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# Looking back on college and an NFL career

By Andre Johnson  
NDG Contributing Writer

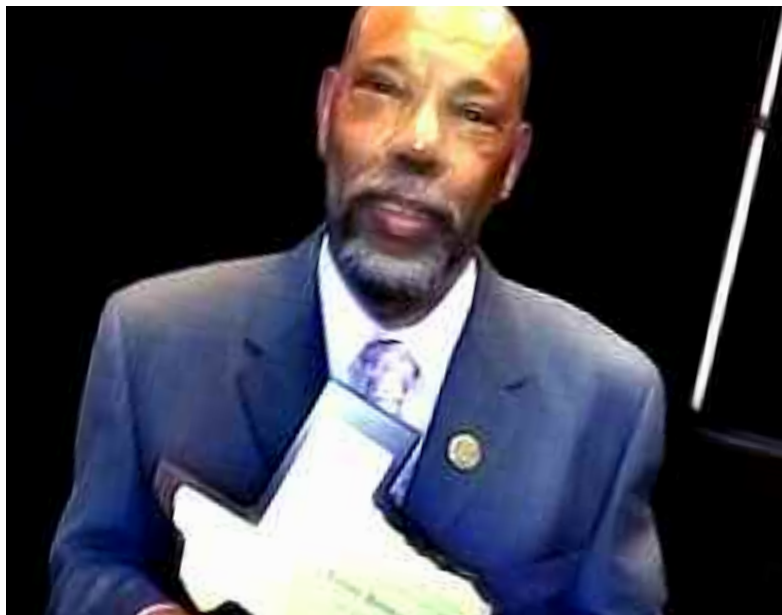
Recently, Dallasite Leroy “Lumberjack” Brown, Jr. took time to reminisce about his tenure in the National Football League in the mid-1960s with the *North Dallas Gazette*.

Although it was a brief career, it was nevertheless noteworthy.

Brown was invited to the Washington Redskins’ camp in 1966, months after his stellar career at Wiley College before a left knee injury reduced his effectiveness and ultimately ended his playing career.

It is, in fact, because of his immense contributions as a football standout that the 70-year-old Houston native was the beneficiary of yet another worthy honor.

A former star defensive end for Houston’s Yate High from 1959-62 who was named All-City and All-District during his illustrious prep career, Brown was inducted into the Prairie View Interscholastic League Coaches Association (PVICLA) Hall of Fame during a recent ceremony that took place in San Antonio.



Leroy “Lumberjack” Brown, Jr. is inducted into the PVICLA Hall of Fame.

At a ceremony that adopted the theme, “Remembering The Past With Pride,” Brown was in honored, primarily because of his memorable senior campaign at Yates during which he became an integral part of a team that advanced to the state championship game in 1961 against now-defunct Austin Anderson High.

“I remember that year we played for the championship,” Brown said. “(Anderson High) was a black high

school, which is closed now. That was a great experience playing for the state championship because the whites had their state championship.”

As Brown recalls, Yates had reached the state finals 53 years ago essentially was the beginning of change for predominantly black public institutions, something his

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## Million Dollar Pawn opens in Irving

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## Five Days Left hits shelves

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## Exhibit to spotlight Latin America

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COMMENTARY

## America needs a raise

By Julianne Malveaux  
NNPA Columnist

The Dow Jones Industrial Average has been floating at or above the 17,000 mark in the past two months – an all time high. There has been a stumble here and a wrinkle there, but even with a weak unemployment report for August, the Dow has remained over 17,000. This compares with a Dow of 13,000 just a year ago (or a 30 percent gain),

and is generally seen as a sign of economic progress and of increased wealth.

Who gets the wealth, though? Fifty-two percent of US adults own stock which includes mutual funds, Individual Retirement Accounts, and 401-k accounts down from 65 percent in 2007. The drop in the level of stock holdings can be at least partly attributed to the Great Recession, when high levels of unemployment forced

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## People In The News...

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Dr. Chandramallika Basak



Sgt. Lauren Guzman



April Berry

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## Dr. Chandramallika Basak

AUSTIN – The Darrell K Royal Research Fund for Alzheimer's Disease last week awarded \$825,000 in grant funding for cutting-edge Alzheimer's research in Texas. Comprised of fundraising efforts from the DKR Fund's Ben-Willie-Darrell "4th & Goal" Gala in 2013, the grant money will go directly to advance scientific research in Texas.

"Alzheimer's disease is one of the most important public health challenges facing our society. The economic and social costs of caring for our afflicted parents and grandparents are



much too high, and will continue escalating unless we come up with effective ways to stop and prevent Alzheimer's. The DKR Fund is an important new investment that will promote the ideas and efforts of

young and innovative scientists in Texas and bring us closer to a world without Alzheimer's," said Ronald C. Petersen, M.D., Ph.D., DKR Fund Scientific Advisor.

DKR Fund Advisory Board Members will present Dr. Maya Henry (The University of Texas at Austin), Dr. Chandramallika Basak (The University of Texas at Dallas), Dr. Steven Patrie (University of Texas Southwestern Medical Center), Dr. Marie Monfils (The University of Texas at Austin), Dr. Florian Plattner (University of Texas Southwestern Medical Center) and Dr. Murat Durakoglugil (University of

Texas Southwestern Medical Center) with grant funds totaling \$825,000 to contribute novel, innovative and effective approaches to fight against Alzheimer's disease and related disorders.

These scientific researchers were selected by a review team of world-class scientists including, internationally distinguished clinician Dr. Peterson.

The DKR Fund's grant initiative is designed to support early-to-mid career Texas-based scientists within 12 years of completion of their terminal degree, and seeks to support collaborative research en-

deavors across the state of Texas as well as throughout the United States. The DKR Fund will provide support for up to three years of research, with potential for future follow-up funding to be considered. Proceeds from this year's event will continue the Fund's grant initiative.

"I am humbled by the great work of the DKR Fund in its efforts to find a cure for Alzheimer's disease, which has impacted so many of our lives. I hope that through the continued efforts of this great team, we will find a cure," said Edith Royal, wife of the late University of Texas leg-

endary and beloved Coach Darrell K Royal.

The Ben-Willie-Darrell "Links & Lyrics" 2014 Gala will also feature a special performance by two-time CMA Entertainer of the Year and multi-Grammy award-winning country artist Vince Gill & Friends, held at the spectacular ACL Live at the Moody Theater. Prior to the concert, the Links event includes a golf tournament at Barton Creek Country Club's Crenshaw Course, hosted by Honorary Golf Chairman Ben Crenshaw.

For more information about the DKR Fund visit [www.dkrfund.org](http://www.dkrfund.org).

## Sgt. Lauren Guzman

LAREDO – Former Miss Texas USA, Lauren Guzman, also serves as a sergeant in the Texas State Guard.

Guzman was crowned Miss Texas USA 2014 on Sept. 1, 2013, representing the Lone Star State and served the citizens of Texas as both Sgt. Guzman and as Miss Texas this past year.

"In the community, being a role model with high standards is expected when being in and out of uniform," Guzman said, speaking on how the TXSG contributed to her success in the



pageants. "The

TXSG taught me to be on time for events, meetings, and how to network, but it also takes a lot of discipline, commitment and self-motivation when there is no

monetary compensation involved."

Guzman is currently assigned to the 1st Regiment, TXSG, in the operations section in San Antonio and served with the regiment's Quick Reaction Team.

"We've given her the latitude to attend required Miss Texas USA functions without penalty or adverse perception for not being able to attend scheduled Unit Training Assemblies," stated State Guard Col. Vincent Carag, 1st Regiment Commander. "We, the Soldiers of the 1st Regiment, stand behind her efforts 100 percent." Guzman agreed,

stating the troops and command, her "extended second family," has been very supportive.

Guzman joined the TXSG in 2007 and holds a bachelor's degree in forensic science from St. Mary's University, which she earned while serving in the guard.

Now that her reign as Miss Texas USA has ended, she is considering several career options to include-looking to attend Officer Candidate School.

"She was a soldier before she became Miss Texas USA and I could tell she was a 'squared away sol-

dier' when I first came on board," said 1st Regiment, Command Sgt. Maj., Mario Zuniga, giving accolades to Guzman.

"As a leader, she is a coach and mentor and is not afraid to get dirty or ask questions," he said, "and when she won Miss Texas USA, both the colonel and I thought she'd be a great spokesperson and recruiter for the TXSG."

As Miss Texas USA, Guzman traveled throughout the state and nation addressing issues such as breast and ovarian cancer awareness, attended charity events, parades and visited

hospitals and schools to help educate children regarding the dangers of drugs and the importance of education.

She also volunteers with numerous non-profit organizations on top of her work with the Guard.

As Guzman relinquishes her crown to the next Miss Texas USA, she leaves us with this advice.

"If you have a goal, push for it and ask yourself why you want it," said Guzman.

"Keep your head up till you achieve what you want and accomplish it. I kept competing until I won Miss Texas USA."

## April Berry

DALLAS – April Berry, whose resume' reads like the Who's Who of the modern dance world has been named to succeed founder Ann Williams as the Artistic Director of Dallas Black Dance Theatre (DBDT).

Master teacher, dance educator, choreographer and internationally recognized dancer, Berry is a native of New York. She began her professional training at the National Academy of Ballet and Theatre Arts in New York City and continued her training on scholarships at the Dance Theatre of Harlem and the Alvin Ailey American Dance Theater.

As a former principal



dancer with Alvin Ailey American Dance Theater, Judith Jamison taught her the role of the umbrella woman in the "Wading in the Water" segment of Mr. Ailey's signature "Revelations." She has danced with other ballet companies in the United States, Italy and Switzerland. Her career as a

dancer allowed her to work directly with renowned choreographers and artists including Alvin Ailey, Katherine Dunham, Talley Beatty, Arthur Mitchell, Judith Jamison, Carmen DeLavallade, Donald McKayle, Bill T. Jones and more.

As a choreographer, Ms. Berry's accomplishments include original choreography for Debbie Allen's The Chocolate Nutcracker, and Richard Adler's Tony – award winning musical Kwamina.

Prior to accepting the position with DBDT, Ms. Berry served as adjunct dance faculty at the University of North Carolina-Charlotte with teaching areas that include modern dance and improvisation.

She was a Teaching Artist in the Charlotte Arts and Science Council's Education Program and founded the Arts 'n Community, dedicated to providing specialized services to small and emerging arts organizations in the United States.

She also previously served as Teaching Artist for Project L.I.F.T./Arts and Science Council STEAM Camps, a Modern Dance Instructor for the American Dance Festival School (ADF) and freelance choreographer. She served as the Director of Education at North Carolina Dance Theatre in Charlotte and Director of Education and Community Programs at Ballet-

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# Lessons of Ferguson, Part II: Criminal Justice System on Trial

By Marc H. Morial  
NNPA Columnist

“I am sick and tired of being sick and tired.” Fannie Lou Hamer, legendary civil rights activist and co-founder of the 1964 Mississippi Freedom Democratic Party

The funeral is over. The protests have died down. The lax and listless wheels of justice in Ferguson, Mo. are beginning to turn. Last week, a St. Louis County grand jury convened to consider whether to bring charges against Officer Darren Wilson for the August 9 shooting death of 18-year-old, unarmed Michael Brown. As I have said before, I have never witnessed a situation more poorly handled than this one. While we are pleased that the grand jury has begun its work, questions of fairness in the St. Louis County criminal justice system and in the culture of policing in Ferguson continue to demand answers.

The latest slap in the face of community occurred last week when Missouri State Senator Jamilah Nasheed,

after initially being threatened with arrest, was finally able to deliver a petition with 70,000 signatures to the office of St. Louis County Prosecutor Robert McCulloch. The petition calls for McCulloch to recuse himself from the Michael Brown case because of his close ties to the police and previous questions of impartiality. McCulloch's father, brother, uncle and a cousin were all police officers.

In addition, in 2000, McCulloch refused to prosecute two White police officers for the shooting deaths of two unarmed Black men who it was later determined were not advancing towards the officers. Some wonder if McCulloch's decision to release the video of a convenience store altercation involving Michael Brown was a blatant attempt to taint a potential jury pool. As of this writing, the prosecutor has failed to arrest or charge Officer Wilson who remains on paid administrative leave. McCulloch has vowed to stay on the case unless Governor Nixon orders him to recuse himself. Established legal procedures and the concerns of the Ferguson commu-

nity continue to be ignored.

The heavy-handed, militaristic tactics employed by Ferguson and St. Louis County police in response to citizen protests following the killing of Michael Brown are also a powerful wake-up call. While there were isolated aggressive acts by a few rogue protesters, the majority of protests and protesters were peaceful. Yet, the use of tear gas, stun grenades and armored vehicles was reminiscent of ugly police confrontations with citizens during peaceful voting rights demonstrations in the south during the 1960s. It is unthinkable that we find those tactics acceptable today. That is why last week the National Urban League joined a coalition of more than a dozen national civil rights organizations in issuing “A Unified Statement to Promote Reform and Stop Police Abuse.” Our statement proposes a number of police reforms in Ferguson and elsewhere that are designed to ensure a greater reliance on community policing and that police departments are more reflective of the racial, ethnic

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## RAISE, continued from Page 1

people to go into their savings to survive. Maybe, too, dissolved stock holdings to help them with housing crises and underwater mortgages. For those reasons, and for many others, stock ownership is falling.

While half of the overall population owns stock, bonds or mutual funds, a 2011 Washington Post survey reported that one in four African Americans and one in six Hispanics had such holdings. These are the folks who were disproportionately hit by the housing crisis, and are now unlikely to gain from the surge in the stock market. Some folks just can't catch a break.

Now, the latest unemployment report suggests that there are fewer gains in the labor market than expected. While the overall unemployment rate has ticked down from 6.2 percent to 6.1 percent, only 142,000 jobs were created, about one hundred thousand fewer jobs that economic forecasters had been expecting.

Tepid job growth bodes ill for the so-called recovery that is optimistically referenced. The Black unemployment in August was unchanged from July at 11.4 percent, with the rate for Black men falling, and that for

Black women rising. Usually, Black men have a slightly higher unemployment rate than Black women.

While the racial unemployment rate still reflects inequality, and the general unemployment rate is too high to be optimistic about recovery (though the rate is down a full percentage point from a year ago), equally concerning is the level of wages that has not grown significantly in the past year. In the last year, the hourly wage has grown by just 50 cents, from \$24.03 in August 2013, to \$24.53 last month. With unemployment rates falling, it would seem that employers would have to work harder to compete for workers, but the extremely small increase in hourly pay suggests this is just not the case. While these data are not broken down by race, the fact that the average African American household earns just \$32,000 a year, compared to \$51,000 for a white household suggests that there is a similar difference in hourly wages.

The movement to increase the minimum wage has momentum, but Congress can't seem to understand how challenging it is to earn the minimum wage in a stagnant labor market. The minimum wage hasn't changed in five

years. Meanwhile, Congressional pay has risen from \$129,500 to \$174,000 between 1992 through 2014. Congress also has its pay inflation-adjusted. President Obama has chided Congress that “America needs a raise,” last addressing the point on this Labor Day. And fast food workers have taken it to the streets, demanding that their employers pay them \$15 an hour. Dozens were arrested in cities around the country as they disrupted traffic in busy intersections to make their case known.

The juxtaposition between minimum wages that have not been adjusted in five years, Congressional pay that continues to rise, and a 30 percent stock market gain in just a year are simple indicators of our nation's inequality. Those at the bottom aren't seeing any trickle down from stock euphoria. There has been little increase in the amount of work available, and the amount of pay that it brings. America needs a raise, and congress needs to spend just one week living on the minimum wage. That might give them an insight or two about how some people are forced to live.

Julianne Malveaux is a Washington, D.C.-based economist and writer. She is President Emerita of Bennett College for Women in Greensboro, N.C.



# Getting CHIP-ready for school

By Judy Sarasohn  
Public Affairs, HHS

For most families, back to school plans start as the summer comes to an end, but for Shellie Braggs and her kids, back-to-school planning started this past winter. That's when she got her daughter and son health coverage through CHIP, the Children's Health Insurance Program.

She started by checking her options to get the whole family covered by a private plan through the Health Insurance Marketplace. When she applied for coverage, she learned that Sacha, 13, and Sherman, 12, qualified for CHIP, the low-cost health coverage for children

in families that earn too much to qualify for Medicaid.

They can go to school healthy. - Shellie Braggs. Kids can be enrolled in Medicaid and CHIP any time of the year. Health-Care.gov. The kids had been uninsured for a year, and Shellie, a single mom in Dallas, had no coverage herself for seven years. Her job - helping to place people with disabilities in jobs - did not provide health insurance and she couldn't afford the \$500 premiums to cover her family. She had to cobble together free or inexpensive health services through local clinics and her church—it was never easy.

With the new CHIP cov-

erage, Sacha and Sherman have been able to get the physicals and vaccinations that are required in order to start school in September.

Shellie was also able to have Sacha's headaches checked out and was relieved to learn that they were allergy-related. CHIP and Medicaid typically cover a range of benefits including doctor visits, emergency and hospital care, immunizations, prescription drugs, vision, and dental.

"The doctor was able to give us some tips to deal with her allergies. Our doctor is really good at educating us," Shellie told me.

"They can go to school without the stresses of won-

dering if they are healthy," Shellie added. "It's hard to pay attention if you're not well."

Although open enrollment in the Marketplace, under the Affordable Care Act, is closed until November, you can enroll in CHIP and Medicaid any time of the year. You can find out if your children are eligible by:

Filling out the Marketplace application. If it looks like your children are eligible for CHIP, your state CHIP agency will be notified so coverage can start right away.

Visiting [www.insurekid-snow.gov](http://www.insurekid-snow.gov) or calling 1-877-543-7669.

Share this video with

your friends and family, or even your child's school so that more families can learn how to get health coverage for their children through CHIP and Medicaid.

For Shellie, knowing that

Sacha and Sherman are starting the school year healthy gives her tremendous peace of mind. As she told me: "They're happy and healthy -- and so is their mom."

## FDA worried about sleep meds and driving

Many people take sedatives to help them sleep. The Food and Drug Administration (FDA) is reminding consumers that some drugs to treat insomnia could make them less able the next morning to perform activities for which they must be fully alert, including driving a car.

FDA has informed manufacturers that the recommended dose should be lowered for sleep drugs approved for bedtime use that contain a medicine called zolpidem. FDA is also evaluating the risk of next-morning impairment in other insomnia medications.

People with insomnia have trouble

falling or staying asleep. Zolpidem, which belongs to a class of medications called sedative-hypnotics, is a common ingredient in widely prescribed sleep medications. Some sleep drugs contain an extended-release form of zolpidem that stays in the body longer than the regular form.

FDA is particularly concerned about extended-release forms of zolpidem. They are sold as generic drugs and under the brand name Ambien CR. New data show that the morning after use, many people who take products containing extended-release zolpidem have drug levels that are high enough

to impair driving and other activities. FDA says that women are especially vulnerable because zolpidem is cleared from the body more slowly in women than in men.

FDA also found that some medicines containing the immediate-release form of zolpidem can impair driving and other activities the next morning. They are marketed as generic drugs and under the following brand names:

- Ambien (oral tablet)
- Edluar (tablet placed under the

See SLEEP, Page 13



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## SMU receives \$4 million to fund Tower Scholars program

Gifts totaling more than \$4 million will endow and provide operational support for the new Tower Scholars Program – a unique immersion experience for undergraduates in public policy-making through SMU's John Goodwin Tower Center for Political Studies.

A gift of \$2 million, made possible through the generosity of Highland Capital Management L.P., will endow the Highland Capital Management Endowed Tower Scholars Program Fund. The participating students will be recognized as Highland Capital Management Tower Scholars.

A gift of \$1 million from the Hamon Charitable Foundation will endow the Jake L. Hamon Endowed Internship Program in the Tower Scholars Program Fund. A \$1 million gift from The Berry R. Cox Family Foundation will support en-

dowment and provide operational support.

The University has received additional donations totaling over \$400,000 toward operation of the Tower Scholars Program fund – important to the implementation of the program until the endowments mature.

Ten sophomore students will be selected as Highland Capital Management Tower Scholars every year. Students may apply to the program during the fall term of their sophomore year; the first applications are being accepted in fall 2014. The first scholars will begin their studies in spring 2015 leading to a minor in Public Policy and International Affairs.

The scholars will be steeped in domestic and foreign affairs, national security and defense, and international political economy. Access to global and na-

tional leaders and policy makers, study abroad opportunities and meaningful senior-year internships are hallmarks of the program. The specialized curriculum includes instruction by professors-of-the-practice and visiting diplomats.

"Few American universities offer a program designed for undergraduates with as much real-world policy education and experience as does the Tower Scholars Program," said SMU President R. Gerald Turner.

"The gifts that make this program possible allow students to begin gaining professional perspectives while working toward their undergraduate degrees, bridging the usual gap between graduation and career development."

The invitation-only

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## NorthPark YMCA seeking bands for upcoming event

The Northpark YMCA is joining forces with Unity One Credit Union for a rockin' good time at the free, family-friendly "NorthparkYMCA Boo Bash, presented by Unity One Credit Union" on Friday, Oct. 24, from 6-9 p.m. at Northpark YMCA located at 9100 N. Beach Street in Fort Worth.

Twenty bands will be selected to have a song entered on an online competition via Facebook, where social media fans will

narrow the competition down to three finalists to play on Oct. 24.

Prizes will be awarded to the three finalists, including:

First Place - \$500

Second Place - \$350

Third Place - \$150

Online band registration is free at <http://info.unityone.org/north-fort-worth-band-search> - applications will be accepted until Sept. 26.



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let's go.



# Collin College awards more than 500 student scholarships

Sept. 8, 2014 –For many college students, the excitement of a new school year could not be a reality without scholarships from generous donors and financial aid. Recognizing and addressing this need, the Collin College Foundation awarded 501 scholarships to students for the 2014-2015 academic year, totaling \$631,050.

Award selection is based upon a

combination of academic ability and financial need. Some scholarships have specific criteria, including those related to academic major, community service and leadership. Most scholarships award \$1,250 for an academic year, but some offer higher amounts to students.

The Foundation will also dis-

tribute an additional 40 scholarships for the spring 2015 semester. Applications for this new scholarship cycle will be accepted Oct. 1-30.

Since 1988, the Collin College Foundation has raised more than \$8.4 million in private contributions and distributed more than \$2.6 million in scholarships to

thousands of Collin College students.

For more information about scholarships or how to donate to the Collin College Foundation, visit <http://www.collin.edu/foundation>.

Collin College serves nearly 53,000 credit and continuing education students annually and of-

fers more than 100 degree and certificate programs. The only public college in the county, Collin College is a partner to business, government and industry, providing customized training and work force development.

The 2014-2015 Collin College Foundation scholars are listed below by city of residence.

**Addison**  
Claudia Salinas  
**Allen**  
Kaylie Burt  
Brayden Cargal  
Raymond Chan  
Savannah Choate  
Christie Conklin  
Danielle Craig  
Marina Dikosso - Bebe  
Ryan Drury  
Christen Duran  
Kelsey Edinger  
Mark Fasolino  
Erica Ferguson  
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Noah Lewis  
Ming Liu  
Heather Moore  
Amber Moran  
Catherine Mott  
Victoria Movshits  
Nhat Nguyen  
Stephanie Nunes  
JoniRose Olofernes  
Ilona Oscik  
Warda Patel  
Hayden Patterson  
Yasmin Premji  
Alessandra Rebaza  
Aubrie Reiersgord  
Lacie Reitmeyer  
Maria Velasco-Manzano  
James Ware  
Henrinna Waxter  
**Anna**  
Tori Gonzales  
Teresa McCabe  
Anthony McCormack  
Deirdre Milligan  
Kelly Morgan  
Thomas Skinner  
Sharon Tatem  
**Aubrey**  
Katherine Mersereau  
Kara York  
**Carrollton**  
Stephanie Camacho  
Caroline Chung  
Piper Hatfield  
David Hayes  
Jaime Hinojosa  
Shaletta Jones  
Priscilla Kissaru  
Marjan Sameri  
Destinie Smith  
**Celeste**  
Miranda Phillips  
**Celina**  
Aviana Arias

Christian Edmiston  
Dillon Steward  
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Christy Worthey  
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Nichole Cummins  
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Joseph Farhamand  
Camille Ganter  
Javier Giribet-Vargas  
Shairoz Hooda  
Md Akibul Islam  
Lucy Kaguora  
Tarisai Mhangami  
Mahdieh Mohammadi  
Yolanda Nelson  
George Noga  
Danielle Onyekwere  
Osayuwamen Osawaru  
Madison Palmer  
Tatiana Quigley  
kadav Ramsaran  
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## Collin College Psychology Honor Society wins national awards

Collin College's chapter of Psi Beta, the national honor society for psychology in community colleges, was recently awarded the Alberta Johnson/Ruth Hubbard Cousins Building Bonds Collaboration Award and the 2013-2014 Chapter Excellence Award by Psi Beta National.

The Alberta Johnson/Ruth Hubbard Cousins Building Bonds Collaboration Award is given to recognize and formally acknowledge the combined efforts and outcomes of Psi Beta and Psi Chi, the psychology honor society at universities, chapters that have made a significant impact at the local, state, regional or national level.

Collin College's Psi Beta chapter received the

collaborative award for its work with The University of Texas-Pan American's Psi Chi chapter at the 2014 Southwestern Psychological Association conference. Together, the chapters put on a two-hour session based on Wolf Blitzer's "The Situation Room."

"The fantastic program took on chapter issues ranging from officers not completing their respective duties to possible conflicts within chapters," said Jennifer Brooks, professor of psychology and Collin College Psi Beta faculty advisor.

"The students collaborated and did a wonderful job of incorporating all participants in the role playing and conflict resolution session."

To be eligible for the

Chapter Excellence Award, schools must demonstrate that they have completed activities that reflect each component of Psi Beta's mission: leadership, scholarship, community service and research.

For more information about Psi Beta at Collin College, visit [www.collin.edu/campuslife/psi\\_beta.html](http://www.collin.edu/campuslife/psi_beta.html).

Collin College serves nearly 53,000 credit and continuing education students annually and offers more than 100 degree and certificate programs.

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# Coke's global history as a capitalist abuser

## Part II in a series about the world's largest brand

By Heather Gray

The lawsuit, filed in April 1999, accused Coke of erecting a corporate hierarchy in which black employees were clustered at the bottom of the pay scale, averaging \$26,000 a year less than white workers. As redress, the settlement provides as many as 2,000 current and former black salaried employees with an average of \$40,000 in cash, while the four plaintiffs whose names are on the lawsuit will receive up to \$300,000 apiece.

"There's going to be fundamental change at The Coca-Cola Company," said Kimberly Gray Orton, a plaintiff who worked for Coca-Cola for 13 years and who says that she made less than the white workers she supervised. "A lot like a rock in a pond, there are going to be ripples." (NY Times: "Coca-Cola Settles Racial Bias Case" Greg Winter, November 17, 2000)

### Coke in South Africa

Also related to the leadership in the Black community vis-a-vis The Coca-Cola Company in Atlanta was the Quaker's American Friends Service Committee's (AFSC) Atlanta office and its "International Boycott Against Coke" because of Coke's relentless support of apartheid in South Africa. Because Coke had compromised many in the Black community in Atlanta with a few handouts here and there it was difficult to garner their support for the boycott. Nevertheless, the boycott was a force to be reckoned with throughout the country.

It was from the AFSC office that Tandi Gcabashe, as director of the Southern Africa Peace Education Project, organized the anti-apartheid work and campaigns in the South primarily in the 1980s and 90s. Gcabashe is the daughter of

Chief Albert Lithuli who was a former president of the ANC and the first African Nobel Peace Prize winner (1960). Lithuli was killed mysteriously in 1967 forcing Gcabashe to leave South Africa in the early 1970's.

The boycott was launched because of Coke's refusal to completely disinvest itself from South Africa and because of its hypocritical efforts to claim it was doing something positive in the South African economy to advance Black wealth and opportunity. Below are 1986 reports from AFSC and the American Committee on Africa (ACOA) about Coca-Cola in South Africa.

Over the last few years, faced with pressure to divest from activists in South Africa and in the US, Coca-Cola has begun donating small amounts of money to educational and humanitarian programs for blacks. Company officials have also begun speaking out against the most horrendous aspects of apartheid. But there is another reality to Coca-Cola's operations in South Africa: a reality determined by the company's 90 percent share of the soft-drink market and the hundreds of millions of dollars in sales revenues that the company earns each year off the apartheid system. (1983 sales, according to the Investor Responsibility Research Center, accounted for 5 percent of the parent company's worldwide sales.)

("Coca Cola in South Africa" - AFSC - African Activist Archive Project)

When The Coca-Cola Company announced it was pulling out of South Africa in September 1986, it unveiled a unique addition to the attempts by U.S. companies to pacify opponents of apartheid. A number of companies, including Coca-Cola, have ended direct investment in South Africa while retaining business ties

with apartheid. But Coca-Cola went one step further by selling some of its assets to the Black business community. Despite the emotional visions of Affirmative Action that this may evoke, the Coca-Cola plan is nothing more than a well advertised deception. Most importantly, Coca-Cola's continuing involvement is not assisting Blacks in their struggle, but in actuality is contradicting one of the basic calls articulated by South Africa's oppressed majority - the complete economic isolation of the apartheid regime.

(Coke) Workers were also angry that their pension funds have been invested in Armscor; the South African state owned and operated arms company. The workers clearly stated, "we refuse to pay for the bullets that kill our children in the townships." Members of the Food and Allied Workers Union and the Food and Beverage Workers Union warned Black business organizations against buying or helping Black businessmen buy Coca-Cola and charged them with complicity in the continued oppression and exploitation of South Africa's disenfranchised majority population. ("Coca Cola in South Africa" - ACOA - African Activist Archive Project)

Coke, famously, never totally divested from South Africa. All along its products were sold at huge profits and it essentially provided support to the apartheid regime through its affiliate's taxes. It was somewhat like Coke's infamous role in the Nazi regime during WWII. Max Keith was head of Coke in Germany at the time.

(Regarding the Nazi regime) Ironically, it seems that Coca-Cola survived and prospered in Germany by disassociating itself from its American roots. While at home Coca-Cola was the all-American drink, Keith's

strategy in Germany before and during WWII was to market Coke as a German drink, appealing to industrial workers to "Mach doch mal Pause" (Come on, take a break). ("Nazi Germany and Coca-Cola: An Unholy Alliance" Killer Coke)

In 1986 the King Holiday

was launched throughout the country. At the time, I was directing the non-violent program for Coretta Scott King at the King Center in Atlanta. Mrs. King asked me to organize the "International Anti-Apartheid Conference" as part of the King Week celebration. The program was approved by Mrs. King and included anti-apartheid leaders from throughout the country as well as African National Congress leader Johnny Makhathini, head of the ANC's Department of

See FLIGHT, Page 9



**Fact:** One gallon of soap washed down our storm drains can pollute up to 200,000 gallons of water. Soaps and detergents can pollute the storm drainage system, including area creeks, lakes, and the Trinity River, potentially harming plants and aquatic wildlife.

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**NFL,** continued from Page 1

former coach, the legendary Andrew Pat Patterson hinted during his pregame speech to his players.

“Coach Patterson told us it won’t be long before blacks and whites will be playing against each other and playing football together,” Brown said. “Of course, we thought he was playing. Because all we did was went to schools with blacks. But he said it’ll happen in the near future.”

Organized in the 1920, as a result of a meeting between members of the Colored Teachers Association and L. W. Rogers, the first assistant state superintendent of education (or the Division of Negro Schools), the Texas Interscholastic of Colored Schools (TILCS) was formed as the governing body for athletic and academic competitions for the state’s black institutions.

The PVILCA was officially established in 2005 during which the nonprofit organization began naming players to its annual Hall of Fame induction.

For Brown, a resident of Dallas since 1970, that he became one of 28 former football players inducted this year is something about which he deems gratifying.

“It’s a great feeling to be inducted into the Hall of Fame, especially after coming out of high school in 1962 and still being recognized,” Brown said. “I got the word

about it in January.”

Following a stellar career at Yates, Brown was recruited heavily by Prairie View A & M University and Texas Southern University, two Houston-based historically black colleges. However, he chose to attend Wiley College in Marshall, Texas, in large part because his parents were from that town.

“When I played at Yates, I had roots in Marshall, Texas,” Brown said. “That’s the reason I chose Wiley College. Of course back then, you didn’t get recruited by white colleges. It wasn’t like it is now. A majority of your black players went to black colleges.”

A little more than six decades removed from having faced segregation as a student athlete, Brown is appreciative of how much the game has changed, particularly with regards to racial equality.

“As far as the game, football is football,” Brown said. “And football has always been big in Texas. But as far as integration, you can go to any college you want to.”

In addition, Brown said he commends University of Texas officials for electing to hire Charlie Strong as head coach. The first black head coach of any men’s team at Texas and currently the only black head coach in the Big 12, Strong in January replaced Mack Brown, who resigned less

than one month prior to the Longhorns’ appearance in the Alamo Bowl.

“To tell you the truth,” said Brown, “I never thought I’d see a black head coach at Texas. “As a matter of fact, Texas was one the last major colleges to recruit black players. And to see Charlie Strong go there, I was really impressed. Charlie is a good coach. He did a good job at Louisville.

“But you still had some (Texas supporters) with that redneck mentality,” Brown continued. “They still didn’t want a black coach. They said he had the credentials to a coordinator. But there’s more pressure on him to win because he’s a black coach. He has a strong personality. He’s a disciplined coach.”

Brown, who spent a number of weeks in the Redskins camp in 1966 before re-injuring his knee, also sounded off about the ongoing controversy surrounding the name change of the franchise. According to a poll released August 2 by The Washington Post, a large majority of Americans believe the team should not change its name.

“I’m kind of split on that,” Brown said, when asked if the Redskins should change the name of the team. “They’ve had this name for so long. But I can understand how this would be offensive to the Indian nation. So I’m kind of divided about this issue. Now, people will find things to object to. The society now sees it more as an issue.”

**TWU to host four EMBA information sessions**

DENTON — Texas Woman’s University will host information sessions showcasing its Executive MBA program Sept. 13 in Denton, Sept. 16 in Fort Worth, Sept. 18 in Dallas and Sept. 20 in Plano.

The Denton session will take place on Saturday, Sept. 13 starting at 10 a.m. in room 501 of the Administrative Conference Tower (ACT), which is located on Administration Drive on TWU’s Denton campus.

The Fort Worth session will take place on Tuesday, Sept. 16 starting at 6:30 p.m. in Suite 100 at the Tarrant County College Training Center, Alliance, located at 13600 Heritage Parkway in Fort Worth.

The Dallas session will take place Thursday, Sept. 18 starting at 6 p.m. in room 2706 at the TWU T. Boone Pickens Institute of Health Sciences–Dallas Center, located at 5500 Southwestern Medical Ave. near the intersection of Inwood Road and Southwestern Medical Ave in Dallas.

The Plano session will take place on Saturday, Sept. 20 starting at 10 a.m. in the Trinity Room at the Sockwell Center in Plano, located at 6301 Chapel Hill Blvd. across from The Shops at Willow Bend.

TWU’s Executive MBA program is designed for individuals in professional or managerial positions who want to enhance their business knowledge and career possibilities. Classes are open to men and women.



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# Photo art exhibit spotlights Latin America

The Oak Cliff Cultural Center presents *La Rica Latinoamérica: A Photographic Journey* through a Region Full of Richness by photographer Edén Soto Alva. *La Rica Latinoamérica* will be on view Sept. 12 to Oct. 17 the Oak Cliff Cultural Center, 223 W Jefferson Blvd. in Dallas. The Oak Cliff Cultural Center will host a reception for the artist on Friday, Sept. 26 from 7 - 10 p.m. The exhibit and reception are free and open to the public.

*La Rica Latinoamérica* docu-

ments the travels of Edén Soto Alva through Latin America, capturing the scenic beauty and a glimpse into the daily social life of Mexico, Guatemala, Costa Rica, Ecuador, Colombia, Panama, and Peru. An Emmy Award-winning photojournalist, Edén Soto Alva is a native of Peru and immigrated to Dallas at the age 14. A graduate of the University of North Texas Radio, Television and Film program, Soto Alva works as general assignments reporter with Univision 23 in Dallas.



## 8th annual International 'Food for Thought' set for Sept. 18

The Irving International Women's Consortium and the Irving Hispanic Chamber of Commerce invites the public to join them for their 8th Annual free International "Food for Thought" event on Sept. 18 from 6:30 - 8:30 p.m.

The event will feature international food, music, entertainment and plenty of door prizes.

It is going to be held at the Element DFW North located at 3550 I-635 in Irving. The event is free and all guests are invited.

For more information call Ora Guy at 469-524-4509.

# A look at how Norman Rockwell included all Americans in his art

The Interfaith Council of The Thanks-Giving Foundation will host Norman Rockwell historian Jane

Allen Petrick as part of its continued Speaker Series Thursday, Oct. 2 at First Unitarian Church of

Dallas. This event represents the Foundation's partnership with Dallas Faces Race.

Jane Allen Petrick is the author of several books on topics ranging from biographies to work place issues.

Petrick will speak on her enlightening narrative, *Hidden in Plain Sight: The Other People in Norman Rockwell's America*, which explores the motivation behind Norman Rockwell's art and why he chose to incorporate people of color

in his illustrations, highlighting his commitment to portray multiculturalism.

Though hidden in plain sight, Asian, African, and Native Americans are present throughout Rockwell's 4,000 illustrations.

## Win tickets to see Rapunzel at the DCT

The Dallas Children's Theater is bringing a musical take on the classic fairy tale, *Princess Rapunzel* to stage. She must find a way to escape and the handsome Sir Roderick is ready to help Rapunzel take her rightful place as ruler of the kingdom.

The show runs Sept. 19 - Oct. 26 and *North Dallas Gazette* readers can win tickets at [NorthDallasGazette.com](http://NorthDallasGazette.com).

## Win tickets to the State Fair Classic

If it is fall in Dallas it means it is time for the State Fair of Texas and that means two things: fried food and football! *North Dallas Gazette* readers can win tickets to the Southwest Airlines State Fair Classic game featuring Grambling v. Prairie View A&M at the Cotton Bowl on Sept. 27 at 4 p.m.

For more details visit [NorthDallasGazette.com](http://NorthDallasGazette.com).

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## COKE, continued from Page 8

International Affairs who was in New York at the time.

Shortly before the event was to take place, Christine Farris (Martin Luther King's sister) and Al Davis, one of Coca-Cola's Vice Presidents who was assisting Mrs. King at the time, called me into Mrs. Farris' office. They told me I needed to stop working on the anti-apartheid conference because I had invited the African National Conference to the event. Apparently, it had something to do with the ANC's armed struggle - Umkhonto we Sizwe (Spear of the Nation) - division within the ANC that they said was in opposition to Kingian non-violence. Suffice it to say, this is an on-going debate then and now. But I was not sure how you could hold a legitimate anti-apartheid conference that did not include the ANC that was the leader of the movement.

Nevertheless, I was told by some leaders around Mrs. King not to pay any attention to this and proceed with the planning, which is what I did. I was ultimately complimented by Jesse Hill, the chair of the King Center Board of Directors, who attended the conference. The role Coke played is this scenario is not known for sure, but the Coke boycott was heating up, and there was clearly some collaboration going on here, albeit Mrs. King was not involved that I am aware of.

When Mandela visited Atlanta in 1990 after his release from prison he spoke at the Georgia Tech University football field close to the headquarters of Coke in Atlanta.

Activists in Atlanta were successful in covering all of the huge Coke signs at the stadium when Mandela addressed the immense audience. Mandela was helpful in these initiatives and, according to Gbasche, while in the states he asked that one of the hotels he was in remove all Coke vending machines.

When Mandela died in 2013 there was a service at the King Chapel at Morehouse University that included Angela D. Harrell, Director and Coca Cola Ambassador for Public Affairs and Communications. While respectful of Mandela, of course, she spoke erroneously about the role of Coca-Cola during the anti-apartheid movement stating that Coca-Cola had divested from South Africa in 1986 and returned in 1994 after the election of Mandela.

Many of us attending were rather stunned by this message, yet we should have expected this from the Coke representative.

### Coke in the Philippines

In 1989 while in the Philippines, I became alarmed at the proliferation of Coke signs everywhere in towns and villages. Like most capitalist entities, Coke will take advantage of every opportunity to stretch the limit of the possibilities of promotion anywhere and everywhere and clutter the landscape.

There were times I was in the rural areas of surrounding islands and going through military check points only to find Coca-Cola signs there as well. I asked Filipino activists about this and was told that Coke was giving money to the military. This made sense of course.

Filipino consumer advocates told me they needed to educate mothers not to give Coke to their babies. They said, for one, that Coke is not good for brain development. I was saddened to hear this, assuming that mothers were giving their babies Coke rather than milk. (As it turns out, and not surprisingly, some U.S. mothers are doing the same.) The assumption is, with so many signs everywhere, some would think the drink had merit. This is the ultimate goal of advertising, it appears, even and probably especially in countries lacking consumer

education to protect consumers and their family from unhealthy products. This is Coke pushing its product no matter the consequences.

In 1989, there was excessive violence in the Philippines largely thanks to U.S. interference. Earlier in the 1980's retired U.S. General John Singlaub, President of the World Anti-Communist League, had held a meeting in Singapore with high-ranking members of the U.S. military to launch an intensive anti-communist campaign in the Philippines.

It as meant to dampen the growing criticism of the Military Bases Agreement (MBA) the U.S. had established with the Philippines after WWII. The intent was largely to attack labor leaders, civic activists and organizers of all sorts. Assassinations were rampant in the Philippines while I was there. It appeared that any-

one who was criticizing the government or helping the poor was considered a communist - it was the typical cold war philosophy.

In 1989, Coca-Cola in the Philippines was headed by an Australian. At one point I talked with a Coca Cola employee who told me that Coke didn't want an "American face" as head of Coke in the Philippines at the time. I, of course, wanted to know why that was the case. I pursued this discussion further and asked if Coke was giving money to the Philippine military.

I was suddenly yelled at and called a communist - the discussion ended abruptly. Was Coke part of the anti-communist initiatives in the Philippines? Probably, but I don't have the definitive proof. I would assume also that most U.S. corporations in the Philippines were following and/or supporting the U.S. initia-

tives. They would not have wanted to lose the U.S. military bases guaranteed through the MBA that, regardless, finally did end in the early 1990s.

### Summary

I find it hard to say anything positive about Coke, but apparently it is good for cleaning toilets. But remember, if you clean your toilet with Coke know what it took to create that one can/bottle of Coke from the following scenario in India:

The Coca-Cola Company proudly boasts that it has a water use ratio of 2.7 to 1. That is, for every 2.7 liters of water (freshwater) it takes from the earth, it produces 1 liter of product. What happens to the remaining 1.7 liters (or 63 percent) of the water? It is used to clean bottles and machinery, and is discarded as wastewater ... Coca-Cola's water use ratio in India is 4 to 1 - that is, 75

percent of the freshwater it extracts is turned into wastewater.

The company has indiscriminately discharged its wastewater into the surrounding fields ... Thousands of farmers across India are struggling to make a living because of crop failure as a result of the water shortages created by The Coca-Cola Company.

Coke likely ranks as the epitome of the capitalist American corporate entity with all its greed, arrogance, hypocrisy, violence, worker and environmental abuse rolled into one. In other words, it employs typical capitalist behavior. Toward the end of his life, renowned scholar and activist W.E. B. DuBois realized that capitalism could not be reformed. Indeed!

*Heather Gray is the producer of "Just Peace" on WRFG-Atlanta 89.3 FM and can be reached at hmcgray@earthlink.net.*

## Hey Irving, Pick Us Up!

You can find a copy of the North Dallas Gazette at any one of these fine businesses and organizations. Be sure to pick up a copy every week to stay on top of the issues important to the Irving area in particular and the DFW African American community as a whole.

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2601 S. MacArthur

**The Chateau on Wildbriar Lake**  
1515 Hard Rock Rd

**Bombay Sizzlers**  
397 East Las Colinas Blvd, Ste. 180

**Le Peep**  
4835 N. O'Connor Blvd.

**Mattito's Tex Mex**  
1001 MacArthur Park Drive

**Taqueria El Tacazo**  
1150 W. Pioneer Drive

**Capistrano's Café & Catering**  
4650 W. Airport Frwy

**Empress of China**  
2648 N. Beltline Rd.

**The Spirit Grille**  
4030 N. MacArthur Blvd #112

**El Rancho Restaurant**  
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**504 Salon**  
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**Irving YMCA**  
220 W. Irving Blvd

**Mitchell's Barbershop**  
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**Roy's Pawn Shop**  
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**Irving Islamic Center Valley Ranch - Valley Ranch Masjid**  
9940 Valley Ranch Pkwy W.

**Irving Salvation Army**  
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909 N. O'Connor Rd

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201 Red River Trail

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**iRealy Office Building**  
320 Decker Drive

**Irving Hispanic Chamber of Commerce**  
135 S. Jefferson

**Irving City Hall**  
825 W. Irving Blvd

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**West Irving C.O.G.I.C.**  
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**Evergreen Baptist Church**  
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**Girl Friends Africa**  
4070 N. Beltline Rd. Ste. 134

**VW Barbershop**  
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**Northlake College**  
2000 College Blvd Bldg. A

**Antioch Christian Church**  
2041 West Walnut Hill

**Kasbah Grill**  
2851 Esters Rd

**Fresh Food Store**  
4020 W. Northgate Drive

**Lee's Catfish**  
1911 Esters Road

**Danal's Mexican Restaurant**  
508 N. O'Connor Rd

**Fred's Pit Barbecue**  
808 E. Irving Blvd

**Gary's Barbershop**  
2117 Story Rd.

**African Village Restaurant**  
3000 N. Beltline Rd

**New Look Barbershop**  
3317 Finley Rd.

**Irving Arts Center**  
3333 N. MacArthur #200



## BERRY, continued from Page 2

Met Columbus. She also has taught for The Ohio State University, and the Charlotte Ballet. She was artist in residence at Denison University.

Ms. Berry is a certified master instructor in Dunham Technique, a codified modern dance technique created by American dance pioneer, Katherine Dunham. She was personally certified by Miss Dunham and has the special distinction of having worked directly with Dunham.

"I am thrilled to become a part of the Dallas Black Dance Theatre family as Artistic Director and to contribute to the next phase of the company's journey," said Ms. Berry.

"It is a privilege to follow in the footsteps of Ann Williams, a great leader, whose vision has elevated Dallas Black Dance Theatre to prominent national status. I will honor the company's rich history and legacy and

maintain the organization's standard of excellence as we move together toward a strong and exciting future."

Ann Williams, who founded DBDT in 1976, will remain actively involved with the organization for the next several months to assist with the transition of the new director. Afterwards, Ms. Williams says that she will remain supportive and continue to seek funding opportunities for the organization as well as attending programs, master classes and workshops. "Next year, I am looking forward to completely stepping back and enjoying DBDT from afar," said Williams.

Ms. Berry will begin working with the company full time on September 2, 2014.

To schedule interviews with April Berry or Ann Williams, please contact Sonya Spencer, Sr. Director of

Marketing and Public Relations at

s.spencer@dbdt.com or by phone at 214.871.2376.

Founded in 1976 by Ann Williams, the mission of Dallas Black Dance Theatre is to create and produce contemporary modern dance at its highest level of artistic excellence through performances and educational programs that bridge cultures and reach diverse communities. With an ever-expanding national and global audience, the company employs a diverse, multi-ethnic troupe of dancers performing for audiences of all ages and backgrounds.

Located at the eastern end of the thriving downtown Dallas Arts District, Dallas Black Dance Theatre (DBDT) is a nationally recognized professional modern dance company that engages the cross-cultural community through contemporary modern dance presented from the African-American experience.

## JUSTICE, continued from Page 3

and gender diversity of the communities they serve. These reforms include:

- An independent and comprehensive federal investigation by the Department of Justice of the fatal shooting of Michael Brown

- A comprehensive federal review and reporting of excessive use of force generally against youth and people of color and the development of national

use of force standards

- The universal use of dash cameras in police vehicles and police officer body-worn cameras

Concrete steps to ensure that federal military weapons do not end up in the hands of local law enforcement

Make no mistake about it – in the wake of the killing of Michael Brown, the criminal justice system in America

is on trial. Despite the tremendous civil rights progress we have made over the past 50 years, we will never truly "overcome" until we honestly acknowledge and address the insidious vestiges of racial segregation and dehumanization that remain in this country, and unfortunately, in law enforcement.

*Marc H. Morial, former mayor of New Orleans, is president and CEO of the National Urban League.*

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TRACTOR JIM, 67, author, inventor, heads across Texas, October, 1,300 mi. Issues challenge to science world: "God's Gift vs. current Theories of Everything (T.O.E.)". [sAmazingAnswer.com; \[bakj334u@yahoo.com\]\(mailto:bakj334u@yahoo.com\)](http://www.God-</a></p>
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# Million Dollar Pawn & Gun in Irving will hold ribbon cutting on Sept. 17

At Million Dollar Pawn & Gun, they personally guarantee to loan 10 percent more than any other pawn shop around. They specialize in firearms and customers will find they are kept in top-notch condition and offered at an unbeatable affordable price.

Hot dogs, chips and drinks will be served from 5 to 7:30 p.m. on Sept. 17 at the Greater Irving Las Colinas Chamber of Commerce's ribbon-cutting kicking off at 4 p.m.

The staff at Million Dollar Pawn & Gun pride themselves on being a customer-friendly shop. Customers can ask any member of the in-store team about a specific firearm product or vaporizer, and he or she will be able to provide all the details of that product. Customers are invited to call the store to receive details



about a product over the telephone.

They are in the pawn business and look for opportunities to help their customers with their loan needs – daily! Customers looking for firearms or vapor supplies will find what they need at Million Dollar Pawn & Gun.

Bill Hollingsworth, Sr. is the founder of the Million Dollar Pawn & Gun shared, "If you want to see a jaw dropping...I MEAN A JAW DROPPING pawn shop, then you have to come and

see Million Dollar Pawn & Gun!" Hollingsworth is proud of being the biggest and most unique pawn shop in Texas.

Million Dollar Pawn & Gun was founded on the simple premises of customer happiness and satisfaction. The strive to be the pawn shop in Irving, TX where you can find the used firearm you are looking for, or the specific vaporizer accessory you cannot find anywhere else. It is important to them to provide these items at a price customers

can afford, despite their financial situation. That might sound too good to be true, but it is just the way they do business. Those are just a few factors of why they have been so successful in Irving for so long.

They take great pride in their used firearm inventory or and their collection of numerous vaporizers and vaporizer accessories. The staff believes they are truly an expert pawn shop with regards to both products with a knowledgeable staff to help customers anytime.

If you are looking for a spectacular pawn shop in Irving than Million Dollar Pawn & Gun is the place to visit.

They are located at 250 W Airport Fwy, Irving or call 972-438-2274. The public is invited to the ribbon cutting on Sept. 17 from 4 – 7:30 p.m.



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## SLEEP,

continued from Page 4

tongue)

- Zolpimist (oral spray)

FDA has informed the manufacturers of products containing zolpidem that the recommended dose for women for both immediate- and extended-release products should be lowered. FDA is also suggesting a lower dose range for men.

Drowsiness is already listed as a side effect in the drug labels of insomnia drugs, along with warnings that patients may still feel drowsy the day after taking these products.

However, people with high levels of zolpidem in their blood can be impaired even if they feel wide awake.

"All insomnia drugs are potent medications, and they must be used carefully," says Russell Katz, M.D., director of FDA's Division of Neurology Products.



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Live Prayer and Bible Study

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a.m.

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bless you.

**September 17, 7 p.m.**

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Dr. Isaiah Joshua, Jr.  
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**September 15, 7 p.m.**  
Join us in Monday School as  
we learn what God has to  
say to us.

**September 27, 9 a.m.**  
IBOC is hosting a "Job  
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"They bruised his feet with shackles; his neck was put in irons, till what he foretold came to pass, till the word of the Lord proved him true." **Psalm 105:18-19**

God spoke to Joseph as a young boy through a dream and vision regarding his future. He could not understand its complete meaning at the time, but he knew it had great significance.

Joseph knew God had a destiny for his life. However, the proving out of that word from God was filled with 13 years of waiting, rejection, pain, sorrow; and no doubt, Joseph questioned God's faithfulness.

His life was all but a life of influence and impact as a prisoner and slave. No doubt he wondered whether that dream was simply some vain imagination. David must have felt the same when he was anointed king over Israel as a young man only to spend years of

fleeing from King Saul.

God's preparation for greatness in His Kingdom is often filled with difficulty. God is more concerned about developing the inner life of his servant.

That inner life can only be prepared by removing all self-confidence and replacing it with God-confidence. God-confidence is only developed in the furnace of life.

Is the Lord proving His word in your life? Perhaps He is using circumstances and events to move you into a place of patiently-waiting as He puts you in the place He desires for you. This is the place where the foundation of your soul mature. Let Him prove your faith.

If you let God prove your faith you will be fully persuaded to trust God and His promises.

"Being fully persuaded that God had power to do what He had promised." **Romans 4:21.**

Ponder why God considered Abraham a righteous man. It was because Abraham looked beyond his own limitations of age and strength and considered God as the one who could accomplish His own goals.

Abraham came to a place in his life where he realized it had little to do with him and all to do with God. His part was initiating the faith within himself; just as all Christians must do.

Against all hope, Abraham, in hope believed and therefore, became the father of many nations, just as it

had been said to him, "So shall your offspring be." Without weakening in his faith, he faced the fact that his body was as good as dead-since he was about a hundred years old-and that Sarah's womb was also dead.

Yet he did not waver through unbelief regarding

the promise of God, but was strengthened in his faith and gave glory to God. **Romans 4:18-20.**

What are the things in your life that are mere impossibilities? What are the mountains in your life? Are these there in order to build your faith in The One who can enable you to ascend to the peak?

Once you know that it is His will for you to pursue, do it with faith. Faith requires action when we know it is God who is leading. It may require risk. As I was told once, faith is sometimes spelled R-I-S-K. Abraham did not limit God. It is this confidence in God that God honored and rewarded. He wants to do the same with all Christians.

God is the key to all happiness. He is the key to every life; and the key to the future of all mankind.

When you hear Him knocking, open the door; let Him in to lead and guide you.

Is your testimony what it should be? What would others say about your testimony for you? Can others see your work for God in your life?

**GOD IS ...** A Creator who knew what He was doing when He made man; a Father who is never too busy to be with His child; a Tower that never crumbles; a Light that never flickers; a Hiding Place that never closes; a Shield that has no flaws or weaknesses; a Guide who never gets lost on the trail; a Guardian who doesn't take naps; an Ocean of Love that never has a low tide; a Provider whose shelves are never empty; and a Physician who still makes house calls among many other things.



Ms. AnaLaura Gamborino, Manager of the Carrollton Plaza Arts Center. She is working hard to make Carrollton's Jubilee of Cultures a success being held September 20, 2014 at Historic Downtown Carrollton on Broadway Street, including the Food Booths, starting at 11 a.m.

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# NDG Book Review: *Five Days Left* is a fine read

By Terri Schlichenmeyer

Grandma was right. Darn it.

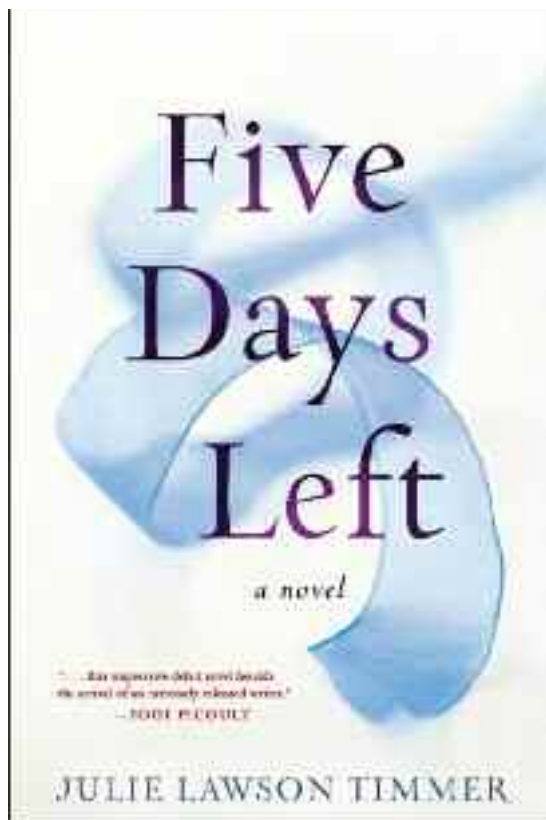
Every year, when November rolled around and you longed for the holidays, she told you not to wish your life away. Time moved fast enough, she said, and it went faster the older you get.

Back then, a week lasted forever; today, you blink and where did it go? And in the new novel "Five Days Left" by Julie Lawson Timmer, even that's not enough time.

Texas lawyer Mara Nichols always did her research.

It was something she prided herself on – until Huntington's Disease robbed her of her moods, memory, and then her job. What horrified her more than this loss of identity, though, was that, if her disease progressed as she understood it, she would lose control of her body more and more, little by little, until there was no Mara left. She'd be a burden to her husband, Tom, and an embarrassment for their daughter, Lakshmi – and that, to Mara, was unacceptable.

Four years prior, when she received her diagnosis and knew what was to come, she made a decision: if symptoms progressed beyond a certain point, she would take her own life. That was best – a gift, really – for her parents, and for Tom and Laks.



She could never tell them this, but they'd understand later.

She now had five days to wrap up her life.

Laurie Coffman always wanted a family but fostering a grade-school child from inner-city Detroit wasn't what she had in mind – particularly since she was pregnant with her first baby. For her husband, Scott, though, having Curtis for a year was so incredibly rewarding.

It had been a challenge, for sure; Scott was happy to get advice from friends on an online forum, and it really helped him and Laurie to raise Little Man. Scott fell hard for Curtis in the

past, fleeting year, but he never forgot one thing.

Curtis wasn't his son. And in five days, the boy would return to his mother...

Here's one thing you might as well warm up to: you will cry when you read "Five Days Left." You. Will. Cry.

First-time author Julie Lawson Timmer hasn't merely just penned a good novel; she leaps out of the chute here with this keeps-you-guessing story of two people who have a finite time – real or imagined – to spend with those they love. It's that guessing part, the will-she-won't-she on Mara's behalf, and the frustra-

tion from Scott that kept me turning pages well into the night.

I also found myself wondering what I'd do if I was in their shoes, which led me to ignore my clock as I got

wrapped up in their lives and this story – and if that's not the mark of an exceptional novel, well, then I don't know what is.

This is one of those winners that'll be passed from

reader to fan to book group and beyond. It's a novel that people will buzz about awhile.

Start it, and I think you'll agree that "Five Days Left" is a right fine read.

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## SMU, continued from Page 5

Tower Scholars Program and associated minor is open for application from all majors across SMU's schools, with admission based on a competitive process. The minor in Public Policy and International Affairs requires 15 hours of political science courses, beginning with Introduction to Global Policy Making in the spring of the sophomore year. The scholars will develop mentor relationships with public policy practitioners, work with clients on actual cases, and have access to local businesses, decision makers and Tower Center Board members.

"By focusing solely on undergraduate students, the Tower Scholars Program dis-

tinguishes SMU from peer institutions that offer this type of curricula only to graduate students," said Hamon Foundation president Kelly E. Roach. "The opportunity to begin working with political, government and business leaders at this stage of their education is going to nurture leadership skills at a pivotal point in these students' lives."

The Tower Center is named for the late U.S. Senator and SMU alumnus John Goodwin Tower '53. As a veteran of the U.S. Navy who later served as chairman of the Senate Armed Services Committee, John Tower was a transformative political figure as well as a college professor.