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AlertID and McGruff the Crime Dog Help Families Keep Their Kids Safe on Halloween

Las Vegas, Nevada; Palo Alto, California; and Arlington, VA — Halloween is one of the most anticipated nights of the year. AlertID and the National Crime Prevention Council, home of McGruff the Crime Dog, offer tips on how families can stay safe while trick-or-

treating. "With all of the excitement that Halloween brings, it's easy to let your guard down," said NCPD President and CEO Ann M. Harkins. "By following these simple safety tips, families can stay safe while still enjoying a fun, spooky holiday."

Halloween Safety Tips:
•Parents should be familiar with homes and occupants on their child's trick-or-treat route. Parents may register for FREE at AlertID.com, enter their address and instantly see an easy-to-read map showing sex offenders residing or working

in the vicinity as well as view sex offenders wherever they are with the AlertID free mobile app. Members also receive alerts when new sex offender data becomes available, in addition to crime alerts in hundreds of cities nationwide.

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African Americans bear more than one-third of U.S. Alzheimer's costs

WASHINGTON, DC (NNPA) A new report released today finds that African Americans bear more than one-third of the nation's costs of Alzheimer's and dementia care, although they make up less than 14 percent of the population. The costs for African

Americans in 2012 were nearly \$71.6 billion, out of total national costs of \$210 billion.

Health economists at Johns Hopkins University authored the report for the AfricanAmericanNetwork AgainstAlzheimer's, launched today by the US-

AgainstAlzheimer's Network—the national community of engaged individuals committed to stopping Alzheimer's by 2020—to unite and mobilize African Americans to speed the pace of research and build the movement to end Alzheimer's.

The Network is guided by its Honorary Co-Chairs — Rev. Al Sharpton, former Surgeon General David Satcher, and former Bush and Obama Administration officials Kay Coles James and Melody Barnes. The Network's Founders are

See **ALZHEIMER'S**, Page 4

PetSmart Charities and Dallas Animal Services partner to open new adoption center

PHOENIX- Homeless pets in Dallas will have a better chance of finding a loving home thanks to a partnership between PetSmart Charities and Dallas Animal Services. The two have teamed up with support from PetSmart®, Inc., to open a pet adoption center inside the



PetSmart store at 16821 Coit Road. Since the center opened on Sept. 10, 151 pets have found forever homes.

The new cat and dog everyday adoption center will officially open on Nov. 2, freeing up kennel space at Dallas Animal Services' main shelter and

allowing adoptable pets to live in a new pet-friendly venue until they are adopted. The 2,000 square foot center will house approximately 46 dogs, cats, puppies and kittens and about 20 pets are expected to be

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COVER STORY

Yes, We Can?



President Barack Obama

See **YES**, Page 9



CeeLo Green accused of giving ecstasy drug to woman

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COMMENTARY

The showdown with 'Teapublicans' is just beginning ~ so what will Obama do?

BY GEORGE E. CURRY
NNPA COLUMNIST

render, even before the first shot are fired.

Believe it or not, President Obama's decision to finally stand up to Teapublicans — a Republican Party hijacked by Right-wing Tea Party zealots — in the latest standoff over the Affordable Care Act and the debt ceiling was the easy part.

Next come the real fireworks over the budget. And, judging from the past, the Democrats are likely to wave the white flag of sur-

Don't forget that although Obama campaigned on the promise of extending the Bush tax cuts only for individuals earning less than \$200,000 and couples making less than \$250,000, which would cover 98 percent of all taxpayers, he eventually capitulated under Republican pressure, extending the Bush-era rates on incomes below \$450,000 for families and \$400,000 for individuals.

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People In The News...

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Roslyn Thibodeaux Goodall



Kristal Quarker-Hartsfield



Necole Parker

In September over 31,000 visited NorthDallasGazette.com - news added daily!

Roslyn Thibodeaux Goodall

DALLAS — Celebrating its 30th year, the Alzheimer's Association, Greater Dallas Chapter is starting a new fiscal season with strong financials and new Board members to further amplify its mission to provide care and support for North Texans living with Alzheimer's disease, and accelerate research to find a cure.

The new Board members include physicians, lawyers, entrepreneurs, executives and political ad-

vocates — all who have been affected by Alzheimer's disease — and they bring their personal skills and abilities to the table with one common goal; to end Alzheimer's disease.

Matt Johnson- Chairman of the Board, Founder and Managing Partner, Cedar Elm

Kathy Clements, Chair Communications Committee, Senior VP of Television Operations, Belo Corp

Roslyn Thibodeaux Goodall, Chair Public Po-

licy Committee, UT Southwestern Hospital- Retired Alzheimer's Ambassador to Rep. Eddie Bernice Johnson

Diana Kerwin, M.D., Chair Programs & Services Committee, Director, Texas Alzheimer's and Memory Disorders, Chief of Geriatrics, Texas Health Presbyterian Hospital Dallas

Robert Tobey, Chair Development Committee, Johnston Tobey, P.C.

Stephen Woodfin- Board Member, Communications Committee, Stephen Woodfin Attorney at Law



"We are excited about our new board members and will benefit from the diverse backgrounds represented on our Board," said Matt Johnson, Chairman of the Board. "Placing professionals of this caliber in positions where they can use their expertise has raised the level of service from the Alzheimer's Association."

Johnson also said that the Association has launched a new dashboard allowing the public to track the Association's work through the number of funds

See GOODALL, Page 5

Kristal Quarker-Hartsfield

WASHINGTON - On Monday, the Republican National Committee (RNC) officially opened its African-American engagement office in North Carolina and announced its state staff and grassroots team. The team, which is the first of its kind in the state party's history, will be responsible for building strong and lasting relationships with black communities across North Carolina.

"Developing relationships with black voters means having an active

presence in their communities," said RNC Chairman Reince Priebus. "By hiring engagement staff and opening an office in Charlotte, the RNC continues its efforts to reach and engage black voters where they live, work and worship."

"This is a historic moment for our party," said North Carolina Republican Party (NCGOP) Chairman Claude Pope. "We've been building a tremendous grassroots network across the state, and it is vital that we increase our base of support



by making sure we're reaching out to all voters and building strong, lasting relationships with every community."

"The pro-family and pro-jobs agenda of the Republican Party is appealing to the African-American community, and the RNC and NCGOP are showing initiative by reaching out and sharing that positive vision for North Carolina's future," said Republican National Committeewoman Dr. Ada Fisher. "It's important that all North Carolinians have a place in the political process and that all are being heard."

The new engagement team includes Earl Phillips, Hasan Harnett and Tremone Jackson. Earl Phillips, the North Carolina African-American State Director, is a military veteran who previously served as Chairman of the National Veterans for Republicans Association and as Director of The Frederick Douglass Foundation in the Greater Charlotte Area. Hasan Harnett is an entrepreneur, speaker and published author who has been active with the National Association of Black Accountants and the Frederick Douglass Foundation.

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Necole Parker

Twenty-five women entrepreneurs from the Wash-

ington, D.C. area were selected to receive the 2013 Women of Color Award from 100 Black Men of Greater Washington, D.C. Presented in partnership with the Women Presidents' Organi-



zation, the awards are based upon the success of these dis-

tinguished business leaders and for service to the community. The awards reception, which will be hosted by the 100 Black Men of Greater Washington, D.C. and sponsored by IBM and

UPS, will be held on Friday, October 25th at the City Club of Washington.

Privately held women-owned and -led firms provided a net increase in employment opportunities that have significantly strengthened the U.S. economy. All award recipients were identified by the 100 Black Men of Greater Washington, D.C., in conjunction with the WPO Chapter Chairs in Washington, D.C., Northern Virginia and Baltimore. To be qualified for this honor and as a WPO member, businesses are required to be owned or led by a woman and have reached annual revenues of at least \$2 million (or \$1 million for a service-based business).

"As an organization we are known for our mentorship of young men, but in reality we come in contact with just as many young women with dreams and high aspira-

tions. It is important for us that we can point to high achieving women and put them in front of our youth so they may engage and model their behavior," said Michael E. Melton, President 100 Black Men of Greater Washington, D.C.

"We are very proud to continue our ongoing partnership with 100 Black Men of America to recognize an influential group of women business owners. Each one is at the peak of her professional and personal achievement, demonstrating outstanding leadership qualities running multi-million dollar businesses that promote economic security while also lending their time and energy to local community projects. They are truly role models for women and girls everywhere," said Marsha Firestone Ph.D., President and Founder of the Women Presidents' Organization.

"IBM is proud to sponsor the Women Presidents' Organization (WPO) Women of

Color Receptions for the second year. I applaud WPO and

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P. O. Box 763866 • Dallas, Texas 75376-3866

Phone: 972-516-4191

Fax: 972-509-9058

**Publisher's Office:**

publisher@northdallasgazette.com

Sales Department:

opportunity@northdallasgazette.com

Editorial Department:

editor@northdallasgazette.com

Online:

www.twitter.com/NDGEditor

www.facebook.com/NorthDallasGazette

Website:

www.NorthDallasGazette.com

STAFF

Chairman EmeritusJim Bochum
1933 – 2009**Editor**

Ruth Ferguson

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Minority Opportunity News, Inc.

VP of Digital & Entertainment Marketing

Brandy Jones-West

Production

Sharon Jones-Scaife

Contributing WriterJackie Hardy
Ivy N. McQuain
Jacqueline Murphy
Terri Schlichenmeyer
Nicole Scott
Tanya DeV Vaughn**Special Projects Manager**Edward Dewayne
"Preacher Boy" Gibson, Jr.**Community Marketing Director**

Carrenza Thurmond, Jr.

Editorial WritersIvy N. McQuain
Ruth Ferguson
Nicole Scott**Religious/ Marketing Editor**

Shirley Demus Tarpley

NDG Intern

Shenice Sanders

Advisory Board:John Dudley
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Fred Moses
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Black clergy offer their continued support as Obamacare enrollment glitches are fixed

BY HAZEL TRICE EDNEY

(TriceEdneyWire.com) A team of African-American preachers has sent a letter to President Barack Obama affirming their "commitment to the Affordable Care Act" even as the President has ordered the website overhauled.

"We believe that access to quality health care is a fundamental civil and human right in America. Historically, over seven million African-Americans have been uninsured and denied access to care with devastating consequences. The Affordable Care Act provides African-Americans, along with Americans of all

nationalities, access to desperately needed quality health care," states the letter, signed by 14 Black preachers, all of whom lead major clerical or civic organizations. "We affirm our support for the Affordable Care Act. We understand that over time aspects of the Act will be revised as government learns more and to-be-expected administrative glitches will be appropriately addressed but it is essential that we work aggressively with what we have right now. We cannot afford to put this off any longer. Any further delay will have catastrophic effects on the nation's uninsured."

The three-page letter, complete with supporting scriptures, and starting with "Dear Mr. President", was released to the media Monday evening.

The 14 names on the letter are the Rev. Dr. Otis Moss, Jr. chair, Faith Partnerships; Inc.; the Rev. Dr. Barbara Williams-Skinner, co-chair, National African American Clergy Network, who is heading the effort; the Reverend Dr. T. DeWitt Smith, Jr., co-chair, National African American Clergy Network; the Rev. Dr. Carroll A. Baltimore, president, Progressive National Baptist Convention, Inc.; Bishop George E. Battle,

Jr., senior bishop, African Methodist Episcopal Zion Church; Bishop Charles Edward Blake, Sr., presiding Bishop and Chief Apostle, Church of God In Christ, Inc.; Bishop John R. Bryant, senior bishop, African Methodist Episcopal Church; the Rev. Dr. Ambassador Suzan Johnson Cook, founding president, Women In Ministry International; Bishop Paul A. G. Stewart, Sr., acting senior bishop, Christian Methodist Episcopal Church; Bishop Paul S. Morton, international presiding bishop, Full Gospel Baptist Church Fellowship International; the Rev. Dr.

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SHOWDOWN, continued from Page 1

And in his unsuccessful effort to reach a grand bargain with House Speaker John Boehner in 2011, according to leaked confidential documents, Obama expressed a willingness to support cuts to TRICARE, the health insurance program for the military and military retirees; Social Security, Medicare, housing, nutritional assistance and other social programs.

Former Labor Secretary Robert Reich explained why he, too, feels Obama will cave in to Republican demands.

"He's already put on the table a way to reduce future Social Security payments by altering the way cost-of-living adjustments are made – using the so-called 'chained' consumer price index, which assumes that when prices rise people economize by switching to cheaper alternatives. This makes no sense for seniors, who already spend a disproportionate share of their income on prescription drugs, home health care, and medical devices – the prices of which have been rising faster than inflation. Besides, Social Security isn't responsible for our budget deficits. Quite the opposite: For years its surpluses have been used to fund everything else the government does.

"The President has also suggested 'means-testing'

Medicare – that is, providing less of it to higher-income seniors. This might be sensible. The danger is it becomes the start of a slippery slope that eventually turns Medicare into another type of Medicaid, a program perceived to be for the poor and therefore vulnerable to budget cuts.

"But why even suggest cutting Medicare at all, when the program isn't responsible for the large budget deficits projected a decade or more from now? Medicare itself is enormously efficient; its administrative costs are far lower than commercial health insurance."

Equally troubling are the signals the president is already sending on the budget.

"Keep in mind that the budget that we are going to pass under any deal is going to be the Republican budget. It will have cuts that are much more substantial than Democrats would prefer," Obama said in an interview with New York's WABC-TV two days before the government reopened. "The Democrats have not asked for anything to reopen the government. The Democrats haven't asked for anything for paying our bills on time."

The last time I checked, Democrats controlled the Senate and the executive

branch. Republicans control only the House. And the only reason they control the House is because of gerrymandered congressional districts. In the last election, House Democrats received more votes than House Republicans. So why does President Obama feel that the nation will be stuck with a "Republican budget"?

Second, Obama correctly noted that Democrats have not asked for anything to reopen the government or raise the debt ceiling. And, as Congressman Gregory W. Meeks of New York observed, that is the problem.

Meeks told Politico, "At no point have we said what our demands are. All you've heard was what their demands are. Maybe we should put down what our demands are of what we need and what we want because there's things that are important and dear to us also, and then the negotiations start from there."

The tragedy is that Democrats usually won't stand firm even when public opinion is on their side. The Pew Research Center for the People & the Press conducted a survey in March asking: What is more important, taking steps to reduce the national debt or keeping Social Security and Medicare benefits as they are?

According to Pew, 55 percent favored keeping Social Security and Medicare benefits, as they are 34 percent preferred taking steps to reduce the national debt, and 11 percent said both are equally important.

Yet, Obama is willing to make concessions on Social Security and Medicare.

With no demands on the table, it's impossible to know what, if anything, is important to the Democratic Party anymore. That's not the case with the Teapublicans. Love or hate them, they have clearly and forcefully stated they want to privatize Social Security, turn Medicare into a voucher system, and want deep cuts in social programs. They have not only articulated their priorities, they have demonstrated with the shutdown how far they are willing to go to fight for their misguided beliefs.

What are Democrats willing to fight to the end for? If you find out, please let me know.

George E. Curry, former editor-in-chief of *Emergence* magazine, is editor-in-chief of the *National Newspaper Publishers Association News Service (NNPA)*. He is a keynote speaker, moderator, and media coach. Curry can be reached through his Web site, www.georgecurry.com. You can also follow him at www.twitter.com/currygeorge and George E. Curry Fan Page on Facebook.

Methodist Charlton hosting cooking demo to spotlight healthy diabetic recipes ideas

The Diabetes Support Group is inviting the public on Nov. 11 for Chef Matt Sanker's cooking demonstration for the holidays. Guests will have an oppor-

tunity to enjoy a tasty holiday sample meal. Also, they will share tips on navigating the holidays while keeping your diabetes in control.

The event is scheduled

for Nov. 11 from 6 – 7 p.m. in the Charlton Auditorium, Outpatient Bldg. No reservations are required but if you have any questions call 214-947-7289.

ALZHEIMER'S, continued from Page 1

leaders nationwide in policy, health, business, media and other areas—from organizations such as 100 Black Men of America, the Federal Reserve System Board of Governors, Citigroup, and the medical schools of Columbia, Vanderbilt and Wake Forest.

Other findings from the report include:

- Nearly half of Alzheimer's costs to African Americans are concentrated in Southern states.

- Nearly 61 percent of costs (\$43.6 billion) are for informal caregiving; other costs are nursing home care (\$14.6 billion), lost productivity/ wages for those aged 40-64 with Alzheimer's/dementia (\$6.1 billion), and medical costs (\$5.5 billion).

- As with other racial/ethnic groups, Medicare is the primary payer for medical costs (59 percent) and Medicaid for nursing homes, adult day care and assisted living (54 percent). African American families pay more than \$3.45 billion out-of-pocket for these costs of care.

"The economic burden of Alzheimer's on African Americans is stunning. The size of the burden is due to the greater prevalence of Alzheimer's in this population," said the report's lead author Darrell Gaskin, PhD, deputy director, Center for Health Disparities Solutions, Johns Hopkins Bloomberg School of Public Health. "With the growing number of African Americans over age 75, the prospect of more than one in three older African Americans with cognitive impairment will overwhelm families and our society."

Dr. Gaskin will present the report's highlights today at an Issues Forum sponsored by the African American Network Against Alzheimer's at the Congressional Black Caucus Foundation's Annual

Legislative Conference in Washington, DC. Other speakers include Prince George's County Executive Rushern L. Baker, III, of Maryland; Hillary Crosley of The Root and BET's "After Hours;" and Dr. Jennifer Manly of Columbia University Medical Center. News anchor Barbara Harrison of NBC4-TV will moderate.

"I know firsthand the difficulties and challenges of having a loved one diagnosed with Alzheimer's and the impact it can have on a family," said Baker, whose wife has early-onset dementia. "African American families need to come together and support each other. The more people we can get to stand up and speak out, the closer we will be to overcoming this terrible disease."

African Americans are two to three times more likely than non-Hispanic white Americans to develop Alzheimer's—the nation's sixth leading cause of death but the fourth leading cause for older African Americans. Racial differences in genetic risk factors do not account fully for these disparities.

"Alzheimer's is one of the greatest public health challenges faced by the African American community and will become a much greater burden if we fail to act now," said Dr. Satcher. "A strong investment now in prevention research could ward off most cases of Alzheimer's by 2020 and change the trajectory of this disease and its insupportable burden on the African American community and our nation as a whole."

The Network will develop local initiatives, encourage African Americans to register for Alzheimer's research studies, and galvanize African Americans around ending Alzheimer's, urging them to:

- Stand Up: Join the fight

at africanamericansagainstalzheimer.org or text 'StopAlzAAN' to 22828 to receive alerts for outreach to Congress, webinar/event invites, social media connections and more.

- Speak Out: Insist that Alzheimer's be a higher priority. Demand more resources for research, care and public education—and more attention to Alzheimer's as a health crisis for African Americans.

- Overcome: Take personal responsibility to help end this disease. Enroll in a local research study or an Alzheimer's prevention registry. Even healthy people are needed for some studies.

Eberstein & Witherite planning to give away 1,000 free turkeys for Thanksgiving

DALLAS -- The 1-800-Car-Wreck lawyers of Eberstein & Witherite are sponsoring a turkey drive give back to the community this holiday season. With a plan to give away 1,000 free turkeys days before Thanksgiving, the law firm of Eberstein & Witherite is partnering with #K104 to deliver birds while serving up a fun filled morning with 1-800-CAR-WRECK's lead attorneys.

Turkeys will be given away during a live broadcast on Tuesday, November 26th. To register to win, Dallas-area non-profits should visit K104's website. More details are available on 1-800-CAR-WRECK's social media portal www.1800CarWreck.TV. Those who plan to attend the live broadcast should also RSVP on Facebook.

"Remaining in the spirit of giving not just on holidays but all year long is important," say the attorneys of 1-800-CAR-WRECK.

Lace up your shoes for the Urban League's 2nd 5K Walk/8K Run with a Purpose

Join the Urban League of Greater Dallas on Saturday, Nov. 16 from 7:30 a.m. to 11 a.m. for their 2nd Annual 5k - 8k Walk/Run with a Purpose.

- You could walk/sprint 5-k and burn 310-330 calories

- You would have walked 3.1 miles

- You would have completed 25 laps on an indoor track

- Depending on your pace you could complete 5-k in less than 45 minutes.

Vendors from the Dallas Metroplex will be participating and the Urban League has additional items that will be available for a small donation including: caps, water bottles, tote bags, face painting, jewelry and more.

Event proceeds underwrite community outreach, employment, health, veterans assistance, HIV/Aids Awareness, Seniors and Grandparents, Financial Literacy, Housing and Education for low to moderate income families.

For more information call the Urban League of Greater Dallas at 214-915-4696.

TWC Announces Five Finalists for 2013 Texas Workforce Solutions Employer of the Year

AUSTIN – The Texas Workforce Commission (TWC) announced this week that Caterpillar Inc. of Waco, Durcon Inc. of Taylor, Exxon Mobil Corporation of Baytown, GE Transportation of Fort Worth and Village Farms of Monahans were named finalists for the 2013 Texas Workforce Solutions Employer of the Year Award.

"All five Employer of the Year finalists were nominated based on their demonstrated commitment to their workers and communities, and their contributions to the Texas economy," said TWC Chairman Andres Alcantar. "We are proud to recognize their contributions and highlight the positive outcomes that result from successful partnerships."

The five finalists were chosen from among 25 private-sector employers who were nominated by their Local Workforce Development Boards for their contributions to the community's workforce through innovation and collaboration with the Texas workforce system. The nominated employers exemplify TWC's mission

See EMPLOYER, Page 6

UT SOUTHWESTERN MEDICAL CENTER

The Center for Human Nutrition at UT Southwestern is seeking healthy adult men for an outpatient research study evaluating differences in how people process dietary fat. Participants must be between the ages of 18 and 75, be of African American or European American ethnicity, and have a waist circumference less than 35 inches. The study involves 2 visits, blood testing, and metabolic tests. Qualified participants will receive some compensation for participation. If interested, please contact Brian Benjamin by email (brian.benjamin@UTSouthwestern.edu) or call 214-648-9014 for more details.



By sponsoring back to school initiatives and other events, the Eberstein & Witherite firm is highly regarded in the Dallas community for making continual efforts to reach out to those in need.

The Thanksgiving turkey giveaway is another example of the firm's efforts to make sure that those within its service area understand the value it places on putting the community first. During the Thousand Turkey Give Away, 1-800-CAR-WRECK staff will be on hand to serve warm beverages and chat with those in line.

Prosper officials urge voters conduct election research



PROSPER - Voting on whether or not to accept nine amendments to the Texas constitution is set for Tuesday, Nov. 5 at Prosper's Community Library, although Early Voting has already begun, according to Town Secretary Robyn Battle.

"While Election Day is set for Tuesday, November 5, residents of either Collin County or Denton County may take advantage of Early Voting; however each county's voting locations are independent of each other. Before heading out to vote early, residents should check the appropriate web site for the county in which they reside to make sure they know where to go," she said.

The Prosper Municipal Chambers, 108 W. Broadway, will be an Early Voting site for Collin County residents only. Denton County residents, even those who live in Prosper, cannot vote early at the Municipal Chambers.

"As both counties have their own schedules and locations, it's critically important for residents to conduct some research on where and when they can vote early, as well as on Election Day.

•Collin County residents should visit http://www.co.collin.tx.us/elections/election_information/.

•Denton County residents should visit <http://www.votedenton.com/earlyvoting-information/earlyvoting-locations/>.

For the Collin County residents wanting to vote early at the Prosper Municipal Chambers, the days and hours include Monday, Oct. 21 to Friday, Oct. 25 from 8 a.m. to 5 p.m. It continues on Saturday, Oct. 26 from 7 a.m. to 7 p.m. On Sunday, Oct. 27, the hours are 1 p.m. to 6 p.m. And, from Monday, Oct. 28 to Friday, Nov. 1, Early Voting hours start at 7 a.m. and end at 7 p.m.

On Election Day, Tuesday, Nov. 5, voters in Prosper who live in Collin County may vote at the Prosper Community Library, 700 N. Coleman St. from 7 a.m. to 7 p.m.

"Voters should remember that Denton County residents may only vote at Denton County locations. The Prosper Municipal Chambers will not accommodate Denton County early voters," added Battle.

Also, this will be the first election that will require a photo ID of all voters. For photo ID requirements and other useful information, please visit <http://www.prospertx.gov/Elections.aspx>

GOODALL, continued from Page 2

raised and people helped. Raising an excess of \$450,000 the 2013 Dallas Walk to End Alzheimer's more than doubled compared to last year.

More than 340,000 Texans are living with Alzheimer's disease and there are over a million caregivers in the state. Alzheimer's has no prevention, cure or even treat-

ment to slow the disease. By the year 2050, one in three seniors are expected to have Alzheimer's disease. The Alzheimer's Association Board of Directors is working to get ahead of those numbers and help beat this disease before the numbers reach catastrophic proportions.



Curtis Report

by Barry Curtis

We say a hearty thank you Robert Moon for creating the Zoning Improvement Plan (ZIP) or zip code. In 2001, Moon died at the age of 83 in Leesburg, FL where the zip code is 34748.

What Moon created will be with us for generations to come with an invention not only impacting the movement of mail, but has touched so much in our lives. Zip codes tell the story of our lives and can predict the fortunes or miss-fortunes yet to come.

The most violent U.S. zip code is found in Chicago, Illinois's zip code 60612. You have a 1 in 4 chance of being a victim of violent crime, such as rape or murder. That should be reason enough motivation to en-

Your zip code may determine your fate

courage someone to move over a few zip codes. Recently Rev. Al Sharpton announced plans to relocate to Chicago. That may be a second reason to move.

The zip code with the highest income per capita is Montchanin, Delaware with the zip code 19710. Montchanin has an average income of \$654,485. According to 2010 Census, there are only 68 residents in the town.

The lowest salaries and wages are recoded in the Andover, Massachusetts (05501). These numbers are based on tax returns showing an average of \$2,000 a year in salaries and wages.

It is clear a zip code can determine your longevity. For example, men living in Fairfax county of Virginia have a life expectancy of 82 years in zip code 22030. The life expectancy is not so great just next door in Mc-

Dowell County, West Virginia (24811) where one can expect to die at the age of 63.9 years old.

The largest population of people within a single zip code is Caguas, Puerto Rico (00725) with a human count of 144,024 stamp licking folks.

The most popular zip code is of course Beverly Hills, California with a population of 21,495 sharing the zip code of 90210. Thanks in large measure to pop culture the zip code alone seems to suggest influence and wealth.

The United States Congress has its own zip code in Washington, D.C. at 20515. My congressman is Pete Sessions, but I won't be writing him.

Some people are too famous for zip codes. Santa Claus doesn't need one for the North Pole. The Rev. Billy Graham was so popu-

lar at one point to send a letter to him, you simply needed to address your envelope to Billy Graham, North Carolina and he would receive it. By the way, that zip code is 28282.

There are many Americans alive today born before there were zip codes. The system only came into popular use in the late 40s and 50s. Zip codes allow us to specifically narrow a place where a letter or a person can originate from. Or where we can send a letter or a person can travel to.

I was born in Kanas City, Missouri where the zip code is 64012.

Mr. President what zip code were you born in? Send us out a letter from the White House and let us know. By the way the zip code to the White House is 20500.

For more information from Barry Curtis visit thecurtisinitiative.com.

Capital One and the Collin County Council on Family Violence to Host "The 11th Annual Facing Family Violence Conference"

DALLAS - Capital One and the Collin County Council on Family Violence (CCCFV), an initiative of the Junior League of Collin County, have teamed to host "The 11th Annual Facing Family Violence Conference." This educational two-day conference will take place Oct. 24-25 at the Collin

College Spring Creek Campus.

"Throughout domestic violence awareness month, we have the opportunity to focus efforts on increasing awareness and promoting prevention of family violence within our communities," said Marina de la Garza, local at-

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Local organization offers non-profits grant writing assistance

(BlackNews.com) One non-profit organization is dedicated to aiding those less fortunate. Many of those helped were able to get back on their feet and start their lives anew.

The Humanitas Community Development Corporation (Humanitas CDC) was established in April of 1988 under the sponsorship

of another nonprofit to assist low income and economic distressed business with consulting and organizational experience to secure federal, state, local and private funds for rural and urban Tarrant County. The goal is to bring dollars to economically distressed business areas to help the poor.

Other areas of importance to Humanitas include new job creation, new business development, housing and rental development for the poor, corporate and community economic development partnerships, banking and financial institution support, economic and community development feasibility and needs assessment studies in low in-

come and economic depressed business areas, and banks and the Community Re-Invest Act.

Humanitas CDC partners with other nonprofit agencies and churches in an effort to assist members of low-income communities move toward self-sufficiency.

Their economic and community development

assistance services include:

- Grant Application Assistance
- Community Re-Investment Planning
- Economic Development Assistance For Incubator/Consortium Development
- Grant Information Assistance
- Business Plans

- SBA and Other Loan Proposal Packaging
 - Women/Minority Business Consulting
 - VA Benefits Consulting
 - Microenterprise Lending Set Up
 - Seminar and Work Shop Development
- For more details, visit www.helpisontheway990.org or call 817-457-0203

DFW selected as one of six cities to host Navy Week in 2014

America's Navy is coming home to Dallas/Ft. Worth in 2014, one of six cities selected to host a Navy Week, one of the Navy's signature outreach programs.

Dallas/Ft. Worth Navy Week is scheduled for Apr.

21-27, 2014, coincident with the Naval Air Station Fort Worth Joint Reserve Base Air Power Expo, and is designed to give area residents an opportunity to learn about the Navy, its people and its importance to national security and



prosperity. The Navy plans to include the following elements in the week-long celebration:

- "Blue Angels," The Navy Flight Demonstration Team
- "Leap Frogs," The Navy Parachute Team

- Navy Divers and or Navy Explosive Ordnance Disposal teams
- Sailors from USS Constitution, the oldest commissioned warship afloat in the world
- Navy Band musical performances

- Admirals and other senior Navy leaders, who will engage with local corporate, civic, government and education leaders
- Navy simulator(s) and other interactive displays

See NAVY, Page 13

How To Improve the Road Ahead

BY LEE H. HAMILTON

One of the more amazing spectacles in the days after the government shutdown ended was the obsession in Washington with who won and who lost in the showdown. Yes, the capital is focused on next year's elections, but honestly! There was only one real loser, and that was the American people.

Why? Because nothing got resolved. The agreement leaves the government open only until mid-January, and gives the Treasury the ability to borrow through early February. All that effort secured us the barest minimum that we needed. Tax reform, spending, entitlements, jobs and economic growth: we're no better off than we were before a small faction in Congress brought us to the brink of an unnecessary disaster. So the question is, can we avoid a similar crisis down the road?

The record of the recent past gives no ground for optimism, though members of Congress may now recognize the enormous economic costs to the nation of a shutdown and near-default. To avoid repeating their recent sorry spectacle, however, they will have to confront three challenges.

First, Congress has to break its habit of governing by crisis. Second, its members need to take a leaf from this most recent experience

and remember that the essence of legislating is nego-

ronments. Congress was designed to be the institution



President Obama signs a stop gap measure while Congressional foolishness continues (White House)

tiation. Finally, they need to recognize that every time Congress fails to assert itself, other institutions gain more power at its expense.

Great democracies do not lurch from doomsday moment to doomsday moment. They plan ahead, confront and resolve their challenges, fulfill their responsibilities abroad, and respond to their own people's needs. Congress can do none of these things so long as its members insist on resolving one crisis by setting up another a few months down the road.

Some people in Washington argue that this is because we live in trying times, faced with bewildering economic upheaval, social and demographic change, and a sorely divided body politic. That's all true — but politics has always been about getting things done in difficult envi-

where the difficulties of the moment could be overcome by legislators with the skill and temperament to work together to overcome them. Instead, we face a host of challenges with a Congress unable to address them because it can only postpone a crisis from one date to another.

I find myself thinking often these days of the skillful legislators I've known over the years. Where are their counterparts today? The negotiations that produced the last-minute settlement may have taken a lot of effort, but they do not measure up to what's required.

Congress only works well when its members understand some key things: that each party has to walk away with something; that it's crucial to preserve flexibility and avoid pandering and scorched-earth

See ROAD, Page 14

ANIMAL, continued from Page 1

adopted from the new adoption center each week.

Glenn and Karen Garfield and their kids, Zach and Lily, had been following Dallas Animal Services on Facebook for quite some time and were thrilled when the new everyday adoption center opened near their home.

The Garfields were quickly drawn to Kona. After spending lots of time with her in the playroom and watching her interact with Zach and Lily, they knew she was the perfect fit for their family. Kona's been enjoying car rides, long walks, and lots of quality time with her new family.

"Our partnership with Dallas Animal Services allows us to promote pet

adoptions and reduce pet homelessness in the local community," said PetSmart Charities, Inc. Executive Director Jan Wilkins. "We are thrilled to bring this everyday adoption center model to Dallas; each of these adoption centers allows us to save on average more than 1,000 pets every year."

"Dallas Animal Services is proud to be a partner with PetSmart Charities," said Dallas Animal Services Division Manager Jody Jones. "The everyday adoption center will provide us the opportunity to bring pets to a whole new audience in our community. We are excited about this wonderful opportunity to find additional homes for the homeless pets in our care."

The Dallas everyday adoption center will be open seven days a week during the store's operating hours. Amenities include:

- Kennels for adult dogs, puppies and small dogs
- Cat adoption center
- Play areas for dogs awaiting adoption
- Meet-and-greet areas for prospective adopters and their families to get acquainted with the pet(s) they want to take home

The everyday adoption center is part of a nationwide initiative from PetSmart Charities with the goal of saving more homeless pets. Since May 2010, PetSmart Charities has helped save more than 45,000 pets by opening similar adoption centers in 11 states.

EMPLOYER, continued from Page 4

of promoting and supporting an effective workforce system that offers employers, individuals and communities the opportunity to achieve and sustain economic prosperity.

"These employers reflect the economic diversity found in Texas," said TWC Commissioner Representing Employers Hope Andrade. "TWC is proud of our Texas employers showing initiative in de-

veloping workforce partnerships, responding to unique workforce challenges in their communities, and promoting economic growth and stability."

The 2013 Employer of the Year will be announced at the 17th Annual Texas Workforce Conference Employer Award Luncheon to be held at the Grand Hyatt San Antonio on Thursday, December 5.

The 2012 Employer of the Year was Champion Color Corporation of Denison.

Also honored at the luncheon will be the 28 local Employers of Excellence for their involvement with the Texas workforce system and the positive contributions they have made to employers, workers and their communities.



Sister Tarpley

Send email to: salesmanager@northdallasgazette.com to sign up for Sister Tarpley's weekly electronic newsletter.

"Call to me and I will answer you and tell you great and unsearchable things you do not know." Jeremiah 33:3-4.

The story is told of a couple of businessmen in England who operate an international company, they have learned how important intimacy and the presence of God is to fulfilling His purposes for their business.

One of the partners was asked by God to trust Him and leave his job not knowing what the future would hold.

Eventually, he founded an internet company that within a year was wiped out. The Christian directors started praying together - monthly at first, then, as things continued to worsen, weekly, and finally, as desperation set in, daily!

Today, the directors of the company see that the Lord is increasingly establishing their company's corporate identity and defining characteristic as their corporate intimacy with Him.

I retired 17 years ago from the Carrollton-Farmers Branch ISD (C-FB ISD); since September 26, 2013, the first day of classes for the C-FB ISD, I have taught as a replacement teacher (substitute) in the district.

Prior to going back into the classroom, I had been warned numerous of times

HARTSFIELD,

continued from Page 2

dation's Charlotte Chapter. Tremone Jackson has been a featured speaker at Charlotte-Mecklenburg schools and volunteers with Big Brothers & Big Sisters of Greater Charlotte.

Also in attendance were RNC National Director for African-American Initiatives Kristal Quarker-Hartsfield and civil rights activist Clarence Henderson.

Praying for School Children

by family, friends and current teachers, that students have changed than what they were back in the 60's, 70's and 80's.

Since being back, I have indeed learned that students at the elementary, middle and high school levels have no respect for themselves, their parents or guardians, teachers and any other authority figure.

They are extremely loud when talking in the hallways, classrooms and especially in the cafeteria (I wonder if it's because they seem to have devices in their ears listening to music or other things.)

I found that I was acting and talking like other former and current teachers, complaining with every substitute and teacher.

One morning in my early daily prayer I pondered what to do about the students that I encountered on a daily basis. I remembered that these were not my students that I see every school day. I really didn't know them on a personal basis.

Were some of them promoted to the next grade level without learning the material in the last grade level (social promotion) as it is called?

Did some of these students come to school hungry? Did all of them get a



Sister Tarpley after Morning Service at Lighthouse C.O.G.I.C. in Oak Cliff where prayer was requested for all school children in every school district.

good night's sleep? What is their environment like at home? Were any of them bullied before they came to school or their class?

Were any of them faced with a drug problem? What about their best friend? Do all of the students believe they have a best friend? Do they have anyone they believe they can confide in? A teacher, neighbor, counselor.

Are there alcoholics and/or drug addicts living in their home? Are any of them being mentally or sexually abused? Do they have to fight on the way to school, in school or on the way home?

There are so many unanswered questions. But,

I know a man that knows all of the answers. I know a man that cares about each and every student in all of the schools.

My responsibility and every Christian's responsibility is to pray for all children on a daily basis and ask Jesus to cover them, the facility, staff and their schools with His precious

blood for peace and calmness in the midst of their storm.

We need to ask God to open up their understanding in their classes to be the best child that they can be,

in school, at church and in their neighborhood.

Please help by doing your part and pray for all of our children; after all, they are our future.

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Thousands support Big D's fight against breast cancer at 31st Komen Dallas Race

More than 20,000 Dallasites braved the 40-degree weather on Saturday morning to celebrate Big D's fight against breast cancer. Honorary chair Pat Smith (wife of Cowboys legend Emmitt Smith) and Komen Dallas County executive director Jennifer Legere welcomed a pink sea of survivors, supporters and sponsors to the 31st Komen Dallas Race for the Cure at NorthPark Center.

Smith, who lost her mother to breast cancer 20 years ago, kicked off the

Race's 5K and the celebratory Survivors March, which was visibly the most moving and emotional highlight of the morning.

The first ever Susan G. Komen Race for the Cure was held in Dallas in 1983 with 800 runners—it is now Big D's largest breast cancer fundraiser. The Komen Dallas County event funds life-saving breast health services for residents in one of the nation's top uninsured counties along with cutting-edge research to find the cures.



Pat Smith, honorary race chair, and Jennifer Legere, executive director of Komen Dallas County, get ready to kick off the 31st Komen Dallas Race for the Cure.

In Dallas County:

- An estimated five families lose a loved one to breast cancer each week.
- An estimated four people are diagnosed with breast cancer each day.
- More than a third of women do not get an annual screening mammogram
- More than a quarter of residents do not have health insurance.

In the last five years alone, the Komen Dallas Race has helped fund \$9.4 million in no-cost breast health services for



Breast cancer survivors are celebrated at the 31st Komen Dallas Race for the Cure during the annual Survivors March. The Race funds lifesaving breast health services for uninsured Dallas County residents and national breast cancer research.

uninsured and underinsured residents and \$3 million in national breast cancer research.

Learn more about the Race and Komen Dallas County at www.komen-dallas.org.

8 Tips to help women take over the C-Suite

HOBOKEN, NJ - *Corporations who insist on maintaining a good ol' boy network are making (and keeping) themselves stupid.*

You're probably thinking that is an extremely inflammatory statement, especially considering many of those same organizations are amongst the most profitable in the world. But consider this: a 2011 *Harvard Business Review* study found that adding more

women to a group increased the collective intelligence of that group. Adding more men? No increase in intelligence.

What does this mean for women in today's business world? Well, Vickie Milazzo suggests, it's time for women to rescue the traditionally male-dominated business world from itself.

"There is a legendary story that as CEO of Hewlett-Packard, Carly Fiorina (now

former CEO of HP) stuffed her pants with socks for a male-dominated meeting," says Milazzo, author of the *New York Times* bestseller, *Wicked Success Is Inside Every Woman*.

"Her message was clear: 'I have everything it takes to compete.' Today, the need to play down femininity is a thing of the past. In fact, following the financial crisis, many felt that a Femron or



Lehman Sisters wouldn't have failed. And even some men say too much testosterone led us into the recession."

Milazzo argues that every corporation can benefit from a touch of estrogen and the feminine qualities associated with it. The almost constant changes to the way we communicate, interact, innovate, and do business are setting up an opportunity-filled future for women—no socks required!

"Women should absolutely take advantage of the changing tide," notes Milazzo. "No wickedly successful woman ever got anywhere waiting for her big chance to be given to her or for women to suddenly become as valued as men in the workplace. And that's not going to change anytime soon. However, it's also true that a growing appreciation for collaboration, participation, and rela-

See WOMEN, Page 11

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Yes, We Can?

BY WILLIAM E. SPRIGGS

Adults took over Washington, D.C., and now America can catch its breath after another manufactured crisis in our economy: 16 days of a federal shut-down that disrupted virtually every aspect of the economy, from small business loans to veterans' funerals. But, what now?

Clearly, Republicans hurt their brand, recklessly risking default on America's debt obligations they helped create with tax cuts for the rich. Republicans are now grappling with what to do with their tea party extremists whose obstinate behavior prolonged the crisis they set out to create. The American people have resoundingly rejected that sort of behavior of bargaining by ultimatum and taking the government and the American people hostage to their demands. Republicans must come to grips with having lost the presidential election and the national debate on their policy themes.

"Can President Obama stop selling trade agreements that boost corporate profits at the expense of American jobs and communities as the necessary sacrifice to corporations' health and instead focus on agreements that stop the global race to the bottom on wages, workers' safety and the environment?"

To show they can govern responsibly, they must now find how to offer constructive engagement in the national dialogue to gain compromise on the course of policies. Elections have consequences, one of which must be acceptance of the will of the American people to move in a different direction. Taking the course of passive resistance to refuse to do their work to pass budgets and pay America's bills is not acceptable.

But, having won this round, and in hopes Republicans understand their role

is to be a partner in governing, the president also has challenges ahead. He must continue to take on and point out the extremist nature of the tea party demands. The tea party has made clear it does not negotiate, it does not compromise. The president is not negotiator in chief; his job is not to yield our nation's fortunes to the whims of a vocal, and wrong, minority like the tea party. His job is to unite the 80 percent of us who do not have their extreme views.

First, the president needs to recognize that since 2010, he has paid too much attention to pleasing the tea party and its views and too little attention and focus on the real issues at hand. Five years since the financial markets collapsed, the economy is not well. The tea party believes, and the president has compromised to help them get their policy view implemented, that the problem is government. He froze the pay of federal workers and has reduced the size of the federal work-

vestment in the economy will soar and the economy will expand.

And the tea party is getting the economy shaped, according to their vision: corporate profits have soared during this recovery. They are higher and make a growing share of the economy while wages are a shrinking share. The stock market is operating at record levels for its indexes. The rich are getting richer. Their incomes continue to climb as their share of income reaches even higher levels.

But what has this austerity gotten us? We still have nearly 2 million fewer payroll jobs than in January 2008, and the share of Americans who are employed remains stuck at its 2010 level, more than 3 percentage points below its 2008 level. The median income of families is still lower than in 2008. The number of U.S. children in poverty is higher than in 2008. Our investment in our children's basic education, expenditure per pupil in kindergarten through high school, is near record lows. Families' number one debt after their mortgage is now loans to pay for college education to make up for the gap in investment we are failing to make in higher education.

This experiment with compromising with the tea party on its vision of what is hurting the economy is clearly failing. It isn't just that the tea party's tactics are wrong-it is that their policies take us nowhere. This isn't about compromising. It is about leadership and vision.

In 2008, President Barack Obama campaigned with the slogan, "Yes, We Can." To Americans convinced that George Bush had taken us in the wrong direction, it inspired a belief that we could transform from policies to serve the rich to policies that put America's families first. The American public bought into the idea that a

new metric would rule: America is doing well if America's families were doing well. We wouldn't measure the economy by the stock market index and the health of Wall Street; we would measure success by our children and their well-being.

The vision of the tea party is clear. This economy is doing well. If most Americans are not doing well, it is because they are lazy malcontents. Corporate profits are soaring, Wall Street is all smiles, the rich are getting richer so those who aren't on one of those trains have only themselves to blame. We just need to continue on the path we are on: smaller and smaller government. We had an election in 2012 when Mitt Romney got to deliver that vision-and he lost.

President Obama must return to leading. There needs to be a clear vision of where America is headed. There has to be clear acknowledgement that this path is failing us. His speech on Thursday did not do that. Cutting people off from food-as the tea party-led House did with its cuts to the Supplemental Nutrition Assistance Program that also would cut more than 200,000 children from reduced price school lunches-in service to helping shrink the government to make the world safer for corporate profits and tax-free lives for the rich is not measuring America's success by our children's well-being. Threatening the future of Social Security and Medicaid benefits for our children who currently have the lowest level of employment of any American generation, in jobs that pay poorly and provide no retirement benefits, in the name of smaller government and lower taxes for the rich is not a vision of a society that measures its success based on the well-being of its children.

Continuing to fight against funding for teachers



William E. Spriggs

to replace the hundreds of thousands lost to our children's classrooms, overcrowding their classrooms and cutting our investment in our children's education so the government can be smaller and the rich richer is not creating a society focused on the well-being of our children. Letting our infrastructure collapse, so our children will be faced with even higher bills to fix our roads, update our water and sewer systems and keep our ports operable, so the rich can pay fewer taxes, is not putting the welfare of our children first.

Can we use this moment to return to a vision where the American people get a government that works to create an economy that serves them, rather than a government that thinks the role of the people is to serve corporate profits? Can President Obama lead away from the destructive path we are on, stuck on tripling down on the tea party vision of even more deficit reduction? Can President Obama admit the economy is failing Main Street and set a new vision aimed at the security of America's families?

Can President Obama give voice to the concern of the unemployed who have

their benefits threatened when they are set to expire in December, so they are part of the crisis? Can President Obama heal the damage being done to our federal civil servants who continue with frozen pay and serve as cannon fodder for political games rather than the respected protectors of our safety and providers of our civil life? Can President Obama stop selling trade agreements that boost corporate profits at the expense of American jobs and communities as the necessary sacrifice to corporations' health and instead focus on agreements that stop the global race to the bottom on wages, workers' safety and the environment?

In 2008, then-Sen. Obama extolled us, "Yes, We Can." In 2013, let's hope he still believes in America's people enough to double down the bets on us. He needs to lead in uniting the 80 percent who want to believe that we just won back our government, so the government can serve us: "Can We?"

Follow Spriggs on Twitter: @WSpriggs.

Contact: Amaya Smith-Tune Acting Director, Media Outreach AFL-CIO 202-637-5142.

NDG Gossip: CeeLo Green accused of giving ecstasy drug to woman

BY SHENICE SANDERS,
NDG INTERN

The Voice, reality star CeeLo Green was charged on Monday with one felony count of furnishing a controlled substance, according to the *Los Angeles County District Attorney's Office*.

Green, "allegedly slipped ecstasy to a 33-year-old female while the two were dining at a downtown Los Angeles restaurant sometime between July 13 and July 14, 2012," according to a statement from the prosecutor. "The two later went back to the woman's hotel."

In documents obtained by *KABC*, the 34-year-old victim is referred to as "Anna M."



CeeLo Green

The district attorney's office concluded not to charge Green with rape

simply because there was insufficient evidence in the case.

Green's attorney issued a statement Monday afternoon saying she and Green were pleased with the prosecutor's conclusion "that the evidence did not support the false and unfounded claims made over a year ago."

Mr. Green encouraged a full and complete investigation of those claims and he was confident once conducted he would be cleared of having any wrongful intent and it would be established that any relations were consensual," attorney Blair Berk said. "CeeLo had faith that if the true facts were known the district attorney would reject those charges."

Green "will responsibly address" the drug charge in court, Berk said.

Green pleaded not guilty to the charges and the judge issue a 30,000 bond which Green took care of in just 24 hours.

Green, whose real name is Thomas DeCarlo Callaway is expected to appear back in court on November 20 and if found guilty can face up to 4 years in prison.



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VIOLENCE, continued from Page 5

torney and president of Junior League of Collin County. "This event allows our organization to provide resources to aid victims of abuse as well as the many professionals who provide aid to these individuals."

"The 11th Annual Facing Family Violence Conference" will feature an array of workshops and discussions to equip cross-discipline professionals in law enforcement and criminal justice, social work and professional counseling, healthcare, and faith-based organizations with essential tools for performing their roles with

family violence victims more effectively. Attorney Anne Potts Jackson will serve as a keynote speaker along with Mel-issa Moore, bestselling author of "Shattered Silence: The Untold Story of a Serial Killer's Daughter." Additional speakers include Dr. Susan Clark of Hopes Door; Jan Langbein of Genesis Women's Shelter; Theresa Little of Family Place; Attorney Donna Bloom of Denton County Friends of the Family and Attorney Jenna A. Carl of Catholic Charities of Dallas. Attendees will also have the opportunity to select from over 15 work-

shops that include "Parents in Fear of Their Children," "Maximizing Immigration Benefits for Survivors," "Fa-mily Violence and Military Families," and "Ha-nds are Not for Hitting." To view a complete list of plenary sessions, conference workshops and speakers, please visit <http://ccc-fv.org/events/ccc-fv-conference>.

"Our communities must take action to protect and support the hurting families in our neighborhoods," said de la Garza, "This conference will provide the necessary tools and resources for bringing

family violence and abuse to an end."

Registration for the 11th Annual Facing Family Violence Conference is \$175 and includes breakfast, plenary sessions, lunch and workshops and can be made online at <http://ccc-fv.org/events/ccc-fv-conference>. Continuing education credits are available including the Ethics Component. Nurses, counselors, and law enforcement may all earn credit through participation as well as ample opportunities for professional development, networking, and group problem solving.

SAFE, continued from Page 1

- Children should wear reflective tape on their costumes and carry flashlights or glow sticks when trick-or-treating during evening hours.

- Snap a photo of the child prior to heading out on Halloween night and upload it, along with an accurate, up-to-date description, to AlertID's My Family Wallet™ (located on AlertID's free mobile app). If the child goes missing, members may access the information on their smartphones and send it instantly to law enforcement when every moment counts.

Make sure that the photo includes a complete view of the child from head to toe.

- Only approach homes that are well-lit, both inside and out; instruct children never to enter a home without parental permission.

- Children should always trick-or-treat under the supervision of a trusted adult or teenager.

- Younger children should always be accompanied all the way to the door of the home when trick-or-treating.

- In the event they are grabbed by a stranger, instruct children to yell

"This person is trying to take me!" or "This is not my mother/father!" and to resist by pulling, walking, or running away.

- Stay in contact with your neighbors not only on Halloween night, but also throughout the year, by using AlertID's Secure Social Network. See something suspicious in the neighborhood while out trick-or-treating? Members may send an alert to the neighborhood on AlertID's Secure Social Network, or even instantly report it directly to the De-

partment of Homeland Security.

"Being aware of potential threats in our neighborhoods is crucial to helping families and communities protect themselves," said Keli Wilson, mom of three and founder, AlertID. "Our mission is to provide information and tools to help protect families and communities not just on Halloween, but every day."

To sign up for a free AlertID account, or for more information, please go to www.AlertID.com.

WOMEN, continued from Page 8

tionship-building have created a perfect storm for women who want to rise through the ranks."

Read on to learn what you can do to take over the C-Suite at your organization.

Don't act like a man. It's undeniable that the more masculine command-and-control way of doing business is on its way out. Increasingly, corporations are coming to value more feminine qualities including engagement, collaboration, and an appreciation for the greater good.

"Be yourself," Milazzo instructs. "No one (men and women included) wants to work with a bad imitation of a man. And no successful woman ever got anywhere waiting for women's equality in the workplace to 'happen.' Instead, use your innate qualities to shape and fuel your success."

Collaborate. Intelligent women know what they don't know and when to seek answers. Smart women appreciate that what works today won't necessarily work tomorrow, and that aggressive learning is a competitive advantage to achieving any desired goal, especially when that goal is to upset the accepted, male-dominated norms of the business world. A key element to aggressive learning is collaboration.

"I find that women excel at connecting and collaborating to solve problems," says Milazzo. "The success that comes from this process provides san-

ity, support and genius solutions. It's only when we come together and engage in conversation that we raise new questions and think of possibilities at a collective level we would not have considered on our own. Inside every woman is a natural collaborator. That's a wicked advantage we have as women, an intellectual edge we can leverage for using our genius at the highest possible level. When you collaborate, everyone involved benefits."

Be a smart networker. More than 60% of people find jobs through networking, and you can bet that most successful referrals didn't come from the bottom of their organizations' pecking orders. Successful people spend time with other successful people, not with novices and low performers—and they limit their exposure to individuals who are at a similar level.

Don't underprice yourself. Let's say you're in the running for a promotion and raise within your company, for example, or that you're in the process of negotiating your salary after receiving a job offer. *I'd better not ask for too much, you reason. This isn't what I was hoping for, but if I get too pushy I might be passed over for one of the other candidates. I should just be grateful to have made the cut.* Back up, says Milazzo—you're making a big mistake. Settle for less than you're worth and you'll lose credibility...and maybe even the opportunity.

"Many women mistakenly think they're doing their employers a favor by not pushing for more or that they'll be more appealing if they don't ask for what they're worth," she explains. "However, you should know that like many CEOs, when I'm hiring, I weed out candidates who underprice themselves because I assume they won't perform at the level I expect. When you ask for a certain salary, you're saying you can handle the responsibilities that come with it. And if you want to move up the corporate ladder, that's exactly the message you need to convey to avoid getting passed over when opportunities arise."

Put together a power team. It is highly unlikely that you'll be able to work your way into your organization's C-Suite without some guidance and advice from those who've been there and done that. And when it comes to seeking this kind of advice, the more the merrier.

Milazzo has always said she doesn't believe in having just one mentor or taking advice from just one person. Everyone you meet has the potential to be a mentor. The big advantage today is that a mentor doesn't have to be a physical person.

"I could not imagine running the company I have now without the extraordinary framework of staff, subcontractors, vendors and consultants who support it," says Mi-

lazzo. "They, the authors of the many books I've read, the numerous people I've seen interviewed, people who've attended my seminars, and people I've just ran into at the grocery store are all my mentors—they're my power team. When I have an open mind and let these people and their thoughts and views in, it helps my brain work better. It helps me see things with different eyes."

Bust out of the stereotypes of what a powerful woman looks like. Stereotypes of women leaders are numerous and contradictory. *Women leaders are overbearing. Women leaders hate men. Women leaders aren't tough enough. Women leaders are too tough. Women leaders aren't confident.* The list could go on and on. If you want to bust into the C-Suite, you've got to bust out of these stereotypes.

"A key step in not getting overshadowed by others' stereotypes of what a woman leader should look like is confidence," says Milazzo. "Don't underestimate yourself, and certainly don't do it in front of power players. Confidence is a prerequisite for moving up, and you should have plenty of it. Think about it this way: Women are masters of juggling numerous balls without dropping any of them. Adding professional growth to that list doesn't mean you'll be advancing into new territory; it simply means you'll be honing

a skill you're already more than proficient at."

Don't make mass assumptions about men. Just as you want to avoid stereotypes about women, you should check yourself before making stereotypes about men. Sure, some of the men you encounter on your path to the top may underestimate you or try to block your path. But many others will recognize what you bring to the table. It's up to you to do the same.

"Smart people, whether they're men or women, recognize when mutually beneficial relationships can be formed," notes Milazzo. "If you find that you work well with a man at your organization, don't second guess it. Don't distance yourself because you think he'll get a promotion over you. You'll do better work through that relationship and the same is true for him."

Don't be a commodity. Commodities are easy to obtain and easy to replace. And that's certainly not how you want to be perceived at your job. Instead, make your presence count in every meeting, brainstorm and project. That's

the only way you'll be seen as necessary and indispensable.

"Women in general, and mothers in particular, are good at putting others' needs and interests before their own," Milazzo points out. "They're also good at making sacrifices to keep the peace. Stop doing that, at least when you're on the clock. It's better to articulate a dissenting opinion than to ride on the back of everyone else's. At least people will know that you are thinking."

"Despite the changing times, good ol' boy networks are alive and well in many corporations across the country," says Milazzo. "As women, we shouldn't wait for these good ol' boy networks to let us in. We may have to push our way in, and that's fine. What's important to remember is that if you've made it far enough to tap on the glass ceiling blocking you from the C-Suite, you certainly possess the ability and intelligence to break through it."

Vickie L. Milazzo, RN, MSN, JD, is author of the New York Times bestseller Wicked Success Is Inside Every Woman (WickedSuccess.com).

OBAMACARE, continued from Page 3

Julius R. Scruggs, president, National Baptist Convention, USA, Inc.; the Rev. Al Sharpton, president, National Action Network; the Rev. Dr. Stephen Thurston, president, National Baptist Convention of America, Inc.; the Rev. Dr. C. T. Vivian, president, Southern Christian Leadership Conference.

The letter was released only hours after President Obama held a Rose Garden press conference deploring the embarrassing glitches that have slowed enrollment on the website, HealthCare.gov, while praising the benefits of the new plans for those who have successfully enrolled.

"...The problem has been that the website that's supposed to make it easy to apply for and purchase the insurance is not

working the way it should for everybody. And there's no sugarcoating it," Obama said. "The website has been too slow, people have been getting stuck during the application process. And I think it's fair to say that nobody is more frustrated by that than I am - precisely because the product is good."

For anyone experiencing problems or needing answers to questions, he announced the toll free number, 1-800-318-2596 for help. The President has also embraced the Republican-invented nickname for the Affordable Care Act. In a video, distributed by mass e-mail, he has pleaded for people to "Join Team Obamacare."

Meanwhile, amidst escalated criticism of the plan - mainly by Republicans - the

pastors and their associates bolstered their support.

"We, leaders of predominantly African American denominations and other faith leaders, who lead millions of African American people of faith, believe that our devotion to God requires us to be actively involved in promoting the well-being of all people," states the letter. "In some cases, we can best accomplish that objective by executing clearly defined, focused collaborative efforts amongst denominations and other faith based groups. We believe in those cases we can accomplish more together than we can separately. The issue of providing all Americans with access to quality health care is

one of those issues."

The letter lists their specific commitments, including to "Facilitate the critical enrollment numbers necessary to ensure the success of the Affordable Care Act" and "Seek other opportunities to work towards improving the health status of our constituencies" such as "Health and Wellness Sundays which will include thematic preaching on specified Sundays along with other related activities."

They appealed for other pastors to sign onto the letter and the commitment: "We call on all others of like minds and empathetic hearts to join in this public affirmation by affixing your names to this historic document."

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Personal Views: Texas Black Folk Artists at African American Museum, 3536 Grand Ave.; 214-565-9026

Every Monday

Citizenship Classes at Irving Central Public Library

Each participant will be assisted to fill out the naturalization application. Free assistance from immigration attorneys. you do not need to know English to participate. Each Monday from 6 to 8 p.m. at 801 W. Irving Blvd

Every Tuesday

Dallas Comedy House Open Mic at 2645 Commerce St; 214-741-4448

Through October 26

Daddy's Dyin Who Got the Will? at Granville Arts Center, 972-205-2790

Through October 27

Fright Fest at Six Flag Over Texas, <http://www.sixflags.com/overTexas/>

Young Frankenstein at Music Theater of Denton, <http://www.musictheatreof-denton.com/>

Black At The Assassination by Camika Spencer & Kyn-dal Robertson is a TeCo Theatrical Productions at the Bishop Arts Theatre Center www.te-cotheater.org

Through January 1

Color! American Photography Transformed at Amon Carter Museum, www.cartermuseum.org/

Through January 5

Mexico: Inside Out at Modern Art Museum. <http://he-modern.org/>

October 24-27

Murder in the Hair at Plaza Theatre, 2 p.m. 972-977-7710

Dallas Zoo: Halloween Nights, <http://www.dallas-zoo.com/event/halloween-nights-5/2013-10-24>

October 25

Chillin' Train of Horror in Grapevine

October 25-26

Fall Texas Food Truckin' Fest at Rangers Ballpark, <http://www.experiencearlington.org>

October 25-27

Gypsy Tramps Junk Revival at 621 E. Pearl Street, 817-326-4427

Boo at the Zoo at Fort Worth Zoo, <http://www.fortworth-zoo.org>

Red Steagall Cowboy Gathering at Historic Stockyards, <http://www.redsteagallcowboygathering.com/>

October 26

Oak Cliff Cultural Center Celebrates Dia de los Muertos/Day of the Dead at Oak Cliff Cultural Center from 4-6 p.m. [https:// www.eventbrite.com/event/8600830315](https://www.eventbrite.com/event/8600830315)

5th Annual Bowl-A-Thon at Plano Super Bowl, 2525 Avenue K in Plano, 1-4 p.m. <http://www.familyoutreachntx.org/>

Harambee in Dallas at The Martin Luther King Community Center, 2922 Martin Luther King, Jr. Blvd, 10 a.m.- 6 p.m. 214-670-8418

Second Annual Plano Diwali Gala at 6508 K. Avenue, in Plano, 2-11 p.m. <http://www.planodiwali.com/>

Zumba for the Cure at The Colony Recreation Center in The Colony, 3-12 p.m. 817-714-4880

International Ballet Theater Presents Inaugural Performance at Majestic Theatre, 1925 Elm Street in Dallas, 8 p.m. 214-880-0202

Teatro Dallas - Santos: A Wandering Soul at Teatro Dallas, 1331 Record Crossing Road, 8 p.m. 214-689-6492

Lov Jonz Spoken Word and Jazz at Marshall Arts Meeting Room in Duncanville, 8:30 p.m. 972-704-5001

Power Walk for Peace – CHETNA at Thomas Jefferson Park, 1100 Meadow Creek Drive in Irving, 9 a.m. <http://chetna-dfw.org/>

Be Covered Care Fair at Dallas Convention Center, 650 South Griffin Street in Dallas, 9 a.m.-3 p.m. <http://becoveredtexas.org/en/resources/event/s/event/103-be-covered-texas-care-fair-dallas.html>

Festival of Pumpkins at Downtown Paris on the Square, <http://www.paris-texas.gov>

Texas Country Reporter Festival at Historic Downtown Waxahachie, 972-937-2390

Hoot 'n Howl at North Richland Hills, [http://www.nrhtx.com/Calendar.aspx?EID=1622&mo](http://www.nrhtx.com/Calendar.aspx?EID=1622&month=10&year=2013&day=1&calType=0)

[nth=10&year=2013&day=1&calType=0](http://www.nrhtx.com/Calendar.aspx?EID=1622&month=10&year=2013&day=1&calType=0)

October 27

Harambee Festival at Martin Luther King Community Center: 2922 Martin Luther King Blvd, 10 a.m.- 7 p.m. <http://www.harambeedallas.org/>

Art + Couture : Charity Fashion Show benefiting India Education Fund at 13111 N. Central Expwy, 2 p.m. <http://tribedesi.com/SilkThreads/>

October 30

Mountain View College Fall Hiring Event/ Job Fair from 9:30 a.m. to 12:30 p.m.at 4849 West Illinois Ave. in Dallas in the Gymnasium

November 14

Letters to Jackie: Remembering President Kennedy at The AT&T Performing Arts Center, 7:30 p.m. <http://www.attpac.org/on-sale/2013/letters-to-jackie/>

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HHS hosting contractor info meeting in November

The Housing and Human Services (HHS) Department will host an informational meeting for contractors wishing to participate in the Home Restoration programs at 10 a.m. on Nov. 13 at City Hall, 825 W. Irving Blvd. in the first floor Council Conference Room.

The HHS staff will be available to answer questions and accept applications. Home Depot representatives will discuss discounted products. For more information, visit cityofirving.org. Contact Ashley Miller at 972-721-4961 to reserve seat.



OBAMACARE, continued from Page 6

- Visits to area schools
- Community service projects and events with local sports franchises
- Visits with local veterans

Since 2005, the Navy Week program has served as the Navy's signature outreach effort into areas of the country which do not have a significant Navy presence, with 148 Navy Weeks being held in 62 different U.S. cities.

"Navy Weeks are designed to help Americans understand that their Navy protects and defends America on the world's oceans, that their Navy is deployed around the world around the clock, and is ready to defend America at all times," said Cmdr. Kim Marks, Director of the Navy Office of Community Outreach, which plans and executes the Navy Week program. "Because the Navy is concentrated primarily on both coasts, we're challenged to communicate our mission away

from fleet concentration areas. That's where the Navy Week program comes in."

Navy Weeks focus a variety of outreach assets, equipment and personnel on a single city for a weeklong series of engagements with key influencers and organizations representing all sectors of the market. During a Navy Week, 75-100 outreach events are coordinated with corporate, civic, government, education, media, veterans, community service and diversity organizations in the city.

The Navy Week program returns following a year in which sequestration and its impact on outreach spending forced the program to be suspended. Pentagon officials announced a plan Oct. 18 that enables the military services to resume conducting community and public outreach activities in 2014, albeit at a significantly reduced capacity.

"Community and public outreach is a crucial Depart-

mental activity that reinforces trust and confidence in the United States Military and in its most important asset - people," Defense Secretary Chuck Hagel said in an internal memorandum to service chiefs and other military leaders. "These proactive engagements showcase our superior combat power, demonstrate readiness to defend the nation, and help to preserve the all-volunteer force."

Other cities selected to host a 2014 Navy Week include: St. Louis; Pittsburgh; Omaha, Neb.; Mobile, Ala.; and Baltimore.

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October 2013

For those in need and live in the 75074 and 75075 Zip Codes area, CALL TODAY about Avenue F Family Health Center's (AFFHC) Community Clinic. You can also set an appointment at 214-380-9713. Read this information on the following websites: www.affhc.org and/or www.avefchurchofchrist.org

Mondays – Fridays

Call 972-423-8833 for AFFECT, Inc. or email: AFFECT-TxInc@aol.com for counseling services, resources and assistance for job readiness and training programs for individuals.

October 27, 8 a.m.

Join us in Early Morning Worship Service; stay for Bible Classes at 9:30 a.m. and for our regular Morning Worship at 10:45 a.m.

October 23, 10:30 a.m.

You're invited to our Wednesday Morning Bible Study and/or our 7 p.m. Evening Bible Study to learn more about God and His word for your life.
Brother Ramon Hodridge,
Minister of Education
1026 Avenue F
Plano, TX 75074
972-423-8833
www.avefchurchofchrist.org

**BIBLE WAY
COMMUNITY
BAPTIST CHURCH**

October 27, 8 a.m.

You're invited to our Morning

Worship Service as we praise God for all of His blessings.

Dr. Timothy Wilbert, Sr.
Senior Pastor
4215 N. Greenview Drive
Irving, TX 75062
972-257-3766
www.biblewayirving.org

**CHRIST COMMUNITY
CHURCH
IN RICHARDSON**

October 27, 8:45 or 11 a.m.

Join us in one or both of our Worship Services as we honor and praise God for His many blessings.

Dr. Terrence Autry,
Senior Pastor
George Bush Fwy at
Jupiter Road on the
Garland/Richardson Border
972-991-0200
www.followpeace.org

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October 2013

For those in need visit Helen's House Tuesdays and Fridays (exceptions are bad weather and holidays) to receive, to give, to comfort and to fellowship.

Pastor Minnie
Hawthorne-Ewing
635 W. Campbell Road
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Richardson, TX 75080
972-480-0200

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TheShip3C's Prayer Lines for those that are in need are 972-649-0566 and 972-649-0567 or they may be submitted via email to: prayerline@the-ship3c.org

For Community help the Assistance Center serves Collin County by responding to people in crisis for emergency shelter, clothing, food, and access to medicine and medical services for county residents. Call the church or Allen's City Hall for details.

**October 27, 8 a.m.
And 9:30 a.m.**

Join us for one or both of our Worship Services as we praise God for the victories in our lives. Come and grow with us.

October 30, 7 p.m.
You're invited to join us for Wednesday Night Live in the Joycie Turner Fellowship Hall on Belmont Drive, with old school prayer and testimony. Also, come to our Corporate Prayer and our Kidz Zone (an environment to equip children to grow and to show God's love.)
Dr. W. L. Stafford, Sr., Ed.D.
Senior Pastor
1550 Edelweiss Drive
In Allen for Sunday
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Admin. Building Address
Is 200 W. Belmont Drive
Allen, TX 75013
972-359-9956
www.theship3c.org

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October 24-25, 7:30 p.m.**

You are invited to Vision Summit 2013, theme: When the Kingdom is United, Isaiah 2:2-5. Speaker, Dr. Martin Williams, Ambassadors Worship Center, in Omaha, Nebraska. Music by Karen Taylor in Dallas and Of One Accord in Frisco, Texas. Topics are Church, Family, Government, Arts & Entertainment, Media, Education and Economics.
Pastor Sam Fenceroy
Senior Pastor
300 Chisholm Place
Plano, TX 75075
972-633-5511

SHILOH MBC IN PLANO

**October 27,
8 a.m. and 11 a.m.**

Join us for one or both of our Worship Services as we praise and honor God. After each service ministers and deacons are available to meet with you for prayer or questions.

**Through November 4,
7-8 p.m.**

You're invited to our Health & Fitness Ministry Camp 101. Classes will meet weekly on Mondays & Wednesdays, call the church for details.

Dr. Isaiah Joshua, Jr.
Senior Pastor
920 E. 14th Street
Plano, TX 75074
972-423-6695
www.smbcplano.org

**THE INSPIRING BODY
OF CHRIST CHURCH**

October 25, 7:30 p.m.

Join us at our Men's Fellowship each Friday as we praise and worship God.

October 27, 7:30 a.m.

You're invited to join us as we worship, honor and magnify God's Holy name.

October 28, 7 p.m.

Come to Monday School as we study the Word of God. We will worship Him and praise His Holy name.

Pastor Rickie Rush
7701 S Westmoreland Road
Dallas, TX 75237
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OF GOD IN CHRIST**

Early Prayer, 5 a.m.

Join us in prayer early in the morning at 5 a.m. on Monday – Thursday at 1-661-673-8600, Code # 142219 and please put your phone on mute. God will meet you and prayer does change people, things and situations.

Dr. Gregory E. Voss,
Senior Pastor
2765 Trinity Mills Road
Building 300
Carrollton, TX 75006
214-514-9147

ROAD, continued from Page 6

rhetoric; that it needs to address the issues Americans care about most; that to avoid failure all the key players need to be at the table; and that they need the fortitude not to walk away from talks when things are going poorly.

Years ago, key players in serious negotiations went out to Andrews Air Force Base outside Washington, and were confined to the compound until they came to a resolution. We need legislators who are willing to roll up their sleeves and commit that fully to the process.

Because in our system, power never evaporates, it just flows elsewhere. So when Congress doesn't perform, it cedes power to others.

By its inaction, Congress has given power to the President, who can use executive actions to enact policy. It has strengthened the federal bureaucracy by leaving regula-

tory decisions to federal agencies with very little direction or oversight. It has given massive economic power to the Federal Reserve, since someone has to promote economic growth in the face of congressional failure to deal with our fiscal issues. And it has allowed the Supreme Court to become the central policy-making body on controversial issues from campaign finance to affirmative action to environmental regulation.

"Any society that relies on nine unelected judges to resolve the most serious issues of the day is not a functioning democracy," Justice Anthony Kennedy said in a recent speech. I'm sorry to say that he's talking about us.


Lee Hamilton is Director of the Center on Congress at Indiana University. He was a member of the U.S. House of Representatives for 34 years.

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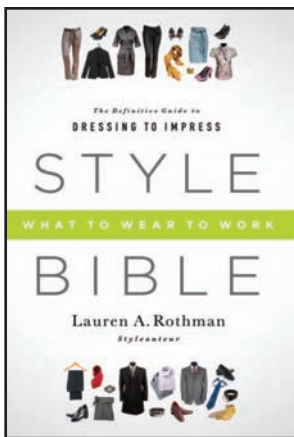
Nobody at work dresses like you do... for a reason.

In the new book "Style Bible" by Lauren A. Rothman, you'll learn how your workplace wardrobe may be holding your career hostage.

One of the first important decisions you faced this morning was made when you rifled through your closet and got dressed. But what do the clothes you wear to work say about you? Do they tell the world you're put-together or slapped-together? Professional or probationary? Well-regarded or well-worn?

That's important to know, since first impressions are "formed in less than five seconds," says Rothman. That's about how long it takes for "an eye roll," which is not desirable when

"Style Bible: What to Wear to Work"



you're trying to impress a prospective employer or client. The good news is, you can look great at any stage of your career without busting the budget.

To begin, identify your personal style. That's the "most challenging" thing,

says Rothman, but understanding is necessary so you know where to start. Also, know the dress code for your workplace, which may vary from industry to industry.

For the professional woman, there are seven "basics" you'll need to have, whether you purchase them or shop your closet: "the third piece," suits, pants, skirts, tops, dresses, and coats. Look for a good fit, some trendiness without faddishness, a good length and good coverage, and accessories that "make" the outfit.

Basics for men are a little easier: shirts, pants, suiting, and outerwear, including sweaters. Don't be

afraid to go with a little color here, advises Rothman. Do be aware of wearing the wrong item in any of these categories. And if you have a closet full of pleated pants, "run home and throw them out."

Know office-fashion dos and don'ts. Watch how you accessorize. Don't forget skin care and hygiene. Use a full-length mirror before you leave the house. Watch for "skin belts," peek-a-boo underwear, and cleavage. And remember: "just because it zips doesn't mean it fits."

When I first picked up "Style Bible," I figured it was just for college grads and workplace newbies. Otherwise, who doesn't un-

derstand how to dress for success?

Then I started to think of all the Style Don'ts I know, and that made me a new convert to this book. Indeed, author Lauren A. Rothman makes it pretty simple to get your style on without making too many errors. She offers advice from the POV of an expert, but she keeps it light without beating readers over the head with mandates.

This book may not be the cure-all that some professionals could need, but it's a great start. If you're stymied by style or have no real feel for fashion, "Style Bible" will suit you just fine.

PARKER, continued from Page 2

the 100 Black Men of America for creating and continuing these events to recognize outstanding women of color business owners and their success," said Denise Evans, IBM Vice President, Market Development. She added "According to the Census Bureau's Survey of Business Owners, the 157,000 women of color owned employer companies generated more than \$122 billion in 2007 revenues and Latino owned companies are the fastest growing, in number, of all businesses. IBM Market Development wants to ensure women of color business owners understand how to leverage

information technology to accelerate the growth and success of their businesses. We congratulate the honorees of this event!"

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- Jennifer Collins, CMP, The Event Planning Group

- Valarie Dock, Bolana Enterprise Inc.
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orees and stand ready to support the logistical needs of women-owned businesses globally," said Nicole Clifton, Vice President, UPS Public Affairs.

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