



Visit Us Online at [www.NorthDallasGazette.com](http://www.NorthDallasGazette.com)



**Coca-Cola criticized for past practices**  
-See Page 4



**Recruiting minorities into the nursing field**  
-See Page 10



**Win tickets to the H.O.B. Gospel Brunch!**  
-See Page 10



**Win tickets to the PLANO Balloon Festival!**  
<http://www.facebook.com/NorthDallasGazette!>

## COMMENTARY The emotional toll of growing up Black in America

By Marian Wright Edelman  
NNPA Columnist

Terrell Strayhorn, a brilliant Black Ohio State University professor, recently opened the Educational Testing Service and Children's Defense Fund co-sponsored symposium on Advancing Success for Black Men in College by sharing a question his 14-year-old son asked him: Why did he get in trouble for speaking out of turn when he jumped in to an-

swer his teacher's question? When his White friend did the same thing, she was praised for being excited about learning?

Strayhorn noted that many parents and grandparents and educators and policy experts are concerned about the same question: "There are lots of Black and Brown boys who are often penalized for committing the same exact act that non-Black and non-Brown, usually

**See TOLL, Page 3**

# Irving's Tudor Lane project is still caught in a quagmire

By Nicole James Scott  
NDG Contributing Writer

The City of Irving's Tudor Lane Housing Project has become one embattled, tangled web of confusion, from complaints by rejected applicants to misspoken words between realtors, community activists and public officials. What began as a noble idea three years ago has seemingly lost course in aiding the very recipients it was intended to benefit. It is not completely clear whether the situation is a result of poor planning, mishandling or flat out discrimination as alleged by many.



*Tudor Lane in Irving (via City of Irving website)*

### Background on Tudor Lane Project

In 2011 the federal Neighborhood Stabilization Program (NSP), in conjunction with private investors, the Community Development Block Grant and the Home Investment Partnership program allocated \$5 million in funds to construct 27 new, energy efficient homes between Crandall and Claude streets, the Tudor Lane area. The initiative was an effort to take a crime-ridden area and transform it into a sustainable and safe community for lower income families.

The price of the homes ranges from \$110,000 to \$120,000. The

Texas Department of Housing and Community Affairs (TDHCA) has made a maximum of \$30,000 for down payment assistance available for eligible applicants. According to TDHCA's Neighborhood Stabilization Program 25 percent of the homes must be sold to families whose income is less than 50 percent of the city's median income. It is a federal regulation under the Housing and Economic Recovery Act of 2008 to revitalize dilapidated communities while providing its inhabitants affordable housing.

According to the City of Irving

Housing and Human Services Board meeting agenda dated August 20, 2014, the city has requested a partial waiver for this requirement. However, the Director of the NSP, Marni Holloway says they have not received an actual request from the city for the waiver. They have, Holloway says inquired about the process for requesting the waiver.

Were the city to move forward with a written request for the waiver they would have to first provide reasoning behind their request then proof they were genuinely incapable

**See TUDOR, Page 9**

## INSIDE...

People In The News	2
Op/Ed	3
Health	4
Community News	5
Education	6
Arts & Entertainment	10
Market Place	11
Church Directory	14-15
NDG Book Review	16

## People In The News...

**See Page 2**



Christopher Blay



Gerald Griggs



Fred Hammond

**In August 49,000 visited NorthDallasGazette.com - news added daily!**



## Christopher Blay

As the fall semester is set to begin on campus, CentralTrak, UT Dallas' artist residency and gallery, is opening its fall season with an exhibition from Liberian-born artist Christopher Blay.

"We are gearing up for a fantastic year," said Heyd Fontenot, the director of CentralTrak.

"We have a new influx of graduate residents, and there is a lot of energy here. CentralTrak changes with every new artist who arrives here," Fontenot said. "Every individual brings new ideas,



new culture, new technology — sometimes they rethink how we can use older technologies — but the mix, the chemistry is always new. It's a very generative place."

Blay, who is an artist-in-

residence at CentralTrak, will present his most recent sculptural installation beginning Saturday. The opening reception starts at 8 p.m. and is free and open to the public. Conceived as an effort to coax a response from his audience, Blay's exhibition, titled "Satellites," focuses on the often one-sidedness of the visual art experience.

"Performers in the theater have the benefit of a live audience who generate real-time reaction, but visual artists rarely get feedback or immediate responses. Art is a form of communication but that does not guarantee or equate to an audible re-

sponse back to the artist," Blay said.

"I've had a few conversations recently that made me think about our work as artists, and how we communicate with audiences outside the world of art," Blay said. "We put a lot of research and time into making work, so it's not unreasonable that we have a certain expectation that our audiences reciprocate, but I sometimes wonder if our communication is a closed loop."

The exhibit is free and open to the public and will be on display until Saturday, Sept. 20 at CentralTrak, 800 Exposition Ave.,

Dallas

Blay's work hints at a high-tech world with decidedly low-tech materials. He constructs representations of communication satellite equipment using cheap umbrellas and windshield sunscreens in a process that transforms mundane materials into portraits of more fanciful objects.

Blay is recipient of the 2013 Meadows Museum of Art's Moss/Chumley Award, a prize that acknowledges both an exceptional body of work produced as an artist and meaningful and generous involvement in the arts community. He earned a bachelor's degree in photography from Texas Chris-

tian University and founded the Group f8 photography collective in Fort Worth in 2000.

Blay recently received a Fort Worth Public Art commission for the Rose-dale/Evans Avenue neighborhood that will be completed in 2015. Among his other works, "The Ark on Noah Street," a project funded by the National Endowment for the Arts, will be presented at the 2014 conference of the Association of Collegiate Schools of Architecture in Nova Scotia.

Blay serves as curator of Tarrant County College's Art Corridor Gallery.

## Gerald Griggs

Atlanta, GA — Being an "upstander" rather than a "bystander" in bullying situations requires courage and risk, but individuals or groups who take the initiative to be "upstanders" — those people whom we describe as Anti-Bullying Heroes — become an impetus for change in schools and communities.

The Hero Awards were presented at Auburn University's Fourth Annual National Anti-Bullying Summit, June 26-27, 2014 in



Peachtree City, Georgia. The Summit was sponsored by Auburn University's Office of Professional and Continuing Education and

by the Truman Pierce Institute in the College of Education.

Among the honorees was Mr. Gerald Griggs, a community leader and attorney from DeKalb County, Georgia.

Griggs has worked for many years providing anti-bullying advocacy and education throughout the United States, from his base in Decatur, Georgia. In 2011, he was a featured speaker at the second annual National Federal Partners in Bullying Summit in Washington D.C.

For the past three years, he has visited Metro Atlanta School Systems with the Hot 107.9 "Bullying is Not Hot" Tour, spreading the anti-bullying message. In 2009, following a high profile case in which a bullied student committed suicide, Mr. Griggs began to lobby the Georgia General Assembly to strengthen Georgia's Bullying law.

With support from state senator Mike Jacobs and other legislative advocates, Georgia's Anti-bullying law was changed in 2011 to include all primary grades,

age appropriate sanctions, and transfer of students after a third bullying incident.

This made Georgia's Anti-Bullying law one of the toughest in the nation at that point. Mr. Griggs has hosted town hall meetings and has appeared on local and national radio shows to discuss the need for anti-bullying initiatives and victim advocacy.

He also educates students about their rights about how not to be a bystander but to uplift the victim and stop the bully.

Officials at Auburn University say they are proud to honor the anti-bullying efforts and work of Griggs by presenting him with the 2014 Auburn HERO Award for Community Activism. They comment, "It is our hope that through his efforts, attention and change will come to the problem of bullying in our nation's school systems."

For more details about Attorney Gerald A. Griggs and his law firm, visit [www.therightattorneyrightnow.com](http://www.therightattorneyrightnow.com).

## Fred Hammond

Face To Face, Inc. Presents the Festival of Praise 2014 Tour featuring multiple GRAMMY, Stellar and Dove Award-winning recording artists Fred Hammond and Donnie McClurkin.

The national tour kicks-off at the Verizon Theater in Dallas on Sept. 18, during Gospel Music Heritage Month.

The Festival of Praise concerts will be held at performing arts venues and mega churches across the country.

Donnie and Fred will perform a series of duets as well as some of their classic



hits.

"The Festival of Praise Tour was designed as a platform to uplift, motivate and encourage people," says tour co-creator Ray Hammond, founder and CEO of Face To Face, Inc. of Dallas.

"With all the negative

things going on in the world today, we wanted to create an environment to positively impact as many lives as possible. Inspirational music has a unique way of doing that, especially when it's presented by Fred and Donnie."

This is Fred's first tour since his knee surgery earlier this year and the successful 2013 United Tenors Tour and CD project he produced with Dave Hollister, Eric Roberson, and Brian Courtney Wilson.

With a new tour and single, "I Will Trust," Fred is looking forward to embracing and reconnecting with his fans.

"The Festival of Praise 2014 Tour is going to be an

awesome, anointed, praise and worship experience," says Fred. "Donnie has been my friend and brother for years and although we have worked together in the past, this is really the first time we have collaborated on an endeavor of this magnitude. The synergy and creativity in the presentation of this tour will be like none other. I sincerely hope that this tour inspires people everywhere and that we deposit something into their lives that will continue to be a blessing over and over again."

For additional information on the Festival of Praise Tour, please visit: [www.festivalofpraisetour.com](http://www.festivalofpraisetour.com).

## \$69\* DIVORCE

### Criminal Defense

- DWI / Suspended License
- WARRANTS Removed\*
- 24 Hour Jail Release\*
- Occupational license, felonies
- Protective Order
- Misdemeanor/Felonies\*

### Family Cases

- Divorce / Annulment
- Child Support / Paternity
- Custody Modification
- Restraining Order
- Protective Order
- Name Change / Adoption
- Domestic Violence

### Easy Payment Plans

## Law Offices Of Vincent Ndukwe

**214-638-5930**

**817-277-0196 (Metro)**

2730 N. Stemmons Frwy, Suite 409 • Dallas, TX 75207

Not Certified by the Texas Board of Legal Specialization  
\*If you qualify. \*Fees quoted above are minimum down payment needed to begin processing your case.



P.O. Box 763866 • Dallas, Texas 75376-3866



Phone: 972-516-4191  
Fax: 972-509-9058



North Dallas Gazette assumes no responsibility for unsolicited material and reserves the right to edit and make appropriate revisions.

***“Do what you say you are going to do ... when you say you are going to do it.”***

**Publisher's Office:**  
publisher@northdallasgazette.com

**Sales Department:**  
marketing@northdallasgazette.com

**Editorial Department:**  
editor@northdallasgazette.com

**Online:**  
www.NorthDallasGazette.com  
www.twitter.com/NDGEditor  
www.facebook.com/NorthDallasGazette  
www.pinterest.com/NDallasGazette

## STAFF

### Chairman Emeritus

Jim Bochum  
1933 – 2009

### Editor

Ruth Ferguson

### VP of Digital Marketing

**Special Projects**  
Jessica Brewer

### Published By

Minority Opportunity News, Inc.

### Web Master

Todd Jones

### Special Projects Manager

Edward Dewayne  
“Preacher Boy” Gibson, Jr.  
James C. Allen

### Contributing Writers

Jackie Hardy  
Ivy N. McQuain  
Terri Schlichenmeyer  
Nicole Scott  
Tamarind Phinisee  
D'Andrea Willis

### Community Marketing

Nina Garcia

### Editorial Writers

Ivy N. McQuain  
Ruth Ferguson  
Nicole Scott

### Religious/ Marketing Editor

Shirley Demus Tarpley

### Production

David Wilfong

### Advisory Board

John Dudley  
Myrtle Hightower  
Fred Moses  
Annie Dickson  
Cecil Starks  
Willie Wattley  
Coty Rodriguez-Anderson  
B. J. Williams  
Denise Upchurch  
Barbara Simpkins  
ADVISORY BOARD SECRETARY

### Advisory Board Committees:

**Public Relations Planning and Implementation**  
Cecil Starks, CHAIRPERSON  
**Business Growth Referral**  
John Dudley, CHAIRPERSON  
**Program Policy Development**  
Annie Dickson, CHAIRPERSON  
**Quality Assurance**  
Myrtle Hightower, CHAIRPERSON  
Coty Rodriguez

The North Dallas Gazette, formerly Minority Opportunity News, was founded in July 1991, by Mr. Jim Bochum and Mr. Thurman R. Jones. North Dallas Gazette is a wholly owned subsidiary of Minority Opportunity News, Inc.

# The Lessons of Ferguson, Part I: Economic Inequality

By Marc H. Morial  
NNPA Columnist

“The ultimate measure of a man is not where he stands in moments of comfort and convenience, but where he stands at times of challenge and controversy.” Dr. Martin Luther King, Jr.

I am haunted by the words spoken by Lesley McSpadden immediately following the shooting death of her son, Michael Brown, at the hands of Ferguson, Mo. police officer Darren Wilson almost a month ago. She said, “Do you know how hard it was for me to get him to stay in school and graduate? You know how many Black men graduate? Not many. Because you bring them down to this type of level, where they feel like they don’t got nothing to live for anyway.”

Lesley McSpadden’s words reflect more than her own deep anguish. They have been echoed by many of Ferguson’s citizens and civic leaders who have rallied for justice since Brown’s

killing. They also expose the pervasive problems of joblessness and hopelessness fueling so much of the anger and tension in communities of color across America.

Michael Brown’s death was the spark that ignited a long-smoldering fire in Ferguson; and while the immediate goal of the National Urban League and our affiliate network is the arrest and indictment of Officer Darren Wilson, this column represents the first in a three-part series that aims to examine some of the root causes and identify solutions that must be implemented to avoid crises similar to Ferguson in the future.

Let’s begin with the lack of jobs and the epidemic of unemployment in Ferguson, a city that is 67 percent Black. The National Urban League’s 2014 “State of Black America Report” found that the St. Louis metro area, which includes Ferguson, had a Black unemployment rate of 19.6 percent and a White unemployment rate of 6.9 percent – resulting in an unemploy-

ment Equality Index of 35.2 percent on a 100-point scale.

This level of economic inequality reflects a glaring disparity of opportunity and has created a chasm of misunderstanding and distrust that is behind much of the violence that has erupted between police and citizens.

Four years out of the recession, America’s private sector is expanding, but too many people have been left behind. In fact, many communities like Ferguson are worse off. According to a recent Brookings study, “Between 2000 and 2010-2012, Ferguson’s poor population doubled.”

The National Urban League has long been leading the charge for targeted federal and state action to bring jobs and opportunity to hard-pressed communities across the nation. Our “Jobs Rebuild America” campaign is a \$100 million, five-year effort to engage federal government, business, and nonprofit resources to create eco-

See LESSONS, Page 11

## TOLL, continued from Page 1

White kids, commit in school – and some students are praised for certain behaviors that other kids are penalized for. It sends a very mixed message, because my son is confused: ‘So what should I do? Not be excited about learning? What if you just can’t wait for the question? How do I signal to the teacher I’m not a rule-breaker?’”

Strayhorn said these questions are something we’ve got to think about.

He highlighted a number of other roadblocks we must all be sensitive to and overcome to get all our children on a path of healthy development, confidence, and success. The disparate treatment of Black children in the classroom from the earliest years, especially Black boys, often discourages and knocks many off the path to high school graduation and college.

The cumulative and convergent toll of subtle but discouraging adult actions in schools and other child serving systems they come into contact with too often impedes the success of children of color, especially those who are poor, and burdens them with an emotional toll they don’t deserve.

I used to sing loudly with my children and Sesame Street’s Kermit the Frog “It’s Not Easy Being Green.” I can only imagine the number of Black children and adults who sing inside daily “It’s Not Easy Being Black.” I’m sure that Black youths seeing what happened to Trayvon Martin and

Michael Brown and others who lost their lives for walking while Black and those who are stopped and frisked and arrested and victimized by excessive police force carry these burdens inside every day. Even the youngest Black boys, ages 4 and 5, who are put out of school and even preschool for nonviolent disciplinary charges for which White children would never be.

Strayhorn spelled out another way Black children are harmed: through disparate resources in the classroom, including textbooks, that hold Black, Brown, and poor students back. He described an experience he had while a professor at the University of Tennessee, Knoxville working with a Knoxville high school that was 97 percent Black.

“I found that in this high school these students were learning from textbooks that were at least 10 years old... What exactly are the implications of learning from a textbook that’s 10 years old? Well, I’ll tell you this: that if you don’t catch up too quickly, especially in terms of science, there are certain technological revolutions that have happened at such a fast pace that they’re not even mentioned in the books from which they’ll learn—but will certainly be part of the test that they’ll take to demonstrate competency to go on to college.

” As he covered what does work in

building a pathway to success, Strayhorn emphasized the need for positive interventions based on proven designs—because in his program evaluation experience he’s seen far too many well-intentioned efforts that lacked a measurable impact because good ideas weren’t well implemented. He said as an example mentoring programs are especially popular, but many don’t provide adequate training: “If I ask everyone at this table, ‘Will you be a mentor?’ and you all say yes, and I say, ‘Now, go out and mentor,’ but never tell you what a mentor is supposed to do, I never tell you how important it is to get to know your mentee.”

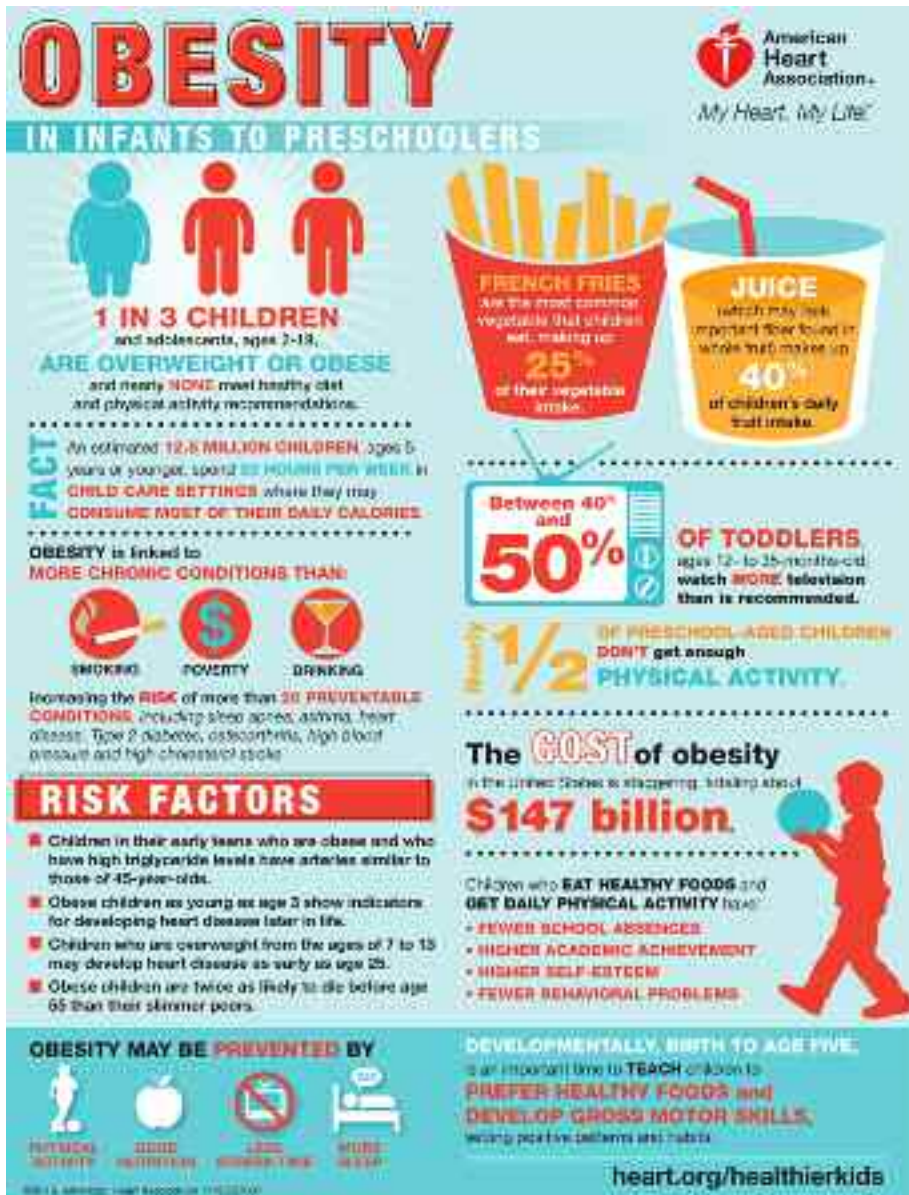
We need to watch out for the subtle as well as the overt ways in which we treat non-White and White children and those who are poor differently. And we need much more diversity in children’s literature so that White, Black, Latino, Native American, Asian American, and all children can be exposed to the rich mosaic of America’s melting pot to help them see themselves and what they can be.

Marian Wright Edelman is president of the Children’s Defense Fund whose Leave No Child Behind® mission is to ensure every child a Healthy Start, a Head Start, a Fair Start, a Safe Start and a Moral Start in life and successful passage to adulthood with the help of caring families and communities. For more information go to www.childrensdefense.org.



## AHA's Infographic looks at obesity rates in infants and preschoolers

Yes we love the cute photos of the chubby little babies, but is it setting them up for a lifetime of health issues? The American Heart Association shared this infographic which looks at the health challenges overweight children face throughout their lifespan.



## CDC: Nearly half a million die annually but less than half of Americans have heard of sepsis

Despite the fact that sepsis affects more than a million Americans each year and kills up to half of them, a new survey published by Sepsis Alliance-External Web Site Icon found that fewer than half of all Americans have ever even heard of the term 'sepsis.'

Sepsis is a serious illness that can develop when the body's normal reaction to fight an infection goes awry and can quickly become life-threatening.

The body's immune system releases chemicals into the blood to fight infections but sometimes those chemicals can cause inflammation, which can lead to blood clots and organ damage.

In severe cases, sepsis can weaken the heart, shut down other organs, and may lead to death. Early recognition



Sepsis bacterial blood infection (BBC)

of patients with possible sepsis is critical for preventing severe outcomes.

"As a doctor, I have treated patients with sepsis and have seen first-hand the devastation it brings to patients and families," said Dr. Frieden. "We have a long way to go to educate cli-

nicians and inform the public about this all-too-common illness."

CDC recognizes September as Sepsis Awareness Month and is working year round to raise awareness of sepsis, prevent it, and improve early detection and treatment.

## AHA and Macy's partner to help recruit Black and Latino nurses

By Stacy M. Brown  
Special to the NNPA from  
The Washington Informer

Arihanna Venable enjoys talking with her patients as she performs physical exams, takes their blood pressure and, sometimes administers medicine to help soothe wounds or illnesses.

However, when Venable looks at so many other registered nurses, she finds a glaring and often troubling trend.

"Not many of them look like me," said Venable, 33, of Southeast. "We just don't have a lot of black registered nurses and I think if we can somehow change that, a lot of our patients will feel more at ease and they'll be more likely to come in and see a doctor before they encounter serious health problems."

Venable counts among the 5.4 percent of African-American nurses in the nation. A small minority, considering there's an estimated 2.5 million registered nurses in the United States. Latinos also are in the minority as just 3.6 percent hold those positions.

Because of the lack of minorities who serve as reg-

istered nurses, the American Heart Association's "Go Red for Women" campaign and Macy's department store have continued its three-year partnership in which 16 scholarships of \$2,500 each are awarded annually to help increase the number of diverse health care professionals.

Health care officials said the need for the scholarship program can be found in the fact that tuition hikes at colleges and universities and dramatic cuts to graduate medical education funding across the nation have forced many students to find new ways to pay for college.

In an effort to ease the burden and increase the number of underrepresented minorities in medicine, the American Heart Association and Macy's, the association's national sponsor,

offer aspiring registered nurses the "Go Red Multi-cultural Scholarship Fund."

Registration for the scholarship and more information about it can be found at [www.GoRedForWomen.org](http://www.GoRedForWomen.org).

"At Macy's, we are deeply committed to supporting diversity throughout everything we do," said Holly Thomas, Macy's group vice president of media relations and cause marketing.

"As the founding national sponsor of the American Heart Association's 'Go Red for Women' movement, we are able to extend our reach into an underserved population," Thomas said. "This includes raising awareness and creating long-term impact by helping increase diversity within

See AHA, Page 7



Join **Big Tex.** for a 24-day celebration of Texas. Each year the **State Fair of Texas** celebrates our great state with amazing food, live music and family fun.

There are hundreds of daily shows, a nightly parade, 14 FREE Chevy Main Stage headliner concerts and of course, Big Tex, himself. Plus, the State Fair has the largest new car Auto Show in the Southwest.

**SEPT. 26 - OCT. 19, 2014**  
STATE FAIR TEXAS Visit **BIGTEX.COM**



# SMU students spend summers learning value of public service

DALLAS (SMU) — As SMU students dash around campus at the start of fall studies, 10 in particular can look back on a summer spent helping people in need, from as close as West Dallas to as far as Israel. Many of them have blogged about their experiences for SMU Adventures.

The students served as Maguire Ethics and Irby Family Foundation Public Service Fellows sponsored by SMU's Cary M. Maguire Center for Ethics & Public Responsibility. Each fellow is responsible for finding agencies to sponsor their projects, which ultimately are selected for their proposals' ethical and social justice merits.

With financial assistance from the Irby Family Foundation, The Maguire Center awards summer fellowships each year to SMU students who wish to devote time to public service or research in the field of ethics.

"These students are an inspiration to those who teach and support them," says Maguire Ethics Center Director Rita Kirk. "As their efforts show, they are indeed world changers."

2014 Maguire Public Service Fellow Erica Renstrom, a senior psychology and sociology major at SMU, volunteered with ManeGait Therapeutic Horsemanship in McKinney, where children and adults with disabilities can experience the healing power of horses and support of a professional, caring community.

"While volunteering in the lesson program, I was able to talk to some of the riders and their families, and was surprised by what a deep sense of connection I felt to their individual stories," Renstrom says. "Some parents talked to me about how their child's first words, first steps, and first smiles took place out at ManeGait."

SMU graduate student and 2014 fellow Nazia Hus-

sain, who volunteered at the Nexus Recovery Center in Dallas, says the women with whom she worked have impacted her in a "spiritual and lasting way."

The lessons learned from "stories shared in group

therapies, the hallways, and in dorms both in public and in private are unmatched by anything I have gathered over the years," says Hussain, who's pursuing a master's degree in medical anthropology. "I'm thankful to

these women for allowing me to be a part of their lives and to continue the dialogue between them and those who don't understand."

The 2014 Maguire Ethics and Irby Family Foundation Public Service Fellows and

their service projects were:

Thomas Ira Atkins (majoring in international studies, Spanish, religious studies and human rights, 2016): The Columbia, Mo., native volunteered with Hope for the Silent Voices

in Panama to help neglected children and orphanages.

Nazia Hussain (master's candidate, medical anthropology): The Katy, Texas, native volunteered at the


See SERVICE, Page 9



## SERVING OTHERS IS THE GREATEST REWARD OF ALL.

All of the McDonald's® 365Black® Award honorees deserve recognition, but for them, nothing is more fulfilling than helping others. Please join us as we applaud their dedication and let us all be inspired to be **deeply rooted in the community™** by giving back. Find your motivation at **365Black.com**.

©2014 McDonald's

 **365BLACK AWARDS**



## Black families facing hunger at nearly twice the rate of other groups

This week the U.S. Department of Agriculture (USDA) revealed that 14.3 percent of U.S. households were food-insecure in 2013. Households headed by Black, non-Hispanics were higher than national average with a food insecurity rate of 26.1 percent. The figures are part of the USDA's annual report, Household Food Security in the United States 2013.

"Our elected officials need to make ending hunger a national priority," said



Rev. David Beckmann, president of Bread for the World. "It is unacceptable that 17.5 million house-

holds in this country must choose between paying for medicine, rent, day care, or food.

In 2008, the number of food-insecure Americans increased by more than 30 percent as a result of the recession and has remained above 14 percent. The USDA defines food insecurity as "when consistent access to adequate food is limited by a lack of money and other resources at times during the year."

The working poor and families living in poverty are most vulnerable to food insecurity. The threat to children is especially high—

15.8 million children lived in food-insecure households in 2013.

According to the USDA report, for 360,000 households, "food insecurity among children was so severe that caregivers reported that children were hungry, skipped a meal, or did not eat for a whole day because there was not enough money for food." Studies show that children who are hungry and at risk of hunger are more likely to struggle in school and have an increased risk for ill-

nesses and weakened immune systems.

"I pray that our brothers and sisters across the country will use the ballot box to speak up for the 49.1 million Americans who live in food-insecure households," added Beckmann. "During this election season, I urge you to support and volunteer your time to candidates who are committed to ending hunger. I urge everyone to vote for candidates who demonstrate the political will to end hunger in our time."

## SERVICE, continued from Page 5

Nexus Recovery Center in Dallas to develop a research protocol to understand the barriers and cultural influences pregnant women have in regard to being motivated to seek care and the impact of substance abuse.

Jade Mens (J.D. candidate, law): The Arlington, Texas, native volunteered in the U.S. Attorney's Office for the Northern District of Texas performing legal research and assisting with witness preparation, depositions and trials. (Read her blog.)

Lisa Raizes (majoring in markets and culture, 2015): The Austin native volunteered with the Ethiopian National Project in Israel to help Ethiopian-Israeli youth integrate into Israeli culture.

Erica Renstrom (majoring in psychology and sociology, 2015): The Round Rock, Texas, native worked with ManeGait in McKinney, Texas, to increase the strength and confidence of people with disabilities by teaching them to ride and care for horses.

Alice Heeren Sabato (Ph.D. candidate, art history): The Richardson, Texas, native conducted research to explore the architectural and urbanist projects of the Fascist government in Italy, particularly the physical changes to the city of Rome and the ideological discourse permeat-

ing it.

Gopika Shah (majoring in economics and political science, 2015): The Carrollton, Texas, native worked with the Central Texas Coalition Against Human Trafficking to learn about aftercare and restoration policy in Texas.

Jack Schwimmer (candidate for MBA in management, M.A. in arts management): The Scottsdale, Ariz., native volunteered with the Los Angeles County Arts Commission's education arm, "Arts for All," doing research and updating online resources.

Arvind Venkataraman (majoring in finance and alternative assets, 2015):



During his time as a 2014 Maguire Ethics and Irby Family Foundation Public Service Fellow, SMU junior/finance major Arvind Venkataraman worked with SMU Simmons School of Education and Human Development's The Budd Center and program partner Apollo Tutors. The Southlake, Texas, native helped set up a process of connecting volunteers with tutoring opportunities in West Dallas schools.

Worked with SMU Simmons School of Education and Human Development's The Budd Center and program partner Apollo Tutors. The Southlake, Texas, native helped set up a process of connecting volunteers with tutoring opportunities in West Dallas schools.

Yusun Xia (master's candidate, statistical science): The Dallas native worked with the League of Women

Voters of Dallas to gather research on the impact of Texas' new voting regulations requiring valid IDs at the polls.

For the past 17 years, Public Service Internships have been awarded to nearly 140 SMU students who have served nearly 120 agencies in dozens of countries.

For more about the program, visit [www.smu.edu](http://www.smu.edu).



**GRAND  
OPENING!**  
Sept. 17 at 4 pm.  
250 W. Airport Fwy., Irving, Texas  
972-438-2274

The Greater Irving-Las Colinas Chamber of Commerce is executing a ribbon-cutting for Million Dollar Pawn & Gun on September 17th at 4 p.m. Free hot dogs chips and cold drinks will be served from 5 to 7:30 p.m. It is a family-owned and operated Pawn Shop. Come out and meet Billy Hollingsworth, his family and workers.

It is the largest and most unique pawn shop of its kind. More like a museum, it is home to a life-size, 13-foot 1,250+ pound alligator, bears, a mountain lion, life-size elk and many other life-size animal mounts.

Look for the Giant Texas Flag out front.

**CASH  
FOR  
CARS**

**ALL Cars/Trucks WANTED!**

**Running or Not!**

**Damaged/Wrecked...OK!**

**FREE pick-up and towing!**

**Sell your car in 60 seconds!**

**CALL NOW FOR A  
FREE GUARANTEED  
OFFER!**

**1-888-524-9668**  
**[www.cashforcar.com](http://www.cashforcar.com)**



## Linda Torres-Rangel named Director of Language and Parent Services

Linda Torres-Rangel, currently the State and Federal Programs Compliance Coordinator for Irving ISD, has been named Director of Language and Parent Services effective Sept. 2.

As Director of Language and Parent Services, Torres-Rangel will oversee the district's newly-developed Newcomer Academy, language testing services and the student and family engagement programs. "This is a combination of roles that has been developed to create a leaner, more efficient and effective organizational structure," explains Superintendent Jose L. Parra, Ed.D.

This is an opportunity Torres-Rangel welcomes. "We must take a family approach to learning," she explains. "We need to better educate our families and I have been able to have an impact in the lives of children by promoting a desire for academic success as well as developing positive relations with parents and staff."

"Mrs. Torres-Rangel has an established record of strong administrative leadership in Irving ISD," says Associate Superintendent of Academic Services Adam Grinage, Ed.D. "Her passion for serving students and families through language and educational support has been critical to the



success of students in this district. She is unwavering in her focus on student support systems and student success. Because of that, I am confident she will continue providing the best opportunities for our students and families as the director of language and parent services."

With 12 years of experience in Irving ISD and 18 years total in public education, Torres-Rangel has worked as a bilingual teacher, counselor, assistant principal and the coordinator of state and federal compliance.

She holds a bachelor's degree from Texas A&M University and a master's degree in counseling from Texas A&M University Commerce.

## AHA, continued from Page 4

the next generation of health care professionals who we know provide life saving support to a multicultural population."

The latest figures from the Bureau of Labor Statistics in Northeast show 11,030 registered nurses working in the Greater Washington, D.C. Metropolitan Area with an average annual salary of \$77,550.

However, there aren't many blacks or Latinos among them, officials said.

"The numbers speak for themselves," said Eva Gomez, a registered nurse and scholarship judge for the American Heart Association's "Go Red for Women" campaign, which has raised more than \$50

million since 2004.



"As the demographics change and more ethnically and racially diverse populations grow, there will definitely continue to be a need for health care providers who mirror these patients," she said.

Gomez said having diverse providers makes it possible to deliver health care that's meaningful, culturally appropriate and patient and family-centered.

Deidre Woods-Walton, a registered nurse and president of the National Black Nurses Association in Silver Spring, Maryland, echoed Gomez' comments about having a diverse pool of nurses.



*Because of the lack of minorities who serve as registered nurses, the American Heart Association's "Go Red for Women" campaign and Macy's department store have continued its three-year partnership in which 16 scholarships of \$2,500 each are awarded annually to help increase the number of diverse healthcare professionals. (Courtesy of scienceofcaring.ucsf.edu)*

**You are invited to celebrate with us!**  
**The 23rd Church Anniversary**  
**&**  
**30th Anniversary in the Ministry**  
**for Pastor Dr. Timothy J. Wilbert, Sr.**

**Banquet- Friday, September 12, 2014 at 7:00 PM**  
 Theme: "Moving Toward The Vision" Habakkuk 2:2-4  
 Location: THE SUMMIT (in the Central Park Ballroom)  
 2975 Esplanade, Grand Prairie, TX 75052  
 \*Tickets available thru August 31, 2014 (Call the church for more information)

**Community Picnic and Open House- Saturday, September 13, 2014**  
 12 Noon @ Bible Way  
 Free Hot dogs! Music, Food, Face Painting, Bounce Houses and more...

**Worship Service- Sunday, September 14, 2014 at 11 AM**  
 Let's praise the Lord for all that he has done! (Dinner following)

**Bible Way Community Baptist Church**  
 4215 North Greenview Drive  
 Irving, Texas 75062  
 Phone: 972-257-3766  
 Website: www.biblewayirving.org  
 Radio: KGGR AM 1040 @ 10 Mon-Fri  
 Internet Radio: www.live365.com/klbb



**HEALTH & FITNESS EXPO**

**SATURDAY, SEPTEMBER 13, 2014**

EXPO 4:00 - 6:00 pm. Vendors open from 1:00 - 4:00 pm & 6:00 - 8:00 pm  
 Southern Methodist University, Hughes-Trigg Student Center  
 5145 Dyer, Dallas, TX 75275-5211

  
 Cynthia Brown  
 Empowerment Specialist

  
 Melodie Covert  
 Empowerment Specialist

  
 Dr. Jill Waggner  
 Health Educator

  
 Jerome Velazquez  
 Empowerment Specialist

Keynote Speaker:  
 Eric Dickerson  
 Class of 1989  
 NFL Hall of Fame

We will kick off with a line-up of individuals from our community, doctors and EMPOWERMENT speakers.  
 Join us to "REACH, STRETCH AND GROW" into a better YOU!  
 All registrations and donations are tax-deductible.

**VIP RECEPTION**  
 FRIDAY, SEPTEMBER 12, 2014 • 7:00 - 8:30pm  
 An intimate Meet and Greet plus personal photographs with our keynote speaker  
 NFL Hall of Fame Running Back, Eric Dickerson  
 Here d'couvres will be served.  
 Proceeds will help expand Fit and Faithful Living health and fitness programs in the community.  
 Hosted by: Ralfe Dallas Cowboy, Tony Talbert & wife, Tasha Talbert, Venue: Southlake, TX 76082  
 \$100 per person, \$175 per couple

\$20 - Early Bird ends July 15, 2014 • \$25 - Regular • \$35 at the door  
 Register online at [www.FITANDFAITHFULLIVING.org](http://www.FITANDFAITHFULLIVING.org)







# Coke's global history as a capitalist abuser

Part I in a series about the world's largest brand

By Heather Gray  
Counterpunch

The Coca-Cola Company is, of course, a capitalist company meaning that its goal is to make money virtually any way possible.

It's good at this. Its market cap today is \$168.7 billion according to Forbes. Since it's founding in the late 1800s it is now known to be the most recognized product in the world. Its goal of making money is accomplished regardless of the consequences; be it environmental degradation, pollution, abuse of and destabilizing water use, worker assassinations, discrimination in the work place, or the health of individuals drinking its product, to name but a few.

Promoting a product that requires purchase by huge numbers of individuals in order to make a profit necessitates deliberate efforts at creating a positive public image. It's good at that also but it is simultaneously considered by some as one of the most evil corporations in the world – a designation that suits it well.

Living in Atlanta, the home of Coca-Cola, the time has come for me to begin writing about the company, as Alex Cockburn had wanted. The purpose of this article on Coca-Cola is to share an assortment of some of my personal experiences with the corporation in the past few decades in reference to Atlanta, South Africa and the Philippines. For a fairly comprehensive list of criticisms against The Coca-Cola Company throughout the world that I won't be referring to please go to <http://killercoke.org>.

## Coke in Atlanta

Asa G. Candler (1851-1929) was the founder of "The Coca-Cola Company" in 1892. He managed to purchase the rights to use the formula, but not the name "Coca-Cola." So, at first, the drink by Candler was called "Yum Yum" and "Koke."

John Pemberton, a pharmacist from Georgia, was the creator of Coca-Cola formula who died in 1888. And yes, it did contain cocaine initially. He was wounded in the civil war, as part of Confederate Army, and like many others became addicted to morphine while trying to relieve the pain. He created this non-alcoholic drink to help diminish the pain and his addiction. Pemberton gave his son Charles the right to the name "Coca-Cola."

Charles Pemberton was, then, a thorn in Candler's side. He died mysteriously in 1894. It is widely known that Candler was pleased that Charles was out of the way. The whole saga of obtaining the total rights to the formula and Coca-Cola name, however, is couched in vagaries, intrigue, perhaps criminal behavior and questionable

legal tactics. Did Charles Pemberton commit suicide? The question remains unanswered. It is known, however, that in 1910, Asa Candler had all the older records of the company destroyed when it moved into a larger building. Only the official records of the title were left intact. He did this in spite of the objections of his nephew ("For God, Country, and Coca-Cola," 2013, Mark Pendergrast).

I grew up in Atlanta, the home of Coca-Cola no less. To begin this saga, I need to say that I went to Druid Hills High School in the Druid Hill area that borders Emory University where I also started my university career and that has strong Coca-Cola connections.

The Candler family's involvement in the Druid Hills area was profound in the early 1900s and resonated for subsequent decades. It's as if the aura of Candler was everywhere.

It was Asa Candler, the founder of The Coca-Cola Company and brother to former Emory President Warren Candler, who helped the church (Methodist Episcopal Church) decide that the new university should be built in Atlanta. Writing to the Educational Commission of the church on June 17, 1914, Asa Candler offered "the sum of one million dollars" and a subsequent gift of 72 acres of land. With such munificence placed at its disposal, the commission quickly made up its mind, and the Emory College trustees agreed to move the college (from Oxford, Georgia) to Atlanta as the liberal arts core of the university.

Candler's philosophy was seemingly a combination of "trickle down" economics and individuals simply being blessed by God for their wealth. It was most definitely not "collective" in motive or philosophy. But he did have a mission, albeit what is seemingly an elite one. In her book "God's Capitalist: Asa Candler of Coca-Cola" (2002) Kathryn Kemp is described as explaining Candler as follows:

*(The book is) An examination of an entrepreneur who saw his personal wealth as a divine trust. Kathryn W. Kemp (asks) Can a rich man enter heaven? Asa Candler, who was a very rich man, thought so. He accepted the principle of Christian stewardship, which holds that God gives wealth to individuals in order to promote His kingdom on earth. Candler thus felt obligated to protect and build the fortune that he held as a sacred trust, and to use it to carry out God's purposes in the world. "God's Capitalist: Asa Candler of Coca-Cola" is an examination of the life of an entrepreneur who saw his personal wealth as a divine trust to*

See COKE, Page 11



## Fact:

**Seven types of commonly used herbicides and pesticides washed down our storm drains can be found in the Trinity River. Lawn chemicals and pesticides can pollute the storm drainage system, including area creeks, lakes, and the Trinity River, potentially harming plants and aquatic wildlife.**

## Tips:

- + Don't apply yard chemicals when it is very windy or about to rain.
- + Try using natural and organic alternatives.
- + Follow the instructions for the chemicals including organic alternatives.





## The Fresh House to host Career Open House and food drive

Southlake, TX – The Fresh Market continues to grow its chain of specialty grocery stores with a new location in Southlake, Texas. The store, expected to open in 2014, will bring nearly 100 new jobs to the area.

Creating new jobs isn't all The Fresh Market cares about. Giving back is a strong part of the specialty grocer's culture. Each year the company supports charitable organizations through corporate donations and community events. With September being the start of the school year for children, it only made sense to provide support for what the Share Our Strength's No Kid Hungry® campaign strives to achieve.

No Kid Hungry® endeavors to end childhood hunger in America, where

one in five kids struggle to get the healthy food they need every day. To increase public awareness, The Fresh Market has organized a food drive for Sept. 23 at their Career Open House. Those attending the Career Open House are encouraged to donate non-perishable food items.

"We hope you'll join us in supporting the community," says Matt Argano, the company's Senior Vice President of Human Resources. "No child should have to go hungry, especially in America where resources are plentiful when we come together."

The Fresh Market will be hosting a Career Open House on Tuesday, Sept. 23, from 8 a.m. to 7 p.m. at the Hilton Dallas/Southlake Town Square located at

See FRESH, Page 12

## TUDOR, continued from Page 1

of recruiting enough applicants that met the federal income guidelines. Holloway says waiving the income requirements would not hinder applicant's opportunities, but acknowledged it would in fact broaden the pool of applicants. So, instead of families with an income below \$50,000, eligible applicants for the Tudor Lane Project could have an income that exceeds \$50,000.

### Allegations of discrimination

"There is fair housing discrimination," realtor and owner of iRealty, LLC Lisette Caraballo said emphatically. "This is nothing new. It's been going on for years," she added and has the proof and documentation to validate the current complaints against the City of Irving's Housing department.

Contrary to the accusations against her and charge of "witch hunting" Caraballo states the individuals who have filed complaints against the city sought her out. But she was more than willing to educate them on their rights and legal recourse, which she says is the only thing she is guilty of. Caraballo went on to state her only desire is that the City of Irving be held accountable for its mistreatment

of those who are voiceless and powerless.

Irving housing director Chris Hooper has publicly rejected the claims against the city of discrimination although he did not respond to our several inquiries to get the city's side of the story.

We asked Holloway if she felt the complaints were valid or without warrant. She responded she was not able to comment nor was it her role to remark on anything the City of Irving would have to say about the complaints.

"We are hopeful through the HUD process we can come to a resolution," Holloway said. Regarding the accusation of Caraballo being on a "witch hunt," Holloway responded, "It was an unfortunate quote that was taken from internal communication." She acknowledged she had not personally met, had neither any dealings with Caraballo nor any reason to have any disparaging feelings toward her.

### Future of Tudor Lane

Reportedly, Irving Community Development Corporation has completed all construction of 23 homes but one. Bear Creek Development

Corporation is building the remaining four. Of the 27 units 12 have been closed on and an additional two are expected to be occupied by the end of this month. Perhaps that number will increase.

Holloway says thus far they (NSP) have received eight applications from the City of Irving. Carraballo says more than 400 applications were submitted. That means if Carraballo's numbers are correct, not even 5 percent of the applicants were deemed eligible according to the city.

Once the applications reach the NSP it's pretty much a done deal. According to Holloway the city only forwards applicants that have a 90 percent chance of approval. So the question remains what will become of the remaining units? What suitable applicants will fit the bill of just the right income, right family size and right credit score?

The more pressing question, will Tudor Lane transform its appeal to more moderate-income occupants from low income ones targeting a different demographic of homeowner? Perhaps Caraballo's assertion Irving has always been against low-income housing is not too far-fetched.

Time will tell.



**Use #X before you drive to pause the conversation until you arrive.**

No text, email, website or video is worth endangering your life or the lives of others on the road. #X lets your friends know you're about to drive and can't respond. *It Can Wait*®.

ItCanWait.com | #ItCanWait

©2014 AT&T Intellectual Property. All rights reserved.

#X  
**before  
you drive**



# Oprah to play madam in Richard Pryor biopic

Oprah posted this picture with director Lee Daniels and actor/comedian Mike Epps on Instagram and confirmed that she will play Richard Pryor's Grandmother in the highly anticipated biopic chronicling the life legendary comedian and actor Richard Pryor.

Richard Pryor often spoke in interviews about being raised in a brothel in Peoria, Illinois by his grandmother Marie Carter. Pryor described his grandmother as a cruel and abusive Madam.

According to TMZ reports:

Jennifer Pryor, the comedian's widow, stated that "Oprah got hold of the script,

and was desperate to play Marie Carter".

Other sources have reported that Oprah is looking forward to portraying another gritty and dark character after her much talked about performance in Lee Daniel's 'Butler'.



## Drake vs. Lil Wayne concert this weekend

Grammy Award-winning, multi-platinum selling, recording artists Drake and Lil Wayne will arrive for a concert in Dallas, Texas on Sunday, Sept. 7. The event promoted by Live Nation, Drake and Lil Wayne fans in Dallas can catch the show at the Gexa Energy Pavilion.



## Win tickets to Plano Balloon Festival!

This year mark's 35 years of Ballooning in Plano, Texas. Join in the Celebration at the InTouch Credit Union Plano Balloon Festival, a spectacular three-day event beginning at 4 p.m. Friday, Sept. 19 at Oak Point Park, 2801 E. Spring Creek Parkway, in Plano.

This weekend event offers something for everyone; entertainment on the FOX 4 community stage and KLUV main stage, Saturday evening spectacular fireworks show, special kids activities, sky divers, an enormous variety of food to tempt your taste buds, merchandise and handmade products showcased, and of course the incredible hot air balloons.

The balloons will launch Friday at 6



p.m., Saturday at 7 a.m. and 6 p.m. , and Sunday at 7 a.m. and 6 p.m. (weather permitting).

To WIN tickets – visit our Facebook page for more details!

## Win tickets to Kirk Franklin Gospel Brunch at the House of Blues

Join House of Blues for their new Gospel Brunch experience featuring local talent performing both traditional and contemporary Gospel songs personally selected by legendary gospel producer and artist, Kirk Franklin. The show is scheduled for Sunday, Sept. 14 at 11 a.m. or 1:30 p.m.

Before and during the show treat yourself to an amazing all-you-can-eat buffet featuring breakfast favorites plus carving

stations, southern specialties and mouth-watering desserts.

Don't miss their signature chicken and waffles! And if you're in the mood you just might end up on stage waving a napkin and dancing off some of that delicious cuisine!

This is a great event for large parties and for the entire family and you can WIN tickets to the Gospel Brunch. Details at our Facebook.com/NorthDallasGazette.





## COKE, continued from Page 8

*be used to the benefit of humanity.... At the end of his life, he had given away his entire fortune. Despite his wealth and reputation, he was opposed by those who did not share his point of view, which was primarily shaped by his religion and his social position among Atlanta's elite.*

As you might assume correctly, Emory University has the "Candler Theological Center."

Not wanting to disparage Candler's religious faith, it has not been uncommon for white Southern elite historically to use religion as a way to both justify and assuage their guilt for white southern abuse of power and white supremacy overall. To put this in context, in the early 1900s the white South was launching its oppressive Jim Crow laws and in 1906 the infamous Atlanta Race Riots occurred as Blacks started moving into Atlanta from rural areas.

In the late 1950s and early 1960s, at Druid Hill High School, I would often

look out my classroom window across the football field to the railroad tracks and then to the estate on the "other side of the tracks".

The estate was the property of Walter T. Candler, the third son of Asa Candler. Walter Candler purchased this 185-acre property in 1925 that he called the Lullwater Farms and built his sizable house on the property in 1926.

I would often see cows grazing on the field by the railroad tracks. In 1958 Candler sold the property to Emory University. Since 1963 the Emory president, whoever that might be at the time, has lived in the Lullwater House.

Throughout the Druid Hills neighborhood and close to the high school there are reminders of Asa Candler and his four children. They all had mansions in the area that have, thankfully, now been converted into public institutions of some sort, or owned by Emory University, and one is now a condominium community attached to the

mansion that some say is haunted (Asa Candler's son-in-law, Henry Heinz, was murdered on the property in 1943).

Robert Woodruff (1889-1985) became the president of Coca-Cola in 1923 and remained in that position until 1954. He stayed on the Coca-Cola board of directors, however, until 1984. His name is everywhere in Atlanta from parks, university libraries, to a whole assortment of buildings. Woodruff continued the Coca-Cola tradition of supporting the "white" Emory University but also the "black" Atlanta University Center. He was in no way as generous to Atlanta University as with Emory.

The center of the city has the "Woodruff Park" which is now named by activists as the Troy Davis Park – Davis is a black male who was, what many considered, illegally executed by the State of Georgia in 2011.

Fast forward now to 1964 and Atlanta native Martin Luther King. It is true that Coca-Cola's Robert Woodruff was instrumental in making sure Atlanta honored Dr. King when, in 1964, he became the first and only Atlanta citizen to be honored with the Nobel Peace Prize.

"There was some division in the community whether he (King) should be honored. Here again, Mr. Woodruff, through former (Atlanta) Mayor Hartsfield, said: 'Don't be absurd; of course he was to be honored,' and he was."

The night of the dinner, King delivered to a standing-room only, integrated audience what would become one of his most famous quotes: "If people of good will of the white South fail to act now, history will have to record that the greatest tragedy of this period of social transition was not the vitriolic words and then the violent actions

of the bad people but the appalling silence of and indifference of the good people." ("Inside Coca-Cola: A CEO's Life Story of Building the World's Most Popular Brand", 2012, Neville Isdell and David Beasley)

But King was never one to be compromised. Regardless of whatever Coca-Cola had done in the past, in his famous last speech in Memphis, known as the "Mountaintop Speech", he encouraged those in Memphis to boycott Coca-Cola because of its discriminatory employment practices (as in, less salary for blacks, fewer advancements compared to whites, etc.). Other corporations were also mentioned as violators of "just" employment practices. The next day after this speech, King was assassinated.

It is rather interesting to note that when President Lyndon Johnson was notified about the King assassi-

nation on April 4, 1968, he was meeting in the White House with Robert Woodruff and former Georgia Governor Carl Sanders. Johnson did on occasion talk with Woodruff either in person or on the phone.

Ever since King made his statement in 1968 about Coke, and regardless of what the company has given to the Black community in Atlanta, it has been a never-ending discriminator of its Black employees. The 1999 discrimination lawsuit against Coke and the ultimate settlement was significant.

In the largest settlement ever in a racial discrimination case, The Coca-Cola Company agreed to pay more than \$156 million to resolve a federal lawsuit brought by black employees.

*Read more as we continue with Part 2 of this in-depth article in next week's North Dallas Gazette.*

## LESSONS, continued from Page 3

conomic opportunity in 50 communities across the country through the Urban League affiliate network with a special emphasis on vulnerable youth.

In response to the crisis in Ferguson, Vermont Senator Bernie Sanders sent a letter to his Senate colleagues calling for both a thorough federal investigation of the shooting death of Michael Brown and targeted legislation to bring jobs to Ferguson and similar struggling cities. Sanders points out, "There is an economic crisis facing our nation's youth, particularly young African-Americans. Nationwide, the youth unemployment rate today is more than 20 percent and African-American youth unemployment is nearly 35 percent. The legislation would provide \$5.5 billion in immediate funding to

states and localities to employ 1 million young Americans between the ages of 16 and 24."

At Michael Brown's funeral service, Rev. Al Sharpton called on the nation and our community to task: "We can't have a fit, we've got to have a movement. We've got to be here for the long haul and turn our chants into change, our demonstration into legislation."

One of the big lessons of Ferguson is the importance of investing in jobs, education and other tools to combat poverty in our communities instead of militaristic weapons for use against our communities. We hope that Washington and America are listening – and preparing to act.

Marc H. Morial, former mayor of New Orleans, is president and CEO of the National Urban League.

## Hey Irving, Pick Us Up!

You can find a copy of the North Dallas Gazette at any one of these fine businesses and organizations. Be sure to pick up a copy every week to stay on top of the issues important to the Irving area in particular and the DFW African American community as a whole.

**Greater Irving-Las Colinas Chamber of Commerce**  
5201 N. O'Connor Blvd., Ste. 100

**Iglesia Santa Marie de Guadalupe**  
2601 S. MacArthur

**The Chateau on Wildbriar Lake**  
1515 Hard Rock Rd

**Bombay Sizzlers**  
397 East Las Colinas Blvd, Ste. 180

**Le Peep**  
4835 N. O'Connor Blvd.

**Mattito's Tex Mex**  
1001 MacArthur Park Drive

**Taqueria El Tacazo**  
1150 W. Pioneer Drive

**Capistrano's Café & Catering**  
4650 W. Airport Frwy

**Empress of China**  
2648 N. Beltline Rd.

**The Spirit Grille**  
4030 N. MacArthur Blvd #112

**El Rancho Restaurant**  
1210 E. Irving Blvd

**504 Salon**  
3414 W. Rochelle

**Irving YMCA**  
220 W. Irving Blvd

**Mitchell's Barbershop**  
4020 N. Beltline Rd

**Roy's Pawn Shop**  
635 E. Irving Blvd

**Evergreen Missionary Baptist Church "The Green"**  
3329 Country Club West

**Irving Islamic Center Valley Ranch - Valley Ranch Masjid**  
9940 Valley Ranch Pkwy W.

**Irving Salvation Army**  
1140 E. Irving Blvd

**Antioch Christian Church**  
2043 W. Walnut Hill Ln

**Lee Park Recreation Center**  
300 Pamela Drive

**Lively Pointe Youth Center**  
909 N. O'Connor Rd

**Mustang Park Recreation Center**  
2223 Kinwest Pkwy

**Northwest Park Recreation Center**  
2800 Cheyenne St.

**Senter Park Recreation Center**  
907 S. Senter Rd

**Austin Recreation Center**  
825 E. Union Bower Rd.

**Houston Recreation Center**  
3033 Country Club Rd.

**Cimarron Park Recreation Center**  
201 Red River Trail

**Georgia Farrow Recreation Center**  
530 Davis Street

**Heritage Senior Center**  
200 Jefferson Street

**iRealy Office Building**  
320 Decker Drive

**Irving Hispanic Chamber of Commerce**  
135 S. Jefferson

**Irving City Hall**  
825 W. Irving Blvd

**Irving Public Library**  
801 W. Irving Blvd

**Shady Grove CME Church**  
3537 E. Gilbert Road

**Emmanuel Baptist Missionary Church**  
511 Gilbert Road

**Ben Washington Baptist Church**  
3901 Frisco Ave

**Shepherd Church**  
615 W. Davis

**West Irving C.O.G.I.C.**  
4011 Conflans Road

**Bible Way Baptist Church**  
4215 N. Greenvue Dr.

**Strictly Business**  
4159 W. Northgate

**Washateria**  
3712 Cheyenne Street  
**New Life Ministries**  
3706 Cheyenne Street

**Elisha Mane Attractions**  
3704 Cheyenne Street

**Bear Creek Community Church**  
2700 Finley Rd.

**Evergreen Baptist Church**  
3329 W. Country Club Drive

**Po' Boys Restaurant**  
4070 N. Beltline Rd. Ste. 100

**Girl Friends Africa**  
4070 N. Beltline Rd. Ste. 134

**VW Barbership**  
4070 N. Beltline Rd. Ste. 143

**Northlake College**  
2000 College Blvd Bldg. A

**Antioch Christian Church**  
2041 West Walnut Hill

**Kasbah Grill**  
2851 Esters Rd

**Fresh Food Store**  
4020 W. Northgate Drive

**Lee's Catfish**  
1911 Esters Road

**Danal's Mexican Restaurant**  
508 N. O'Connor Rd

**Fred's Pit Barbecue**  
808 E. Irving Blvd

**Gary's Barbershop**  
2117 Story Rd.

**African Village Restaurant**  
3000 N. Beltline Rd

**New Look Barbershop**  
3317 Finley Rd.

**Irving Arts Center**  
3333 N. MacArthur #200



# Lee Arthur Johnson Center reminding all of North Texas Giving Day

ARLINGTON, TX – On September 18, 2014, donations can be made 6 a.m. to midnight to more than 1,600 certified nonprofits listed on the new website ([www.northtexasgiving-day.org](http://www.northtexasgiving-day.org)).

Donations \$25 and above will be amplified by \$2 mil-

lion in bonus funds and prizes. In just five years, North Texas Giving Day has pumped more than \$60 million into the North Texas community.

LaDonna Vick is the executive director of the Lee Arthur Johnson Center (LAJC) in Arlington, one of

the 1600 NorthTexas nonprofit organizations gearing up for this major giving day event.

The LAJC's Mission is to enhance the student learning process by promoting the intellectual growth of students and providing comprehensive testing serv-

ices to members of the community outside the formal school setting. They provide SAT/ACT preparatory courses, student focused tutoring, and Dream to Achieve College Tours.

"These services are provided at a very low cost or free. It gives those who can-

not afford those high cost test prep centers (Sylvan and Huntington) a chance to get the help they need," Vick said of her organization's efforts/

LAJCs services can be explored in-depth at [www.leeearthurjohnsoncenter.org](http://www.leeearthurjohnsoncenter.org). North Texas Giving Day will be held on Sept. 18.

## FRESH, continued from Page 7

1400 Plaza Place; Southlake, TX 76092. Prior to attending the Career Open House, attendees must apply online at [careers.thefreshmarket.com](http://careers.thefreshmarket.com). Search jobs using keyword 193.

Available positions range from Assistant Deli Managers, Assistant Front End Managers, Assistant Grocery Specialist, Assistant Produce Managers, Bakers, Bulk Specialist, Candy/Coffee Specialist, Cheese Specialist, Gift/Floral Specialist, Grocery Specialist, Meat Cutters, to Seafood Specialist. The diversity of positions within The Fresh Market stores illustrates why unique individuals are sought after to make each location special.

Attendees will have the opportunity to speak directly with The Fresh Market's hiring team to learn about the workplace culture

and experience the difference of The Fresh Market way of life.

In a professional interview format, individuals will get an inside look at The Fresh Market and its gourmet products, along with having the opportunity to discuss with current employees why The Fresh Market is a unique and special culture unlike any other. Namely, how employees enthusiastically support local organizations, national charitable partners, and take an active part in the community through events like the food drive for No Kid Hungry®.

For a complete list of all available job openings, visit [careers.thefreshmarket.com](http://careers.thefreshmarket.com). Search jobs using keyword 193.

Founded in 1982, The Fresh Market, Inc. is a specialty grocery retailer fo-

cused on providing high-quality products in a unique and inviting atmosphere with a high level of customer service. The company currently operates 160

stores in 26 states across the U.S. The Fresh Market is an equal opportunity employer. For more information, please visit [www.thefreshmarket.com](http://www.thefreshmarket.com).

**Give your business a  
GOOD  
IMPRESSION!**

**PUT YOUR BUSINESS  
RIGHT HERE**

Advertise your Business Card in our  
**DIRECTORY OF USERS**

Reg. \$80/wk, **NOW ONLY \$50/wk**

(Ads may also be used as coupons!)  
Business Card ads are the same size as this example.

**CALL  
Nina Garcia  
972-885-5044**

**CASH TODAY!!!**

Fair Price Offer For Oil and/or Gas Royalty  
Small "NET" Revenue Interest



**No Matter How Small**

Fax Information To:  
**972-509-9058**  
Call:  
**972-432-5219**  
(Leave Message)

Email:  
**[inquiries1909@gmail.com](mailto:inquiries1909@gmail.com)**

## CADNET/NORTH DALLAS GAZETTE

**National and Local Classified Advertising Network**

To advertise call 972-509-9049 Email (ad for quote) [opportunity@northdallasgazette.com](mailto:opportunity@northdallasgazette.com)

### Adoption

UNIQUE ADOPTIONS, Let us help! Personalized adoption plans. Financial assistance, housing, relocation and more. You deserve the best. Call us first! 1-888-637-8200 24 hours hotline.

### Autos Wanted

TOP CASH FOR CARS, Any Car/Truck, Running or

Not. Call for INSTANT offer: 1-800-454-6951

### Health & Fitness

VIAGRA 100MG and CIALIS 20mg! 50 Pills \$99.00 FREE Shipping! 100% guaranteed. CALL NOW! 1-866-312-6061

### Miscellaneous

Make a Connection. Real People, Flirty Chat. Meet singles right now! Call

LiveLinks. Try it FREE. Call NOW: 1-888-909-9905 18+.

DISH TV Starting at \$19.99/month (for 12 mos.) SAVE! Regular Price \$32.99 Ask About FREE SAME DAY Installation! CALL Now! 877-477-9659

CASH FOR CARS, Any Make or Model! Free Towing. Sell it TODAY. Instant offer: 1-800-864-5784

AIRLINE CAREERS begin here - Get trained as FAA certified Aviation Technician. Financial aid for qualified students. Job placement assistance. Call Aviation Institute of Maintenance 866-453-6204

DISH TV Retailer. Starting at \$19.99/month (for 12 mos.) & High Speed Internet starting at \$14.95/month (where available.) SAVE! Ask About

SAME DAY Installation! CALL Now! 1-800-615-4064

### Wanted to Buy

CASH PAID- up to \$25/Box for unexpired, sealed DIABETIC TEST STRIPS. 1-DAYPAYMENT. 1-800-371-1136

Wants to purchase minerals and other oil and gas interests. Send details to P.O. Box 13557 Denver, Co.

80201

*ADVERTISE to 10 Million Homes across the USA! Place your ad in over 140 community newspapers, with circulation totaling over 10 million homes. Contact Independent Free Papers of America IFPA at [danielleburnett-ifpa@live.com](mailto:danielleburnett-ifpa@live.com) or visit our website [cadnetads.com](http://cadnetads.com) for more information.*

Reader Advisory: the National Trade Association we belong to has purchased the following classifieds. Determining the value of their service or product is advised by this publication. In order to avoid misunderstandings, some advertisers do not offer employment but rather supply the readers with manuals, directories and other materials designed to help their clients establish mail order selling and other businesses at home. Under NO circumstance should you send any money in advance or give the client your checking, license ID, or credit card numbers. Also beware of ads that claim to guarantee loans regardless of credit and note that if a credit repair company does business only over the phone it is illegal to request any money before delivering its service. All funds are based in US dollars. 800 numbers may or may not reach Canada.



## Liberty Tax offering fall income tax preparation courses to meet new rules

Tax schools, long a training ground for industry employees, now face the challenge of preparing their students for increased IRS tax preparer regulation. Liberty Tax has enhanced its income tax preparation course to include a focus on IRS registration and accreditation requirements along with information regarding the Affordable Healthcare Act and its tax implications.

The company's tax schools and other trainings have incorporated steps to assist its tax school students who are interested in becoming professional tax preparers and obtaining a Preparer Tax Identification Number (PTIN) from the IRS.

With a tax preparer certification process in place since 2007, Liberty Tax Service took a proactive approach toward internal professional standardization by

creating its own innovative three-tier skill certification examination for its preparers.

Now that tax preparers will be required to take competency tests in the next few years, they can receive readiness through Liberty's classes, and its class offerings from basic through advanced.

"Now is a great time to start the process of learning tax preparation, and follow the steps of the certification process as the IRS phases in the new requirements. The tax school training method has been a natural fit for those of any age eager to acquire new skills, earn extra income and explore an industry new to them," remarked John Hewitt, CEO and Founder of Liberty Tax Service.

Liberty Tax will offer its annual ten week classes starting the week after

Labor Day. The classes are open to the public, with no experience required to register for the basic class. To learn more about job oppor-

tunities and Liberty's series of tax courses, visit <http://www.libertytax.com/tax-education.html> or call 1-800-658-1042.



Accepting Applications  
and Testing for  
Dispatcher/  
911 Call Taker

Salary Range:  
\$17.44 - \$21.37 Hourly

For more information  
and to apply:  
<http://agency.governmentjobs.com/allen>



**GARLAND**

**Attention Suppliers of Goods,  
Services and Construction**

**Review Competitive Opportunities at  
[www.bidsync.com](http://www.bidsync.com)**

**[www.garlandpurchasing.com](http://www.garlandpurchasing.com)**

**972-205-2415**



**DO YOU WANT AN EXCITING  
AND REWARDING CAREER?**

**PURSUE A CAREER AS A  
POLICE OFFICER OR FIREFIGHTER!**

- Competitive wages
- Array of benefits
- Education incentive pay
- . . . and more

SIGN UP TO TAKE  
THE CITY OF IRVING'S NEXT  
CIVIL SERVICE ENTRANCE EXAM.  
CALL (972) 721-2696 TO REGISTER.

*The City of Irving does not discriminate on the basis of  
race, sex, religion, age, or disability  
in employment or the provision of services.  
[www.cityofirving.org](http://www.cityofirving.org)*



### Store Management Opportunities

Hobby Lobby is a leader in the Arts & Crafts industry with 530 stores and growing located in 46 states. Candidates must have previous retail store management experience in one of the following:

Supermarket chain, Craft chain Mass merchant, Drug chain Building supply chain

Must be willing to relocate.

### Benefits include:

- All Stores Closed on Sunday!
- Competitive Salaries
- Paid Vacations
- 401K Plan
- Medical/Dental
- Life Insurance
- Merchandise Discount
- Flex Spending Plan

Qualified Candidates who are self motivated and top performers must apply online.

[www.hobbylobby.com](http://www.hobbylobby.com)  
EOE



## COME HELP BUILD A SUSTAINABLE WORLD

The Argos ready-mix team is hiring drivers at multiple locations to join our team and help us build a sustainable world.

- A or B CDL
- Competitive hourly rates
- Weekly safe load bonus
- Annual performance bonus
- Excellent benefits, including 401k
- Must be at least 25 years of age
- Fulltime positions
- Two years commercial driving experience preferred

Call 872-556-5735 or visit closest location for more information

[www.argos-us.com](http://www.argos-us.com)



## SEEKING

An Energetic, Telephone Sales  
Associates For Classified and  
Small Business Accounts.

**\$10.00 to \$12.00 per hour**

Must have: Experienced,  
Sales Skills, Good People Skills,  
The Ability to Close.

Part-time  
(approx. 20 hrs per week).  
Hourly pay + commission + bonuses

**Call: 972-432-5219**  
**(Ask for Sales Manager)**  
**Fax: 972-508-9058**

Email: [inquiries1909@gmail.com](mailto:inquiries1909@gmail.com)



**AVENUE F CHURCH  
OF  
CHRIST IN PLANO**

**Mondays – Fridays**

Call 972-423-8833 for AF-FECT, Inc. or email: AF-FECTxInc@aol.com for counseling services, resources and assistance for job readiness and training programs for individuals.

**September 7, 7:35 a.m.**

Join us Sunday for our praise and worship services; and receive a blessing from God.

Brother Ramon Hodridge,  
Minister of Education  
1026 Avenue F  
Plano, TX 75074  
972-423-8833  
www.avefchurchofchrist.org

**BETHEL BIBLE  
FELLOWSHIP**

**September 7, 10 a.m.**

Join us this Sunday for our praise and worship services; God has a word for you.

**September 10, 7 p.m.**

Join us in Wednesday's Prayer and Bible Study Class with Associate Pastor Larry Gardner teaching this week on the subject of Ad-dictions.

Dr. Terrance Woodson,  
Senior Pastor  
1944 E. Hebron Parkway  
Carrollton, TX 75007  
972-492-4300  
www.bethelbiblefellow-ship.org

**CHRIST COMMUNITY  
CHURCH  
IN RICHARDSON**

**September 7,**

Join us in our Morning Service as we worship, honor and praise God for His blessings to us.

**September 10, 7 p.m.**

You're invited to our Wednesday Night Bible Study to learn more about the Word of God.

Dr. Terrence Autry,  
Senior Pastor  
George Bush Fwy at  
Jupiter Road on the  
Garland/Richardson Border  
972-991-0200  
www.followpeace.org

**FELLOWSHIP  
CHRISTIAN  
CENTER CHURCH IN  
ALLEN  
"The Ship"**

**Monday – Friday**

**9 a.m.-1 p.m.**

TheShip3C's Prayer Lines for those that are in need are 972-649-0566 and 972-649-0567 or they may be submitted via email to: prayer-line@theship3c.org

**September 7**

Join us this Sunday for our praise and worship services at 9:30 a.m. at 1550 Edelweiss Drive in Allen and bring someone with you; you will be blessed.

**September 10**

You're invited to our Wednesday's 12 Noon-Day Live Prayer and Bible Study and/or our Wednesday Night Live Prayer and Bible Study at 7 p.m. to learn more about God's Word at Joycie Turner Fellowship Hall at our 200 W. Belmont Drive location.

Dr. W. L. Stafford, Sr.,  
Ed.D.  
Senior Pastor  
1550 Edelweiss Drive  
In Allen for Sunday  
Morning Worship.  
Admin. Building Address  
200 W. Belmont Drive  
Allen, TX 75013  
972-359-9956  
www.theship3c.org

**BIBLE WAY  
COMMUNITY  
BAPTIST CHURCH**

**September 7, 7:35 a.m.**

Join us this Sunday for our praise and worship services; and receive a blessing from God.

**September 10, 7 p.m.**

You're invited to our Wednesday Bible Study to learn more about God's word and how it can lead and guide you.

Dr. Timothy Wilbert, Pastor  
4215 North Greenview  
Drive  
Irving, TX 75062  
972-257-3766  
www.biblewayirving.org

**MT. OLIVE CHURCH  
OF PLANO (MOCOP)**

**September 7, 7:35 a.m.**

Join us in Sunday School at 8:30 a.m.; stay for our Sunday prayer at 9:30 a.m. and our Worship Service at 10 a.m.

Pastor Sam Fenceroy  
Senior Pastor  
300 Chisholm Place  
Plano, TX 75075  
972-633-5511

**NORTH DALLAS  
COMMUNITY  
BAPTIST CHURCH**

**September 7, 11 a.m.**

Join us this Sunday for our praise and worship services and bring a friend; God will bless you.

Pastor Billy R. Robinson  
1718 Trinity Valley  
Carrollton, TX 75006  
972-484-1185  
www.ndcbc.org

**RHEMA LIFE CHURCH  
IN PLANO**

**September 7, 10 a.m.**

You're invited to our praise and worship services; and receive a blessing from God.

Rev. James W. Thomas,  
Pastor/Founder  
3801 K Avenue  
Plano, TX 75074  
469-467-7575

**SHILOH MBC  
IN PLANO**

**September 7, 10 a.m.**

Join us this Sunday for our praise and worship services as we glorify God; God will bless you.

**September 10, 7 p.m.**

You're invited to our Wednesday's Bible Study to learn more about God's Word.

Dr. Isaiah Joshua, Jr.  
Senior Pastor  
920 E. 14th Street  
Plano, TX 75074  
972-423-6695  
www.smbcplano.org

**ST. JOHN BAPTIST  
CHURCH,  
CARROLLTON**

**September 20, 11 a.m.**

Join us for Carrollton's Annual Jubilee of Cultures at Historic Downtown Carrollton as we celebrate diversity and multiculturalism in our city; many cultures will once again come together to celebrate our diverse her-

itage through history, arts, music and cuisine. One highlight of the day will be to honor the Korean War Veterans of 1950-53.

Rev. R. Michael Stromile,  
Senior Pastor  
1508 Broadway Street  
Carrollton, TX 75006  
972-242-9194  
www.stjohnbaptistcarroll-  
ton.org

**THE INSPIRING BODY  
OF CHRIST CHURCH**

**September 7,  
7:30 and 11:30 a.m.**

You're invited this Sunday to our this Sunday for our praise and worship services as we honor and magnify God's Holy name; and receive a blessing from God.

**September 8, 7 p.m.**

Join us in Monday School as we learn what God has to say to us.

Pastor Rickie Rush  
7701 S Westmoreland Road  
Dallas, TX 75237  
972-372-4262  
www.lbocchurch.org

**Second Keyboardist Needed: Please Call For Info**

www.theship3c.org Fellowship Christian Center Church 972.359.9856

200 W. Belmont Drive • Allen, TX 75013  
A Kingdom Building Church

Pastor: Dr. W.L. Stafford, Sr.

Early Morning Service  
200 W. Belmont Drive  
Allen, TX 75013  
8:00 a.m.

Sunday Morning Worship  
200 W. Belmont Drive  
Allen, TX 75013  
9:30 a.m.

Wednesday Night Live  
200 W. Belmont Drive  
Allen, TX 75013  
7:00 p.m.

Lady John Stafford

**KEDRA A. WILLIAMS  
CPA, PC**

Financial Statements

IRS Negotiation & Audit Representation

BALANCE SHEET

Profitability Analysis & Reporting

Tax Preparation

**469-449-9833**

www.kedrawilliams.com

**MT. OLIVE CHURCH OF PLANO**

300 Chisholm Pl. Plano, TX 75075 972-633-5511

**Answers you need, Hope for today  
is waiting for you...**

- Sunday School for all ages 8:30 am
- Sunday Morning Prayer 9:30 am
- Sunday Service 10:00 am
- Wednesday Night Service 7:00 pm

Pastor Sam Fenceroy

Pastor Gloria Fenceroy

**www.mocop.org**

Radio Programs

"Vision & Truth Live"  
Call Pastor Sam  
Every Sun. 9:30pm-10:30pm  
KWRD 100.7 FM THE WORD

"Truth Made Simple"  
Listen to Pastor Sam  
Mon.-Fri. 5:25pm-5:30pm  
KGGR 1040 AM



# Happy Grandparents Day!



Send email to: [businessoffice@northdallasgazette.com](mailto:businessoffice@northdallasgazette.com) to sign up for Sister Tarpley's weekly electronic newsletter.

It was in watching my parents, Mr. Lloyd David & Mrs. Cedella Baker Demus with their grandchildren (the happiness from hugs and kisses, hand made cards, etc.) that I saw and realized how important grandchildren are; and the importance that grandparents take their role.

National Grandparents Day is this Sunday, Sept. 7 (always the first Sunday after Labor Day). Grandparents are a tremendous source of wisdom, strength, and joy. They are caregivers, teachers, and friends -- windows to the past and guideposts for the future.

They made America what it is today. Grandparents led our Nation through times of war, heralded new ages of innovation and tested the limits of human imagination.

They challenged long-standing prejudices and

shattered barriers, both cultural and scientific. In our homes and our communities; grandparents pass down the values that have led generations of Americans to live well and give back.

As a grandparent of one beautiful granddaughter, Tyanna Lott (my first) and three handsome grandsons (in order of their births): David Lott, Deven Tarpley and Philip Lott, I am especially proud and thankful to God for His blessings to me.

In 1970, a West Virginia housewife, Marian Herndon McQuade, initiated a campaign to set aside a special day just for grandparents. Through concerted efforts on the part of civic, business, church, and political leaders, this campaign expanded statewide.

It is said that her primary motivation was to champion the cause of lonely elderly people that were in nursing homes. She also hoped to persuade grandchildren to tap the wisdom and heritage that their grandparents could provide.

The first Grandparents Day was proclaimed in 1973 in West Virginia. Also

in 1973 a Grandparent's Day resolution was introduced in the United States Senate.

Mrs. McQuade and her team contacted governors, senators, and congressmen in every state. They sent let-

ters to churches, businesses, and numerous national organizations interested in senior citizens.

President Jimmy Carter, in 1978, proclaimed that National Grandparents Day would be celebrated every

year on the first Sunday after Labor Day. September was chosen for the holiday to signify the "autumn years" of life.

Every effort must be made to include shut-ins and those in nursing homes who are unable to be with their families or have no families in the mainstream through cards, community projects and visitation at times other than just holidays.

The need is increasing every day to fill the void of their loneliness. In every neighborhood, there are elderly who would love an opportunity to be a Foster Grandparent.

Most important, Grandparent's Day can signify a loving spirit that lives within us throughout the year -- a spirit of love and respect for our elders. Parents, churches, schools, and

senior organizations, should help children adopt a grandparent!

It doesn't have to be a gift that you spend money on; spend "quality time" with someone, listen to what they have to say, you might be surprised as to what you may learn. The official flower of Grandparents Day is the Forget-Me-Not.

MONEY ISN'T EVERY-  
THING!

There was a lady who had grown tired of life. She had everything one could wish for except happiness and contentment. One day she said, "I will go to the river and end my life."

As she walked along, she suddenly felt a little hand tugging at her skirt. Looking down she saw a frail, hungry-looking little boy who pleaded, "There are six of us. We are dying for want

**See TARPLEY. Page 16**



*Mr. Galacion and Mrs. Maria G. Guerrero originally from Durango, Mexico are parents to six children; proud grandparents to 11 children (in order of their births): Sandra, Estephany, Ivan, Blanca, Lizbeth, Anthony, Abrahm, Joan, Delilah, Gabriel and Armando Gala; and great grandparents to three-month-old grandson Julian.*

**Bible Way Community Baptist Church**

4215 N. Greenview Dr. • Irving, TX 75062  
972-257-3766

*The place where Jesus Christ is Lord  
and the Word of God Transforms lives*

Sunday School .....	9:35 A.M.
Sunday Worship .....	11:30 A.M.
Wed Bible Study .....	7:00 P.M.

*Daily Radio broadcast: KGGP 1040  
10:00 A.M. - 10:25 A.M.*

[www.biblewayirving.org](http://www.biblewayirving.org)



Dr. Timothy J. Wilbert, Sr.  
Senior Pastor

**IBOC**  
INTERNATIONAL BAPTIST OUTREACH CENTER

EVERYTHING BAPTIST IN KANSAS CITY  
7701 S. WILSON, SUITE 100  
KANSAS CITY, MO 64114  
816.221.1234

**SERVICE TIMES:**  
SUNDAY  
LIVE ONE **IBOC** 7:30 AM  
10:30 AM  
MORNING SCHOOLS  
PASTOR  
TODD  
BYRON'S CHURCH  
2:00 PM

**DAVID L. HUNT, PASTOR**

**WINTER**



## Avenue F Church of Christ

1026 Avenue F • Plano, TX 75074  
 972-423-8833  
[www.avefchurchofchrist.org](http://www.avefchurchofchrist.org)

**Early Sunday Morning .....8:00 am**  
**Sunday Bible Class.....9:45 am**  
**Sunday Morning Worship.....10:45 am**  
**Evening Worship.....3:00 pm**  
**Wednesday Bible Class.....7:00 pm**

*Ramon Hodridge, Minister*

*Radio Program @ 7:30 am on  
KHVN 970 AM Sunday Mornings*

**COMMUNITY BIBLE FELLOWSHIP**  
A Pentecostal Church of God, Springfield, MA, 01104

Sunday Worship @ 10 & 11:15am  
Wednesday Prayer 6:00pm  
Wednesday Bible Study 7:00pm  
cbbf.org 417.417.9401

Dr. Lewis W. Smith  
Senior Pastor

# Shiloh Missionary Baptist Church

*Serving the Plano Community for 128 Years*  
*Founded 1884*  
*920 E 14th Street Plano, TX*




*Isiah Joshua, Jr.*  
*Pastor*



**2013 Theme:**  
**SMBC: A church Focused on Excellence while Teaching the Word, Preaching the Gospel, Reaching the World**

**Worship Times: 8 and 11 a.m.**  
**Sunday School: 9:45 a.m.**  
**Mid-week: Wednesday at 7:00 p.m.**  
**Youth Church: Every 3rd, 4th, and 5th Sunday at 10:45 a.m.**  
**AWANA: Wednesday at 6:30 p.m.**  
**Contact Information: 972-423-6695**  
[www.smbcplano.org](http://www.smbcplano.org)



# NDG Book Review: *The Biology of Beating Stress*

By Terri Schlichenmeyer

These days, antacids are your most-efficient office assistant.

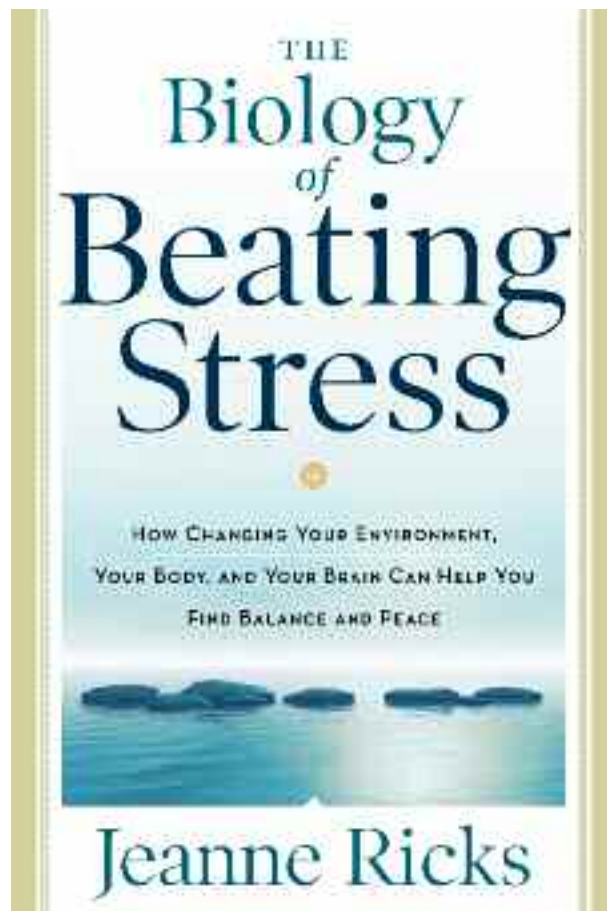
Aspirin is your co-worker. Sodium bicarbonate, your best friend. And stress? It's your roommate and constant companion.

Maybe it's the up-and-down of the economy that's made you feel this way. Maybe it's the uncertainty that accompanies today's workplace or perhaps it's a combination of all of the above, but you're a bundle of ready-to-scream. You need "The Biology of Beating Stress" by Jeanne Ricks.

Your grandfather was a hard worker. Your mother is a businesswoman and you're a Type A person, just like them. You might have their entrepreneurial genes, but genetics are not what drives stress and makes you miserable. Your environment, the people in it, and how you feel about those factors is what makes you seize up and grit your teeth in anxiety and irritation. That also causes belly fat, and it can make you physically sick.

In order to start ridding your life of stress, you need to first acknowledge that you're fed up. "Be in the moment," says Ricks, "and not on auto-pilot."

Next, learn to use the "STOP Technique," which requires that you tell yourself to STOP whatever you're doing, "absorb the scene around you," relax, and breathe. On that note, learning to breathe properly



(which Ricks says "most of us" don't know how to do) is imperative.

"The best thing about deep breathing," she says, "is that you can do it anywhere..."

Get outside and go for a walk; studies show that being outdoors eases stress. Know which foods are the healthiest for you when you're feeling on edge. Talk to your doctor about taking nutritional supplements and digestive enzymes. Think like a cat: s-t-r-e-t-c-h. and move. Write down your feelings and make an "attention list" every night, so you don't fret about forgetting something, and can sleep better. Look for time to exercise; Ricks says all you need are 20 minutes,

three times a week. Forget about perfection ("a myth"), learn to forego blame when mistakes are made, and remember that change is out of your control.

Finally, learn to deal with "6 Big Ones" – the biggest anxiety-producers – by using tools for "all-purpose... jitter reduction." And "be kind. It costs you nothing..."

"The Biology of Beating Stress" might seem to fit in the new-agey column. It would be less so without its cheerleader atmosphere and the abundance of exclamation points!! but, that aside, what you'll find here is sound advice.

At issue, however, is that it's a lot of common sense and information that's been

heard before. If, in fact, you've read anything about stress-reduction, you've read this book. Still, author Jeanne Ricks' instructions are good reminders; they're accessible, easy to under-

stand, and can be implemented with little-to-no money and almost no experience in this kind of self-improvement.

And there, I think, is where the appeal of this

book lies: its ease-of-use means quick help if you're tearing your hair out. And if that's what you need now, skipping "The Biology of Beating Stress" may be a bitter pill to swallow.

## INJURED IN AN ACCIDENT?

Let Us Get You The Help & Money You Deserve

Auto Accidents  
18 Wheeler Wrecks  
Slip & Fall

**(214) 749-0040**

We Also Handle Criminal  
Defense & Wills and  
Probate

Gina Smith & Associates  
(214) 749-0040

Free Personal Injury  
Consultation



## Sister Tarpley Thinks You Should Share Your Milestone Events

Sister Tarpley enjoys writing for the North Dallas Gazette and sharing special events and memorable occasions that positively affect our lives. We are excited to bring you the **North Dallas Gazette's Church Happenings**, where we share news and photos from the community of faith in Dallas.

**Take advantage of our special 1-time advertising rate to advertise your:**

- Church Anniversary
- Pastor's Anniversary
- Women's Day
- Men's Day
- Special Event (Personal or Community)

**\$189 - Ad Size - 2 Column x 6" (3.207" x 6")**

Call our Marketing Department today!

972-509-9049

Send your ad copy in the form below to get a quote.

Productions disclaimer - NDG ad make ready is not included in promotion. Layout/production of "copy ready" ad will be a nominal extra cost.

*North Dallas*  
**Gazette**  
Your Bridge to Opportunity



## TARPLEY, continued from Page 15

of food."

Following the little boy, she entered a scene of needs. The lady opened her purse and emptied its contents. The family members showed joy and gratitude to the lady.

The lady said, "I'll return tomorrow and share more of the good things which God has given to me in abundance!"

She was rejoicing that the child had

found her; for the first time she understood the reason for her abundance.

The greatest use of your abundance is to give it away. When we look to meeting the needs of others we find soul-satisfaction that all the abundance in the world could never obtain. In our national tragedy, share your abundance and talent to help those in need.