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# The Gazette

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May 15-31, 2001



**Study uncovers pre-writing in Asia**  
NEW YORK (AP) - Archaeologists say an ancient civilization that thrived in Central Asia more than 4,000 years ago may have developed a written language or at least experimented with a form of proto-writing. Archaeologists have given the culture the name Bactria Margiana Archaeology Complex, or BMAC, after the ancient Greek names for two lands in the region. A stamp seal made of anthracite is the first evidence of a literate Central Asian society.

**Mandela takes time off to write second book**  
JOHANNESBURG, South Africa (PANA) - South African former President Nelson Mandela has left for an undisclosed country to complete a book expected to explain developments in the run up to the 1994 multi-racial poll in South Africa that ended apartheid, and Mandela's presidency. Mandela, will come home on regular basis to fulfill engagements that have already been scheduled.

**Holyfield-Ruiz set for Aug. 4**  
NEW YORK (AP) - Evander Holyfield and WBA heavy-weight champion John Ruiz will fight in Beijing on Aug. 4 - their third bout in a year. Holyfield beat Ruiz in a decision in August. Ruiz then took the title by unanimous decision March 3. Don King originally planned to have the fight in China on June 30, but delayed the bout after Holyfield lost to Ruiz.

**Happy thoughts may prolong life**  
LEXINGTON, Ky. (AP) - A 15-year study of aging and Alzheimer's disease in nuns suggests a positive emotional state at an early age may help ward off disease and even prolong life. The theory is that negative emotional states such as anxiety, hatred and anger can have a cumulative effect on the body over time. Over decades and decades, people that turn these negative emotions on and off several times daily are more likely to fall victim to heart disease and stroke.



## Beat the Texas heat with a smartly planned vacation

By Delicia Carter  
Gazette Senior Writer

The smell of summer is in the air. The days are hotter, the nights are longer, and everyone is thinking about a vacation. Do not despair, summer is almost here and vacation time is around the corner.

Now, come the big questions: Where to go, How much to spend, How long to stay? Regardless of time and money, vacations are possible for everyone. To get maximum fun for minimum cash, evaluate budget, needs and wants. The needs of a vacation are: travel expenses (including gas for road trips), food and lodging. The wants of a vacation are: souvenirs and costs for sight-seeing.

If you or your family is planning to travel outside the United States, do not forget necessities, such as passports and proper documentation. It is also smart to use travelers' checks, instead of cash because cash cannot be replaced. Also, check weather information and pack accordingly. Just because it is hot in Texas, does not mean Australia will be hot too.

With whom you are vacationing will be a factor in where you go and the accom-

modations. Kids need more entertainment, think Disneyland. Couples need only each other, consider a private island. Vacationers can go anywhere, from the Bahamas to their backyard. Consider the following vacation spots:

### In Texas:

**Austin**-The state capital building is magnificent, as well as the Lyndon B. Johnson library and museum. Austin also has great trails for running, walking or biking. Lake Austin Spa Resort is available for a getaway with the girls. The Austin Art Museum overlooks Lake Austin and has great 20th century art. The nightlife in Austin is always jumping, especially on Sixth Street, which features a wide variety of clubs.

**San Antonio**-The home of the Alamo and the Spurs. This city offers fun and food along the River Walk and great crafts at the arts community, La Villita. La Villita is across the street from HemisFair Park, which holds the best museums and Institute of Texas Cultures. Kids will also enjoy a trip to Fiesta Texas, where they can ride roller coasters and

watch shows.

### Inside the United States:

**Aspen, Colorado**-It is not just a ski joint. Aspen is a great place to escape the Texas heat and enjoy the cool outdoors. Aspen offers hiking and biking in the mountains and cheaper hotel rates in the summer off-season. Fork River also provides kayaking and rafting excursions.

**Orlando, Florida**-This is a perfect place for kids. Filled with Disney World, Universal Studios, Sea World and Epcot Center, it is sure to be a crowd pleaser. The weather is warm and there is always somewhere to go and something to do. There are also many fine restaurants around the area and most are child-friendly.

**Washington, D.C.**-A learning experience as well as a vacation. The capital city has many places to see and visit-a real patriotic vacation. In the way of sightseeing, Washington offers, Arlington National Cemetery, Luray Caverns, Lincoln Memorial, the Smithsonian, the White House, the Washington Monument, Dinosaur Land, Mount Vernon and the U.S. Holocaust

Memorial Museum. There are also plenty of art museums, restaurants and shopping areas.

**San Francisco, California**-San Francisco presents a cultural experience for everybody. Tourists can enjoy taking a ferry to Alcatraz, visiting Golden Gate Park, Baker beach and Ghirardelli Square. The shopping in San Francisco is great and Fisherman's Wharf is a fun tourist site. The San Francisco Zoo and Steinhart Aquarium are fun places for families to visit.

### Outside the United States:

**Paris, France**-The City of Love packs in enough sight-seeing and fun for everybody. The Louvre Museum contains the famous Mona Lisa and many other great works of art. Notre Dame Cathedral and the Tour de Eiffel are other popular sites. Disneyland Paris is a wonderful place for kids and there are many city and guided tours available. Paris is known for its delectable food, especially desserts and pastries.

**Florence, Italy**-A beautiful, majestic city that is perfect for couples. Galleria degli Uffizi is the greatest picture gallery in Italy and Giardino di Bobli Park is perfect with palace gardens and pebbled pathways. The food is marvelous with truly unique

Italian cuisine that cannot be found in the United States.

**Ontario, Canada (Niagara Falls area)**-Niagara Falls is spectacular, but outside of the Falls there is not much to see. The Falls are perfect for a family trip or young college group. Tourists can go on a Cave of the Winds walking tour, Maid of the Mist boat tour and cross the beautiful Rainbow Bridge. Canada has splendid countryside, so Niagara Falls could be planned as a day trip or a detour.

**Jamaica**-Truly a perfect vacation for newlyweds. Jamaica jams in the summer with the Reggae Sunsplash and Reggae Sumfest. Jamaica also furnishes hiking on the trails in the Blue Mountains, horse-back riding, scuba diving and sailboating. There are plenty of golf courses for the gentlemen and limestone caves to be explored. In the capital of Kingston, tourists will find the famous Bob Marley Museum and a huge craft market on the beach area.

Whatever taste, style, budget and needs you bring to the vacation table this summer, you are bound to find a flawless place for you and your fellow vacationers. Remember to book flights early, do the research to find the cheapest and best accommodations and most importantly, pick a place with enough excitement for everyone.

## Travel Tips

1. Evaluate your budget to determine possible vacation destinations.
2. Book travel reservations early to ensure best deals.
3. Gather proper documentation for international trips.
4. Use traveler's checks instead of cash. Cash cannot be replaced.
5. Choose a destination that will be fun for the entire family or group.

## Collin County programs have the cure for summertime blues

By Delicia Carter  
Gazette Senior Writer

The long, hot months of summer are approaching and causing many parents to ask the familiar question, "What do I do with my kids?" Parents want their children to enjoy the summer with enough playtime, but also do not want their children to forget all they learned in school. Balancing entertainment and learning activities does not have to be difficult.

Activities for children in the area come a dime a dozen this summer with various camps, programs and events. Signing a child up for soccer, dance classes, piano lessons or even a weeklong summer camp establishes new skills and friends that can last a lifetime.

Museums always provide a cultural experience and there are plenty in the area from which to choose. The Dallas Museum of Art, The Dallas Zoo and The Dallas Aquarium at Fair Park are not only fun places to visit, but are excellent for learning. Also, the Shakespeare Festival of Dallas is always a popular event for the whole family. Free Shakespeare productions are done live at Samuel-Grand Park. Log onto [www.shakespearedallas.org](http://www.shakespearedallas.org) to find out the summer schedule.

The Dallas Arboretum has a Kids Nature Club and other summer events for children. Old City Park in Dallas also

has a variety of summer programs, including a Pioneer Camp, Boomtown Camp and a Junior Docent (tour guide) camp. Visit [www.oldcitypark.org](http://www.oldcitypark.org) for information. SMU Meadows School of the Arts Community Education Dept. offers affordable, fun classes for children and adults in the fine arts.

The YMCA of Dallas is another wonderful place for children to learn and meet new people. YMCA offers swimming lessons, youth sports, discovery camps (ages 3-5), day camps (ages 6-12), teen camps and programs (ages 13-18) and many other camps and programs for children to learn and meet new people.

Plano Parks and Recreation



Summer programs offer many activities for children including learning to play musical instruments.

has a summer lunch program for area children ages one to 18. Free lunches are served Monday through Friday. During lunch, children will be entertained with puppet shows, clowns, jugglers and group activities. The summer lunch program will be held at the Williams Recreation Center, 1712 Avenue P.

The Boys and Girls Clubs in Collin County have a magnificent summer line up with a summer day camp starting

June 4 and ending when school resumes. The day camps offer field trips, arts and crafts and other various learning experiences for only \$15 per week.

The Boys and Girls Club has volunteer opportunities for older children and no experience is necessary.

Fighting summer boredom is easy with a little planning and creativity. There are many opportunities for children to keep their minds and bodies active this summer. Parents and children can have a better summer by participating in some of the area events and programs. After all, happy kids mean happy parents.

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## Useful Numbers:

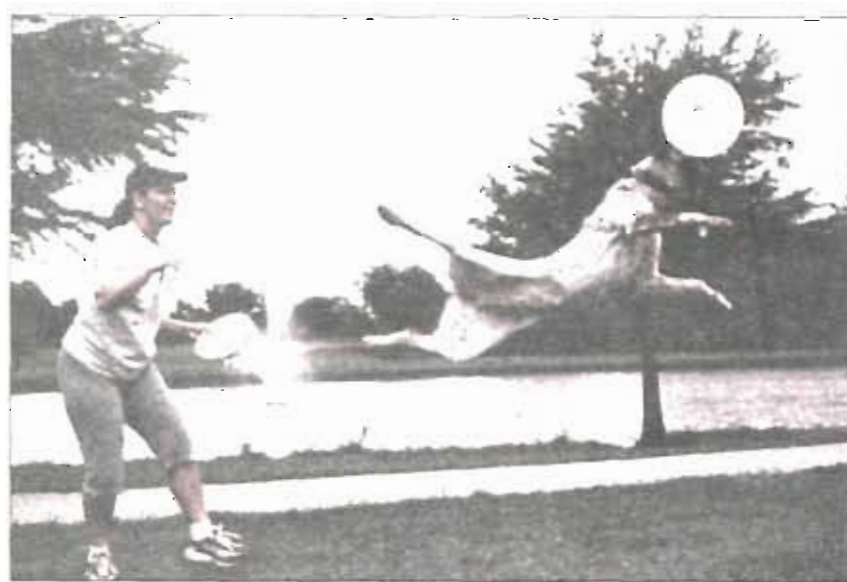
Kids Nature Club	(214) 327-5901
Old City Park	(214) 421-5141
Meadows School	(214) 768-3343
YMCA	(800) 269-9622
Plano Parks	(972) 941-7250
Boys and Girls Club	(972) 424-6301
	(972) 633-9699 volunteer line



## Community Spotlight

Earth, Wind and Fire light up the stage during their performance at the Annual Gala and Auction of the African American Museum. The gala was held in Downtown Dallas and is the primary fund-raiser for the museum.

Photo by Stan R. Davis

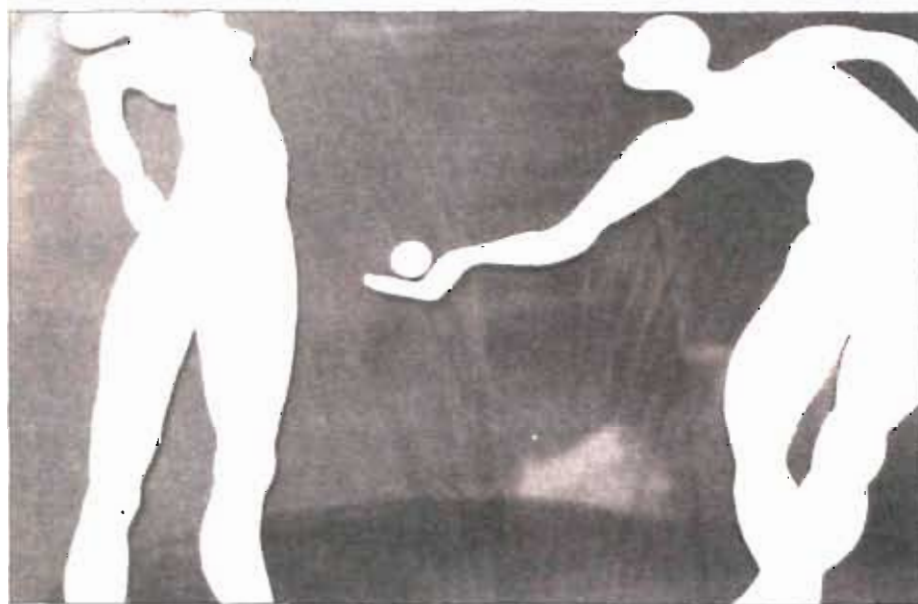


Angie McKee watches her dog take flight for a Frisbee at the Paws in the Park event at Woodruff Park.

Photo by Maggie Ybarra

One of the featured works of the McKinney Arts & Jazz Festival join the Historical Downtown district. The festival featured boutiques, art galleries, antique shops and collectibles.

Photos by Maggie Ybarra



Street performers, like (front) Michael Welsh and (back) Daniel Portwig, entertained crowds during the festival. "Taste It on the Square," a sampling of some of McKinney's finest restaurants was also included in the festival.



Country music star Tracy Lawrence grooves to audiences during YACFEST 2001. The concert was sponsored by the City of Plano Youth Advisory Commission and also featured local bands Shylock and Rubix Groove.

Photo by Maggie Ybarra



Visitors to the festival admire the work of artist Doris Morby. More than 100 artists' works were on display during the weekend event.

Plano Community Forum Martin Luther King Jr. Scholarship recipients Michael Parker, Eva Sampson, Obinna Ugokwe, Alicia Washington, Ceshea Wooten, Jan-Michael Akers, Brandy Canady, Liane Covianaldi, Brandon Hall, Steven Hodridge and Sue-Jean No received awards during the organization's scholarship program. The Forum has awarded more than \$190,000 to 100 graduates.

Photo by Maggie Ybarra



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**Sunday Worship Services**  
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Every Tuesday, 7:30 P.M.



## Graduation means cold slap of reality of many youngsters

Across the country, May marks the beginning of a new chapter in the lives of many young adults. Whether it is graduation from high school or college, ceremonies will be held to acknowledge this milestone. Few of us will ever forget our graduation day(s). If you were like many others, you were naively convinced that nothing could be more significant than the achievement you had just accomplished. For high school graduates, surely nothing could be better than their experience during those years. Likewise, the college graduate knows that their years have been the most relevant and meaningful. Fortunately, both are right.

Ironically, the word "graduation" denotes the twofold importance of the event. First, it brings closure to the prior education that one has worked for. Moreover, it serves as the beginning of the next phase of personal and professional development. Life is a continuous series of graduations - each one building upon the next to create the template for the person we wish to become. The measure of our success then, is gauged by the actions we take to use all that we have learned to make the world and ourselves better.

As Nelson Mandela said during his Inaugural Speech, "Our deepest fear is not that we are inadequate,

Our deepest fear is that we are powerful beyond measure.

It is our Light, not our darkness, that frightens us.

We ask ourselves, "Who am I to be brilliant, gorgeous, talented and fabulous?" Actually, who are you not to be?

You are a child of God. Your playing small doesn't serve the world. There's nothing enlightening about shrinking so that other people won't feel insecure around you. We were born to make manifest the glory of God that is within us. He's not just in some of us; He's in everyone. And as we let our light shine, we unconsciously give other people permission to do the same. As we are liberated from our own fear, our presence automatically liberates others."

You may not have to be faced with the obstacles and challenges that men of courage such as Nelson Mandela or Martin Luther King or Mohandas K. Gandhi endured, but there will be times when the courageous path will be the best. There will be times when you must speak up when the faint hearted will not, or act decisively when others, afraid of the consequences to themselves, will not act at all. As parents, educators and those who have watched you mature, we hope you have the ability to know right from wrong and act according to your conscience

and not convenience.

As you look back on your years in school, please remember that you have many people to thank. Your teachers have challenged your minds, your parents supported your efforts and your friends and classmates have provided friendly competition. All of these things have come together to provide you with a foundation for the future, a foundation for you to build upon, which can only be constructed with the bricks and mortar of education.

Last, remember that those who have loved and cared for you still do. Perhaps this sentiment is best captured by this poem written by an unknown parent upon their child's graduation:

*Graduation is a time  
For feeling very proud,  
For thinking lots of lovely thoughts  
And saying them out loud.*

*It's a time for feeling love  
About to overflow,  
And just before it leaps its banks,  
To let the loved one know.*

*And so I'm very proud of you  
For being who you are,  
For making something of yourself,  
For making it this far.*

*I'm proud because I am a part  
Of everything you do  
This time's the time to say how much  
In love I am with you.*



Ron  
Shaw

## The Key to Successful Relationships

Matthew 19:8

Two teenagers were sitting in my office a few days ago discussing their relationships with their boyfriends. As I listened to them, I was so amused at the fact that they sounded like adults. It's amazing how little we seem to learn about relationships as we grow older. The questions they asked were the same questions adults ask. As we bend our ears towards the voice of the world, we continue to look for answers that can quickly be resolved by the Bible. One question they asked was, "Why don't we seem to get along like we did when we first met?" Other comments included, "he doesn't consider my feelings." I asked them what they were contributing to the relationship, and like most adults, they were stumped by the question. When I talk with adults, I'm always puzzled why most of the emphasis is on the duties of the other person.

A week ago I had lunch with a good friend, and asked her the same question. "What do you intend to contribute to your relationship?" She too went blank at this question. These questions get to the core of the problem with all

relationships. Whether it's between God and man, man and woman, parent and child or just between friends, this problem, when left unresolved, is the root of the disintegration of all relationships.

In our text Jesus is questioned about divorce. Divorce is the severance of a marriage. We don't usually use the word in the context of any other relationship, however other relationships can certainly suffer the same ending. Jesus identified the root cause of divorce as insensitivity.

What exactly is insensitivity? It is considering only oneself, or selfishness. The "golden rule" says, "Therefore, whatever you want men to do to you, do also to them, for this is the Law and the Prophets." (Matt 7:12) It doesn't say expect men to do to you what you do to them. The emphasis is on the individual.

I'm often puzzled as to why this is such a difficult rule to follow, especially by those who claim to be spiritual individuals. In talking with parents, I'm saddened by the absence of this rule when it comes to their kids. If parents would follow the golden rule, our kids would not be experi-

encing the trauma that we are seeing in our communities today. In talking with men, the issue I find the most common is their insensitivity to women. It suggests that nothing or no one else gets attention but themselves.

How do we fix this? First, it requires a change of heart. A hard heart requires the transplant of a flexible and understanding heart. This happens as we develop a relationship with God that can gradually bring about a change of heart. Second, we must constantly undergo conditioning to maintain that understanding. A steady diet of the scriptures accomplishes this. Finally, we must maintain constant fellowship. Fellowship with others helps us live in a world filled with people who are not all like us and appreciate the differences.

People don't always break up because they don't feel love for each other or because they aren't emotionally bonded to one another. They don't always break up because they have nothing in common. Not matter the reason, Jesus said the root cause is insensitivity, which is a condition of the heart.

## Se Habla Espanol? Bush And Democrats say "Si, Si"

By Earl Ofari Hutchinson  
NNPA

His Spanish was halting and stilted but it was Spanish nonetheless. And when President Bush gave part of his weekly radio address in commemoration of the Mexican holiday Cinco de Mayo it was a first for America. And it will not be the last. Bush said that he would deliver at least part of his weekly addresses in Spanish. The Democrats in their own weekly radio address rolled out Texas Democrat Silvestre Reyes to deliver a rebuttal to Bush in Spanish.

While House Minority Leader, Richard Gephardt

finished the address in English, it wouldn't surprise if he and other House Democrats cram in a Berlitz Spanish course and toss out a few Spanish words in the future. The Spanish broadcasts by Bush and the Democrats are not examples of political one-upmanship or a cheap bow to multi-culturalism. It's a recognition of the following three changed political and economic realities in America:

•English-Only Failure. The Latino population has skyrocketed 30 percent nationally, and nearly 40 percent in America's 10 ten cities in the past decade.

The flood of English-only initiatives and laws in California and Alabama, and the recent Supreme court upholding a state's right to enact them, will not change the surge to enshrine Spanish as America's second-first language. In Los Angeles,

Phoenix, Albuquerque, San Antonio and dozens of other cities in the South and West there are legions of Spanish language ads on billboards, buses, and in newspapers. There are street signs, TV and radio broadcasts, and school texts in Spanish. Many employers are learning Spanish to better communicate with their Latino workers. There are now entire neighborhoods in some major cities where Spanish is the only language that many newly arrived immigrants can feel they need to speak.

•Economic Clout. Advertisers currently spend a paltry \$2 billion of their \$200 billion yearly advertising budget to tap the Latino market. This will change. The disposable income of Latinos soared to \$450 billion during the 1990s. The Selig Center For Economic Growth in Georgia pays their

total disposable income at \$7 trillion. Credit card, shipping, and communications companies, trade and tourist associations, hotels, airlines, and sports franchises are now feverishly marketing products to snatch a bigger share of their dollars.

•Political Power. Latinos make up about 5 percent of the vote nationally and that number is expanding by the day. But more eye appealing to politicians is where those voters are concentrated and their political significance. The biggest number of Latino voters is in California, Florida, Texas, and New York. These are the key electoral states that virtually determine who sits in the White House and who controls Congress. The ranks of Latino voters are also big and getting bigger in 10 other states. The spectacular rise in Latino political power is especially evident in California.

There are now nearly two and a half million Latino voters in the state, and at the current rate of population growth, the number of Latino voters will leap to nearly 3 million in the next two years. They will make up

about 40 percent of the state's voters. In Los Angeles County, the nation's biggest county, the percentages will be even higher. The estimate is that about one out of three voters will be Latino. Two of America's biggest cities, San Antonio and Miami, have Latino mayors. The chances are good that Los Angeles will elect a Latino mayor in a June election. Nationally, there are now more than 5,000 Latino elected officials.

Bush and the Democrats will dump millions into campaigns to attract Latino voters for the 2002 off-year national elections. Democrats will push their legion of Latino Democratic politicians to exhort Latino voters to punch the Democratic ticket. Republicans are banking that many Latino voters will stampede to the GOP mostly because of Bush. He did more than any other Republican politician in recent years to woo and win Latino voters in Texas. His praise of Mexico-U.S. relations, support of the extension of the undocumented immigrant registration deadline, and his broadcast in Spanish is a naked attempt to wash away the horrid taste

past Republican opposition to affirmative action and immigrant rights left in the mouths of many Latino voters.

Many Latino leaders and elected officials and voters also are not bound in the straitjacket of the Democratic party. In California and Texas there are politically active and influential Latino Republican Legislative Caucuses.

This gives them a huge political bargaining chip with the both parties. They can demand that Republicans and Democrats increase funding for Latino businesses, support labor, and immigrant rights and bilingual education programs as the price for their vote.

This is why Bush and the Democrats say "si, si" to "se habla Espanol". And will continue to say it in years to come.

Earl Ofari Hutchinson is the President of the National Alliance for Positive Action. Web site: [www.natalliance.org](http://www.natalliance.org) and the author of "The Disappearance of Black Leadership."

### The Gazette

6100 Avenue K, Suite 105 • Plano, Texas 75074

Chairman Emeritus  
Jim Bochum

Publisher  
Thurman R. Jones

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Account Executive: Jerri Hillis

Sales Department: (972) 509-9049 Fax: (972) 509-9058

Email: [mon-mrkt@swbell.net](mailto:mon-mrkt@swbell.net)

Assistant to the Publisher: Bukky Dada

Assistant Editor: Janel Buerger

Editorial Department: (972) 516-4191 Fax: (972) 516-4197

Email: [mon-edit@swbell.net](mailto:mon-edit@swbell.net)

#### Staff Writers:

Brandy Jones

Delicia Carter

#### Contributing Writers:

Glenda Goodson

Lakeisha Joe

Rufus Coleman

LaTrina George

Angela Jones

Charles West

Monica Thornton

#### Graphic Designer:

Christine Foster

#### Columnists:

John Dudley

Ché Hill

Ron Shaw

Stephanie Ward

Ed Bamberger

Sharon Atkinson

Ester Davis

#### Staff Photographers:

Stan R. Davis

Maggie Ybarra

#### Interns:

Calvin Hester

To submit  
a letter to  
the editor:

Send all correspondence to:

MON-The Gazette

Letters to the Editor

6100 Avenue K, #105

Plano, TX 75074

Fax: 972-516-4197





## Senate passes Hate-Crimes Bill in final month

By Lakeesha Joe  
Gazette Correspondent

With less than a month left in the 77th Regular Session of the Texas Legislature, the Senate finally passes a much-debated Hate Crimes Bill.

The Hate Crimes Bill (HB 587) will increase penalties for crimes motivated by hate, prejudice or bias. The bill will also provide assistance to local jurisdictions for the investigation and prosecution of hate crimes.

Before the bill was passed, crimes motivated by hate, such as spray painting a church, carried a maximum penalty of 180 days in jail and a \$2,000 fine. However, HB 587 increases the maximum punishment for such a crime to 1 year in jail and a \$4,000 fine.

"This is truly an historic day for the state of Texas," said Senator Rodney Ellis of Houston. "The Texas Senate has sent a message that our state is not a safe haven for hate. This legislation will help protect all Texans from anyone who decides to act on their hate and prejudice."

The newly passed legislation has been named the James Byrd, Jr., Hate Crimes Act, in memory of the East Texas African-American who was dragged to death behind a truck in a racially motivated killing in 1998.

In other Senate news, a bill was passed that would

create a state-funded insurance program for public school teachers and employees.



Rep. Jerry Madden of Richardson authored a bill to electronically transfer voter registration applications from the DPS to voting agencies instead of the current manual transmission.

The Committee Substitute for House Bill (CSHB) 3343 would direct school districts to offer coverage for their teachers and employees. Under the bill, the state of Texas would contribute \$1.6 billion to help fund the plan during the 2002-2003 budget cycle.

CSHB 3343 will include five tiers of coverage. School districts will have to make up the difference between the cost of providing coverage and the state's contribution. School district teachers and employees would also pay for part of the plan.

Newly passed House Bill 2691, authored by Rep. Jerry Madden of Richardson, will give Collin and Denton County residents the option

of electronically transferring voter registration applications from the Department of Public Safety to certain voter registration agencies as early as September.

"By quickly inputting voter application information into the voting department's electronic data system, we will speed up the process of getting voter certificates to applicants, minimize data entry errors, and reduce the possibility of lost applications," said Rep. Madden. "It will also save our election workers hundreds of hours of inaccurate information."

The Department of Public Safety will input the information electronically and advise applicants that their electronic signature is being used for submitting the voter application to the tax assessor collector or the county clerk. This is in contrast to the current system of the DPS printing a paper card for the applicant's signature, mailing the card to the appropriate county voter registrar, producing a voter roll, and then mailing the certificate to the voter.

The Senate recently approved a bill that would establish a disposal facility for nuclear waste from Texas and other states.

CSHB 1541 would allow Texas Natural Resource and Conservation Commission to oversee the facility, which would be managed by a private company.

This newly passed bill will allow Texas to better its waste storage.



John  
Dudley

## The three reasons to consider a living trust

The word "trust" may make you think first of a tax cut. It is true that trusts can save taxes in many situations, but trusts have other advantages, too. For example, one type of trust you may have heard something about — a Revocable Living Trust — can be very useful, although you may not save much tax money by setting one up.

Trusts are a legal arrangement that lets a trustee hold and manage your investments or other property for someone else's benefit. Usually, that someone else is your relative or other heirs. But a Revocable Living Trust is different. The trustee has a legal responsibility to manage assets for you, or for you and your spouse. That is what you have been doing all your adult life, of course. So, using a trustee as your substitute may seem puzzling. Why would you want to do it? Here are three good reasons.

To Assure Professional Asset Management

The choice of trustee is the key to the success of any trust. Almost anyone can be a trustee, but if you make an unbiased professional the trustee of your Revocable Living Trust, you can be sure your investments, plus any other assets you place in your trust, will receive skillful management. That will mean peace of mind for you that your assets will be reliably managed — no matter what may happen to your ability to care for them.

Your future health may be poor or good. You may continue living at home or in a nursing home. Your trustee will continue to care for your assets continuously, monitoring your investments and deciding on portfolio

changes within the guidelines and objectives you have set. Your trustee will have the responsibilities you choose. Usually, that will include paying you periodic income from your trust's investments. Often, it will also include using your trust's assets to pay your medical, utility, insurance, taxes, and other expenses.

With your trustee caring for your financial assets, you will protect your finances from disruption if an accident, stroke, or long-term illness affects your ability to manage them. You will also protect your leisure time. The time your trustee spends on your affairs is time you will be free to use for other pursuits, including carefree travel. A Revocable Living Trust can mean freedom from financial cares.

To Allow Easier Settlement Of Your Estate

A second reason for considering a Revocable Living Trust is the help it can provide for the future settlement of your estate. On your death, you can have your retirement plan assets, life insurance, and other assets transferred to your trustee. With your assets unified under the trustee's care, your estate will be considerably simpler to administer.

In addition, transferring trust assets does not involve a will. That lets your Revocable Living Trust assets pass directly to your successor beneficiaries without delay on your death. Assets that you place in your Living Trust during your lifetime need not be subject to probate, a process that involves delays, costs, and possible publicity. Legal challenges sometimes also delay estate settlements. A

Revocable Living Trust can provide protection because the trust may be less open to challenge than a will.

The care of minor children is an important part of an estate plan, and a Revocable Living Trust can provide for their care. You can use your trust to arrange the care you think will be best.

To Maintain Your Flexibility To Change

The third reason for a Revocable Living Trust is the freedom you retain to make changes as your family or financial situation shifts. This is unlike many other types of trusts, which are irrevocable. They can't be changed after they are established. Except in instances of legal incapacity, you are always able to amend or terminate your Revocable Living Trust. You can do it for any reason, at any time. You can also change your trust's beneficiaries, withdraw or add assets, and change trustees or the trustee's responsibilities.

Let Us Tell You More

We would be happy to explain more about a Revocable Living Trust's asset management and estate settlement advantages. Please contact us.

Provided by courtesy of John Dudley, a Financial Advisor with the investment firm First Union Securities in Dallas, TX. For more information, please call John Dudley at 214-740-3253. First Union Securities, Inc., Member New York Stock Exchange and SIPC and a separate, non-bank affiliate of First Union Corporation. (c)1999 First Union Securities, Inc.

## Managing your financial future: Getting your estate in order

By Jesse B. Brown

Here are some questions to ask yourself to determine if your estate is in order:

- \* Have you reviewed your estate plan in the last year?
- \* Do you have an up-to-date will?
- \* Have you made proper provisions for your minor children, including naming guardians and providing for their support?
- \* Are you still satisfied with your selection of executors and trustees?
- \* Have you considered a living trust to help prevent your assets from going through probate?
- \* If you have a living trust, have you fully implemented it, including titling all assets in the trust's name?
- \* If you aren't sure your children could handle an inheritance, have you considered setting up a trust for their inheritance?
- \* Have you considered an irrevocable life insurance trust to protect insurance proceeds from estate taxes?
- \* Have you considered charitable trusts?
- \* Have you and your spouse designed your estate plans to help ensure that you both use your lifetime estate and gift tax exclusion?
- \* Have you considered using your lifetime estate and gift tax exclusion during your lifetime?
- \* Are you utilizing an annual gifting program?
- \* Have you gifted assets that are likely to appreciate in the future?
- \* Have you considered making taxable gifts?
- \* If you have a family business, have you considered a gifting program to start transferring interests in the business?
- \* Does your business have a

succession plan and a buy-sell agreement?

\* Have you reviewed your life insurance recently to ensure that you have the proper amounts and types of insurance?

Sharing Estate Plans with Family

When it comes to discussing personal financial information, our African American culture teaches us to be very guarded. I recall my mother use to clinch on to her purse. When she died we were amazed at the wealth of information that was in there. We don't want to say anything that will disclose our financial

status or make us a target for someone looking to capitalize on our good fortune.

Unfortunately, this hesitancy to share information carries over to planning for our estates. We hesitate to tell our children details about our estate plans, such as what will be left to whom and where to find important information. However, not discussing these issues with your heirs can cause problems if your heirs do not know your wishes or where to find important documents.

The way you want your estate to be distributed is a per-

sonal matter. It is important that major heirs be informed of your wishes before your death. Here are three situations in which I think it is especially important to make sure heirs know details of your estate plan:

If you own a business that you will pass on. A good business succession plan is imperative. You may also want to make provisions for family members who are not part of the business.

If you want to make unequal bequests. Since your family members are likely to have different financial needs, you may choose to provide dif-

ferently for each of them. If you explain this ahead of time, it may reduce tension among family members and prevent challenges to the estate.

If you are in a second marriage. This adds another dimension to estate planning, and details should be worked out ahead of time.

Also make sure your heirs know where to find important documents. If you do all you can ahead of time, your heirs can take comfort in the fact that your wishes are being carried out.

Jesse B. Brown is president of

Krystal Investment Management, a financial advisory firm in Chicago. For a free copy of his monthly electronic newsletter write to him at Three First National Plaza, PMB Suite 14042, 70 West Madison, Chicago, Ill. 60602. He is the best-selling author of the book "Investing in the Dream: Wealth Building Strategies for African-Americans seeking Financial Freedom" and also "Pay Yourself First: A Guide to Financial Success."

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## Wellness

### Getting the ideal summer body doesn't have to be difficult

By Monica Thornton  
Gazette Wellness Correspondent

Summer is only a month away, and you may be desperate to lose weight, but think there isn't time before summer arrives. You may be considering a strict diet or a rigorous exercise program to fit into your summer clothes, but restricting food intake alone can lead to loss of body tissue and unless you are a seasoned exerciser, a rigorous workout program can cause more injuries than benefits.

In her book "Strong Women Stay Slim," Miriam E. Nelson, Ph.D., says many women are caught in a vicious circle of feeling depressed about their weight, seeking consolation in food, gaining more weight and then feeling even worse. In desperation some turn to risky medications and fad diets. Dr. Nelson said it's "actually healthier to remain heavy than to lose weight the wrong way". Restricting to a 1,000- to 1,200-calorie diet can put women at risk of losing muscle tissue and bone density, too. The less muscle in our bodies, the harder it is to lose weight and to maintain the loss.

"Muscle is metabolically active; body fat isn't," says Dr. Nelson.

The less lean tissue in your body, the lower your metabolism, making you weaker, with less energy and less likely to handle much physical activity. Also, when calories are too severely restricted, our body's survival instincts go to work. On starvation rations (and according to Dr. Nelson, for some women 1,200 calories a day is starving), hormonal shifts are triggered that help the body

conserve calories instead of burning them. Between the starvation and muscle loss, the wrong diet can actually reduce metabolic rate up to 30 percent.

Dr. Nelson says that researchers have found that when women diet, at least 25 to 30 percent of the weight they lose isn't fat—instead it's water, muscle, bone and other lean tissue.

The way to achieve positive and lasting results is to combine strength training with a sensible diet and aerobic exercise. With such a combined program, not only will your appearance improve, but also your vitality and strength, your mood and sleeping patterns, and you can reduce your risk of heart disease, diabetes, cancer and arthritis.

In her work as a scientist studying aging, Nelson's team studied the benefits of strength training. She said that strengthening exercises can prevent loss of muscle and bone, and is an effective aid to weight loss. For their pilot study, 10 overweight women were put on individually customized food plans designed for slow but steady weight loss. Half of the group went to the laboratory twice weekly for strength training, and others just followed the diet. On the average, Nelson said the diet-only volunteers lost an average of 13 pounds. The women who also strength-trained lost about the amount. When examining body composition, women in the diet-only group lost an average of 2.8 pounds of lean tissue, mainly muscle, along with fat, while the women who had strength-trained gained 1.4 pounds of lean tissue, meaning every ounce lost was fat.

Men have a metabolic advantage, not because of their

hormones, but because of their muscle mass. Strength training boosts metabolism, so you burn calories and build lean tissue while burning calories throughout the day.

Nelson's book includes a 10-week training program and an easy-to-follow nutrition program. For the first few weeks, there is no aerobic exercise, just strength training. This is advantageous for overweight people, as excess weight prevents them from partaking in many forms of exercise. Dr. Nelson points out that heavy women are often strong, and strength training is a form of exercise where they can succeed. Especially for sedentary people, gently increasing activity will make them stronger and improve their endurance for the first few weeks and will prepare them for the aerobic phase of the program.

Exercise raises the basal metabolic rate, which as we age naturally decreases. Around age 40, most women lose about one third of a pound of muscle yearly, and gain at least that much body fat. These changes increase at peri-menopause and during menopause. Although it's been known for a long time that exercise can compensate for age-related declines in metabolism, research suggests that physical activity can actually halt this change. A study taken at the University of Colorado compared sedentary and active post-menopausal women aged 50 to 72, to women aged 21 to 35. Older, sedentary women showed a lower basal metabolism than younger ones. However, older women who were physically active had the same basal metabolic rate as active women half

See BODY Page 7



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## On The Move

### Legislation will allow UNT-Dallas to become first public university in Dallas

Special to the Gazette

Only nineteen days after the Texas House of Representatives gave uncontested support to establish the University of North Texas at Dallas, the bill became law when Governor Rick Perry signed legislation during a recent ceremony at the school. This enactment now provides UNT the authority and time to plan the establishment of the first four-year public university in the city of Dallas.

UNT-Dallas can begin offering courses leading to UNT degrees and certificate programs as soon as the Texas Higher Education Coordinating Board attests that it has reached 2,500 full-time students for one semester. The system center will continue to offer courses leading to UNT degrees and certificate programs. The current at the systems center is now at 570 students and approximately 230 full-time students.

"We deeply appreciate Governor Perry's endorsement and we are honored that he has selected our system center as the place to sign this bill into law," stated UNT System Chancellor Alfred F. Hurley. "His signature caps the excellent work of our bipartisan coalitions of UNT supporters in the House and

Senate that will enable our new university to come to life."

The UNT System Center at Dallas is the first step in the process to establishing a full university in the southern Dallas/northern Ellis county region. As enrollment increases, more academic programs will be added. Currently, the systems center is the first public higher education

study in the 75th Legislative Session during the spring of 1997.

West and the Southern Dallas County High Education Feasibility Study Task Force selected UNT in September 1998 to be the educational partner in addressing the public university needs of southern Dallas.

Upper-division and graduate courses have been offered since January 2000.

The effort to establish the system center has been supported during the interim through an initial state appropriation of \$4.2 million. And in February of this year, UNT achieved one more milestone toward establishing a full university in Dallas when area business and civic leaders met the community goal of raising \$2.6 million in private contribution to supplement the legislative appropriation.



Gov. Rick Perry (sitting) signs into law new education bill. Photo courtesy UNT-Dallas

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## Plano community arts committee plans mural for DART station

By Delicia Carter  
Gazette Senior Writer

The Douglass Community Arts Advisory Committee is heading up the project to construct the new mural on the entrance wall for the DART rail line in Plano.

Ben Thomas, member of the board of directors and his daughter Dollie Thomas, president of the member association are both a huge part of the committee and are diligently working on making the mural both aesthetic and representative of Plano and the Douglass Community.

"Our vision for this mural is

for it to speak for all communities of Plano, for the unity of all communities. However, the focal point should be the Douglass community," said Ms. Thomas.

About 18 months ago, DART decided to put a mural on the east end of 12 Street in Plano with the advisory committee being responsible for its formation. Planning for the mural was finalized last year with "Tracks of our Past and Future" as the mural's theme.

"It has been a lot of work, but I have enjoyed it and look forward to this mural," says Ms. Thomas.

The wall for the tile mosaic mural is already built and only

awaits the final project. DART has a list of preferred artists that will get invitations to offer bids on the project, and Plano has recommended a few of their own as well. "We will also send out information about the Douglass community, so the artists can have something to work with. We hope to get slides from at least five artists after about three months. From there we can get an idea of what artist we will choose," says Ms. Thomas.

The Committee estimates they will need \$100,000 to complete the project. Fifty thousand will be used to purchase supplies, extra employees and labor. The

other half will be used to insure and maintain the mural.

Funding for the mural comes mainly from small businesses. The City of Plano has provided the seed money, and fund-raising activities are planned.

The mural is expected to increase downtown revenue, promote family activity, reduce vandalism and revitalize community pride.

"We can bring our culture to the people of Plano. So often we have been portrayed in a different light and we want this mural to reflect who we really are. There will be nice landscaping around the

mural and it will be a nice area for people to sit and relax and for families to visit," said Mr. Thomas.

The chosen artist is anticipated to begin work on the mural May 2002.

## Technology

### Data systems enhanced by compound documents

By Eric Harris

More and more these days, you will see the term OLE. OLE is a compound document standard that stands for Object Linking and Embedding. The term is pronounced as "oh-leh."

A compound document is a document that contains elements from a variety of computer applications. For example, a single compound document might include text from a word processor, graphics from a design program, and a chart from a spreadsheet application. Most importantly, each element in the compound document is stored in such a way that it can be manipulated by the application that created it. Many computer experts believe that compound documents represent the most useful metaphor for utilizing computers because they allow people to mix different forms of expression rather than artificially separating them. With the emergence of OLE as an important standard, compound documents are likely to become more and more a part of everyday computing.

A compound document enables you to create objects with one application and then link or embed them in a second application. In simple terms, linked objects are created when you paste a copy of an object into a document in such a way that it retains its connection with the original object. Updates to the original object can be reflected in the duplicate by updating the link.

In data management systems, a link is a pointer to another record. You can connect one or more records by inserting links into them. These explanations are not the same as links in hypertext systems such as the World Wide Web where a link is a reference to another document. Such links are sometimes called hot links because they take you to other documents when you click on them. We are referring to the first-mention links, for example, creating a bar chart from spreadsheet data, copying the chart and performing a "paste link" function so that any changes made to the original spreadsheet will automatically be made on the linked document.

An embedded object is an object created with one application and planted into a different document created by another application. Embedding the object, rather than simply inserting or pasting it, ensures that the object retains its original format. In fact, you can modify the embedded object with the original program. In Windows environments, embedding objects is made possible by OLE technology. Unlike links, embedded objects will not automatically update. For example, you can copy the data from a spreadsheet. When you need to edit the data, the application will return you to the original application for editing and other format changes. Embedded objects retain their original format and links to the application that created them.

In spreadsheet programs, linking refers to the ability of a worksheet to take

Support for OLE is built into the Windows and Macintosh operating systems. OpenDoc is a competing compound document standard. OpenDoc is a standard Application Programming

Interface (API). API includes a set of routines, protocols and tools for building software applications that makes it possible to design independent programs (components) that can work together on a single document. A good API makes it easier to develop a program by providing all the building blocks. Most operating environments, such as MS-Windows, provide an API so that programmers can write applications consistent with the operating environment. Although APIs are designed for programmers, they are ultimately good for users because they guarantee that all programs using a common API will have similar interfaces. This makes it easier for users to learn new programs.

Eric Harris is president of OASYS Information Services, Inc. ([www.oasisys.com](http://www.oasisys.com) or [www.highspeedsolutions.net](http://www.highspeedsolutions.net)), an information technology firm in Raleigh, NC, that specializes in Web Hosting, Electronic Commerce, Networking and DSL Internet Access. If you have a technology question, send e-mail to [eharris@oasisys.com](mailto:eharris@oasisys.com).

## DART News



### Ride DART free and help clean the air.

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includes free emergency rides home via taxi. More than 40 companies and 20,000 employees currently use Employee-Passes. For more information, call 214-749-RIDE (7433).

### DART into the future.

DART's ongoing expansion program offers outstanding employment and contract opportunities. For current job postings, stop by the DART Application Center, 1401 Pacific Avenue (Akard Station) in downtown Dallas on Tuesdays or Thursdays between 8 a.m. and 2 p.m. or visit [DART.org](http://DART.org) on line. To learn more about business opportunities, see our current solicitations on the website ([DART.org/pracurement](http://DART.org/pracurement)) or call the DART Procurement Information Help Line at 214-749-2560.



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### Meet iBus, the new neighborhood-friendly bus.

DART's new 30-ft. foot buses are 10 feet shorter, one-third lighter, have all the same features of their 40-foot cousins, and bring enhanced maneuverability to narrow suburban streets. Ninety-one new wheelchair-accessible iBuses will join DART's fleet, each with seating for up to 25 passengers.



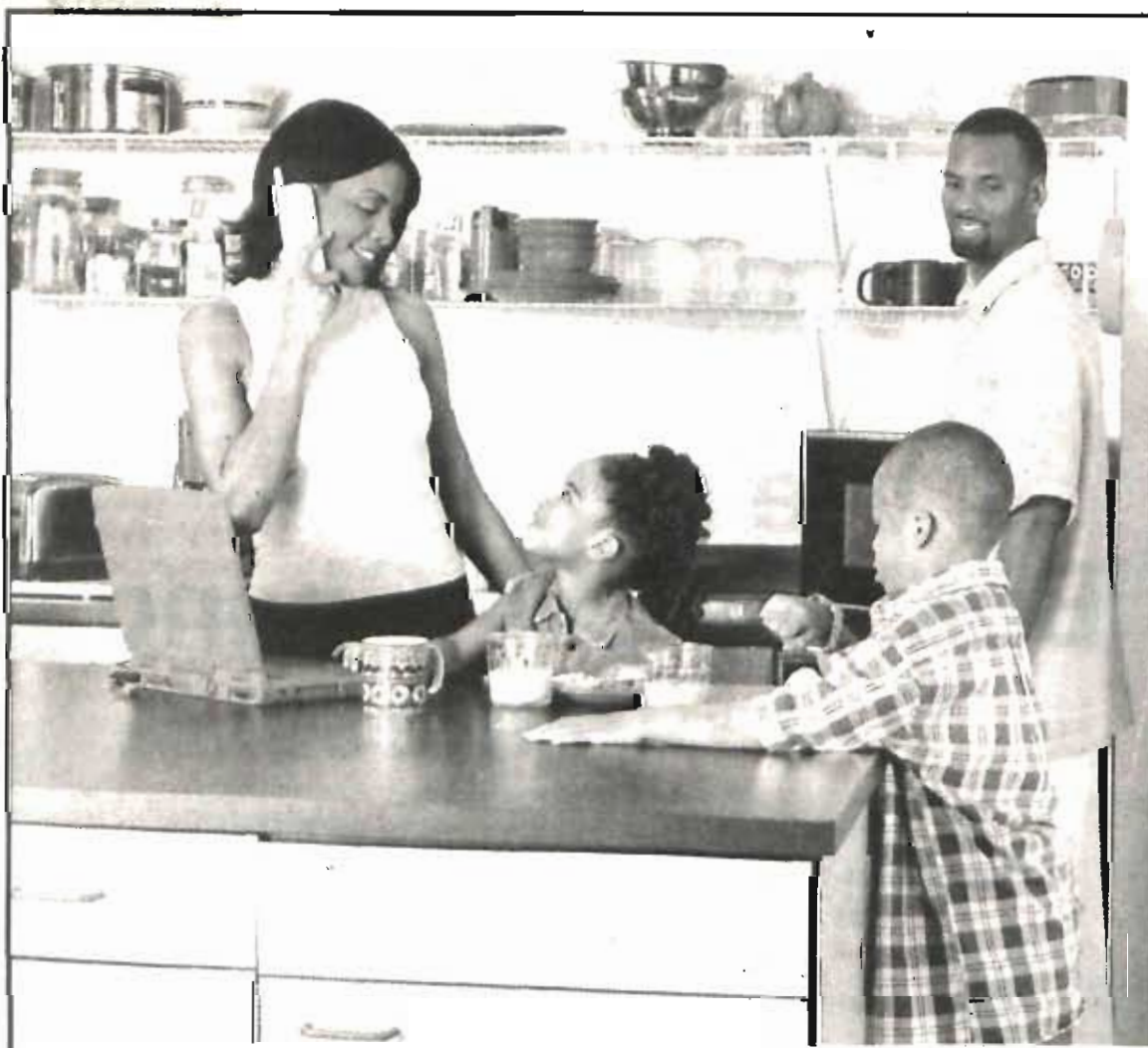
### Blue Line soon to extend to White Rock.

This fall, White Rock Station opens on the northeast light rail extension as the next leg of the Blue Line to Garland. Beginning September 24, Bus Routes 13, 428, 466, and 569 will serve the new station, and a new Route 581 will provide feeder service non-stop between the South Garland Transit Center and White Rock Station. DART will open LBJ/Skillman, Forest/Jupiter and Garland Central stations in 2002.

For more information on DART Services, call DART Customer Information at 214-979-1111 or visit our website at [DART.org](http://DART.org)



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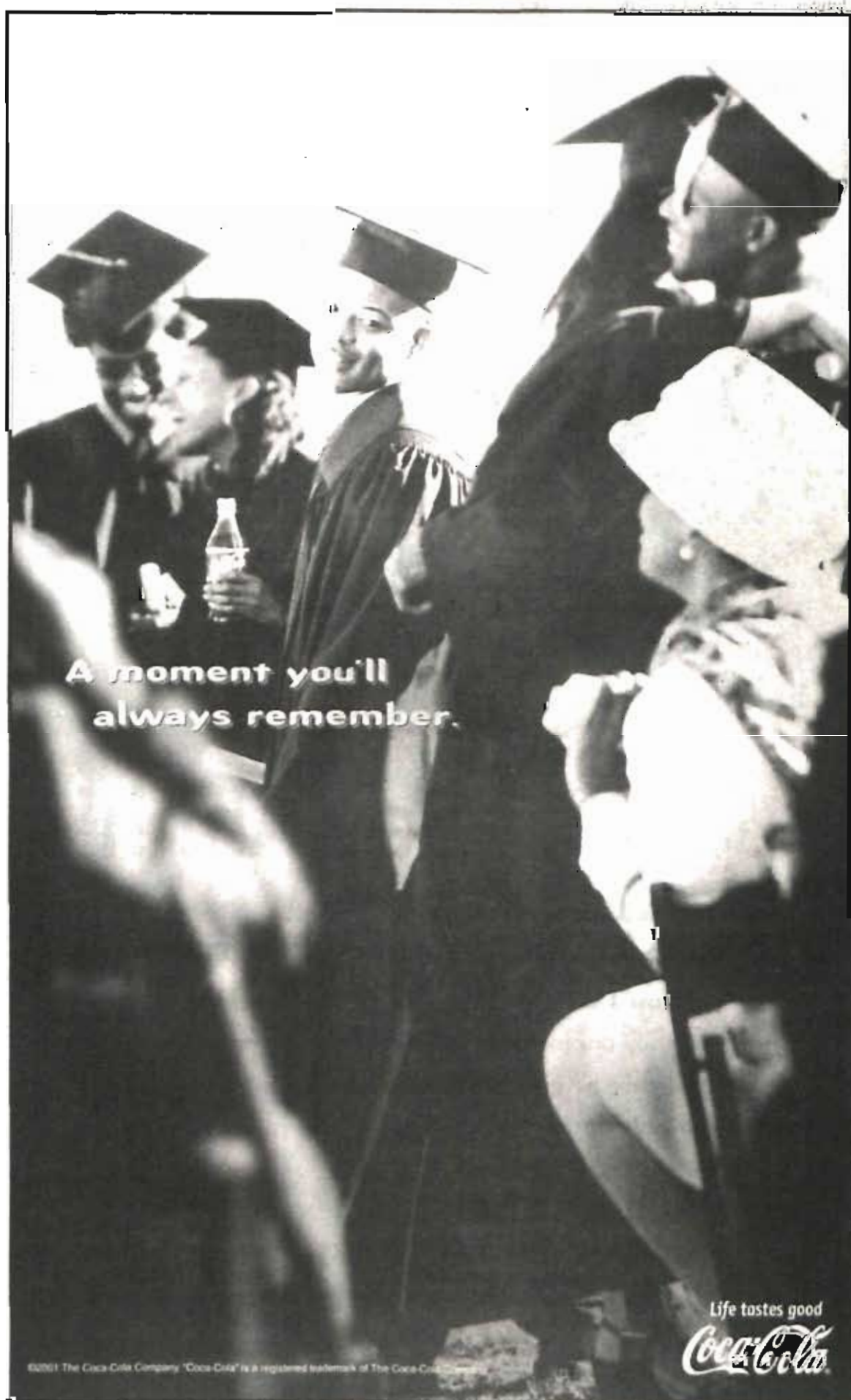
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## BODY from page 5

their age.

If you need further encouragement to consider starting begin strength training, do know that physical activity releases endorphins the mood-elevating hormones. In a Tufts University medical study, 32 men and women suffering from chronic depression participated in a study on how strength training affects depression. Half the volunteers did strength training, and the others received health education only. Twelve weeks later, 14 of the 16 members of the strength training group reported feeling so much better that they no longer met the clinical criteria for depression, yet only six members of the education-only group experienced similar relief.

Self-esteem and self-confidence increased with physical activity causes stress levels to drop and sleeping patterns to improve. For sedentary people, small changes can have a big effect. Balance is improved as is flexibility, and as strength training stimulates muscles, certain beneficial enzymes increase, improving the body's ability to process oxygen, foods and liquids.

The strength training exercise targets major muscle groups - arms, shoulders, back, abdomen, buttocks and legs. Starting with light weights and gradually progressing to heavier ones is recommended, even if exercises seem easy with light weights, as proper technique can be improved. Dumbbells in two-pound increments between one and 10 pounds are recommended, until work up to 12- and 15-pound ones. Maintain good posture, relax and rest for a day between exercising to allow the muscles to recover.

Nelson says that moderate exercise is as essential to a healthy life as is good nutrition, seat belts and avoiding cigarettes. She said people who exercise regularly "not only live longer, they live better. They're healthier and have fewer disabilities; they're happier and more productive, and they look better too."

However, strength training does not train the heart and lungs. That requires aerobic exercise. It burns calories, contributing to fat loss, helps burn fat in the abdominal area, aids in toning muscles, tames the appetite, provides an emotional lift and improves the cardiovascular system. Unless already exercising, the aerobic phase should not begin until week three of Dr. Nelson's plan. For this phase she suggests choosing exercises that fit easily into your schedule. Walking is usually the easiest aerobic exercise to incorporate into people's schedules, and can easily be broken into two 15-30-minute sessions. An aerobic session requires only 10 minutes of aerobics three to six times a week, until by week 10 you have built up to 30 minutes.

Incorporated with the program is the food plan, not as a temporary diet, but meant as a way of life. It is based on the USDA Food Pyramid, representing the up-to-the-minute information from leading nutrition and health experts. The plan emphasizes what you can eat, not what you shouldn't eat. In fact, there are no forbidden foods. You can have bread, pasta, eggs, red meat, butter, ice cream and even cake. However, moderation and variety are the key, and eating plenty of vegeta-

bles and fruits is an essential element.

Dr. Nelson recommends eating slowly to allow the body to send the necessary signals to the brain to tell it when you are full. She recommends eating at least three meals a day, which means no substituting a cup of coffee for breakfast. Good snacks are raw vegetables and fruits; eating whole grains is preferable to processed grains, since they contain fiber and trace minerals, are slower to digest and keep your appetite satisfied longer. Drink at least eight glasses of water daily, as it not only keeps the skin look-

plan Dr. Nelson says the body gets adequate nutrients, yet she suggests taking a multi-mineral and multivitamin to ensure proper nutrition. Minerals are easily depleted in the heat and are vital in keeping the body functioning correctly.

Before starting any exercise or nutrition program you should consult your doctor. There are also many good resources available, including the Nutrition Navigator Web site, (<http://navigator.tufts.edu>) and "The Wellness Guide to Lifelong Fitness" by Timothy P. White, Ph.D.



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# Bob Hayes becomes 11th member of Cowboys Ring of Honor

**Gazette Press Services**  
Cowboys owner and general manager Jerry Jones made Bob Hayes the 11th inductee into the Dallas Cowboys Ring of Honor at Texas Stadium.

The induction ceremony will take place in conjunction with a yet to be determined Cowboys home game this fall.

"Bob Hayes was a once-in-a-lifetime talent who was a dominant performer in two sports," said Jones. "He enters the Ring of Honor on the basis of his contributions to this organization. He was a cornerstone to the success of this franchise - someone who helped turn an expansion team into America's Team. His unique skills and game breaking ability thrilled fans

and changed the way the game was played.

Ultimately, his presence on the football field helped elevate the NFL to the position it enjoys today - as the country's most popular spectator sport."

Hayes was one of the most uniquely gifted athletes in the history of the National Football League.

He possessed the rare combination of world-class speed and outstanding natural football instincts.

One of the greatest sprinters in the history of international track and field

competition, Hayes joined the Cowboys after winning

the Olympic gold medal in the 100 meters in 1964. Drafted in the seventh round as a "future" in 1964, Hayes came into his rookie season of 1965 with the title of "World's Fastest Human" following his world record performance in the Tokyo games.

His brilliant speed, athletic ability and flair for making the big play electri-

fied crowds in NFL stadiums across the country. In 1965, he became the only Dallas rookie to ever lead the team in receptions (46) and yards (1,003) while becoming the first player in franchise history to collect more than 1,000 receiving yards in a season. He capped a brilliant All-Pro rookie season by leading the NFL in yards-per-catch (21.8) and touchdown catches (12).

In 1966, he set a club standard for receiving yards (1,232) that stood until Michael Irvin (1,523) eclipsed the mark in 1991. Hayes' 64 receptions in 1966 also represented a team record that stood until Ron Springs caught 73 passes in 1983.

He led the Cowboys in

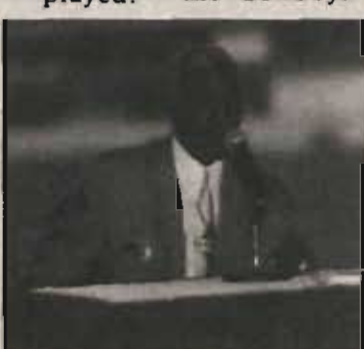
receptions three times, including back-to-back titles in 1965-66 when he caught a total of 110 passes for more than 2,200 yards and 25 touchdowns. For his 10 year Cowboys career, Hayes accumulated 365 receptions for 7,295 receiving yards. His 71 touchdown receptions remains the Cowboys club record.

Hayes also registered remarkable career numbers for average yards-per-catch (20.0) and average yards-per-punt return (11.1). He was a three-time Pro Bowl selection (1965-1967), while also earning All-Pro recognition four times (1965-1968).

Hayes was a member of Cowboys teams that played in two Super Bowls - following the 1970 and 1971 sea-

sons - while helping the franchise to its first World Championship with a win over Miami in Super Bowl XI. Hayes also played on Dallas teams that lost NFL Championship games following the 1966 and 1967 (Ice Bowl in Green Bay) seasons.

Bob Hayes was born on December 20, 1942 in Jacksonville, FL, where he attended Mathew W. Gilbert High School. He later attended Florida A&M University in Tallahassee, where he was a standout performer in both football and track. He played for the Cowboys from 1965 to 1974 and finished his career with San Francisco in 1975. He currently resides in Jacksonville.



Cowboys owner and general manager Jerry Jones announced Bob Hayes' (above) induction into the Ring of Honor. Photo by Lott's Photography

## Dallas Mavs end superb season looking forward to future

By Jaime Aron  
AP Sports Writer

**DALLAS (AP)** - Experience, Don Nelson said, was all he wanted for his young Dallas Mavericks this postseason. As they did in the regular season, the Mavs exceeded their coach's expectations.

Although the Mavericks' season ended with four blowout losses to San Antonio, the end won't be this team's epitaph. The 2000-01 season will go down as the year Dallas once again became a team on the rise.

From 53 regular-season wins to a stunning first-round upset of Utah to their Game 4 victory over the Spurs, the Mavericks achieved and over-achieved.

They endured a 21-game absence by Nelson while he fought cancer. They put up with the antics of an owner who was fined seven times and suspended twice.

When five players being traded in late February threatened their great chemistry, the new guys blended in quickly, tightened the rotation and improved the team.

"We had a great year," forward Dirk Nowitzki said. "It was a pleasure playing with everyone

and playing for the coaches. We can be proud of what we achieved."

Nowitzki is another great story. In his third year from Germany, the 7-footer blossomed into the team's leading scorer and rebounder. After a rough start to the playoffs, he adapted his game and became a force again.

In Salt Lake City, which he called "a bad state," the 22-year-old Nowitzki let the first serious booing of his career rattle him, then scored 33 points in both home games against the Jazz, keying Dallas' comeback from an 0-2 hole.

In the sweep-preventing victory over San Antonio, he had 30 points, three days after food poisoning; and despite losing a tooth in the fourth quarter.

With a false tooth implanted, Nowitzki was the Mavs' only weapon in Monday night's season-ending 105-87 loss in San Antonio. He had career-bests with 42 points and 18 rebounds and added six

steals. He joined Michael Jordan as the only players with 40-15-5 playoff games since steals became an official statistic.

Nowitzki's emergence this season, along with Michael Finley's second straight All-Star appearance and Steve Nash's improved play at point guard, provided the backbone for Dallas' best season since 1988.

Using a running, jump-shooting scheme, the Mavs averaged 100.5 points per game, fourth-best in the NBA, and were the only team in the top five in field-goal, 3-point and free-throw percentages.

Adding Juwan Howard and Calvin Booth at the trading deadline improved the inside game, but it wasn't enough to sustain Dallas when the shooters got cold in the playoffs. Five of the six playoff losses were by 11 or more points.

But the Mavericks learned a lot about postseason basketball - the new level of intensity from veteran teams, the different officiating from the regular season,

the meaner crowds. That experience will serve them well.

"Now we know what it is like to get to the second round of the playoffs; now we just need to find out what it is like to get past the second round of the playoffs," Howard said. "Hopefully at this time next year I'll be talking with a smile on my face on our way to playing for a championship."

Although Nelson and owner Mark Cuban love making splashy deals, Dallas will probably be quiet this off season.

Shawn Bradley will be a free agent and Finley could be, but both are expected to re-sign. The Mavericks have limited space under the salary cap and no first-round pick. The biggest loss might be assistant coach Del Harris, who could become Cleveland's coach.

Finley, the team's leader on and off the court, can become a free agent by opting out of his contract. He's shown no interest in leaving and after going 1-for-17 Monday night he sounded intent on making up for it next season.

"I think this series, I didn't

hold up my end of the bargain," said Finley, who had to be fatigued after leading the league in minutes for the second time in three years and hardly resting during the first round.

"Coach said the playoffs were going to be a learning experience and I'm definitely going to learn from this."

Nash was worn out, too, having played for Team Canada at the Olympics last summer then gone through the full season and the grueling first-round series.

He expects the Mavericks to bounce back strong next season.

"We have some pride in what we've accomplished, but I don't think anyone is going to go home this summer and feel, 'Hey, my job is done,'" Nash said. "Everyone is going to want to come back next year even better. We'll look back at this as a stepping-stone. But by no means has this been a monumental accomplishment for us."



### DEPRESSED AGAIN?

The Department of Psychiatry at the University of Texas Southwestern Medical Center of Dallas is conducting research sponsored by the National Institute of Mental Health on cognitive therapy for depression. Treatment is free. The symptoms of depression include:

- Depressed or sad mood
- Loss of interest in activities
- Difficulty sleeping or sleeping too much
- Feeling slowed down
- Feeling tired or having low energy
- Feeling guilty or worthless
- Changes in weight or appetite
- Difficulty concentrating

If you have experienced these symptoms more than once in your life, are drug free and not currently in psychiatric treatment, please call the Psychosocial Research and Depression Clinic at 214-648-5351.

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#### NOTICE TO CONTRACTORS OF PROPOSED TEXAS HIGHWAY IMPROVEMENT CONTRACTS

Sealed proposals for highway improvement contracts will be received by the Texas Department of Transportation (TxDOT) until the date(s) shown below, and then publicly read.

##### CONSTRUCTION / MAINTENANCE CONTRACTS

District: Fort Worth  
Contract 0363-01-118 for TRAFFIC SIGNAL in TARRANT County will be opened on June 06, 2001 at 1:00pm at the State Office.  
Contract 0363-03-041 for ADDITION OF CENTER TRAFFIC BARRIER in TARRANT County will be opened on June 06, 2001 at 1:00 pm at the State Office.  
Contract 0902-00-082 for SCHOOL ZONE SIGNS W/ FLASHING BEACONS in TARRANT County, etc. will be opened on June 05, 2001 at 1:00 pm at the State Office.  
Contract 0902-00-085 for SCHOOL ZONE SIGNS W/ FLASHING BEACONS in TARRANT County, etc. will be opened on June 06, 2001 at 1:00 pm at the State Office.

Plans and specifications are available for inspection, along with bidding proposals, and applications for the TxDOT Frequent Contractor's list, at the applicable State and/or District Offices listed below. Bidders must submit prequalification information to TxDOT at least 10 days prior to the bid date to be eligible to bid on a project. Prequalification materials may be requested from the State Office listed below. Plans for the above contract (s) are available from TxDOT's website at [www.dot.state.tx.us](http://www.dot.state.tx.us) and from reproduction companies at the expense of the contractor.

NPO: 3482

State Office  
Construction Division  
200 E. Riverside Dr.  
Phone: 512-416-2540

District Office(s)  
Fort Worth District  
District Engineer  
2501 Southwest LP820  
FtWorth, Texas, 76133  
Phone: 817-370-6503

Minimum wage rates are set out in bidding documents and the rates will be part of the contract. TxDOT ensures that bidders will not be discriminated against on grounds of race, color, sex, or national origin.

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## City of Richardson

### Tuesday, May 15

11:30 a.m. - Ribbon Cutting  
Join us for a ribbon cutting for Cottman Transmission, 106 E. University.

### Wednesday, May 16

11:30 a.m. - Ribbon Cutting  
Join us for a ribbon cutting for Infusions, 201 E. Virginia Street.

### Thursday, May 17

7:30 a.m. - Business Development Committee  
The meeting will be held in the MEDC Board Room, 321 N. Central Expwy, Suite 200. Join us as David Pitstick McKinney Economic Development Corporation President & CEO presents the MEDC's new 5-year strategic plan.

11:30 a.m. - Ribbon Cutting  
Join us for a ribbon cutting for Cookies In Bloom, 400 N. Central Expwy, #106.

4:00 p.m. - Women's League Golf  
The event will be held at Oak Hollow Golf Course.

### Tuesday, May 22

Chamber Golf Tournament  
Title Sponsor Hibernia Bank  
Join us at the Ranch Country Club for the annual Chamber Golf Tournament. The Golf Tournament is the main fundraising tool the Chamber used to support the efforts of business advocacy in McKinney. Plan now to sign up your foursome for the best golf tournament in Collin County. Tournament sponsorships are available.

### Wednesday, May 23

3:00 p.m. - Chamber Executive Board Meeting  
The meeting will be held in the Chamber Conference Room.

11:30 a.m. - Ribbon Cutting  
Join us for a ribbon cutting for McKinney Baseball Tournaments, Inc., Al Allford Field - Corner of White and Duvall Streets.

5:30 p.m. - Ribbon Cutting  
Join us for a ribbon cutting for Sweet Tomato, 107 S. Church Street. You won't want to miss this one! Refreshments from the Sweet Tomato will be served.

### Thursday, May 24

5:30 p.m. - Ribbon Cutting  
Join us for a ribbon cutting for Guaranty Bank, 1902 W. Virginia. "New Name, New Sign"! Refreshments will be served.

### Tuesday, May 29

11:30 a.m. - Citizenship McKinney Grad/Luncheon  
Collin County Community College - Central Park Campus  
Citizenship McKinney offers an educational experience designed to develop an awareness of the City of McKinney and its relationship with the Metroplex and to provide personal leadership training. At the conclusion of the program, participants will be better prepared to seek leadership roles in business and within the community. Participants in Citizenship McKinney are chosen through an application and selection process. The purpose of the process is to assure a mix of people from diverse backgrounds and experiences that represent a cross section of the city. Join us as the Class of 2000 graduates from this exceptional program.

### Wednesday, May 30

11:30 a.m. - Manufacturer's Roundtable Facility Tour - Dynamco, Inc., 410 Industrial Blvd. Dynamco was founded in 1967 in Dallas by Peter Huff, who is still CEO. The company manufactures state-of-the-art pneumatic valves that their customers design into their equipment. Some of their well-known customers include Intel, Texas Instruments, IBM, Kodak, General Motors, Ford, Mercedes Benz, Boeing and Jimmy Dean's Sausage. All of Dynamco's product development, marketing and manufacturing operations are located in McKinney. For reservations, please contact Cammy Martin at 972-542-0163 or cmartin@mcinneytx.org.



## City of Allen

### Tuesday, May 15

11:30 a.m. - Millennium Awards Luncheon  
The luncheon will be held in the CCCC Spring Creek Conference Room.

### Thursday, May 17

7:30 a.m. - Cherish Complaining Customers Seminar  
The seminar will be held at On the Border Restaurant.

### Saturday, May 19

9:00 a.m. - Business Expo with Taste of Allen  
The event will be held until 4:00 p.m.

### Sunday, May 20

1:00 p.m. - Health Fair  
The fair will be held at the Allen Premium Outlets.

### Thursday, May 24

4:00 p.m. - City of Allen Xtreme Teens Summer Bash  
The bash will be held at Joe Farmer Recreation Center.

### Saturday, May 26

1:00 p.m. - Ford Pool Opens for the Summer

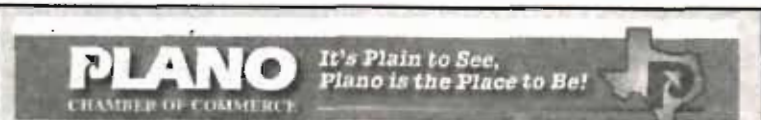
### Wednesday, May 30

6:00 p.m. - American Red Cross "Swim Across Texas"  
An event promoting water safety & education at the Ford Pool, Free Admission.

### Thursday, May 31

5:00 p.m. - Business After Hours  
This networking event will be held at the Harvey Hotel in Plano.

6:30 p.m. - Leadership Allen Class XII Graduation  
CCCCD Spring Creek Campus Conference Center



### Wednesday, May 16

7:30 a.m. - Board of Director's Meeting  
The meeting will be held at the Chamber. Everyone is invited, no RSVP required.

11:30 a.m. - Women's Division Luncheon  
The luncheon will be held at the Gleneagles Country Club

### Thursday, May 17

11:00 a.m. - Ribbon Cutting  
Join us for a ribbon cutting for Lone Star Heating & Air, 1104 Summit Ave., Ste. 101. Open house will be held from 10:00 a.m. to 2:00 p.m. Refreshments will be served.

### Friday, May 18

7:30 a.m. - Business Interchange  
Event will be held at the Chamber building.

9:15 a.m. - Ribbon Cutting  
Join us for a ribbon cutting for Reachout Home Care, 3415 Custer Rd., Ste. 132.

4:15 p.m. - Plano Day at the Ballpark  
Bus leaves Chamber parking lot at 4:15 p.m. Dinner is served before the game (we arrive at 6:00 p.m.) We should be back no later than 11:30 p.m. depending on the game. BYOB on bus, games and fun for the

whole family. For more information or to register call 972-424-7547.

### Monday, May 21

7:00 p.m. - Planning and Zoning Commission Meeting  
Meeting will be held in the Municipal Building, 1520 Avenue K.

### Tuesday, May 22

11:30 a.m. - Ribbon Cutting  
Join us for a ribbon cutting for Curves for Women, 3249 Independence.

### Wednesday, May 23

2:00 p.m. - Ribbon Cutting  
Join us for a ribbon cutting for Tenaya, 1900 North Dallas Parkway.

### Thursday, May 24

11:30 a.m. - Quarterly Luncheon  
The luncheon will be held at the Holiday Inn - Plano. These quarterly events usually draw a crowd of 300 plus members and guests and have featured keynote speakers. Tickets are available at the chamber office prior to each luncheon with corporate tables available by reservation. Businesses may sponsor this event for \$500. Featuring the Leadership Plano Graduations and the Small Business Person of the Year.

## FRISCO Chamber of Commerce

### Tuesday, May 15

1:30 p.m. - Ambassador Meeting  
The meeting will be held at the Chamber Office, 6843 Main

5:30 a.m. - Ribbon Cutting  
Join us for a ribbon cutting for Bankston Jeep & Chrysler, 6600 Hwy. 121.

For more information contact Doug Baum or Gary Burks at 972-668-9600 or the Chamber 972-335-9522.

### Wednesday, May 16

11:30 a.m. - BREP-Industrial Relations Council Luncheon  
The luncheon will be held at the Chamber Office.

6:00 p.m. - Open House  
An Open House, sponsored by the Frisco Citizen's Police Academy Alumni, will be held at the Frisco Police Department, 8750 McKinney Road. The Open House presents opportunities to meet department personnel, tour their facility, and view some of the tools of their trade. A part of National Police Memorial Week activities. For further information, contact Officer Gerald Meadors at 972-335-5544

### Thursday, May 17

8:00 a.m. - Get on Track at 8 Networking Session  
Session will be held in the Frisco Chamber Office, 6843 Main

9:15 a.m. - Ribbon Cutting  
Join us for a ribbon cutting for IWA (Internet With an Attitude) at the Chamber office. For more information call 972-824-5083.

### Friday, May 25

7:30 a.m. - Business Interchange  
Event will be held at the Chamber building.

9:00 a.m. - Ribbon Cutting  
Join us for a ribbon cutting for Absolute Landscape Service, at the Chamber Building.

### Tuesday, May 29

7:00 p.m. - City Council Meeting  
Meeting will be held at the Municipal Building, 1520 Avenue K.

5:30 p.m. - Business After Hours  
Join us for appetizers and drinks at Hooters, 4224 Preston Road. Come by and meet the new GM Mike Mullin. For more information contact Alicia Ransom at 972-523-2130.

### Friday, May 18

11:00 a.m. - Ribbon Cutting  
Join us for a ribbon cutting for Big Bowl, 3110 Preston Rd., Frisco. After the ribbon cutting if you wish to stay for lunch, complimentary appetizers will be offered. For more information contact Austin Green at 972-712-5838.

### Monday, May 21

6:30 p.m. - Chamber Membership Dinner  
Frisco Leadership Class 4 Graduation will be held at Staley Middle School.

### Thursday, May 24

8:00 a.m. - Get on Track at 8 Networking Session  
Session will be held in the Frisco Chamber Office, 6843 Main.

1:00 p.m. - Newcomers Stuffing  
Join us at the Chamber Office as we host new chamber members.

### Thursday, May 31

8:00 a.m. - Get on Track at 8 Networking Session  
Session will be held in the Frisco Chamber Office, 6843 Main.

9:30 a.m. - Ribbon Cutting  
Join us for a ribbon cutting for Childress Fabrics, 8760 7th Street. For more information call 469-633-1180.

### Thursday, May 31

8:00 a.m. - 12th Annual Golf Tournament  
Ridgeview Ranch  
A unique networking and fundraising event held during the year that offer member businesses a chance to gain some publicity while having fun. The Chamber will host a Spring Golf Tournament and a Fall "putt-putt" golf tournament. In both, members form company teams that play for fun and prizes. Sponsorships are available.

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# Aloha State, rich in cultural history, more than just a great vacation spot

By Brandy Jones  
Gazette Editorial Assistant

There is more than meets the eyes in the Hawaiian Islands. Allow yourself to see past Hawaii's beauty to the history of the "Aloha State".

The early Polynesians were the world's most adventuresome explorers. Navigating with extraordinary skill by the stars and sun, birds, clouds, and currents, they sought "Hawaii," the ancestral home of the sun, as their new home. The last island group to be settled Hawaii marks the end of the great era of Polynesian exploration and colonization. There are speculations that the first inhabitants of Hawaii were from Central

Polynesia.

Between A.D. 500 and 700, the warring, Marquesans beached their canoes on Hawaiian shores. Around A.D. 1000 the first Tahitians arrived and probably conquered the Marquesans. By about 1175, a Tahitian priest or kahuna, arrived on the Big Island. Named Pa'ao in the ancient oral chants, he founded the kahuna nui, or high-priest line, and introduced the institution of a king for each island. From Tahiti he brought Pili, who sired the royal line that led to Kamehameha. These two ruling forces formed a dynasty that continued unbroken for 700 years.

Religion played a great role in the life of the people in Hawaii.

Every important activity, from that stood out above all the rest:

building a house to planning a battle, started with a religious ceremony, considered nature worship. The Hawaiians were fascinated by the manifestations in the world about them of a mysterious power, unseen and little understood. Their ceremonies aimed to establish and preserve proper relationships between man and this unseen power. The gods were personifications of natural objects and the forces of nature. Hence there were many gods, but there were three



Kane, god of light and life; Lono, god of harvest; Ku, god of war. These gods were common to all Polynesians, but it is said that Ku attained his greatest glory in Hawaii. It is also said that the gods' downfall was an addiction to the alcoholic drink kava, and for this they were banished to the underworld.

Although the Polynesians were thought to be the first to discover the islands, Captain James Cook was the one to receive the credit. On his third voyage into the Pacific, in 1778, the English explorer sailed his ships into Waimea Bay at Kauai. It was long held in Hawaiian legend that the great god Lono would return to earth. Cook was welcomed as Lono, the god who prophesied to return on a "floating island". Cook recorded in his journal, that "all fell flat on their faces, and remained in that humble posture till... (I) made signs to them to rise." In their passion for iron, Hawaiians took to absconding with anything metal they could get their hands on, which led to a series of misunderstandings, a strained relationship and a final confrontation in which Cook was slain on the beach.

Twelve years after Cook's death, the young warrior Kamehameha I defeated in battle the heir to the island of Hawaii. In the peace that followed, agriculture and commerce were promoted. As a result of Kamehameha's hospitality, American traders were able to exploit the islands' sandalwood, which was greatly valued in China at the time. However, the success during the period of Kamehameha's rule was declining. Europeans and Americans brought them devastating infectious diseases, and over the years the native population was considerably reduced. The adoption of Western ways of trading for profit, using firearms, and drinking liquor aided in the dissolution of native cultural tradition.

Within a few months came American Protestant missionaries. Slowly old Hawaiian traditions were being washed away and by 1825, dancing and horseback riding had been forbidden on the Sabbath. Under a succession of monarchs during the rest of the nineteenth century, the missionaries banished Hawaii's hula, through which Hawaiians told the great stories and myths of their race. The missionaries also established schools, developed a 12-letter alphabet that they used to translate the Bible, and put the Hawaiian language on paper.

Hawaii's last king, David Kalakaua, was elected to the throne in 1874. His greatest legacy was the revitalization of Hawaiian culture. After years of missionary suppression of the "heathen dance,"

Kalakaua brought the hula and compiled ancient legends. However the moment he died in 1891, American planters plunged into plots against his successor and sister, Queen Liliuokalani. Hawaiian sugar sales to the U.S. had been severely restricted due to a hefty tariff imposed by Congress, and to protect their profits the planters connived for an end to the monarchy and a takeover by the United States. Now the sugar barons, descendants of the missionaries, had taken the land and held key governmental positions. In 1898, at the urging of Teddy Roosevelt and others, Congress annexed the islands and in about two years created the Territory of Hawaii. According to the American system of government, the territorial status is one in preparation for statehood.

That same year, after of the Spanish-American War, the U.S. acquired the Philippines and Guam. Since Japan was seen as expansionist, the U.S. Navy set its eye on the finest sheltered harbor in the Pacific, Pearl Harbor, where King Kalakaua had permitted access. Construction of naval facilities began in 1908.

Today Hawaiians are the fastest growing ethnic community in the state. Hawaiians strive to preserve their culture, its traditions, and the most important element in Hawaiian "life, aloha. Permeating life and meaning love, aloha was and still is a profound sense of compassion, kinship, and friendly spirit so strong that it has survived today.

## Movie Review

### Jousting drama takes audiences back to Middle Ages

Inspired by "The Canterbury Tales," "A Knight's Tale" is the story of William, a young squire with a gift for jousting.

After his master dies suddenly, the squire hits the road with his cohorts Roland and Wat.

On the journey, they stumble across an unknown writer, Chaucer. William, lacking a proper pedigree, convinces Chaucer to forge genealogy documents that will pass him off as a knight.

With his newly-minted history in hand, the young man sets out to prove himself a worthy knight at the country's jousting competition, and finds romance along the way.



Amid the adrenaline-charged cries of spectators—including (from left to right, background) Kate (Laura Fraser), Chaucer (Paul Bettany) and Roland (Mark Addy), aspiring knight William (Heath Ledger, foreground) rides into fame.

seamless bridge between then and now."

With the project in good hands, elaborate preparations got underway in the Czech Republic for the ambitious film shoot. The company was headquartered in historic, enchanting Prague, already an ancient city during the medieval times in which the film is set.

that became an invaluable bonding process for the ensemble. In addition to locations in the magnificent Czech countryside, a gigantic exterior set was constructed on a backlot at historic Barrandov Studios, where the company was headquartered.

Covering an area larger than two American football fields, the sets included medieval London, Rouen and a jousting field, one of three seen in the film. Additionally, an enormous ice arena on a Vltava River island in the heart of Prague was utilized for construction of a massive banquet hall, plus interior portions of the French cathedrals at Notre Dame and Rouen.

"A Knight's Tale" opened in theaters May 11 and is rated PG-13.

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#### RE-ELECT

### WILLIE WATTLEY McKinney City Council District 1 Representative



Dear Voters,

I am asking for your support in my bid for re-election as McKinney City Council District 1 Representative on June 2. I am well qualified and have the in-depth knowledge and understanding of the different programs that I have supported and put forth to help upgrade the quality of life in the older section of the city.

It appears to me that my opponent does not understand or know about the Infrastructure Initiative Programs that have been in place 2.5 years nor the passage of the bond program to which the citizens voted in support of the Infrastructure Initiative Programs: to replace the old water lines, the poorly designed drainage and sewer systems, and the aging streets that were in need of repair and widening. If my opponent is a true area leader in her community, she should be aware of the improvements that have already taken place, and not only in her area but all areas in the older section. The repair of streets is now in progress. The rebuilding program was initiated over 1.5 years ago. The Infrastructure Initiative Program is and has been one of my top priorities. During my tenure on the council I have always respected property owners' rights.

Affordable Homes have always been another of my top priorities. Until my campaign four years ago affordable homes were unheard of in this city. I'm wondering if my opponent really understands what Affordable Homes, streets, drainage, sewage, etc. means to District 1. Everything my opponent is talking about is already in place. How can my opponent support the Affordable Homes or the Infrastructure Initiative Programs without creating a commercial tax base, unless my opponent is planning to ask the city to raise taxes for the citizens? I don't think so, because without the airport, without the factories, corporations, businesses, etc. we would be without a commercial tax base. I support the Infrastructure Initiative Programs, streets, drainage, sewage, etc.

I am also in support of a commercial tax base, low taxes, job opportunities, Infrastructure Initiative Programs (repairing and replacing streets, drainage, sewage, etc.)

So on June 2nd, 2001, vote for the most qualified candidate. Vote for Willie Wattley

Thank you for your support.

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# Arts & Entertainment

## EVENTS

### On-going

Collin County Community College Theatre is offering a unique course, to be taught this summer in New York City, July 13-22. The class will give students a behind-the-scenes look at the New York professional theatre. The deadline to apply is Friday, May 18. For application materials and additional questions, call Tiffany Kellerman at 972-516-5076.

Frisco Dance Force is looking for dance teachers for the summer and fall 2001 summer. Teachers should have a professional background or degree in the field, and or have been teaching extensively. Please email your resume to Debra Swaim at [jdsuam@swbell.net](mailto:jdsuam@swbell.net) or call the studio 972-712-6829. Resumes may also be faxed to 972-712-2600.

### May 15-18

Cathedral Dallas, Inc. is holding a textile exhibition at the Cathedral Gallery, 2215 Ross Avenue. The exhibition will highlight the work of students at Booker T. Washington Arts Magnet High School. The exhibit is free and open to the public. For more information call 214-871-1677.

### May 15-27

The Plano Repertory Theater will present "Six Characters in Search of an Author," by Luigi Pirandello. All performances are held at the ArtCentre Theatre, 1028 15th Place n Historic Downtown Plano. For information or tickets call 972-422-7460.

### May 15-June 1

Works by artist Mary McCleary will be on display at the Dallas Visual Art Center, 2801 Swiss Ave., Dallas. McCleary will hold an Artist Talk Apr. 19 at 7:00 p.m.

Pegasus Theatre will present "H'mlet 2001: A Space

Travesty (of a Landmark about Denmark)," by Kurt Kleinmann & Mario Cabrera. For information or tickets call 214-821-6005.

### May 15-June 23

Pegasus Theatre will present the musical "Cowboys," by Clint Jeffries and Paul L. Johnson. This play is for mature audiences. For tickets and show times call 214-821-6005.

### May 18

Dallas artist Marquis Washington will present his one-man show "20,000 Words," at the South Dallas Cultural Center, 3400 Fitzhugh Avenue with a Meet the Artist talk at 6:00 p.m. The event is free and open to the public. For more information call 214-426-1683.

### May 18-20

Diana Krall will replace Bernadette Peters in concert during the JCPenny SuperPops Series in the Meyerson Symphony Center. For tickets or information call 214-692-0203 or visit [www.dallasymphony.com](http://www.dallasymphony.com).

### May 19-20

The City of Dallas Office of Cultural Affairs and Ballet Ollimpaxqui will host the Folklorico Festival at The Annette Strauss Artist Square, noon to 9:00 p.m. and noon to 8:00 p.m.

The free festival is outdoors at our familiar dancing ground, The Annette Strauss Artist Square. Dance Companies from Brazil, Venezuela and Mexico will perform along with our regional and local companies.

### May 19-August 25

TBAAL will host an exhibition of eleven African-American women quiltmakers in the James E. Kemp Gallery, 650 S. Griffin Street, Dallas. For more information call 214-743-2440.

### May 20-June 24

The Modern Art Museum of Fort Worth, 1309 Montgomery Street, will showcase photographic works from the Museum's permanent collection in a special exhibition titled "Ordinary Grandeur: Photography Since 1960." For information call 817-738-9215.

### May 21

The Forth Worth Museum of Science and History, 1501 Montgomery Street, will host a "Big 6-Oh! Day" to celebrate its 60th anniversary. The day will include plenty of \$60 offers for the entire family. For more information call 817-255-9300 or visit [www.forthworthmuseum.org](http://www.forthworthmuseum.org).

"Texas Bound," the Dallas literary series will return to Fort Worth at 7:30 p.m. at the William Edrington Scott Theater, 3505 W. Lancaster, with Texas actor G.W. Bailey. For information or tickets call 214-922-1220 or 888-684-3362, ext. 1220.

### May 23

The Dallas Symphony

Orchestra will hold its annual Free Parks Concerts beginning with the Kiest Park in Oak Cliff. The concerts begin at 8:00 p.m. and rotate sites. For a schedule or more information call 214-871-4000.

### May 25

N.M. Productions Theatre Company will present "Vinnie and Sissy's Wedding," a murder mystery by Cyndi Williams. The one night only performance will be a special fundraising event including dinner. For information or to make reservations call 972-680-4466 or 817-784-6671.

The Dallas Symphony Orchestra will hold its 9th annual Hispanic Festival Concert, led by guest conductor Carlos Miguel Prieto at 8:00 p.m. at the Meyerson Symphony Center. Pre-concert festivities begin at 7:00 p.m. For information or tickets call 214-871-4000.

### May 25-June 24

Jubilee Theatre, 506 Main Street, Ft. Worth, will present the comedy "Hedy Understands Anxiety," by Angela Counts. For information or tickets call 817-338-4411.

### May 26

Dance Council will present "Tap 2001: National Tap Dance Celebration," at Cathedral Dallas, Ross and Pearl in the Arts District, with tap workshops, a free festival of tap and a concert performance and Tap Jam. For more information call 214-219-2290 or visit [www.thedancecouncil.org](http://www.thedancecouncil.org) or [www.tapdallas.org](http://www.tapdallas.org).

### May 29-June 9

RCT Theatre will present "The Wizard of Oz" during its Summer Theatre Camp for ages 8-15. For more information or registration call 972-690-5029.

### May 31-June 2

The Dallas Black Dance Theatre will present "Porgy and Bess," the dance production set to the music of Miles Davis, at the Majestic Theatre at 7:30 p.m. For tickets or information call 214-691-7200.

### June 2

The Dallas Black Dance Theatre Academy will hold its Annual Recital at the Majestic Theatre at 2:00 p.m. For tickets or information call 214-871-2387.

### June 4-August 3

The Dallas Children's Theater will offer two new classes, Playwright Workshop 2001 and Musical Theater Scene Study in Shobiz Summer conservatory class sessions. For more information or enrollment call Nancy Schaeffer at 214-978-0110.

### June 21-24

The Dallas Morning News will present "Oklahoma!" the musical by Rodgers and Hammerstein's at the UTD Theatre performed by Repertory Company Theatre. The play is suitable for the entire family. For tickets and showtimes call 972-690-5029.



## Night Vibes

By Ché Hill



A recent production at the South Dallas Cultural Center proved both intriguing and enlightening. Julie Manuel, one of the producers of the performance play "Inculcated: Con Fusion," explained what made it unique. To "inculcate" means to implant by persistent urging, while "con" is Spanish for "with". The word "fusion" means the uniting of different things into a whole, and explains how they bring it all together. Under the guise of this label Manuel and Tammy Gomez spawned an in-depth look at two very similar cultures, African and Mexican.

The heritage of these vast cultures is explored through skits and poetry that stress positive images of women, and deal with the inadequacies created by racism. The show is brash and at times may make

audiences feel uncomfortable as they're brought face to face with their own ugly prejudices.

As she performs a skit during the show called "Big Fish, Little Fish," Manuel sheds light on how the majority looks down on minorities. Though they "try as hard as they can" they will never catch up in world that isn't designed for them to succeed. However the show was not a mundane lecture about the well-known evils of racism, but rather a refreshing display of the beauty of African dance and the scintillating melodies of Mexican-born rhythms.

It was an emotional experience for Manuel as tears rolled down her face during scenes from childhood memories of not being accepted by other races or even her own. Manuel even recants the entreaties of

her mother for her to conform to society's standards. Yet she remained undeterred and gives all the credit to her ancestors for their strength.

While "Inculcated" may not be the first performance play of its kind, it boldly treks where few performers venture to go. There is always a chance of alienating audiences when addressing sensitive subjects, but Manuel and Gomez steer through the troubled waters well even garnishing the viewers with shades of humor throughout various scenes.

The overall theme is summed up during a moment when the ladies appear on stage clad black and tan dresses that are joined together. The fusion of colors, races, and cultures simply inculcated.

## What's Happening in the Hood

Southern University Alumni is having its annual Bayou Bash on Saturday May 19. There will be live music, an all-you-can-eat

menu of boiled crawfish, fish, jambalaya, and chicken. Proceeds support the annual scholarship fundraiser. This is a general audience event

that will be held at the Regular Fellows club, 7225 Houston School Road, Dallas. For more information call 972-480-5247.

## Eyeing the Arts

By Stephanie Ward

The African American Museum is exhibiting a wonderful collection of artwork and books from a group of 20th century master artists. This new exhibit, called "Three Centuries of African American Art," has original artwork from some of history's greatest artists such as Hale Woodruff, Charles White, Archibald Motley and Henry Ossawa Tanner.

The subject matter ranges from muted landscapes to bold colorful portraits.

The exhibit, which opened May 3, also has a variety of mediums including collage, mixed media and woodcuts. The authenticity of the work makes it interesting.

This exhibit is a must see. Posters, postcards and other mainstream media have popularized some of the art.

The exhibit does a good job of mixing the old with the contemporary. The show includes images by contemporary artists such as Elizabeth Catlett, John Biggers and Jean Lacey.

The show, curated by Dr.

David Driskell, Professor Emeritus and Chairman of the Department of Art, University of Maryland in College Park, Maryland.

A majority of the work is on loan from some of the most prestigious art collectors and galleries from across the United States such as Hampton, Howard and Clark Atlanta Universities. The exhibit also includes pieces from private collectors such as Hammond and Harriet Kelly.

One of the things I liked most about the exhibit was being able to see pictures that I had only seen in books; images such as Romare Bearden's

see the original color and size of these images that have popularized by mass productions.

Another enjoyable aspect of the exhibit was seeing the works of the artists from the Harlem Renaissance. The pictures in the exhibit depicted the mood of that time period in color and tone. "The Negro Workers" by James Well showed the plight of laborers in the 1940s. Another time holder in the exhibit was some of the portrait work. Other paintings include a portrait of writer Alain Locke painted by Richmond Bratke showing the swathe sophistication of that time. And Archibald Motley's painting "Barbecue" also shows the liveliness of Harlem during its heyday.

The art exhibit also includes a rare book and manuscript collection of African-American art history.

The African-American Museum is located in historic Fair Park. It is the only museum in the southwestern region of the United States devoted to the preservation and display of African American artistic, cultural and historical materials. The museum features an array of visual art forms, artifacts and historical documents that chronicle and portray the African experience locally, regionally and nationally; and is also home of one of the largest African-American folk art collections in the United States.

The "Three Centuries of African American Art," exhibit runs through May of next year.



Artwork by artists like Hale Woodruff's (left) "Two Figures in a Mexican Landscape," and "Jackie" by Elizabeth Catlett are featured in the "Three Centuries of African American Art" at the African American Museum.



"Amistad" in silk-screen, Hughie-Lee Smith's "Discussion On A Roof Top," and William H. Johnson's "Jitterbugs". It is interesting to



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## Around The Town

### On-going

ESSENCE Magazine is accepting applications for its 10 Incredible College Women Contest, highlighting academic excellence and community service. For complete applications and details call Rhonda Evans at 212-642-0676 or e-mail [tecw@essence.com](mailto:tecw@essence.com). Application deadline is May 31.

The 2001 Rx Program makes available breathing medications and Nebulizers to patients who may have asthma, emphysema or COPD at not cost to the recipient, if they qualify. For more information call Dennis Karnes at 1-800-344-5764.

Cathedral Dallas, Inc. is sponsoring the "Educational Lecture Series on Mexican Culture and History," conducted by Anthropologist Mario Navarrete. The courses will be held on Tuesdays and Saturdays May through May 22 at 6:00 p.m. and 10:00 a.m., respectively. For more information or registration call 214-871-1677.

Clean South Dallas/Fair Park is now accepting applications for its youth Earth Camp 2001 to be held June 5-26. The camp is for 4th grade students in the South Dallas area. Call 214-421-1662 for information or an application. Application deadline is due May 18.

Oshman's Sporting Goods, Inc. is accepting applications for its Grants for Girls program for girls' sports organizations. For information or an application call 800-877-6005, ext. 8576 or visit [www.grantsforeirls.com](http://www.grantsforeirls.com). Application deadline is June 1.

The International Library of Photography is sponsoring an Amateur Photography Contest. The contest is free and open to the public. For more information call Pamela Roberts at 410-363-4800 or visit [www.picture.com](http://www.picture.com). Entries must be postmarked by May 31, 2001.

### May 16

The Frisco Citizens' Police Academy Alumni Association will host an Open House at the Frisco Police Department, 8750 McKinney Road, from 6:00 to 8:00 p.m. All Frisco residents are welcome to attend this free event. For more information call Gerald Meadors at 972-335-5544.

### May 17

DFW Community Newspapers will host a Home Buyer's Expo at the Plano Centre, 2000 E. Spring Creek Pkwy., Plano, from noon until 8:00 p.m. The expo will feature realtors, homebuilders, mortgage and title companies, home furnishing experts and more.

The 1st Annual D/FW Metroplex Educational Procurement Fair will be held at the UNT System Center at Dallas, 8915 S. Hampton Road, Dallas, from 9:00 a.m. to 2:30 p.m. For more information or to registers call 972-925-4140.

The Dallas/Fort Worth Chapter of the National Sales Network is holding an inaugural reception titled, "An Empowerment Strategy to Encourage Sales Excellence," at the Women's Museum in Fair Park from 6:00 to 9:30 p.m. For more information call George Petagrew 972-691-2302 or Deborah Brannon at 972-219-1278.

### May 19

The Dallas Pageant Expo tradeshow for pageants, modeling, talent and fashion industries will be held at the Plano Centre, 2000 E. Spring Creek Pkwy. From 8:00 am. To 6:00 p.m. For more information call Margaret Culp at 214-766-4423.

RBOC, Inc., a non-profit youth job training program, will hold its One Year Anniversary Celebration at 2921 W. Camp Wisdom @ Hwy. 67, Dallas. For more information call Oliver

Clayton at 214-330-2800 or 972-768-9761.

Delta Sigma Theta Sorority, Inc. North Dallas Suburban Alumnae Chapter will hold a golf tournament at Plantation Golf Course in Frisco. Proceeds will benefit the chapter's Jabberwock Scholarship program. Track spikes worn by gold medalist and world record holder Michael Johnson will also be auctioned at the event. For more information or to register call Misha Sturns at 972-571-1698.

The Dallas Urban League, 4315 S. Lancaster, Dallas, will hold the Career Expo 2001 featuring career and employment workshops from 9:00 a.m. to 2:00 p.m. For reservations or information call 214-915-4686.

Highland Oaks Counseling Center will sponsor a seminar from 9:00 a.m. to noon at the Highland Oaks Church of Christ Educational Auditorium, 10805 Kingsley Rd., Dallas. To register, or for more information call 214-342-6095.

The Dallas Chapter of the Southern University Alumni Federation will be hosting

its 18th Annual Bayou Bash at the Regular Fellows Club, 7225 Houston School Road, Dallas, from 6:00 p.m. to 11:00 p.m. Proceeds benefit the scholarship fund. For tickets or information call 972-480-JAGS.

### May 20

The Healing Matters Support Group of Medical Center of Plano, will hold a Memorial Service for families who have experienced an early pregnancy loss at the Plano City Cemetery, Jupiter and 18th Street, at 2:00 p.m. For more information call Mary Jo Dean at 972-519-1116.

### May 21

Healing Matters support group will meet at 7:30 p.m. in Classrooms I and II at Medical Center of Plano, 3901 West 15th Street, 2nd Floor. The session topic will be "A Father's Grief." For more information call Ginny Robinson at 972-519-1588.

The Fort Worth Metropolitan Black Chamber of Commerce will hold a seminar on "The Paperless Business Plan," starting your own business, etc., at the Tarrant County

College/South (In the Living Room) from 5:30 to 7:00 p.m. For more information or reservations call 817-531-8510.

### May 22

United Financial Services will host a "Salute to Seniors" Breakfast at 9:00 a.m. at the Frisco Senior Adult Center, 7775 Camellia. For more information or to register call 972-335-5515.

Cathedral Dallas, Inc. is sponsoring the "Educational Lecture Series on Mexican Culture and History," conducted by Anthropologist Mario Navarrete, at 6:00 p.m. For more information or registration call 214-871-1677.

Senior Citizens of Greater Dallas will offer a free Job Search Seminar to Dallas area residents aged 55+. The seminar will be held at the Center for Community Cooperation, 2900 Live Oak Street, from 9:00 a.m. to 1:30 p.m. For more information or to register call Judy Burk at 214-823-5700.

The Women's Museum, Fair Park, Dallas, will hold A Conversation with Dr. Li

Yiru on Education for Disenfranchised Girls and Women: A Global Mandate at 7:00 p.m. The event is free and open to the public. For more information call 214-915-0861.

The First Saint John Missionary Baptist Church, 2401 E. Berry Street, Ft. Worth, will host a "Women's Week of Worship" revival May 22-24 with 7:00 p.m. services each night. For more information call 817-534-0581.

### May 26

The All African People's Revolutionary Party will celebrate African Liberation Day with a Pan-African and International Symposium at Paul Quinn College, Student Union Building, 3837 Simpson Street, Dallas from 11:00 a.m. to 2:30 p.m. For more information call 214-340-2980.

### May 29

The Women's Museum will host Dr. Cheryl Fellows in a seminar discussing "Keeping It All Together: Balancing Personal Life and Career," at 7:00 p.m. The event is free. For more information call 214-915-0861.

### May 30

The Greater Dallas Chamber and DCCCD will host a Minority & Women's Business Development Procurement Luncheon at The Center for Community Cooperation, 2900 Live Oak Street, Dallas. For more information or to RSVP call 214-746-6648.

### May 31

Clay Academy will host its third kindergarten graduation at The Potter's House Youth Sanctuary, 6777 W. Kiest Blvd., Dallas at 7:00 p.m. Keynote speaker will be Dr. Jawanza Kunjufu. The event is open to the public.

### June 1-3

Journey to Healing, a non-profit cancer retreat center in the Texoma area will hold a holistic based cancer weekend retreat for cancer patients and caregivers. The center has dozens of scholarships available for the retreat. For more information call Jennifer Stalford at 972-539-5099 or visit [www.journeytohealing.com](http://www.journeytohealing.com).

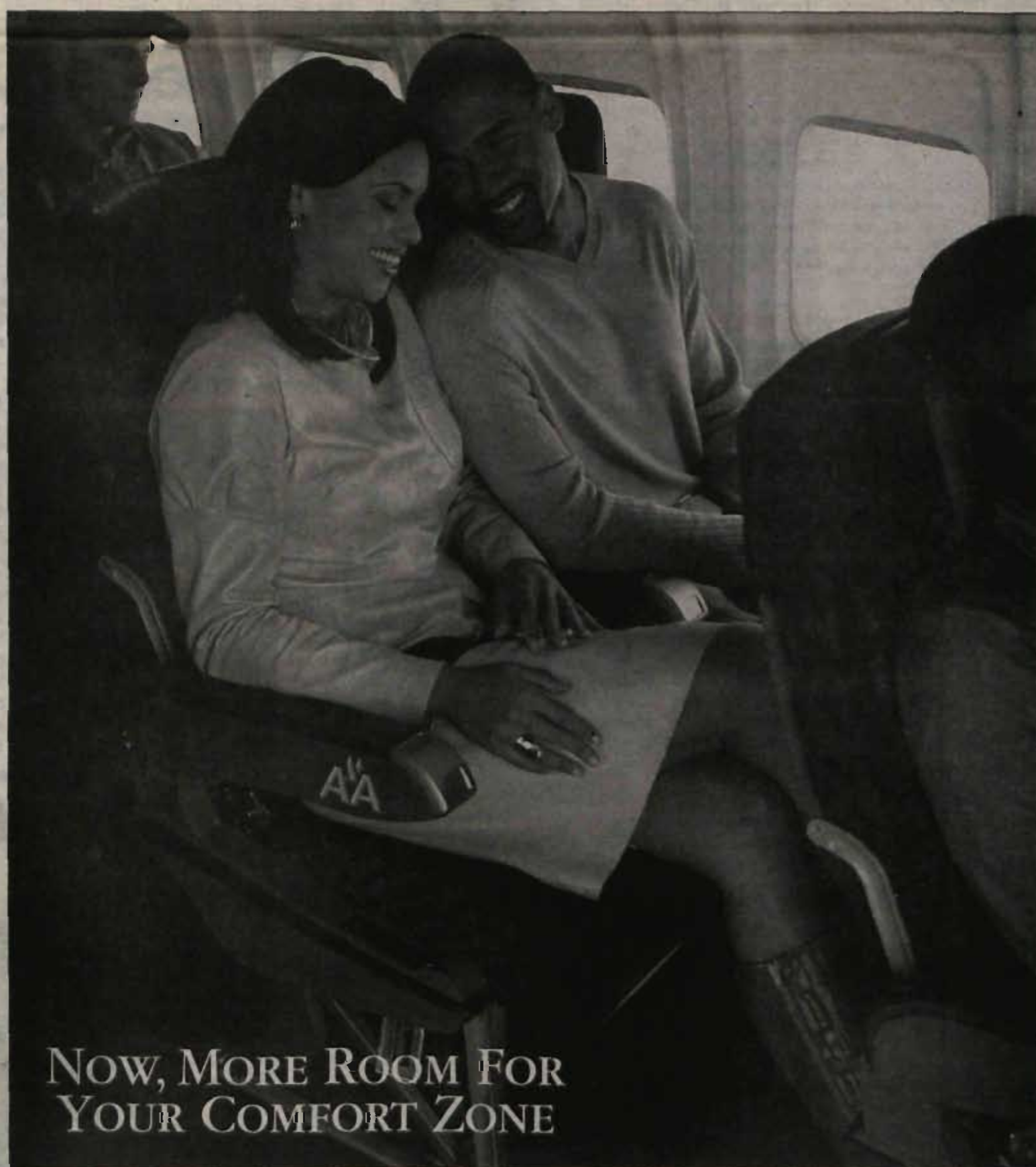
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