

Visit Us Online at www.NorthDallasGazette.com

# Group focuses on developing Black CEOs

By Freddie Allen NNPA Senior Washingto Correspondent

WASHINGTON (NNPA) – In an effort to increase the relevancy of historically Black colleges and universities (HBCUs), the Thurgood Marshall College Fund (TMCF) redesigned one of its signature programs to cultivate Black industry leaders at the corporate level.

Johnny Taylor, president and CEO of TMCF, a HBCU membership group focused on increasing access, retention and graduation rates of students and creating a pipeline of high-qualified graduates for employers, said that the group got off base with its leadership program.

"We kept getting people entrylevel jobs," said Taylor. "We were getting people that could get in and work as an analyst at Wells Fargo instead of looking for that kid that showed the potential to become a CEO or a president of a division or a senior vice president of Wells Fargo."

According to research conducted by Richard Zweigenhaft, a psychology professor at Guilford College in Greensboro, N.C., though Blacks account for more than 13 percent of the U.S. population, only 6.8 percent of board members of Fortune



Johnny Taylor, president and CEO of TMCF addresses the audience at the recent 26th Annual TMCF Awards Gala. (Freddie Allen/NNPA)

500 companies are Black.

DiversityInc, a publication that advocates for corporate and work-place diversity, reported that "there are six Black CEOs of Fortune 500 companies, accounting for 1.2 percent of all Fortune 500 CEOs."

Taylor continued: "I can give you a 100 people to go work in your call center, then, 'Bam!' your numbers, say 'I got a hundred more Black people,' but that doesn't solve the problem."

Taylor said that The Leadership Institute, at its core, is serious about

identifying HBCU students who have the ability to be leaders in major corporation.

Utilizing assessment tools developed by The Gallup Organization, a polling and survey research firm, and conducting one-on-one in-person interviews, TMCF identified students that "have the skills, the mindset, the tenacity to be successful in large organizations on leadership tracts," said Taylor. "And if we start doing what we should be doing and identifying them and grooming

See CEOs. Page 7



# West takes on payday loans

-See Page 7



# A time for giving thanks

-See Page 15



Usher plans show in Dallas

-See Page 9



## Win Tix to Darlene Love!!! http://www.facebook.com/

NorthDallasGazette!

# We need a president of Black America

By James Clingman NNPA Columnist

After the "Tuesday Evening Massacre" of the Elephants over the Donkeys, in January 2009, I wrote an article that warned about our being complacent and resting on the mere fact that we had elected a Black president. I suggested that we should get busy right away doing

the commensurate work it would surely take for us to get something more for our votes than just a good feeling about "making history." Obviously, we failed in that regard, and now we are crying about the massacre that took place on November 4.

As far back as 2006, I have warned against our complacency and settling

See Page 2

**See NEED, Page 13** 

## **INSIDE...**

People In The News
Op/Ed3
Health
Community
Education
Community Spotlight7-8
Entertainment 9-10
Market Place
Career Opportunity12-13
<b>Church Directory14-15</b>
NDG Book Review16

## People In The News...



Dr. Seema Yasmin



Dr. George Fair



Loretta Lynch

In October over 20,000 visited NorthDallasGazette.com - news added daily!

People in the News www.NorthDallasGazette.com

## Dr. Seema Yasmin

As Dallas dealt with the first Ebola case diagnosed in the United States, public officials faced many challenges, from logistical issues, to tracking people who might have been exposed to the virus, to communicating effectively with residents of North Texas.

UT Dallas recently played host for a community forum sponsored by The Dallas Morning News that featured a panel of scientists, physicians, and local and state officials discussing those challenges and the lessons learned after



dealing with the deadly dis-

About 300 people attended "Vital Lessons: How Dallas Confronted the Ebola Challenge," which was held in the Edith O'Donnell Arts and Technology Building lecture hall on Nov. 5.

Texas officials and the Centers for Disease Control and Prevention confirmed the first U.S. case of Ebola in Dallas on Sept. 30. The patient, who was exposed to the virus in Liberia before traveling to Texas, died at Texas Health Presbyterian Hospital Dallas on Oct. 8. Two local nurses who cared for the patient also contracted the disease, but have since recovered. No new cases in Dallas have since been identified. Dallas was declared Ebola-free Nov. 7 when the last of the people who potentially were exposed to the virus were released from monitoring.

During the forum, an editor and four health and science writers from the Morning News posed their own questions, as well as those from the audience and Twitter users, to 10 panelists (see list). Topics ranged from a review of how the hospital and health care workers handled the Ebola patients to myths about how the disease is transmitted and the status of vaccine development.

Dr. Seema Yasmin, a UT Dallas public health professor, former CDC epidemiologist and staff writer for The Dallas Morning News, was among the journalists moderating the forum. She asked about inconsistent

public messaging during the crisis, and wanted to know what officials learned about effective public communication and about aligning those messages with scientific facts.

Panelist and Dallas County Judge Clay Jenkins said that any time people hear the phrase "out of abundance of caution," that means "someone is going to disregard science. ... I think we want to avoid doing things out of an abundance of caution and just stick with the science.

Ouestions also arose about a state task force's choice of Methodist Campus for Continuing Care in Richardson as a designated

Ebola treatment center for North Texas. The facility was revamped to serve as a 10-bed isolation unit. Health care professionals from Parkland Memorial Hospital and UT Southwestern Medical Center will staff it as needed.

Laura Maczka, mayor of Richardson and a member of the panel, spoke about how she and her colleagues educated the surrounding community about the nature of the facility and addressed potential fears.

"Since this was in the middle of a neighborhood, we wanted to be informed and be sure there would be

See YASMIN, Page 6

## Dr. George Fair

A project that aims to get people invested in the future of the Earth's international waters will soon visit UT Dallas for an educational event open to the University and local community.

On Nov. 19, the School of Interdisciplinary Studies and the Teacher Development Center will host a Seminar for LifeLong Learners: Advancing a Platform for Transformation of the High Seas.

"As a university, we have a duty to educate our community about real-world issues," said Dr. George Fair,



dean of the School of Interdisciplinary Studies. "The goal of hosting this event is to engage as many people as possible in this opportunity to be better informed."

Ghislaine Maxwell, a

businesswoman and maritime explorer, will share her adventures on the high seas and how they led to the creation of the TerraMar

Maxwell, founder and president of the TerraMar Project, will highlight the latest ocean reports and news, the challenges threatening the oceans and the future of global ocean management. Maxwell has spent much of the last decade investigating problems that plague international waters and participating in marine and archeological expeditions.

The Web-based nonprofit

is building a global community to conserve and protect the oceans. The project also is raising awareness about the oceans through oceanspecific Sustainable Development Goals and representation at the United Nations

The School of Natural Sciences and Mathematics and the School of Economic, Political and Policy Sciences also are financially supporting the TerraMar event. While at UT Dallas, Maxwell will engage in roundtable discussions with STEAM (science, technology, engineering, arts and mathematics) educators and various researchers from

across the campus.

The McDermott Library created an interdisciplinary exhibit about the deep sea, preservation and politics, which was on display last month.

"The TerraMar Project gives people of all ages and roles a way to become attached to and personally involved with what happens to the oceans," said Dr. Rebekah Nix, a senior lecturer in the Teacher Development Center. "This cross-cutting, real-world story is rare in my experience and could catalyze positive change at many levels."

Nix implemented the

Seminar for Lifelong Learners in fall 2002 as part of a two-year professional development program funded by the Texas Higher **Education Coordinating** Board. This is the first seminar of its kind to be held at UT Dallas in several years.

Advancing a Platform for Transformation of the High

Location: Clark Center auditorium.

Reception: 5 - 5:45 p.m. Presentation: 6 - 7 p.m., followed by Q-and-A.

Tickets: Free and available online.

See FAIR, Page 6

## Loretta Lynch

By Julianne Malveaux NNPA Columnist

African American women were excited about President Barack Obama's nomination of Loretta Lynch to replace Eric Holder as Attorney General of the United States. Since she has sailed through two Senate confirmations, her current confirmation ought to move quickly and without controversy. But Senator Mitch McConnell (R-Tenn.) and his crowd seem to want to drag the process along, insisting on their "right" to question Loretta Lynch, and to make a spectacle of this confirmation.

There are dozens of vacancies in the ambassado-



rial ranks, among others, because Republicans have blocked Senate consideration of these appointments. Many Republican Senators keep saying they want to work with the administration. One way to show it is to move some of the appointments out of gridlock.

Loretta Lynch would be

the first African American woman to hold the position. This history-making nomination should not be tarnished by partisan nonsense. If Republicans are really trying to reach out to the African American community, conducting a nonhostile hearing this year would signal their willingness to "do the right thing" by African Americans.

President Obama is entitled to his choice for Attorney General. She has been fully vetted by the White House and has an exemplary record trying cases that range from police brutality to corporate fraud. This is a piece of cake for the woman nominated attorney general. Why would the Senate not choose to fonfirm this woman? Simply to flex their partisan muscles

and flaunt their power?

I might remind the Senate of the mobilization that Black women when Alexis Herman had a rocky road in her confirmation for Secretary of Labor in President Bill Clinton's second term. Prominent African American women, including Dorothy Height and C. Delores Tucker, were rallied their supporters. The message: Don't mess with Alexis.

The foundation of another mobilization is present and opposition to the highly qualified Loretta Lynch sends a signal to African American women, and to others, that this is a hostile Senate. This is not new information, but is the

See LYNCH, Page 16

### **Criminal Defense**

- DWI / Suspended License
- WARRANTS Removed \*
- 24 Hour Jail Release \*
- Occupational license, felonies
- Protective Order
- Misdeamenor/Felonies<sup>¥</sup>

### **Family Cases**

- Divorce / Annulment
- Child Support / Paternity
- Custody Modification
- Restraining Order
- Protective Order
- Name Change / Adoption
- Domestic Violence

## **Easy Payment Plans**

## **Law Offices Of Vincent Ndukwe** 214-638-5930

817-277-0196 (Metro)

2730 N. Stemmons Frwy, Suite 409 • Dallas, TX 75207

Not Certified by the Texas Board of Legal Specialization



P.O. Box 763866 • Dallas, Texas 75376-3866



Phone: 972-516-4191 Fax: 972-509-9058



North Dallas Gazette assumes no responsibility for unsolicited material and reserves the right to edit and make appropriate revisions.

> "Do what you say you are going to do ... when you say you are going to do it."

#### **Publisher's Office:**

publisher@northdallasgazette.com

#### **Sales Department:**

marketing@northdallasgazette.com

#### **Editorial Department:**

editor@northdallasgazette.com

#### **Online:**

www.NorthDallasGazette.com www.twitter.com/NDGEditor www.facebook.com/NorthDallasGazette www.pinterest.com/NDallasGazette

## STAFF

#### **Chairman Emeritus**

Jim Bochum 1933 – 2009

### VP of Digital Marketing

<u>Published By</u> Minority Opportunity News, Inc.

#### \*\*\*\*

Web Master Todd Jones

### Special Projects Manager

Edward Dewayne "Preacher Boy" Gibson, Jr. James C. Allen

#### **Community Marketing**

Nina Garcia

#### Religious/ Marketing Editor

Shirley Demus Tarpley

### **Advisory Board:**

John Dudley
Myrtle Hightower
Fred Moses
Annie Dickson
Cecil Starks
Willie Wattley
Coty Rodriguez-Anderson
B. J. Williams
Denise Upchurch
Barbara Simpkins,
Advisory Board Secretary

## Advisory Board

**Editor** 

Ruth Ferguson

and Entertainment

Jessica Brewer

**Contributing Writers** 

Jackie Hardy

Ivv N. McOuain

Terri Schlichenmeyer

Nicole Scott Tamarind Phinisee

D'Andrea Willis

**Editorial Writers** 

Ivy N. McQuain

Ruth Ferguson

Nicole Scott

**Production** 

David Wilfong

Public Relations Planning and Implementation Cecil Starks, Chairperson

**Committees:** 

Business Growth Referral John Dudley, Chairperson

Program Policy Development Annie Dickson, Chairperson

Quality Assurance
Myrtle Hightower, Chairperson
Coty Rodriguez

The North Dallas Gazette, formerly Minority Opportunity News, was founded in July 1991, by Mr.Jim Bochum and Mr.Thurman R. Jones. North Dallas Gazette is a wholly owned subsidairy of Minority Oppotunity News, Inc.

## Midterm election lies and consequences

By Lee A. Daniels NNPA Columnist

One source of the wide-spread losses the Democratic Party suffered this month in the midterm elections can be traced to the Ebola crisis that began claiming numerous victims across the U.S. last month—a crisis many attributed to the managerial incompetence of President Barack Obama for not preventing the disease's appearance in the country.

You ask: What victims? What Ebola crisis?

Exactly.

On Nov. 11, seven days after Election Day, the last Ebola patient in the U.S., Dr. Craig Spencer, who had caught the disease while treating victims in West Africa, left the special Ebola treatment facility at New York City's Bellevue Hospital - completely Ebola free – to be greeted with hugs and praise for his altruism by Mayor Bill De Blasio and a host of city officials. Eight of the nine people who came down with the Ebola virus on American soil have recovered. The only fatality was Thomas Eric Duncan, the Liberian national, struck down by the disease only after he entered the country.

The latest proof that the lethal Ebola virus is not a threat to the American public was greeted with deafening silence from Republican officialdom, the conservative echo chamber and their mainstream media allies, who had ginned up the Ebola "crisis" with the-sky-is-falling exaggerations, half-truths and outright lies.

Nonetheless, it had well served its purpose as a scare tactic to bash the president and the Democrats. Of course, there were several other reasons the Democrats were so deserted by White voters in the congressional midterms, most especially, the wage stagnation that has hammered the financial well-being of middle- and lower-wage workers alike. Then, too, numerous Democratic candidates' decision to run away from the president and fudge exactly what they stood for didn't help them, either.

But the Ebola-crisis-thatwasn't provides a dramatic example of what has been the GOP's central response these last six years to the Obama presidency: lying.

Remember the "death panels" that conservatives back in 2009 said were a central feature of the proposed Affordable Care Act? Remember the widespread conservative claims in August and September 2009 that the speech President Obama was going to make to the nation's school children via a national in-school broadcast was actually a nefarious plan to "indoctrinate" them in "socialist" precepts? Remember that more than a third of Republicans still believe President Obama was born outside the U.S., and another 20 percent believe he's the agent of a global socialist-Muslim conspiracy to destroy the U.S.?

Black Americans – who throughout most of American history have struggled against the lies the White majority told against them and accepted about them – should be well aware that the panoply of lies the GOP has been depending on has had and will continue to have enormous consequences for America's present and future.

There's another phrase one can use as a synonym for the GOP's anti-Obama stratagem: "maximum ideological polarization." Those words come from a former Republican representative who used them to describe the obstructionist stance of the GOP during the Clinton presidency. Its elements then were a rigid refusal to compromise, extreme partisanship in the Congress, and the use of brazen lies, and conservative money and interest groups to keep the GOP base in a state of rage. Sound familiar?

Consider the lies the U.S. Supreme Court used to further narrow affirmative action for people of color; and in a separate case, to destroy the crucial provision

**See LIES. Page 8** 

## Facing the empty chair at Thanksgiving

WACO – For many, this Thanksgiving or this Christmas will be the first holiday without a special loved one.

The loss of a family member or a friend brings obvious grief. And for those who have the opportunity to interact with a bereaved person, there are often questions: What do I do? What do I say?

There are ways that are more helpful and ways that are less helpful to approach a grieving person, said grief expert Helen Harris, Ed.D., assistant professor in Baylor University's School of Social Work.

"There are so many things that folks say that are not helpful, mostly when we tell people what to do, what to believe and how not to feel," Harris said. "Examples are: 'God needed another angel' or 'At least you had him for x-amount

of years' or 'You shouldn't feel sad. He isn't suffering anymore.'

More helpful ways to interact with a grieving person include:

Listen more than talk.

"It is OK to say, 'I don't know what to say but I want you to know that I care,'" Harris said. "It is a better choice than saying nothing, or saying things that judge and marginalize."

Acknowledge the loss and express your caring.

"Be available; be present to say a word about the special life that is gone. Ask if there is a holiday-related task you can help with. Will they be alone for Thanksgiving or Christmas? Invite them over or take a meal to their home if they are not ready to get out and be around others. Offer to help with Christmas shopping or wrapping."

Find a way to include the lost loved one in the holidays.

"I recommend families find a way to include the lost loved one in the holidays: to light a candle on the mantel to burn through the day as a symbol of his continued presence, to make an ornament with her name and place it on the tree, to talk about their roles and be intentional about who will assume those roles now of carving the turkey, etc., to use at least one of their favorite recipes for a holiday dish."

Take time to tell stories and look through old photos. But don't push it.

"If folks find it too painful, there should be no pressure to do it," Harris said. "There will be other holidays, other times and other gatherings."

Ask what helps and be

open to what doesn't.

"I ask the bereaved person to tell me what the experience is like for them and I ask what helps or doesn't help them."

Avoid "helpful" actions that are actually hurtful.

"When you stay away, pretend it didn't happen or walk the other way in a store so you don't have to say anything – those things hurt," Harris said.

Understand that there's no set time frame for someone who suffers a loss to be "over it" or "move on."

Harris said adjustment to loss is a long process and tends to get worse before it gets better. Those not closely connected to the loss will move on with their busy lives while the person who has lost a spouse or child or parent will experi-

See EMPTY, Page 8

## North Texas Poison Center at Parkland celebrates 30 years

Countless individuals have been able to breathe a sigh of relief over the past three decades thanks to the assistance they received from specialists at the North Texas Poison Center housed at Parkland Memorial Hospital. To celebrate its 30 years of service to the region, staff will host an anniversary party from 1 to 3 p.m., Thursday, Nov. 20 in the Poison Center, 5201 Harry Hines Blvd., in Dallas

The center averages now more than 340 calls daily, a significant increase from its humble beginnings of about 30 calls a day. Nearly twothirds are incoming calls to the Poison Center and the remaining third are followup calls from poison specialists to ensure the immediate concern has passed at the home or office of the caller. And while the number of calls has increased, the underlying cause has remained constant with about half related to things your mother told you not to do.

"When we started the Poison Center the majority of calls were from parents who were frantic because their child had gotten into medicine or household products they shouldn't have," said Lena Williams, RN, who was the Poison Center's first director. "There have always been 'look-alike' medicines and candy which become an easy target for kids."

But, Williams said, it goes back to what kids put

in their mouths – and they can do it in a split second.

"Even though it's been years, I still remember a mom who called about a Black Widow spider. We asked where her child had been bitten and to describe the area around the bite," Williams recalled. "She told us the spider hadn't bitten her child; her child had eaten the Black Widow. Again, you never know what a child is going to ingest."

And the outcome?

"Everyone was fine," Williams said, "well, except for the Black Widow."

What has changed over the years is the type of calls the center receives. In decades past, a call could come from a farmer who dipped his cows in the wrong liquid. The solution, center staff offered, was to "wash his herd." Or the call asking how much gopher bait could kill a cow? "On those we'd phone our Texas A&M University contacts and then relay the information back to the farmer," Williams said

"Today, the majority of calls we receive are related to prescription drugs and potential overdoses," said Rachel Harvey, RN, CSPI, Manager, North Texas Poison Center.

Every day in the U.S., 114 people die as a result of drug overdose and another 6,748 are treated in emergency departments for the misuse or abuse of drugs, according to the Centers for Disease Control and Prevention. Nearly nine out of 10 poisoning deaths are caused by drugs.

"We continue to receive calls about children who have gotten into their parents or grandparents prescription drugs," Harvey said.

What hasn't changed is the education provided by specialists in the center.

Today, as in years past, Poison Center staff is on the front lines dispelling myths and squelching rumors, whether it's about chemical insecticides used in spraying for West Nile Virus, the effects of synthetic marijuana, or the Tylenol scare in the early 1980s when capsules in the Chicagoarea were found to be laced

with cyanide.

"Public education is one of the most important services the Poison Center provides," Williams added. "If you can reach out to children at a young age and stress the importance of poison prevention, it's something they'll remember for a lifetime and they'll pass it on to their children."

And for others, specialists with the North Texas Poison Center are available 24/7 to answer questions from frantic moms, farmers or anyone else with a poison question by calling 1-800-222-1222. Visit the North Texas Poison Center on Facebook at www.facebook.com/NTXPC. You can also follow on Twitter @NTXPoisonCenter.

## Working on self-destructive behaviors during the holidays

By Lisa Ferentz, LCSW-C

The holidays can be a wonderful and cozy time of year. We reconnect with those long forgotten warm sweaters that have waited patiently for us in the back of our closets. Everything we eat and drink is pumpkin flavored. We start to look longingly at our fireplaces, and even anticipate the first snowfall.

But for many people, the shift out of daylight savings

and other harbingers of fall and winter create feelings of anxiety, loneliness, anger, and depression. Many therapists report an upswing in referrals this time of year, and the focus is often on the difficult feelings that colder weather, less sunshine, and the approaching holiday season evokes.

It's not unusual for a chill in the air to cause people to turn inward, disconnecting a bit from others. But for the millions of people who

grew up in a toxic or dysfunctional family, there's a much stronger disconnection, and a deep sense of dread and "obligation," about attending meals, religious ceremonies, and celebrations with relatives. Often, these are emotional triggers for earlier memories tainted by parents fighting, out of control drinking, financial stress, cynicism, intergenerational grudges. These traumatic experiences create painful

associations with the holiday season, and can become even more overwhelming, alienating, and confusing when the rest of the world seems to be operating from joy and good cheer. Anxiety and depression can be increased even more when teenagers and adults don't know how to process or resolve these painful memories and experiences. One powerful byproduct of not having effective coping tools is to turn to self-destructive behaviors.

It seems like a contradiction to say that people deliberately engage in behaviors that cause physical, emotional, and psychological pain and distress because they are trying to feel better! Yet the reality is eating disorders, addictions, and acts of self-mutilation are attempts to self-soothe, numb out upsetting feelings, and distract away from painful, overwhelming memories. When you add

the fact that it's socially acceptable to eat and drink to excess during the holidays, it makes turning to and abusing these substances even easier. And the tricky part is, in the short-term, these unhealthy coping strategies seem to work! They do grant some relief, numbing, and distraction. Of course, in the long-term, these behaviors create feelings of shame, guilt, anxiety and fear that loved ones will

See BEHAVIORS, Page 11

## YASMIN, continued from Page 2

no safety concerns for nearby residents," Maczka said. "We met with the hospital administrators and were provided information that gave us a good level of confidence that those who would be providing care would be able to safely treat patients, should they arrive."

The mayor and her team devised a communications plan to keep the city informed, focusing on science over sensationalism.

"Our next step was working with the hospital and its partners to ensure the community was informed. Public education and trans-

parency is important in building understanding and trust, and we knew it was important to tell people what was happening," Maczka said. "As we did so, we saw the spectrum going from fear, to 'why us, why would you say yes?,' to understanding, to education, to compassion, and then, candidly, to being proud that in Richardson, Texas, we have the ability to isolate 10 patients. Maybe it's Ebola, maybe it's measles — we don't know what it's going to be. But to have that particular facility in our community ended up being an asset for

the community."

Elizabeth Ziegler is a Eugene McDermott Scholar and a senior biology major at UT Dallas who is interested in a career in microbiology or public health. She attended the forum and said the panel was well-rounded and designed to handle a variety of questions from the public.

"I was impressed by Mayor Laura Maczka's efforts to increase community buy-in through communication," Ziegler said. "It is often said that public health is a multidisciplinary field, but I think the forum gave me a new appreciation for that message."

## **INJURED IN AN ACCIDENT?**

Let Us Get You The Help & Money You Deserve

Auto Accidents 18 Wheeler Wrecks Slip & Fall

(214) 749-0040

We Also Handle Criminal Defense & Wills and Probate

Gina Smith & Associates (21x) 749-0040



Free Parsonal Injury Consultation

## American Legion Tommie Robinson Post 802 sharing the Spirit of Giving

The American Legion Tommie Robinson Post 802 believes that Christmas is the Spirit of Giving, and what better way to give than to those who have served our country--VETERANS.

The American Legion is the nation's largest wartime veterans' service organization, committed to mentoring youth and sponsorship of wholesome programs in our communities, advocating patriotism and honor, promoting strong national security, and continued devotion to our fellow service members and veterans.

Tommie Robinson Amer-



hosting a Socks for Veterans

ican Legion Post 802 is event is held annually to collect items to make gift Drive at their Post. The bags using socks for homeless Veterans and Veterans in the Veterans Affairs hospital located at 4500 S. Lan-

With donations from 2011 - 2013, Post 802 was able to deliver 759 gift bags to the VA Hospital. The purchase of a package of socks or donation of \$5 toward the gift bags will help the American Legion succeed their goal of 300 gift bags for 2014. Post 802 welcomes and appreciate any donation toward their cause—socks.

Reserve Dec. 13 from 2 -3:30 p.m. on your calendar to bring your donation. Post 802 is located at 2728 Parsons Avenue in Dallas. A short Christmas program

and entertainment will be provided, followed by a desert and punch reception. Come out and support the American Legion Post 802.

If you just want to drop off your donation, they can arrange for Commander Angelia Herndon at 214-881-0926.

The American Legion is an organization comprised of U.S. military veterans which began following World War I in Paris, France. The American Legion is responsible for numerous charitable activities and causes throughout the

## Rep. Anchia hosting town hall to discuss Trinity Tollroad Project

State Representative Rafael Anchia will host a town hall meeting on the Trinity Tollroad Project on Wednesday, Dec. 3 at 6:30

The meeting will be held at the Chris Semos campus of Rosemont Elementary

School.

The town hall meeting is open to the public and does not require a pre-registra-

The town hall will feature a panel of supporters, as well as representation from the opposition. Among the

panelists are Michael Morris from NCTCOG and Councilman Scott Griggs from the City of Dallas, District 1

Additional panelists will be announced prior to the meeting.

Anchia represents Texas

House District 103, in which a large portion of the Trinity Tollroad would lie.

"In talking with constituents about the Trinity Tollroad Project, I was hearing a constant message of dissatisfaction with the proposed road. I conducted

a survey to gauge the climate in and around Dallas, and the respondents were startlingly opposed to the project," Representative Anchia said.

The results of the online survey, along with a sample of public comments, are attached for review.

In the interest of efficiency, the public is encouraged to submit questions for the panel in advance by email to info@rafaelanchia.com.

A recent toll road project in Garland was cancelled.

NDG now has a "Special Advertising Package" for churches and non-profit organizations that need to let the community know about your Special Event.

## **Opportunity You Can Measure...**

#### **Church Events**

- Church Anniversary
- Pastor's Anniversary
- Women's Day
- Men's Day

#### Non-Profit Org. Events

- Fundraisers (Concerts)
- Special Events (Personal or Community)

## **Special Rate \$1**

(Black & White, per insertion) Ad size - 4.905" x 6" (Quarter Page, B&W) (NOTE: Color Ad \$75 extra per inserion)

Production disclaimer - NDG ad meake-ready is not included in promotion. Layout/production of "copy ready" ad will be a nominal extra cost.

E-mail ad copy to: Marketing@NorthDallasGazette.com or call our Marketing Department today!

972-432-5219





### Same Day Move-In • GREAT Location!! (Dallas)

STOP PAYING SO MANY FEES! Our rent is FULL SERVICE. We pay for utilities – electricity, heating, air conditioning, and janitorial services ... it's all included! No "Plus-E" – No "CAM." NO PERSONAL OR BUSINESS FINANCIAL HISTORY REQUIRED! GREAT DEALS ON ONE-ROOM SUITES! --- STOP PAYING TOO MUCH RENT! (Just North of Downtown Dallas)

- · Surveillance Camera · No Application or Application Fees • Five-Page lease - Short & Simple • Extremely Competitive Rates
- · Same-Day Move-In · Flexible Lease Terms · On-site Management, Maintenance, Leasing and Space Planning
  - Ample, Convenient Parking No Credit Check
  - Beautiful Glass & architecturally unique Building!
     Rent Starting at \$199 per month (9.99/sq.ft.)

Office / Medical Space 1327 Empire Central (@ I-35 Stemmons Freeway) Dallas, TX 75247 (972) 432-5219

## **Richland College Garland Campus** offering night and weekend classes

Richland College Garland Campus is offering night and weekend classes for the spring semester in the areas of AutoCAD, SolidWorks, machine operator, welding and IC3 certification. Classes begin Jan.

Education

"Richland College Garland Campus has recognized a need in our community to offer additional night and weekend classes for working adults and those with less flexible schedules," said Kimberly Wilkins, Richland College

Garland Campus workforce training coordinator. "These classes are perfect for anyone looking to upgrade their skills or even change careers. The Garland Campus is local, tuition is reasonable and we provide quality training with quality instructors."

Registration for classes at Richland College Garland Campus begins Nov. 18. Prospective students can register online at richlandcollege.edu/schedules or by phone at 972-238-6146.



## good for you Four reasons

Many Americans are choosing to hold onto their money these days, a lesson learned from the 2008-09 financial crash.

It's good to have savings but not to the point of hoarding, says entrepreneur and philanthropist Tim Mc-Carthy, author of "Empty Abundance," (mindfulgiving.org).

Americans are saving at a rate of 5.30 percent, well above the record low of 0.80 percent in 2005, according to the U.S. Bureau of Economic Analysis.

The world's billionaires are holding an average of \$600 million each in cash, which is more than the gross domestic product of Dominica, according to the new Billionaire Census from Wealth-X and UBS. That's up from \$60 million the previous year, signaling that the very wealthy are keeping their money on the sidelines and waiting for an optimal investment time.

"All of us could invest part of our 'fortune,' great or small, on something that

vide an in-depth look at the

problems plaguing the

human level, such as nonpredatory loans to individuals from impoverished communities,"

McCarthy diverts all of his business profits annually to his foundation, The Business of Good, which invests in socially conscious businesses and scalable nonprofit concepts.

He reviews what everyone has to gain from mindful giving.

Money buys you happiness – up to \$75,000 worth. Life satisfaction rises with income, but everyday happiness – another measure of well-being - changes little once a person earns \$75,000 per year, according to a 2010 Princeton study. Another widely published survey by psychologist Roy Baumeister suggested that "happiness, or immediate fulfillment, is largely irrelevant to meaningfulness." In other words, so many who finally achieve financial ex-

conducted in 132 countries found that people in wealthy countries rate themselves higher in happiness than those in poor countries. However, 95 percent of those surveyed in poverty-stricken countries such as Ethiopia, Kyrgyzstan and Sierra Leone reported leading meaningful lives, while less than 60 percent reported the same in wealthier countries.

"While more investigation to wealth, happiness and well-being is certainly in order, I think it's clear that while money is important, it cannot buy purpose, significance or overall satisfaction," McCarthy says.

Giving money reliably equals happy money. Two behavioral scientists, Elizabeth Dunn and Michael Norton, explore in their recent book, "Happy Money: The Science of Smarter Spending," what makes people engage in "prosocial

mation on how to view the

event online, visit Nix's

website.

happiness indicates that the most satisfying way of using money is to invest in others.

In 2010, multi-billionaires Warren Buffet and Bill and Melinda Gates cofounded The Giving Pledge, a long-term charitable effort that asks the wealthiest among us to commit to giving more than half of their fortunes to philanthropy. Among the first to join, Michael R. Bloomberg wrote in his pledge letter: "If you want to do something for your children and show how much you love them, the single best thing by far - is to support organizations that will create a better world for them and their children." To date, 115 of our country's 495 billionaires have pledged.

Anhedonia, amnesia and

the fallacy of consumption. Anhedonia is the inability to enjoy activities that are typically found pleasurable.

"After making my wealth, I found that I suffered from anhedonia," Mc-Carthy says. "Mindful giving - intelligent and conscious giving to those who need it - turned out to be my best therapy."

Everybody has experienced the limits of consumption, the economic law of diminishing returns. One cookie is nice and so, too, is your first \$1 million. But at some point, your ability to enjoy eating cookies or earning millions diminishes more with each successive

"Everyone learns this lesson, yet the horror is that so many of us succeed in forgetting it," McCarthy says. "I think that, in every moment, we need to remind ourselves that continually reaching for the next 'cookie' is not in our best interest."

Tim McCarthy's first business, WorkPlace Media, reaches more than 70 million employees with incentives for clients such as Coca-Cola, Lenscrafters and McDonalds. He sold the company in 2007 and recently bought it back. In 2003, he partnered with his son, Tim Patrick McCarthy, to open Raising Cane's of Ohio, which had 13 stores with over \$30 million in revenue in 2013. McCarthy, author of "Empty Abundance," (mindfulgiving.org), earned his bachelor's in political science and MBA from Ohio State University.

# ALL Cars/Trucks WANTED

**Running or Not!** 

FREE pick-up and towing!

CALL NOW FOR A FREE GUARANTEED

Damaged/Wrecked...OK! Sell your car in 60 seconds!

www.cashforcar.com

#### cess are unfulfilled by the behavior" - including charrewards that come with that. itable contributions, buying Remember the wealth gifts and volunteering time. disconnection to overall ful-According to Dunn and gives back on a deeper fillment. A Gallup survey Norton, recent research on educators and lifelong **FAIR,** continued from Page 2 learners can make virtually Maxwell also will speak oceans and details on eduunlimited interdisciplinary at the Texas chapter of the cational applications develconnections to this impor-National Science Teachers oped by TerraMar. tant work." Association's Conference "The Informal Science Space is limited. Tickets for the Advancement of Sci-Education Association of are free and can be obtained ence Teaching (CAST) on Texas and the Texas Marine here. If you are unable to at-Nov. 20 in Dallas. Education Association have tend the Seminar for Life-Nix said more than 7,000 been working with us to Long Learners, the event bring TerraMar to Texas for Texas science teachers are will be streamed live and expected at CAST this year, almost a year now," Nix archived. For more inforwhere Maxwell will prosaid. "We at UT Dallas are



happy to emphasize the

many ways that non-science

# Senator Royce West prefiles bills on predatory lending for next session

State Senator Royce West (D-Dallas) filed 12 pieces of legislation today, the first day to file bills for the upcoming 84th session of the Texas Legislature.

"With eight new members in the Senate, and a slate of new officeholders at the statewide level, it should be an interesting session," Senator West concluded. "I look forward to developing relationships with my new colleagues and to working with them for a better Texas."

Senate Bill 121 addresses "payday" lending. It is modeled from legislation that passed the Senate in 2013. "We know that some people lack access to traditional



sources of financial lending," said Senator West, "but the practices of some Texas payday lenders has created a cycle of debt from which many hardworking Texans cannot escape. SB121 should help restore balance to the relationship between borrowers and lenders in this area."

In light of recent shoot-

ings involving law enforcement and reportedly unarmed suspects, numerous cities and police departments across the country and here in Texas, have employed or are exploring the use of body-worn camera technology by officers. However, little legal or statutory framework for the use of cameras worn by police officers exists. Senate Bill 158 by Senator West would create statewide policy and looks to provide body-worn cameras for officers assigned to patrol du-

Senator West also prefiled a number of bills related to criminal justice. Senate Bill 122 extends compensation for persons who were wrongfully convicted. Current state law does not account for persons whose convictions were overturned prior to post-conviction DNA legislation passed in 2001.

Senate Bill 124 identifies in state statute, the federal prohibition for knowingly buying firearms for another person who cannot legally purchase guns. The ban on "straw" gun purchases was upheld by the U.S. Supreme Court in June of this year.

Under Senate Bill 126, certain seriously-ill prison inmates, who because of their infirmities are no longer a threat to society, could be released from con-

finement following review by the Board of Pardons and Paroles. This measure would reduce expensive medical care costs that are now paid entirely by the state.

Senate Bill 128 seeks to ensure that criminal history record information disclosed to the public is accurate and up-to-date, and that private entities selling this information are held accountable for the accuracy of the disclosed information.

Senator West's past work regarding orders of nondisclosure is furthered by Senate Bill 130 that would allow the disposition of a judicial "set-aside," a dismissal, to be sealed from public disclosure.

Senate Bill 131 follows up with legislation passed in 2011 that created statewide standards and training for law enforcement agencies, court workers, technicians and others responsible for the collection, analysis, storage and retention of biological (DNA) evidence.

Among the other legislation filed today by Senator West are bills permitting cities and counties to set a minimum wage that is greater than the federal minimum wage, and creating a bipartisan commission to handle congressional redistricting.

## CEOS, continued from Page 1

them and introducing them to companies like Miller-Coors and to other major corporations, 20 years from now these people will be running organizations and no one will be able to question whether or not HBCUs need to exist."

Recently, TMCF hosted nearly 500 student scholars at the Leadership Institute's annual conference in Washington, D.C.

Students attended workshops and sessions on financial literacy, diversity and inclusion, personal leadership branding and career readiness. Students also got the opportunity to network and interview with corporate executives from top companies such as Walmart MillerCoors, Shell Oil Company, John Deere, Boeing and Microsoft Corporation. Federal agencies - including the Department of Defense, U.S. Marine Corps and U.S. Securities and Exchange Commission - were also on hand to share information with and recruit stu-

Joshua Lee, a senior

bachelor's of science biomedical engineering major at North Carolina A & T University in Greensboro, N.C. and a TMCF scholarship recipient, said that he's learning how to engage with other young leaders, not just from social aspect, but from career-driven and peer-to-peer mentoring as well.

"When you hang around leaders, you get to share ideas, you get encouragement you get the push that you need," said Lee.

Cherish Liles, a senior psychology major at Fayetteville State University in North Carolina, was encouraged by hearing a student scholar detail plans for becoming a U.S. Senator by 2035.

"It really pushed me to be more goal-orientated. I want to get on that level," said Liles. "It's motivating, but intimidating at the same time."

Lee said that it costs more than \$20,000 a year to attend North Carolina A & T and that the TMCF provides about \$6,200 per year. Lee



Cherish Liles, a senior psychology major at Fayetteville State University attends the 14th Annual Leadership Institute conference in Washington, D.C. (Freddie Allen/NNPA)

also works and gets help from his parents and other financial aid to pay for school.

"The [Thurgood Marshall College Fund] has always pulled through," said Lee, adding that without the TMCF scholarship, he would never have been able to finish college. "I can honestly say that's one of the biggest reasons why I'm still in school."

The Forestville, Md., native who also started a campus ministry, credits TMCF for teaching students that leadership and giving back to the community, especially HBCUs, go hand and

hand.

"Get a good job and start your career when you get opportunities, go back, say 'thank you,'" said Lee. "This is what TMCF has taught and is teaching the students. Once you graduate and once you make it and get your job, once you get to whenever you want to go in life, don't forget where you came from, take time to give back to the community that gave to you."

Taylor said that there is no reason why all HBCUs shouldn't have serious endowments, given the number of graduates that they have produced over the vears

"If it weren't for that HBCU, you wouldn't be a schoolteacher and instead of making \$40,000 a year, you might be making \$20,000 a year, so you got to give something," said Taylor. "All these people have cable, cell phones, cars, it's all about priorities. I refuse to let the community off on this."

Taylor said that when you look at spending power in the Black community, which the Nielsen Company estimated will top \$1 trillion next year, there is enough money in the Black community to solve the HBCU problem.

"There would be no Thurgood Marshall and therefore no Brown v. the Board of Education, if there was no Lincoln University and no Howard University to educate Thurgood Marshall," Taylor said, referring to HBCUs. "So you are reaping all of the benefits of what the HBCUs produced and now you think because you went to Harvard that this doesn't matter to you."

Taylor said that when you look at spending power in

the Black community, which the Nielsen Company estimated will top \$1 trillion, there is enough money in the Black community to solve the HBCU problem.

Joshua Smith, the chairman and managing partner at the Coaching Group, LLC and a Central State University alumnus received the "HBCU Alumnus of the Year Award" at the recent 26th Annual TMCF Awards Gala. Smith contributed \$1 million dollars to his alma mater.

Smith said that he was dismayed when he learned that financial support from HBCU alumni is "woefully lacking" and "dangerously disappointing" and that some alumni have strong feelings of entitlement and negative attitudes about their college experiences.

"Central State University was my family and what I became and what I am today is a direct result of those challenging, but constructive and supportive years there," said Smith. "How can I possibly forget or have nothing but positive feelings about that critical phase of my life?"

## NDG Book Review: A Light Shines in Harlem

By Terri Schlichenmeyer

Your child loves his teacher.

It's something you're grateful for, because that makes it easier for him to go to school. Every morning, he rises with a smile and he comes home excited. Bless her heart, he's getting an education for his future.

But what if the school your child attended was sub-par? What would you do to ensure that he had the best learning atmosphere possible? As you'll see in *A Light Shines in Harlem* by Mary C. Bounds, it was a question that needed tackling.

Rev. Dr. Wyatt Tee Walker knew that Harlem youth were in trouble.

As Martin Luther King Jr.'s Chief of Staff, Walker had worked hard for civil rights. As a minister who A LIGHT
SHINES
IN HARLEM
New York's First Charter School

and the Movement It Led



helped reclaim Harlem 's neighborhoods, he knew the value of education for its citizens – and he was con-

cerned.

"Increasingly," says Bounds, "Walker heard stories from his congregation

Harris served as be-

about how inner-city schools were failing their children." He considered opening his own school but logistics prevented it. Still, he never stopped searching for answers – until he found something he thought might work: a charter school.

Much like a public school, charter schools are "tax-funded, tuition-free, and open to all public school children..." The difference is in who operates the school, and that parents decide on enrollment. It was education reform in its truest sense, and it was a relatively new concept then.

When he met Steven Klinsky in 1999, Walker hoped the solution was at hand.

For years, Klinsky had been thinking about his brother.

When Klinsky was a kindergartener, his brother

Gary tutored him every day after school. Thanks to Gary, who died young, Klinsky was a success, and he'd been thinking about a way to honor Gary 's legacy. In the beginning, Klinsky created an academic after-school program that offered kids a fun way to learn – much like the fun he'd had with Gary - but when he learned about charter schools, he became truly excited. Harlem seemed to be the likeliest place for a charter school, if the right building could be found.

And then someone introduced Klinsky, who had the finances, to Walker, whose church owned a magnificent and nearly-empty structure...

There's been a lot on the news lately about the "crisis" in education, both from the teacher point-of-view and from parents. People

worry about their children's success and *A Light Shines* in *Harlem* sheds some good news on this issue.

I had to smile as I was reading this book, in fact: author Mary C. Bounds' telling of this tale makes it sound almost like a thriller, with heroes and hurdles. I enjoyed reading about the synchronistical events that allowed the Sisulu-Walker Charter School of Harlem to become a reality, and the tales about the students. Parents and educators will appreciate the you-can-dothis hints in the back.

Be aware of one thing: this book contains a lot of names, and that quickly becomes overwhelming. Look beyond it, if you struggle, and persevere. In the end, you'll find that *A Light Shines in Harlem* has plenty of class.

## **EMPTY**, continued from Page 3

ence fresh loss over and over again for the first year while facing the first Thanksgiving, birthday, anniversary, Christmas, vacation, etc. without the person with whom they had always shared those moments.

"There is a time when we manage our grief more than it manages us, and a time when the healing becomes strength, like a healed broken bone is stronger at the point of healing than the bone around it. But we are always changed, different because of both the life and the death of the person we loved and lost," Harris

. .

"Continuing to miss our loved ones, and more importantly, being aware at times of how much we wish they were present, is, I believe, a life-long experience – and does not mean we have failed to move on."

reavement coordinator and the first director of Hill-crest Community Hospice in Waco, Texas. She joined the Baylor social work faculty in 1997 but continues her work as a hospice volunteer and provides volunteer training for several Central Texas hospice programs.



# Four travelers being monitored for Ebola

Dallas County Health and Human Services (DCHHS) is monitoring four additional travelers for Ebola Virus Disease. The travelers departed West Africa on Nov. 18 and arrived in Dallas County the same day. These individuals are considered low risk and their 21-day monitoring period will end on Dec. 8.

DCHHS is currently monitoring 13 individuals for Ebola Virus Disease. Due to medical confidentiality and personal privacy

Dallas County Health and reasons, DCHHS does not provide additional identifymonitoring four adding in ginformation.

"Everyone we are monitoring remains asymptomatic for Ebola," said Zachary Thompson, DCHHS director. "We will continue with our public health follow-up until the 21-day period is complete."

DCHHS Medical Director/Health Authority Dr. Christopher Perkins reminds the public who is at risk for Ebola Virus Disease.

"I want to emphasize to everyone that they are not at risk of getting Ebola unless they have come in contact with blood, bodily fluids, or contaminated objects from a person who is sick with Ebola," Dr. Perkins said. "Individuals with the most risk include healthcare workers, family members, or others in close contact to a person with symptoms of Ebola."

More information about Ebola can be found on the DCHHS website.

## LIES, continued from Page 3

of the Voting Rights Acts of 1965 in order to help the GOP diminish the strength of Democratic-leaning voting blocs; and, in the "Hobby Lobby" case, to give GOP-supporting Christian conservatives a means of discriminating

against gays and lesbians, "uppity" women and any others they deem unworthy.

As those decisions indicate, the court's conservative majority has increasingly functioned as the GOP's allies – providing increasingly ratty legal "fic-

tions" as they rubber-stamp GOP wishes. Thus, it's no surprise that three days after the elections, the court suddenly declared it would review the latest legal challenge to Obamacare that had been rejected by a lower federal court. That brazen act drew an extraordinary opinion column from

Linda Greenhouse, the leading Supreme Court journalist of our era.

Writing on the Nov. 12 *New York Times* op-ed page, Greenhouse characterized the court's taking up *King v Burwell* as a "decision to enlist in the latest effort to destroy the Affordable Care Act." She went on to say,

"This is a naked power grab by conservative justices who two years ago just missed killing [Obamacare] in its cradle, before it took effect."

She closed with chilling – but properly justified – words: "In decades of court-watching, I have struggled ... to maintain the belief that the Supreme Court really is a court and not just a collection of politicians in robes. [Now], I've found myself struggling against the impulse to say two words: I surrender."

Lee A. Daniels is a longtime journalist based in New York City.

## Usher performing in Dallas on Dec. 4

Hot on the heels of a blockbuster performance at this year's MTV Video Music Awards and the release of his new single/video "She Came To Give It To You," global megastar USHER brings The UR Experience to Dallas on December 4 at American Airlines Center.

Packed with an impressive repertoire of smash hits spanning his 20-year career, the critically-acclaimed showman will give his fans a unique experience that only the multi-talented Usher can deliver. His show will include a fresh take on

early and recent songs as well as new music from his anticipated forthcoming eighth studio album.

"With The UR Experience, I want to give my fans an ever-changing live show full of surprises and special guests," says Usher. "I am

really excited to be with my fans and give them an Usher experience like they've never seen or heard before."

Also appearing is August Alsina or DJ Cassidy with the show starting at 7:30 p.m.



# Faizon Love returns to stand-up during Thanksgiving weekend

Faizon Love had his first big break as the chainsnatching, fist-wielding "Big Worm" in the 1995 hit comedy Friday. Since then, the large and in charge Cuban-born actor has kept movie audiences bellylaughing with his roles as a wannabe Lothario in Couples Retreat and an uptight department store manager

in holiday classic "Elf". But his comedic roots are in stand-up. Armed with his signature easy-going style and sly smile, Love's made the rounds on HBO's Def Comedy Jam and BET's Comic View.

DFW fans can enjoy his unique brand of stand-up on stage at the Arlington Improv. Performances are slated for

- Fri, Nov 21 8 p.m. (Doors Open at 7 p.m.)
- Fri, Nov 21 10:30 p.m. (Doors Open at 9:45 p.m.)
- Sat, Nov 22 7:00 p.m. (Doors Open at 6 p.m.)
- Sat, Nov 22 9:30 p.m. (Doors Open at 8:45 p.m.)
- Sun, Nov 23 7:30 p.m. (Doors Open at 6:30 p.m.)

## Another happy winner...



NDG Entertainment Winner, Shayna Brown, was excited to win a night of laughter with comedian Wanda Sykes at the Majestic Theater on Nov.14.





Enter to Win! Ticket Giveaway

NDG Entertainment Ticket Giveaway!!! Visit www.northdallasgazette.com to win tickets to Frosty & Friends and Miracle on 34th Street at Dallas Children's Theater!!!

## **BOOM 94.5 offering Classic Hip-Hop in Dallas**

Dallas' KSOUL marks the third history-making format change for Radio One in the last month. On Saturday at midnight, the previous Urban AC station shocked the airwayes with "Baby Got Back" by Sir-Mix-A-Lot and BOOM 94.5 FM was born. After months of planning, the station is launching with 94hours of non-stop Classic Hip-Hop for the Dallas market that research supports has an appetite for this genre of music.

The new BOOM is a complement to Radio One's 97.9 THE BEAT FM, a Rhythmic CHR station. "We expect the cluster combination of the new BOOM and THE BEAT to be a winning one," said Gary Spurgeon, Vice President and General Manager, Radio One Dallas. Spurgeon proudly quotes the stations new positioning, "BOOM 94.5 and 97.9 THE BEAT, Where Hip-Hop Lives in DFW."

The new BOOM 94.5 FM promises to play the music many Generation X'ers grew up listening to like Dr. Dre, Tupac, P



Diddy, LL Cool J, Jay-Z, Queen Latifah, Geto Boys and many more.

The expansion of the BOOM brand comes on the cusp of Radio One successfully launching BOOM 92 FM in Houston, TX in October and BOOM 107.9 FM in Philadelphia almost two weeks ago. Though KSOC's rating performance was recently seeing improvement, after its declining performance and research, the plan to transition to Classic Hip-Hop was underway. Houston's BOOM 92 FM's early performance has shown significant rating impact in its first few weeks. The impact in Philadelphia is too early to ascertain, but its digital and social media buzz has been tremendous.

Although this transition is exciting and seemingly the appropriate strategy for the market, the KSOUL flip has impacted two employees and the iconic "Fly Jock", Tom Joyner of the Tom Joyner Morning Show (TJMS) that has long inspired, entertained and informed the Dallas commu-

"Transitioning employees is always difficult," said Spurgeon. "We've taken every step to ensure our emplovees are treated fairly and with respect. As for Tom, he's an icon and consummate professional that understands our format change and looks forward to partying with his Dallas listeners on his digital platforms."

The Tom Joyner Morning show can still be heard in Dallas every morning from 5 a.m. – 9 a.m., by streaming online around the clock on BlackAmericaWeb.com. Listeners can also download the Tom Joyner Morning Show app to stream live at http://bit.ly/TJMSApp.

## **The Dallas Symphony Orchestra** to celebrate the Golden Age of Jazz this weekend at Meyerson

The Dallas Symphony Orchestra's Principal Pops Conductor Jeff Tyzik and musicians will join music lovers in celebrating the music and musicians who define America's greatest musical art form this week-

They will spotlight the legendary music of Louis Armstrong and Cab Calloway just to mention two.

The songs scheduled include Take 5, Walkin', Strutting With Some Barbecue and Blue Mambo.

The shows are 7:30 p.m. on Friday and Saturday with a Sunday matinee at prices are \$49-\$149.

For tickets and informa-

2:30 p.m. Current ticket tion, visit the DSO Web site at www.mydso.com or call 214.TIX.4DSO.



#### **Next Jazz series slated for December in Ft. Worth**

NDG Entertainment enjoyed the smooth sounds of smooth jazz sax sensation Marion Meadows, jazz violinist Michael Ward, and actress/singer Dawnn Lewis at the Life of Dreams Concert Series presented by JimAustinOnline.com on Saturday, Nov. 15 at Fort Worth's Scott Theater.

Jim Austin, founder of Jimaustinonline.com mentioned, "This is just the beginning. We are going to bring the hottest jazz acts from around the country right here to Fort Worth all

year long. Live, smooth jazz is back and better than ever!" NDG readers and iazz lovers alike should look out for the next Jazz Series coming up in December. Stay tuned to NDGEntertainment for more in-







Enter to Win! Ticket Giveaway

NDG Entertainment Ticket Giveaway!!! Visit www.northdallasgazette.com to win tickets to Nov.30th Gospel Brunch and Darlene Love @ the Eisemann Center.

## GOP already hyperventilating on immigration executive order

The White House said today that President Obama will be announcing his Executive Order on immigration tomorrow. Republicans haven't even seen the de-

tails and they're already is- even announced his execusuing threats.

Below is a statement from Pili Tobar, DNC Director of Hispanic Media:

"The President hasn't

tive order on immigration and Republicans are already hyperventilating screaming amnesty, threatening to shut down the gov-

ernment, hold up confirmation of nominees during the 114th Congress and even impeachment.

'Rather than threatening to hurt our country and the American people, Republicans should stop sitting on their hands, do their job, and pass a comprehensive immigration bill. Republicans' failure to act is the real amnesty, and the President is taking bold action to get the ball rolling since they won't.

"Now it's time for them to step up and work with him to pass permanent commonsense reform.

## **BEHAVIOR,** continued from Page 4

be angry at them, and personal feelings of helplessness and disappointment as people vow to give up these behaviors, only to turn to them again when triggered and overwhelmed.

Do you ever wonder why people who have histories of trauma and pain seem willing, even eager, to engage in behaviors that are punitive, self-sabotaging or destructive? The answer is simple but poignant; when they hate themselves it resonates to hurt themselves. When they grow up with trauma, abuse or neglect all year round and not just during the holidays — they can be left with a pervasive sense of guilt, shame, harsh inner criticism, or selfloathing. If they walk around with these feelings, self-destructive choices actually seem to "make sense" to them. Why would they want to make healthy, growth-producing choices if somewhere inside they don't believe they are worthy of self-care?

The truth is, it's impossible to give up destructive patterns or toxic behaviors until painful life experiences can be viewed through a lens of self-compassion and empathy. Oftentimes, the meaning that gets attached to trauma holds more power than the experiences themselves. Here are some examples of thoughts that might keep a person stuck in patterns of self-blame and shame:

What happened was my fault

I should have stopped it or prevented it from hap-

My pain is evidence that I am damaged or broken

This happened because I am unlovable

I will always be alone I ruined the holidays for my family because I didn't keep my abuse a secret

When people believe these thoughts are true, it resonates to keep behaving in ways that perpetuate guilt, shame, and feelings of Bringing worthlessness. compassion into the equation is often the first step towards healing and being able to let go of destructive behaviors. As self-compassion is practiced, they will begin to choose relationships that are supportive and safe, care for and protect their bodies, and work in an environment that values and appreciates their



contributions. They can even choose to experience the joy of the holiday season with surrogate family members who are truly safe and loving.

Notice the difference in thoughts when trauma is viewed through the lens of self-compassion:

It wasn't my fault that someone else chose to hurt

Something bad was done to me- I am not bad.

My pain is legitimate and is the inevitable byproduct of being hurt

I have the power and the right to reach out for comfort, support, and guidance, so I am no longer alone.

When a person finds it difficult to think about their

experiences in this more loving way, I encourage them to try to think about someone in their life who genuinely cares about them; a person or even a pet! Think about the messages they would give and then slowly incorporate that perspective into their own thought process. If embracing a whole new mindset is hard, we explore just starting with, "Maybe it's possible that it wasn't my fault." Even considering the possibility of letting go of selfblame softens the shame and creates an opening for self-love and true healing. Seeking professional support and guidance as well as the encouragement of loved ones is a way to create new

associations and positive memories, which can be the first step towards feeling iov during the holiday season and all year long!

Lisa Ferentz is a clinical social worker and psychotherapist who has been in private practice for 30 years, specializing in adolescent and adult survivors of trauma, abuse and neglect. Ferentz is Founder and President of The Institute for Advanced Psychotherapy Training and Education, Inc., an organization providing continuing education classes and Certificates in Advanced Trauma Treatment to mental health professionals. To learn more, visit www.lisafer-

### Dallas Independent School District



## NOTICE TO PROPOSERS

Prospective vendors or their representatives may obtain an electronic PDF format of various Procurement Proposal documents on-line from the Dallas ISD website homepage at

http://www.dallasisd.org/at the "Vendor Opportunities" link.

### \*MWBE POLICY ENDORSEMENT\*

Dallas ISD is committed to the ideals of equal opportunity in all its business endeavors. It is the goal of Dallas ISD that at least 30% of the work performed under each contract will be provided by minority or womanowned business enterprises.

## Do you and your family need an extra \$ 500.00 for Christmas?

blessed.

One of the largest electric power companies in the NorthEast is opening for business in Texas. It has been listed by Forbes Magazine as one of the strongest, top 50 Energy Companies in America with visions to grow and expand in the South starting with Texas in November 2014.

The pre-launch is over and the fun has begun. As part of their electrifying launch, this powerful power company is offering very nice cash incentives for each new customer who switches their electricity to them and an additional bonus to each person/agent/representative that helps a new customer switch over. Simple and to the point. Deregulation !!!

When you see a company that is willing to put their wallet where the action is by paying generously for customer acquisition, just know that they are poised to

The more customer's they have, the more funds available to fuel their expansion into the market. The funds generated by exponential growth fuel further expansion. As you know, the most powerful advertising is "Word of Mouth"!! You telling family and friends, business associates, etc.. You can even generate FREE energy

If you said yes, then prepare to be for your home which could ease strife and could make a some couples a very happy husband & wife!

> What is so exciting about all this is the fact that you can start your own "Electric Power & Wind Power Agency" without it costing you a cent nor a mint\*\* to get started. \*\*{of course certain options apply}

> In other words, you do not have to "PAY TO PLAY"! This is a unique attempt to redefine networking. You see, the majority of other network companies require you to "PAY" in order to do business to network and "PLAY" in their marketplace.

> Over the next several weeks we will show you how you to can earn substantial bonuses, income, and commissions as you tell others you know about a great energy company which, in the synergy of expansion, will give you good money for each new energy customer you introduce to them!

> Building together, we will empower you to be all you can be to have a very, very, Merry, Merry Christmas and a Prosperous New Year. It will be a be a Happy New Year to all who take the time to call Mr. Ewing of Dallas at 214-205-1436 for more information to get started NOW!

PAID PROMOTIONAL ADVERTISEMENT

# HCA North Texas, Texas Health Resources Partner with El Centro College for \$1.4 Million Job-Training Grant

Texas Health Resources and Hospital Corporation of America has partnered with El Centro Community College to provide job training using a \$1,351,442 Skills Development Fund grant from the Texas Workforce Commission.

The grant is part of TWC's new Healthcare Innovation Project designed to meet the high demand for nurses in medically underserved areas. The grant will be used to custom train 540 new and incumbent workers. The training will help

retain existing employees by upgrading their skills and train new hires in the practical application of their newly acquired skills.

These healthcare professionals will maintain or earn the needed certifications to provide quality patient care. Those trained will include registered nurses, licensed vocational nurses and certified nursing assistants. Upon completion of training, the workers will earn an average hourly wage of \$32.22.

## Irving to host holiday event

The City of Irving's Parks and Recreation Department will host its annual Holiday Extravaganza on Dec. 6. The event begins with a parade through the Heritage District at 4 p.m., followed by the lighting of the tree at 5:30 p.m. on the City Hall lawn at 825 W. Irving Blvd.

This year's entertainment lineup includes a holiday stage show, children's crafts and fireworks. A new feature this year includes the addition of a car show to the Blue Christmas Chili Cook Off from 9 a.m. to 4 p.m. Dec. 6 at Heritage Park, 217 Main Street.

#### Greater Irving-Las Colinas Chamber of Commerce 5201 N. O'Connor Blvd., Ste. 100

Iglesia Santa Marie de Guadolupe 2601 S. MacArthur

The Chateau on Wildbriar Lake 1515 Hard Rock Rd

Bombay Sizzlers 397 East Las Colinas Blvd, Ste. 180

Le Peep 4835 N. O'Connor Blvd.

Mattito's Tex Mex 1001 MacArthur Park Drive

**Taqueria El Tacazo** 1150 W. Pioneer Drive

Capistrano's Café & Catering 4650 W. Airport Frwy

Empress of China 2648 N. Beltline Rd.

The Spirit Grille 4030 N. MacArthur Blvd #112

El Rancho Restaurant 1210 E. Irving Blvd

> **504 Salon** 3414 W. Rochelle

Irving YMCA 220 W. Irving Blvd

Mitchell's Barbershop 4020 N. Beltline Rd

## Hey Irving, Pick Us Up!

You can find a copy of the North Dallas Gazette at any one of these fine businesses and organizations. Be sure to pick up a copy every week to stay on top of the issues important to the Irving area in particular and the DFW African American community as a whole.

Roy's Pawn Shop 635 E. Irving Blvd

Evergreen Missionary
Baptist Church "The
Green"
3329 Country Club West

Irving Islamic Center Valley Ranch - Valley Ranch Masjid 9940 Valley Ranch Pkwy

Irving Salvation Army 1140 E. Irving Blvd

Antioch Christian Church 2043 W. Walnut Hill Ln

Lee Park Recreation Center 300 Pamela Drive

**Center** 909 N. O'Connor Rd

Mustang Park Recreation Center 2223 Kinwest Pkwy

Northwest Park Recreation Center 2800 Cheyenne St. Senter Park Recreation Center 907 S. Senter Rd

Austin Recreation Center 825 E. Union Bower Rd.

Houston Recreation

3033 Country Club Rd.

Cimarron Park

Recreation Center

201 Red River Trail

Georgia Farrow

Recreation Center 530 Davis Street Heritage Senior Center

200 Jefferson Street

iRealy Office Building
320 Decker Drive

Irving Hispanic Chamber of Commerce 135 S. Jefferson

> Irving City Hall 825 W. Irving Blvd

**Irving Public Library** 801 W. Irving Blvd Shady Grove CME Church 3537 E. Gilbert Road

Emmanuel Baptist Missionary Church 511 Gilbert Road

Ben Washington Baptist Church 3901 Frisco Ave

Shepherd Church 615 W. Davis

West Irving C.O.G.I.C. 4011 Conflans Road

Bible Way Baptist Church 4215 N. Greenview Dr.

Strictly Business 4159 W. Northgate

Washateria
3712 Cheyenne Street
New Life Ministries
3706 Cheyenne Street

Elisha Mane Attractions 3704 Cheyenne Street

Bear Creek Community Church 2700 Finley Rd. Evergreen Baptist Church 3329 W. Country Club

3329 W. Country Club Drive Po' Boys Restaurant 4070 N. Beltline Rd. Ste. 100

**Girl Friends Africa** 4070 N. Beltline Rd. Ste. 134

VW Barbership 4070 N. Beltline Rd. Ste. 143

Northlake College 2000 College Blvd Bldg.

Antioch Christian Church 2041 West Walnut Hill

Kasbah Grill

Fresh Food Store 4020 W. Northgate Drive

> Lee's Catfish 1911 Esters Road

Danal's Mexican Restaurant 508 N. O'Connor Rd

Fred's Pit Barbecue 808 E. Irving Blvd

Gary's Barbershop 2117 Story Rd.

African Village Restaurant 3000 N. Beltline Rd

New Look Barbershop 3317 Finley Rd.

Irving Arts Center 3333 N. MacArthur #200

## **CADNET/NORTH DALLAS GAZETTE**

**National and Local Classified Advertising Network** 

To advertise call 972-509-9049 Email (ad for quote) opportunity@northdallasgazette.com

#### **Autos Wanted**

TOP CASH FOR CARS, Any Car/Truck, Running or Not. Call for INSTANT offer: 1-800-454-6951

#### **Health & Fitness**

VIAGRA 100MG and CIALIS 20mg! 50 Pills \$99.00 FREE Shipping! 100% guaranteed. CALL NOW! 1-866-312-6061

### Insurance

Obamacare Health Insurance Open Enrollment Call 1-888-968-

5392 or apply online www.goquoteme.com

#### **Miscellaneous**

DISH TV Starting at \$19.99/month (for 12 mos.) SAVE! Regular Price \$32.99 Ask About FREE SAME DAY Installation! CALL Now! 877-477-9659

Make a Connection. Real People, Flirty Chat. Meet singles right now! Call LiveLinks. Try it FREE. Call NOW: 1888-909-9905 18+.

CASH FOR CARS, Any Make or Model! Free Towing. Sell it TODAY. Instant offer: 1-800-864-5784

DISH TV Retailer. Starting at \$19.99/month (for 12 mos.) & High Speed Internet starting at \$14.95/month (where available.) SAVE! Ask About SAME DAY Installation! CALL Now! 1-800-615-4064

DirecTV! Act Now-\$19.99/mo. Free Months of HBO, Starz, SHOWTIME & CINE-MAX FREE GENIE HD/DVR Upgrade! 2014 NFL Sunday Ticket included with Select Packages. New Customers Only. IV Support Holdings LLC- An authorized DirecTV Dealer. Call 1-800-354-1203

!!OLD GUITARS WANTED!! Gibson,Martin,Fender,Gretsch. 1930-1980. Top Dollar paid!! Call Toll Free 1-866-433-8277

#### **Wanted to Buy**

Wants to purchase minerals and other oil and gas interests. Send details to P.O. Box 13557 Denver, Co. 80201

CASH PAID- up to \$25/Box for unexpired, sealed DIABETIC TEST STRIPS. 1-DAYPAY-MENT.1-800-371-1136

ADVERTISE to 10 Million Homes across the USA! Place your ad in over 140 community newspapers, with circulation totaling over 10 million homes. Contact Independent Free Papers of America IFPA at d a n i e I I e b u r n e t tifpa@live.com or visit our website cadnetads.com for more information

Reader Advisory: the National Trade Association we belong to has purchased the following classifieds. Determining the value of their service or product is advised by this publication. In order to avoid misunderstandings, some advertisers do not offer employment but rather supply the readers with manuals, directories and other materials designed to help their clients establish mail order selling and other businesses at home. Under NO circumstance should you send any money in advance or give the client your checking, license ID, or credit card numbers. Also beware of ads that claim to guarantee loans regardless of credit and note that if a credit repair company does business only over the phone it is illegal to request any money before delivering its service. All funds are based in US dollars. 800 numbers may or may not reach Canada.

## **NEED**, continued from Page 1

for an emotional victory rather than a substantive victory. Now, we have very little, if anything, to show for our record turnout of 2008 and 2012. And that's because we failed to act appropriately on the morning after those elections.

My article, "When Elephants and Donkeys Fight," was based on an African proverb: "When elephants fight, the grass suffers." November 4 was a graphic illustration of that reality for us, the grassroots. And for the next two years the elephants and donkeys will continue to fight and we will continue to suffer. Why? Because we have no clout with either party, we have no say-so about what happens to us.

Black voters have been lulled to sleep by patronizing gestures and platitudes from politicians who only want and know they will always receive our votes. They also know that we will not leverage our votes against them nor make demands on them in exchange for our votes. They know all we want to do is vote, and then we will go home and await the next election.

When the donkeys won, they did not move us to the front of the reciprocity line. They did not acknowledge us by putting forth specific legislation to benefit Black voters. They did not show their appreciation by spending more with our media during their 2012 campaign. No, they needed our votes, which we gave so generously in prior years, but they refused to reciprocate in any meaningful way. Now the donkeys are blaming us for their defeat, saying "too few" of us voted.

Is it really our fault? Are we the reason many of us are crying about the results of the last election? Are we, the Black electorate, and the political talking-heads whom we follow, the reasons we will likely spend the next two years in political purgatory?

Maybe so, but the real question is: If we got nothing during the first two years of the Obama administration, when the donkeys controlled both chamber, what would make any of us believe we will get anything during the next two years? Maybe this is the slap upside our heads that will make us change the way we play politics.

Here is a solution. Theodore Johnson III wrote an article in the Atlantic magazine titled, "Black America Needs its own President" (September 5, 2014) in which he stated, "The call for a President of Black America may, at first blush, sound odd...But Black America is about 45

million people strong and has buying power of just over a trillion dollars... an economy roughly equivalent to Portugal's and a population that is about the same as Spain's. That should translate to a significant amount of economic and political power. But without a leader to marshal this capital, we're treated like a subcultural afterthought..."

Johnson continued, "Of course, the President of Black America is just a symbolic label, not an elected position. But it needn't be. After all, who elected Frederick Douglass, Booker T. Washington, and King to be the personification of Black America in their respective eras? He or she would carry a big stick, and that big stick would be the marshaling of the Black electorate and Black purchasing power...the Black

American economy sustains numerous businesses and products across the nation; no dollar leaves a community faster than the Black dollar. This is unfortunate, but it is also leverage."

Interestingly enough, a group formed in 2007 devised a plan for a President of Black America, which we called the "POBA." Unfortunately, Black folks decided to take another nap when it looked like Barack Obama would be elected as the POTUS, and our plan was shelved. In light of Johnson's article and our previous attempt, now is the time to revive the POBA idea.

This is a call for one million conscious Black voters to join the POBA movement.

These voters/consumers will use our leverage to positively impact political outcomes and the Black economy, locally and nationally.

If you want to be "One in a Million," contact me at jcling-man@blackonomics.com.

Jim Clingman, founder of the Greater Cincinnati African American Chamber of Commerce, is the nation's most prolific writer on economic empowerment for Black people. He is an adjunct professor at the University of Cincinnati and can be reached through his Web site, Blackonomics.com.

## We are Hiring at Kraft Foods Garland



### Proud Makers of Famous Kraft Brands

2340 Forest Lane
Garland, Texas 75042
Apply Today
www.kaftcareers.com



## GARLAND

Attention Suppliers of Goods, Services and Construction

Review Competitive Opportunities at www.bidsync.com

www.garlandpurchasing.com

972-205-2415



#### DO YOU WANT AN EXCITING AND REWARDING CAREER?

PURSUE A CAREER AS A POLICE OFFICER OR FIREFIGHTER!

- Competitive wages
- · Array of benefits
- Education incentive pay
- · ... and more

SIGN UP TO TAKE
THE CITY OF IRVING'S NEXT
CIVIL SERVICE ENTRANCL EXAM,
CALL (972) 723-2696 TO REGISTER.

The City of Irving does not discriminate on the basis of race, sex, religion, age, or disability in employment or the provision of services, www.cityofirving.org



# Ed Bell Construction Company

An Equal Opportunity Employer

Ed Bell Construction is a Dallas based heavy highway contractor doing business in the North Texas market since 1963. With clients such as TxDOT, Dallas County Public Works, and the Cities of Dallas, Fort Worth, Richardson and Mansfield (plus many others), we have a strong backlog of work in the highway market locally.

We are currently hiring for the following positions:

- Laborers
- Form Carpenters
- General Welder
- Fuel Truck Driver (CDL required)
- Work Zone Barricade Servicer

Available: multiple openings

Rate: Negotiable

Must have own transportation

Years of Experience required will vary, from 6 months to 2 years (depending on position)

Physical and Drug Screen Required Must have a Clear Background Must be at least 21 years old

Must apply in PERSON, Monday – Friday from 8am to 11am @ 10605 Harry Hines Blvd.

Please visit our website: www.edbellconstruction.com/careers Or email your resume to: careers@edbellconstruction.com

#### AVENUE F CHURCH OF CHRIST IN PLANO

Mondays - Fridays

Call 972-423-8833 for AF-FECT, Inc. or email: AF-FECTxInc@aol.com for counseling services, resources and assistance for job readiness and training programs for individuals.

**November 23, 7:35 a.m.** Join us Sunday for our praise and worship services; and receive a blessing from God.

November 30, 9:30 a.m. You're invited to our 5th Sunday Fellowship Services, with a meal and activities to follow.

Brother Ramon Hodridge, Minister of Education 1026 Avenue F Plano, TX 75074 972-423-8833 www.avefchurchofchrist.org

# BETHEL BIBLE FELLOWSHIP CARROLLTON

## November 23 & 30, 9:45 a.m.

You're invited these two Sundays to our Morning Pray and Mediation followed by Morning Worship Service at 10 a.m. God will meet and bless you.

November 19 & 26, 7 p.m. Join us in Wednesday's Prayer and Bible Study

Prayer and Bible Study Class with Associate Pastor Brenda Patterson teaching this week on the subject of Spiritual Warfare.

Dr. Terrance Woodson, Senior Pastor 1944 E. Hebron Parkway Carrollton, TX 75007 972-492-4300 www.bethelbiblefellowship.org

#### CHRIST COMMUNITY CHURCH IN RICHARDSON

#### November 23 & 30

Join us in our Morning Service as we worship, honor and praise God for His blessings to us.

Dr. Terrence Autry, Senior Pastor George Bush Fwy at Jupiter Road on the Garland/Richardson Border 972-991-0200

#### DAYSTAR DELIVERANCE MINISTRIES

#### November 21, 2014

For those in need visit Helen's House Tomorrow (unless it's a bad weather day) to receive, to give, to comfort and to fellowship.

Pastor Minnie Hawthorne-Ewing 635 W. Campbell Road Suite 210 Richardson, TX 75080 972-480-0200

# FELLOWSHIP CHRISTIAN CENTER CHURCH IN ALLEN "The Ship"

## Monday – Friday 9 a.m.-1 p.m.

TheShip3C's Prayer Lines for those that are in need are 972-649-0566 and 972-649-0567 or they may be submitted via email to: prayer-line@theship3c.org

#### November 22, 10 a.m.

Join us for Thanksgiving Services as we give thanks to God for all of His blessings not just for today, but, for everyday.

#### November 23

Join us this Sunday for our praise and worship services at 9:30 a.m. at 1550 Edelweiss Drive in Allen and bring someone with you; you will be blessed.

#### November 26

You're invited to our Wednesday's 12 Noon-Day Live Prayer and Bible Study and/or our Wednesday Night Live Prayer and Bible Study at 7 p.m. to learn more about God's Word at Joycie Turner Fellowship Hall at our 200 W. Belmont Drive location.

#### November 30

You're invited to our Family and Friends Day. We celebrate our family and friends every 5th Sunday with a special service; we will be happy to see you and God will bless you.

Dr. W. L. Stafford, Sr., Ed.D. Senior Pastor 1550 Edelweiss Drive In Allen for Sunday Morning Worship. Admin. Building Address Is 200 W. Belmont Drive Allen, TX 75013 972-359-9956 www.theship3c.org

#### BIBLE WAY COMMUNITY BAPTIST CHURCH

## November 23 & 30, 7:35 a.m.

Join us these Sundays for our praise and worship services; and receive a blessing from God.

#### November 26, 7 p.m.

You're invited to our Wednesday Bible Study to learn more about God's word and how it can lead and guide you.

Dr. Timothy Wilbert, Pastor 4215 North Greenview Drive Irving, TX 75062 972-257-3766 www.biblewayirving.org

## MT. OLIVE CHURCH OF PLANO (MOCOP)

#### November 23 & 30

Join us in Sunday School at 8:30 a.m.; stay for our Sunday prayer at 9:30 a.m. and our Worship Service at 10 a.m. on these two Sundays.

#### November 26, 7 p.m.

You're invited to our Wednesday's Bible Study; you will learn what God has to say to you.

Pastor Sam Fenceroy Senior Pastor 300 Chisholm Place Plano, TX 75075 972-633-5511 www.mocop.org

#### NEW MOUNT ZION BAPTIST CHURCH

#### November 23 & 30

You're invited to join us for Early Morning Services at 7:30 a.m., followed by Sunday School at 9 a.m. and Morning Worship at 10:30 a.m.

#### November 26

Join us for Intercessory Prayer at 6:15 p.m. fol-

# lowed by Bible Study at 7 p.m. as we study God's Word to lead and guide us.

Dr. Tommy L. Brown Senior Pastor 9550 Shepherd Road Dallas, Texas 75243 Phone: 214-341-6459

#### SHILOH MBC IN PLANO

#### **November 23 & 30**

Come and worship with us these two Sundays. God will greet us and bless us with words of wisdom as He leads and guide us in all truth and righteousness.

#### November 26, 7 p.m.

You're invited to our Wednesday's Bible Study to learn more about God's Word.

Dr. Isaiah Joshua, Jr. Senior Pastor 920 E. 14th Street Plano, TX 75074 972-423-6695 www.smbcplano.org

## THE INSPIRING BODY OF CHRIST CHURCH

#### This Saturday, November 22 9 a.m. – 5 p.m.

You're invited to celebrate with us the release and book signing of Pastor Rush's latest book, "Come out Swing." Call the church for details or go the website below.

## November 23 & 30, 7:30 and 11:30 a.m.

You're invited these two Sunday mornings to our praise and worship services as we honor and magnify God's Holy name; and receive a blessing from Him.

#### November 24, 7 p.m.

Join us in Monday School as we learn what God has to say to us.

Pastor Rickie Rush 7701 S Westmoreland Road Dallas, TX 75237 972-372-4262 www.Ibocchurch.org







## MT. OLIVE CHURCH OF PLANO 300 Chisholm Pl. Plano, TX 75075 972-633-5511 Answers you need, Hope for today is waiting for you... Sunday School for all ages 8:30 am Sunday Morning Prayer 9:30 am Sunday Service 10:00 am Wednesday Night Service 7:00 pm Pastor Sam Fenceroy Pastor Gloria encerby www.mocop.org Radio Programs Vision & Truth Live Truth Made Simple Call Pastor Sam Every Sun: 9:00pm-10:00pm KWRD 100,7 FM THE WORD

# Being thankful.



Send email to: businessoffice@ northdallasgazette.com to sign up for Sister Tarpley's weekly electronic newsletter

This is the time of year that is set aside to be thank*ful for the blessings of God;* a time to give generously to others so that they may enjoy some of your blessings from God.

This Holiday Season is not only a good time to share food with others, but also the Word of God as well. What better way to help a fellowman than to give him/her hope and inspiration.

When emergencies arise, we are usually thankful for emergency numbers that we can call for immediate help. The following numbers are more effective than 911. You can truly be thankful.

When you are sad, feel free to call – John 14. If you have sinned, call – Psalm 51. When people have failed you, call – Psalm 27. When this time of the year you feel like an outcast, call − Roman 8:31 − 39.

If you are seeking God's peace, call – Matthew 11:25

- 30. If you require courage for a task, call – Joshua 1. If you are depressive, call – Psalm 27. If your bank account is empty, call – Psalm

If you loose faith in mankind, call Corinthian 13. If you are losing hope, call - Psalm 126. Do you want to know Paul's secret for happiness? Call – Colossian 3:12-17. Do you want to know how to get along with other people? Call – Romans 12

Alternate Numbers that You Can Call: For dealing with fear, call – Psalm 3:47. For security, call – Psalm 121:3. For God's assurance, call - Mark 8:35. For His reassurance, call – Psalm

The good news is that all of these numbers may be phoned directly, no busy signal and no operator assistance is necessary!

A good statement, "If you feed your faith you will starve your doubt to death."

Entwined They Stand --"If you, being rooted and grounded in love, may be able to comprehend with all saints what is the breadth, and length and depth and height." Ephesians 3:17-18.

One of the wonders of the world is the Redwood Forest in California. Some of

8:00 am

.9:45 am

3:00 pm

.7:00 pm

.10:45 am

the trees are the oldest, largest, and tallest living things in the world.

Some of the trees are more than three hundred feet tall and more than 25vears old. They have weathered the ravages of time, holding up against all the combative elements. They stand tall in spite of opposing forces.

People that don't know will immediately jump to the conclusion that the Redwoods have a deep root system. To the contrary, their roots are shallow. What holds them? What supports them?

Their root system entwines and locks each tree to the tree around it. They Stand Together! That is the secret to their Herculean (extra ordinary) strength.

When the wind, hail and upheaval threaten, no tree stands alone but rather is strengthened and supported by the others. Each is needed for the support of the whole grove of trees. The Redwoods can truly say, "United we stand, divided we fall."

How true of us! We need the help of others. One of the blessings of the church is its fellowship in which we have the entwining of each other and of the Lord.

Locked Together We Can Withstand the Storms of Life! Unquestionably, "Two are better than one." Ecclesiastes 4:9.

Tyanna, my only granddaughter, is a joy and a blessing. She smiles at me, ever so slightly, I grin right back at her but ever more brightly.

I've traveled paths you've yet to walk; I have learned lessons old and new, so let kindness spread like sunshine. Embrace those who are sad. Respect their dignity and leave them feeling

Forgive those who might hurt you; and though you have your pride, listen closely to their viewpoint and try to see the other side. Express what you are feeling, but your beliefs you should uphold. Don't shy away from what is right; be courageous and be bold.

Remember friends and family, of which you are a precious part; love deeply and love truly; Give freely from your heart.

The world is far from perfect, there's conflict and there's strife, but you still can make a difference, by how you live your life. And so I'm very blessed to know, the wonders you will do; because you are my only granddaughter and I believe in you.

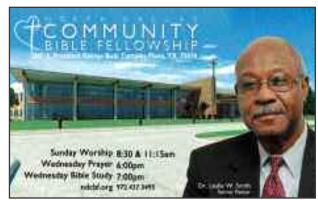


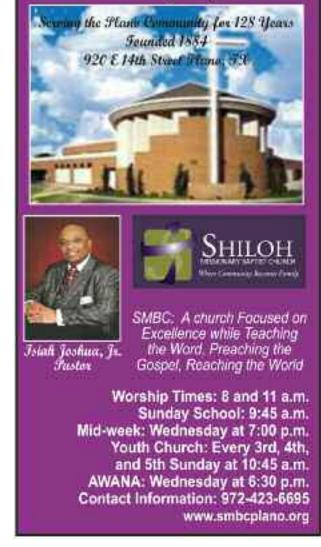
Happy Sweet 16th Birthday granddaughter, Miss Tyanna Donnise Lott; November 24th was a blessed and happy day for your late grandfather, Lorenzo Tarpley and me.











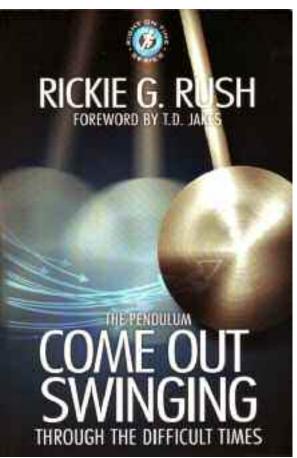
Shiloh Missionary Baptist Church

# NDG Book Review: The Pendulum: Come Out Swinging Through The Difficult Times

By Billy Stevenson III

Yes, we Christians have the victory! We are victorious and there are songs, movies, and books about it. However, as we are on the lookout for victory, we can be caught off guard when we encounter struggles. It's a part of the process. During and after difficult times, we can have a hard time getting back our bounce. It's as if we have been deflated. But know that we are not alone. From Job to David, The Bible shows us that depression happens. This is where "The Pendulum: Come Out Swinging Through The Difficult Times" serves its purpose. It is a manual on coming through those difficult times in life, which is part of being victorious. Pastor Rickie G. Rush goes the distance by sharing the story of his personal journey through tragic experiences, transformative revelations and a powerful comeback!

Pastor Rickie Rush taught high school and college for over a decade. He has spent the last 24 years teaching God's word at the Inspiring Body of Christ Church in Dallas, TX and reaching thousands of online members all over the world. The common theme in both Professor Rush and Pastor



Rush is a foundation of simplicity in whatever he is teaching, and this extends to "Come Out Swinging." Not only does Pastor Rush use The Bible as a basis for the educational and healing practices that he teaches us in his book, but he also incorporates leading research and studies from organizations such as the American Psychological Association and leading industry professionals. He uses these resources to give us a 360-degree look at the anatomy of

situational and reactive depression, the symptoms that precede it and how to overcome it. What makes it so applicable, however, is not just the potency on the pages of this book but the simplicity with which this book is written.

The organization of "Come Out Swinging" is a key factor of its simplicity. For instance, each chapter is composed of what seems like mini-chapters. Each mini-chapter has a bold title and often includes bullet

the Senate as they did in

Julianne Malveaux is a writer and economist based in Washington, D.C.

points or lists on whichever topic is being covered. In my favorite chapter, It's Time for a Reality Check, Pastor Rush covers eight common signs of reactive depression, such as moodiness and change in appetite. If you navigate to The Moodiness sub-chapter, you find three in-depth paragraphs on moodiness with bullet points. This format increases readability; you are not lost in a sea of sentences. This makes it perfect for referencing and reading.

To add to the simplicity of the material, Pastor Rush introduces a unique conclusion to each chapter that helps the reader turn reading into action and theory into practice. The conclusion starts with "What I Want You to Remember," which collects the essence of the chapter and compresses it into a single power-packed paragraph. This is followed by the Application Exercise. This is where the reader puts the meat to the heat. It is comprised of 4-8 highly personal questions designed for intense introspection. I found myself wowed by the things I discovered when asked if I talked to myself "as nicely as you do to your friends?" In The Bible, Jesus had a man apply a paste to his eyes and rinse to be healed from blindness. More often than not, there is work to be done in our lives, and these Application Exercises are one of the ways "Come Out Swinging" walks us through the healing process.

The Application Exercises are followed by a Scripture Meditation and a powerful quote from one of Pastor Rush's sermons. The next aspect of the conclusion is a video link. Pastor Rush has always been a master illustrator. Very often, to simplify the scriptures and make the sermon relatable, he will include illustrations. The point is making God's Word easy to understand, and the video link supports this. When you go to this link you will find that Pastor Rush has illustrated or acted out the chapter! The illustrations on each link are changed regularly, which allows it to minister to you differently each time you refer to it. Pastor Rush wants to ensure that everyone understands the message, and this writing style ensures full comprehension.

All readers can benefit from the wisdom in this book. It is a book that everyone should own because we all know someone who needs to be encouraged. Whether drawing from autobiographical stories of his difficult times or from studies of Ivy League professors and doctors, every word is a revelation on an area in need of growth and change in our lives: the difficult times. Pastor Rush has stated, "If we deny those moments of difficult times, they will defeat us."

"Come Out Swinging" boldly proclaims to those whose skies are clouded by storms that, as written in Ecclesiastes 3, "...there is a time for everything...a time to build up and a time to break down..." And while knowing that there is a time for darkness in one's life may not seem like good news, once you know that the brightness of day will follow, you can come out rested, come out stronger, and "Come Out Swinging!"

## LYNCH, continued from Page 2

kind of information that repels many from the Republican Party.

Maybe Republicans don't care. Maybe, after their November rout, they feel no need to play nice with the president or with the people who didn't support them. Memo to Republicans – two years from now you will have to defend your record. What will your vote on the Loretta Lynch confirmation say about you and your Republicans were

the winners in the 2014 elections, but in some case they didn't win by much (neither did Democrats). The electorate is divided, and angry enough to simply stay home.

There is no African American woman in the Senate, and precious few in the House of Representatives. Undoubtedly, these women will speak up for Loretta Lynch, perhaps walking from the House offices to

support of Anita Hill. The confirmation of Loretta Lynch is likely to be a watershed moment for the Senate. Will they act out of integrity or ignorance? Loretta Lynch deserves to be confirmed sooner rather than later, and the senators who talked bipartisan cooperation on the campaign trail need to practice what they preach.

