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# A living wage is an equal voice

By Luz Vega-Marquis

Take a look at your bills: What do you pay for food, housing, clothing, health care, utilities and transportation? How much would it take for your family to just get by? Could you make it on \$15,000 a



would your family have to do without to make ends

What exactly does it take to make it in Amer-

The working poor are not fundamentally different, nor do they practice

year? \$21,000? What some kind of magical math that allows them to support their families on wages that would sink your own.

> This year, President Obama called for a raise in the federal minimum wage from \$7.25 to \$9 an hour.

> > See WAGE, Page 6

# **Does Your Face Reveal Your True Feelings?**

Social science experts agree -- much of what we "say" is never actually spoken.

"Facial expressions and other body language account for more than half of our communication," says Adam J. Scheiner, M.D., www.adamscheinermd.co m, an international Oculoplastic surgeon who's been



featured on "The Dr. Oz Show" and "The Doctors."

"When we look at someone, especially when we're meeting for the first time, we quickly scan the eye and mouth areas of the other person's face to make some quick judgments: Are they friendly or a potential threat? Are they trustworthy? We form first impressions within 7 seconds of meeting."

Those first impressions can become misleading due to the normal aging process and damage caused by stress, diet and environmental factors, particularly sun exposure.

"I call them the three D's

**See FACE, Page 13** 

# White House issues a report on the impact of raising the minimum wage for women

"Most people who would get a raise if we raise the minimum wage are not teenagers on their first job - their average age is 35. A majority of lower-wage jobs are held by women. These Americans are working full-time, often supporting families, and if the minimum wage had kept

pace with our economy's productivity, they'd already be earning well over \$10 an hour today. Instead, it's stuck at \$7.25. Every time Congress refuses to raise it, it loses value because the cost of living goes higher, minimum wage stays the same."

- President Obama, Re-

marks at Central Connecticut State University, March 5, 2014

Over the past 30 years, modest minimum wage increases have not kept pace with the rising costs of basic necessities for working families. No one who

See WOMEN, Page 13



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# **HIPPY** celebrates 25 years in N. Texas



Eddie Haymer of Irving with his son take a pause while enjoying a recent event in support of HIPPY.

See HIPPY, Page 9



Will the real Olivia Pope please stand

See Will the real, Page 10

# **Democrats** can be racists too

By Raynard Jackson NNPA Columnist

Two weeks ago, Congressman Paul Ryan (R-Wis.) set off a firestorm of controversy by saying on the syndicated radio talk show of Bill Bennett: "...we have got this tailspin of culture in our inner cities, in particular, of men not working and just generations of men not even thinking about working or learning the value and the culture of work;

ture problem here that has

versy about Ryan is a bunch of garbage. People need to be much more judicious in labeling someone as a "racist." It is a very damning term that should only be used under the most extreme of circumstances.

What Ryan said was stupid, but not racist. In

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# People In The News...





**Cheryl Pearson-McNeil** 



**Mary Hinton** 

In January nearly 30,000 visited NorthDallasGazette.com - news added daily!

and so there's a real cul-

to be dealt with..." This made up contro-

the 80s, Jesse Jackson re-

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People in the News www.NorthDallasGazette.com

# **JJ Smith**

Best-selling author, nutritionist and certified weight loss expert JJ Smith releases her much anticipated book, The 10-Day Green Smoothie Cleanse - an easy-to-follow plan that will jump-start your weight loss, increase your energy level, clear your mind, and improve your overall health. With each beverage comprised of supernutrients from leafy greens and fruits, green smoothies are filling, healthy and a joy to drink. In the book, JJ provides readers with a shopping list, recipes, detailed instruc-

tions for the 10-day cleanse, suggestions for getting the best results, and advice on how to continue to lose weight and maintain good health after the cleanse."I created the 10-Day Green Smoothie Cleanse after learning how raw greens can heal the body. I was already an advocate of detoxing, so I knew I needed to rid my body of excess waste and toxins that had accumulated as a result of my bout with mercury poisoning that had left me bedridden for two months," says author JJ Smith.



After developing the 10-day cleanse, JJ created a Facebook group (http://ow.ly-

/uoKt8) and enlisted 100 family members and friends to join her on her journey

back to health. Because the results were so phenomenal, in just a few weeks, over 10,000 people joined the Facebook group and decided to do the cleanse with JJ. In just ten days, folks were losing ten to fifteen pounds, getting energized, reversing health conditions, and feeling better than they had in years.

JJ says, "Through the Facebook group, which has grown to over 15,000 people in 2 months, I realized there were thousands of other people who were craving a simple solution to cleanse their systems, lessen cravings for unhealthy foods and lose

weight. This book was a labor of love written just for them."

Those who successfully complete the 10-Day Green Smoothie Cleanse as outlined in the book will:

- Lose 10–15 pounds in 10 days
- Get rid of stubborn body fat, including belly fat
- Drop pounds and inches fast, without grueling work-
- Learn to live a healthier lifestyle of detoxing and healthy eating
- Help the body naturally crave healthy foods so they never have to diet again

See SMITH, Page 4

# **Cheryl Pearson-McNeil**

Nielsen, a leading global provider of information and insights into what consumers watch and buy, announces the expanded roles of Cheryl Pearson-McNeil to Senior Vice President, U.S. Strategic Community Alliances and Consumer Engagement, and Don Lowery to Senior Vice President, Government Affairs, effective immediately. Both teams are part of Nielsen's External Affairs group.

"I am pleased to announce Cheryl and Don's expanded roles," said Karen Kornbluh, Executive Vice President External Affairs. Elevating our presence and enhancing our reputation and influencer relationships with multicultural communities and government officials is vital to our growth and our ability to effectively serve our diverse clients and their needs."

Pearson-McNeil will be responsible for increasing Nielsen's brand awareness among multicultural nonprofit organizations, leaders and consumers, thereby elevating their understanding of Nielsen's measurement services to assist in improving the overall probability of

their inclusion in Nielsen□s panels, studies and surveys. Pearson-McNeil will also oversee the company's philanthropic relationships and sponsorships with multicultural organizations across the U.S. She will continue to lead Nielsen's multicultural advertising and communications strategies, including public relations, media relations and Lowery will continue to serve as Nielsen's main envoy to Washington D.C., representing the company in front of a variety of governmental and regulatory bodies on relevant federal, state and local government issues. He will engage with

public officials who have an interest in Nielsen's activities and monitor legislative actions carried out by these interested parties.

Both Pearson-McNeil and Lowery joined Nielsen in 2004. Pearson-McNeil developed the company saward-winning annual State of the African-American Consumer report and previously served as Senior Vice President, Public Affairs and Government Relations, and Senior Vice President, Communications, of the company's Consumer North America group. Before joining Nielsen, she was Director

**See PEARSON-MCNEIL, Page 12** 



# **Mary Hinton**

Mary Hinton was selected as the 15th president of the College of Saint Benedict. Hinton, who currently serves as the vice president for academic affairs at Mount Saint Mary College in Newburgh, NY, will take office on June 15, 2014.

She succeeds MaryAnn Baenninger, who announced in October 2013 that she would step down in June 2014, after serving 10 years as president of the college.

The appointment was made after a unanimous vote by the College of Saint Benedict Board of Trustees and was announced by Lynn Newman, chair of the CSB Board of Trustees and a co-chair of the CSB Presidential Search Committee.

"The CSB Board of Trustees was impressed with Dr. Hinton's breadth and depth of experience as a scholar and senior-level administrator in higher education," Newman said. "Her commitment to residential, liberal arts education is evident, and her passion for the advancement of women and her belief in our Benedictine values align well with the CSB mission. We are confident that she will be an outstanding president of

"I am humbled by the op-

portunity to lead an institution with such a powerful liberal arts tradition that is grounded in the Benedictine values of the founding order," Hinton said. "CSB was built by strong and courageous women who knew the value of educating

See HINTON, Page 6



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# **Obama worse than Bush on SBA loans**

George E. Curry NNPA Columnist

When I interviewed Marie Johns, then the outgoing deputy secretary of the Small Business Administration, a year ago, she said the SBA does not separate figures by race, though it hopes to do so at some point.

Technically, she was correct in saying the SBA does not separate agencywide figures by race. But the SBA's 8 (a) program figures can be broken down by race and that's where she was being disingenuous. I specifically asked her twice about the status of Black businesses under Obama and twice she was less than forthcoming.

Now, I know why: The Obama administration's record of guaranteeing loans to Black businesses is worse than it was under George W. Bush.

Yes, that was documented recently by the Wall Street Journal in its analysis of data for the fiscal year that ended Sept. 30. "Black borrowers received 1.7 percent of the \$23.09 billion in total SBA loans. The percentage is down sharply from 8.2 percent of overall SBA loan volume in fiscal 2008. By number of loans, black-owned small businesses got 2.3 percent of the federal agency's roughly 54,000 loans last year, down from 11 percent in 2008," the newspaper reported.

Major banks are encouraged to make SBA loans to small businesses for up to \$5 million, with the federal agency agreeing to cover as much as 85 percent of any loss.

Financial institutions share responsibility for the drop in loans to African Americans.

According to the Wall Street Journal, Bank of America made 1,400 SBA loans in fiscal 2007. For the latest fiscal year, however, that figure fell to just 247 borrowers. But the total loan amounts remain relatively unchanged, reaching \$40.2 million in 2007 to \$40.7 million for the last fiscal

vear.

That's part of a larger trend by banks coming out of a recession to favor larger deals over smaller ones. According to the SBA, their average loan is \$426,796, more than double the average of \$192,919 in 2005. That's problematic for African Americans because 80 percent of the loans to fund Black business are for \$150,000 or less

The housing market decline has also had an adverse impact on African Americans.

Of course, everyone acknowledges that the Great Recession was a drag on business, both big and small. Other ethnic groups had a hard time obtaining business loans in a depressed economy, but they are recovering at a faster rate than Blacks.

"This is the fallout from the recession and housing bust," J. Patrick Kelley, a deputy associate administrator

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# RACISTS, continued from Page 1

ferred to New York City as "Hymietown." Like Ryan, it was stupid but doesn't make Jackson anti-Semitic. Professional athletes using the word fa\*\*ot in the locker room doesn't necessarily make them homophobic, but it may be stupid to use in today's PC climate.

We, who are in public life or have a media platform, all say stupid things at some point in our lives. But our lives should not be destroyed by the mistakes we make. Rather, our lives should be affirmed by the totality of the contributions we make to society. By this standard, Ryan is definitely a good guy.

Not surprisingly, members of the Congressional Black Caucus (CBC) sharply criticized Ryan. Strangely, they never direct similar anger at President Obama, even after he for willfully disrespected them and ignored them for five years and counting. Republicans are constantly accused of ignoring the Black community because they are racists. So does that also make Obama a racist? Just asking.

U.S. Rep. Barbara Lee (D-Calif.), former head of the CBC, called Ryan's comments a "thinly veiled racial attack." House Minority Leader, Nancy Pelosi's (D-Calif.) spokesman called his remarks "shameful and wrong."

If you only go by the media coverage, a person can only be a racist if they are a White Republican. So, allow me to give you a little Demo-

cratic history.

During the Democratic primary of 2008, our "real" first Black president, Bill Clinton had this to say about Obama's campaign, "Give me a break. This whole thing is the biggest fairy tale I've ever seen." The response from the CBC and white Democrats? Crickets! Nothing. Laryngitis.

The morning after Obama's 28-point blowout of Hillary in South Carolina, Bill Clinton called Obama another Jesse Jackson (meant in a negative way). Of course, who could forget Bill Clinton's Sista Soulja moment from the 1992 campaign? Again, Crickets! Nothing. Laryngitis.

I could go on forever with examples of Democrats doing the same thing that Ryan is accused of, but you get the point.

There is also the issue of what I call "White Republicanitis." I have warned Ryan about this issue, but he didn't get it. Bob Woodson, founder and president of the Center for Neighborhood Enterprise, has been taking Ryan all across the country to meet with inner city Blacks to discuss possible policy solutions to deal with some of the issues they deem important.

Ryan refused to do any media surrounding this personal initiative with him and Woodson because he's doing it because he cares, not because he wants media attention." Paul, they are not mutually exclusive; it's not either

or, but both and.

This is what I call "white Republicanitis:" doing the right thing but in the wrong way. If Ryan had followed my counsel, then he would have some goodwill in the bank to draw down from during his moment of crises.

I have done several media interviews about this Ryan flap and in every instance the comment was made that maybe Ryan needs to go into the Black community and talk with a few Blacks before he opens his mouth. When shared with I interviewer/host what Woodson was doing with Ryan, they all indicated that they had no knowledge of this. Most looked shocked, as though they couldn't reconcile the idea of a White Republican going into the Black community because that is the antithesis of their view of a Republican.

Maybe now Ryan will start engaging with the Black media.

But, it's not just Ryan. I have had similar conversations with the House and Senate leadership about this same issue to no avail.

As far as this feigned outrage from members of the CBC and Pelosi, weak people take strong positions on weak issues.

Raynard Jackson is president & CEO of Raynard Jackson & Associates, LLC., a Washington, D.C.-based public relations/government affairs firm. He can be reached through his Web site, www.raynardjackson.com. You can also follow him on Twitter at raynard1223.

# Motivate yourself to fitness

by Valecia Weeks Special to the NNPA from the *Houston Forward Times* 

Okay, the holidays are over and it's time to get back on our feet and get going. Summer vacation will be here soon and, ladies, you know we want to look good in our summer attire. It's time to get our body talking, like Olivia Newton John would put it.

Making time to even become motivated to become physically active can be an extremely daunting task...one that can be so unnatural that it becomes a chore. In several cases lack of preparation is the number one cause of not starting an exercise program.



Let's take a look at a few things that we as divas can do to get motivated to start our personal fitness regime: Set Goals – I'm sure this is something that you heard from your mother. Well, ladies, she was right. If you fail to plan; you plan

to fail. It is important that you set a standard for yourself. If you don't, you will be just floating like a leaf in a tornado wind...not knowing where you will end end up

Make a Fitness Plan-start by making notes (even small ones) of any changes that you desire to make. Prioritize them according to importance to you. For example, you may want to get to the gym 3 times a week instead of 3 times a year. You may want to eat a nutritious breakfast bar instead of the 1500 calorie breakfast that you've eaten for the last 10 years. You may want to start having massages once a month to help move the toxins out of your muscles

once you've worked those muscles out. Whatever your plans are...WRITE THEM DOWN!

Buy a New Outfit-Now, girl-friend, you know when we look good, we what!? You got it...we feel good. Buy that new outfit in the size that you would like to be (now, be realistic with yourself). Hang it in the bathroom where you see it every time you get dressed. Set a goal of losing 1 pound per week and figure out where you would like to be in a certain amount of time to be able to fit into that outfit.

Play Your Favorite Music-"play that funky music" find music that

# See MOTIVATE, Page 8

# FACE, continued from Page 1

of aging: Our skin begins to deteriorate; our faces deflate, making them narrower and wrinkled; and our eyelids and face descend, causing drooping and sagging," Scheiner says. "All of these can affect what our face communicates to those around us."

It's bad enough to communicate something you don't really feel, he says. It's worse when people react to that communication so often, such as saying, "You look so tired," that you actually begin to believe you are tired, he says.

He shares the three common "miscommunications": "People say I look tired

when I'm not."

As we age, our eyelids can begin to droop and look heavy, Scheiner says. The lower eyelid region often develops fullness below the lower lashes due to changes in the fat around the eye and changes in the facial fat of the surrounding cheek region.

A lower eyelid height, heaviness of the upper or lower eyelid, or an eyebrow falling into the upper eyelid space can also occur. Whatever the cause, having baggy, puffy eyes can make a person look tired, sleepy, old or sick.

"People avoid me because they say I look stern,

even angry. I'm neither!"

Whether through genetics or aging, eyebrows may lack or lose the arc that opens up the eye area and the entire face. A fairly straight eyebrow can convey a closed, unapproachable personality.

"People think I'm sick or have no energy."

The brain expects to see a smooth curve from the temple to the cheek through the jawline to the chin. Any break in the curve is read as a lack of vibrancy.

Normal facial aging causes loss of youthful fullness due to facial fat changes. This can cause a break in the curve that translates as a lack of vibrancy. In addition, poorly injected facial fillers can

cause unnatural results.

Cosmetic procedures shouldn't aim to turn you into something you're not, Scheiner says.

"For rejuvenation, you simply want your face to communicate how you really feel inside. When you accomplish that, it's so natural, people will say, 'Wow, you look great!' But they won't be able to put their finger on why."

Adam J. Scheiner, M.D. is world-renowned in laser

eyelid and facial plastic surgery for his groundbreaking treatment for Festoons. He wrote the medical text on the condition and treated two complex causes of Festoons for the Dr. Oz and The Doctors TV shows.

# Mrs. Thelma Franklin celebrating 100 years of life and still going

By Carrenza Thurmond

My oh my how fast time does fly. It may seem as if it was only yesterday that

the birth of Mrs. Thelma Franklin was announced. Grandson Willie C. Cochran, pastor of the South Dallas Faith Based Outreach Ministry Church, thought that it was a good time to give thanks for his grandmother's marvelous life of 100 years.

Just to think when one was in grade school it was a big thing to be able to count to 100, but for Mrs Franklin it was just

a good living and the trust in God. Mrs. Franklin however, was born in May 14, 1914 to the parents of Mr. Richard and Amanda Smith of Shreveport, La.

Thelma herself had seven children and

only two are living today. They are Ms. Virginia Perry and Mrs. Mercile Duncan. Mrs. Franklin was the 13th out of 15 children, and is the only living sibling of

**33**7.

We were told that she attends church at the Turning Point Ministry Church of Dallas,Texas where Pastor B.L.Walker is in charge. Her hobbies are quilting and reading the Holy Bible. She is very well loved by the many people of her community and around town.

It's not every day that many people can live to get to be a 100 years old, but for

those who have ,may God bless and keep you, just as he has with Mrs. Thelma Franklin. Best wishes to you and your family, and to do one thing just keep on keeping on as this world turns.

# **SMITH,** continued from Page 2

• Receive over 100 green smoothie recipes for various health conditions and goals.

For those who are ready to look slimmer, healthier, and sexier than they have in years, The 10-Day Green Smoothie Cleanse is the answer they've been waiting for. To see before and after pics of those who have completed the 10-Day Green Smoothie Cleanse, visit http://ow.ly/uoK8m

JJ Smith is also the author of the #1 Amazon Bestseller and USA Today Bestseller, Lose Weight Without Dieting or Working Out. She is a nutritionist and certified weight-loss expert who has been featured on The Steve Harvey Morning Show, The Montel Williams Show and The Jamie Foxx Show and on the NBC, FOX, CBS, and CW Network television stations, as well as in the pages of Glamour, Essence,

and Ladies Home Journal. Since reclaiming her health, losing weight, and discovering a "second youth" in her forties, bestselling author JJ Smith has become the voice of inspiration to those who want to lose weight, be healthy, and get their sexy back!

More details about JJ Smith can be found by calling (202) 558-5543, visiting www.JJSmithOnline.com or joining her Facebook page (http://ow.ly/uoKt8). You can also follow her on Twitter at @jjsmithonline.



# **Veterans Support Organization accused of scamming Texas donors**

AUSTIN – Texas Attorney General Greg Abbott charged Veterans Support Organization (VSO) and four of its principals with unlawfully soliciting charitable contributions and misrepresenting to Texas donors that the donations would benefit local veterans in need.

Court documents filed by the State Wednesday explained that the defendants claimed to offer assistance to local needy veterans through VSO's work, housing, and grant programs. However, the State's investigation found that VSO's so-called "work program" was merely structured panhandling that the defendants used to solicit funds for VSO. While publicly claiming to hire veterans, the State charged that the defendants actually hired both veterans and non-veterans to stand in front of various storefronts for up to 12 hours a day to raise at least \$225 a day in donations for VSO. In seeking permission to place its solicitors in front of a store, the defendants misrepresented to store management that the solicitors were veterans whose main purpose is to raise awareness about veter-



ans' programs and provide resource information to store customers – not to solicit donations from them.

The defendants conducted their unlawful solicitations in numerous counties statewide, including Bell, Bexar, Dallas, Harris, Hays, Nueces and Travis. According to VSO's own records, few of the donations VSO raised in Texas actually were used in Texas despite the defendants' misrepresentations donors that charitable contributions would help "local" veterans "in the area." The State's investigation revealed that the defendants raised more than \$2.5 million in Texas from 2010 to 2012. More than 70 percent of the funds raised in Texas were diverted to Florida or Rhode Island contrary to the defendants' statements to Texas donors that the charitable donations would benefit "local" veterans in need.

The State's enforcement action also explained that the defendants often made a profit on their so-called "housing program" for veterans. The housing program consisted of VSO renting two residences - one in Austin and one in Dallas and subletting rooms in the houses to their employee solicitors, only some of whom were veterans. In addition to paying \$125 a week for rent, each individual had to participate in VSO's "work program" or be subject to eviction. The defendants also evicted emplovee solicitors who were unable to pay the rent. In contrast to its claim that it was seeking to help "homeless veterans," VSO actually only housed individuals veterans or not – who could afford to pay for a

The State is seeking a temporary and permanent injunction as well as civil penalties against the defendants. The State is also asking the court to secure the defendants' assets and funds and distribute them to help needy veterans and their families in Texas — as intended by the donors.

# **Indicted Dallas Police Officer fired for excessive force during arrest**

Dallas Police Chief David O. Brown has terminated Police Officer Rene Villanueva after an internal affairs investigation found that Villanueva failed to conduct a proper felony stop following a pursuit, used excessive force against a citizen and brought discredit to the department when he was indicted by a Dallas County Grand Jury for Official Oppression and Assault on March 12, 2014.

The indictment stems from actions Officer Villanueva took on Nov. 10, 2013. Officer Villanueva was working an off-duty job at a club in the 400 block of

South Buckner Boulevard. At around 2:25 a.m. that morning, Villanueva watched as Mr. Ambrosio Monsavais sped through the parking lot. Officer Villanueva, in a marked squad car, tried to pull over the speeding vehicle but Mr. Monsavais fled.

Officer Villanueva pursued Mr. Monsavais until, after a few minutes, he pulled over in the 400 block of Hillburn Drive. Officer Villanueva then, failed to perform a required felony stop and approached Mr. Monsavais' vehicle alone with his gun drawn.

He opened the driver's

door of Mr. Monsavais' pickup truck, reached into the cab of the truck with his left hand and made a punching motion with his sidearm, in his right hand, into the cab of the truck. Officer Villanueva then holstered his weapon but made two additional strikes with his right hand into the cab of the vehicle.

Officer Villanueva then pulled Mr. Monsavais from the cab of the vehicle and forcefully placed him on the ground. Officer Villanueva can be seen on squad car dash camera footage deliv-

See Officer, Page 11

# Bishop T.D. Jakes, Judge Greg Mathis join D.A. in giving ex-offenders diplomas instead of sentences

TV's Judge Greg Mathis along with Assistant United States Attorney Mattie Peterson Compton will be on-hand at The Potter's House Sunday March 30, at 9 a.m. in support of Bishop T.D. Jakes', Texas Offender Reentry Initiative (T.O.R.I.) graduation ceremonies aimed to recognize offenders who've successfully completed the twelve month specialized program within T.O.R.I. The program works to effectively reintegrate exoffenders into society.

An added bonus: after the graduates cross the stage, diplomas in hand, waiting on the other side will be a gift; a copy of Sarah Jakes' new book, Lost & Found-Finding Hope in the Detours of Life – helping each graduate to know that all have a road less traveled, that they are valued and not alone in their journey.

Merely one year shy of its 10th anniversary, T.O.R.I.'s success rate continues to climb. T.O.R.I. focuses on key areas of rehabilitation that lead to more sustainable success: employment, housing, education, family reunification, health care and spiritual guidance. Since inception in 2004, T.O.R.I. has served over 10,000 formerly incarcerated indi-



Sarah Jakes' new book will be given to ex-offenders also. (Image: Essence)

viduals across the state of Texas. With one of the largest prison populations in the United States, Texas spends \$60 a day to incarcerate an individual, though rehabilitation through T.O.R.I. only costs \$4. With sale proceeds from The Potter's House hit song "Born To Be Great" available on i-Tunes, the T.O.R.I. program is poised to continue to keep rehabilitation costs low.

"Because of T.O.R.I., our graduates have gone from pathology of bad choices

See JAKES, Page 16

# LEGAL NOTICE

These Texas Lottery Commission Scratch-Off games will be closing soon:

Game #	Game Name / Odds	\$	Official Close of Game	End Validations Date
1433	\$200 Million Cash Spectacular Overall Odds are 1 in 3.56	\$10	4/20/14	10/17/14
1554	Weekly Half Grand Overall Odds are 1 in 4,58	S1	4/21/14	10/18/14
1563	Season's Greetings Overall Odds are 1 in 4.38	\$2	4/26/14	10/23/14
1560	Holiday Cheer Overall Odds are 1 in 4.42	\$1	5/28/14	11/24/14
1453	Monthly Bonus Overall Odds are 1 in 3.94	\$5	5/28/14	11/24/14
1561	Sapphire 7's Overall Odds are 1 in 3.38	\$5	5/28/14	11/24/14
1564	Trim The Tree Overall Odds are 1 in 3.83	\$5	5/28/14	11/24/14

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# **Texas Southern University Invests in STEM Future: \$31 Million Spearman Technology Building Opens**

With the dedication and ribbon cutting ceremony of the Leonard H.O. Spearman Technology Building, Texas Southern University's Board of Regents, administrators and faculty officially launched a \$31 million investment in the University's current and future STEM students. The 107,791square-foot gem features the latest in technology for instruction and research, and will help to offset the inadequacy of STEM education for African American and Hispanic students, which currently has a negative impact on U.S. economic power.

Named after TSU's fifth president, the Spearman Technology Building houses 35 state-of -the art labs, such as a full motion flight simulator lab, a vehicle emission testing lab, an air traffic control lab, a high performance computing lab, a construction lab, a Mini -TranStar lab, a driving simulation lab, two design labs, health and nuclear physics labs, a geotechnical/material testing lab, an environmental engineering lab, a wireless sensor networks lab, and various other engineering, physics, and computer science labs. The departments of Aviation Science and Technology, Computer Science, Engineering Technology, Industrial Technology, Physics, and Transportation Studies academic programs will be housed in the building.



# **HINTON**, continued from Page 2

women and who celebrated and engaged both their intellectual and spiritual lives."

"It is an honor to succeed Dr. Baenninger, who has brought CSB to a position of enormous strength," Hinton said.

"I feel fortunate to inherit not only the incredible foundation she has built during her tenure, but 100 years of excellence in women's education."

Hinton's enthusiasm for leading CSB stems from her personal experience with liberal arts education as an undergraduate student at Williams College in Williamstown, Mass.

This, along with her professional experience on Catholic college campuses, has fueled her interest in integrating a spiritual perspective with a vibrant liberal arts education.

At Mount Saint Mary College, a Dominican college, Hinton provides senior administrative leadership for academic affairs, enrollment management, planning, assessment and institutional research and student affairs, among other

Hinton's passion for student retention led to the development of the Center for Student Success, a model program that provides com-

we found out that the gen-

It was too late to cancel our reservation, so we opted to do what we had each day since the foundation's inception: We would wear our values on our sleeves -- lit-

The morning of the retreat, 25 staff members arrived at the hotel, all wearing T-shirts saying, WE SUPPORT A LIVING WAGE. The hotel's general manager soon sought us

proached us to debate a living wage. His concern was narrower. "Are there more of you?" he said.

In the short term, it was easy enough to reassure him that, no, there were no busloads of protesters heading for the hotel.

But the truer answer is, Yes, there are more of us families across America who believe in the promise of the American Dream.

prehensive academic support services to improve student retention and per-

sistence.

She has extensive strategic planning and institutional effectiveness experience and chairs the college's Strategic Planning and Budgeting Committee.

Hinton's work has been published in Inside Higher Education, Diverse: Issues in Higher Education, Assessment Update and Religious Education. Recently,

that all we wanted was for those who slept in beds and ate food made by minimum-wage workers to question policies and priorities that leave those workers struggling to feed and house their own families? And for businesses like his to recognize that it takes a work force to grow a profit

No matter how good the product, a business is only her scholarship was included in two books, "Religious Leadership" 'Teaching for a Culturally Diverse and Racially Just World" and her own book, "The Commercial Church: Black Churches and the New Religious Marketplace in America," was published in 2011 by Lexington Books.

In addition to her extensive experience in higher education, Hinton's career includes non-profit educa-

as good as the people it employs. Don't they deserve more than minimum wage?

A recent USA Today/Pew Research Center poll found that nearly two-thirds of Republicans (64 percent) and more than nine out of 10 Democrats believe government should take action to reduce poverty.

If 25 of us wearing Tshirts stating our support for a living wage rattled the ad-

tion organization management, philanthropic work in the corporate sector and work as a private elementary school teacher.

She holds a Ph.D. in religion and religious education with high honors from Fordham University, a Master of Arts degree in clinical child psychology from the University of Kansas, Lawrence and a Bachelor of Arts degree in psychology from Williams College.

ministration of a hotel, what might the 46 million people living in poverty in this country achieve working together?

Perhaps they could move the country in the direction where most Americans stand

Luz Vega-Marquis is president and CEO of Marguerite Casey Foundation, which publishes Equal Voice News.

# **WAGE**, continued from Page 1

The controversy that followed was as predictable as it was irrelevant to those with the most at stake: the low-wage working poor.

As usual, voices of those most affected have been glaringly absent. Also missing is any discussion of the bread-and-butter question: What is it actually like to live on \$7.25 or \$9 an hour? Does either of these numbers constitute what working families need and deserve?

Although the terms "minimum wage" and "living wage" are sometimes used interchangeably, their meanings are quite different. A minimum wage is the lowest a business can legally pay. A living wage is what its workers need to meet their families' basic needs - to stave off the choice between a gallon of gas and a gallon of milk.

A full-time worker at the federal minimum wage makes \$14,500 a year, placing him or her below the federal poverty line if that worker is supporting a family of two or more. A \$9-anhour minimum wage would

push that annual income up to \$21,000. But if you look at that "raise" in inflationadjusted dollars, it leaves today's minimum-wage worker making significantly less than he did in 1968.

Low-wage workers, despite the "fuzzy math" of the minimum-wage debate, cannot spin paychecks of straw into middle-class gold.

The working poor do what they must, whether that means living in substandard housing or making do with low-cost, low-nutrition food. But their bottomline needs are no different from anyone else's.

President Obama's savviest move may have been his call for communities to act on their own, passing living-wage ordinances at local and state levels. In Washington State, for example, legislators have introduced a measure to raise the state's minimum wage from \$9.32 an hour to \$12 an hour by 2017.

This livable-wage issue is a priority for the Marguerite Casey Foundation. So when

eral manager of the hotel we had booked months in advance for a staff retreat helped lead the campaign against a minimum-wage increase, we were taken aback.

But he had not ap-

How could we explain



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Some of the children at Our Children's House at Baylor – Irving gather to celebrate the installation of a new energy-efficient washer and dryer donated my business members of the Irving Chamber's Green Business Council.

# Irving business leaders help Our Children's House at Baylor lower energy costs with gifts

IRVING — Irving business leaders and energy experts on the Greater Irving-Las Colinas Chamber of Commerce's Green Business Council recently volunteered and donated energy efficient upgrades to Our Children's House at Baylor – Irving (OCH).

The energy upgrades, including a new energy-efficient washer and dryer for OCH, are expected to save the licensed pediatric hospital an estimated \$1,932 to \$2,135 annually on electricity and water consumption. OCH's licensed child development program assists special-needs children and their siblings, ages six weeks to fiveyears-old.

In the summer of 2013, the Green Business Council which works to reduce the business community's environmental impact, created an objective to support an Irving nonprofit once a year by providing an energy saving cost analysis and implementing energy efficient upgrades to the nonprofit's building.

"The Green Business Council's goal was to help a nonprofit save money on energy costs so they could use those savings toward their programs and services," said Joy Goodrum, Irving Chamber's staff liaison to the Green Business Council.

After touring OCH's facility, Green Business Council member Johnson Controls, Inc. volunteered to conduct an energy audit report of the facility to understand the facility's energy usage, develop a 12-month cost baseline and identify energy and operational saving potential and budget

Recommendations from the audit included new electricity and water upgrades to the facility to impact consumption in those

Through the Chamber's strong business and community ties, Frito Lay, Inc. donated \$1,000 for a new energy-efficient washer and dryer for OCH and Shermco Industries picked up and delivered

the washer and dryer to the facility. Additionally, Frito Lay donated motion-censored lighting controls and Johnson Controls donated light fixtures and programmable thermostats for OCH.

"A big part of the Green Business Council's work has impacted our financial savings by helping us be more energy efficient," said Linda Laws, OCH manager. "We wash probably two to three loads of blankets, sheets, shirts and bibs daily, and a lot more on Fridays. It's so great to have this kind of support in the Irving community,"

Green Business Council Committee Vice-Chairman Lonnie Mullen, who is vice president of Shermco Industries, said the Green Business Council is excited about giving back to the Irving community.

"Not only are we focused on helping the business community, but we're a council directly focused on helping the people in need in our community," Mullen



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# One-third of Hepatitis C patients are prisoners, but should they receive the expensive treatments

By Michael Ollove Stateline

If used widely, a new generation of antiviral drugs has the potential to wipe out the deadly hepatitis C virus in the United States. But the high price of the drugs might prevent their use in prisons, which house as many as one-third of those who are infected.

The drugs cost anywhere from about \$65,000 to \$170,000 for a single course of treatment—between three and nine times more than earlier treatments. Ronald Shansky, former medical director of the Illinois prison system and founder of the Society of Correctional Physicians, described that price as "extortionarily high, criminal."

Fair or not, the cost of the new drugs is likely to keep them out of reach for most infected prisoners. To put the price in perspective, the average annual cost for states to house an inmate is \$29,141. The minimal cost of treating a single patient with the new hepatitis C drugs is more than double that amount.

The two manufacturers, Janssen Therapeutics and Gilead Sciences, defend their prices, saying their medications represent a huge advance in treatment.

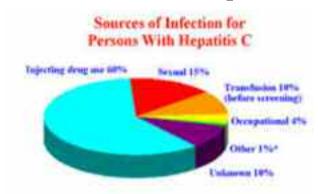
Hepatitis C progresses slowly, but without treatment it can lead to liver failure and death. Given the grave consequences, the availability of the new drugs creates a wrenching dilemma for correctional systems. With more expensive specialty drugs expected to enter the market-place in the coming years, the decisions will only get more vexing.

"The question is if you have a cure rate of approximately 90 percent or higher, is there justification for not treating someone other than the huge cost?" asked Jack Beck, director of the Prison Visiting Project of the Correctional Association of New York, "But no state has the budget to absorb those huge costs."

## Welcome Advance

Approval of the new drugs late last year by the U.S. Food and Drug Administration marked a welcome advance in the treatment of hepatitis C. It is estimated that as many as 5.5 million Americans have the disease. At least twice as many carry the virus but don't know it, since it can remain asymptomatic for decades.

A new study estimates that 1.86 million people with antibodies to the virus were incarcerated during the study year. The virus is passed most frequently through needle-sharing during intravenous drug use and tattooing, which are common in prisons. The study estimated the prevalence rate of hepatitis C in state correctional facilities to be about 17 percent, compared to a rate of 1 percent to 2 percent in the gen-



eral population.

The new drugs, simeprevir (marketed as Olysio by Janssen Therapeutics, a division of Johnson & Johnson) and sofosbuvir (sold as Sovaldi by Gilead Sciences), have a cure rate of 95 percent or better in some clinical studies, compared to 45 percent for previous medications. Unlike the alternatives, simeprevir and sofosbuvir cause only mild side effects, and can be taken orally. Furthermore, patients only have to take them for 12 to 24 weeks, compared to at least 48 weeks for the previous treatments.

Yet at approximately \$1,000 per pill, the cost is likely to prove a challenge for the entire health care system, including Medicaid, Medicare and private insurance companies. The difference is that prisons are constitutionally bound to provide adequate health care to prisoners.

### **HIV Precedent**

States and municipalities typically pay for prisoner health care out of their corrections budgets. When effective HIV treatments emerged in the late 1990s, those budgets grew to accommodate the cost of the drugs, said Edward Harrison, president of National Commission on Correctional Health Care, which sets standards for prisoner health care.

But the new hepatitis C medications present a much bigger challenge. "The prevalence of HCV [hepatitis C) is 10 times greater than HIV and the cost of treatment is probably 10 times greater than a year's worth of treating HIV," said Anne Spaulding of Emory University, one of the leading researchers on hepatitis C in prisons.

"It's something that everyone is grappling with right now," said Lara Strick, the infectious disease consultant to the Washington State Department of Corrections. "I can't say I or anyone else now knows the right answers."

Whether states have the option to not treat prisoners with the new drugs is open to debate. Under the Eighth Amendment, prisons are barred from demonstrating "deliberate indifference" to

the well-being of prisoners. But Gabriel Eber, staff counsel of the ACLU National Prison Project, said that mandate falls far short of a requirement to provide optimum care. Most states don't even provide prisoners with the old, less expensive hepatitis C drugs, and only 12 states screen inmates for the disease.

### **Immoral Not to Treat?**

The courts generally have dismissed prisons' pleas of poverty as an excuse for not providing care. At the same time, however, they tend to defer to prisons on the question of what constitutes "medical necessity."

As a result, Eber said, "I don't see [the new treatments] being widely available until costs come down."

Others, however, insist that with an effective cure available, it will be immoral not to treat prisoners with the new hepatitis C drugs. "The ethics are going to get to where there's no justification for not treating when there is a cure," said Beck of the Correctional Association of New York.

That will be especially true if early research results bear out that those with hepatitis C are more likely to develop other deadly diseases, such as diabetes and lymphoma. In that case, the view of what constitutes medical necessity for patients in the early stages of hepatitis C could change dramatically, said Michael Ninburg executive director

of the Hepatitis Education Project in Seattle.

Spaulding, the Emory researcher, said the new hepatitis C drugs and others in the pipeline could be the "straw that breaks the back of corrections" and force large-scale changes in penal systems. Already, as a result of a U.S. Supreme Court decision, California has had to reduce its prison population by tens of thousands because of inadequate health care. Spaulding said she can foresee the high costs of medicine could force cuts in prison populations across the United

Another possibility, she said, would be to create a different mechanism for paying for prison health care, perhaps by extending Medicaid to jail and prison populations.

One thing is clear: The goal of eradicating hepatitis C won't be achieved unless the campaign involves prisons.

"Because of these new drugs, the conversation about eliminating hepatitis C is finally happening," said Ninburg of the Hepatitis Education Project. "But if it's going to be eliminated, we are going to have to address hep C in the correctional setting."

Stateline is a nonpartisan, nonprofit news service of the Pew Charitable Trusts that provides daily reporting and analysis on trends in state policy.

# MOTIVATE, continued from Page 4

gets your brain pumpin'. If you ever notice, when you are in the grocery store, most of the music is fast paced. Ever thought about the purpose of moving music? It's so your brain is moving and making your hands move faster to put more groceries in the cart. Same with workout music. If you find music that stimulates you, you will have a more effective and enjoyable workout.

Plan a Trip-Even the thought of going on a vacation always seems to spark a new incentive to look your best.

Pick a goal date (e.g. 3 months from now) and incorporate a vacation in your plan. Your motivation level will definitely increase when you think about looking good during your next beach vacation where you can show off your 6 pack.

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Valecia Weeks is certified as a Personal trainer with NESTA and is also a Licensed Massage Therapist.

She provides corporate chair massage to many satisfied client, some of them include Exxon Mobile, BP, and Kipp Academy. She can be contacted at assuringhands@massagetherapy.com.

# New marketing venture launching this week

Looking for ways to promote your business or service? If so, you are invited to attend the Smartway Ads launch party on Saturday, March 29 at 1 p.m. The Buttons at located at 15207 Addison Road is the venue for

Smartway Ads is a mar-

keting firm specializing in advertising across a variety of mediums, such as indoor digital screens, radio airtime, email blasts, and social media. For more information visit Smartwayads.com or email customerservice@smartwayads.com.

# HIPPY celebrating 25 years of making a difference for families in North Texas

By Jackie Hardy NDG Contributing Writer

Hippy is a term many associate from the 70's era, but that name has another meaning to the 15,000 families its serves across the nation. HIPPY is an international nonprofit organization that started in Israel whose acronym stands for Home Instruction for Parents of Preschool Youngsters.

HIPPY is a home-based literacy program designed to prepare preschoolers ages 3-5 academically through the fostering of parental involvement via literacy activities by offering all preschool children specifically those from vulnerable communities the opportunity to receive and develop a quality social, cultural, and educational experience.

Founded in 1969, HIPPY International has grown across the globe as it has sites in Germany, New Zealand, South Africa, Australia, Canada and started in the United States in 1984. HIPPY USA is based in Little Rock, Arkansas with 135 HIPPY program sites in 21 states, including the District of Columbia, per the organization's national website.

The National Council of Jewish Women whose mission is to lead the charge in advocating the needs of women, children and families is one of the major supporters of the HIPPY programs.

According to HIPPY's website their mission is: to help parents empower themselves as their children's first teacher by giving them the tools, skills and confidence they need to work with their children in the home. The program was designed to bring families, organizations and communities together and remove any barriers to participation that may include limited financial resources or lack of education.

Recently, the NCJW organized and sponsored the 25th anniversary celebration of HIPPY's partnership with some of the local school districts within the North Texas area. The celebration was held on March 21 at the Dallas

Many families were in attendance from the Dallas, Richardson and Irving Independent School Districts to commemorate the accomplishments of the HIPPY pro-

"This program has made a huge difference in developing our son's motor and literacy skills. It has also helped me connect with other parents and build a great support network," comments Julian Washington and Honorine Byer of Irving and participants of the HIPPY Irving program.

During the celebration Robin Zweig, current Greater-Dallas



Honorine Byer, Julian Washington, Jordyn Rideau and Julian Washington, III of Irving HIPPY program.

NCJW President, welcomed attendees and offered remarks along with NCJW Director and longtime and respected member Syl

Benenson addressed the enthusiastic crowd and introduced some of the representatives from the various school districts in atten-

There were also two sisters who were former Dallas ISD HIPPY participants that shared their personal testimonies of what the program has meant to them and the difference it made in their lives. Both sisters currently work as Home Coordinators within the

Sharon Milham, Irving ISD Interim Divisional Director of Students and Family Engagement (SAFE), also addressed the crowd by recognizing NCJW for their support and she also spoke to North Dallas Gazette (NDG) via phone about the importance of the HIPPY program within the Irving community.

"What I know about HIPPY is it is really instrumental in preparing our students for school so when they come to school they have a strong foundation and are more ready to learn. When parents see how excited we are, the instructors are, and the children are then they get excited too.

Parents want nothing more than their children to succeed and anything they see that will help them succeed they are going to be behind it," comments Milham.

The program ended with all the children taking the stage to sing a creative rendition both in English and Spanish about HIPPY to the tune of "You are My Sunshine."

"HIPPY has been a part of Irving ISD for 15 years and it has helped to fill a need for those families who do not qualify for free early childhood development because their income exceed the poverty guidelines for free programs offered to low-income families," adds Olayinka Moore-Ojo, HIPPY Coordinator for Irving

According to Ojo, the Irving HIPPY program has been successful in part due to helping remove the stigma that programs like HIPPY are only available to those families where English is a second language. She advises this program serves a broad demographic making it accessible to all families within Irving.

The HIPPY program within Irving ISD serves approximately 300 families and it employs 12 Home Coordinators whereas each Home Coordinator is assigned 25 families, according to Ojo. The model of the program consists of a research-based curriculum with role play as the method of teaching; home visits; and group meetings.

Family Requirements for the HIPPY Irving program include: having a child of the age three or four before Oct. 1; live in the Irving ISD, receive the visit of the Home Coordinator once per week; dedicate 15 minutes per day with child; and attend monthly parent meetings and field trips (which all field trips are free to the parent and child as they are sponsored by NCIW)

Eddie Haymer, Irving parent credits his Home Coordinator for helping his son master reading as he shared with NDG how working several jobs limits the time he has to spend teaching his son but with the support of his Home Coordinator his son is reading very well.

According to the website, The HIPPY home visiting model has been rated the highest rating pos-

sible for home visiting programs by the California Evidence-Based Clearing House (CEBC) and one of the original seven home visiting models program models designated as evidence-based by meeting the rigorous criteria set for funding under the federal Maternal Infant Early Childhood Home Visiting (MIECHV) pro-

The Home Coordinators are members within the community and also parents within the program according to the website. Home Coordinators, parent alumni or members of the community are trained to work with families in their homes and in small supportive group settings. During the weekly home visits, parents learn to teach their children to: recognize shapes and colors, listen to and tell stories, follow directions, solve logical problems and acquire other school readiness skills

"We hire about three percent of the parents who complete the program and it is a way for those parents who benefited from the program to give back in addition to giving those parents the opportunity to gain job experience to help jump start their career," adds Ojo.

"We get such a thrill in seeing parents know how to teach their children, become so involved that they further their own education and their general welfare of the family improves with good jobs and it just breaks that cycle of poverty," states Benenson.

Ojo also advised the District has seen test scores increase among students who successfully complete the HIPPY program.

"Many of the students who participate in the HIPPY program test higher in reading and math state assessments and 65 percent of the students who participate in the program go on to become GTE students," advises Ojo.

Benenson shares, "The legacy we hope to give is that we gave families a chance to succeed, to give their families an opportunity to grow and to have meaningful employment, to learn how to love their children the right way and be able to give them the opportunities that they need."

# Will the real Olivia Pope please stand up?



Tezlyn Figaro Editorial

Well, here we are in another season of Scandal, so this means another season of everyone talking about every episode on Facebook. Sure, I am also a fan but what gets me is that if I ask people to attend a rally, attend a get out the vote event, push a ballot initiative or volunteer for a candidate that is seeking office, the enthusiasm dwindles!

When it comes to politics, Olivia Pope is not the only one

caught up in a fiction love affair. For far too long, we have voted for candidates based upon who went to our high school, what party a person is affiliated with, who can have the best fish fry rally or simply who looks good in a suit.

Like Olivia, we have become blinded with a 'fiction love' that is not real with the 'hope' that maybe one day the 'fiction love' in private will all of a sudden love us back in public.

As for me, if you cannot love me in public, stand for me in public and fight for me in public as well as behind closed doors, while you serve in public office, then you are not the kind of love that I need! In fact, the lack of true love for the black community is obvious with the highest unemployment rates in the country, highest incarceration rate in the country, highest HIV rates in the country and the highest school drop out

rate in the country and sadly the list goes on.

The time has come for everyone across America to take a lesson from the 1996 Miki Howard R&B song and seek 'love under new

management.'

Will the real Olivia Pope please stand up? And if you are, then be about the work or sit down!

Stay connected: www.tezlynfigaro.com.

# NBC releases New Drama starring Actor Lance Gross

By Princess Manasseh Special to the NNPA from the Los Angeles Sentinel

"When written in Chinese, the word 'crisis' is composed of two characters. One represents danger and the other represents opportunity."

-John F. Kennedy

On Sunday, NBC's new original drama "Crisis" premiered, starring Lance Gross bringing on the danger and the opportunity. A familiar genre, this crime-thriller combines espionage, suspense, and action, drawing comparisons to shows such as "24" and "Homeland."

Actress Rachael Taylor, who stars opposite Gross in the drama, says there are some differences that set "CRISIS" apart.

"I do think 'Crisis' has it's own peculiar irregularities...there is a strong sentimental aspect...[There is an] emotionally moving component to our show that sets us apart," explained Taylor.

Gross, who plays rookie Secret Service agent Marcus Finely in the series, says this is his favorite roll to date. In the past, we've seen Gross cast as the romantic lead (Temptation, Our Family Wedding) or in a comedic roles on a sitcoms (House of Payne). This is his first role in an action thriller, new terri-

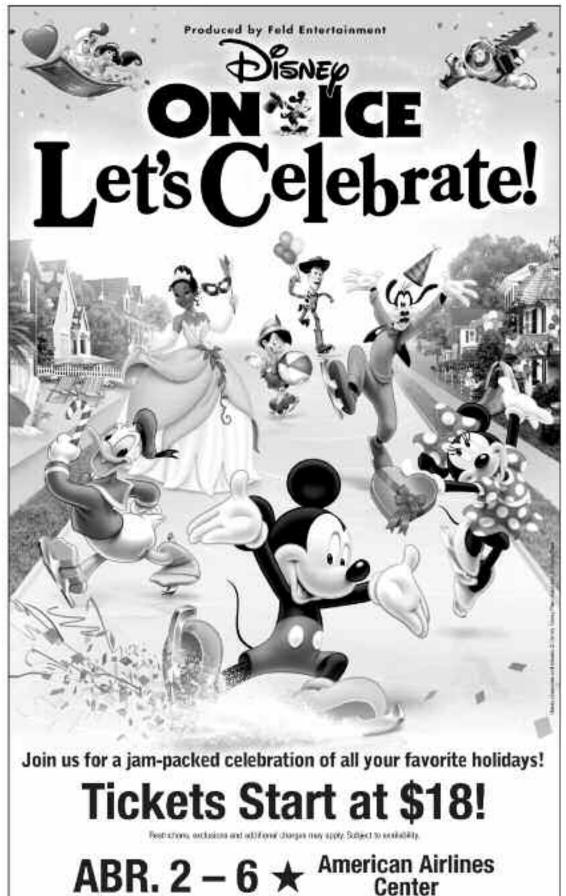


RELENTLESS: Lance Gross plays rookie Secret Service Agent Marcus Finely who won't quit until the job is done in the new NBC drama "Crisis" Courtesy Photo

tory he is excited to explore.

"This is something I've been wanting to sink my teeth into for a very long time," confessed Gross. "I've always been into action and drama and suspense – all that this show is. It was definitely different, but I have an athletic background," said the actor. "I'm a man's man," Gross explained "so this is the kind of stuff we like. The transition [from romantic comedy] was a fun one, it had challenges along the

See GROSS, Page 11



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# **Municipal Court exhibit tells story** of 'Majestic Icon of Dallas'

In addition to taking care of their court business, visitors to the newly renovated Municipal Court Building at 106 S. Harwood can also learn the story behind the century-old structure. "The City of Dallas Municipal Building - Majestic Icon of Dallas" is on display on the first floor of the historic

The exhibit tells the story of the building and its connection to Dallas municipal government, Dallas history, and the building's role in the life and death of President John F. Kennedy. Eight panels discuss the history and architectural facets of both the 1914 building and its 1956 annex, recently restored for Court and Detention Services. Other panels relate the history of Dallas city government and the many services the city delivers to its citizens.

The exhibit panels are displayed behind the historic cashier windows of the first floor, which are no longer used, and include historic document reproductions and photos from the Dallas Municipal Archives and other local collections.

The Archives, a division of the City Secretary's Office, received a grant from the Austin-based Humanities Texas, which fosters Texas heritage, culture, and education.

"We believe a major audience for this exhibit will be students in grades six through 12, specifically seventh graders who take mandatory Texas history," said City Archivist John Slate

"We anticipate that students will tour the building to learn about Dallas government through a prepared curriculum developed by the University of North Texas, offered through the online Portal to Texas history."

Completed in 1956, the Old Municipal Building Annex served as Dallas City Hall for 22 years, until the current City Hall was completed in 1978. The former city jail held JFK assassin Lee Harvey Oswald, and the building's underground garage was where Jack Ruby fatally shot Oswald on Nov. 24, 1963.

Villanueva was hired in March of 2007 and was assigned to the Northeast Patrol Division.

# **GROSS,** continued from Page 10

way, but I think I tackled them."

"Crisis" which centers around the premise of kidnap, takes viewers on a journey into the workings of a criminal organization. When the students of an elite private D.C. high school are ambushed and taken hostage from a field trip the entire nation takes notice. The plot thickens when we find out the parents of the kidnapped students are some of the country's biggest power players, including the President and First Lady. The show makes for solid entertainment. taking viewers on an emotional thrill ride.

"It's super exciting for me," said Gross when asked how he felt about shooting the high drama suspense-filled show.

"I talked to anyone I could that was a retired secret service agent...that was the fun stuff, training for this role," revealed Gross who said he went through gun training to prepare.

For fans of crime-dramas "Crisis" delivers an hour of solid entertainment. For fans of Lance Gross, the show gives a chance to see the actor portray a different character than usual, one he explained his connection with, to The Sentinel,

"I myself I feel like I'm a protector naturally, so taking on this role I was so excited about it... this is the type of role that's going to keep me intrigued for years and hopefully, God willing, this show will be on for years."

# **OFFICER,** continued from Page 5

ering additional strikes while he attempted to handcuff Mr. Monsavais.

Another officer arrived and assisted Officer Villanueva in placing handcuffs on Mr. Monsavais. Mr. Monsavais received lacerations above his left eye as a result of the incident.

Chief Brown originally held a disciplinary hearing on this case on March 11, 2014 and postponed making a decision on this case because of information that was discussed in that hearing. In the interim, Officer Villanueva was re-indicted on the Charges of Official Oppression and Assault on March 12, 2014.

Villanueva has the right to appeal this discipline.

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Capistrano's Café & Catering 4650 W. Airport Frwy

> **Empress of China** 2648 N. Beltline Rd.

The Spirit Grille 4030 N. MacArthur Blvd #112

El Rancho Restaurant 1210 E. Irving Blvd

> 504 Salon 3414 W. Rochelle

Irving YMCA 220 W. Irving Blvd

Mitchell's Barbershop 4020 N. Beltline Rd

# Hey Irving, Pick Us Up!

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**Irving Islamic Center Valley** Ranch - Valley Ranch Masjid 9940 Valley Ranch Pkwy W.

> **Irving Salvation Army** 1140 E. Irving Blvd

**Antioch Christian Church** 2043 W. Walnut Hill I n

Lee Park Recreation Center 300 Pamela Drive

**Lively Pointe Youth Center** 909 N. O'Connor Rd

> Mustang Park Recreation Center 2223 Kinwest Pkwy

**Northwest Park Recreation Center** 2800 Cheyenne St.

Senter Park **Recreation Center** 907 S. Senter Rd

**Austin Recreation Center** 825 E. Union Bower Rd.

**Houston Recreation Center** 3033 Country Club Rd.

> Cimarron Park **Recreation Center** 201 Red River Trail

Georgia Farrow **Recreation Center** 530 Davis Street

**Heritage Senior Center** 200 Jefferson Street

iRealy Office Building 320 Decker Drive

**Irving Hispanic Chamber of Commerce** 135 S. Jefferson

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Irving Public Library 801 W. Irvina Blvd

**Shady Grove CME Church** 3537 E. Gilbert Road

> **Emmanuel Baptist Missionary Church** 511 Gilbert Road

**Ben Washington Baptist Church** 

**Shepherd Church** 615 W. Davis

West Irving C.O.G.I.C. 4011 Conflans Road

**Bible Way Baptist Church** 4215 N. Greenview Dr.

> **Strictly Business** 4159 W. Northgate

Washateria 3712 Chevenne Street

**New Life Ministries** 3706 Cheyenne Street

Elisha Mane Attractions 3704 Cheyenne Street

**Bear Creek Community Church** 2700 Finley Rd.

**Evergreen Baptist Church** 3329 W. Country Club Drive

Po' Boys Restaurant 4070 N. Beltline Rd. Ste. 100

Girl Friends Africa 4070 N. Beltline Rd. Ste. 134

**VW Barbership** 4070 N. Beltline Rd. Ste. 143

Northlake College 2000 College Blvd Bldg. A

**Antioch Christian Church** 2041 West Walnut Hill

> Kasbah Grill 2851 Esters Rd

Fresh Food Store 4020 W. Northgate Drive

> Lee's Catfish 1911 Esters Road

**Danal's Mexican Restaurant** 508 N. O'Connor Rd

> Fred's Pit Barbecue 808 E. Irving Blvd

Gary's Barbershop 2117 Story Rd.

African Village Restaurant 3000 N. Beltline Rd

**New Look Barbershop** 3317 Finley Rd.

Irving Arts Center 3333 N. MacArthur #200

# **SBA**, continued from Page 3

of the SBA, told the Wall Street Journal. "The borrowers hardest hit...are the last to see a recovery come to them "

According to the SBA Office of Advocacy, Black business owners made up 49.9 percent of all minority owners in 2012. Asians made up 29.6 percent and Hispanics 10.3 percent. Overall, Blacks own 14.6 percent of U.S. businesses and women own 36 percent.

When it comes to Black businesses, there is good news and bad news.

A Census Bureau press release, dated Feb. 8, 2011 stated:

"From 2002 to 2007, the number of black-owned businesses increased by 60.5 percent to 1.9 million, more than triple the national rate of 18.0 percent, according to the U.S. Census Bureau's Survey of Business Owners. Over the same period, receipts generated by black-owned businesses increased 55.1 percent to \$137.5 billion.

"'Black-owned businesses continued to be one of the fastest growing segments of our economy, showing

rapid growth in both the number of businesses and total sales during this time period,' said Census Bureau Deputy Director Thomas Mesenbourg.'

Now the bad news: Of the 1.9 million Black-owned businesses, 1.8 million had no paid employees in 2007.

Because 82 percent of business startups, both large and small, require capital beyond the owners' personal assets, access to capital remains a major concern.

"Minority small business owners are disproportionately denied credit when they apply for it even after controlling for other variables such as business credit scores, personal wealth, and revenues. These findings hold true particularly for black and Hispanic business owners," according to an issue brief by the SBA.

The variation of home ownership can also be a factor.

"Home ownership may provide an important catalyst to small business growth, but it may also serve as a barrier to entry for prospective entrepre-

neurs," the SBA said. "For instance, business growth can bridge the wealth gap between minorities and non-minorities across geneder. Among existing businesses, home ownership significantly decreases the probability of loan denials and can be critical to such growth."

According to Census data, 78.2 percent of business owners owned homes in 2012. Research shows that 72.6 percent of Whites own homes, 58.7 percent of Asians, 47.2 percent of Hispanics and 43.8 percent of Blacks.

Clearly, a number of factors contribute to whether Blacks own their own businesses. The SBA must play of stronger role in opening the doors for Blacks, not just "minorities."

George E. Curry, former editor-inchief of Emerge magazine, is editorin-chief of the National Newspaper Publishers Association News Service (NNPA.) He is a keynote speaker, moderator, and media coach. Curry can be reached through his Web site, www.georgecurry.com. You can also follow him at www.twitter.com/currygeorge and George E. Curry Fan Page on Facebook.

signment reporter before joining the Boston Globe in 1980 as a business reeconomic news. In 1994, Lowery Relations and Community Affairs and later as Vice President of Player Development and Community Affairs

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# PEARSON-MCNEIL, continued from Page 2

of Station Relations for the NBC affiliate in Chicago and headed the marketing and communications departments for several multi-million dollar non-profit organizations, including The Boys & Girls Clubs of Chicago, The YWCA of Metropolitan Chicago and the Girl Scouts.

Lowery most recently held the position of Senior Vice President, Public Affairs and Government Relations. Prior to joining Nielsen, he worked in a variety of industries, including newspapers, television, financial services and public relations. He worked for several newspapers as a general as-

porter, specializing in financial and joined the New England Patriots Football Club as Vice President of Public until March 2002.

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# WOMEN, continued from Page 1

works full time should have to raise his or her family in poverty. President Obama supports raising the minimum wage to help build real, lasting economic security for the middle class and has made it a key part of his plan to create more opportunities for every hardworking American to get ahead in 2014.

The President knows this is important for workers, and good for the economy. That is why the President has already signed an executive order to raise the minimum wage and tipped minimum wage for federal contract workers and is calling on Congress to raise the national minimum wage from \$7.25 to \$10.10 per hour and index it to inflation thereafter, while also raising the tipped minimum wage for the first time in over 20 years. Increasing the minimum wage and the tipped minimum wage is especially important for women, who make up more than half of the workforce in jobs that pay the minimum wage and tipped occupations.

Key findings from the latest White House report include:

Raising the minimum wage is especially important for women because:

Women in the workforce are more highly concentrated in low-wage sectors such as personal care and healthcare support occupations.

Women account for more than half (55 percent) of all workers who would benefit from increasing the minimum wage to \$10.10.

Women also make up the majority of workers in predominantly tipped occupation. Under Federal law, employers are allowed to pay a "tipped minimum wage" of \$2.13 to employees who regularly earn tips as long as their tips plus the tipped minimum wage meet or exceed \$7.25 per hour.

Women account for 72 percent of all workers in predominantly tipped occupations – such as restaurant

servers, bartenders, and hairstylists.

Average hourly wages for workers in predominantly tipped occupations are nearly 40 percent lower than overall average hourly wages.

Workers in predominantly tipped occupations are twice as likely as other workers to experience poverty, and servers are almost three times as likely to be in poverty.

About half of all workers in predominantly tipped occupations would see their earnings increase as a result of the President's proposal.

The national tipped minimum wage has been stuck at \$2.13 for over 20 years. Partly as a result, tipped workers are at greater risk of not earning the full minimum wage, even though employers are required by law to ensure that employees' tips plus their em-

ployer-paid wage meet or exceed the full minimum wage.

Since 1991, the tipped minimum wage has declined by 40 percent in real terms. Today, the tipped minimum wage equals just 29 percent of the full minimum wage, the lowest share since the tipped minimum wage was established in 1966.

When surveyed, more than 1 in 10 workers in predominantly tipped occupations report hourly wages below the full national minimum wage, including tips. This fact highlights the challenges of ensuring compliance with minimum wage laws for tipped workers, as the employer contribution has been eroded by 20 years of inflation.

Many states have recognized the need for a greater employer contribution to the wages of tipped workers. Currently 32 states (including the District of Co-

lumbia) require employers to pay tipped workers an hourly wage that exceeds the national tipped minimum of \$2.13 – and seven of these states require employers to pay both tipped and non-tipped workers the same state minimum wage before tips.

Raising the full minimum wage and the tipped minimum wage will help reduce poverty among women and their families, as well as make progress toward closing the gender pay gap.

About one-quarter (26 percent) of all workers who would benefit from increasing the minimum wage to \$10.10 have dependent children, and 31 percent of female workers who would benefit have children.

2.8 million working single parents would benefit from the President's proposed increase in the full minimum wage, more than 80 percent of whom are women.

Research shows that rais-

ing the minimum wage reduces child poverty among female-headed households.

Increasing the minimum wage can also help women work their way out of poverty and into the middle class.

For every dollar that men

earn, women earn just 77 cents. Estimates from the President's Council of Economic Advisers suggest that increasing the minimum wage to \$10.10 an hour and indexing it to inflation could close about 5 percent of the gender wage gap.

# **GRAPHIC ARTIST**

Small Community Newspaper looking for a partime student graphic artist.

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Call 972-423-8833 for AF-FECT, Inc. or email: AF-FECTxInc@aol.com for counseling services, resources and assistance for job readiness and training programs for individuals.

# March 30, 9:30 a.m.

You're invited to join us in our Sunday Morning Services.

### April 2

Join us for Wednesday Morning Bible Class at 10:30 a.m.; and come back for Evening Bible Classes at 7 p.m.

Brother Ramon Hodridge, Minister of Education 1026 Avenue F Plano, TX 75074 972-423-8833 www.avefchurchofchrist.org

# BETHEL BIBLE FELLOWSHIP

# March 30, 9:45 a.m.

You're invited to our Sunday worship Service as we Study the Word of God, praise and worship Him for all of His blessings. Our mission is to empower individuals to live like Christ.

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Faito

# April 2, 7 p.m.

Join us for Bible Study Night; we are studying the Book of Matthew at this time.

Dr. Terrance Woodson, Senior Pastor 1944 E. Hebron Parkway Carrollton, TX 75007 972-492-4300 www.bethelbiblefellowship.org

# BIBLE WAY COMMUNITY BAPTIST CHURCH

# March 30, 8 a.m.

You're invited to our Sunday School at 9:30 a.m. and stay for Morning Worship Service as we praise God for all of His blessings.

Dr. Timothy Wilbert, Sr. Senior Pastor 4215 N. Greenview Drive Irving, TX 75062 972-257-3766 www.biblewayirving.org

# CHRIST COMMUNITY CHURCH IN RICHARDSON

# March 30, 8:45 or 11 a.m.

Join us in one or both of our Worship Services as we honor and praise God for His many blessings.

972.359.98W

Early Morning Service IXI W. Best unit Drive Allen, TX 75013

800 am

Link Tiens Dieton

Dr. Terrence Autry, Senior Pastor George Bush Fwy at Jupiter Road on the Garland/Richardson Border 972-991-0200 www.followpeace.org

# DAYSTAR DELIVERANCE MINISTRIES

### March 2014

For those in need visit Helen's House Tuesdays and Fridays (exceptions are bad weather and holidays) to receive, to give, to comfort and to fellowship.

Pastor Minnie Hawthorne-Ewing 635 W. Campbell Road Suite 210 Richardson, TX 75080 972-480-0200

# FELLOWSHIP CHRISTIAN CENTER CHURCH IN ALLEN "The Ship"

# Monday – Friday 9 a.m.-1 p.m.

TheShip3C's Prayer Lines for those that are in need are 972-649-0566 and 972-649-0567 or they may be submitted via email to: prayer-line@theship3c.org

For Community help the Assistance Center serves

Collin County by responding to people in crisis for emergency shelter, clothing, food, and access to medicine and medical services for county residents. Call the church or Allen's City Hall for details.

What's on Your Mind? Don't copy the behavior, attitude and action of the world. Let God transform you into a new person by changing the way you think. Romans 12: 2a. Join us for one or both of our Worship Services as we praise God for the victories in our lives.

### April 2, 7 p.m.

You're invited to our Wednesday Night Live Bible Study to learn more about God's Word.

# March 30 Super Sunday

Every 5th Sunday join us for a day of fellowship and fun at 9:30 a.m. at 1550 Edelweiss Drive in Allen for Sunday Morning Worship.

Dr. W. L. Stafford, Sr., Ed.D.
Senior Pastor
1550 Edelweiss Drive
In Allen for Sunday
Morning Worship.
Admin. Building Address
Is 200 W. Belmont Drive
Allen, TX 75013
972-359-9956
www.theship3c.org

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### SHILOH MBC IN PLANO

# March 30, 8 a.m. and 11 a.m.

Join us for one or both of our Worship Services as we praise and honor God. Sunday School starts at 9:45 a.m. After each service ministers and deacons are available to meet with you for prayer or questions.

### April 2, 7 p.m.

You're invited to our Wednesday's Bible Study to learn more about God's Word.

Dr. Isaiah Joshua, Jr. Senior Pastor 920 E. 14th Street Plano, TX 75074 972-423-6695 www.smbcplano.org

# THE INSPIRING BODY OF CHRIST CHURCH

# March 30, 7:30 and 11:30 a.m.

You're invited to join us as we worship, honor and magnify God's Holy name.

# March 31, 7 p.m.

Come to Monday School as we study the Word of God. We will worship Him and praise His Holy name.

Pastor Rickie Rush 7701 S Westmoreland Road Dallas, TX 75237 972-372-4262 https://ibocchurch.org

## WORD OF LIFE CHURCH OF GOD IN CHRIST

## Mondays - Fridays Early Prayer, 5 a.m.

Join us in prayer early in the morning at 5 a.m. on Monday – Friday at 1-661-673-8600, Code # 142219 and please put your phone on mute. God will meet you and prayer does change people, things and situations.

Dr. Gregory E. Voss, Senior Pastor 2765 Trinity Mills Road Building 300 Carrollton, TX 75006 214-514-9147



G Fellowship Christian G Consor Church

A Kingdom Building Church

# March is Women's History Month



Send email to: salesmanager @northdallasgazette.com to sign up for Sister Tarpley's weekly electronic newsletter.

A frican Americans women have always played a vital role in shaping Americans history; I will continue to honor them in my column this month.

Sarah E. Goode was the first Black female patent holder. She was issued a patent on July 14, 1885 for a Folding Cabinet Bed. Miriam E. Benjamin was the second Black woman in history to receive a patent, it was for a Gong and Signal Chair for motels on July 17, 1888. Patricia Bath was the first Black female doctor to receive a patent for a medical invention; an apparatus for ablating and removing cataract lenses.

Ruane Jeter invented a digital Toaster on April 14, 1987. Ellen Elgin invented the Clothes Wringer in the 1880's. Madeline Turner in Oakland, California invented a Fruit Press on April 25, 1916. Henrietta Mahim Bradberry from Chicago, Illinois invented a bed rack which was an at-

tachment to the bed that permitted air to pass through and refresh worn clothes on May 25, 1943: and on Dec. 11, 1945, the device operated pneumatically and was adapted to discharge torpedoes under the water surface (the Torpedo Discharger.) Virgie M. Ammons invented a Fireplace Damper actuating tool on Sept. 30, 1975. The instrument opens and closes a fireplace damper and is also intended to operate as a securing means to prevent fluttering of the damper due to wind.

Marie V. Brittan Brown, invented the Video Home Security System that utilized television surveillance on Dec. 2, 1969 (the same year that Sheila, my only daughter was born.) Bessie Blount, a physical therapist who worked with soldiers injured in WW II invented a device allowing amputees to feed themselves in 1951. Sarah Boone invented the Ironing Board on Dec. 30, 1887. Mary J. Reynolds invented a Hoisting/Loading Mechanism on April 20, 1920. Natalie R. Love, invented a T-Top Roof Cover on May 5, 1992. Marjorie Joyner from Chicago, Illinois, invented a Permanent Wave Machine, which could wave the hair of both white and Black people on November 27, 1928.

Alice H. Parker from Morristown, NJ on Dec. 19, 1919 invented a new and improved gas heating furnace. The invention provided a mechanism for regulating heat to be carried to various rooms in a building. Valerie Thomas in 1980, invented an Illusion Transmitter; this futuristic invention extends the idea of television, with its images located flatly behind a screen to having three dimensional projections appear

though they were right in your living room.

The U.S. Postal Service, as I stated last week. through its Black Heritage stamp series has paid tribute to 28 African American leaders, inventors, educators, scientists, entrepreneurs, entertainers, and athletes since the "First stamp in the series was issued on February 1, 1978 to Harriet Tubman." This month, I proudly wear two issued stamp pens, one of Opera Singer Marian Anderson that was issued in January 2005, and the other one

dedicated on Oct. 13, 2004, to focusing attention on Sickle Cell Disease. Stop by any post office and inquire about purchasing one of each and don't forget, as Carl T. January, Dallas District Manager, says, "Buy The Stamps."

Mary McLeod Bethune founded the National Council of Negro Women; and what is now known as Bethune-Cookman College. Her stamp was issued March 5, 1985. Before Aretha Franklin "Queen of Soul;" we had Mahalia Jackson, known as "Queen of Gospel Music." Mrs. Jackson received national recognition by appearing at Carnegie Hall.

An active participant in the civil rights movement, she sang at the "March on Washington" in 1963, and at the funeral for Dr. Martin Luther King, Jr. Roberta Martin was founder of the Roberta Martin Singers and she was the operator of her own "Gospel Music Publishing House." Sister Rosetta Tharpe was a Gospel Singer that was known for her signature guitar style; she also introduced gospel music into nightclubs as well as concert halls. Jackson, Martin, and Sister Tharpe stamps were issued July 15, 1998; the same year my first grandchild (a girl!) was born

Ethel L. Payne was an internationally recognized writer and commentator, she was the first African American woman to receive accreditation as a White House correspondent. Her stamp was issued Sept. 14, 2002. Gertrude Malissa Nix Pridgett, (Ma Rainey) AKA "Mother of the Blues," specialized in a down-home style of classic blues. Her stamp was issued Sept. 17,

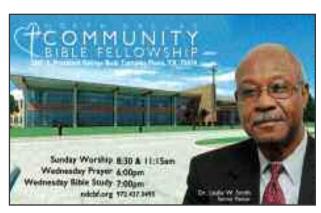
**See TARPLEY, Page16** 

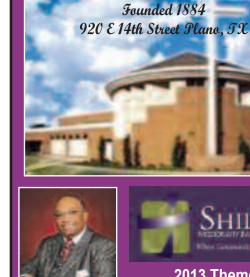












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# NDG Book Review: Handbook for an Unpredictable Life

By Terri Schlichenmeyer

Having braces apparently wasn't bad enough.

You hated your tin grin, but that wasn't as demoralizing as acne, which was nothing compared to hormones, which wasn't as annoying as untamable hair, which was minimal compared to your teenage self-esteem - which hovered around 5 on a 1-to-50 scale.

Still, you overcame, lived through it, and here you are. And in the new book "Handbook for an Unpredictable Life" by Rosie Perez, you'll read about another survivor.

Lydia Perez was an up-and-coming singer in Puerto Rico when her mucholder husband forced her to quit before moving her and their children to New York City . Unhappy and restless, she fatefully met Ismael Serrano, a married ladies' man who wanted to date her sister – but Lydia stole him away and, months later, pregnant, she accused him of cheating (again), waved a gun at him, and he (understandably) left.

A week after giving birth, Lydia visited her new daughter's aunt and vanished, leaving baby Rosie there for the next three years.

For Rosie Perez, her Tia's home was the perfect place to live. Tia had three daughters who doted on their little cousin and encouraged her to dance and sing. Perez remembers being safe, clean, and loved.

And then her mother – who'd been diagnosed with schizophrenia – returned. Without warning, Lydia reclaimed Perez and turned her over to "the Home." At age three, Perez was "the 'property' of the Catholic Church."

Immediately, she was given chores she didn't understand and rules that were strictly enforced. She found a friend and learned that crying resulted in swift punishment. At that tender age, she lived without privacy and with beatings, though she encountered kindness in a few of the nuns and Brothers who were tasked with caring for and teaching the children in the Home.

The Home, however, wasn't the only home Perez had during her childhood. She bounced between her mother's abuse, her Tia's apartment, houses of Home volunteers, friends' bedrooms, and a group home with dizzying infrequency — which made her grow angry and depressed.

She was nearly molested. She

Recent 2013 recidivism rate show

that sixty-seven percent of former

prisoners will be re-incarcerated

within three years of their release—

but The Potter's House is working to

decrease that number. The T.O.R.I.

program's recidivism rate is at a low

eleven percent.

watched beloved family members turn to drugs. She lost her best friend. And finally, at age 14, Perez found her permanent home again.

I always start celebrity memoirs with a little trepidation. Too many times, in my experience, they're just vehicles for bragging and name-dropping. Happily, that's (mostly) not the case here. To quote author Rosie Perez, "Yay!"

Though there is some celeb-spotting in "Handbook for an Unpredictable Life," Perez doesn't focus solely on career-fueled celebrity-stroking here. Instead, this book consists largely of her unique emotional-rags-to-riches tale of childhood and adolescence, abuse and struggle. Lesser writers might have treated the harshness she endured with poor-me maudlinism, but this memoir is charming and spirited

Did I mention that Perez is a funny writer, too? Yes she is, which softens the outrage of this triumphantly forgiving story and turns it into a don't-miss. If you're a celebrity watcher or you just love a good autobiography, grab "Handbook for an Unpredictable Life" and brace yourself...

# The five-city initiative has been successful in reducing the rate of relapse from substance and alcohol abuse by 50 percent and employing 63 percent of the clients enrolled in the program. The T.O.R.I. program has recruited over 200 professional volunteers including case managers, legal experts, certified educators, trained life-skills group facilitators, trained mentors, and licensed professional counselors.

# Criminal Defense Wills & Estates Personal Injury



# ROSIE PEREZ HANDBOOK FOR AN UNPREDICTABLE LIFE

HOW I SURVIVED SISTER BENATA AND MY CRAZY MOTHER, AND STILL CAME DUT SMILING (WITH GREAT HAIR)

# **JAKES,** continued from Page 5

and decisions to a positive outcome," remarked Bishop T.D. Jakes. "I love that our T.O.R.I. program doesn't just show ex-offenders how to reintegrate into society, it's far more important to identify the propensities and choices that brought them to a negative end in the first place."

TARPLEY,

continued from Page 16

1994. Wilma Rudolph AKA "The World's Fastest Woman," as a child suffered from polio and wore leg braces for years, she won three gold medals in sprint events at the 1960 Olympic Games in Rome, Italy. Her stamp was issued in 2004.

Thought for the Week 60 MINUTES: Only 60 Minutes, 60 seconds in it, we didn't seek it, we didn't choose it, but it's up to us to use it. We must give an account if we abuse it, just a tiny minute but eternity is in it

-- Author Unknown

