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NEWS BRIEFS

CIA disciplines employees for secret chat room

The CIA fired four employees and reprimanded 18 others for participating in a secret chat room created in the agency's classified computer system to exchange jokes and gossip. The chat room, used mainly to trade off-color jokes, musings, gossip and observations, was created in the mid 1980s and evolved with changes in the CIA's computer system. About 160 employees were involved over the years in the invitation-only chat room.

Scientists turn blood cells into brains

Researchers have discovered that bone marrow might provide an easy source of new brain cells, offering treatments for diseases from stroke to Alzheimer's. Tests on mice suggested that stem cells from bone marrow can become brain cells. Stem cells offer the potential to mend and even regenerate tissues and organs, but are hard to find and are not fully understood. The only convenient source of stem cells so far is the bone marrow, which generates both red blood cells and white blood cells of the immune system.

HUD review board rebukes lenders in six states

HUD has fined seven lending institutions almost \$500,000 and restricted their dealings with the Federal Housing Administration for up to five years for violating federal lending policies. Included in the sanctions was American Investment Mortgage, Inc. of Dallas, whose FHA approval authority was withdrawn for five years for operating branch offices under an improper branch network and submitting loans before FHA approval. The sanctions were the most serious meted out by HUD's Mortgage Review Board in three months.

PepsiCo buys Quaker Oats

PepsiCo has bought Quaker Oats Co. for about \$13.4 billion in stock. Under the deal, PepsiCo will offer 23 of its shares for each Quaker share under the deal announced Monday. Quaker Oats Co. is the maker of Cap'n Crunch cereal, Aunt Jemima pancake products and Gatorade.

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American Airlines Center unveils platinum seating

New seating offers special service, amenities, gourmet menu

American Airlines Center recently announced the third phase of its marketing campaign with the highly anticipated launch of Platinum Seat sales. The exclusive club level is a "first of its kind" for Dallas sports and entertainment venues. It will feature, among other amenities, signature menu items from a world-renowned chef Dean Fearing of the five-star, five-diamond Mansion on Turtle Creek, the flagship hotel of Rosewood Hotels & Resorts.

"Platinum Seats are a new experience designed for the die-hard sports fan who wants to be pampered. The Platinum Level will be the place to be and be seen in Dallas," said Greg McElroy, senior vice president of sales and marketing for American Airlines Center.

"We expect Platinum Seats to sell out quickly because the public now has access seats never before available. This package includes tickets to Dallas Stars and Dallas Mavericks games as well as the first right of refusal to other events. Just like American

Airlines, we chose the 'Platinum' name because it symbolizes the highest level of service and amenities."

The Platinum Level, located

between the lower and upper seating bowls of American Airlines Center, consists of 2,000 seats with spectacular sightlines. In addition, the seats and rows are wider and roomier



An example of the American Airlines Center once completed. Platinum Seating will be located between the lower and upper seating bowls of the Center.

Photo by Stan R. Davis

than those in the lower seating bowl. McElroy says 400 seats have already been sold to American Airlines Center partners, sponsors and members of

ment. Platinum packages are available in three and five-year terms and range from \$7,000 to \$18,000 per seat.

Platinum seat holders have a long list of exclusive amenities to enjoy including private clubs, restaurants, lounges and bars, premium parking, private concourses, concierge service, in-seat wait service and additional restrooms. Platinum Level guests will also have access to high-speed Internet connections and a private boardroom used by team owners Tom Hicks and Mark Cuban. In addition, the Platinum Seat package will offer guests the opportunity to attend events, such as player meet & greets, exclusive to Premium seat holders.

Officials also announced that Platinum Level guests will be able to order from a menu created by Chef Dean Fearing, who will consult on the name, theme and design of food and beverage for the suites, Platinum Seats and restaurants on the Platinum Level. Chef Fearing showcased a menu

sampling at the opening reception while guests mingled to the swinging sounds of the Hunter Sullivan jazz band.

"This is a very exciting partnership," said Chef Fearing.

"Many of our signature Mansion sauces are all ready being served on American Airlines flights, so this was a natural progression in a great relationship. The folks seated on the Platinum Level are going to be in for a real treat as they cheer the Mavericks and

Stars on to victory."

Sportservice, who was announced earlier this year as the food and beverage provider for American Airlines Center, will work with Fearing. In addition Chef Fearing's new food product line, Southwestern Classics for the Home Kitchen will be available for purchase on the Platinum Level of American Airlines Center.

For more information on Platinum Seats, call (214) 221-TEAM.

NAACP delivers voting irregularities transcript to U.S. Justice Department

BALTIMORE (Special To The NNPA)—The National Association for the Advancement of Colored People (NAACP) presented a transcript from its public hearing on Florida Election Day voting irregularities to U.S. Attorney General Janet Reno and renewed its request for an investigation into possible violations of federal civil rights laws.

NAACP President and CEO Kweisi Mfume said, "The

S. Constitution."

The NAACP convened the public hearing on Nov. 11 in Miami after receiving hundreds of complaints from minority voters in Florida as well as nationwide through its Election Day Command Center that operated from the national office in Baltimore. The Association decided to make a public record of the Florida complaints due to the sheer number of the serious allegations calling into question the state government's willingness to protect voters of color.

"It is our moral obligation as a non-partisan organization to insist that all voters be allowed to cast an unfettered ballot and be free from intimidation and harassment as promised by the Voting Rights Act of 1965. We abhor the countless horror stories from minority voters across the country and are incensed that no one seems to care," Mfume said.

On Nov. 6, the Florida State Conference NAACP called on Florida Gov. Jeb Bush and the state's Supervisor of Elections to offer assurances that voting would be clean, open and fair while cautioning that in-coming complaints to the NAACP foreshadowed expected intimidation and scare tactics intended to stop or discourage African Americans from exercising their basic right to vote.

"The NAACP plans to continue to establish public records on voting irregularities in Florida and other states as a fulfillment of our mission to ensure the political, social and economic equality of all Americans," said Mfume.



NAACP President, CEO Kweisi Mfume

NAACP was appalled to hear testimony of conduct that would clearly adversely impact the voting strength of Florida's minority voters and that could be reasonably considered an intentional effort to deny the franchise to voters of color."

"As this public record is released today to the United States government, included in it are the ideals of many minority voters who long fought for the civil rights gains regarding the franchise, such as the defeat of Jim Crow poll taxes and literacy tests and those who want to ensure that this country lives up to the promises made in the U.

Plano celebrates "A Dickens Christmas"



The Children's Music Ministry of Fellowship Bible Church entertain audiences during their performance in Historic Downtown Plano. Plano residents were entertained throughout the night by various performers and holiday activities, including a tree lighting at Haggard Park.

Photo by Stan R. Davis

How to drink responsibly this holiday: know your limits

SCOTTSDALE, Ariz., (PRNewswire) -- During this holiday season, when nearly 50% of traffic fatalities are alcohol-related, responsible drinking choices are important. Amethyst Technologies, Inc., a science education company, explains why we need to listen to our body instead of old wives tales. Many believe that how drunk we become is affected by what we drink, our physical size, or whether we drink on a full or empty stomach.

Based on years of scientific research, Amethyst discovered the truths behind these myths. Amethyst scientists determined that it really does not matter what you drink. A beer, a mixed drink, or a glass of wine all contain about 1.25 ounces of alcohol and con-

tribute equally to blood alcohol levels.

Four drinks over two hours increases the blood alcohol level of a 160-pound male to about 0.12, compared to 0.09 for a 225-pound male. "More important than what a person drinks is how fast he or she drinks," says Frank George, Ph.D., Chief Scientific Officer of Amethyst. "Four drinks over two hours will produce a much higher blood alcohol level than four drinks over four hours." Amethyst scientists also determined that drinking on a full stomach slows down the absorption of alcohol only slightly. One hour after having three drinks on a full stomach, the blood alcohol level is only about 10% lower than on an empty stomach.

Skills important to driving

become impaired even at blood alcohol levels below the new 0.08 national standard. Many people do not really understand the extent to which alcohol affects their body and brain. And, as blood alcohol levels rise, people imagine their performance is much better than normal, but in reality, their performance becomes much worse.

While it is important to know the legal limits, it is even more important to know how sensitive you are to alcohol -- and your limits. Learning how alcohol works, and particularly, how alcohol affects your brain, will help you make better decisions. If you do drink, designate a non-drinking driver for your group.

Report card finds college opportunity varies greatly by state

SAN JOSE, Calif. and WASHINGTON, (PRNewswire) -- The chances of getting a college education in America depend to a large extent on where you live, according to a first-of-its-kind report card that grades the states on their performance in higher education.

Many states perform well in several areas, but no state receives straight A's according to the report card, titled Measuring Up 2000. Texas received C's and D's in each category.

"Despite the accomplishments of American higher education, its benefits are unevenly and often unfairly distributed and do not reflect the distribution of talent in America," said North Carolina Gov. James B. Hunt Jr., chair of the National Center's Board of Directors. "Geography, wealth, income, and ethnicity still play far too great a role in determining the educational life chances of Americans."

For instance, according to

Measuring Up 2000:

Students in many states don't have the opportunity to take challenging high school courses that could prepare them for college. In Massachusetts, 59 percent of high school students take upper-level math; in Alabama, less than one-third do.

People in some states have a much higher chance of going to college. In California, 38 percent of 18- to 24-year-olds are enrolled in higher education, whereas in Nevada, only 20 percent are.

People in some states have to pay a much higher share of their income to attend college. In New York, tuition (less student financial aid) at public four-year colleges and universities requires about 36 percent of family income. In Illinois, it accounts for about 24 percent of family income.

Students in some states have to borrow a lot more to attend college. In Massachusetts, the average for all kinds of student loans is \$4,719 annually. In Minnesota,

the average student loan is \$3,168 annually.

Nationwide, about half of full-time freshmen at four-year colleges and universities earn a bachelor's degree within five years. States range from a high of 68 percent (Vermont) to a low of 28 percent (Louisiana) on this measure.

Measuring Up also finds that income plays a key role in determining college opportunity. In California, for instance, 58 percent of 18- to 24-year olds from high-income families are enrolled in college, while only 33 percent from low-income families are enrolled in college.

Measuring Up 2000 is based on quantitative measures of performance rather than the opinions and judgments of authors or sponsors. States are evaluated using "A" through "F" grades in five key areas:

1. Preparation: How well are students prepared to take advantage of college?

2. Participation: Do state residents enroll in college-level

programs?

3. Affordability: How affordable is higher education in each state?

4. Completion: Do those who enroll complete their academic and vocational programs?

5. Benefits: What economic and civic benefits does each state receive from the education of its residents?

As Measuring Up 2000 was being completed, the Organization for Economic Cooperation and Development (OECD) reported that for the first time three countries -- Norway, Britain, and the Netherlands -- have surpassed the United States in the proportion of young people who graduate from college.

"As the world leader in higher education in the 20th century, the United States will have to work hard to maintain leadership in the 21st century," Gov. Hunt said. "Accessible, affordable and quality higher education is critical to preparing Americans for the high-skilled jobs of the new economy."

Edison Schools launches online assessment system

NEW YORK, (PRNewswire) -- Edison Schools, the nation's largest private manager of public schools, announced that its proprietary Benchmark Assessment System is now being administered online at its schools around the country. Under this system, Edison's students are able to take these monthly tests on the computer, the assessments are scored automatically, and teachers receive the results immediately. By providing detailed

measurements of student progress toward achieving academic standards, this cutting edge system will help teachers tailor their instruction to the specific needs of students and will help schools work more strategically toward higher achievement. During the 2000-2001 academic year Edison will administer more than one million of these Benchmarks online.

The Benchmark Assessment System was designed to provide

teachers with ongoing monthly information about the progress of their grade 2 to 8 students toward meeting end-of-grade standards. The results are automatically charted for teachers each month so schools can track their students' progress in meeting Edison, state, and national testing standards. Teachers use the results to adjust their instruction to best meet individual student needs.

"No school system in America has ever had access to

such a system. "This is a very important innovation that could have a strong impact on student achievement throughout our entire system. Now that we can offer Benchmarks online, we are lessening the administrative burden for teachers and increasing the amount of time they have to address the individual academic concerns of each of their students," said John Chubb, Edison's Chief Education Officer.

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John Dudley

How to navigate in a volatile market

Tips for investing in bonds Why intermediate bond funds can make sense for investors

Planning can ease cost of disaster

From time to time, if you're like most retirees, you probably ask yourself whether you'll continue to have enough money to live on. Even if your current income from pensions, Social Security benefits, and investments seems to provide a comfortable cushion, you know that it may not be enough down the road thanks to a lengthy life expectancy and rising cost of living.

Even minor inflation can become a major problem. Say your current annual retirement income is \$40,000. If inflation continues at only three percent, in 15 years you'll need more than \$62,000 a year just to stay even with where you are today.

Your investment portfolio should be designed to help you keep up with the rising consumer costs. But in your early retirement years, you should still be investing well, siphoning off a bit from current income to continue to put away for the future. Make the right choices about this "extra" investment and you'll enjoy continued prosperity.

Fearing the calamity of outliving their money, some retirees take unnecessary risks in an

effort to play catch-up with rising costs. For example, they may be lured into buying high-yielding junk bonds or some other hot investment that they don't really understand and that is ill suited to their needs.

More commonly, people become more averse to risk as they get older. They stick to super-safe Treasury securities, CDs and bonds. Or they may put the lion's share of their portfolio into seemingly rock-solid utility stocks.

But just as junk bonds are too risky, the super-safe approach is too conservative. The sense of security it provides is a false one. A portfolio made up exclusively of government bonds may allow you to sleep soundly, until you realize that it probably won't enable you to meet future expenses.

Between 1970 and 1990, long-term government bonds had an average return of 8.71 percent. By contrast, the common stocks that make up the Standard and Poor's 500 Index enjoyed an average annual return of 11.15 percent.

There's a way to make the process an easy one that can turn the inevitable ups and

(FSN)-Barry Golden's portfolio contained a lot of tech and "dot-com" stocks in the recent go-go bull market. And who could blame him? He got in early on a lot of the big names, and his assets never seemed to stop growing exponentially. However, after the recent market drop, he started to question the wisdom of putting all his eggs in one basket. Isn't there a way to keep assets growing without running so much risk?

Traditional portfolio theory advocates that some portion of asset allocation be assigned to bonds. Yet, for many investors, equities and other more "glamorous" investments steal the limelight from bonds, which are often under-researched and the most neglected part of an individual's investment plan. In the continuing search for that magical middle ground where risk and reward have an equal balance, it's easy to miss some simple and obvious solutions.

Investors often spend a lot of time working out the details of their equity portfolio, thinking about sector and specific stock allocations. This leaves them little time to think about the fixed income portion of a

well-balanced portfolio.

Unfortunately, when investors do focus on fixed income, they tend to gravitate toward yield, rather than total return, failing to measure risks associated with that yield. This is quite common in the selection of fixed income mutual funds, where investors purchase yield, failing to review the risks of the underlining assets creating that additional yield. It is not uncommon for investors to purchase mutual funds holding assets that the same investors would never purchase in building their own portfolios, such as bonds with very long maturities.

The municipal bond market provides a competitive after-tax return, while the municipal yield curve offers certain unique opportunities, especially in the intermediate sector. Unlike taxable securities, the municipal curve is usually quite positively sloped at the front end of the yield curve, so investors are well compensated for extended maturities out of money market accounts. However, at what point is the additional yield gained by extending maturities not worth the increased price

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of natural disasters are that they often strike before people have a chance to mentally prepare themselves, and they leave people ill equipped to deal with the results in a rational manner.

That's why a well thought-out game plan is essential to have before a disaster occurs. A plan that considers every conceivable "what if" Having a good plan in place before a calamity occurs is the best safeguard against missing important facts at times of high emotional stress. Two critical points that must be included are how insurance claims and tax ramifications of losses need to be handled.

Insurance companies and the IRS will insist on thorough documentation of any claim or deduction filed. Additionally, and unfortunately, the IRS, well aware of the dollars involved and the difficulty in establishing proof, makes casualty loss claims a high audit priority. This further increases the importance of accuracy and documentation.

Here are a few broad guidelines that can help establish a solid game plan and implementing it when necessary:

A casualty loss of personal

property is generally tax deductible if the loss, after subtracting insurance and other reimbursements, exceeds 10 percent of adjusted gross income.

If the President declares an area a disaster, both homeowners and renters can claim a casualty loss in the preceding tax year.

Insurance payments, made on a claim resulting from a natural disaster, are generally not taxable.

Gains on insurance proceeds generally need not be recognized if they are reinvested in a timely fashion into "similar property". The term "similar property" has a very specific and technical meaning under the tax code.

An income tax advisor should be able to supply a checklist that offers damage-information guidelines as well as information on appraisal needs, personal property loss, and the development of data for tax returns. All of these are key parts in developing a pre-disaster game plan and in helping make sure adequate preparations have been taken in the event the worst happens.

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Palm Beach residents should revote their presidential choice

By Michelle N. McFarland-McDaniels

(NNPA) - Americans are guaranteed the right to vote by the United States Constitution.

Shouldn't they also be allowed the opportunity to have the votes they cast counted for the candidate they intended to vote for? Most rational people would agree that it is reasonable

to expect that the candidate one intends to vote for and one believes one is voting for actually receives one's vote.

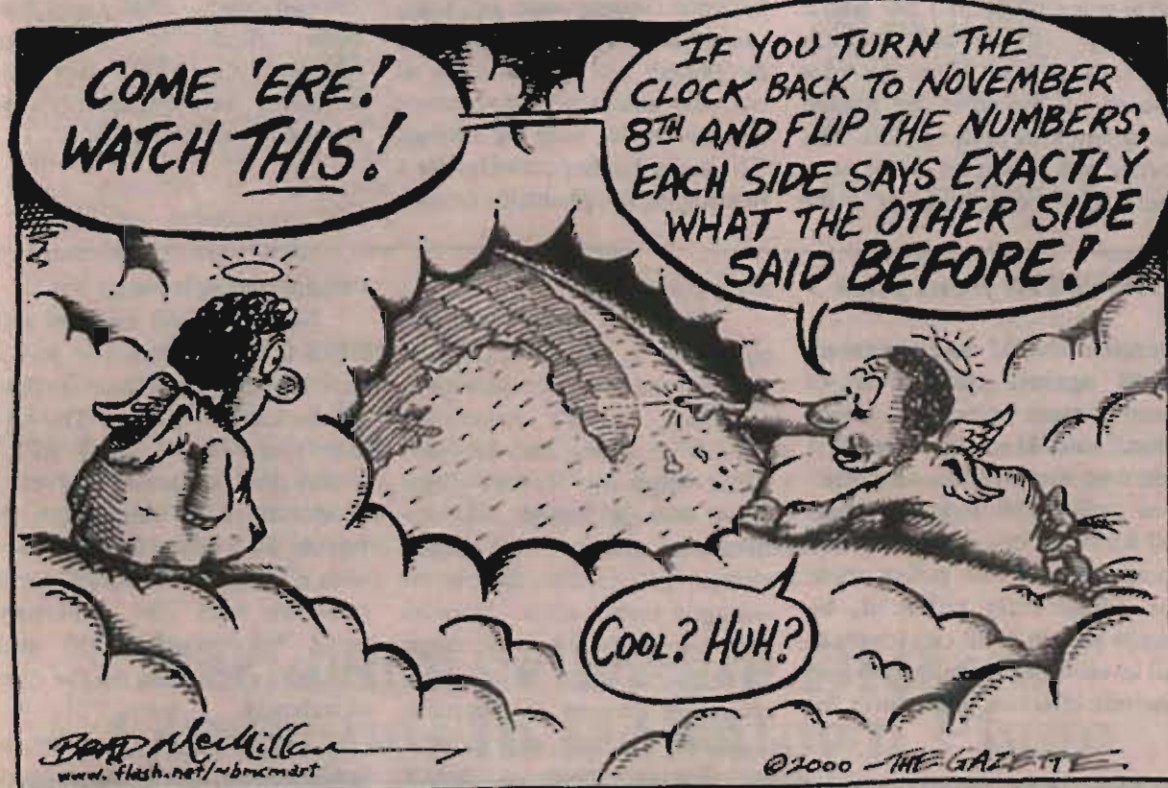
That was apparently not the case in Palm Beach County, Fla., where thousands of voters have complained that the ballots they received were misleading.

Some 3,500 voters have expressed concern that they

may have voted for Pat Buchanan instead of their intended candidate, Al Gore, because Gore and his running mate, Joe Lieberman, are the second names on the ballot but the third hole needed to be punched in order to vote for them.

Many Palm Beach County residents feared they missed the

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To submit a letter to the editor:

Send all correspondence to: MON-The Gazette
Letters to the Editor
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Ron Shaw

The power to change

I've seen some drastic changes take place in my life over the years. I can honestly say I have changed. Some would say that was a bad thing. How many times do we hear people make that comment about us or someone we know? The truth of the matter is that change is expected if we are growing and getting better. No change is a bad thing. The only person who does not change is God, because He is the personification of perfection. Since our pursuit is excellence, we must change to become like Him.

I remember a few months ago one of our teens asked what should a person do if they did not like themselves. My response was to change who they were. That is the foundation of the Christian message. That fact that we can change and become a completely new person is the reason for embracing Jesus.

I sat yesterday in my office with a couple who were experiencing marital problems. The first words out of the wife's mouth were, "I'm tired of the same old thing taking place." One songwriter says there are not many things in life you can be sure of. The truth is that change is certain. We can change our surroundings, our acquaintances, our size, physical ability, hairline, waistline, skin or all of them together. I don't advocate change for just change sake. Change should have a definite constructive purpose. Changes should result in mature, productive, Godly crea-

tures that significantly impact the people around them.

People do not usually react well to changes. They start thinking stuff, then they start saying stuff, and finally they start doing stuff that sabotages their progress and aborts the changes that are necessary for them to be who they want to become and do what they want to do and possess what they desire to have. As a Christian, I for one accept no excuses for failure to change. First, I don't allow myself the liberty of being stuck.

In the whole passage, Isaiah makes it clear personal change is not only required, but also possible. He calls upon us to change our way of thinking and our way of acting. The he says we have a sure change agent, that when used, will produce the desired changes. He says as the rain makes the ground produce, so His Word will make our hearts produce. It's a sure thing. When we receive His Word, it will make (beget; bear) certain things happen. When Jesus approached Peter about becoming a fisher of men, He said, "I will make you to become a fisher of men." He said if you consistently hear my word and practice it, it will make you free. Paul said he was made a minister to the gentiles. He told Timothy, the scriptures would make him wise.

Therefore, the word has in it the power to change us. It's not something that we do but rather what is inherent in the Word. Our job is to continue in it. Everything God wants you to

become, He will make you to become that. You can't make your husband love you. You can't make your wife respect you. We don't have the power to change others. We don't have the power to change ourselves. The power to change is in God's hand, or rather His word.

Let me give you three reasons you must be changed. 1) You can't accomplish what you desire to accomplish if you don't change. 2) You can't possess what you desire if you don't change and 3) You can't stand in the place that is only designed for you if you don't. So let's get to it.

These simple suggestions are what I gave to a group of teens and have seen them come out of rebellion, drugs, immorality and internal chaos to become successful students, athletes and professionals. First, realize the power to change is in the Word. His word is the change agent. Your information source will clean you up or contaminate you further. So you must begin a steady diet of His word. Bible reading and study groups are important. Nowadays we have all sorts of venues, audio/visual tapes, CDs, DVDs, computers; to receive it. Second, give it authority over you. If His word is not given authority over you, it won't produce in you. Make it the judge in all you do and say. Let His word settle all your disputes, and answer all your questions, and provide your instructions for what and how you are going to do. Third, do it. Seek clarification on how to

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Capitol Watch

Company offers tips for surviving web site confusion

(NU) - Domain names are the key to Internet sites. They allow Web surfers to log on and check out what's new. But when there are two Internet domain names that are similar, it's like driving up to what you think is the right house, opening the door and finding out you are at the wrong place.

With domain name confusion, someone else is benefiting at the Internet domain you are logging on to instead of the Web site where you want to be. For financial reasons, domain name confusion is the worst kind of Internet trouble to have - especially if you are the Web address people can't find.

Take the television show "Survivor," for instance. People keep logging on to www.survivor.com, which is the Web address for Survivor Software, not the official CBS-TV "Survivor" Web site - www.cbs.com/survivor.

Survivor Software has owned its Web address since July 1995, well before the televi-

sion show was created. However, since the reality TV show aired, the software company has been receiving numerous hits up to 26,000 a day.

"They weren't telling viewers of the show how to get to the (CBS) Web site," Michael Farmer, Survivor Software's founder, told reporters.

At first, he said, the software company put a link to the TV show's site, but CBS became rude about it, so he took it down. Then rude e-mails from people who couldn't get to the "Survivor" TV show's site started coming in, so Farmer put back up the link.

Farmer said he tried selling the domain name to CBS, but the network wouldn't listen to what he was saying, so he gave up on that, too. Instead, he started selling "Survivor-like" type items. So far, the Survivor Software site has received at least 700,000 hits. But Farmer wouldn't reveal what financial fortune he's gained from the

mass confusion.

Domain name conflict could happen to anyone. But this scenario can be prevented by using an Internet Corporation for Assigned Names and Numbers-accredited registrar, like Registrars.com, to find your domain name.

But you'd better act fast to find an Internet domain name that won't be confused with another site's address. At least 98 percent of the Webster's Dictionary already has been registered.

Registrars.com can help you find a name that isn't already a registered trademark and that doesn't conflict with other sites' names. Take advantage of its low registration rates, starting at \$35 for one year, \$60 for two years, \$150 for five years and \$250 for 10 years' inclusive of all registry fees.

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Discrimination lawsuits mean hardships for some businesses

NEW YORK, (PRNewswire) -- Allegations of discrimination in the workplace are becoming commonplace. Coca-Cola's recent decision to pay \$192 million to settle charges of racial discrimination is only the latest in a series of multi-million dollar settlements stemming from alleged acts of racial, sexual and other discrimination, according to the Insurance Information Institute (I.I.I.).

CBS recently settled a sex bias case with the Equal Opportunity Employment Commission (EEOC) for \$8 million while Commonwealth Edison agreed to pay up to \$2.5 million to settle charges that it discriminated against Latino employees.

In recent years, Texaco, Home Depot, Mitsubishi, PepsiCo and dozens of other well-known corporations have spent hundreds of millions of dollars in settlements and jury awards in the midst of what has become a virtual explosion in employment practices liability

litigation.

During fiscal year 1999, almost 20 thousand charges of discrimination were filed with the Equal Opportunity Employment Commission (EEOC), up 77 percent from the 11,096 charges filed in fiscal year 1992. Approximately 37 percent of complaints allege racial discrimination, 31 percent allege sex discrimination while 9 percent assert discrimination based on national origin. The remaining 23% are a mixture of claims of discrimination based on religion, age, disability and other factors.

"Sooner or later, virtually every medium-to-large sized company is likely to find itself the defendant in a discrimination or sexual harassment lawsuit," said Dr. Robert P. Hartwig, vice president and chief economist, I.I.I. "It is estimated that six out of 10 companies have been named in a discrimination or sexual harassment lawsuit in the past five years," he added.

Hartwig said that the boom

in employment practices litigation is being fueled by new legislation that allows the recovery of monetary damages in cases of intentional discrimination, vaguely worded federal and state anti-discrimination laws, conflicting court rulings, heightened public awareness and rapidly changing workforce demographics. "The 21st century's racially and ethnically diverse workforce is a potential powder keg," said Hartwig, adding that the litigious nature of today's society is the spark that could set it off. "Men and women of every conceivable race, creed and color are more likely to be working with each other not just as peers, but also as subordinates and superiors than at any point in American history," he said.

Corporate America is clamoring for ways to reduce its exposure to allegations of racial, sexual and other forms of discrimination. "There are two defensive measures every cor-

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...BONDS from page 2

risk? Portfolio manager for the HighMark Funds, Bob Bigelow says "We believe that the intermediate maturities of the municipal bond market provide an attractive risk return profile for most individuals." He thinks muni bonds with maturities of about seven years provide about 80%-85% of the yield of the thirty-year maturity, while providing significantly less price movement. For a given change in interest rates (parallel rate shift), the price of a seven-year bond will move about half as much as a twenty year bond. Many longer term municipal bond funds maintain average lives of about twenty years.

Mark Johnston*, 67,

recently sold his family business, a business he had built from the ground up, to a larger company for \$6 million. He plans to use the money in the future and wants to invest it. He considered putting part of the cash into a long-term CD, but was hoping to get a better return on his investment. While he's not comfortable with the high volatility associated with equities and long-term bonds, he's willing to invest in a non-FDIC product. His financial advisor recommended he invest \$2 million, about a third of his total, in an intermediate bond fund.

As you review the many options for your allocation to

fixed income, and if you benefit from tax-exempt fixed income (capital gains distributions are federally taxed, and certain shareholders will be subject to the AMT), take a closer look at the intermediate part of the curve. You may find it better suits your risk profile.

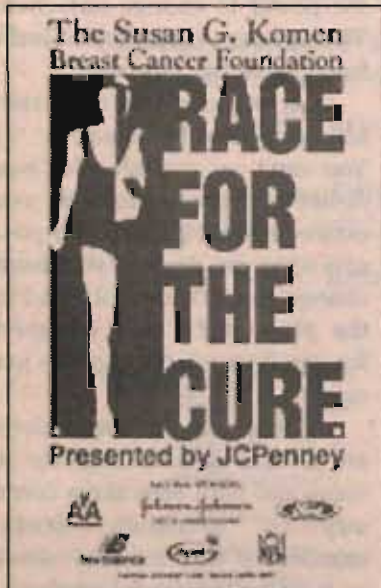
For more information on how to use bond funds in your portfolio contact the HighMark Funds or speak with your financial advisor.

Muni bonds with maturities of about seven years provide about 80%-85% of the yield of the thirty-year maturity, while providing significantly less price movement.

Collin County Breast Cancer Foundation affiliate plans for 2001

By Angela D. Jones

Since its inception in 1982, the Susan G. Komen Breast Cancer Foundation's mission has been to increase awareness about breast cancer through research and education.



Named after the late Susan G. Komen, sister of Foundation creator, Nancy Brinker, it has raised more than \$240 million.

While the Komen Foundation is most recognized for its annual Race for the Cure each October that originated in Dallas, it is also credited with sponsoring various year-round activities. The Foundation has

approximately 40,000 volunteers, with more than 100 national affiliates here and abroad. The Dallas, Tarrant and Collin County affiliates serve North Texas.

This year marks the 10th anniversary for the Collin County affiliate, which services Collin, Grayson and Denton counties. The 2000 Plano Race for the Cure drew more than 10,000 participants and raised over \$400,000. Held at JCPenney's corporate headquarters, the race received support from hundreds of volunteers and national sponsors such as American Airlines, Johnson & Johnson, Ford, New Balance, Yoplait and the National Football League.

Sandra Morton, of the Collin County affiliate, described the race as a huge success. Of the monies raised, approximately \$100,000 will go to National for research grants and approximately \$320,000 will remain here for education, screening and treatment of underserved and uninsured men and women.

She hopes for 15,000 more

participants for the 2001 race.

The Collin County affiliate, is hosting an open house on December 7. And organizations receiving grant money from the 2000 race will receive checks. Recipients include the YWMC Women's Resource, Journey to Healing Foundation, Collin County Health Care, Grayson County Health Dept., Presbyterian Healthcare Foundation and Easter Seals of Greater Dallas.

The open house will thank its volunteers and race sponsors. The affiliate is run strictly by volunteers and it hopes to add a few paid staff members next year.

The affiliate raises funds from the donations received at Collin Creek Mall coat and bag check, which takes place during the holidays.

In 2001, Collin County affiliate is holding a women's golf clinic in March. The Race for the Cure in June, a golf tournament in October and a tennis tournament.

For more information on the Collin County affiliate call (972) 867-5667.

Court issues temporary restraining order against software company

AUSTIN, Texas, (PRNewswire) -- Trilogy Software, Inc. and pcOrder.com, Inc. jointly announced that in connection with a lawsuit filed, a Texas state court issued a temporary restraining order that prohibits them from proceeding with Trilogy's cash tender offer to acquire all of pcOrder's outstanding Class A common stock at a price of \$6.375 per share. Trilogy, pcOrder and the individual members of the pcOrder Board of Directors are named as defendants in the action. The order was issued on an ex parte basis and the defendants in the

action were not notified that an application had been made to the court for a temporary restraining order and the defendants were not provided with an opportunity to contest the application.

The order restrains until December 12, or further order of the court, Trilogy, pcOrder and the directors from proceeding with the merger agreement between Trilogy and pcOrder, proceeding with the tender offer by Trilogy for the purchase of pcOrder shares or consummating the tender offer by Trilogy. The order further provides for a hearing on the plaintiff's motion

for a temporary injunction on Dec. 12.

Trilogy and pcOrder intend to vigorously defend the lawsuit.

Including this latest lawsuit, three purported class action lawsuits have been filed in Texas District Court to date with respect to the tender offer and merger. The defendants have removed one of these actions to Federal court. Five cases had been filed in Delaware Chancery Court, but they subsequently were voluntarily dismissed by the plaintiffs.

LAWSUITS from page 3

poration should take to protect itself against the threat of employment practices litigation," said Hartwig. The first involves the creation of a written policy that strictly forbids all forms of discrimination and harassment. The policy must be consistently enforced, be made known to all employees at all levels of the organization and include effective procedures for

filing complaints.

A second line of defense, according to the I.I.I., involves the purchase of employment practices liability insurance (EPLI) products and services. EPLI typically covers legal costs, damage awards and settlements arising from alleged claims of discrimination or wrongful termination. Insurers may also provide a wide range of resources such as attorney review of current employment practices, training and sample anti-discrimination policy handbooks. Standard commercial general liability, directors and officers liability and workers compensation policies typically do not cover costs associated with defending or settling

discrimination lawsuits.

More than 60 insurers sell EPLI today compared to just a handful when these policies first hit the market in 1990. The relatively modest cost of EPLI makes them attractive for even a moderate-sized company. A typical \$1 million dollar policy with a \$10,000 deductible for a company with 200 employees costs between \$10,000 and \$20,000, depending on the type of industry.

"For about \$40 a day, a mid-sized company can protect itself against the ruinous impact that a discrimination lawsuit can have on a modest-sized business," said Hartwig.

MADD and DPD kick off holiday enforcement program

MADD asks drivers to tie red ribbons on cars for "Tie One On For Safety"

Mothers Against Drunk Driving, the Metroplex Chapter, and Dallas Police Department held a joint press conference last week announcing the beginning of their holiday enforcement program.

Dallas Police Chief Terrell Bolton was joined by MADD Executive Director Margaret Collins and Chapter President Mary Lavender for the "Home for the Holidays" kickoff. This year's initiative began Nov. 29 and extends through Jan. 2, 2001. A full-time, 10-member DWI squad will staff "Home for the Holidays". Two patrol officers from each of the Department's six patrol divisions will supplement the full-time squad.

Traditionally, December has the highest number of DWI-related accidents. The "Home for the Holidays" initiative seeks to reduce DWI-related accidents and get more people home safely during the holiday season.

MADD is recognizing its 20th anniversary throughout the year 2000. Since MADD began in 1980, drunk driving deaths have declined 40 percent. A new federal standard for

intoxication at .08 BAC was signed into law by President Clinton this fall. For the last fourteen years, MADD has joined forces with local law enforcement on the "Tie One On For Safety" Campaign to prompt motorists to think about

Highway Traffic and Safety Administration, deaths in alcohol-related crashes for Dallas County have increased in 1999 to 150, the highest number since 1996. In 1999, 60 percent of all motor vehicle crash deaths were alcohol-related in Dallas

William "Little Bill" Hall, spoke at the press event. "Little Will," age 21, was killed Christmas night last year in Dallas. He was a passenger in a car driven by his cousin, an underage drinking driver. Family members had tried to prevent the tragedy by pleading with the relative to not drink and drive. However, the young man proceeded to do just that and, as a result, "Little Bill" died and his family has experienced the tragedy felt by all drunk driving victims.

MADD board president Mary Lavender states, "No one thinks they could be a victim until it happens to them. It always happens to someone else-and it never happens during a holiday. MADD knows that it happens all year round, all day long and it can happen to each one of us, even during the holidays. We ask everyone to tie a red ribbon on their vehicle and take the pledge to driver sober, especially during the holidays when people attend more parties and celebrate more frequently. If you drink, don't drive and we ask you to get a designated driver to make sure you get home safely."



Susan Hall, mother of a "Little Will," who was killed last Christmas in an alcohol-related crash is consoled tells her story at the "Home for the Holidays" press conference.

Photo by Stan R. Davi

the deadly consequences of drunk driving.

Although drunk driving deaths have declined nationally, people continue to be killed or injured in alcohol-related crashes. In fact, according to FARS data from National

County. In Collin County the number of alcohol-related crashes decreased from 6 in 1998 to 14 in 1999, but the accidents accounted for 51 percent of all motor vehicle crash deaths.

Susan Hall, mother of

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Harcourt, a major publisher of educational materials, has several warehouse positions available at its new facility in Lewisville, TX. Duties include picking/packing/receiving, order processing, shipping and lifting up to 45 lbs. Candidates must be at least 18 years old, have the right to work in the U.S., a HS diploma or equivalent preferred. Drug screen and pre-employment test required.

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Access Pharmaceuticals announces positive clinical data

DALLAS, (PRNewswire) — Access Pharmaceuticals today announced the results of a Phase IV European clinical study evaluating amlexanox 5% paste for the prevention of aphthous ulcers (canker sores).

Amlexanox 5% paste was effective in preventing the formation of an ulcer when used at the first sign or symptom of the disease.

Kerry P. Gray, President and CEO of Access Pharmaceuticals, Inc. stated, "This study further confirms the effectiveness of amlexanox 5% paste in the prevention and treatment of canker sores. The data provides an additional marketing advantage which could significantly expand the market potential for this product."

The Phase IV European study was conducted by Professor P.J. Lamey in Belfast, Northern Ireland and sponsored by Access' UK licensee, Strakan Ltd. The clinical trial was a parallel comparative study to determine if by apply-

ing amlexanox in the prodromal stage of aphthous ulceration, the development of an ulcer can be prevented. A quantitative thermographic evaluation of the mouth was used to detect the first symptoms of the disease, which was proven to be highly effective identifying the onset of the development of a canker sore. The primary clinical endpoint of the study was the eval-

uation of the number of patients who developed a canker sore with and without treatment. The number of patients who developed a

canker sore was significantly lower when treated at the prodromal phase with amlexanox 5% paste. The incidence of canker sores is approximately 20% in the general population. Within the United States, it is estimated that there are 5 million patients who suffer this condition on a chronic basis. The ability to abort the onset of the ulcerative phase of the disease and the associated discomfort and pain would represent a significant improvement in the quality of life of these chronic sufferers.

Gray added, "This data has further significance in that it provides supportive data for the additional indications Access is evaluating using alternative formulations of amlexanox. The study offers further confirmation of the properties of this drug which has been clinically proven in numerous allergic, inflammatory and wound healing conditions."

TI named finalist for international diversity award

DALLAS — Texas Instruments, Incorporated (TI) has been selected as one of six finalists to receive the prestigious Mandela International Award, established six years ago in Britain's House of Commons to recognize organizations around the world for their diversity efforts. The winner of this year's award will be announced at a ceremony at the Park Lane in Piccadilly, London, England.

"Receiving recognition of our diversity efforts on an international level is a great validation of our programs," said Tegwin Pulley, vice president of talent sourcing and diversity at TI. "TI has a long history of valuing differences and is a stronger company because of our culture. Our diversity efforts are making TI a better place to work for all employees."

The award, a key element of the annual British Diversity Awards, is exclusively for organizations that are making a significant difference to the life and value of diverse groups.

According to event coordinators, judges looked at how the organization's efforts are making a real difference to the community in the spirit of partnership and togetherness. Other criteria included special diversity projects, concepts, minority recruitment and development practices, which are successfully encouraging a sense of pride, belonging, inclusiveness, and value for the whole community.

Other finalists include the City of Seattle, WA., KPMG, headquartered in New York;

National Coalition Building Institute, a nonprofit leadership training organization based in Washington, D.C.; the American Bar Association; and the University of Melbourne, Australia.

The English Diversity Awards ceremony will include about 500 guests from all sections of British government and business. Some of the patrons will include Sir Herman Ouseley, former chair of the Commission for Racial Equality and Baroness Shreela Flather,

who is very active in diversity matters in the House of Lords. Founder of the awards is Elaine Sihra, a leading writer, publisher and diversity expert in the United Kingdom.

TI has been recognized as a top place to work by many organizations including Working

Mother Magazine 100 Best Companies for Working Mothers, the Catalyst award, National Society of Black Engineers Top 50 Employers; Hispanic Magazine 100 Best Companies for Hispanics, Best Companies for Asian Americans by Asian Enterprise Magazine, and the Corporate Best Practices Award from the Dallas Mayor's Committee for the Employment of People with Disabilities. TI has also been recognized for its Minority and Women Business Development focus, garnering a number of local and national awards including America's Top Corporations for Women's Business Enterprises.

Residents celebrate Dickens' Christmas in Downtown Plano



Plano residents celebrated the start of the holiday season with a celebration in Historic Downtown Plano. (right) Santas listen intently to gift wishes while Mrs. Claus looks on. (above) A Christmas tree lights up Haggard Park during the celebration.

Photos by Stan R. Davis



Plano residents celebrated the start of the holiday season with a celebration in Historic Downtown Plano. (right) Santas listen intently to gift wishes while Mrs. Claus looks on. (above) A Christmas tree lights up Haggard Park during the celebration.

Photos by Stan R. Davis

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Harcourt, a major publisher of educational materials, has a maintenance technician position available at its new facility in Lewisville, TX. Candidate must have a strong electrical background, knowledge of AD & DC circuits, and a basic understanding of electronics. Must also have the ability to troubleshoot and repair mechanical and hydraulic equipment, knowledge of PLC Conveyor preferred and electric forklift experience a plus. Four or more years experience required. Must have knowledge of copper pipe soldering and plumbing, plastic pipe plumbing, floor repair, basic welding and carpentry and electrical metal work. Four or more years experience preferred. AS degree in electrical/mechanical preferred. May require lifting up to 45 lbs. Must have the right to work in the U.S. HS diploma or equivalent preferred. Drug screen and pre-employment test required.

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Harcourt, a major publisher of educational materials, has a supervisor position available at its new facility in TX. Responsibilities include developing team spirit, employees, determine and work on developing employee needs, train staff on proper and safe work practices, recommend methods of improving safety, quality efficiency of department. Strong manufacturing/preference preferred. Knowledge of BOS2 a plus. One more of general warehouse experience required. Must have good communication, organization, planning, and leadership skills. PC skills: Word, Excel, Lotus Notes) re-lingual skills a plus. Two years beyond HS is knowledge of basic labor laws preferred. Drug screen and pre-employment test required.

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Wellness Briefs

UT Southwestern begins work on student housing complex

Work has begun on a \$10.5 million student-housing complex on the campus of UT Southwestern Medical Center at Dallas, located at the southwest corner of Maple Avenue and Mockingbird Lane in Dallas. The 18-acre site will contain 156 apartments for more than 250 students. The apartments are scheduled for occupancy in time for the fall semester in 2001.

Programs provided for older adults

The Mountain View Center Student Emeritus Program is providing daily programming to individuals 60 years of age and older. The Center is located at 4849 W. Illinois Ave., East Foyer off Knoxville Road, Dallas at Mountain View College. Center hours are Monday-Friday from 8:30 a.m. to 3:00 p.m. Transportation is provided for seniors in the 75211 zip code area. For more information call 214-819-1860.

Ancient teeth confirm cause of "Black Death"

DNA tests conducted on 600-year-old teeth confirm that the rat-borne bacterium *Yersinia pestis* was the cause of the medieval Black Death. The disease killed a third of the population of Europe in the 14th century. Other sources of the Black Death were thought to include anthrax and typhus fever.

Cervical cancer virus knocks out skin's UV defense

London researchers report that the human papillomavirus (HPV) can knock out normal defenses against skin cancers caused by ultraviolet (UV) radiation. HPV acts to prevent the protective "cell suicide" mechanism used by cells when they become damaged beyond repair. This also explains how HPV promotes its own survival in infected cells.

Criticism on job may lead to low back pain

Researchers have found that workers who are subjected to criticism when carrying out physical tasks on the job may be more likely to injure themselves. Spinal compression and sideways forces on the spine both increase during negative criticism. Criticism can also lead to increased blood pressure, suggesting stress.

New fathers spend more time at work

American men spend more hours at work when they become fathers, especially when the new baby is a boy. Overall new fathers worked about 53 extra hours a year when the child was a boy rather than a girl. And when the new baby was the first child, the fathers worked an extra 66 hours. Researchers believe the extra hours are due to fathers wanting to provide a more stereotypical role model of the man as the breadwinner.

How to drink responsibly this holiday

SCOTTSDALE, Ariz., (PRNewswire) — During this holiday season, when nearly 50 percent of traffic fatalities are alcohol-related, responsible drinking choices are important. Amethyst Technologies, Inc., a science education company, explains why we need to listen to our body instead of old wives tales. Many believe that how drunk we become is affected by what we drink, our physical size, or whether we drink on a full or empty stomach.

Based on years of scientific research, Amethyst discovered the truths behind these myths. Amethyst scientists determined that it really does not matter what you drink. A beer, a mixed drink, or a glass of wine all contain about 1.25 ounces of alcohol and contribute equally to blood alcohol levels.

Four drinks over two hours increases the blood alcohol level of a 160-pound male to about 0.12, compared to 0.09 for a 225-pound male.

"More important than what a person drinks is how fast he or she drinks," says Frank George, Ph.D., Chief Scientific Officer of Amethyst. "Four drinks over

two hours will produce a much higher blood alcohol level than four drinks over four hours."

Amethyst scientists also determined that drinking on a full stomach slows down the absorption of alcohol only slightly. One hour after having three drinks on a full stomach, the blood alcohol level is only about 10% lower than on an empty stomach.

Skills important to driving become impaired even at blood alcohol levels below the new 0.08 national standard. Many people do not really understand the extent to which alcohol affects their body and brain. And, as blood alcohol levels rise, people imagine their performance is much better than normal, but in reality, their performance becomes much worse.

While it is important to know the legal limits, it is even more important to know how sensitive you are to alcohol — and your limits. Learning how alcohol works, and particularly, how alcohol affects your brain, will help you make better decisions. If you do drink, designate a non-drinking driver for your group.

Understanding seizures vital for people with epilepsy

Liz Newhouse of San Antonio has followed a long and rocky road in the two decades since her son Scott had his first seizure. It's a stressful trek that many parents of children with epilepsy as well as those with the disorder themselves make daily.

"Chronic illness such as epilepsy brings stress for the family," Newhouse said. "There is no predictability; the condition changes daily. And with epilepsy, families also deal with a lot of old wives' tales, ignorance and fear."

This ignorance and fear are what make greater awareness of and education about the disorder essential to treatment, according to Betty Flores, director of the Epilepsy Program at the Texas Department of Health (TDH).

The term epilepsy itself is a generic one, used to define a variety of seizure disorders — disturbances in the brain's electrical activity. Approximately one in 10 Americans will have a seizure at some point in life. About 30 percent of people with epilepsy are 18 and younger.

For most people, epilepsy is a long-term chronic condition successfully handled through drug therapy and sometimes brain surgery, electronic nerve stimulation or a special diet. Scott Newhouse is among the relatively few of the more than 200,000 people in Texas with epilepsy with no way to control the seizures.

The youngest of three chil-

dren, Scott began having seizures when he was 2 years old. "I didn't know anything about epilepsy at first," Newhouse said. "We went everywhere, tried every type of drug and medical therapy." When Scott started school, Newhouse met with his teacher to explain the seizures. "I came back to school later and found him seated on a rug by himself, away from all the other children."

"The problem isn't always epilepsy itself," Flores said, "but the attitude of others. People with seizure disorders are found in all walks of life and at all levels in business, government and the arts. Many are successful and productive in challenging careers. We aren't always aware of the problem because, even today, many people do not talk about having epilepsy."

Newhouse agrees. "Often people, including some doctors, do not want to say the word 'epilepsy'." Scott, who is now 27, has had brain surgery, electronic nerve stimulation and is on four anti-convulsant drugs. He also has mental retardation and lives weekdays in a group home in San Antonio, spending weekends with his family. And Scott, with the help of his mother, is still searching for a job.

"Scott works as part of the men's breakfast team at our church," Newhouse said. "He is

...See EPILEPSY page 7

Great American Smokeout urges smokers to kick the habit

By Monica Thornton

Smoking kills more than 400,000 Americans each year. Lung cancer mortality rates are about 23 times higher for male and 13 times higher for female smokers. Each year the American Cancer Society (ACS) sponsors the Great American Smokeout to encourage smokers to put down their cigarettes, cigars, chewing tobacco and all other tobacco products for one day.

The ACS's 24th Smokeout was held November 16. Last year, 21 percent of smokers (approximately 10 million people) reported that they would six percent of the participants reported that they were smoked less or minimally in the next five days.

Shana McCracken, communications director with the ACS in Dallas said that this event marks a good time for people to think about quitting. The ACS brings awareness of the risks of smoking and provides help on quitting for good. In addition to the Smokeout, this year the ACS launched a toll-free Quitline in Texas, a support program offering state-of-the-art smoking cessation counseling and self-help materials. If this pilot program is successful, Quitline will be launched nationwide in 2001.

To show the addictiveness of tobacco, the ACS is also working to prevent children from ever starting to smoke.

Although smoking has decreased for people over 18, cigarette smoking among high school students continues to increase. White students are more likely to smoke than any other ethnic group, but smoking among African-American students has risen by 80 percent in recent years.

What makes this so alarming is that African-Americans are more likely than any other racial group to develop cancer, and they have the highest cancer death rates. Because African-Americans have an increased risk of cancer, they often lack health insurance, are under-represented in health care, and lack access to primary and preventive care.

Some people smoke to look cool, but more likely as adults, people smoke to deal with problems, celebrate successes and to relax. However, in the long term, the risks far outweigh any perceived benefits. Smoking accounts for at least 30 percent of all cancer deaths, is a major cause of heart disease, and is associated with conditions ranging from colds and gastric ulcers to chronic bronchitis and emphysema. And yet, as McCracken said "tobacco-related illnesses are the single-most preventable cause of disease and death."

Even if you think you can't quit smoking, the Great

American Smokeout and Quitline can help people think about it. Nearly all smokers go through a four-stage cycle: contemplation, action, relapse and maintenance. At any given time, all smokers fit into one of these stages.

Most smokers who try to quit typically relapse several times before they succeed. People who quit smoking, regardless of age, live longer and regain warmer hands and feet and increased blood oxygen level. Once you've quit, you won't have an odor of smoke, and the coughing and wheezing should dissipate. Your friends and family will be pleased no longer carcinogenic chemicals from your second-hand smoke.

Anyone contemplating quitting has an abundance of resources for help. Studies show that a smoking cessation program plus withdrawal symptoms when used in conjunction with behavioral counseling can double the success rate. Nicotine substitutes can double the successful quitting rate as they treat the withdrawal symptoms. Behavioral modification counseling is available locally through some ACS offices.

For more information, call (214) 819-1200, or toll-free 1-800-ACS-2345, or via the Web at www.cancer.org. Quitline's number is 1-877-YES-QUIT (937-7848).

Lupus cases increase in Americans

By Marilyn Johnson Kondwani

(NNPA) - Lupus is a serious health problem that affects mainly young women.

The disease often starts between the ages of 15 and 44.

People of all races may get lupus. Men get all forms of lupus, however, nine out of 10 people who have lupus are women.

Lupus is three times more common in Black women than in White women. As many as one out of every 250 Black women will get Lupus.

What Is Lupus?

Lupus is a disease that can affect many parts of the body. It can affect the joints, the skin, the kidneys, the lungs, the heart, or the brain. Only a few of these parts of the body are affected in most people.

The common signs of Lupus are:

1. Red rash or color change on the face, often in the shape of a butterfly across the bridge of the nose and the cheeks
2. Painful or swollen joints
3. Unexplained fever
4. Chest pain when breathing
5. Unusual loss of hair
6. Pale or purple fingers or toes from cold or stress
7. Sensitivity to the sun
8. Low Blood Count

These signs are more important when they occur together.

Other signs of lupus can include: mouth sores, unexplained "fits" or convulsions, hallucinations or depression, repeated miscarriages, and unexplained kidney problems. The reason why the disease is more common in Black women is

unknown.

If you think you have lupus, see a doctor or nurse to be examined and tested. She or he will talk to you and take a history of your health. Many people have lupus for a long time before it is detected. It is important that you tell the doctor or nurse about all of your symptoms.

At the present time, there is no cure for lupus. Aspirin and other pain relievers are given to soothe the painful joints and relieve the fever. Creams are suggested for the rash and stronger medications are given for more severe cases.

As always, diet plays a very important role in preventing this challenging condition. Be sure to replace refined flours and sugars in your diet with fresh vegetables, fruits, and grains. Opt for fresh fish instead of meat for your protein. Beans and legumes are also excellent sources of protein and necessary fiber.

Research has also shown Licorice root tea, Vitamin C, B6, and Vitamin E to be helpful with lupus. Replace shortening and other hydrogenated oils in your diet with Omega three fatty acids to reduce your chances of getting lupus and heart disease. These are found in flaxseed, soybean, and canola oil. By taking good care of themselves, most lupus patients can hold a job, have children, and lead a full life.

For further information on lupus, contact The American Lupus Society, 260 Maple Court, Suite 123, Ventura, Ca. 93033 by mail or call (800) 331-1802 or (805) 339-0443.

Marilyn Kondwani is a health education consultant to Morehouse School of Medicine. Send questions or comments to thenaturalhealthnews@hotmail.com.

DEPRESSED AGAIN?

The Department of Psychiatry at the University of Texas Southwestern Medical Center of Dallas is conducting research sponsored by the National Institute of Mental Health on cognitive therapy for depression. Treatment is free. The symptoms of depression include:

- Depressed or sad mood
- Loss of interest in activities
- Difficulty sleeping or sleeping too much
- Feeling slowed down
- Feeling tired or having low energy
- Feeling guilty or worthless
- Changes in weight or appetite
- Difficulty concentrating

If you have experienced these symptoms more than once in your life, are drug free and not currently in psychiatric treatment, please call the Psychosocial Research and Depression Clinic at 214-648-5351.

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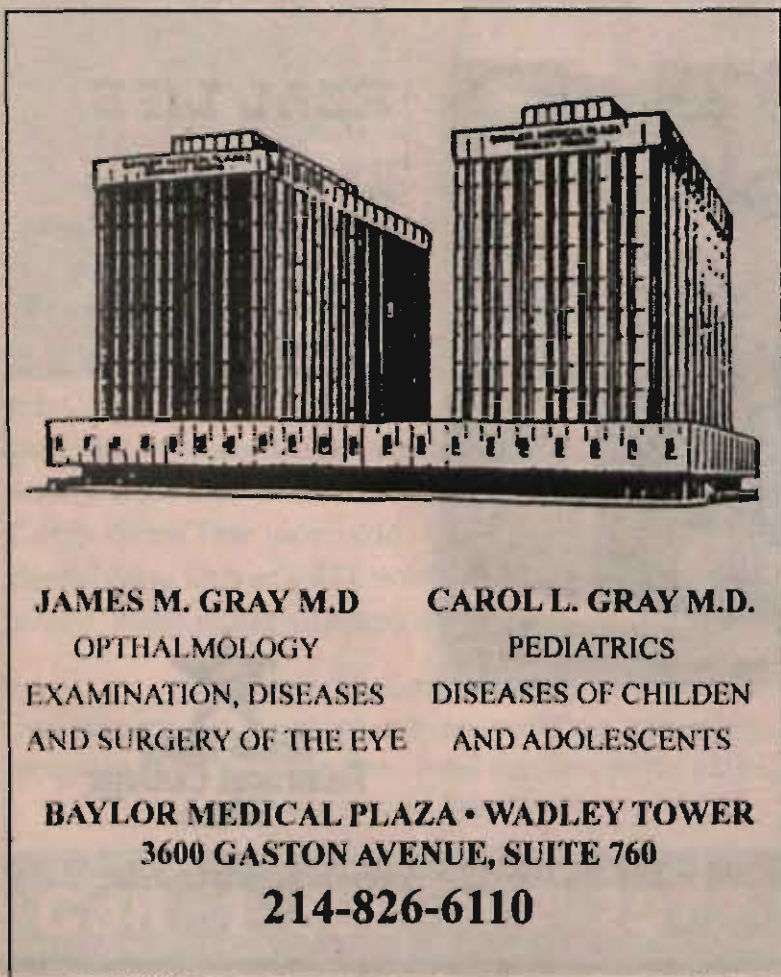
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...CHOICE from page 3

arrows directing them to the appropriate hole, which would have caused them to mistakenly select Buchanan and his ticket mate, Ezola Foster, instead.

Don Dillman of the American Association for Public Opinion Research, who has done research on questionnaire design, called the ballot confusing. Even Reform Party candidate Buchanan admitted during an interview on NBC's "Today" show that the ballot in Palm Beach County was confusing and that many of the votes that were cast for him there were probably meant for Gore.

This is more than enough reason for Florida officials to conduct a re-vote in Palm Beach County.

I can personally attest to how confounding the so-called "butterfly" ballot used at Palm Beach polls can be. Even I had difficulty sifting through the collection of microscopic holes and tiny arrows to make my selections for judicial retentions at my polling place in Cook County, Illinois, and I'm a 32-year-old, Ivy-League graduate with excellent eyesight. It is certainly understandable that an elderly person, as many of the voters in question are, who perhaps does not have perfect eyesight may have found the Palm Beach ballot confusing at best and misleading at worst.

The bottom line is Americans should not only have the right to vote for the candidate of their choice, they should also have the right to have their vote tallied for the candidate they believe they are voting for.

To deny the people of Palm Beach County the opportunity to, in the words of Boca Raton community leader Ricki Golden, "right a wrong," is to disenfranchise them and to undermine the entire democratic process.

Republican Party leaders have been quick to point out that the election official who approved the ballot in question before it was submitted to representatives from both parties for approval is a Democrat. Be that as it may, the ballot in question is not only confusing, it's illegal.

Florida law requires that voters mark an "x" in the blank space to the right of the name of the candidate they want to vote for. The positioning of Buchanan's name on the Palm Beach ballot made that requirement impossible to meet because the hole voters had to punch to vote for him is located to the left of his name on the ballot.

The people of Palm Beach County deserve an opportunity to have their voices heard and their impact felt. They deserve the opportunity to cast their votes for the candidate they would like to be the next president of the United States in another election—this time with a ballot that is straightforward with the holes on the punch-card lining up evenly to the right of the name of the candidate being considered.

Under Florida election law, Democrats have 10 days to ask voting officials to make a hand recount. Considering that more

than 100,000 ballots statewide did not contain a selection for president at all, I would say a hand recount is definitely in order. In Duval County alone, more than 9 percent of the ballots had no presidential candidate. Dick Carlberg, a Duval County election official, admitted the percentage of ballots with no presidential vote in his county was "awfully high."

It is highly unlikely that many voters would actually go to the polls on the day of a presidential election and choose not to vote for a presidential candidate without at the very least writing in a name. There is probably a substantial number of votes for presidential candidates throughout the state of Florida that were not counted because the computer punch-cards used to tally votes there were not penetrated or punched-out completely.

That Pinellas County initiated a second recount of votes after the first recount produced a swing of more than 400 votes to Gore—a swing attributed partly to around 400 ballots workers neglected to count on election night—provides further credence that a more careful examination of the ballots would be both prudent and reassuring.

Florida election officials have an unenviable task before them. Regardless of the eventual outcome of this election, there will be a large number of resentful individuals across the country who will be convinced that the election was fixed. Allegations abound of early poll

closings, voters being turned away because there were not enough ballots, roadblocks surrounding polling places, and African-American men being harassed and turned away from polling places by deputies.

Couple this with the fact that Florida Gov. Jeb Bush is the brother of one of the candidates make for some serious credibility problems. Unfortunately, the yet-to-be-concluded presidential election is not Florida's first experience with election irregularities. A few years ago, Miami's mayor was removed from office because of election fraud.

Along with a public relations nightmare and a public trust debacle, Florida's election officials have an awesome responsibility. Indeed, the rights of thousands of citizens, the respect of the voting public, and the integrity of our entire system of government depend on their actions.

I pray that those who have been entrusted with the power to determine the course of our nation for the next four years will do so with honor, earnestness and a wholehearted dedication to the principles upon which our great nation was founded. The Framers of our Constitution intended for our electoral process to be a fair and equitable one.

Allowing the votes and voices of citizens to be discarded on the basis of a technicality not only diminishes their citizenship, it deteriorates our democracy.

...MARKET from page 2

downs of the stock market to your advantage. It's a simple strategy called dollar-cost averaging—a method to reduce the risk of the market's volatility while increasing long-term returns. It offers a disciplined approach to investing that requires no crystal ball and is easy to understand.

Dollar-cost averaging involves making regular purchases of securities in equal dollar amounts over an extended time. Whether you invest in a single stock, a group of stocks, or a mutual fund, you put in the same fixed dollar amount every month or quarter, regardless of current prices. The benefit of sticking with such a plan can be significant.

Say you decide to invest \$100 every quarter in a certain stock. For the sake of simplicity, let's suppose the stock sells for \$5 a share when you make your first purchase February 1, and rises to \$10 by the time you invest again on May 1. Now let's see what has happened so far:

Your first investment buys you 20 shares, while the second \$100 buys you only 10, for a total of 30 shares. The average price per share over that time is \$7.50 (\$5 plus \$10 divided by 2). But your average cost is only \$6.67.

Suppose the price dips again, so that it is at \$6.25 when it's time for your third installment. This time your \$100 buys you 16 shares. The price then rises to \$8 by November 1, so you buy 12.5 shares with your fourth \$100. At this point you have invested \$400 and bought

a total of 58.5 shares. The average price over the period has been \$7.31, but your average price per share has been only \$6.84, and your holdings are worth \$68 more than you paid for them (not counting dividend income or transaction costs).

Dollar-cost averaging doesn't guarantee a profit, nor does it protect you from a loss in a declining market. And it needs to be done consistently over a period of years to be effective. But it does free you from trying to time the market—something even the experts fail to do consistently. It helps you buy more shares when prices are low, fewer when prices are high. This lowers your average investment cost, leaving more room for profits in the long run.

Common stocks have provided a far better long-term return than other kinds of investments. Make a regular, predictable investment in well-chosen stocks or mutual funds a part of your retirement budget, and you should be rewarded with a higher standard of living later on.

Provided by John Dudley, a Financial Advisor with the investment firm First Union Securities in Dallas, TX. For more information, please call John Dudley at 214-740-3253. First Union Securities is a division of First Union Securities, Inc., Member New York Stock Exchange and SIPC, and a separate non-bank affiliate of First Union Corporation. (1999 First Union Securities.

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...CHANGE from page 3

apply the word to your situation and once you do, practice that. You will change after following these simple steps. Others will notice the change in you and will either be glad about it and for you or will want to disassociate with you because

they can no longer use and manipulate you for their selfish ambitions. Change is good if it is initiated by the correct source. There are things I don't even want to do now that used to tempt me. The power to change is at your fingertips.

...EPILEPSY from page 6

willing to do a good job. But we cannot predict when seizures will occur or what mental condition he will be in afterward. People are afraid of what might happen."

Each child with epilepsy is unique. Most children with the

disorder can remain in regular classroom because their range of intelligence, ability and achievement is the same as other students," Flores said. "Some children with epilepsy need special education programs, just as do some other

children. And," she points out, "epilepsy is never contagious."

Many parents worry about the cause of epilepsy, but Flores said, "About 70 percent of the time there is no known cause." Most frequent of the identified causes are head injury, especial-

ly from automobile and sports accidents and falls; brain tumor; lead poisoning; infections such as meningitis and viral encephalitis; and problems in brain development before birth.



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Chambers of Commerce

City of Frisco

Tuesday, December 5

9:30 a.m. - Ribbon Cutting-Texas Apartment Locators. Join us at the Chamber Office, 6843 Main St. to welcome Texas Apartment Locators. Contact Kay Carter at 972-398-9922 for more information or the Chamber at 972-335-9522.

9:30 a.m. - Ribbon Cutting-CC Sub-Courthouse in Frisco

Ribbon Cutting for new facility at 8585 John Wesley Dr., just off Stonebrook Pkwy. This event is sponsored by Collin County Commissioners Court. Call 972-548-4634 for more information.

Thursday, December 7

8:00 a.m. - Get on Track at 8 Networking

Networking session will be held in the meeting room at the New Chamber Office, 6843 Main St.

9:30 a.m. - Ribbon Cutting-Five Star Carwash

Ribbon Cutting for Five Star Carwash located at 10601 Ohio Dr. For more information call David Garb at 972-335-6600.

5:00 p.m. - Open House-Pirate's Cove Restaurant

Open house from 5:00 to 7:00 p.m. at Pirates Cove Restaurant, 1120 Hwy 720, Little Elm, TX. Call Liz Behnke for more information at 972-292-1234.

Saturday, December 9

8:30 a.m. - North Dallas Bank Holiday Celebration

You are cordially invited to

a Holiday Celebration from 8:30 a.m. to 12:00 p.m. at 1359 Preston Road, Frisco. Photos will be taken of your child with Santa, by a professional photographer, at no charge, and will be available to take home at that time. Bring non-perishable food items for donation to Frisco's Project for the Future. Best wishes for a wonderful holiday season and a very Happy New Year.

3:00 p.m. - Nutcracker by the Frisco Ballet

Frisco Ballet will be having a performance of the Nutcracker at the Frisco High School from 3:00 to 6:30 p.m. For more information call Sheena at 972-712-1100.

7:00 p.m. - Positively Christmas

Concert of Choral Music at Clark Middle School, 4600

Colby Dr. at Lebanon; featuring choirs from Staley & Clark Middle Schools, Stonebriar Community Church, Frisco All-City Children's Choir and the Frisco Chorale. Admission to the program is an unwrapped new toy to be distributed by Frisco's Santa Cops.

Tuesday, December 12

9:30 a.m. - Ribbon Cutting-Housewarmers of Frisco

Ribbon Cutting at new Chamber Building, 6843 Main St. Call Misti Johnson at 972-674-5497 or the Chamber office at 972-335-9522 for more information.

Wednesday, December 13

11:30 a.m. - Builder Realtors Council

Meeting place TBA

Thursday, December 14

8:00 a.m. - Get on Track at 8 Networking Session

Networking will be held in the meeting room of the new Chamber offices. This will be the last networking event for 2000. The next networking event will be at the new Chamber building, 6843 Main St. on Thursday, Jan. 4, 2001.

5:30 p.m. - Silverado Apartments Business After Hours

Ribbon cutting and Business After Hours at 4800 Stonebrook. Contact Tina Pacesinger at 972-668-5353 for more information.

Friday, December 15

9:00 a.m. - Chamber Building Grand Opening

Celebrate the Grand

Opening of the new chamber building, 6843 Main St. from 9:00 a.m. to 6:00 p.m., with refreshments and tours all day with a special ceremony at 11:00 a.m.

Saturday, December 16

TBA - Ribbon Cutting-Lowe's Home Center

Lowe's Home Center, 3360 Preston Rd., Frisco, time TBA. For more information call Randy Sykora at 972-731-8003 or the Chamber office.

7:30 p.m. - Christmas Pops Concert

Frisco High School Auditorium, 6401 Parkwood. Featuring Plano Symphony Orchestra and Frisco Chorale. Holiday concert benefiting the Frisco Association for the Arts, sponsored by Southwestern Bell. For more information call

City of Plano

Tuesday, December 5

11:30 a.m. - Ribbon Cutting-Total Chiropractic

3921 W. Park Blvd. Ste. 127. Everyone is invited, no RSVP necessary.

Friday, December 8

7:30 a.m.-Business Interchange

Chamber Building, 1200 E. 15th Street.

9:15 a.m. - Ribbon Cutting-Willow Bend Cosmetic Surgery Center

5824 W. Plano Parkway, Suite 101. Everyone is invited, no RSVP necessary.

11:45 a.m. - Ambassador's Club Meeting

Saltgrass Steakhouse. Promotes the chamber by sponsoring new member investments and calling on existing members to enhance the effectiveness of the chamber. For more information or to register call 972-424-7547.

Wednesday, December 13

4:00 p.m. - Education and Workforce Development

The committee will meet at the chamber building, 1200 E. 15th Street.

Thursday, December 14

11:30 a.m. - Quarterly Luncheon

Plano Centre. This event features Mayor Akers with the State of the City address, the Athena Award and the Plano Economic Development Awards. To register call 972-424-7547.

City of Richardson

Wednesday, December 6

7:30 a.m. - EarlyNet

Castle at Canyon Creek, 2700 Custer Parkway. No reservations required. Super networking table exchange.

Thursday, December 7

11:45 a.m. - RCC Small Business Roundtable & Public Affairs Committees Legislative Forecast Luncheon

Invited panelists: Reps. Fred Hill, Tony Goolsby, Jerry Madden; Sens. Florence Shapiro, John Carona. Holiday Inn Select-Richardson, 1655 N. Central Expy. RSVP to Barbie@telecomcorridor.com by Wed., Dec. 6.

5:00 p.m.-PM Connections

Hosted by TEXANS Credit

Union, 777 E. Campbell Road. Bring lots of business cards and lots of guests.

Wednesday, December 13

7:30 a.m. - EarlyNet

Castle at Canyon Creek, 2700 Custer Parkway. No reservations required. Topic: Networking with Peter Van Meeteren of Performance Dynamics.

Friday, December 15

11:15 a.m. - TBC 3rd Friday Technology Luncheon

Luncheon sponsored by Thompson & Knight, LLP at the Clarion Hotel- Richardson, 1981 N. Central Expy. Speaker: Arthur Klein, President & CEO, ipVerse.

City of McKinney

Wednesday, December 6

11:30 a.m. - Ribbon Cutting-Kiddie ID. Chamber Lobby

Thursday, December 7

5:00 p.m. - Ribbon Cutting-Dr. Jennifer Buchanan, DDS, MS

2600 Eldorado Parkway, Ste 100

5:30 p.m. - Ribbon Cutting-Bryson Realty Advisors

2600 Eldorado Parkway, Ste 210

Thursday, December 14

5:30 p.m.-Business After Hours

Verizon Wireless (1970 N. Central Expy., Ste 180) Food served by Sonny Bryan's

Smokehouse.

Friday, December 15

Third Monday Trades Day

Located on Hwy 380 two miles west of Hwy 75. Visit www.tmtd.com or call 972-562-5466 for more information.

TBA - Silver Gloves Boxing Tournament

For more information call 972-562-1847.

Send Chamber information to:

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- 3 Go to a nearby phone and call TXU Electric & Gas at 1-800-817-8090. We'll send a truck right away, but until we do, don't go back into your home.

The nose knows. If you smell gas, call 1-800-817-8090.



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Turner fired as Washington Redskins coach

By JOSEPH WHITE
AP Sports Writer

ASHBURN, Va. (AP) - Washington Redskins coach Norv Turner was fired Monday after failing to live up to Super Bowl expectations with the most expensive team in NFL history.

Turner was dismissed by owner Dan Snyder one day after a 9-7 loss to the New York Giants. It was the fourth loss in five games for the Redskins (7-6) and third straight at home, and it moved a team with championship aspirations precariously close to elimination from the playoff race.

Passing game coordinator Terry Robiskie was named interim coach. He immediately began holding team meetings for Sunday's game in Dallas.

Special teams coach LeCharles McDaniel, in charge of the struggling coverage and kicking units, also was fired. Tight ends coach Pat Flaherty will coach special teams.

The search for a coach for the 2001 season will be headed by former college coach Franklin "Pepper" Rodgers, who was hired Monday to the newly created position of vice president of football operations.

Turner fought back tears as he said goodbye.

"I've obviously been put in a good position to have an opportunity to win," Turner said. "This team has a chance to be 10-6. That's a disappointment to me. There's part of me that would like to be a part of it. There's part of me that understands why it's necessary to make a change right now."

Turner, hired as a first-time head coach by late owner Jack Kent Cooke in

1994, was third in seniority with one team behind Pittsburgh's Bill Cowher and Minnesota's Dennis Green. But Turner's record was only 49-59-1, including 8-21-1 in games decided by three points or fewer, with a franchise that has won three Super Bowls.

Turner took six years to get the Redskins to the playoffs. That came last season, when Washington won the NFC East with a 10-6 record and defeated Detroit in the first round of the postseason before losing 14-13 at Tampa Bay.

The 48-year-old coach earned a reputation as a master strategist with the Dallas Cowboys, where he was the offensive coordinator for two Super Bowl teams in the early 1990s. Some of his game plans in Washington were truly masterful, but his lack of communication skills and inability to keep players focused and motivated led to his downfall.

The stakes became higher this season when Snyder spent millions on players, including Deion Sanders, Bruce Smith, Jeff George, Mark Carrier, and draft picks LaVar Arrington and Chris Samuels. Snyder, who bought the team in 1999, also brought in defensive coordinator Ray Rhodes.

But those additions were not enough to overcome failure

in the kicking game.

In three games this season, missed field goals contributed to losses, and Turner has used four placekickers. On Sunday, 44-year-old Eddie Murray was short on a 49-yard field goal attempt in the final minute.

Turner said the weakness in the kicking game became even more apparent to him when he went home Sunday night and watched Tennessee beat Philadelphia on a last-minute field goal.

"The difference between winning and losing in this league is not very big," Turner said.

Snyder signed running back Stephen Davis to the most lucrative contract in league history and tested the limits of fan devotion by charging admission to watch practices at training camp. The total player payroll of salaries and bonuses for the season is about \$100 million.

But immediately it was apparent that the Redskins mirrored the recent Baltimore Orioles and New York Rangers, two other teams that essentially failed to buy a championship. Ego bruising among the big names wasn't a problem; overconfidence was.

A narrow season-opening victory over Carolina was followed by a loss to Detroit and injury-riddled Dallas. A five-game winning streak followed, but the only dominant victories

came against the Giants and Jacksonville Jaguars.

A loss to lowly Arizona followed by a victory on the road at Super Bowl champion St. Louis exemplified the team's fickle nature. Consecutive home losses to division challengers Philadelphia and the Giants did in Turner.

Injuries also slowed the offense. Three starters were lost for the season and several others played hurt.

The reconstituted offensive line had its worst day Sunday. However, there were also many unforced errors such as dropped balls, missed blocks and bad snaps.

Turner began coaching as a graduate assistant at Oregon in 1975. John Robinson hired him as an assistant at USC a year later, and Robinson also brought Turner into the NFL with the Los Angeles Rams in 1985.

Robiskie, 46, becomes the NFL's third black head coach. He is a former offensive coordinator with the Oakland Raiders and was one of Turner's first hires in Washington in 1994. He is known for a tough-love coaching style from his dealings with temperamental Redskins receivers Michael

Westbrook and Albert Connell.

"He might add a little more fire to it," Connell said.

Dallas beat Utah Freezz in WISL semifinals

DALLAS - The Dallas Sidekicks beat advanced to the World Indoor Soccer League (WISL) finals after beating the Utah Freezz. The Freezz traveled to Reunion Arena to face the Dallas Sidekicks in the semifinals of the WISL playoffs.

The Sidekicks were lead by forward Patrick Shamu who scored three goals to lead the team to a 7-4 victory. Shamu scored a goal in each of the first three quarters.

Dallas kept Utah from rallying the hard way by fouling the Freezz 29 times, and including shoving matches and a team brawl. Sidekicks penalties resulted in a total of 29 minutes in which players were

forced to sit out.

This was the fifth meeting between the two teams this season and the two teams split the

home (Oct. 7) and 6-5 on the road (Oct. 20).

The Sidekicks will face Monterrey on Dec. 9 on their road to the championship. Monterrey secured home-field advantage throughout the playoffs by winning the WISL regular-season championship.

The Sidekicks have made the finals in each of the three years that Tatu has been their player-coach. In 1998, Dallas won the championship of the Premier Soccer Alliance.

"This really means a lot getting back to the finals," Tatu said. "Each year they try to write us off, say we are too old or something. But this team showed what it was made of."



The Sidekicks congratulate each other after beating the Utah Freezz in the WISL semifinals.

Photo by Lott's Photography

Mavs-Dec. & Jan. Home Schedule

December				Thur. 28	L.A. Clippers 7pm	
Wed. 6	New York	7pm	Sat. 30	Houston	2pm	
Fri. 8	Chicago	7pm	January			
Wed. 20	Portland	7pm	Wed. 3	Detroit	7pm	
Fri. 22	L. A. Lakers	7pm	Sat. 13	Phoenix	7pm	
Tues. 26	Seattle	7pm	Mon. 15	Sacramento	7pm	

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Leontyne Price: International Diva

By Russell D. Shockley, BIS.Ed.

Mary Violet Leontyne Price is a lyric soprano that has achieved the international "diva" status. Emerging in the 1950s as a major artist, hers became a preeminent career that ushered in a new era, opening up the international operatic stages to young multiethnic singers.

From the beginning of her student performances at The Julliard School of Music, Price was recognized as an extraordinary talent. When Frederick Cohen, director of Julliard's opera department, first heard her sing "Laurent" from Dido and Aeneas during his Introduction to Opera course, he proclaimed, "We have the voice of the century."

Price was born in Laurel, Mississippi, February 10, 1927. Her brother was born two years later and both children were raised during the Depression by hardworking parents. Her father, James Anthon Price, was born in the 1880s and left his home of Enterprise, Miss., shortly before the turn of the century in search of a more secure livelihood.

Mr. Price met and married Katherine Baker in Laurel. James and Kate, both children of Methodist ministers, centered their lives around the church; James played the tuba in the church band and Kate sang in the choir.

Linotype's parents were a powerful influence in her life. "My father was a very quiet hardworking, inspiring man, my first hero. I've always looked up to him. Whenever I would see him coming across the road from his job, heading towards the house, I knew that everything was all right."

These strong roots became the very foundation for her future success. Price was a very

popular and outgoing student. Not only did she excel in music, she was also a star performer in the annual dance, acrobatics and music festival at Julliard. Nothing, however, distracted her from her love for singing and playing the piano. In that dedication her mother who took her daughter's talent very seriously supported her.

Kate Price intuitively believed that her daughter was destined for greatness and thus,



Leontyne Price

made sure that nothing interfered with Leontyne's music. An extra stimulus for Leontyne's ambitions occurred at that age of nine, when her mother accompanied her to hear Marion Anderson in concert.

"When I first heard Marion Anderson sing, I can't tell you how inspired I was to do something even similar to what she was doing. This was what you might call my original kickoff."

Price enrolled in Julliard in the fall of 1948 and was fortunate to study vocal technique with Florence Kimball, a former concert singer. Kimball would become Leontyne's teacher for four years and eventually her friend, advisor and coach.

After the first year, Kimball's confidence in Price was so great that she not only presented her student in a small concert, she also invited the noted film composer, Max Steiner to hear the production. His recognition of her superb vocal power was immediate.

Steiner, looking for someone to cast in the role of Bess for his revival of Gershwin's "Porgy and Bess," promptly invited Price to take the position.

The role marked acceleration in Price's career. She attracted recognition from several notable musicians and composers. Her producers arranged her schedule to expand her repertoire and she accepted invitations to perform at the Museum of Art and at Constitution Hall.

In 1955, Price's appearance in the role of Flora Tosca on a nationally televised production of NBC's Opera Workshop was historic, and consequently won her a succession of leading roles in other NBC productions such as Mozart's "The Magic Flute" (in 1956).

Though Price suffered some setbacks in her career, she continued to broaden her roles and achieve success. She even opened the new Met at Lincoln center in the world premiere of Barber's "Anthony and Cleopatra" in September 1966.

Price's achievements are countless. She is the recipient of the Presidential Medal of Freedom and an American Academy of Arts and Sciences Fellows Award. She has honorary from Dartmouth College, Howard University, Fordham University, Central State College and Rust College.

Price is also a trustee and long-term member of the board of directors of International House in Washington, D.C., a member of the advisory board of the National Cultural Center; and has served as chairwoman of the U.S. Committee of UNESCO. She has also received the Spirit of Achievement Award from Albert Einstein College, the Order of Merit from the Republic of Italy and the Springarn Medal from the NAACP.

DMX, Limp Bizkit promote Anger Management Tour

Limp Bizkit, the famed metal rap group came through Dallas recently on their Anger Management tour, promoting the already platinum "Chocolate Starfish and Hot Dog Flavored Water" album. If you're looking for energy and a group that can make people sway back and forth like a literal sea of mankind, Limp Bizkit tops the list. They emerged on the stage from a towering robot with several fireball explosions. As the crowd lost themselves in familiar tunes like "Show Me What You Got," you could feel the adrenaline pumping as dozens of fans throughout the place were lifted skyward and passed along by audience members.

While the stage effects, the



Rapper DMX entertains crowds during the Anger Management Tour at Reunion Arena.

Photo by Lou's Photography

frantic leaps, jumps, and bounces of the crew kept the crowd on edge, Fred Durst's, Limp Bizkit front man, actual rapping was unenlightening.

The crowd got their chance to get directly involved on a song called "My Generation," and the lyrics contained Durst's trademark of vulgarity, for which he makes no apologies. The thrashing and headbanging during the show displayed the approval of the thousands of fans that for the most part arrived early to catch they're favorite group in action.

Accompanying Limp Bizkit on the Anger Management Tour was metal rock group Godsmack that opened the show, and rap star DMX.

Rugrats return to the big screen for international adventure

Wishes come true in "Rugrats in Paris-The Movie," and love makes its way into the hearts of those young, old, and overseas. Chuckie's dad Chas starts dating again, and it's Chuckie's wish to find a new mom. When Stu Pickles is summoned to

EuroReptarland, an amazing new amusement park in Paris, to work on his Reptar invention, Tommy, Chuckie, Angelica, Phil, Lil, Baby Dil, Didi and the whole gang tag along to the city of romance.

But the Rugrats' big adventure turns out to be more than glamour, fashion and smelly cheese. Chuckie learns that when it comes to princesses and potential mommies, things are not always what they seem, and for Chas, finding the right woman can be difficult in any language. As the Rugrats' travels take them from the Eiffel Tower to Notre Dame and everywhere in between, the world's favorite babies learn new lessons about courage, loyalty, trust and above all, true love.

The film is based on the incredibly successful

"Rugrats" series that depicts life from a babies' point of view, and remains the highest rated show on television for kids ages 2-11.

"Rugrats in Paris-The Movie" is produced by Arlene Klasky and Gabor Csupo. The movie is directed by Stig

Christine Cavanaugh and Kath Soucie. "Rugrats in Paris-The Movie" is the fifth collaboration between Paramount Pictures and Nickelodeon Movies.

Unlike its big screen predecessor, which featured fantastical sequences that harked

back to classic adventure films, "Rugrats in Paris-The Movie" packs all the fascination and wonder that comes when an entire family travels to a foreign land, combined with the strong feelings and sense of discovery that often accompanies a journey. Although this kind of travel experience is often felt strongly yet differently between parents and kids, the themes in "Rugrats in Paris" will undoubtedly resonate with both.

Says "Rugrats in Paris" director Stig Bergqvist,

Bergqvist and Paul Demeyer. Celebrity voices in prominent roles include Debbie Reynolds, Susan Sarandon and John Lithgow. The film will continue to feature voice talent from the series and "The Rugrats Movie" including E.D. Daily, Cheryl Chase,

"What is unique about the Rugrats is their broad appeal. We have in this movie a great story played on two different levels. One seen through the eyes of babies and one from adults."



Nickelodeon and Paramount Pictures combine for their fifth collaboration to present the latest Rugrats movie, "Rugrats in Paris"

Publisher to pay Dickens for "A Christmas Carol"

CORTE MADERA, Calif., (PRNewswire) — It is ironic that, during the season of goodwill, Charles Dickens was cheated out of the American royalties for his classic holiday tale, "A Christmas Carol."

For over 150 years, Dickens's work has been published, dramatized and spun into new tales without compensation. Now, at last, Dickens will get his due.

Twelfth Night Press, a California publisher, will donate — in memory of Charles Dickens — a percentage of its proceeds from sales of its new novel, Marley's Ghost, to Literacy Volunteers of America, a national non-profit network that assists families to acquire

literacy skills through qualified volunteer tutors.

Marley's Ghost is a serious prequel to Dickens's "A Christmas Carol."

Called "moving, cleverly-imagined," by Publishers Weekly, the new novel by Mark Hazard Osmun, is being released in time for the holiday season.

"Author Mark Osmun thought that this would be a good way to acknowledge Mr. Dickens and to help people—in the Dickensian spirit—advance themselves in society," said publisher spokesman, Doug Johnston. "Illiteracy is a crushing weight upon those denied the basic and indispensable

skills of reading and writing."

Approximately 25 percent of the American adult population, or approximately 44 million people, are illiterate according to the National Adult Literacy Survey. Another 28 percent of the adult population is only slightly more literate.

Dickens's concern for the disadvantaged is a force in Marley's Ghost. The novel tells the hard story of Jacob Marley, Scrooge's partner, corruptor and eventual savior. It imagines Marley's early life as a child working in a coalmine, then wrongly imprisoned with the worst of society. Who Marley becomes and how his ghost resurrects himself — and Scrooge — is powerfully told.

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Arts & Entertainment

EVENTS

On-going
The Dallas Symphony Orchestra has made available "Dallas Christmas Gala," a recording of Christmas classics, sold at the Symphony Store in the lower level of the Meyerson Symphony Center, Tower Records, Border's Books and Records and Sam Goody's Records. For more information call 214-871-4082.

December 5-6
Cedar Valley College Family Music Theatre will hold auditions for "Swinging with the Big Band" a big band musical revue at the Cedar Valley Performance Hall. For more information call 972-860-8258.

December 7-17
Quad C Theatre presents the musical "Don't Rock the Jukebox" in the Black Box Theatre at Collin County Community College, 2800 E. Spring Creek Parkway, Plano. For tickets call 972-881-5809.

December 1-10
"Interior & Exterior Landscapes: Paintings by Susan Sanders" will be on view in the Cedar Valley College Performance Hall Gallery. A reception for the artist will be held Dec. 2 from 7:30 to 9:00 p.m. The exhibit and reception are free. For more information call 972-860-8258.

December 8-10
ICT Children's Theatre presents "The Lion, The Witch and The Wardrobe" at the Theater in the Commons, Irving Arts Center, 3333 N. MacArthur. For tickets or information call 972-252-2787.

December 8-17
N.M. Productions presents the Christmas melodrama "North Pole Nightmare" at The Corner Theatre in the DeSoto Town Center, 211 E. Pleasant Run Rd., DeSoto. For more information or tickets call 972-680-4466 or metro 817-784-6671.

December 1-16
Lyric Stage presents "Christmas to Remember" at the Dupree Theater, Irving Arts Center, 3333 N. MacArthur Blvd. For more information or tickets call 972-252-ARTS.

December 1-23
The Plano Repertory Theatre will present "The Legend of the Poinsettia" by Roxanne Schroeder, at the ArtCentre Theatre, 1028 15th Place in Historic Downtown Plano. For more information or tickets call 972-422-7460.

December 9
The Dallas Museum of Natural History in Fair Park presents "Moments" photographs by Jim Merrett at the Photographic Archives Gallery, 5117 West Lovers Lane, Dallas. For more information visit www.dallasdmnh.org.

December 1-30
The Dallas Theater Center presents "A Christmas Carol" by Charles Dickens at the Arts District Theater, 2401 Flora Street, Dallas. For tickets call 214-522-8499.

December 1-30
Artwork of elementary students from J.W. Ray Learning Center will be on display at City Place Center East, 2711 N. Haskell Avenue. For more information call Don Lawrence at 972-826-5829.

December 1-January 7
Jubilee Theatre, 506 Main Street, Ft. Worth, presents "Black Nativity" a holiday musical by Langston Hughes. For tickets or information call 817-338-4411.

December 1-30
Cathedral Dallas, Inc. presents a special exhibit entitled "Mother of the Americas-Endless Source of Inspiration," a depiction of the Virgin of Guadalupe, in the Cathedral Gallery, Ross Ave. & Crockett Street, Dallas. Admission is free. For more information call Catalina Montaño at 214-871-1677.

December 2-3
A Modern Dance Company and the Town of Addison present the second Art Salad evening of dance, theatre and visual art. The event will be held at the Addison Conference and Theatre Centre, 15650 Addison Road at 7:00 p.m.

For more information call 214-384-9849.

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Eyeing the Arts

By Stephanie Ward

I found myself enthralled and inspired by the featured exhibit at the African American Museum in Fair Park. The 58-piece exhibit tells the story of 20 masters of African-American art and their time. Just seeing many of the original masterpieces that live only viewed in books or posters put me in touch with history in a different way. The exhibit instantly made the images and the artists real for me.

I have always had a passion for literature and artwork of the Harlem Renaissance. The Hewitt Collection of African-American art, on exhibit now through Jan 14, 2001, offers a view of half a century of work. The collection includes works by Romare Bearden, Jacob Lawrence, Ernest Criblow, James Denmark and Jonathan Green.

Some of the most popular works include "The Card Players" by Hale Woodruff; "Morning Ritual" by Bearden; "Woman in a Blue Coat" by Criblow and "Head of a Woman" by Elizabeth Catlett.

The collection also includes words by Texas artists John Biggers and Ellis Wilson, who was most known for his print "Funeral Procession," popular-

ized by the Cosby Show.

John and Vivian Hewitt, who gave each other gifts of art for birthdays and anniversaries, started this collection in 1949. Mr. Hewitt who was a teacher and his wife Vivian, a librarian, met while he was teaching at Morehouse College and she was

Hewitt tells wonderful stories of trips to studios and countless parties where she met artists who would later become famous. Today their collection is regarded as one of the most comprehensive collections of African-American art of this century. In March 1999, Art &

have a lot of money, but they had love and an eye for good artwork that firmly entrenched them in the New York art scene.

This collection is a good example of just how to collect art and what happens when you do it right.

Like the Hewitts, art should be a passion. Most people want artwork by popular artists. Once an artist is popular, the price of his work greatly increases. A better approach might be to look at emerging artists who are producing quality work, whose works are in museums and who are getting major commissions by organizations. Make sure your collection has a nice mix and a comfortable variety of artwork that might tell a story of a time period or the changing field of artwork. Take your time. It took the Hewitts 50 years to collect the 58 pieces in their collection.

In 1998, the Bank of America Foundation purchased the collection from Vivian Hewitt and her late husband John. A nationwide tour is planned that runs through April 2002 with stops in 12 U.S. cities.

This exhibit is a must see for all art lovers and future collectors.

Mrs. Hewitt said they didn't



"The Card Players," by Hale Woodruff is one of the featured works of the Bank of America Foundation Hewitt Collection tour. The exhibit is on display at the African American Museum in Fair Park.

working at Atlanta University Graduate School of Library Science. They nurtured their love of art by purchasing originals by emerging artists. Mrs.

Antiques Magazine listed the Hewitt Collection in its third annual compilation of Top 100 Treasures.

Night Vibes

By Ché Hill

M.A.C. Cosmetics' The Hush Event held at Tenayas restaurant in Las Colinas proved to be an enjoyable night out. Oh sure, they had the usual rituals: giveaways, a cash bar, and appetizers for the early arriving guests. Yet they also had a little something more. The ambience of Tenayas is a display of Southwestern elegance, with an adobe-like building accented by Indian arrowheads, spears and paintings. A room to the east of the restaurant dining area provided the perfect spot for dessert and a drink beside an inviting fireplace.

The menu was equally unique offering an interesting array of dishes such as stuffed jalapenos with an orange marmalade chili sauce, in addition to dishes served with elk and rabbit. Since I'm not one for adventure, I didn't try anything new, but I must say that the

Navajo quesadillas were very good.

The crowd drawn to this event was quite diverse which

big trouble now! You can't throw an event without a live DJ, that is if you ever expect to get people out to your events in



(l to r) Ophrah Walton, Nanette Lee of K104 and her mother Betsy Lee enjoy the ambience of Tenayas.

Photo by Che Hill

made for an interesting night. Upon arriving I noticed a stereo cranking out the music and thought to myself, oh they're in

the future. But, eventually DJ Byron Davis showed up and began handling his business pumping out a variety of tunes,

which in the beginning consisted mostly of the reggae and dancehall genre. As the evening wore on, he pounded our eardrums with classic hip-hop tunes, but he also took us back to our younger days with R&B legend Marvin Gaye and his hit, "Let's Get It On."

A few local celebrities also graced the house hanging out and enjoying the atmosphere. Nanette Lee from K104 was in the house with her mom having a girl's night out, and Victor McGlothlin best selling author of Autumn Leaves came through on his birthday.

I give the M.A.C. Cosmetics and Code Magazine's The Hush Event at Tenayas four snaps. This is a place you've got to check out. A little tip for the fellas, this is a great place for a first date or anniversary dinner.

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Around The Town

On-going

Three Wishes is making available Water Circulating Pump and Pads to pain sufferers usually at no out-of-pocket expense, if they qualify. For more information call 1-800-273-7011.

Syracuse University's Newhouse School of Public Communications is accepting applications for a master's level fellowship and internship program in newspaper journalism for members of under-represented groups. The application deadline is February 10, 2001. In order to meet the deadline, candidates should take the GRE no later than Feb. 1. For more information or an application call 315-443-1124 or e-mail mailto:nwsharp@syr.edu" nwsharp@syr.edu.

The Dallas Urban League is asking for donated bottled water and canned goods for families in the Sand Branch Community near Seagoville, TX. Donations can be delivered to the Dallas Urban League headquarters at 4315 Lancaster Road, Dallas. For more information call LaTonya Caldwell at 214-915-4600.

The Dallas Mavericks are accepting applications for the Bayer/Dallas Mavericks Science Scholarship and State Fair Foods/Steve Nash Assist Scholarship for graduating high school seniors. Application deadlines are Feb. 28 and Mar. 8, 2001, respectively. For more information or an application call Jeremy Durcholz at 214-653-0293.

Girls Inc. is accepting nominations for their 2001 "She Knows Where She's Going" and "Girls

Champion" awards. Application deadline for both awards is December 5. For more information call Theresa Johnston at 214-654-4536.

The Dallas Mavericks are accepting applications for their Holiday Hoop Camp 2000 Dec. 26-29 at The Greenhill School, 4141 Spring Valley, Addison. Kids ages 8-18 are eligible to participate. To obtain an application visit <http://www.dallasmavericks.com> www.dallasmavericks.com, or call 972-988-DUNK.

The SHARE! High School Exchange Program still needs families to host high school exchange students for the Spring semester of the 2000/2001 school year. Those interested should call Yvette Coffman at 800-941-3738 or 800-414-3738.

December 1

Registration for Richardson Children's Theatre, 2100 Promenade Center #2176, Richardson, musical theatre workshops begin for three workshops held Jan-May 2001. For more information call 972-690-5029.

Christmas in Old Downtown Plano will be held in Haggard Park, 901 East 15th Street from 5:00 to 10:00 p.m. For more information call 972-941-7250.

December 2

The Plano Jaycees will host their 28th Christmas Parade, beginning at 19th Street & Avenue M at 9:00 a.m. For more information or to register a group call Greg Peebles at 972-881-5252.

Granbury, TX is sponsoring "The Enchanted Forest," a snow-filled forest featuring magical Christmas scenes Dec. 2-3 and Dec. 9-10. For more information call 800-950-2212.

Clean South Dallas/Fair Park will present its fifth annual holiday kick-off parade at Forest Avenue and South Lamar Street at 10:00 a.m. To participate, obtain an application or request information call 214-421-1662.

The Women's Museum: An Institute for the Future, Fair Park, Dallas, will co-host the 2nd Annual Women's Intergenerational Summit with the Leslie K. Bedford Memorial Foundation at the museum. For more information call Phyllis Bedford at 972-230-1101.

December 3

Southern Methodist University is sponsoring its annual Celebration of Lights on the steps of Dallas Hall, 3225 University Blvd. at 6:30 p.m. The event is free and open to the public. For more information call 214-768-3333.

December 5

The Tarrant County Business Breakfast for small, minority and women-owned businesses will be held at Holiday Inn North, 3540 Meacham Blvd., Ft. Worth from 7:00 to 8:00 a.m. For more information call Linda Birdsong at 972-492-3424.

The North Central Regional Certification Agency and the North Texas Woman's Business Council will hold a Certification Forum for Minority & Women Owned Businesses at The Women's

Museum at Fair Park from 8:30 a.m. to 12:00 p.m. Admission is free. For more information or to register call 214-571-1009.

December 6

The City of Plano will conduct an auction of unredeemed vehicles at RoadOne, Lewis Towing of Texas, 1204 Municipal, Plano at 11:00 a.m. Viewing will be one hour prior to auction.

Stephen Covey, one of Time Magazine's 25 most influential people will present his Lessons in Leadership program at the Arlington Convention Center, 1200 Ballpark Way, Arlington from 8:30 a.m. to 3:00 p.m. For more information or to register call metro 817-272-2581.

December 7

Paul Quinn College will host an open discussion panel with Kenneth Apfel, Commissioner of the Social Security Administration at the Cottrell Student Union Grand Lounge, 3837 Simpson Stuart Road, Dallas at 12:00 p.m. For more information call 214-302-3579.

The Greater Dallas Chamber is hosting a Procurement Luncheon at Acuity Training Systems, 2925 LBJ Freeway, Suite 102E, Dallas, from 12:00 to 1:30 p.m. RSVP by Dec. 5. For more information or to RSVP call 214-746-6648.

State Senator Royce West is hosting a Town Hall Meeting at the MLK, Jr. Center, Seniors Building, 2922 MLK Blvd., Dallas at 7:00 p.m. State Rep. Terri Hodge and DPS Trustee Ron Price will also be

in attendance. For more information call Kelvin Bass at 214-467-0123.

Dallas Public Schools' Purchasing and M/WBE Departments will hold a Procurement "Focused Group" Networker at the DPS Administration Building, Auditorium, 3700 Ross Avenue, Dallas, from 5:30 to 7:30 p.m. For more information or to RSVP call 972-925-4142.

December 8

"Lantern Light Tours" will be held at the Heritage Farmstead Museum, 1900 West 15th Street Dec. 8-9 from 6:00 to 8:00 p.m. The event features the annual early Texas Christmas exhibit and a special program in the school house. For more information call 972-424-7874.

The Dallas Mavericks will host "American Cancer Society Night" to raise money for the "Relay for Life" program with a Beach Boys concert following the 7:00 p.m. basketball game. For more information call Amanda at 214-658-7115. Requests must be received by Dec. 6.

December 9

Senior Citizens of Greater Dallas will offer its monthly Women's Financial Clinic at Lovers Lane United Methodist Church, Room 315, Epworth Hall, 9200 Inwood Road (at Northwest Hwy) from 9:00 a.m. to 12:00 p.m. For more information or to schedule an appointment call Kim Watson at 214-823-5700.

The Clean South Dallas' First Annual Hanging of the Greens and Tree Lighting will be held at the corner of MLK, Blvd. and Malcolm X at 10:00 a.m. and 5:00 p.m.,

respectively. For more information call 214-421-1662.

Dallas Public Schools will be holding the annual magnet schools fair at the Yvonne A. Ewell Townview Center, 1201 East 8th Street, Dallas from 9:00 a.m. to 4:00 p.m. For more information call Robert Hinkle at 972-749-2220.

The Dallas Independent School District will be hosting a job recruitment fair at Cesar Chavez Learning Center, 1710 N. Carroll, Dallas, from 8:00 a.m. to 12:30 p.m. For more information call 972-925-3899.

December 13

The Texas Department of Health is sponsoring the 8th Texas Minority Health Conference, Dec. 13-15 at the Hyatt Regency Hotel, 300 Reunion Blvd., Dallas. For more information call Eva Holguin at 512-458-7629 or Doug McBride at 512-458-7524.

December 14

"Holiday Happenings," featuring old-fashioned holiday exhibits and a taffy pull will be held at Heritage Farmstead Museum, 1900 West 15th Street, Plano, Dec. 14-15 at 10:00 a.m. For more information call 972-424-7874.

December 15

The Law Offices of Bobbie Edmonds, Morgan Stanley Dean Witter and Rally for Education are presenting "Santa Claus Goes to Jail," an educational and amusing legal drama starring 5th graders, lawyers and business people at the Tarrant County Civil Courts Building, First Floor, 100 Weatherford and Houston Streets, Ft. Worth from 9:30 a.m. to 12:30 p.m. For more information call

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EVENTS

...continued from page 11

Dome" concerts at 2:00 p.m. Dec. 9-10 and 16-17. The concerts are free and open to the public. For more information call 214-565-9026.

December 10

The Third Eye presents a review of E. Franklin Frazier's "Black Bourgeoisie" at The Black Academy of Arts and Letters, 650 S. Griffin Street, Dallas at 3:00 p.m. The review is free and open to the public. For more information call 214-428-1040.

December 15

Junior Players and Rhoads Terrace Rec Center will hold an early Kwanzaa Celebration at the rec center, 5712 Pilgrim Street from 4:00 to 6:00 p.m. For more information call Kirsten Brandt James at 214-526-4076.

The Plano Symphony Orchestra and the Frisco Chorale perform Holiday Pops at Frisco High School, 6401 Parkwood, Frisco. For information and tickets call 972-473-7262.

Oak Cliff Bible Fellowship, 1808 W. Camp Wisdom Rd., Dallas, presents the play "It All Happened in a Moment" Dec. 16-17 at 3:00 and 6:00 p.m., respectively. For more information call 972-228-1281.

December 17

The Plano Symphony Orchestra presents the Target Holiday Pops Concert in two performances at 4:30 and 7:30 p.m. For tickets call 972-473-7262

December 18

The McKinney Symphony Orchestra will perform a Holiday Pops Concert at the First Baptist Church in McKinney, 1615 Louisiana Avenue, McKinney at 7:30 p.m. For more information call 972-473-7262.

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