

North Dallas Gazette



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Revitalizing your small business on a budget

BY IVY N. CARTER, MBA
NDG SPECIAL CONTRIBUTOR

It is no secret that the economy is still in a recessionary phase, with no end in sight for small-business owners. They have felt the impact of the credit crunch from banks, but have survived because they have sought alternative methods

to stay productive and profitable. And they survive because they continually rethink how they see their business venture.

There are many affordable ways and new ideas to ensure small business success during any economic climate.

Rethink your employ-

ees. Small business owners often have a hard time letting go of employees regardless of their commitment level to the business. But with the economy being slow you cannot afford to hold onto employees who are counterproductive to the vision of your small business. Susan

M. Heathfield suggests that employee retention is one of the primary measures of the health of your organization. So it is important to shed employees not contributing to the effectiveness of your organization, rather than continuing to support their destructive

See BUSINESS, Page 11

SPOTLIGHT

Gadget Gift Guide 2009



See GUIDE, Page 9

Innovative Kappa Alpha Psi Federal Credit Union to hold 5th Annual shareholder's meeting

(NDG Wire) The 5th Annual Shareholders Meeting for the Kappa Alpha Psi Federal Credit Union (KAPFCU) will be held on Saturday, December 12, 2009 at the Intercontinental Hotel in Addison, Texas beginning at 10:00 a.m. The country's first

"virtual credit union" authorized by the National Credit Union Administration, will feature Michael Sorrell, President of Paul Quinn College as a guest speaker for this year's gathering. Todd Bristow, Director of Resource Development for Big Brothers Big

Sisters, the largest donor supported mentoring agency in the country, will also participate in this year's annual meeting.

Dwayne M. Murray, Esq. the National President of Kappa Alpha Psi Fraternity, Inc. announced a partnership with the National

Association of Bankruptcy Trustees (NABT) and several United States Bankruptcy Courts in early September with the goal of the partnership to actively promote CARE (Credit Abuse Resistance Education) program and create GLAD

See MEETING Page 5



Chris Brown to tell his side to 20/20 December 11

For more information see pg. 10 www.northdallasgazette.com

COMMENTARY

One year later: have things on the ground really changed that much?

BY REV. AL SHARPTON (NNPA) - It was regarded as one of the most historic days in our nation's history. Unprecedented numbers of young people and minorities hit polling stations and cast their ballots in a national election. After an intense, seemingly endless campaign cycle, the populous was engaged and actively participated in our political process in ways previ-

ously unheard of. And for the first time a majority - Whites included - attempted to rectify our tumultuous and troubling past by electing the first African-American President of the United States. A little over a year later however, I ask, have things on the ground really changed all that much?

The Labor Department

See GROUND, Page 3

Regulating the Internet could widen the digital divide

(NDG Wire) The Federal Communications Commission in Washington is now working on new rules and regulations governing the Internet which, ironically, may undermine President Obama's call for increased broadband access for everyone.

The Obama Administra-

tion wants to achieve 100 percent broadband access to everyone in the country. This is particularly important for people on the wrong side of the "digital divide." Greater access to high-speed Internet services will increase employment and economic development opportunities, allowing all Ameri-

cans to benefit from new technologies.

A good deal of progress has been made in expanding broadband to underserved areas, thanks largely to investment by private companies that have sunk billions of dollars into their wireline and wireless networks.

Much of that investment

has come about precisely because - until now - the Internet has generally remained free of government regulation. New services, competition and consumer choice have flourished without government regulators telling broadband providers

See INTERNET Page 11

INSIDE...

People In The News	2
Op-Ed	3
Health	4
Community News	5
Education	6
Spotlight	9
Arts & Entertainment	10
Business Service Directory	11
Career Opportunity	13
Church Happenings	14
Sister Tarpley	15
Church Directory	14, 15 & 16

People In The News...



Gigi Iam



Marlen Suyapa Bodden



Dionne Anglin

See Page 2

Gigi Lam

Gigi Lam is a woman on the move. You may have seen Gigi's face in top leading magazines, music videos, commercials, film, television and theater. Gigi has amassed an impressive list of accomplishments with a deep desire to give more.

Realizing her ability and passion to lead and entertain people, Gigi created the Gigi Lam brand. Gigi Lam is a multi-media executive, TV producer, TV personality and talk show host. She's the producer, writer and host of *The Gigi Lam*



Show airing regularly on Time Warner Cable. *The Gigi Lam Show* cur-

rently reaches more than 350,000 households which is equivalent to an audience of one million plus viewers. *The Gigi Lam Show* is broadcasting throughout Southern California and expanding rapidly, airing regularly on Time Warner Cable channel 24 and on channel 35 in Inglewood with plans to expand into the New York, Miami, Atlanta and

Chicago markets. *The Gigi Lam Show* is reaching tens of millions of viewers worldwide via the Internet.

The Gigi Lam Show is an empowering, transformational entertainment talk show series receiving rave reviews. *The Gigi Lam Show* reaches out to this generation and beyond with a universal message to empower through positive entertainment, television, film, music, dance, poetry, images and more by creating informative entertainment that empowers and inspires viewers. 'Edutainment'™ for today's generation!

During the early stages

of her career, Gigi was appointed program director by the East Elmhurst Community Organization to head the development of program for entertainment in New York, the youngest person to take on the responsibility of producing a quality program.

Empowering our youth: In conjunction with Just Lovin' Music Studios, Inc., (a non-profit organization) Gigi teaches music to children from grades 2nd through 5th in the Unified Inglewood School District. The children are learning music theory, music history and they are learning to play an instrument - the

'Recorder'. Gigi also serves as a Board Member with JLMS, Inc.

Gigi has volunteered with the Culver City public school system, teaching with the "Reading By 9" program, as well as volunteering with the Cedars-Sinai Medical Center for "Patient and Family Services" and the "Music for Healing" program.

Gigi also volunteers with Goodwill, modeling fashions for benefits and events that raise funding to employ job seekers.

You can learn more about Gigi by visiting her official website at www.GigiLam.com.

Marlen Suyapa Bodden

Marlen Suyapa Bodden is a lawyer in New York City. She has more than two decades' experience representing economically challenged people and low-wage and immigrant workers, many of whom are severely underpaid, if paid at all.

She drew on her knowledge of modern and historical slavery, human trafficking, and human rights abuses to write *The Wed-*

ding Gift, her first novel.

Based on an actual court case in 19th century Alabama, *The Wedding Gift* draws readers into the complex world of American slavery, providing an unflinching account of the tactics used to control women both slave and free.

Scheduled for release January 18, the novel shines a glaring light on the brutal world of slavery in the antebellum American South -

exploring how planters controlled slaves and free women, propelling them along a taut social tightrope as they struggled for freedom and autonomy in an oppressive world.

The sweeping historical novel twists and turns through the wealthy planter and merchant societies of Alabama, South Carolina, Louisiana and New York, culminating in the British West Indies, as it tells the

story of what happens when a wealthy plantation owner marries off his daughter and presents her with a wedding gift: a young slave woman, who just so happens to be his daughter, the product of a long-term sexual relationship with a slave. The controversial and shocking ending is sure to leave readers aghast.

When you visit Marlen's website www.marlenbodden.com you can learn of the extensive research regarding the slave trade in Sengal and Ala-



bama. She also features maps related to the time pe-

riod of her novel.

Also on Marlen's site is a blog featuring her comments on topics such as human trafficking, women's rights, illegal immigration, poverty and slavery.

Marlen is a graduate of New York University School of Law and Tufts Uni-

versity.

Dionne Anglin

(NDG Wire) Fox 4 news reporter and Fort Worth native Dionne Anglin recently celebrated covering and chasing breaking news stories for 20 years.

"I am thrilled about celebrating 20 years of working in a career that I absolutely love," said Dionne Anglin, news reporter for KDFW-TV. "In fact I'm hopelessly hooked on the news profession and can't picture myself doing anything else."

Anglin's passion for journalism was ignited while still a young girl growing up in the Stop Six community of Fort Worth, when Anglin and her two older sisters entertained themselves with countless hours of watching televi-

sion. By the time Anglin was in high school, she began to notice an articulate on-air personality who delivered the news with remarkable poise. Back then and still today, multi-award-winning news anchor Clarice Tinsley serves as motivation and a major inspiration for Anglin.

Transforming admiration into action, Anglin learned early on that success required planning and hard work. After dabbling in journalism and photography at Fort Worth's Trimble Tech High School, she went on to study Radio/Television/Film at the University of North Texas in Denton. It was there that the brutal honesty of her professors equipped her with the initial confidence needed to perse-



vere in an industry where quite often, there are many doors never opened.

"My professors always emphasized how difficult it would be to break into this industry, and how slim our chances were to be an on-air personality," said Anglin. "So I realized I needed to have some pretty tough skin and determination to be successful."

Success is definitely what she has achieved. After completing college

internships with two Dallas TV stations, Anglin became a professional journalist and news reporter with television stations in several markets, including Tallahassee, New Orleans, Sacramento, San Francisco and San Antonio. She's chased hurricanes and politicians and covered crime and corruption, including the first anniversary of the Oklahoma City bombing, Hurricane Andrew, New Orleans' world famous Mardi Gras celebration and the impeachment of California governor Gray Davis. Although it has all been thrilling, Anglin said her most enjoyment and excitement has come since returning home to the metroplex in 2005 to report news for FOX 4.

"Dallas/Fort Worth is where I feel most connected to the people and the com-

munity," said Anglin. "I consider it a huge privilege to be back home, where it all began."

Speaking of home, Anglin keeps hers running

See ANGLIN Page 16

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Chicken hawks: all talk and no action

BY A. PETER BAILEY

(NNPA) The shrillest chicken hawk supporters of United States military adventures in Iraq and Afghanistan repeatedly insist that the country's national security is at stake, that anyone who opposes these military adventures is literally putting everyone in the country in danger. Which, in my opinion, raises a very obvious question.

If the desk-bound warriors sincerely believe that the nation's national security is at stake, why aren't they or their children or other close relatives in the military where they can directly confront the enemy who they insist threatens the system from which they have reaped huge financial benefits? It would seem that the most productive way to support the troops fighting in the two wars is to join them in the trenches instead of blissfully preparing to celebrate upcoming holi-

days.

If all the chest-beaters and their viewers, listeners, and readers would do that there would be no need to continue sending the children of low-income Black, Latino and White families on 3-5 tours of duty in the combat zone. Because the chicken hawks talk the talk, but won't walk the walk, there is basically an unofficial draft in place that sends youngsters on repeated tours of combat duty, while their offspring are attending college, partying in Las Vegas or Florida or launching potentially lucrative careers.

The chicken hawks pontificate on television and radio programs and in newspapers and magazines about what "we" must do to stop the enemy. "We" must fight for total victory; "We" must be willing to fight however long to defend national security; "We" can't talk to terrorists; "We" must show AL Qaeda who's



A. Peter Bailey

boss; "We" must destroy the Taliban; "We" should not set any time table about leaving Afghanistan; "We" conducted a successful surge in Iraq; "We" don't take no stuff from nobody. Sometimes such trash-talking is accompanied by the chicken hawk slamming a fist on his desk or sternly pointing a finger at anyone who dares to challenge his flagrant hypocrisy.

Much more often than not, the most ferocious we-spouters are people who managed to avoid being drafted to fight in the Vietnam War, another military adventure they insisted involved concerns about na-

tional security. General William Westmoreland, former commander of U.S. forces in Vietnam, has been quoted as saying that "the military don't start wars. Politicians start wars." I would say that politicians and trash-talking radio and television talk show chicken hawks and their counterparts on newspaper op-ed pages start wars, wars in which they have absolutely no intention to fight or send their children and grandchildren to fight in.

Personally, I will believe that the national security of the U.S. is at stake when I see the chicken hawks or their children in the trenches in Iraq and Afghanistan.

Journalist/Lecturer A. Peter Bailey, a former associate editor of Ebony, is currently editor of Vital Issues: The Journal of African American Speeches. He can be reached at apeterb@verizon.net.

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GROUND, continued from Page 1

recently reported a loss of some 11,000 jobs in November, and rejoiced that the unemployment rate fell to 10 percent - down from 10.2 percent in October. President Obama himself just completed a half-day brainstorming session with more than 100 CEOs, business and union leaders, academics and more as he laid out plans for increased energy efficiency and weatherization that would in turn spurn more job creation. During this summit, the President highlighted possible new tax incentives and other mechanisms that could further slow down record high unemployment. But what gets lost sometimes in all the summits, discussions and stats on our dwindling labor situation is the continued dilemma of racial inequity.

Several days ago, the NY Times published an in-depth article on the continued difficulties among Blacks to gain employment - despite equal education and experience to their White counterparts. In addition to highlighting methods some qualified Black job seekers have implemented to 'mask' their ethnicity, this piece discussed the stark disparity in the job market. According to the NY Time's article, the unemployment rate for Black male college graduates 25 and older this year has been twice that of White male college graduates (8.4 percent to 4.4 percent). The piece further emphasized studies that indicated applicants with Black-sounding names received 50 percent fewer callbacks, and that White males received sub-

stantially more job leads for high-level supervisory positions than women and people of color.

We live in a unique and perplexing time in history. As the nation works to rectify its many wrongs against the disenfranchised, minorities continue to suffer discrimination in the most basic sectors of society. You would think that when we have reached such heights as the highest office in the land, that equality would permeate throughout housing, employment and the financial realms of our lives. Instead of a 'post-racial' environment however, race is just as dangerously utilized to promote inequality and the status quo as it has ever been used before.

There are those who have argued through the

years to eliminate affirmative action and in effect rid any semblance of opportunity to rectify acts of institutional racism. Their insistence on ending these vital programs that help to level the playing field for people of color gained renewed strength following the 2008 Presidential Election. But as the NY Times article so aptly portrayed, injustice in the workforce during such a dire economic time is astonishingly high and we cannot continue to shut our eyes toward reality. Affirmative action is a must. Though we may not blatantly be called the 'N word' to our faces in a job interview, the subliminal acts of discrimination have just as detrimental results as if we were. The facts just don't lie.

AARP report links African American women's hair styles, level of physical activity

Study offers recommendations for working out and maintaining hairdos

(NDG Wire) A new report released by the AARP finds many African American women, not being able to manage their hair style is a key barrier to exercise. The report suggests that brisk walking for 10 minutes at a time, for a total of 150 minutes a week, can keep Black women active and alleviate some of the hair issues that come with more vigorous workouts.

AARP held focus groups with African American women aged 45+ and African American hair stylists. Black women said they avoid physical activity that makes them perspire be-

cause it gets their hair wet, which ruins a hairdo and can present a large disruption to their daily schedules.

"African American women can take care of their bodies like they take care of their hair," said fitness guru and AARP fitness expert Donna Richardson Joyner. "You have to have balance ... your hair cannot be an excuse to keep you from working out."

Study participants reported it takes one to two hours to do their hair themselves at home each time they wash it. Additionally, participants reported scheduling their exercise around

hair appointments, which usually occur every two weeks. They said the cost of a salon visit makes going more often than every two weeks cost-prohibitive.

The AARP report found that walking is a form of physical activity that enables African American women to reap the benefits of being physically active without the hair problems that occur with vigorous exercise or certain types of moderate exercises such as cycling and swimming. Three 10-minute walks each day will accumulate almost 150 minutes of physical activity per week.

"Increasing physical activity is incredibly important to reducing risk of chronic disease," said AARP Senior Researcher Helen Brown, Ph.D., MPH. "Thirty minutes of activity a day, broken down into three 10-minute increments, is a key first step to helping African American women live healthier lifestyles."

According to the Journal of the National Medical Association, 77 percent of Black women are overweight and 49 percent are obese. Additionally, African Americans suffer higher rates of chronic illness related to obesity, such as di-



abetes, hypertension and heart disease, than the U.S. population overall.

Additional report recommendations include:

Use a "cool cloth." Cool cloths placed around the head also can help Black women keep their body temperature down while engaging in physical activity.

Using a pedometer. Pe-

dometers are inexpensive tools that can be attached to a hip pocket or a shoe to motivate people to move more throughout the day. Reaching small goals of 1,000 to 2,000 steps per day can eventually build to 10,000 steps per day.

Starting a walking program. A walking program can be undertaken with friends, family, neighbors or co-workers. Walking around the neighborhood or during lunch breaks with co-workers is a great way to get started. For tips on how to start a walking group, visit www.aarp.org/black-community.

Author of *Escape the Pace* holds the key to banishing Christmas stress and the 'holiday blues'

(NDG Wire) More than 80 percent of people suffer from the 'holiday blues' prior to Christmas and after, although they won't admit it. Find out how you can bypass Christmas stress and overwhelm and actually enjoy this holiday season.

More than 80 percent of people suffer the 'holiday blues' at some point or another during the Christmas season although they won't admit it.

The holidays is generally a time of increased activity, a few weeks when people are juggling work and numerous social obligations, decorating, shopping and wrapping, entertaining, traveling and trying to stick to a budget. This creates intensified physical and emotional stress and often leads to illnesses like colds and the flu, the 'holiday blues' or depression.'

"The holidays also bring about unrealistic conceptualizations of the ideal family, evoking feelings that may heighten the tension or



Lisa Rickwood BFA, CTACC, Artist, Speaker, Author, Coach

conflicts between family members" explains McGill University Health Centre psychologist, Dr. Michael Spevack. Loneliness, memories, difficult family situations, SAD (Seasonal Affective Disorder), the death of a loved one and money challenges may dampen even the happiest of people.

Lisa Rickwood, BFA, CPCC, owner of Escape the Pace company, has experienced the 'holiday blues' and witnessed friends and family feeling the strain of this time of year. She has discovered fun and simple

keys to combating the seasonal 'blues' and actually enjoying the holidays and post holidays.

"This time of year will stress you out if you let it. You need a realistic plan to cope," says Lisa Rickwood.

Here are a few keys to a sane holiday: set a budget for gift-giving, decorating, attending events and traveling. Say "No," more often; be honest. People will understand. If you have to be with people you don't get along with, create an exit strategy so you can leave gracefully. Keep gift-giving simple - buy green products, gift certificates, treat someone to a spa service, house-cleaning service, do a gift exchange to cut down on buying lots of gifts, etc. Take a mental health day - no errands, no Christmas duties... just engage in a hobby or be lazy and watch movies all day. Or, travel somewhere warm and sunny during the holidays.

"The key is to recharge your energy; we all react

unfavorably when we're tired, sick or stressed," Lisa says.

Lisa has just completed an extensive program that's geared to people suffering from: information overload, lack of time, clutter, stress and day to day challenges.

You can find out how to control stress and overwhelm by visiting: www.StressBusterProgram.com. This completely downloadable home-study program is fun, simple and practical. It's a great life-giving gift for that over-worked and overwhelmed special person in your life - you, or someone else.

Lisa Rickwood, BFA, CPCC, is a certified coach, speaker and author of: *Escape the Pace* and co-author of: *Power & Soul*. She has been a regular resource to *Woman's World* and other print and online publications. Visit: www.escapepace.com for your Free Stress-Busting Kit or www.StressBusterProgram.com

Massage Envy shares the joy at Facebook.com /MassageDFW

(NDG Wire) With the holidays just around the corner, DFW Massage Envy® clinics are getting into the spirit of the holidays through their promotion "Share the Joy".

Throughout the month of December, the DFW-based Massage Envy clinics will be accepting nominations for "Share the Joy". Nominees should be people who deserve a special treat this holiday season - a complimentary one-hour massage session. Nominations are accepted on Massage Envy's fan page at www.facebook.com/MassageDFW.

"Any Massage Envy DFW fan on Facebook can nominate someone special who deserves a relaxing massage during the holidays," said Lance O'Pry, Dallas/Fort Worth Regional Developer for Massage Envy. "During the holiday season it's important to tell those around us that we think they are important and de-

serving."

To nominate someone special, go to www.facebook.com/MassageDFW. Be sure your friend who you are nominating is also a fan, and post a message on the wall telling Massage Envy DFW why your nominee deserves a relaxing massage. If your entry is selected, Massage Envy DFW will notify you of how to receive the one-hour complimentary massage gift card.

If your nominee is not currently a Massage Envy DFW fan, just encourage them to become one before you nominate them for "Share the Joy".

"There's no better time than the holiday season to let someone special know how much they mean to you by nominating them for a free massage," O'Pry said. The offer is open to Massage Envy members and non-members.

Visit www.messageenvy.com to find the nearest Massage Envy clinic.

J. Apparel and Quiescence, Inc. sponsors *Navigation Runway* charity event with Texas Youth Commission

(NDG Wire) J.Apparel and Quiescence, Inc. will host *Navigation Runway*, a fashion show designed to promote self awareness in honor of displaced girls from the Texas Youth Commission (TYC), on December 19 at 4 p.m. at Nai Grill in Addison.

In an effort to rebuild, educate and inspire the girls of TYC; *Navigation Runway* will have guest speak-

ers that will address self worth, etiquette and hygiene. The community and local businesses have been asked to bring toiletries, gently used or new clothing to this event. *Navigation Runway* is unique in that each girl will be allowed to shop the racks of the donated items while receiving the information needed to be productive citizens.

"Most of the young

ladies are homeless, some with children and are living without the necessities that many of us take for granted," Jennifer Jones, CEO/Founder of J. Apparel stated. "We are asking for your help during this time of year, to help make someone else's season bright. We hope that with our passion, your help, and God's blessing, we can achieve our goal."

MEETING, continued from Page 1

(Greeks Learning to Avoid Debt) to educate local communities and college campuses on the importance of maintaining a debt free life.

"KAPFCU will join Kappa Alpha Psi Fraternity to promote the GLAD / CARE programs which deliver basic financial literacy and credit counseling to high school and college students. Under the leadership of Andre Early, the Fraternity's undergraduates implement GLAD throughout a select group of 100 campuses. The Alumni chapters under the supervision of Grand Board member Anthony Hill will promote CARE through Kappa League/Guide Right Programs, the national mentoring and community/public service initiatives.

Earlier this year, KAPFCU was awarded a \$500 *Making a Difference* grant from the Texas Credit Union Foundation (TCUF). The grant was used to provide financial literacy and credit counseling to youth in Plano and Richardson, Texas. KAPFCU is certified by the Department of Treasury as a community development financial institution (CDFI) and a NCUA designated low income credit union (LICU) based in Dallas, Texas. TCUF is a non-profit organization dedicated to progressive professional development of credit union staff and volunteers, financial education programs for

youth and adults, and creating valuable resources for Texas credit unions and the communities they serve.

The *Making a Difference* campaign promotes, celebrates and encourages financial education efforts among credit unions and their communities throughout Texas. "We know the credit union philosophy is what brings the 'credit union difference' to life. We also know that having financial knowledge and tools can make a difference for families, especially in these challenging financial times. We created the *Making a Difference* campaign to further strengthen financial education efforts by Texas credit unions," said TCUF Executive Director, Jill Pharr.

Big Brothers Big Sisters organization is the oldest, largest and most effective youth mentoring organization in the United States. It has been the leader in one-to-one youth service for more than a century through the development of positive relationships that have a direct and lasting impact on the lives of young people. Big Brothers Big Sisters mentors children from ages 6 through 18 in communities across the country.

"These types of economic justice and financial literacy initiatives make a perfect match for KAPFCU," states Victor F. Russell, KAPFCU Chairman

and President.

The credit union movement is stagnating with aging baby boomers. Recent, NCUA statistics indicate that the average age of credit union members is currently 55+. In contrast, the median membership age of KAPFCU is 18-24. Efforts to increase our field of membership to include historically Black colleges and Universities, use of internet technology and a national fraternal base are all reasons KAPFCU has been able to defy the trends and invigorate financial literacy and education with high school students and college youth.

A new holiday tradition for African Americans

(NDG Wire) Dallas-based publishing company NetNia Publishing releases 17 new Christmas letters with images of Black Santa Claus and his accompany elves. These colorful cultural holiday letters are available at BlackSantaMagicLetters.com.

"Christmas is a magical time of the year for African Americans. We believe that positive inspirational images of people of color, expressed around the traditional themes of Christmas, create a different kind of memory for children and adults. And -- who doesn't love getting a personal letter from Santa," said Jeffrey Bradley, president of BlackSantaMagicLetters.com.

Through the special Internet tool created by Bradley, anybody can visit BlackSantaMagicLetters.com, answer a few questions and instantly create and print a personal letter.

"My nieces live in Georgia and I wanted to do something for them that was a keepsake they would remember forever. I used BlackSantaMagicLetters.com to create the letters I wanted. Then I used the information on the website to have each personalized letter mailed from the North Pole

with an authentic postmark," said Psychiatrist Rennie Marshall.

Many have become increasingly passionate about the importance of holidays and how they can create memories that bind African American families together. "What we're doing with the Black Santa letters is an expression of our commitment

to families," according to Bradley.

BlackSantaMagicLetters.com features letter samples, articles, fun facts, animations, songs and tips. It is owned and managed by NetNia Publishing, Inc. (NetNia.com) located at 7311 Caillet Street, Dallas, Texas 75209. Visit www.netnia.com for more information.



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UNCF receives \$25,000 grant from Greyhound bus lines to create scholarship program

(NDG Wire) Greyhound Negro College Fund the creation of the Greyhound Scholarship Program, Lines, Inc., and the United (UNCF) recently announced



Pictured left to right, Mike Fleischauer, Greyhound Northeast Regional vice president, André Mitchell, Greyhound Southeast Regional vice president, Myron Watkins Greyhound Sr. VP Operations, Diane Stephenson- UNCF Area Director, Fred Schmitt, Greyhound Southwest Regional vice president. Photography credit Grace Photography.

designed to reduce financial barriers and help increase access to higher education for low-income college students.

Funds raised through a workplace campaign among Greyhound employees will be matched by the company. Greyhound (a division of First Group) will donate \$25,000 to UNCF. Starting next semester, scholarships valued up to \$2,500 will be awarded to qualifying students for the 2009-2010 academic year.

"This UNCF-Greyhound partnership will be good for the scholarship recipients and good for the Dallas community," said UNCF's Area Development Director Diane Stephenson. "Greyhound's investment will help students get the college education they need to compete in the 21st century job market

and will help produce the college-educated workforce that is vital to the Dallas area and to the national economy. We salute Greyhound and its employees for their generosity."

UNCF's mission is to serve youth, the community and the nation by supporting students' education and development through scholarships and other programs; strengthening its member colleges and universities; and advocating for the importance of education.

Since its founding, UNCF assistance has enabled more than 350,000 students to graduate from its member colleges and universities.

"Greyhound has always been about moving forward and improving, and we are confident that this scholarship program will help a

number of students achieve their educational goals," said Myron Watkins, vice president, operations, Greyhound. "We are proud to support such a worthwhile organization that helps to make a difference for tomorrow's leaders."

Eligible students must have a cumulative GPA of 3.0 or higher, be enrolled full-time at a UNCF or other accredited 4 year college or university, have a financial need and submit an essay on how alternative fuel will impact the transportation industry.

For more information visit: www.uncf.org or contact David Ray, UNCF Program Services at 703-205-3562. To support UNCF scholarships or other programs, please contact UNCF at (972) 234-1007.

Fixing Special Education: 12 Steps to Transform a Broken System

BY MIRIAM K. FREEDMAN, M.A., J.D.

How can we make special education work for students with disabilities and for everyone else? This is the question that attorney Miriam K. Freedman answers in her timely and provocative new book, *Fixing Special Education: 12 Steps to Transform a Broken System* (Park Place Publications/School Law Pro; November 2009; \$25).

In 1975, Congress enacted landmark legislation to end the exclusion of children with severe mental, physical and other handicaps. Since then, the law has expanded to include many new categories of disability. Some six million children currently receive special education services under the Individuals with Disabilities in Education Act, or IDEA.

With this expansion, special education law has

grown more complex and its bureaucratic requirements have become increasingly burdensome for schools and parents. The cost of compliance overwhelms school budgets. Parents and educators are pitted against each other by the law's adversarial enforcement procedures. Are our children's best interests being served?

While celebrating the achievement of the IDEA, *Fixing Special Education* also tackles difficult questions and current challenges, citing examples that are familiar to anyone with experience in America's public schools.

Fixing Special Education focuses on the application of the IDEA to less severely disabled students and addresses the need for "climate change" in public education. This little flipbook sets out key issues and a concrete and practical ac-

tion plan consisting of 12 proposals to fix the dysfunctional system of special education in America's public schools.

Freedman's analysis is balanced by her faith that the good intentions behind the law can and will result in systemic transformation.

Philip K. Howard, author of *Death of Common Sense*, calls *Fixing Special Education* "a must-read for anyone interested in improving special education and restoring balance to school decision making." And former Massachusetts commissioner of education David Driscoll says Freedman has "boiled special education down to what it should look like, in an easily readable format."

Fixing Special Education is a wake-up call for anyone who cares about making public education "special" for all students.

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IT ALL BEGINS HERE.

McKinney Housing Authority offers an Adopt-A-Community Opportunity

(NDG Wire) Throughout the holiday season, McKinney Housing Authority has partnered with the community to provide Christmas to those who otherwise might go without. Often times, it's the simple things that one takes for granted – toiletries, soaps, shampoo, toothbrushes, toothpaste and even a good cozy bed with fresh bedding. New, unwrapped toys are also certainly wel-

comed!

In addition to the traditional toy that causes a child's eyes to beam, McKinney Housing Authority offers you an opportunity to participate this holiday season by adopting one of four apartment communities, adopting a group of families or even one family. For those who don't know what to provide, general donations are also welcome. Donations will be accepted

through Thursday, December 17.

'We appreciate the many ways that the community of McKinney continues to bless our families,' says Executive Director Beth Bentley.

To participate in this opportunity, please contact McKinney Housing Authority Resident Services Coordinator, Contessa Corkern, at 972.542.5641, ext. 15 or ccorkern@mckinneyha.org.

Successful Cease the Grease event

(NDG Wire) Carrollton's Environmental Services and Public Works departments came together after Thanksgiving for their annual Cease the Grease event. In an effort to cut down on the amount of grease that is improperly disposed of, the event encouraged people to collect their holiday cooking grease and oil for free, proper disposal. The event was held on Monday, November 30 and Tuesday, December 1 at the City's Central Service Center.

Cease the Grease was sponsored by Griffin Industries. Monday showed a collection of 92.5 gallons, with 112.5 collected on Tuesday, creating a total of 205 gallons of oil and grease. Because of the proper disposal of this grease, it will stay out of the sewer system and away from causing damage to sewage and drain pipes and the environment.

City of Carrollton Water Utilities asks that citizens choose to never pour grease down sink drains or into toi-

lets; always scrape grease and food scraps from plates, pots, pans, utensils and grills into a can or the trash for disposal; and do not put grease down the garbage disposal. Put baskets/strainers in the sink drains to catch solids and empty them into the trash. If everyone takes preventative measures there will be less plumbing issues in homes and no sewage overflows into parks, yards or streets. For more information, contact Water Utilities at 972-466-3425.

Four Seasons Market announces vendors for December 12 Market

(NDG Wire) The Four Seasons Market at Firewheel Town Center is expecting more than 40 vendors for its market on Saturday, December 12 at the Firewheel Town Center in Garland.

The market, which runs from 9 a.m. to 2 p.m. every Saturday, replicates a European-style market where customers can not only meet local farmers, artisanal food producers and craftsmen, but sample and purchase their products in a colorful, family-friendly venue.

Food vendors who plan on attending Saturday include:

Calais Winery, Brisket Heaven, Custom Café Foods, Miss Ellie's Gour-

met, Chapman's Chili Kitchen, Florine Bowman, Kitchen Pride Mushrooms, Sloans Creek Farm, Nana's Bananas, Texas Olive Ranch, Texas Honeybee Guild, The Tamale Company, Rosey Ridge Farms, Sharla's Sweets, Ain't No Mo Butter Cakes, Stephanie's Premium Bakery, The Bee Charmer, Magnolia Seafood, Miller Pecans, Round Rock Honey, Zita's Cookies, Truth Hill Farms, JuHa Ranch, Dread Head Chef, The Joy Farm, Sasche Farms, Lucido's Pasta, Nature's Best Market and Robert's Relish Barn,

Other vendors include Biscuit Head Baking Company, Waggin Tail Treats, Beaded Image, Beaded Creations, Bella Rose Jewelry

Designs, Bev Sue Shoe Doos, Confections for Connections, Green Baby Diaper Service, Purple Lavender Ranch, Essentially Naked and StellaJade Designs.

In case of inclement weather, the market will be held indoors at the south end of the Park in Firewheel Town Center near the children's playground.

Firewheel will also be hosting Camp Gingerbread benefiting Shared Housing on Saturday.

Beginning at noon, families can decorate holiday cookies in front of the fountain in the Park.

For more information visit www.fourseasonsmarkets.com.

Local sorority breaks ground on first of multiple family gardens planned for Collin County

(NDG Wire) On a chilly November morning, members of the Plano-based Chi Zeta Omega Chapter of Alpha Kappa Alpha Sorority, Inc., broke ground on the first of several planned community and family gardens.

The dedication ceremony for the Chi Zeta Omega Malvern Elementary School Community Garden kicked off a two-year commitment the chapter is making to the school to help area children play a role in making our planet greener while feeling needy families.

Soil enrichment is planned for mid-December, followed by a series of workshops for the students and volunteers. In the spring, the group will plant items voted upon by the students, followed by harvesting in the fall. All items will be either donated to families in the neighborhood or given to students to sell as a fundraiser.

"After nourishing the land, planting, maintaining, harvesting and repeating the cycle for a year," we will move to our next family or school," said Murphy resident Felicia Layeni, chapter president. "Working with each family for two years gives our families the support and training they need in the development stages and the confidence to continue on with the garden as sole owners. Our goal is six gardens in the next 10 years."

The next garden is scheduled for a Habitat for Humanity family that lives in Plano. Layeni said the project is the chapter's way of answering the call put to its 200,000-plus members by the International Presi-



dent, Barbara A. McKenzie, who asked members to lead green efforts to protect and replenish the earth.

"We already participate in the annual Live Green program and have a Green Officer, who monitors our footprint. Going forward, however, we are



helping others take part of the effort as well."

Layeni said another benefit of the gardens is that it provides healthy nourishment to needy families who otherwise would not be able to afford organic fruits and vegetables.

"Actually, the benefits are almost limitless," she said. Studies have shown that community gardeners and their children eat healthier diets than do non-gardening families. Gardens filter rainwater, helping to keep lakes, rivers, and groundwater clean. They also restore oxygen to the air and help to reduce air pollution.

Gardens recycle huge volumes of tree trimmings, leaves, grass clip-

pings, and other organic wastes back into the soil. Community gardens also provide much needed green space in lower-income neighborhoods which typically have access to less green space than do other parts of the community.

Alpha Kappa Alpha Sorority, Incorporated is America's first Greek-letter organization founded by African American college women at Howard University in 1908. The sorority cultivates and encourages high scholastic

and ethical standards; promotes unity and friendship among college women; alleviates problems concerning girls and women; maintains a progressive interest in college life and serves mankind through a nucleus of more than 170,000 women in the United States, Caribbean, Europe and Africa.

The Chi Zeta Omega Chapter of Alpha Kappa Alpha Sorority, Incorporated was established in Plano, Texas in 2002 and currently has more than 100 members. Its signature event, The Pink Ice Debutante Ball, features the oldest and most celebrated Cotillion sponsored by a Pan-Hellenic organization in Collin County.

Ongoing

African American Republican Club of Collin County meets 3rd Tuesday of every month at 7 pm. (Doors open at 6:30 pm.) Collin County Republican Party HQ, 8416 Stacy Rd., McKinney. Call Linda Wynn Drain, 214-498-7574 or website www.aarcc.com

Collin County Black Chamber of Commerce, CCBCC General Meetings, 2nd Thursday of every month at 6:30pm. Call 469-424-1020 or email: info@CCBlackChamber.org for location.

DFW Financially Empowered Women meet monthly for lunch or dinner and a fun, informative seminar on various financial topics. Info: 469-942-0809 or meeetup.com/378.

Group Business Seminars at 4907 Spring Avenue, Dallas, (214) 11:30 a.m. 12:30 p.m.; 3rdFriday of the month 11:30 a.m. to 12:30 p.m. for those interested in starting your own business, it is a Brown Bag Lunch with Free Parking

No Limit Network Business Networking Lunch 1st Thursday at 1 pm in Plano Must RSVP at www.TheNoLimitNetwork.com or 972-898-5882.

The National Business Women Enterprise Network (NBWEN) Learning Over Lunch Series: 4th Saturdays, 11am-1pm, Remarkable Affairs Cafe, 2727 LBJ Fwy., Suite 140, Dallas. \$20 for members; \$35 for non-members, \$5 off for early bird registration. <http://nbwen.org.ning.com>.

North Dallas Texas Democratic Women Regular Meetings 4th Thursday, 6:45 p.m. Northaven United Methodist Church, 11211 Preston Rd (between Forest & Royal Lanes).

Through December 31
Dinosaurs in December at Museum of Nature & Science, Dallas 10 a.m. - 5 p.m., Admission \$6.00-\$9.50; Info: 214-428-5555, www.natureandscience.org

Through Jan. 3
Deck the Halls at Dallas' Old Red Museum at 100 S. Houston St., 214-745-1100 or oldred.org.

ICE! and Lone Star Christmas in Grapevine The thrilling, chilling, one-of-a-kind holiday attraction ICE! returns to Gaylord Texan Resort for the 2009 Christmas season featuring the Dr. Seuss classic, How The Grinch Stole Christmas! This year, ICE! tells the story of The Grinch by recreating cherished scenes from the book in intricately carved, larger-than-life, interactive ice sculptures set in a walk-through world of ice. Some of the sculptures weigh in at more than two tons each. ICE! Returning to the Dallas/Ft. Worth area for its sixth season, and includes a 50-foot rotating Christmas tree, magical train sets, a life-sized gingerbread house, and 1.5 million twinkling lights. For more information visit www.gaylordtexan.com.

December 10 - 30
Radio City Christmas Spectacular at the Dallas Center for the Performing Arts starring the world famous Radio City Rockettes. This is an unparalleled show featuring the Rockettes signature eye high kicks, and precision choreography in multiple show stopping numbers including; the legendary *Parade of the Wooden Soldiers* and *New York at Christmas*, a dynamic holiday celebration. Bring your entire family! Audiences of all ages will delight in this multifaceted spectacular including Santa flying high above the crowd, childhood dreams coming true in the

Nutcracker and touched as the true meaning of Christmas is brought to life with the awe-inspiring Living Nativity - the beautiful story of the first Christmas. For more information please visit www.nokiatheatreDFW.com

December 10
4th Annual Women in Support of Enterprise (WISE) Holiday Luncheon, Fashion Show and Gift - Admission is \$25 - \$30. Info: Angela Mayer 972-727-5585, RSVP@allenchamber.com or www.allenchamber.com.

22nd Annual Leadership Garland Prayer Breakfast 7:30 a.m. - 9:00 a.m. The Atrium at the Granville Arts Center 300 N. Fifth St., Garland RSVP to Jami Manners at 469-326-7477, jami.manners@garlandchamber.com or www.garlandchamber.com.

Plano Mayor and City Council will meet with District 2 residents in a **Plano Neighborhood Roundtable** discussion. The two-hour meeting begins at 7 p.m. at the Tom Muehlenbeck Recreation Center, 5801 W. Parker Road.

December 11-13
Turtle Creek Chorale Presents *A Very Special Holiday Special!* Tickets range from \$23-68 can be purchased at 214-526-3214 or www.turtlecreek.org.

December 12
The Élan Circle of the Dallas Symphony Orchestra League hosting the **21st Annual "Deck the Hall - A Celebration of Music for Children"** concert featuring a performance by Emmy Award-winning music guests, The Biscuit Brothers at the Morton H. Meyerson Symphony Center. Ticket prices range from \$15 to \$45 and can be purchased starting November 2, 2009 at www.deckthehall.org or by

calling 214-208-8297.

17th Annual Christmas/Kwanza Concert at Naomi Bruton Main Stage in Dallas at 8 p.m. Admission \$10; Info: 214-939-2700

Deck the Hall Holiday Children Concert, at Morton H. Meyerson Symphony Center in Dallas 9a.m. Tickets \$10- \$45 Info 214-870- 8713

December 13- May 31
23 Carroll Harris Simms Black Art Competition and Exhibition, at African American Museum in Dallas, Admission is free Info: 214-565-9026

December 13-14
KwanzaaFest is a family cultural celebration at Fair Park's Automobile Building, 1010 First Ave. johnwileyprice.com

December 13
The 2009 MetroPCS Dallas White Rock Marathon Presented by NexBank race is set for 8:00 a.m. Online registration for 2009 is open. After a sell-out last year, we have increased the registration limit to 20,000 runners. The course begins and ends in Victory Park at the American Airlines Center near downtown Dallas and runs to and around scenic White Rock Lake, with so much course entertainment that you might forget you're running a marathon! www.runtherock.com

December 18
Alpha Phi Alpha **Cold and Classy Affair**, at African American Museum in Dallas 8 p.m. Tickets \$40 per person and are tax deductible. Proceeds benefit the Alpha Merit Scholarship Fund. Ticket Info 469-487-6864

December 19-20
The Hit Stage Play *Suspicion, Lies and Sweet Potato Pies* at Majestic Theatre in Dallas 6:00 p.m. Ticket Info

www.tdballardproductions.com or 214-514-7225

December 19
Big Screen on the Green Presents a **Christmas Story at Watters Creek** at 970 Garden Park in Allen at 6:30 p.m. Admission is free; info: 972-747-8000

J.Apparel and Quiescence, Inc. will host **Navigation Runway** to benefit youth from Texas Youth Commission at 4 p.m. at Nai Grill in Addison.

December 27
The Third Annual UNSILENT Night Music Festival at Dr. Pepper Arena Center in Frisco 1 p.m. - 11 p.m. Admission \$27.50 online \$33.00 day of show; Info www.thirdstringproduction.com

The Third Annual UNSILENT Night Music Festival at Dr. Pepper Arena Center in Frisco 1 p.m. - 11 p.m. Admission \$27.50 online/33.00 day of show; Info <http://www.thirdstringproduction.com>

December 31 - January 3
Lone Star Circus® presents **BANQUISTA!** at the Rosewood Center for Family Arts, 5938 Skillman St., Dallas. Tickets 214/740-0051, or www.lonestarcircus.org.

January 1, 2010
The Comerica Bank New Year's Parade on January 1, 2010 at 2:30 p.m., will help celebrate Downtown Dallas' revitalization while welcoming thousands for the annual AT&T Cotton Bowl Classic. The family-friendly event begins in Downtown Dallas (Ross Ave. from Harwood to Lamar, to Houston, ending at All-Star Way next to the American Airlines Center). www.comericabankparade.com

January 2, 2010
74th AT&T Cotton Bowl

Classic will be played at Cowboys Stadium in Arlington kickoff is set for 2:00 p.m. Tickets are on sale at www.attcottonbowl.com or by calling Amy or Kelly at 888-792-BOWL or 214-638-BOWL.

January 15 - February 7, 2010

Southwestern Exposition and Stock Show & Rodeo This popular event attracts nearly one million people from around the world to the Will Rogers Memorial Center for the nation's oldest livestock show and daily performances of the world's original indoor rodeo. A wide array of activities and events will entertain Stock Show guests. The carnival midway thrills the young and not so young while fashions, home furnishings as well as farm and ranch equipment will be offered by more than 200 exhibitors. Food for every taste - including a new destination restaurant called Diego's Cantina - will be found over the entire Will Rogers Complex. Of course the Stock Show is about "stock" and visitors will have the opportunity to see the best cattle, horses, sheep and many other species on display at one of the best livestock events the nation has to offer. The Fort Worth Stock Show & Rodeo - this thing is legendary!!! For times and ticket information, please visit www.fwssr.com

January 23, 2010
The Fifth Dimension will perform at 8:15 p.m. at the Eisemann Center - 2351 Performance Drive, Richardson. The reserved seating tickets \$14- \$80; Special rates for groups of ten or more; Add \$2 at the door. More info: call the Plano Symphony Orchestra at 972-473-7262 or visit www.PlanoSymphony.org to order tickets.

February 26, 2010
UNCF 2010 Annual Meeting Luncheon at the Hilton Anatole Hotel

Sponsored By:



Proud To Be An Active Partner In The Community

Gadget Gift Guide

2009

(Family Features)

Not sure what to get the gadget-lover in your life? This quick gadget guide will give you the scoop on what to look for so you can spread some holiday cheer.



Illustration by Tom McFarland

Something for Everyone on Your List

Gadget Grands

More and more grandparents are joining the digital age. Help them get on line and stay in touch with family by setting up a free family Web site at myfamily.com or familylobby.com. Give them the latest family photos on a digital photo frame, or help them talk to all the grandkids with free video calls through Skype. (If their computer doesn't have a built-in Web cam, you can get one for around \$50.)

Mobile Mom

Upgrade mom's cell phone to a smart phone to help her manage family life with ease. If a smart phone isn't in the budget, but she still needs a way to connect while on the move, look into a personal mobile email device, such as a Peek Pronto, that lets her text and send emails from anywhere.

Digital Dad

Forget socks and ties. Get him something that will help him stay in touch while at work, on the road, at the ball



Photo courtesy of Fotolia

field or at home — a zBoost cell phone signal booster will let him get calls, texts, emails and pictures no matter where he is.

Road Warrior

Know someone who's on the road all the time? Make their drive easier with a GPS, more pleasant with a satellite radio subscription or safer with hands-free phone accessories.

Gadget Chick

According to the recent "Women & Digital Life" study conducted by the Solutions Research Group, when women were asked if technology was a "guy thing" — an overwhelming 77 percent replied that it was not! Get your gadget girl a netbook, pocket camcorder or an e-book reader to keep her geared up and on the go.



Photo courtesy of Sony

E-book Reader

What it is: A small, portable device that lets you download entire books, newspapers and magazines in digital format. Made to mimic ink and paper publications, you can read with ease any time, anywhere. You'll find a range of prices and services with Sony Reader, Amazon Kindle, Cool-er, iRex iLiad and Bookeen Cybook.

What to look for: Long battery life and an easy to read screen. The reader should be easy to carry and must be readable even in bright sunlight. Note that some e-readers must download materials by being connected to a computer, while others can do it wirelessly. Think about loading a few of the recipient's must-read books onto the reader as an added surprise.

Who to buy it for: Travelers, gadget-lovers, busy book lovers.

Cell Phone Signal Booster

What it is: A small electronic device that reduces dropped calls and improves cell phone signal by capturing the stronger signal from the outside and amplifying the signal indoors. According to the zBoost "State of the Cell Signal" survey, 70 percent of cell phone owners experience problems with cell phone service, including dropped calls, poor signal reception or dead zones in their homes. A signal booster, like zBoost, can make those problems a thing of the past, as well as increase signal and speed of aircards, EDGE and 3G technology.



Photo courtesy of zBoost

What to look for: Make sure the signal booster meets the needs of the intended user. Think about:

- How much mobility will they need — will they be working at their desk or within a larger area?
- How many phones or devices need signal boosting, one or several?
- Where does the reception need to be improved, indoors or in a vehicle? The zBoost-ONE PCS, for example, is the industry's first one piece cell phone signal booster. It works with PCS carriers like Sprint or Metro PCS. Place the unit in the window, plug it

in and enjoy all of the voice and data functionality on a PCS phone up to 1200 square feet.

- For more cell phone signal booster options, visit www.wi-ex.com.

Who to buy it for: Road warriors, home office workers, rural or urban dwellers.

Bluetooth Headset

What it is: A wireless headset that lets you talk on the phone hands-free. You can find headsets from \$20 and up.

What to look for:

- Make sure the headset runs the same version of Bluetooth that the user's phone does.
- If they wear glasses, look at in-ear headsets rather than those that go over the ears — glasses and a headset can get cumbersome.
- For extra clarity, consider a headset with a boom microphone — one that extends from the headset toward the mouth.
- Headsets with good noise cancellation can make conversing in busy, noisy areas a lot easier.

Who to buy it for: Phone fanatics, road warriors.



Photo courtesy of Fotolia

Pocket Camcorder

What it is: A pocket-sized digital video recorder that can go anywhere, making it easy to record events and special moments. Video is usually very easy to download to computers and the Web. Camcorders such as Flip from Pure Digital, Kodak's Zx1 and Creative's Vado are affordable options.

What to look for:

- Resolution — Digital camcorders come in standard definition and high definition (HD). Standard definition offers video quality fine for viewing on a computer or a non-HD TV, and will usually cost less than HD. High definition produces wide-screen video suitable for viewing on an HD TV.
- Think about how the recipient will be using it and then consider options such as image stabilization, audio recording and photo features, which let it be used like a digital camera.

Who to buy it for: Proud parents, college students, travelers.



Photo courtesy of Flip Viceo

Eisemann Center's Family Theatre Series Presents *A Year With Frog and Toad*

(NDG Wire) Hopping from the page to the stage is *A Year With Frog and Toad*. The Family Theatre Series, sponsored by Friends of the Richardson Library, will present the Tony nominated play on Sunday, January 17, 2010.

A hit on Broadway, Robert and Willie Reale's musical *A Year With Frog and Toad* was nominated for 3 Tony Awards, including Best Musical. Now, for the first time, an all-new production will tour across North America.

Arnold Lobel's beloved characters were developed for stage by his daughter, Adrienne. The stage musi-

cal remains true to the spirit of the original stories as it follows two great friends, the cheerful and popular Frog and the rather grumpy Toad through four fun-filled seasons.

Waking from hibernation in the spring, they proceed to plant gardens, swim, rake leaves and go sledding, learning life lessons along the way, including a most important one about friendship and rejoicing in the attributes that make each of us different and special.

Adrienne Lobel designs scenery for theatre, opera, and dance. Broadway productions include *A Year*

with Frog and Toad, On the Town (1998, directed by George Wolfe), *The Diary of Anne Frank* (1997, directed by James Lapine) and *Passion*. National and international opera credits include *Lady in the Dark* at The Royal National Theatre, London, *Platée* at Covent Garden and many productions directed by Peter Sellars.

Lobel has designed for ACT, The Acting Company, The American Repertory Theater, Arena Stage (Associate Artist) The Astor Place Theatre, The Goodman Theater, The Guthrie Theater, The Hartford Stage Company, The La Jolla

Playhouse, Manhattan Theater Club, The Mitzi Newhouse Theater at Lincoln Center, The New York Shakespeare Festival, New York Stage and Film, The Oxford Playhouse, Playwright's Horizons, The Roundabout, The Second Stage Company, The South Coast Repertory, The Tricycle Theater — London and The Yale Repertory Theater.

Arnold Lobel — During his distinguished career Arnold Lobel wrote and/or illustrated over 70 books for children.

To his illustrating credit, he had a Caldecott Medal book — *Fables* (1981) — and two Caldecott Honor

Books — his own *Frog and Toad are Friends* (1971) and *Hildilid's Night* by Cheli Duran Ryan (1972).

To his writing credit, he had a Newbery Honor Book — *Frog and Toad Together* (1973).

But to his greatest credit, he had a following of literally millions of young children with whom he shared the warmth and humor of his unpretentious vision of life.

A Year With Frog and Toad will show January 17 at 2:30 p.m. in the Hill Performance Hall of the Eisemann Center.

Family Theatre Series tickets range from \$10-\$20

and are available online at www.eisemanncenter.com or by calling the Eisemann Center Ticket Office at 972-744-4650.

The Ticket Office is open from 10:00 am until 6:00 pm Monday – Saturday and one hour before performances. Group discounts for 10 or more are available by calling 972-744-4657.

Family Theatre Series season sponsors include title sponsor Friends of the Richardson Library, Target and media sponsors The *Dallas Morning News*, *North Texas Kids* and WFAA-TV.

Chris Brown to tell his side to 20/20

(NNPA) - ABC says Chris Brown will appear on its 20/20 newsmagazine Dec. 11. In what's billed as an in-depth interview, the singer will discuss his assault of ex-girlfriend and recording superstar Rihanna that happened last February. He is on probation for the beating.

Robin Roberts, anchor

of ABC's *Good Morning America*, conducts the interview. It was taped last weekend.

ABC spokesman Jeffrey Schneider says clips may also air on *Good Morning America*. He says Brown will not perform live.

Brown is scheduled to release his album *Graffiti* on Dec. 8. He has previ-

ously spoken about the attack on *MTV News* and *Larry King Live*.

Rihanna was interviewed this month by ABC's Diane Sawyer. She says she has ended the relationship.

Information from Eureweb.com contributed to this report.

Serena fined largest amount in USTA history

(NNPA) - Tennis champion Serena Williams was fined a record \$82,500 for her U.S. Open outburst against a lineswoman and could be suspended from the annual New York event if she has another "major offense" at any Grand Slam in the next two years.



The ruling from Grand Slam administrator Bill Babcock said Williams faces a "probationary period" at tennis' four major championships in 2010 and 2011. If she has another "major offense" at a Grand Slam tournament in

that time, the fine would increase to \$175,000 and she would be barred from the following U.S. Open.

"But if she does not have another offense in the next two years, the suspension is lifted," Babcock told the Associated Press.

He said Williams must pay \$82,500 right now, already nearly double the previous highest fine for a Grand Slam offense — about \$48,000 Jeff Tarango was docked in the 1990s.

Williams cursed out a lineswoman after a foot-fault call at the end of her semifinal loss to eventual

champion Kim Clijsters at the U.S. Open in September. The outburst drew a \$10,000 fine from the U.S. Tennis Association in September — the maximum onsite penalty a tennis player can face. But because it happened at a Grand Slam tournament, Babcock was charged with investigating whether further punishment was merited.

He concluded that Williams violated the "major offense" rule for "aggravated behavior." The Grand Slam committee — with one representative from each of the sport's four major championships — approved his decision.

Sportscaster and TV host, Bryant Gumbel reveals he had lung cancer

BY TERRELL MENDENHALL
NDG CONTRIBUTOR

Sportscaster and TV host Bryant Gumbel made a shocking announcement as he appeared as guest host on Tuesday morning *Live! With Regis & Kelley*. Filling in for Regis Philbin who recently went under hip surgery. The 61 year-old cigar smoker revealed he had lung cancer after talking with co-host Kelley Ripa about his inability of not being able to dance. "I can't was his words, my doctor says no," Gumbel under went surgery about two months ago to remove a malignant tumor on his lungs.

The former *Today*



show host described to viewers about his surgery and how the procedure worked, "They opened up my chest and begin taking out the malignant tumor which was part of my lung, after the procedure the pathology on most of my aggressive cells had escaped and the other half

of my lung would continue to need treatment." Gumbel decided that he would keep his cancer treatments between him and his family without letting it draw any media attention. "We had told a few people, we told my family of course, I really didn't want to worry anyone," Gumbel said.

He also added he will see his surgeon next week and is very optimistic that things will go well. Gumbel hopes to soon return back to the sport in which he enjoys and that is golf. In addition to his work, Gumbel plans to continue his work in sports broadcasting.



According to the American Cancer Society, lung cancer is the leading cause of cancer deaths for both men and women in the United States. The Lung Cancer Research Foundation is continuing to raise awareness for the disease by networking with organizations that can develop and enhance new scientific treatments to increase the chance of survival.

Reach thousands with new online Black business directory

RegalMag.com launches unique online directory committed to serving the Black community

(NDG Wire) *RegalMag.com/Classifieds*, the preeminent online magazine for African Americans, seeks to turn the online community into the new virtual Black community of the 21st century.

"In many Black communities throughout this country, even if someone wanted to patronize a Black-owned business, it would be difficult

to locate them," said Todd A. Smith. "However, *RegalMag.com/Classifieds* will build bridges between Black consumers, Black-owned businesses, and Black entrepreneurs."

Not only does *RegalMag.com/Classifieds* allow users to search for Black-owned business, such as barbers, beauticians, churches, lawyers and doctors, it also

allows users to search for job openings that are aimed at Black applicants.

"Despite the current recession," Smith says, "jobs will soon become available again in great numbers, and companies looking to hire from within the Black community will have the perfect platform to find these job seekers through *RegalMag.com/Classifieds*."

RegalMag.com/Classifieds can help small businesses, associations and non-profits connect with their customers and provides them with an easy, effective and affordable way to reach thousands. For only \$25 using Pay Pal, business owners can post a 90-day ad by simply creating an account and inputting business contact information and a description

of their services.

Regalmag.com/Classifieds is a product of *RegalMag.com*, an online magazine catering to African American men launched by Smith in November 2006. The magazine has a readership of 65% male and 35% female, making it ideal for businesses that want to reach Black women as well. The magazine attracts about

20,000 monthly visitors with over 50,000 visiting *RegalMag.com/Classifieds* since its launch.

RegalMag.com features national content and tackles such prevalent issues as relationships, sports, fashion, health, finances, as well as political and social issues affecting Black men.

Senator Royce West, Frito-Lay and City of Dallas among winners announced at the annual E Awards Gala

(NDG Wire) The Dallas/Fort Worth Minority Supplier Development Council (DFW MSDC) announced the winners of its 2009 E Award competition honoring excellence in minority business inclusion and advocacy.

Frito-Lay was named 2009 Corporation of the Year for their commitment and results in the utilization of minority owned business suppliers. The City of Dallas won the Public Sector Entity of the Year award and Austin Industries was recognized as the Construction Company of the Year.

Senator Royce West was honored at the event with a

Chairman's Award for his work with State Agencies and Spot Bid events at The Council's Business Expo the past two years. The Spot Bids have resulted in over \$600,000 in business being awarded to minority owned suppliers in North Texas.

"All of us should be focused on 'connecting' with each other so we are in the best position to gain during the economic recovery and continue to manage our risk," says Dennis Miller, Chair of DFW MSDC and JCPenney Signature Sponsor. "Our theme for the gala - 'Connected Through Excellence' - recognized those entities that

continue to adjust their execution for excellence."

Top minority businesses were also recognized at the event. Dispelling the belief that minority businesses are small, the event recognized 10 Mega Deals inked between North Texas minority owned businesses and corporations. Each of these deals represented over \$25 million in revenues. Mega Deals occurred between Collegiate Development & Texas A&M University, Goodman Networks & Alcatel-Lucent, Goodman Networks & AT&T, Telcobuy & Alcatel-Lucent, Pinnacle Technical Resources & Energy Future

Holdings, Warrior Group & Hensel Phelps (3 Mega Deals), and Con-Real LP & Hilton Garden Inn.

Minority suppliers competed for the prestigious Supplier of the Year honor in four categories based upon gross revenues. Pinnacle Technical Resources won in Class IV (over \$40 million); LogistiCorp in Class III (\$10-40 million), Consumer Market & Insights (CMI) in Class II (over \$1 million - \$10 million) and 1820 Productions in Class I (\$1 million or less). The MBE Construction Supplier of the Year was Carco Painting

INTERNET, continued from Page 1

how to run their businesses.

We would not like to see that change.

Unfortunately, in October the FCC voted to move ahead with plans to regulate how Internet service providers manage their network operations. They would do this by mandating "Net Neutrality" rules on telecom companies.

Thankfully, numerous groups have contacted the FCC to express their opposition to proposed government rules, including the NAACP, 100 Black Men, National Black Caucus of State Legislators, National Conference of Black May-

ors, National Minority Supplier Development Council, LULAC, and the U.S. Hispanic Leadership Institute, to name several.

The Texas Black Caucus and U.S. Reps. Eddie Bernice Johnson and Sheila Jackson Lee, among others, are all urging the FCC to proceed with extreme caution.

We strongly agree. We urge the FCC to refrain from creating and imposing new rules that may have the unintended consequence of providing less - not more - broadband access and opportunities to the public.

BUSINESS, continued from Page 1

behavior.

Renegotiate your debt. Large- and small-business owners are feeling the impact of trying to maintain their businesses while managing continued debt. Business owners can contact creditors and renegotiate payments and terms. Some ways to effectively renegotiate your debt are:

- Review your current loan terms and determine if they can be extended. Also, ensure you are not paying for additional fees and services that are not applicable to your company's success.

- Consider paying off or down manageable debt, if you are able to without penalties. Making additional payments can help lower and renegotiate pay-

ments.

- Shop around other credit card companies, banks and finance compare interest rates and better terms.

- Close accounts not being used. Many financial advisors will disagree with this, but if you have accounts that are not being used, they may have monthly maintenance charges.

- Lower your fixed-rate fees, such as cellular, Internet and energy service providers. These companies compete for new customers, so research how they benefit your company, and make an informed decision.

Revamp your products or services. Many business discounted the cost of prod-

ucts and services when the economy began its downward spiral. But this can prove stressful for ensuring revenues remain level. Rather than offering extreme discounts to maintain customers, try positioning your products and services in other areas such as trade shows, small parties with vendors, neighborhood events and other public events with high traffic and low vendor fees.

The goal is to remain viable through all economic situations, rather than fighting to stay positioned by cutting your bottom line. You should also consider visiting strong competitors to see what they are doing to capture new customers and retain their current

ones.

Your small business does not have to suffer because of the current economic condition. There are a number of Dallas based and federal sponsored organizations which can assist you if you are experiencing hardships. Here are some viable resources for receiving consultative services, microloans, and other services:

- Dallas SCORE Chapter 22 - www.score.org or (214) 987-9491

- Small Business Administration - www.sba.gov or (817) 684-5500

- The PLAN Fund - www.planfund.org or (214) 942-6698

- North Texas Small Business Development

Center - www.ntsbd.org or (214) 860-5833

- You can also contact Dallas County Community College District at www.dcccd.edu or Tarrant County Community College www.tccd.edu for small business related

classes.

Do not allow your small business to suffer. Revamp how you view your small business and make the necessary changes to ensure you are around for years to come.

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Operation Employment provides resources for returning U.S. Afghanistan & Iraq Veterans in the Dallas area

Job training & placement at Heart of Free initiative

(NDG Wire) Veterans returning home from Iraq and Afghanistan now have an ally to assist them in the fight to find employment in the Dallas area. Citizens Development Center (CDC) is providing this assistance as part of its overall effort to provide job training and job placement services.

"For the past 25 years, we've been in the business of educating and helping people with disabilities find meaningful employment," said Patrick Bricker, executive director for CDC. "With a recent grant from The Dallas Foundation, we will expand our job training and placement to returning

veterans with a service related disability and provide them with the resources to secure full time employment at no cost to them."

Operation Employment, in partnership with Workforce Solutions Greater Dallas, the Veterans Administration, Dallas County Community College District and other groups, offers application training, resume building and interview skills training. The program also will help veterans secure job interviews and create post-employment counseling to ensure people stay employed once they land a position.

The Dallas Foundation's TRIAD Fund (Texas Re-

sources for Iraq and Afghanistan Deployment) was created specifically for those Veterans living in Texas. Phillip Ritter, vice chair of the Dallas Foundation's TRIAD Fund Advisory Committee said recently "The TRIAD Fund provides aid to our military men and women so their rising needs don't fall through the cracks, especially during these tough times."

Citizens Development Center manages a 160+ person work center that provides assembly and packaging services for companies needing outside resources to complete manufacturing of products for sale and dis-

tribution. The Center also works with people with disabilities to develop their job and life skills to compete for employment in the public sector.

TWC sets employer unemployment insurance tax rates for 2010

(NDG Wire) The minimum Unemployment Insurance (UI) tax rate paid by Texas employers in Calendar Year (CY) 2010 will be 0.72 percent, up from 0.26 percent in CY 2009, the Texas Workforce Commission (TWC) announced today. The rate increase is due to a higher UI benefit outlay in the past year. The taxes replenish the Texas Unemployment Compensation Trust Fund which provides unemployment insurance for Texas workers who lose their jobs through no fault of their own.

The minimum tax rate of 0.72 percent is paid by nearly 255,000 employers, or 67 percent of all experience-rated employers. An employer paying the minimum tax will pay \$64.80 in tax per employee in CY 2010 compared with \$23.40 in tax per employee in CY 2009.

Texas employer UI taxes at the minimum rate remain lower than many other states. Illinois employers at its minimum tax rate pay \$81 per employee; Florida employers at its minimum tax rate pay \$100 per employee; and

Arkansas employers at its minimum tax rate pay \$120 per employee.

The maximum UI tax rate, paid by 3.3 percent of Texas experience-rated employers, is 8.60 percent, up from 6.26 percent in CY 2009. The average tax rate of 1.83 percent for CY 2010 is up from 0.99 percent in CY 2009, while the average experience tax rate of 1.74 percent for CY 2010 is up from 0.78 percent in CY 2009.

The components of the CY 2010 tax rate are:

The general tax rate - based on claims against an employer's account. If TWC has paid benefits to former employees who were laid off or separated through no fault of their own in the past three years, then those employers will pay a general tax.

The replenishment tax rate - charged to all employers to cover unemployment claims not charged to a specific employer. This tax tends to rise following economic slowdowns when claims increase and businesses close.

The deficit tax rate - applies only to those employers

who were experience rated in the previous year. TWC took action to reduce the deficit tax by 50 percent for CY 2010.

The employment training assessment - charged to all employers who are eligible for a computed tax rate to finance the Skills Development Fund and the Texas Enterprise Fund. The employment training assessment calculation is a separate line item on the Employer's Quarterly Tax Report.

TWC is dedicated to finding ways to lower the financial impact of unemployment on Texas employers. TWC and its 28 local workforce boards are committed to assisting UI claimants return to work as soon as possible.

To increase UI fraud detection and prevention, TWC has increased work-search verifications, and improved automated processes and database cross matches with other agencies. TWC pledges its continued efforts in helping to keep taxes as low as possible and minimizing the effects on Texas employers.

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Church Happenings

AVENUE F CHURCH OF CHRIST

December 12, 12 to 2 pm
Our Sisters in Christ presents a FREE "Couture of the Season" Holiday Tea and Fashion Show @ The Plano Centre, 2009 E. Spring Creek Pkwy, Plano, 75074. This will be a motivating and inspirational time to fellowship, laugh and enjoy. There will be door prizes and games. For information and to RSVP call Sis. Brandy Walton @ 214-597-2913.

Brother Ramon Hodridge, Minister
1026 Avenue F
Plano, TX 75074
972-423-8833

DAYSTAR DELIVERANCE MINISTRIES

December 2009
8:30 am to 11:30 am
Visit Helen's House every Monday and Friday to receive, to give, to comfort and most of all to fellowship. The give-a-way of food, love and household items is given freely to all

those who could use a little touch.

Pastor Minnie Hawthorne-Ewing
635 W. Campbell Road
Suite 210
Richardson, TX 75080
972-480-0200

EIRENE CHRISTIAN FELLOWSHIP CHURCH

November 3 to December 15, Tuesdays only, 6 pm - 8 pm
Come to a FREE YWCA Financial Empowerment Workshop. Refreshments will be provided and there will be prizes for graduates. You could win a \$25 gift certificate. To register for the workshop call 214-584-2344.

Pastor Terrence Autry,
701 E. Centennial Blvd
Richardson, TX 75081
214-991-0200

FELLOWSHIP BAPTIST CHURCH OF ALLEN

On Going, 9 am-4 pm Monday - Friday
Prayer Lines for those in need are 972-649-0566 and

972-649-0567.

W. L. Stafford, Sr., M.Div.

305 N. Alder Drive in Allen for Sunday Morning Worship
Church Address is 200 Belmont Drive Allen, TX 75013
972-359-9956

FIRST BAPTIST CHURCH OF HAMILTON PARK

December 20, 6 pm to 9 pm
Join us for our Annual Christmas Concert sponsored by our Male Chorus in the Sanctuary.

December 30, 10 pm to 12:30 am

You are invited to our Watch Night Services as we thank God for 2009 and praise Him for 2010.

Pastor Gregory Foster,
300 Phillips Street
Richardson, TX 75081
972-235-4235

FRIENDSHIP BAPTIST CHURCH, THE COLONY

December 19,

6:30 pm to 10:30 pm
Join us for "A Gala Affair" at our Annual Christmas Banquet. For details about the banquet and ticket prices see a member of PHP (People Helping People) Ministry or call the office @ 972-625-8186.

Pastor C. Paul McBride,
4396 Main Street
The Colony, TX 75056
972-625-8186

NEW MT. ZION BAPTIST CHURCH

December 12, 9 am to 12 pm
Ladies please join us for our Annual Women's Christmas brunch in our Family Life Center, sign up in the foyers after service.

Pastor Robert Price, Sr.
9550 Shepard Road
Dallas, TX 75243
214-341-6459

SAINT MARK MBC IN MCKINNEY

December 14, 12 Noon
Join us for our Double Nickel Luncheon. There will be food, great fellowship and fun. Call the

church for details.

Dr. Charles Wattley
Senior Pastor
1308 Wilcox Street
McKinney TX 75069
972-542-6178

SHILOH MBC IN PLANO

December 12, 11 am to 1:30 pm
Join our Sisters Mentoring Sisters' event, "Celebrate Jesus" Christmas Luncheon and Program with Lady Joshua. Call the church for details.

December 13, 2:30 pm
Our Annual Christmas Banquet will be at The Hyatt Hotel in Richardson. Call the church for details and

ticket donations. There will be food, fellowship and fun.

Dr. Isaiah Joshua, Jr.
Senior Pastor
920 E. 14th Street
Plano, TX 75074
972-423-6695

WORD OF LIFE CHURCH OF GOD IN CHRIST

Every Thursday In December at 7 pm
Join us for our anointed Thursday Night Prophecy Service to be encouraged by Words from Heaven.

Pastor Gregory Voss,
2765 Trinity Mills Road
Suite 305
Carrollton, TX 75006
214-514-9147

Messiah Sing-Along on December 20

(NDG Wire) The Chapel of the Cross invites music lovers - of all abilities - to bring scores and raise their voices in a joyful noise for a community Messiah Sing-Along concert at 7 p.m. Sunday, December 20 with an open chorus re-

hearsal from 5:30-6:30 p.m. A reception follows the concert. The Chapel of the Cross is located at 4333 Cole Avenue, two blocks south of Knox Street in Uptown Dallas.

Although there is no admittance charge to the con-

cert, a free-will offering will be taken to help defray costs. The facility is wheelchair accessible.

The Chapel of the Cross is a parish of the Reformed Episcopal Church (ACNA) that uses The 1928 Book of Common Prayer and The

Hymnal 1940.

For further information, please contact the Chapel Office either by phone (214-521-6062), email (office@thechapelofthecross.com) or visit www.TheChapeloftheCross.com.

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8:15 AM: Story Elementary
10:45 AM: Story Elementary
1:58 PM: Excellence - Allen, TX

Wednesday Night Live
Mid-Prayer Service / Bible Study
7:00 PM
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Pastor W.L. Stafford Sr.
Lady Tasha Stafford

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Sunday Morning Worship
10:00 am
Wednesday Nights
7:15 pm

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Hear Pastor Sam on: "Truth Made Simple"
KGGR 1040 AM, Monday - Friday @ 5:25 pm - 5:30 pm



12 Days of Christmas

When most people hear of *The 12 Days of Christmas* they think of the song. This song had its origins as a teaching tool to instruct young people in the meaning and content of the Christian faith.

Each of the items in the song represents something of Christian significance. The hidden meaning of each Gift was designed to help Christians learn their faith.

The song goes; "On the first day of Christmas my True Love gave to me." The "True Love" represents God and the "me" represents the one who receives these presents, the Christian.

The "Partridge in a Pear Tree" is Jesus Christ who died on a tree as a Gift from God. The "Two Turtle Doves" represents the Old and the New Testaments two other Gifts from God. The "Three French Hens" represents Faith, Hope and

The "Four Calling Birds" represents the four Gospels (Matthew, Mark, Luke, and John), which sings the song of salvation through Jesus Christ. The "Five Golden Rings" represents the first five books of the Bible (Genesis, Exodus,

Leviticus, Numbers, and Deuteronomy) also called the "Books of Moses." The "Six Geese a-laying" represents the six days of creation. The "Seven Swans a Swimming" represents "Seven Gifts of The Holy Spirit." (1 Corinthians 12: 8-11; Romans 12; Ephesians 4; and 1 Peter 4:10-11.)

The "Eight Maids a Milking" symbolizes the eight beatitudes (Blessed are: the poor in Spirit . . . , they that mourn . . . , the meek . . . , they which do hunger and thirst after righteousness . . . , the merciful . . . , the pure in heart . . . , the peacemakers . . . , they which are persecuted for righteousness sake . . . , ye, when men shall revile you, and say all manner of evil against you falsely, for my sake **Matthew 5:3 - 12.**) The "Nine Ladies Dancing" represents nine Fruits (Love, Joy, Peace, Longsuffering, Gentleness, Goodness, Faith, Meekness, and Temperance) of the Holy Spirit. (**Galatians 5:22-23.**) The "Ten Lords a-leaping" represents the Ten Commandments. The "Eleven Pipers Piping" represents the eleven faithful disciples. The "Twelve drummers drumming" represents the twelve points of

the Apostles Creed. The next time you hear "The 12 Days of Christmas" consider how this otherwise non-religious sounding song had its origins in the Christian faith. —Author Unknown

Something to Ponder: "To me, the most important thing that we can do as human beings is give. And we must give in proportion to what we are given. That being said, I don't like to close my eyes at night without having done something for someone, whether it's a random act of kindness or a strategically planned initiative that will ultimately help thousands, if not millions. I believe that even in a world fraught with war and blatant injustice still, individuals must find ways to lessen human suffering and impact humanity for the better." -- Dr. Donda C. West.

A certain woman asked her co-worker, "What is it like to be a Christian?" The co-worker replied, "It's like being a pumpkin. God picks you from the patch (life of sin) brings you in and washes the dirt off. Then He scoops out all of the yucky stuff. He removes the seeds of doubt, hate, greed and finally, He carves you a new smiling face and puts His light in-

side you to shine for the world to see."

Now is a great time for Christians to just bless our Lord. "By Him therefore let us offer the sacrifice of praise to God continually, that is, the fruit of our lips giving thanks to His name." **Hebrews 13:15 (KJV)**

Happiness keeps you sweet. Trials keep you strong. Sorrows keep you humble. Success keeps you going. But only God keeps you going! Remember, you are so special!



Minister Stretch and Sister Orie Holley, members of Word of Life COGIC in Carrollton, TX.

Miracle on Main Street: Life Changing Faith Christian Fellowship reclaims the abbey

(NDG Wire) If history repeats itself, then Life Changing Faith Christian Fellowship is a testament, as it reclaimed the building that was the initial location of First Baptist Church for 70 years. It was then The Abbey Grill for 25 years, before it closed its doors in December 2008. Seeing the building empty, a church-goer contacted the church and the congregation launched a campaign to buy it. The Faith In Action Capital Campaign

launched May 2009, and successfully raised funds for the acquisition recently.

Life Changing Faith Christian Fellowship held its official launch-service at the Holiday Inn beginning in March 2008, grew exponentially, and moved to its current location at the Frisco Convention Center in May 2008. Since March, the church has experienced over 400 percent growth in active membership and continues

to grow as the word of God and the love of God is shared each week.

"This is where we want to be," said Pastor Dono Pelham, a fourth-generation minister who moved to Frisco in 2003. "We want to link with the history of the city and link to the future of the city. This Capital Campaign wasn't just about fundraising, but faith-raising."

Plans are underway to hold its first service on Main Street in December.



Avenue F Church of Christ
1026 Avenue F • Plano, TX 75074
972-423-8833
www.avefchurchofchrist.org

Early Sunday Morning8:00 am
Sunday Bible Class9:45 am
Sunday Morning Worship10:45 am
Evening Worship3:00 pm
Wednesday Bible Class.....7:00 pm

Radio Program @ 7:30 am on KHVN 970 AM Sunday Mornings

Ramon Hodridge, Minister



Friendship Baptist Church
4396 Main Street The Colony, Texas 75056
(972) 625-8186
website: www.fbc-online.net

Schedule of Services:
Sunday
Early Morning Worship-8:00 a.m.
Sunday School Classes-9:30 a.m.
Morning Worship-11:00 a.m.

Tuesday
Early Bird Bible Study - 6:00 p.m.

Wednesday
Morning Bible Study - 9:30 a.m.
Prayer Meeting and Evening Bible Study - 7:30 p.m.

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Sunday School 9:45 am - 10:45 am
Wednesday Bible Study ... 12:00 noon & 7:30 pm

Office Hours
Monday & Friday 9:00 am - 3:00 pm
Tuesday, Wednesday & Thursday ... 9:00 am - 6:00 pm
Saturday & Sunday Closed

Contact Info: Mt. Pisgah Missionary Baptist Church
11611 Webb Chapel Road • Dallas, TX 75228
Office: 872 241 8151
Email: info@dallasmpisgah.org
Website: www.dallasmpisgah.org

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Two Sunday Worship Times
8:00am & 10:30am
Wednesday Night Bible 7:30pm

Breakfast with Santa Claus in Garland

(NDG Wire) Santa will make a quick visit to a Garland's Central Fire Station on Saturday, December 12 from 7 a.m. to 1 p.m. as the Kiwanis Club of Garland and the Citizens Firefighters Club of Garland host their 15th annual Pancakes with Santa event.

Tickets are \$5 per person and are available at the door. The price



includes all the pancakes you can eat, along with sausage, milk or coffee and one complimentary photo with Santa per child.

Proceeds from this event go toward scholarships and other community needs.

For more information contact Jeff Tokar with the Garland Fire Department at 972-781-7111.

ANGLIN, continued from Page 2

smoothly with the support of her husband of 12 years, John Anglin, who is an award-winning television news photographer. Together they raise 10 year-old daughter, Madison, who Anglin adores and says takes much after her father.

Anglin and her husband are also very appreciative of the continued support of their family and their church, Saintsville Cathedral in Fort Worth.

When Anglin finds down time she can be found curled up reading a non-fiction or self-help book, writ-

ing a short story or in the kitchen trying out a new baking recipe.

After 20 years of pursuing her passion and living out her desires, Anglin offers these words of advice to aspiring journalists:

"Follow your heart, pur-

sue your passion and do not let anyone or anything discourage you from obtaining your goals and dreams."

Dionne Anglin can be seen reporting nightly on the early evening newscasts of KDFW-TV, Fox 4 News.

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Dallas Texas 75237
Phone: 972-572-4262 Fax: 972-709-3888

Sunday Services: 7:30 am, 10:00 am, 12:30pm.

Monday School: 7pm

Men's Fellowship: Friday 7:00pm

Website: www.ibccjoy.org

FIRST BAPTIST CHURCH OF HAMILTON PARK

Worship Services
7:30am & 10:30am

Wednesday
Night Service
8:00 pm

Sunday School
9:30 am

Our Mission
To fulfill The Great Commission until Christ comes.

FIRST BAPTIST CHURCH OF HAMILTON PARK
300 Phillips Street • Richardson, TX 75081 • 972.235.4235 • www.fbcp.org

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Senior Pastor

NORTH DALLAS COMMUNITY BIBLE FELLOWSHIP

"A Spiritual Oasis for a Deisty World" Isaiah 55:1

SUNDAY WORSHIP SERVICES:
7:30 AM • 9:30 AM • 11:30 AM

972-437-3493

1010-1020 South Sherman Street • Richardson, TX 75081
www.ndcbf.org

New Mt. Zion Baptist Church of Dallas

Sunday Service
Morning Worship
7:30 am & 10:30 am
9:00 am Sunday School

Monday Service
Men's Ministry 7:00 pm
Women's Ministry 7:00 pm
Young Adult Ministry 7:00 pm

Wednesday Service
Intercessory Prayer 6:15 pm
Bible Study 7:00 pm



Dr. Robert E. Price, Sr.
Senior Pastor

A Praying Church Family
"Watchmen on the Walls"

214-341-6459 (Phone) • 214-342-8403 (Fax)
9550 Shepard Road
Dallas, TX 75243

www.nmzh.org (Website) • newmzbc@aol.com (Email)



Shiloh Missionary Baptist Church

Serving the Plano Community for 125 Years
Founded 1884

920 E 14th Street Plano, TX



Pastor Isaiah Joshua, Jr.
Celebrating 15 Years

2009 Theme:
Excellence through
Prayer,
Praise, and Participation

Worship Times: 8 and 11 a.m.

Sunday School: 9:45 a.m.

Mid-week: Wednesday at 7:00 p.m.

Children's and Youth Worship

Service: Every 3rd, 4th, and 5th, Sunday at
10:45 a.m.

AWANA: Wednesday at 6:30 p.m.

Contact Information: 972-423-6895

www.smbcplano.org

the mark
growing toward

SUNDAY
Education Ministries
9:30 a.m.
Worship Celebration
10:45 a.m.

WEDNESDAY
Family Ministries
7:00 p.m.

*Friendly Fellowship
With a Family Focus!*

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