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April 10 - April 16, 2003

The Gazette

"North Dallas' Weekly Paper of Choice"

SERVING PLANO, DALLAS, RICHARDSON, GARLAND, ALLEN, MCKINNEY AND MESQUITE



On the Homefront:

In an effort to provide citizens with vital information in the event of an emergency, Collin County has created an emergency preparedness hotline. The number is 972.548.4114. You can also visit www.co.collin.tx.us.

The City of Plano Parks and Recreation Department will hold its annual Eggs Over Easy Egg Hunt, at 10 a.m. and 10:45 a.m., Saturday April 12, at Harrington Park, 401 West 16th Street. For children ages 2-7 years. Call 972.941.7250, or visit www.planoparks.org, for more information.

The Mesquite NIAACP is hosting its 5th Annual Freedom Fund Banquet on April 25, 2003 at the Hampton Inn & Suites, Mesquite. To sponsor the event and book a table, call Rodney Harmon at 972.288.0281.

Volunteers are needed to advocate for residents in nursing and assisted living facilities throughout Collin County. No experience necessary. 36 hours of training is provided. Volunteers work 2-3 hours per week. Please contact Lisa at 1.800.272.3921, ext. 1172.

Samaritan Care Hospice is looking for volunteers to provide companionship to terminally ill patients. Call 972.690.6632 to register for the next training session.

Birthday Angels, a non-profit agency is seeking board members and volunteers. This agency provides birthday parties for children in shelters due to abuse, neglect and homelessness. They need people experienced in event planning, grant writing, fundraising, culinary design, donations, sponsorships, and memberships. Submit a letter of interest to: P. Barnes, P.O. Box 363, Frisco, Texas 75034, or email to: happybirthdayangels@yahoo.com

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The New Civil Rights Movement Marching to Make a Difference



Pastor Frederick D. Haynes III (2-L), Simone Griffin (3-R), Nefetecius McPherson (2-R) and other members of Friendship West Baptist Church prepare to march to Lincoln Memorial in Washington, D.C. in support of affirmative action.

New Civil Rights Page 6

Exercise "Is" All It's Cracked Up To Be

By: Monica Thornton

By now just about everyone knows the reasons to exercise. Exercise stimulates the immune system, lowers blood pressure and the list goes on. But are you really convinced that exercise is all it's cracked up to be? If you don't exercise regularly, you're probably not yet convinced of its many benefits.

Exercise is about more than looking good, it's about more than getting that perfect summer body. Even slim people need to exercise to release toxins from the body. And even slim people need to exercise to strengthen the heart muscle so the heart can pump fewer times while still meeting the body's demand for oxygen-rich blood. So before you say you don't need to exercise because you're already the size you want

to be, or maybe you think you're too big to exercise safely, let's take a look at four women who have found the perfect exercise routine for them, and the reasons they won't stop exercising.

Alison DeRosa lives in Plano. She rarely sits still as she volunteers her time to her daughter's school and to her friends. She has four-year old twins, a boy and a girl, who were born prematurely and are susceptible to infection, and an eight-year old daughter who is a year ahead in her schooling. Alison's husband regularly travels out of town with his job, which means she carries the load of raising the children at those times. She has also found a way to fit being a Mary Kay consultant into her life. Alison has a degree in engineering and a degree in pharmaceuticals. Where could she

possibly fit exercising into her routine? Surely she's too tired to get to the gym, or get on an exercise bike at home. But, Alison said she has to exercise, "That's all I've got right now to keep me in the ballgame."

She has a membership at 24 Hour Fitness, and the facility she attends has a large play area for the children. So if she misses her work-out in the morning, she can take her children to the gym, and they also get a work out in the kid's play area.

Alison said she started exercising in high school, because it was the trendy thing to do. But it wasn't until she started college that she began to see the health benefits of exercise.

"Exercise started being a stress

HealthCheck® 2003 Page 5

Frederick Douglass Elementary School's 14th Annual Oratorical Contest



Front row from left to right: Baet Aguero, Brianna Cates, Desjara Morgan, Niana Lucas, Mariah Wallace, Olivia Canada, Mahogany Gillegue, Stangur Nash, Priscilla Bradley, Jacqueline Ewing and Myia Wilson.

Back row from left to right: Ms. Christy Wabury (Oratorical Committee Member), Ms. Marsha Evans (Judge), Mr. Thurman Jones (Judge), Ms. Berna Dean Sapio (Judge), Mr. Ron Price (Judge), Mr. Walter Robinson (Judge) and Ms. Jeanie Nash (Oratorical Committee Chairperson).

Frederick Douglass Elementary School of Black Folk: Centennial recently held its 14th Annual Oratorical Contest

with the theme "The Souls of Black Folk: Centennial Reflections." Mr. W. W. Austin, Community Liaison for the school, said the contest is designed to teach the students how to be great

Frederick Douglass Page 3

Blackonomics

Networking to Build Wealth—the George Fraser Way

By: James Clingman

(NNPA) Well, he's at it again (as if he ever stopped). George Fraser will present his second annual Power Networking Conference in Cleveland, Ohio, on June 19-22. Last year's event was "off the hook" as they say, and this one will probably surpass it. Will you be there? I hope so, and I hope and pray you will leave there determined to DO something with the information you gain.

Fraser says this year's Power Networking Conference will be presented with a renewed power and purpose! The main themes are Collaboration and Reciprocity, two aspects of business to which all of us can relate. Working together, putting our resources together, pooling our funds, and forming business partnerships and strategic alliances are all indicative of the collaboration Black people must incorporate—right now!

You've heard of quid pro quo, right? You also know we have many, many choices when it comes to where and with whom we spend our money. Well, economic reciprocity is a must for our people as well. We should support those who support us. It's the way of the world when it comes to economics.

Presented by The Ford Motor Co., Power Networking 2003 demonstrates true collaboration and reciprocity. "We are proud to have Ford as our leading corporate partner, and we do mean partner," Fraser says. "Ford Motors has

worked with us and continues to support our efforts. They recognize, as do we, the power of reciprocity in the marketplace, and we thank them for their sponsorship of Power Networking 2003."

Featuring Ron Daniels, CeCe Winans, Asa Hilliard, and Julianne Malveaux, to name just four of the 42 presenters, Power Networking 2003 will raise the roof with enlightenment, opportunity, and entertainment. Power? Yes. Purpose? You better believe it. George Fraser, networking guru, has been at his craft for many years and his purpose is to create networking opportunities for all of us, and to help us empower ourselves.

Empowerment? Yes. Economic Empowerment? You better believe it. In 1998 I wrote an article for "City Flight Magazine" (San Jose, Calif.), which opened with a quote from Fraser. He said Black Americans are now in the "...third moral assignment, which is to create wealth for Black people and to raise up the poor." That's what this is all about. The creation of wealth is of primary importance for our people, but as Fraser also said during a conference of the Orlando Black Chamber of Commerce, "We must also retain our wealth." If we do that, we will be able to raise up the poor.

All the networking in the world will not change our economic status in this country if we do not

Blackonomics Page 6

Analysis

War Against Iraq Showcases Top Black Leadership

By: George E. Curry
DOHA, Qatar—If United States Supreme Court justices want

Brig. Gen. Vincent Brooks, an African-American. His is the official voice and face

of the war, the person who conducts daily briefings that are beamed around the world. Brooks is not just a pretty face for the Army, he also is deputy director of operations. And there are times when he sounds more like a warrior than a government spokesman. As conducted by U.S. Army



Army Brig. Gen. Vincent Brooks

Everyone on this side of Mars knows by now that daily briefings are

being coordinated.

Black Leadership Page 4

North Texas Job Corps Welcomes Ruby Bowman as Its New Manager of Human Resources and Staff Training



(Left to Right) Ruby Bowman speaks with Elizabeth Mosely, Career Preparation Instructor

Ruby Bowman was recently hired as the new manager of H.R. and Staff Training for the North Texas Job Corps. Last week, staff members welcomed Bowman, by holding a welcome reception on her behalf. Bowman, of Indianapolis, Indiana, has worked in the human resources field for about 20 years, and has worked for Job Corps for 7 years. Bowman said she is happy to be a part of the North Texas Job Corps, and she looks forward to making a positive difference. Those attending the reception include Job Corps Center Director Richard Abbott, Dale Getz, Director of Job Corps Operations/The Cube, Corp., a contractor with the Department of Labor.



(Left to Right) Richard Abbott, Director; Ruby Bowman, Manager of H.R. & Staff Training; Dale Getz, Director of Job Corps Operations

'State of the University Address' Presented by Prairie View A&M University



Left to Right- Shirley Tarpley, Religion Editor, MON-The Gazette; Charles E. McClelland, Director of Athletics, Prairie View A&M



Left to Right- Mr. & Mrs. Willie Tempton and Mr. & Mrs. Billy Heath, President of Northern Dallas Denton County Alumni Chapter



Back- George Stanley
Left to Right- Rev. Robert Price; Willie Tempton; Billy Heath

On Saturday, April 5, members of the local Prairie View A&M University Alumni Chapter gathered at the Holiday Inn, Ft. Worth, TX to hear Willie Tempton, President of Prairie View A&M University speak on the "State of the University." The event helped raised money for scholarships. In March, the event was held in Dallas at the New Mt. Zion Baptist Church.



Left to Right- Johnny Younger, President of Ft. Worth Prairie View University Alumni; Willie Tempton, President of Prairie View A&M University

Around The Town

On-going

The Arts Gallery at Collin County Community College, Spring Creek Campus, displays works by students and professionals. Visitors and new artists are welcome. For more information call: 972.881.5154. Open Mon-Fri 8a.m.-9p.m., Sat 10a.m.-2p.m.

Dallas Children's Museum at Valley View Center (LBJ and Preston Rd) - interactive activities including a hospital fantasyland underwritten by Presbyterian Healthcare, a miniature grocery store by Kroger Foods, a farm (where you can milk a cow!), a "Jungle Impressions" exhibit, complete with rain forest, and arts and crafts. Mon-Fri 9 a.m. - 6 p.m., Saturdays 11 a.m. - 6 p.m. and Sundays noon - 6 p.m. Children 2-10 years \$4/Adults \$3. Call 972.386.6555.

Young Adult Writers of Allen, a self-directed group for teens ages 13-18 who like to write and would like feedback on their writing from their peers in a relaxed environment. New writers always welcome. Contact Debbie Vavra at clvavra@ci.allen.tx.us or 972.727.0195. Meet Tuesdays, 5:30 p.m. - 7:00 a.m. at the Allen Library, 301 Century Parkway, Allen, Texas 75013.

Free tax assistance provided by AARP at the following times and locations: Mondays,

through April 14, at the Mesquite Public Library, 300 W. Grubb Drive, 10:00 a.m. to 4:00 p.m.; Mondays through April 14 at Harrington, Schimelpfenig and Haggard Libraries in Plano, 11:00 a.m. - 3:00 p.m.; Tuesdays through April 14 at Parr Library in Plano, 11:00 a.m. - 3:00 p.m. Bring last year's return and required paperwork (W-2 forms, 1099 forms, etc.). In Plano call 972.769.4200.

Join the Allen Seniors for monthly activities, including luncheons, table games, line dancing, business meetings and more. Contact the Allen Senior Center at 972.727.0155, or mandelman@ci.allen.tx.us.

Through April 12

This is National Library Week. Plano Public Library System is hosting the following programs:

April 10, 7:00 p.m. A Visit With "Mrs. Schimelpfenig." Dramatic interpretation about Plano history in cooperation with Heritage Farmstead Museum. Schimelpfenig Library, 5024 Custer Road.

April 12, 1:00 p.m. Children's Special Guest Storytime With Curious George

Co-sponsored by Plano Barnes and Noble Booksellers. Davis Library, 7501 N. Independence.

April 12, 2:00 p.m. Family Movie: "The Rookie." A family movie for all ages. Free popcorn & drinks. Parr Library, 6200

Windhaven Court.

Through April 19

Wingspan Theatre Company, with the Bath House Cultural Center, presents "Old Times", by Harold Pinter. Friends meet again after 20 years, and the action shifts back and forth in time. Intimations of a frightening past, a battle of the 'psyche and soul' reigns. At the Bath House Cultural Center, White Rock Lake, 521 E. Lawther Road. Thursday, Friday, Saturday evenings at 8 p.m., matinees Saturday at 2 p.m. For ticket prices call 972.504.6218, or visit www.home.attbi.com/~wingspnthco

April 4 through 19

The furry orphans of the SPCA of Texas will be at 'Primavera at the Galleria,' in hopes of getting a new family. The Dallas Galleria, LBJ at the Tollway, SPCA Pavilion, first level, south end. Monday - Saturday 11 a.m.-7 p.m. and Sunday noon-6 p.m. Call 214.651.9611, ext 143 or 118 for more information.

Through April 27

Dallas Children's Theater presents "Alexander and the Terrible, Horrible, No Good, Very Bad Day," at El Centro College, Main and Market Streets, Downtown Dallas. Tickets: \$18/adults, \$15/children. Call 214.740.0051 for times and reservations.

Through April 30

Heard Natural Science Museum and Wildlife Sanctuary presents,

'Here's Looking at You!' A new 2,000 square-foot award-winning interactive traveling exhibit sees nature through different eyes. Monday - Saturday 9:00 a.m. - 5:00 p.m., Sunday, 1:00 p.m. - 5:00 p.m. Admission to exhibits and grounds: \$8 adults, \$5 children 3-12 and senior citizens. Admission to grounds only: \$5 adults, \$3 children 3-12 and senior citizens. Call: 972.562.5566, or visit www.heardmuseum.org.

Through May 24

Saturday art classes at the Dallas Children's Museum - Learn the art of Adinkra stamping, how symbols in African textiles were developed, how to make your own stamps and print them on various surfaces. Different topic each week. \$5. Times are: 11a.m.-1 p.m.; 1:30p.m.-3:30p.m.; 4p.m.-6p.m. Call 972.386.6555.

April 10

Plano Repertory Theatre presents "Cyrano," through May 4. Call 972.424.7285, or visit info@planorep.org for more information.

April 11

Night Easter Egg Hunt for ages 9-12, at Evans Recreation Center, Hillcrest and Gross Road in Mesquite, from 6 p.m. - 8 p.m. Bring a flashlight. There will be games and face painting before the hunt. Egg Hunt begins promptly at 7:30 p.m.

April 12

Spring and Holy Week in Seville

- Daniel de Cordoba Bailes Espanoles presents "Primavera y Semana Santa en Sevilla." Easter extravaganza - theatrical interpretation of ancient pagan and Christian customs, traditions, music, song and flamenco dance. Cordoba's vision is to bring the cultural experiences of Spain to Dallas, 2 p.m. and 7 p.m. in the Horchow Auditorium, Dallas Museum of Art, 1717 N. Harwood Street. \$15 adults/\$12 seniors/\$8 students and children.

Garland Crimestoppers present 'The Taste of Garland' at The Hella Temple in Garland, at 7:00 p.m. An annual fundraiser with sampling foods from local restaurants and specialty eating establishments. Silent and live auctions, door prizes. Tickets are \$20 in advance, \$25 at the door. For tickets and more information contact Lt. Don Martin at 972-205-2130, or Cindy Hale at: 972-205-2012.

Girl's Day Out in Frisco, 10 a.m. to 6 p.m. Hosted by Girl's Night Out - home-based women entrepreneurs are invited to showcase their business and network at Plantation Golf Resort. Tables: \$25 (deadline April 5). Limited space. Call 214.387.8866, or email to girlsnightout@yahoo.com. Event is open to the public.

Work at Home Job Fair, Radisson Hotel, Richardson, 10 a.m. to 4 p.m. Meet with over 50 companies that are seeking people

who want to own their own home-based business. Christy Northrup will speak on "There's No Place Like Working From Home". Call 888.395.6661, or 972.422.2314.

April 12 and 13

Annual Native Plant Sale at the Heard Natural Science Museum and Wildlife Sanctuary, Saturday 9 a.m. - 5 p.m. and Sunday 1 p.m. - 5 p.m. Over 300 varieties of native Texas trees, shrubs, vines, grasses, woody lilies, cacti, perennials and wildflowers. Howard Garrett presents 'Edible Landscaping' at 2 p.m. on Saturday, and Mark Klym presents 'Designing a Natural Landscape' at 12:30 p.m. on Sunday. One Nature Place, McKinney. 972.562.5566, www.heardmuseum.org.

April 14 through 16

Mesquite Community Theatre auditions "Catch Me If You Can" at 7 p.m. Call the box office at 972.216.8126 for more information.

May 1

Collin County Christian Prayer Breakfast with Albert C. Black, Jr. noted business person and civic leader. 7:30 a.m. at the Plano Centre, Spring Creek and Jupiter Roads. \$15 per person. For information and details on how to pay, call 214.757.7259.

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THE TRUTH CLINIC

The Real Weapons of Mass Destruction

As the war in Iraq grinds mercilessly to its inevitable conclusion, the World has been given front row tickets to witness who really has the weapons of mass destruction. Across the decimated stage of Iraq America has paraded a catalog of weapons and unleashed them with a fury that makes the vaunted Third Reich blitzkrieg seem like a short lived off Broadway play.

Coalition aircraft have been flying more than 1,000 sorties a day, showering Iraq's cities with over 14,000 precision guided bombs, 750 cruise missiles and many more thousands of rounds of artillery shells. These weapons of mass destruction carry surreal names such as thermo baric hellfire, bunker buster, cluster, cobra, and tomahawk. Vehicles, buildings and innocent civilians in addition to the combatants are being incinerated in the name of regime change and liberation.

And America has sent the message loud and clear to its own people and to the nations of the world: "Do unto others before they do unto you". The government of the world's only superpower has given every hothead, every biased nind a legitimate solution to any difference of opinion they may confront. Do a preemptive strike on the basis of what might happen. Shoot first and even if wrong the responsibility lies with the party giving the perception of danger.

Taking preemptive measures against an individual for what they might do in the future would

throw us into a state of barbarism. Yet this is precisely what the Bush administration has done at the international level.

President Bush has gone so far as to cloak his war in the sacred shield of GOD. Following the Sept. 11 terrorist attacks, he insisted that the United States must "rid the world of evil," and went on to suggest that waging such a battle was God's will for America. This is the same manipulation of religion and GOD that was evoked to justify white supremacy, slavery, the bashing of gays and lesbians and anything else people wanted to do as long as a misguided majority gave blind support.

The Iraqi people have not enjoyed being bombed, shot at and invaded half as much as they were supposed to. The war may still be over quickly, but it does not come with the hearts and minds of the "liberated". It requires more than the appearance of kindly American soldiers offering water and a few MRE's to eat. The official line remains that Iraqis will get our message of a better tomorrow. But how can they when we barely know what it is? The stated plan for an American military protectorate followed by an unspecified leader, selected by the U. S., brings no surprise that Baghdad's citizens are not meeting their "liberators" strewing the streets with rose petals.

The coalition is in a bind. If it pursues its stated mission of caring for civilians, it will win less quickly. If it acts more brutally, it will spark a hatred that will imperil any peace. Unlike the sanitized high technology war script planned

by the pentagon we see vivid images of an Iraqi boy with half of his head shot away and the twisted bodies of civilian victims conveniently labeled "collateral damage". These images of Iraqi civilians killed by American soldiers will further alienate Iraqis who are not convinced that Americans are their liberators, and win new recruits to Saddam's regime.

Saddam, meanwhile, has his demonic status abated, both by those citizens who hate the invaders and by others enraged by bloody images of wounded and dead civilians. The child with the shattered skull is becoming the symbolic equivalent of the nine-year-old girl, naked, ablaze with napalm and fleeing down the Trang Bang road in Vietnam. Even if the Iraqi regime fell tomorrow the perceptions of its treatment at the hands of America gives it martyrdom in much of the Arab world.

The Bush administration has used exaggeration, half-truths and questioning one's patriotism to frighten US citizens into supporting this war. And the result is the lives of our friends and relatives—not to mention the lives of the people of Iraq—have been put on the line. And, by flirting with barbarism, we at home find ourselves further from any sense of security than we have ever been since Sept. 11.

It finally comes down to this, "And why beholdest thou the mote that is in thy brother's eye, but considerest not the beam that is in thine own eye"?

James W. Breedlove
Comments or opinions may be sent to the writer at: jaydubub@swbell.net

Collin County Employees

to duty.

Over the next few weeks, the Collin County Courthouse in McKinney, the Collin County Sheriff's Office and the Justice of the Peace office in Wiley will serve as drop-off locations for donations. Unless specifically designated, these items will be divided between the county clerk's office and the district attorney's office. Employees of the county clerk's office are making care packages to send to county employees and family members of employees who are serving in the military. Employees in the district attorney's office are creating gift boxes

for troops through a program found online at www.operationmilitarypride.org. <<http://www.operationmilitarypride.org>>.

"The care packages are a way for our troops to know that Collin County cares," says Collin County Clerk Brenda Taylor. "By sending these packages, it is just a reminder to the troops that we support their efforts. The efforts would not be possible if it weren't for donations by my staff, county employees, friends, area businesses and students. I would like to thank everyone who is participating in this joint effort."

The County is collecting items ranging from toothbrushes to baby wipes. A few of the items are: Instant drink mixes, batteries (any size), granola bars, beef jerky, sunscreen, heat-resistant candy, socks, sunglasses, personal hygiene products (alcohol free), snack foods, throat and eye drops.

Persons who would like to make a financial donation can drop-off a check to the county clerk's office in McKinney. Checks need to be made out to Brenda Taylor, County Clerk.

The project will continue indefinitely

Frederick Douglass Page 1

Frederick Douglass Elementary School's 14th Annual Oratorical Contest

orators.

"Frederick Douglass was a great orator, and so it is fitting that we have this at our school," said Austin.

Douglas Elementary is actually an early childhood center for grades pre-k through 3rd, with the mission of building self-esteem in young children.

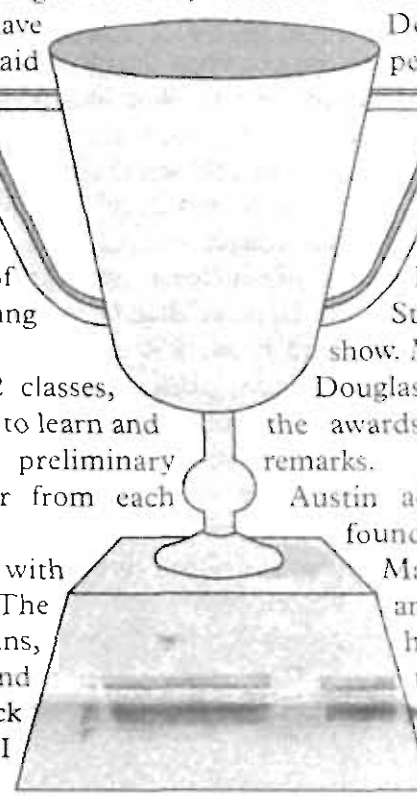
Austin said there are 22 classes, and every class had a poem to learn and recite. Each class held preliminary contests, with the winner from each taking part in the final.

The evening began with musical selections from The Sensational Singing Dolphins, the Pledge in English and Spanish, and the Frederick Douglass Creed, "I Believe."

Following the oratorical selections, the communication skills.

Children of Christ performed more musical selections and a song, the Douglass Dance Team performed, and 2nd grade student Olivia Canada gave a piano presentation. First grade students gave a choral reading, and the Frederick Douglass High Steppers put on a fashion show. Mrs. E. Perry, principal of Douglas Elementary, presented the awards and gave the closing remarks.

Austin added that the school's founding principal, Patricia Mays, started the contest and succeeding principals have continued the tradition. He said they have found that it has helped children develop and refine their



Following is a list of winners and the poems recited:

First Place:

Kindergarten: Jacqueline Erving/'Sweet Blackberry' by Nikki Grimes
1st grade: Marshon Wallace/'Thinking of Me' by Dean Koontz
2nd grade: Olivia Canada/'If Sometimes Blue' by Alfred L. Woods
3rd grade: Briana Calico/'Children of Color' author unknown

Second Place:

Kindergarten: Nyia Wilson/'I Wonder' by Enid Field
1st grade: Meagan Nash/'With This Mind' by Beverly Leonard
2nd grade: Mahogany Gillespie/'Crown' by Dakari Kamau Hru
3rd grade: Kiano Lucas/'Being the Mother of a Black Child' by Mona Lake Jones

Third Place:

Kindergarten: Octavia Wilmore/'Black is Beautiful' by Useni Eugene Perkins
1st grade: Priscilla Bradley/'We Wear the Mask' by Paul Laurence Dunbar
2nd grade: Kiano Lucas/'Being the Mother of a Black Child' by Mona Lake Jones
3rd grade: Banet Aguirre/'Be the Best' by Patricia Newman Harris

Collin County Employees Help Troops Through a Care Package Project

(McKinney, TX) - Collin County employees are recognizing the men and women who serve in the armed forces by

delivering care packages to troops overseas. Residents of Collin County are also invited to participate in the project. Nearly four-dozen

county employees have family members serving abroad. Several county employees were also called

Cont'd next column (Top)

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Is the sky clearest on the day it is most blue?

While you ponder that thought we would like to announce that Minority Opportunity News, Inc., formerly a Dallas based renaissance community tabloid, founded in 1991, has relocated to Plano, Texas, and changed our name to MON-The Gazette. In addition to moving our offices to Plano, our editorial coverage has also shifted to encompass Dallas' Northern Corridor. The Northern Corridor is clearly the fastest growing region in Texas, if not in America. MON-The Gazette believes that the engine to continue this growth is the airport expansion in McKinney, which is the largest and most visible of many area opportunities. As always, and true to tradition, MON-The Gazette will be there carving a world of opportunity for those seeking to provide quality services. Should you dare to expand your quest for economic parody outside the southern region or just want to know what is going on up north-

Think of MON-The Gazette as your paper of opportunity!

MON-The Gazette formally Minority Opportunity News, was founded July, 1991 by Jim Bochum and Thurman R. Jones

HealthCheck© 2003 Calendar

We're keeping you informed about health-related events happening in your area!

Fairs

April 17
Immunization Seminar at Don Rodenbaugh Natatorium, 110 E. Rivercrest, Allen, 6:30 p.m. to 7:30 p.m. featuring guest presenter Dr. Ava Stanczak.

April 18
Sickle Cell Disease Association Annual Willis Johnson Golf Tour. Call 214.942.1262.

April 24
Colon Cancer Seminar at Don Rodenbaugh Natatorium, 110 E. Rivercrest, Allen, 6 p.m. to 7 p.m. featuring guest presenter Dr. Robert Barnett.

May 3
Healthy Mind, Body and Soul for all ages at the 2nd Annual Health Fair at St. John Baptist Church, 1701 W. Jefferson Street, Grand Prairie. From 8:00 a.m. - 4:00 p.m.

Glaucoma and cataracts screening, nutrition and wellness consulting, stroke and heart attack risk screening, and much, much more.

May 12
The MLK Family Clinic is holding a Health Fair in celebration of National Women's Health Week, 9 a.m. to 5 p.m.

May 15
High Blood Pressure Seminar at Don Rodenbaugh Natatorium, 110 E. Rivercrest, Allen, 6 p.m. to 7 p.m. featuring guest presenter Dr. Robert Barnett.

May 22
Osteoporosis Seminar at Don Rodenbaugh Natatorium, 110 E. Rivercrest, Allen, 6 p.m. to 7 p.m. featuring guest presenter Dr. Katrina Lee

May 29
Osteoporosis Seminar at Don Rodenbaugh Natatorium, 110 E.

Rivercrest, Allen, 6 p.m. to 7 p.m. featuring guest presenter Dr. Phyllis Gee.

Free Blood Pressure Screening
Each Monday from 10:00 a.m. to 3:00 p.m. at the Visitors Center, Medical City Dallas.

On-going
Diabetes Support Group meets at 7 p.m. the second Tuesday of the month at Medical City Hospital, 7777 Forest Lane, Building A, 12th-floor classroom. Call 214.788.6175.

Diabetic Support Group meets at 1 p.m. the third Monday of the month at Maurice Barnett Geriatric Wellness Center, Plano Senior Center, 401 W. 16th St. Call 972.941.7335

he said at a briefing Sunday, "...Any piece of the regime that's out there, or any piece of this force that supports the regime, will be attacked, it will be destroyed..."

The general is not the only African-American on the base. In fact, they hold positions at every level, from the general standing at the podium to the private sitting on the floor placing the microphone in front of reporters as they ask questions.

As journalists approach Camp As Sayliyah, the Army base on the outskirts of this capital city, one of the two MPs on duty is likely to be an African-American. After walking uphill to the check-in point, one is often greeted by the smiling face of Army Spec. Julia Simpkins, a Brooklyn, N.Y., native who escorts journalists to the Central Command Media Center.

And before Brooks enters the room like a recently-launched cruise missile, the entire media operation has been supervised by Army Lt. Col. Ray Shepherd, director of public affairs.

Other Blacks move in and out of the briefing room as Pvt. Lizaro Myers of Philadelphia squats on the floor, usually out of the sight of cameras, holding his long microphone.

Shepherd says, "We're everywhere."

That certainly applies to Sgt. Maj. Dwight J. Brown. He was at the briefing on Sunday, but by Monday he had left for Afghanistan. Sergeant major is the highest rank an enlisted soldier can reach, and as Command Sgt. Major, Brown is responsible for enlisted soldiers sprawled over 25 countries, including Iraq, Kuwait, Pakistan and Saudi Arabia.

During oral arguments in the affirmative action cases before the Supreme Court, Justice Antonin Scalia said if the University of Michigan is so interested in diversity, it should lower its standards. Of course, university officials reminded Scalia that the institution does not need to lower its standards in order to attain a diverse student body.

If Scalia comes here, he will see that the Army didn't lower its standards to produce quality leadership.

This \$110 million facility, built less than five years ago, has allowed the military to cut normal troop deployment from four weeks during the Gulf War to four days in the current war. There are 27 warehouses, with approximately 1.6 million square feet or 36.3 acres of enclosed storage space. It takes that kind of room to house 150 Abrams M-1 tanks, 116 Bradley fighting vehicles and 112 armored personnel carriers.

The men and weapons here have been deployed to perhaps the most turbulent region in the world. And

African-Americans have been entrusted to operate at the highest level, as far as their talent would take them.

CENTCOM—the Army's way of saying U.S. Central Command—normally operates out of Tampa, Fla. But during this war, the leaders set up headquarters here, a major jumping-off point for men and women headed to battle. And it's no accident that African-Americans hold such prominent positions.

After Scalia and company visit Qatar, they should return to Washington and reread the friend-of-the-court brief filed by more than 25 distinguished military leaders.

Vouching for the effectiveness of affirmative action were Gen. Norman Schwarzkopf, commander of the first Gulf War; three

former chairmen of the Joint Chiefs of Staff—Adm. William Crowe, Gen. Hugh Shelton and Gen. John M. Shalikashvili—former Defense secretaries William Perry and William Cohen, along with former superintendents of the U.S. military and Air Force academies.

"Doing affirmative action the right way is deadly serious for us—people's lives depend on it," the military leaders said in their brief. Dismissing so-called race-neutral approaches to diversity such as percentage plans, they noted: "There is presently no workable alternative to limited race-conscious programs to increase the pool of qualified minority officer candidates and establish diverse educational settings for officer candidates."

Because the military is more integrated than most sectors of American society, it's easy to forget that it wasn't always that way.

As late as 1968, Black enrollment at the Naval Academy at Annapolis and West Point was less than 1 percent. In 1973, although African-Americans made up 17 percent of the rank-and-file, they constituted only 2.8 percent of all military officers.

By 2001, Blacks and Hispanics made up 11 percent of West Point, 14 percent of the Air Force Academy and 15 percent at Annapolis. Today, people of color represent 40 percent of the military and 20 percent of all officers.

Brig. Gen. Brooks is a graduate of West Point. He did something there that no African-American had ever

accomplished—he finished first in his class. When you see him on TV, he is still standing at the head of the class.

Even affirmative action foes Clarence Thomas, who was admitted to Yale Law School as a result of affirmative action, and Scalia should not miss that point.

If they do, maybe we can get Col. Jerry Robinson, the Black chaplain here from Baconton, Ga., to pray for them.

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The Department of Psychiatry at the University of Texas Southwestern Medical Center of Dallas is conducting research sponsored by the National Institute of Mental Health on cognitive therapy for depression. **Treatment is free.** The symptoms of depression include:

- Depressed or sad mood
- Loss of interest in activities
- Difficulty sleeping or sleeping too much
- Feeling slowed down
- Feeling tired or having low energy
- Feeling guilty or worthless
- Changes in weight or appetite
- Difficulty concentrating

If you have experienced these symptoms more than once in your life, are drug free and not currently in psychiatric treatment, please call the Psychosocial Research and Depression Clinic at 214-648-5351.

SOUTHWESTERN



Pastor Sam

The Fenceroy's Truth Made Simple

"Response To Shattered Dreams"



Minister Gloria

Last week we said that we would explain Genesis 3:16(b), "...and thy desire shall be to thy husband, and he shall rule over thee."

The word "desire" comes from the Hebrew word "shook" which means to overflow, street and road. This literally means to "run over" you. The husband shall rule over her—the man is supposed to rule his wife, which means to lead, not dominate. The woman is trying to desire "run over" him, the man is trying to rule (dominate) the wife; and Jesus wants to be the referee. When your dreams turn to nightmares, Jesus can awaken you. If your marriage is falling apart and the war is in your household as well as in Iraq, look to Jesus, He is your ally!

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Looks like rain? Don't water.

When the forecast calls for rain, let nature safely deliver. Unless we reduce our do the watering for you. The water you usage, Dallas will have to build costly new save can make a big difference. That's water supply facilities soon. Or, we can be because each summer, Dallas comes close wiser with the water we have, and have to using more water than the city can enough to go around.

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- | | | |
|---|--|---|
| • From June 1 to Sept. 30, water only before 10 a.m. or after 6 p.m. when using sprinklers. Watering with a hand-held hose or soaker hose is permitted at any time. | • Water just your lawn, not driveways, sidewalks or streets. | • Turn off sprinklers when the forecast calls for rain. |
| | • Promptly repair broken or leaky sprinkler heads and systems. | • Add rain sensors and freeze gauges to existing sprinkler systems. |



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release when I went to college. I was there for seven years, doing engineering and pharmacy," said Alison. "The exercise helped me sleep better without worrying over the next day's events."

When she graduated and started working as a pharmacist, she said her HMO offered a substantial discount on a gym membership, so she could work out without it hurting her financially.

But then the time came to start a family, and because of the course of her treatment she wasn't allowed to do aerobic exercise.

"Although I could do other exercises, I felt like I lost a lot of benefit mentally from losing the aerobic exercise," said Alison.

She said that as soon as she was finished with the pregnancies, she went on antidepressants to help her cope with a crisis point in her life.

"They definitely got me through, but gradually I realized I wasn't responding the way I wanted to in circumstances. So I returned to being faithful to my work outs, and have stopped taking the medicine, and I feel much better."

"Right now I'm looking for the psychological benefits, and that's what I get. The freebie for me in this is that I get the body I want also," she said.

Alison added that people tend to look at this from an anatomical point of view, but the benefits to the heart are tremendous, and the benefits mentally can't be beaten.

Debbie and Jennifer are a mother and daughter team running "Curves for Women" in Plano. Debbie has a background in exercise, having taught aerobics for more than twelve years. She said she started her branch to help her daughter cope with depression.

"Depression is hereditary," said Debbie. "Jen was losing her memory, laying in bed sleeping

her life away, that's why I opened this. We exercise to live."

Debbie said there is a history of depression in her family, and wishes her mother (now deceased) could have reaped benefits from exercising. She is proud of the women at her club, and said she is happy to be able to help so many women find health and confidence.

"We are under so much stress, we all need the exercise as a release," said Debbie.

Both Debbie and Jennifer said women with crippling diseases such as fibromyalgia, arthritis and type 2 diabetes have found relief from many of their symptoms by exercising.

Jennifer said she has overcome her own problems with the help of exercise at the club, and through the camaraderie of the other women at the club. Almost ten years ago she said she was diagnosed as bi-polar, and was put on 5 medications. At that time Jennifer said she had a problem with sleeping all the time, having a sense of worthlessness, had anxiety attacks, and was on way too much medication for someone her age. And now after a couple of years of exercising the doctor's have rescinded her bi-polar diagnosis, and she is down to a tablet for anxiety as needed.

"A lot of time the doctors want to medicate you, when all you need is exercise," said Jennifer. "I like the energy the exercise gives me, and it has definitely helped with my panic attacks."

Debbie is also concerned about the increase in obesity in America, largely caused by no exercise and too much junk food. She noted that people from countries where obesity is not a problem are coming to America and ending up with weight problems. And in Europe, where obesity is not such a problem, Debbie said they walk more than Americans, and keep themselves physically active.

"Curves" is an international fitness program offering a simple workout routine, using hydraulic machines and fitness boards going in a circuit, with prompts to move

to the next machine after 30 seconds. The entire workout takes no more than 30 minutes, producing aerobic and strength training benefits. Both Debbie and Jennifer said the ladies not only get a workout, but it is a safe place for women to meet and socialize. Curves in Plano also offers mother daughter specials, and they can be found at www.planocurves.com.

And there is Norma Reyes, a Realtor based in Garland, who uses a mixture of at-home workouts and the gym. She invested in a home gym that literally fits into a brief case. It is akin to a stretch rope that is hooked over a door, and a series of all over body exercises can be done in the comfort of her home. Norma has a lot of discipline when it comes to her workouts, so this works perfectly for her when she can't make it to the gym.

"But I still can't wait to get to my spin classes at the gym, that gives me a good leg workout, and a great cardiovascular workout," she said. "And now the weather's nice I'm going to take my bike to White Rock Lake and go cycling."

She said she can't remember a time when she hasn't exercised, and added that the exercise helps her keep her sanity, especially with the high demands of her profession.

If you're still not convinced that exercising helps, just log onto any health association's website, the lists of benefits are extensive. And remember, it's better to start off slowly and steadily improve, than go out and run five miles if you haven't exercised in years and hurt yourself. If you aren't experienced at exercising, seek the support and help of those who are. Health clubs now have trainers, and the local Parks and Recreation Departments not only have trained professionals, but are also affordable for the whole family. Walking is free and safe, and there are many walking and jogging clubs throughout the metroplex. Before embarking on any fitness program please consult with your physician.

Blood pressure screening every 2nd and 4th Sundays at the Mesquite Friendship Baptist Church, after the 11:00 a.m. service. Located at 2232 Franklin Drive, Mesquite, 972.329.5030, and www.mesquitefriendship.com

Walks/Runs

April 11 and 12

Relay for Life for the American Cancer Society, beginning 6 p.m. on the 11th and finishing the morning of April 12, at Eastfield Community College, Mesquite. Walk or run, or just join us to raise money for cancer research and

awareness. This is not a race, just an opportunity for friends, family and co-workers to get together for the sake of honoring those who have had or currently have cancer. Wheelchairs are welcome too. Bring your tents, sleeping bags, food, and walking shoes. To organize or join a team, call Debbie Darden at 972-860-7180, or send an e-mail to ddarden@dscc.edu. Don't, delay, teams are filling up fast!

April 25 and 26

Relay for Life for the American Cancer Society 7 p.m. - 7 a.m. at the Plano Family YMCA. A fun-filled overnight event designed to celebrate survivorship and raise money for research and programs

of the American Cancer Society. Teams of about 10 will take turns walking or running laps. The Relay begins with the Survivor's Lap where all survivors are invited to join each other around the track. The event also includes a touching lighting of luminaries in memory of honor of a loved one; entertainment; food; community camaraderie and 12 hours of fun! Relay for Life represents the hope that those lost to cancer will never be forgotten, that those who face cancer will be supported, and that one day, cancer will be eliminated. Contact: Sherry Kowen, event chair, shloven@atbi.com, 972.625.8199.

HealthCheck® 2003 Schedule

Run Date	Topic	
March 20	Introduction to HealthCheck 2003- Breast Cancer/ African American Breast Cancer Outreach Summit	✓
March 27	Diabetes	✓
April 3	Talk to Your State Legislature about Research (diseases such as cancer)	✓
April 10	Importance of Physical Fitness	✓
April 17	Kidney Disease	
April 24	Alternative Medicine	
May 1	March of Dimes (Preventative Healthcare for Pregnant Women)	
May 8	STD Awareness	
May 15	Asthma and Allergy Awareness	
May 22	Heart Attack and Stroke Prevention	
May 29	High Blood Pressure Education	
June 5	National Digestive Disorders Awareness (and Colon Cancer)/ Overview of Health as it relates to the body AND mind	



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STOP...DON'T OVERLOOK THIS PUBLIC SERVICE ADVERTISEMENT!

HIV AIDS, Breast Cancer, Prostate Cancer, Sickle Cell Disease, Heart Disease, and Stroke top the list of health concerns for many African Americans families throughout the Dallas Ft. Worth area and the nation. That is why we are asking you to take charge of your health with "HealthCHECK® 2003". Minority Opportunity News: The Gazette secured the services of Parker Originals & More to develop "HealthCHECK® 2003" and work with our staff to manage the initiative from start to finish. Community partners helping to spread the word are KHVN, KNON, KSOUL, KGGR and NTheKnow.com, because each knows the importance of service and giving back to our community!

How Does "HealthCHECK® 2003" Work?

- Each week we will provide a list of non-profit organizations who offer resource information and services for health issues in our community
- List free health fairs available to the community.
- Provide information on health events going on in the community that you may want to support.
- Weekly Health Tips.
- Provide extensive cover stories on health topics that concern our community each week.

At the end of "HealthCHECK® 2003" we want African Americans in the DFW area to have made an appointment with their family physician for a complete checkup. We hope this will start the dialog about our health and bring people to recognize the importance for taking personal responsibility for it. Remember "Good Health Is No Accident...It's A Planned Outcome!"

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WE NEED YOUR HELP...Please Read The Following & Respond Today!

Join your friends at MINORITY OPPORTUNITY NEWS: The Gazette and support "HealthCHECK® 2003". If you have a health fair planned or health event ... we want to know about it and spread the word across the community. E-MAIL OR FAX US YOUR INFORMATION TODAY! E-mail POMORE@SWBELL.NET or FAX: 972-509-9058

GET INVOLVED!...HEALTH EVENTS & HEALTH FAIRS GOING ON IN THE COMMUNITY!

Sickle Cell Disease Association NEEDS YOUR SUPPORT- Annual Willis Johnson Golf Tour.
(April 18) - Info: 214-942-1262

In celebration of National Womens Health Week, the MLK Family clinic is having a Health Fair, May 12, from 9 to 5 p. m. Info: 214-426-3645

St. John Baptist Church, 2nd Annual Health Fair, May 3 from 8:00 am - 4:00 pm, 1701 W. Jefferson Street, Grand Prairie, TX (www.sjbcfamily.com)

HEALTH TIPS YOU SHOULD KNOW!

American Heart Association: What Causes HBP & Can It Be Cured?

Risk factors you can control:

Being overweight (obese) - People who are too heavy are more likely to have high blood pressure.

Eating too much salt - this can increase blood pressure in some people.

Drinking too much alcohol - Heavy and regular use of alcohol can increase blood pressure dramatically.

Lack of physical activity - An inactive lifestyle makes it easier for people to become over weight and increases the chance of high blood pressure.

Having diabetes - This disease can't be completely controlled, but you can help manage it by watching your diet and weight and being physically active.

Stress- This is often mentioned as a risk factor. But stress levels are hard to measure and response to stress vary from person to person.

To learn more about blood pressure and other related topics, go to nearest American Heart Association office or by calling 1-800-AHA-USA1 (1-800-242-8721).

The New Civil Rights Movement Marching to Make a Difference

By Nefeterius Akeli McPherson
April 1, 2003, the day thousands of people representing the colors black, brown and even white gathered together in Washington, D.C. to put foot to ground and let their voices be heard in support of affirmative action. This was my first march but it is without a doubt one of the most moving and memorable experiences of my life.

I am only 28 years old so I have no personal recollection of the Civil Rights Movement. I can only read history books, watch documentaries and listen to the elders tell stories of being beaten, enduring verbal and mental abuse, as well as marching and protesting all in the name of freedom ... in the name of equality ... for you ... for me. But as I marched today I somehow felt connected to those heroes who marched and fought so that I would not have to experience the segregation and humiliation that they came

to know all too well.

Under the leadership of Pastor Frederick D. Haynes III, my church, Friendship-West Baptist Church, made the trip from Dallas to D.C. to participate in what I already consider to be one of the most important marches of this century. It was important for me to participate in this process because people fought, were beaten and even died for me to walk through the doors of opportunity that have been opened. If our race, my generation, you and even I do not speak up and take an active interest in the decisions being made around us we will always settle for the status quo, take what is fed to us and eventually erase all that our ancestors fought for. Martin Luther King Jr. didn't settle ... Rosa Parks didn't settle ... the Freedom Riders and Freedom Fighters didn't settle ... so why in 2003 should we settle for "affirmative access" when affirmative action has yet to counteract the educational setbacks our race has

endured as a result of the 300+ years of slavery, racism and segregation?

Why should we sit back and let people make decisions that will impact our future generations and not speak up and speak out?

I was fortunate enough to begin my political career a few years ago at Dallas City Hall by serving as an assistant to former Mayor Ron Kirk, and that knowledge as well as the experience that I gained by serving as the deputy press secretary on the Ron Kirk for U.S. Senate campaign is simply priceless. However, it was during this past election cycle that I realized how apathetic people still are when it comes to voting and how lackadaisical people are when it comes to being involved in the political process. I hate it has taken me so long to realize how important it is to be involved politically, but I'm so thankful for people like Ron Kirk, DeMetris Sampson and Kathy Nealy taking me under their wings and helping me to understand

that much work is still needed to be done politically, socially and even economically, and that although I may be one person I can help make a difference.

I now challenge those of you reading this to get involved politically: volunteer on campaigns, exercise your right to vote and register others, march when you need to march, protest when you need to protest, contribute to campaigns because it takes money to run a race and win, and hold elected officials accountable for the decisions they make. You have a voice with which you can speak up and be heard ... use it. You have feet to march with to make a difference ... use them. Let's not let the Civil Rights Movement of the 1950s and 60s be in vain. We have come too far to go back. People fought, were beaten and even died for us to enjoy the liberties of today but it is important to recognize that the struggle is not over. In fact, it has only just begun!

Blackonomics Page 1

understand and act upon the basic principles of wealth building, wealth retention, and the privilege of using that wealth, both individual and collective, to help those who are less fortunate. Thus, we must not only come together to have a good time, to see friends and celebrities, to be entertained, and to be filled to the brim with information. We must act upon what we learn by putting them into practice, daily practice, in order to move us to higher economic heights.

We applaud Brother George Fraser for being consistent, for being dedicated, for being committed to his people, for sharing his tremendous gift, and for using that gift to the benefit of others. We need more George Frasers. It's one thing to merely talk; it's yet another to create, build and sustain a movement. Fraser started a networking movement that has taken this country and the world by storm. His famous "Soul-o-dex" is overflowing with contacts that he is more than willing to share in our quest for empowerment.

And that's what I like about what Fraser does. He loves to help others by sharing information, and his ultimate goal is to help build an economic legacy that our children can enjoy long after we are gone. He understands that if Black people are going to move forward we must learn how to take better advantage of the billions of dollars in annual income. He advocates turning a greater portion of that income into wealth. So when you attend Power Networking 2003, please don't miss the point of it all. Fraser is trying to get some work done.

So we say once again, "Thanks, George!" Thanks for your tireless efforts. Thanks for

your sacrifices. Thanks for hangin' in there when times get tough. Thanks for being the kind of guy who returns phone calls. Thanks for being a devoted husband and father. Thanks for teaching us that true networking is not always asking someone, "What can you do for me?" Rather it is asking, "What can I do for you?" Thanks for teaching us that "we get by giving." Thanks for bringing us together. Thanks for helping to keep us together. And, thanks for being just George.

If you are interested in attending Power Networking 2003, you had better hurry and register. Go to www.fraser.net to register on-line, or call (216) 691-6536. Your business will grow; your relationships will increase; your vision will expand; your resolve will be strengthened; and you will have the opportunity to leave Power Networking 2003 more empowered than you were when you arrived. Now what you DO with all of that is up to you, but I trust you will do the right thing by going back home and using your resources to economically empower our people.

James E. Clingman, an adjunct professor at the University of Cincinnati's African-American Studies department, is former editor of the Cincinnati Herald Newspaper and founder of the Greater Cincinnati African American Chamber of Commerce. He hosts the radio program, "Blackonomics," and is the author of the book, "Economic Empowerment or Economic Enslavement—We have a Choice." He can be reached at (513) 489-4132, or by e-mail at jclingman@blackonomics.com.

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Financial Aid

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Grants and Scholarships – do not have to be repaid

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Internships/Co-ops Offer students the opportunity to spend a portion of their school experience participating in paid work in their field of study.

The Plano Community Forum awards scholarships to minority seniors within the Plano Independent School District intending to enroll in college or vocational/trade school. Based on G.P.A., ACT/SAT scores, extracurricular and community activities, financial need, a 500-800 word essay, recommendations and a personal interview with the finalists.

For application: Scholarship Committee, Plano Community Forum, P.O. Box 860242, Plano, Texas 75086-0242. Or call Patricia Humphress at 972.578.0209.

James Washington Scholarship awards scholarships to graduating seniors attending Shiloh Missionary Baptist Church. James Washington has been a member of Shiloh for more than 70 years. 3.0 G.P.A. or above, membership in at least two high school organizations for the last three years, one recommendation each from: school officer (teacher, counselor or administrator), church member, someone from the community, a 300-word essay. For application: OneStar Cleaning Service, P.O. Box 250861, Plano, Texas 75025-0861, Attn: Scholarship Task Team

Southern University Alumni Federation – Dallas Chapter Awards scholarships to graduating seniors from the Dallas Metroplex high schools who are admitted to Southern University, Baton Rouge campus. 3.0 GPA or above, minimum of three recommendations from teachers and/or counselors, membership in at least two high school organizations for the last three years, community/public service involvement, a 300-word essay. For application: Southern University Alumni Federation, Dallas Chapter, P.O. Box 700596, Dallas, Texas 75370, Attn: Scholarship Task Team

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Intel Science Talent Search Award from \$5,000 to \$100,000. Applicants must present a scientific research project. Approximately 40 awards. Details at www.sci.srv.org/sts

NACME Scholarships (National Action Council For Minorities in Engineering) Awards up to \$20,000, many are awarded. Must be an engineering student. www.nacme.org/sch_index.html

Gates Millennium Scholarships Promotes academic excellence and provides an opportunity for thousands of outstanding students with significant financial need.

Scholarship covers room, board and tuition for at least 1,000 high school students a year. Visit www.gmsp.org

NSBE Scholarship (National Society of Black Engineers) Awards range from \$1,500 to \$3,000 for NSBE members. Primarily for engineering students, and others majoring in related disciplines. Visit www.nsbe.org/scholarships

ARMY ROTC Scholarships (for historical Black colleges) Award amount to full-tuition. For students enrolling at a HBCU. Must enroll in the Army ROTC. Minimum 920 on SAT, or 19 ACT score. Visit www.usarotc.com/index.htm

American Institute of Certified Public Accountants Scholarships (AICPA) Up to \$5,000 with about 300 recipients yearly. For undergraduates studying accounting as a U.S. college, with at least 30 credits. For details visit www.aicpa.org

Developmental Fund for Black Students in Science and Technology Scholarships \$2,000, renewable. For science or engineering students at HBCU's. www.ourworld.compuserve.com/homepages/dhinson/dfb_sch.htm

Coca-Cola Scholars Scholarships Award from \$4,000 to \$20,000, with over 250 awards, based on academics, leadership and talent qualities. www.coca-colascholars.org

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have completed at least 2 years of college work. www.rotary.org/foundation/education/amb_scho

Ronald McDonald House Charities and the United Negro College Fund Students must be

Scholarships Page 7

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(Through April)

Financial Planning Workshops -
"Investing Versus Financial Planning":
(Sponsored by the
Men's Ministry) Next
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material packet please
call the church office.

The workshops will be
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professional financial
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Free to the public.

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Service

Through May 22

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Visit our website at
www.allnationsumc.org

All Nations United Methodist
Church
Dr. Clara Reed, Pastor
34185 E. 14th St.
Plano, TX 75074

DUNAMIS CHRISTIAN MINISTRIES

Fridays (unless otherwise notified),
7:00 p.m. 8:30 p.m.
"Start your weekend off
right"

You are invited to
worship and Bible study!
This month's study and
series- "How to Recover
From Loss"

*Dunamis Christian
Ministries-a biblically
based non-
denominational ministry,
dedicated to empowering
people's lives through
worship, and the relevant
study, teaching and

preaching of God's Word.

For more information,
contact Rev. J.C.
Matthews, Pastor, at 972-
557-7077 or email
revjcmatt@
yahoo.com

Amerisuites Hotel North
3100 N. Dallas Parkway
Plano, TX 75093

ETERNITY COMMUNITY CHURCH

April 27, 3:30 p.m.
10th Anniversary
Guest Speak- Elder
Eddie Seals, New
Outreach C.O.G.I.C. of
McKinney, TX

For more information,
call 972-542-9556.

Eternity Community Church
Rev. Kenneth Diggs, Pastor
309 N. Chestnut St.
McKinney, TX 75069

Church Happenings Page 9

Car Review

The 2003 Cadillac Escalade Is Powered Up



style. Standard on
the two-wheel-drive
is a 5.3-liter V8, 285
h.p. with 325
pound-feet of
torque. This model
can handle towing
up to 7,300 pounds,
but if you need more
towing power, step
up the AWD version
and tow 7,800
pounds. The AWD
delivers a high-
output 6.0-liter V8
with 345
horsepower and 380
lb-ft of torque,
making the Escalade

What else would you
expect from a Cadillac but
luxury. And luxury is what
the 2003 Cadillac Escalade is
about, apart from intense
power, superior safety, and
improvements all round.

The interior features soft
leather and shiny wood-
accents, with front bucket
seats redesigned for better
comfort. The second-row
now features optional bucket
seats or heated bench row,
and the third row seat is
removable with a split fold
and stow design.

The interior also features
tri-zone climate control,
satellite steering wheel
controls and a redesigned
instrument cluster and center
console. The standard Bose
audio system received
upgrades, while new options
include XM Satellite Radio,
and a new Panasonic DVD
entertainment system that
includes wireless
headphones.

Safety features on all
Escalades include the
StabiliTrak stability control
system, ABS-equipped
brakes, adjustable pedals,
front and side airbags for the
driver and front passenger
and the OnStar
communications system.
Safety enhancements for
2003 include dual-stage
airbags that deploy based on

the severity of the crash, High
Intensity Discharge headlamps,
and a front passenger sensing
system that detects the
presence of a child and adjusts
or de-powers accordingly. The
standard Road Sensing
Suspension keeps body roll
under control and maintains an
excellent balance between ride
quality and road feel.

Escalade buyers can choose
between an all-wheel-drive
model and a less expensive two-
wheel-drive model. Either way,
you're still getting power and

one of the most powerful
SUVs on the market. Both
models have a four-speed
automatic transmission,
providing ample passing
power.

The 2003 Cadillac Escalade
is a power house of style and
luxury. For those who don't
need the big engine, save your
gas bucks and get the two-
wheel drive, but for those who
have to have the power, what
better vehicle to pay the
premium for than the 2003
Cadillac Escalade.AWD.

Scholarships Cont'd

Scholarships Page 6

studying at a HBCU that is a
member of the UNCF. Award
from \$1,000 to full tuition, to
about 60 students.
www.mcdonalds.com/countries/u
sa/community/education/scholar
ships/index.html

Xerox Technology Minority
Scholarship For minority
students studying in areas like
chemistry, engineering, physics,
and 'tech'. Award up to \$4,000
for undergraduates and more for
graduate students.
www.xerox.com and type in
'scholarship' in search engine.

Alpha Kappa Alpha
Scholarship This is the link to
AKA Chicago headquarters. You
can also contact local chapters.
www.akaaf.org/scholarshipprogr
am.html

NCAA Scholarships Awards
given in all sports categories,
varying from \$3,000 to \$12,500.
Also available for sports related
study, like sports journalism.
www.ncaa.org/about/scholarships
.html

National Alliance for
Excellence Scholarships Must be
seniors or already in college.
Submit application with
academic recommendations, art
slides, dance tapes, photographs,
or other materials pointing to
talent and achievement in all
areas. Awards are for a minimum
of one year, over 100 granted.
www.excellence.org/programs.ht
ml

Harry S. Truman Scholarship
Prestigious scholarship for
students intending pursuing a
public service or government
career. Graduate study should be
a goal. Must be at least a junior,
your college must nominate you.
A 'nomination' package must be
created. Awards can reach as high
as \$30,000 over the years, about
80 students are selected.
www.truman.gov

National Association of
Hispanic Journalists Awards from
\$1,000 to \$5,000, for students
interested in journalism as a
career.
www.nahj.org/student.html

National Association of Black

Journalists NABJ offers 10 \$2,500
scholarships. Must be attending a
four-year university, majoring in
print, radio, television or photo
journalism. Must present three
letters of recommendation from
school adviser, dean or faculty
member. Submit 500-800 word
article on a Black journalist. GPA of
3.0 or above.
www.nabj.org/html/studentsvcs.ht
ml

Hispanic College Fund
Scholarships For Hispanic students
majoring in business-related areas.
Award amounts vary, over 140
grants awarded.
www.hispanicfund.org/hcf-
scholar.html

Arts Recognition and Talent
Search Awards Granted to high
school or college students 17 and
18 years of age, talented in dance,
voice, music, art, and other creative
areas. Must audition or submit a
portfolio or tape. Award to be used
for freshman year in college.
Amounts from \$100 to \$3,000.
www.artsawards.org

Society of Women Engineer
Scholarships Targeted for women
majoring in engineering or
computer science. Amounts from
\$200 to \$5,000, at least 90 are
granted.
www.swe.org/SWE/StudentService
s/Scholarship/brochure.htm

American Institute of Architects
Minority Disadvantaged
Scholarship For minority students
enrolling in architecture programs.
Awards from \$500 to \$3,000, about
20 students selected. www.e-
architect.com/institute/scholar.htm

National Society of Black
Engineers/Lockheed Martin
Aeronautics Company Alumni
Extension Three \$1,000
scholarships to African American
seniors planning to pursue
technical, science (computer
science, IT, etc) or engineering, and
has been accepted to a four-year
institution. www.nsbe.org

Omega Psi Phi Fraternity, Inc. -
Theta Alpha Chapter Must be U.S.
Citizen, high school senior, have
two character recommendations,
and more. www.thetalphachap
ter.org

Norris Bishop Scholarship -
Omega Psi Phi Fraternity, Inc.

Alpha Iota Iota Chapter \$500 to
\$1,000 one-time scholarships

The Tom Joyner Foundation
Helps students continue their
education at Black colleges.
Provides money directly to
Historical Black Colleges and
Universities (HBCU). Scholarships
are awarded through the Financial
Aid Department at the HBCU
based on financial need and
academic achievement.

Hampton University
Scholarships Given by ESPN to a
Hampton University student. Two
awards of \$10,000. Contact:
renee.antoine@espn.com

Rowlett Women's Club, Inc.
Awarded to Rowlett, Texas resident,
U.S. Citizen, college bound senior
woman graduating from high
school, or returning to college to
complete or continue her
education. \$1,500 award. Get
application from: Rowlett Women's
Club, Inc. Attn: Scholarship
Committee, P.O. Box 626 Rowlett,
Texas 75080.

Legacy Foundation Scholarship -
Alpha Phi Alpha Fraternity, Inc. Xi
Tau Lambda Chapter Two \$1,500
scholarships. www.azhha.org.

Omega Psi Phi Fraternity, Inc.
Omicron Gamma Gamma Chapter
Must be U.S. Citizen, high school
senior in Dallas/Ft. Worth
metropolitan area. Must have 2.5 GPA or
above.

Cover The Court/Mark Holtz
Sports Journalism Scholarship
Dallas Mavericks are offering a
scholarship for students interested
in a career in sports journalism.
Award of \$2,000 awarded annually
to graduating senior within the
Dallas/Fort Worth area.
Applications available at
www.dallasmericks.com, or call
214.747.MAVS.

Miscellaneous sources for
scholarship information: Ebony
magazine, Sororities on college
campuses, Fraternities on college
campuses, Foundation/Trust
departments at any large bank.

ACT and SAT Tests Two
standardized tests given for
admittance in colleges and
universities. For registration:
www.act.org, or 1.800.525.6926.
Fee is \$25.00, additional for

telephone applications.

Great Web Resources
www.fastweb.com - customized
college search.

www.finaid.org - financial aid
information.

www.fafsa.ed.gov - free
application for Federal Student Aid.
Even if you think you do not
qualify, apply for federal aid by
filling out the FAFSA. Many
colleges use the FAFSA to
determine school-based aid.

www.ed.gov/prog_info/SFA/stud
entguide - The student guide to
Federal aid.

www.isac1.org/colsel/colsel.html
- College selection and admission
www.collegeboard.com/article -
Campus visit checklist

Collin County NAACP Monthly Meeting
Sunday April 13, 2003, at 5:00 p.m.
345 Industrial Blvd, McKinney, Texas 75069
(Held at McKinney Driving School)

Career Opportunities

Contact Ms. Janice Deans
to advertise in our career
opportunity section
972-509-9149

Fax or Email copy for
quote:

Fax: 972-509-9058;
Email: opportunity
@monthegazette.com

ACCOUNT EXECUTIVE

KSKY-AM is looking for full-time
Account Executives with outside
sales experience. Candidate
should have an understanding of
the programming and the mission
of KSKY. Previous radio sales
experience is not necessary.
Knowledge of southern gospel
music is a plus!

Please fax a letter along with a
resume to Lon Sosh, Sales
Department at 214-561-9662.

NO PHONE CALLS PLEASE

KSKY-AM is a subsidiary of Salem
Communications, an equal
opportunity employer

Store Management Opportunities

Hobby Lobby is a
leader in the Arts &
Crafts industry with
over 300 stores
located in 26 states.

Candidates must have
previous retail store
management experience in:

- supermarket chain
- craft chain
- mass merchant
- drug chain
- building supply chain

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- All Stores Closed on Sunday
- Competitive Salaries
- Paid Vacations
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- Medical/Dental
- Life Insurance
- Merchandise Discount
- Flex Spending Plan

Qualified candidates who
are self-motivated and
top performers must
apply online.

www.hobbylobby.com

HOBBY LOBBY

Career Opportunities

Contact Ms. Janice Deans
to advertise in our career opportunity section 972-509-9149

Fax or Email copy for quote: Fax: 972-509-9058;
Email: opportunity @monthegazette.com

MON-The Gazette

is looking for community
writers and reporters.
Pay on a contract basis
or by the hour.

Email your resume to
editor@monthegazette.com
or fax to 972-516-4197.

Leave a message at
972-606-3890.

We are currently
looking for
Photographer Interns.
If you have Photo
Journalism experience
or excellent
photography skills,
please email or fax your
resume to:

Attn: Jacqueline

Perry Williams
Email:
editor@monthegazette.com
Fax: 972-516-4197
Phone: 972-516-4191

Interns will be paid
per assignment.

CITY OF PLANO, TEXAS

Plano POLICE HOTLINE
(972) 941-7299
FIRE HOTLINE
(972) 941-7402
24 HOUR
CAREER INFORMATION HOTLINE
(972) 941-7116
Home Page: www.planotx.org
FAX (972) 941-7239
AA / EOE / ADA

For a listing of
Current Business
Opportunities with the City
of Allen go to
www.ci.allen.tx.us/
purchasing/
purchasing.htm
or call 972-727-0185

GARLAND FIRE DEPARTMENT DO YOU WANT A JOB OR A CAREER?

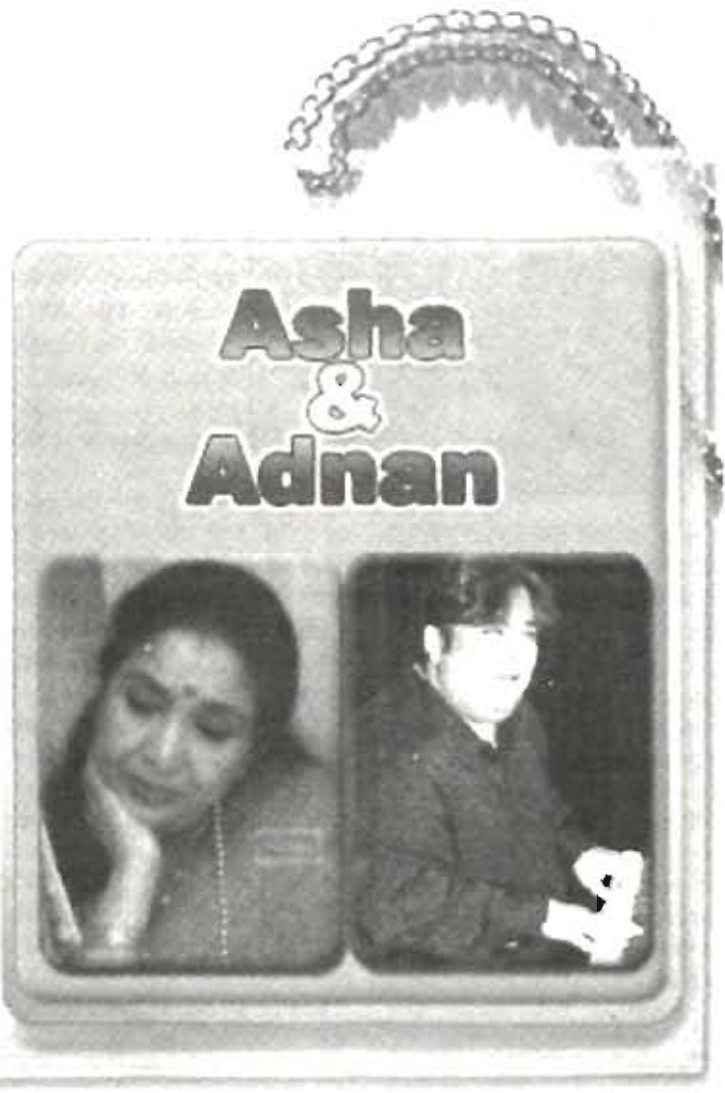


The Garland Fire Department is looking for men and women
interested in a career as a firefighter/paramedic. You must be
between the ages of 18 and 35 with a high school diploma or
GED. Starting salary is over
\$36,000. Visit our website at www.garlandfire.com or call our
Recruiter at 972-205-2976 for more information about this
very exciting, challenging and rewarding career.

A CAREER FOR LIFE

Arts & Entertainment

Asha & Adnan On Stage at NextStage



Released recently by Magnasound Kabhi To Nazar Milao, is an enchanting collection of solo and duet songs sung by Asha Bhosle and Adnan Sami Khan. The album features ten melodious

songs written by Raizur Rehman Saghar. Adnan himself has composed music.

Asha Bhosle's evergreen voice and Adnan's meaningful music make an exciting combination. Kabhi To Nazar Milao is a distilled realization of Adnan's life-long devotion to music. Based in Toronto, Canada, Adnan, apart from being a concert pianist is singer, a songwriter, composer and music producer. In short Adnan is a complete musician. Indian music is treasure house of music, where classical music has been the fountainhead of most compositions.

The evolvement of cinema, television and radio has transformed the musical scene along with the influence of various western music genres. Adnan is committed to experimenting new styles of music and thus creating formula music. In Kabhi To Nazar Milao Adnan has tried to facilitate both, i.e.

the tradition, as well as the contemporary, through pure and chaste compositions along with little flavour of Fusion. However while trying to balance between tradition and contemporary, Adnan has kept the melody to the forefront, offering a complete album.

While Adnan's music is just perfect for varied listeners, Asha Bhosle's voice has been the icing on the cake. Thus with such an entrancing combination the album is all set to entertain all types of audience to general pop loving people to hard core music buffs.

Ticket Information:
To purchase tickets, contact Ticketmaster online at Ticketmaster.com or by phone at 214.373.8000, metro 972.647.5700. Tickets are also available at all Ticketmaster outlets including, Foley's, Fiesta, Wherehouse Music, & Tower Records. In addition, tickets are available at the NextStage Box Office.

NEXTSTAGE at Grand Prairie.

Tori Amos
April 23
Bob Weir & Ratdog
@ The Granada
May 09
Asha & Adna
May 09
Gipsy Kings
May 16

On Stage at Next Stage

Def Leppard
May 25
Crosby, Stills, & Nash
June 10
Matchbox 20
June 21
Widespread Panic
July 20
Norah Jones
July 23

SMIRNOFF MUSIC CENTRE

April-August 2002
Ticketmaster - 972-647-5700

April 22 Jimmy Buffett	June 09 Pearl Jam
May 08 KEGL BFD	June 11 Peter Gabriel
May 15 James Taylor	June 16 Red Hot Chili Peppers
May 17 Edgefest 2003	June 21 Pat Green
May 18 KISS Party 2003	June 29 Ozzfest 2003
June 08 Journey/Styx/REO Speedwagon	July 18 Alabama
	August 05 Neil Young with Lucinda Williams

THQ World Supercross GP/AMA Supercross Series Returns to Texas Stadium



Dallas, Texas (March 5, 2002) THQ World Supercross GP/AMA Supercross Series, the premier off-road motorcycle racing series in the world, will return to Texas Stadium on Saturday, April 12. The gates open at 12:30 p.m. for practice and the show starts at 7 p.m.

Beginning on Tuesday, April 8 more than 500 truckloads of dirt will be brought into Texas Stadium to create a track that will entertain the crowd and challenge the riders, as

they launch some 75' in distance and three stories high off of the triple jump.

The 125cc Western Regional AMA Supercross Series points leader James Stewart will be racing for his sixth victory of the season. Stewart, 17, of Haines City, Fla., became the first African-American to win a prominent motor sports event last year when he earned the first victory of his career at San Diego's Qualcomm Stadium. This year he is vying for his first 125cc Western Regional AMA Supercross championship. Stewart can clinch the championship in Dallas if he finishes in third place or better and Travis Preston, who is second in the season standings, wins the event.

Last year, defending 250cc champion Ricky Carmichael, who rides for Honda, cruised to his ninth 250cc victory of the season at Texas Stadium in front of 43,789 fans. Carmichael, who dethroned seven-time supercross champion Jeremy McGrath in 2001, is racing for his third 250cc championship.

In 2002 supercross set an attendance record in the sport's rich history - a remarkable 792,909 fans attended the 16-city tour, averaging 49,556 per event. THQ World Supercross GP/AMA Supercross

races that take place inside Major League Baseball and National Football League stadiums throughout the country produced five sold-out events last season: Anaheim (three stops), Atlanta, and Las Vegas. Moreover, near capacity crowds packed San Diego, Phoenix, and Indianapolis.

Tickets for the THQ World Supercross GP range from \$10.00 to \$30.00 and are available at www.ticketmaster.com and www.sxgp.com.

About THQ World Supercross GP and AMA Supercross Series:

THQ World Supercross GP is a 17-round global series that is produced and promoted by Clear Channel Entertainment and Dorna Off Road S.L. Riders must compete in the international rounds to be eligible to win the world championship. In 2002-2003, the 17-event THQ World Supercross GP will be comprised of two international events in Geneva, Switzerland and Arnhem, Holland, and 15 of the 16 events that are conducted in major markets throughout the United States as a part of the AMA Supercross Series. The other AMA Supercross Series event held in Daytona Beach, Fla., is independently produced by the International Speedway Corporation, and is not a part of the THQ World Supercross GP. An AMA Supercross

Series rider will be crowned for the series of events conducted in the United States only.

THQ World Supercross GP is the premier off-road motorcycle racing series in the world. Clear Channel Entertainment is the largest promoter and producer of live events in the world, with a broad based tradition in the promotion and production of motorcycle racing events. The FIM, Federation Internationale de Motocyclisme, is the body that globally governs motorcycle sport at the world level. Among other matters, the FIM groups together 85 affiliated National Federations relating to the sport of motorcycle racing. AMA Pro Racing is the National Federation representative that sanctions motorcycle-racing events in the United States. Dorna Off Road S.L. is an internationally recognized sports management group established in 1988 with an emphasis on major international motor sports events. Dorna is headquartered in Madrid, Spain with branch offices in Barcelona, London and Tokyo. In addition to its involvement with THQ World Supercross GP, Dorna manages the rights to MotoGP and the FIM Motocross World Championship. For more information on THQ World Supercross GP and the AMA Supercross Series, log on to www.sxgp.com.

House of 1000 Corpses



From musician and horror fan Rob Zombie comes this twisted tale set in rural Texas during the '70s. It follows two couples searching for a man — myth or legend? — called "Dr. Satan." As one might expect on a hunt for somebody with that nickname, a band of evil freaks disrupts the couples' journey and leads them into a bizarre world of murder and mayhem.

Starts April 11, 2003 - limited release

Anger Management



Dave Buznik (Adam Sandler) is a mild-mannered businessman sent to an anger-management program after an outburst on an airplane. Trouble is, the program's therapist (Jack Nicholson) is a wild, volatile nutcase whose own rage is clearly out of control. He's supposed to calm Dave, but instead he drives him crazy while turning his life upside down.

Starts April 11, 2003



Mesquite Independent School District Board of Trustees Election held

May 3rd

A Catalyst for Positive Change

To contribute or volunteer contact Michelle Harrison (972) 814-7885

Campaign for Denise Upchurch for School Board Place 7, 1521 Creek Valley Rd. Mesquite, Texas 75181 (972) 222-2595

I am Denise Upchurch and I CARE about the Mesquite Independent School District

Communicate: I believe the most important role of a school board member is to communicate with parents to make sure that district policies reflect the values of our community.

Alternatives: I will work with other board members to be pro-active in seeking the best alternatives for the MISD in funding, education, technology, and the hiring and training of the best teachers and education support staff.

Respect: I respect the diversity of views that make our community vibrant. ALL voices will be heard.

Enrich: I am devoted to enriching the education we provide to the children of Mesquite through parental involvement, support for our teachers, and the development of district policies that will allow us to fulfill our obligation of providing the best possible education for the children of the MISD.

I am asking for your support on May 3rd, 2003



NTheKnow.com and

Millennium Jaguar, invites you out to attend "The Ultimate Upscale Networking experience", where you can unwind in a elegant setting and network with 800 of the finest urban professionals and 75 business vendors. Listen to the sultry sounds of Jazz, brought to you by, Majik Touch*, while you dine on Complimentary cuisine and beverages.

Date: April 11, 2003
Time: 6:30 PM -10:30 PM
Place: Millennium Jaguar
Address: 4422 Plano Parkway
Plano, TX 75093
Phone: 972-769-2000



Sister Tarpley

By: Rev. Denny D. Davis, Servant
St. John Baptist Church
in Grand Prairie, Texas

What do you do when the bottom drops out? As we look at the life of Abraham and think about the fact that he was called of God to become the father of a nation, in particular that God wants to use him to foster a family of faith. We recall how the Lord summons him out of the land of Ur of the Chaldees and how God instructed Abraham to go to Canaan. But on his way to Canaan, he stops off in Haran and that pit-stop became a parking lot and he hung out there for 12 years.

God instructed him to leave certain of his family and friends behind, yet he took his father and his nephew Lot with him. Abraham lodges in Haran, he takes up residence in Haran, he lives there for 12 years. Finally, after the death of his father, God speaks to Abram again and says it's time for you to get up, to move out and on with your life. It's in Canaan that I intend to bless your life, to use you as the father of a nation, to crown you as the father of the faithful. It's there that I want to multiply your seed; Canaan is your place of destiny.

My brothers and sisters often in life we pit-stop where we ought not stop and to make matters worse, we turn the pit-

When The Bottom Drops Out! Genesis 12:10-20

stop into a parking lot. Too many times we get stuck in a rut. God is trying to put you in a position whereby you might become a bigger blessing to others.

What you have to discover every now and then is that when you are living the life of faith, your steps are not ordered or dictated by your own wishes or desires; the Bible says that the steps of a good man are ordered by the Lord. The fact that God uses any of us is a privilege. Abraham was living in the midst of a pagan society and worshipping idol gods, but the call of God came upon his life and Abraham answered; consequently he was no longer in charge of his destiny. Sometimes if we are not careful, we can delay our destiny by our own disobedience.

God says to Abraham, "You hung out in Haran, but it's now time to move on. What I intend to do in and through you is not going to happen in Haran. In Canaan you will be a bigger and better blessing to many. However, the time you have spent in Haran has not been unprofitable; even though you might be off course, I am still in control. I will never allow an investment go unrewarded."

My brothers and sisters, there are times that even though you obey God you still have to deal with unfavorable circumstances and situations. The "walk of faith" will not make your road smooth sailing; there are still obstacles and challenges that you must contend with as you journey in faith. As

you walk, God will reveal. Some of us think that when we give our life to Christ, we will not have any more problems, but that's when problems begin. God doesn't want you to get the "big head" so God balances the blessings. Also, as you move into your place of blessings, Satan wants to sow a seed of doubt to discourage you.

When God sends you some place, He already knows "what's up." Get to the point that you understand that God is able to sustain you no matter where you are. God allows us to experience frightening situations to produce faith in us. Faith requires three main things: A divine dependence, a divine discipline and a dedicated devotion. We walk by faith, not by sight. Faith is the substance of things hoped for and the evidence of things not seen. The commands of God have challenges. You have to deal with family, flesh, friends, facts, and feelings. Faith is based on the word of God and it never changes. But where God guides, God provides.

What do you do when the bottom falls out? My suggestion is to learn how to call on the name of the Lord.

Email: starpley@wt.net
Pager: 214-833-1639
Voice Mail: 972-606-3878
Fax: 972-516-4197

Let MON-The Gazette help your church accomplish the Prayer of Peter, "Enlarge our territory to expand opportunities that may impact in such a way that we touch more lives for God's glory. Let us do more for Him."

Church Happenings Page 7

Heart Church Ministries of Dallas

April 26

Women's Conference
2003-Daughters of Faith
"Women made whole by faith in Jesus"

Breakfast & Registration:
8:00 a.m. to 8:45 a.m.

Conference Sessions: 9:00 a.m. to 2:00 p.m.

Registration: \$45
(Registration includes conference teachings, continental breakfast, plated lunch, and registration gift bag.)

Conference Hostess and Speaker- Rev. Tonya McGill

For more information, call 972-255-1111

The event will be held at the Las Colinas Marriott
223 West Las Colinas Blvd.
Irving, TX 75039

MESQUITE FRIENDSHIP BAPTIST CHURCH

2nd & 4th Sundays

Blood pressure screenings available after 11:00 a.m. service

For more information about our events, call the church at 972-329-5030 or visit www.mesquitefriendship.co

Mesquite Friendship Baptist Church
Terry M. Turner, Pastor
2232 Franklin Drive

Mesquite, TX 75150

MT. HEBRON BAPTIST CHURCH

Wednesday Night Tutoring

7:00 p.m.-8:15 p.m.

Tutoring for students in grades K-12 in all subject areas. Free and open to the public

For more information concerning any of these events, call 972-276-5218.

Mt. Hebron Baptist Church
Rev. Leonard Leach, Pastor
901 Dairy Rd.
Garland, TX 75040

MT. OLIVE CHURCH OF PLANO

Tuesdays, 9:30-10:00 a.m.

& 11:30-12:00 p.m.

Free 30-minute singing lessons, limited to one lesson per week

Call the church to schedule a lesson.

Tuesdays & Thursdays, 7:00 p.m.-9:00 p.m.

Counseling by Minister Gloria Fenceroy-Call the church for an appointment

Tuesdays, 7:30 p.m.

Tuesday Deliverance by Pastor Sam-Deliverance Issues Sessions-Call the church for an appointment

For more information, call 972-633-5511

Mt. Olive Church of Plano
Pastor Sam & Minister Gloria Fenceroy
740 Ave. F, Ste. 303

Plano, TX 75074

NEW MT. ZION BAPTIST CHURCH

April 13, 2003

Prairie View A&M University Concert Choir to benefit the university's music and drama department.

For more information, contact Ada Rochelle Raglin "Concert Publicity Chair" at 214-381-1790 or email arraglin@yahoo.com

New Mt. Zion Baptist Church
9550 Shepherd Rd.
Dallas, TX

SHILOH MISSIONARY BAPTIST CHURCH

Every 1st & 3rd Tuesday

7:15 p.m.-8:15 p.m.

The Singles Ministry of Shiloh Baptist Church is sponsoring a single's fellowship, providing positive life enrichment opportunities, support, and interaction with other singles within the context of the Christian Faith.

Light refreshments served.

For more information, contact Minister Daniel Shaw at 972-291-0449 or email lakeith75104@yahoo.com

Shiloh Baptist Church
Rev. Isiah Joshua, Jr., Pastor
920 E. 14th St.
Plano, TX 75074

Feel Better Now.

KHVN

HEAVEN 97

Uplifting, Inspirational Music

New Mt. Zion Baptist Church of Dallas

Sunday Service

Morning Worship
7:30 am & 10:30 am
9:00 am Sunday School

Wednesday Service

Prayer Meeting 7:00 pm
Brotherhood 7:00 pm
Missions 7:00 pm
Singles Group 7:00 pm
Bible Study 7:45 pm



Pastor Robert E. Price

A Praying Church Family
"Watchmen on the Walls"

214-341-6459 (Phone) • 214-342-8403 (Fax)
9550 Shepard Road
Dallas, TX 75243

www.nmzb.org (Website) • newmzb@aol.com (Email)

Friendship Baptist Church

Dr. C. Paul McBride, Pastor



Schedule of Services:

Sunday

Early Morning Worship
8:00 a.m.
Sunday School Classes
9:30 a.m.
Morning Worship
11:00 a.m.

Evening Worship (1st Sunday) 6:00 p.m.

Tuesday

Early Bird Bible Study 6:00 p.m.

Wednesday

Morning Bible Study 9:30 a.m.
Prayer Meeting and
Evening Bible Study 7:30 p.m.

4396 Main Street

The Colony, Texas 75056

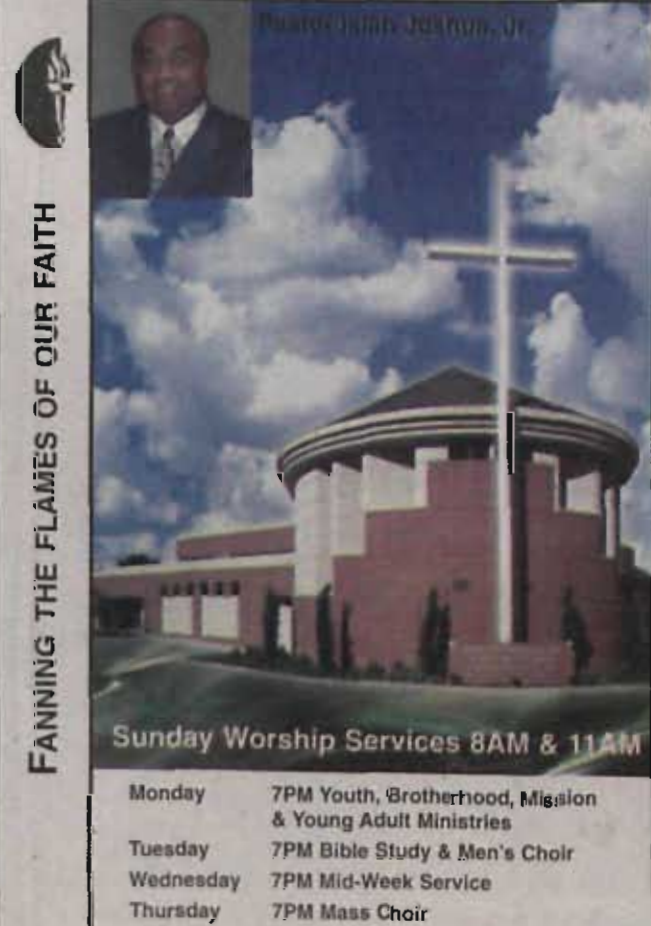
(972) 625-8186

website: www.fbc-online.net

"The Church with a Vision"

Shiloh Missionary Baptist Church

920 E. 14th Street Plano, TX



FANNING THE FLAMES OF OUR FAITH

FANNING THE FLAMES OF OUR FAITH

Sunday Worship Services 8AM & 11AM

Monday	7PM Youth, Brotherhood, Missions & Young Adult Ministries
Tuesday	7PM Bible Study & Men's Choir
Wednesday	7PM Mid-Week Service
Thursday	7PM Mass Choir

For more information call (972) 423-6695
www.shilohbaptistchurch.org

Saint Mark Missionary Baptist Church

1308 Wilcox Street, McKinney Tx
Pastor Charles S. Wattlely



Sunday

Education Ministries... 9:30 a.m.
Worship Celebration... 11:00 am.
- Nursery Facilities Available -

Wednesday

Family Ministries... 7:00 p.m.

Friendly Fellowship with A Family Focus
For More Information Call
972.542.6178

www.saintmarkbc.com
stmarkmissionary@aol.com

Mt. Olive Church of Plano

A Church Called to Unite the Body of Christ

740 Ave. F #303

Plano, TX 75074

A Non-denominational Church for all Nations



Pastor Sam Fenceroy Minister Gloria Fenceroy

Standard Announcements

Sunday School	9:30 AM
Worship Service	10:45 AM
Men & Women Ministry	1st & 3rd Mondays 7:30-8:30 PM
Leadership Meeting	2nd Mondays 7:30-8:30 PM
Marriage Enrichment & Singles Ministry	4th Mondays 7:30-8:30 PM
Deliverance from Issues	Tuesdays 7:30-8:30 PM
Mid-Week Service	Wednesdays 7:15-8:30 PM
Youth Bible Study	Wednesdays 7:15-8:30 PM

Radio Broadcast Station 1040AM-KGGR
M-F 10:25-10:30 AM

For More Information: (972) 633-5511
or E-Mail sfenceroy@aol.com

Genesis 26:22

Room Enough



CORPORATE
1701 W. Jefferson Street
Grand Prairie, Texas 75051
7:00 A.M.
Sunday Morning Worship Service



**NORTH
FAMILY FELLOWSHIP**
2805 Market Loop, Suite 300
Southlake, Texas 76092
9:00 A.M.
Sunday Morning Worship Service



NEXTSTAGE
1001 NextStage Drive
Grand Prairie, Texas 75050
10:00 A.M.
Sunday Morning Worship Service

The St. John Experience
www.sjbcfamily.com

St. John Baptist Church
One Church - Three Locations



Denny D. Davis, Servant

