**  
To fulfill The Great Commission until Christ comes.

**FIRST BAPTIST CHURCH OF HAMILTON PARK**  
300 Phillips Street • Richardson, TX 75081 • 972.235.4235 • www.fbcjp.org

Promiseland Television Network Broadcast - KTAQ-TV  
"WALKING IN THE WORD"  
Weekly 30 minute broadcasts, each Saturday at 5pm and Sunday at 4pm

**NORTH DALLAS COMMUNITY BIBLE FELLOWSHIP**  
"A Spiritual Oasis for a Thriving World" Isaiah 55:1

**SUNDAY WORSHIP SERVICES:**  
7:30 AM • 9:30 AM • 11:30 AM


**972-437-3493**

1010-1000 South Sherman Street • Richardson, TX 75081  
www.ndcbf.org




**Dr. Leslie W. Smith, Senior Pastor**

**Shiloh Missionary Baptist Church**  
Serving the Plano Community for 125 Years  
Founded 1884  
920 E 14th Street Plano, TX



**Pastor Isaiah Joshua, Jr.**  
Celebrating 15 Years

**2010 Theme:**  
Unparalleled Praise  
Uncompromising Preaching  
Unwavering Teaching



**Worship Times:** 8 and 11 a.m.  
**Sunday School:** 9:45 a.m.  
**Mid-week:** Wednesday at 7:00 p.m.  
**Children's and Youth Worship Service:** Every 3rd, 4th, and 5th, Sunday at 10:45 a.m.  
**AWANA:** Wednesday at 6:30 p.m.  
**Contact Information:** 972-423-6695  
www.smbcplano.org

**New Mt. Zion Baptist Church of Dallas**

**Sunday Service**  
Morning Worship  
7:30 am & 10:30 am  
9:00 am Sunday School

**Monday Service**  
Men's Ministry 7:00 pm  
Women's Ministry 7:00 pm  
Young Adult Ministry 7:00 pm

**Wednesday Service**  
Intercessory Prayer 6:15 pm  
Bible Study 7:00 pm



**Dr. Robert E. Price, Sr. Senior Pastor**

**A Praying Church Family**  
"Watchmen on the Walls"

214-341-6459 (Phone) • 214-342-8403 (Fax)  
9550 Shepard Road  
Dallas, TX 75243

www.nmzb.org (Website) • newmzbc@aol.com (Email)

**the mark**  
pressing forward



**Charles S. Wattley Senior Pastor**

**SUNDAY**  
Education Ministries  
9:30 a.m.  
Worship Celebration  
10:45 a.m.

**WEDNESDAY**  
Family Ministries  
7:00 p.m.

**Friendly Fellowship**  
With a Family Focus!

**SAINT MARK MISSIONARY BAPTIST CHURCH**  
1305 Wilcox Street • McKinney, TX 75069 • 972-542-6175  
Visit us on the web at www.saintmarkbc.com