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# Beyond Survival: Life After Rape

By Jazelle Hunt  
Washington Correspondent

## LAST IN A SERIES

WASHINGTON (NNPA) – “On May 15, 1995, two men ran up behind me as I approached my apartment building, and one of them pointed a gun at my head. In the hour that followed, I was blindfolded, gagged, tied facedown to my bed, and raped by both.”

Eight years after that horror, Lori Robinson published those words as an introduction to her guidebook for Black survivors and their loved ones, titled *I Will Survive: The African American Guide to Healing from Sexual Assault and Abuse*.

Since then, Lori, who moved from Washington, D.C. to Detroit, has enjoyed a fulfilling, happy life. But on that night 20 years ago, she didn't know how, or if, she would recover.

“I remember asking if, after such assault, women went on to have normal lives, get married, have children, be happy,” she writes in *I Will Survive*. “It sounds silly to me now, but on May 15, 1995, I found it inconceivable that someone could be normal, much less happy after experiencing what I had.”



Lori Robinson and her husband, Ollie Johnson (Photo courtesy of Lori Robinson)

Silence and other hurdles to healing

The circumstances around Lori's assault were atypical – there was more than one assailant, they were strangers, and there was a weapon involved. In more common circumstances – when the people know each other or are related; when alcohol is involved or there has been previous sexual/romantic involvement; when the perpetrator is a prominent figure; or when the survivor was became pregnant – the decision to report a rape can be even

more agonizing.

“I respect whatever anyone's choice is about whether or not to disclose, because everyone's doing the best that they can, at the time, with the information they have. And not everyone is in an environment where they get good information and support,” Robinson stated.

“There's still too much silence, but it's not the fault of the survivors. It's because we as a community, as individuals, as a society, haven't done what we need to do to make

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COMMENTARY

## NUL Report: Black America Remains in Crisis

By Freddie Allen  
NNPA Senior Washington Correspondent

nomics, health, education, social justice and civic engagement.

WASHINGTON (NPA) – When it comes to the equality in America, a new report by the National Urban League says that Blacks are missing nearly 30 percent of the pie.

In the introduction to the report, Marc Morial, president and CEO of the National Urban League, wrote that “on many fronts, Black America remains in crisis – and we see justice challenged at every turn.”

The annual State of Black America (SOBA) report compared how well Blacks were doing in eco-

Morial added: “The world watched as non-in-

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Shannon Williams

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## Ben Crump

By Freddie Allen  
NNPA Senior Washington  
Correspondent



WASHINGTON (NNPA) – Benjamin Crump, the lawyer who skyrocketed to national prominence by representing the family of Trayvon Martin, the unarmed Florida teenager who was followed, confronted and shot to death by George Zimmerman in Sanford, Fla., said that since the 4th grade, he always knew that he wanted to grow up and fight for the community. “The measure of a man is defined by the impact that

they make on the world,” said Crump. “Everyday we have to get up and ask, ‘What impact are we going to make on the world?’ and we have to do it, because our children are watching us.”

During the 2015 Black Press Week, the National Newspaper Publishers Association (NNPA) Foundation honored Crump as the Newsmaker of the Year for his service to the community, especially to the families of young people of color who had been brutalized or killed by law enforcement officials. The NNPA is a trade group that represents more than 200 Black newspapers published in the United States.

“I go on FOX News a lot and I have these intelligent debates with these Bill O’Reillys and these Meagan Kellys and I know that when, I leave they’re going

to make it look bad and everything, but you gotta go, you gotta keep talking to them and not let them [create] the only narrative,” said Crump. “We’ll come on to talk about Trayvon, and we’ll come on to talk about Michael Brown and Eric Garner, because if don’t talk about it, it’s swept under the rug.”

Crump added: “So, I don’t care if you criticize me and say that we’re trying to be race baiters, because the greatest fear is to remain silent. Silence is almost like betrayal.”

Crump, 45, said that giving a voice to the voiceless has been the most important

part of his career.

“Making people know the name of Trayvon Martin, the name of the Michael Brown, know the name of the Tamir Rice, know the name of Chavis Carter, know the name of Kendrick Johnson in Valdosta, Ga., know the name of Victor White III in New Iberia, La., know the name of Alesia Thomas in Los Angeles, Calif., Jesus Huerta in Durham, N.C., know the name of Leon Ford in Pittsburgh, Pa., know the name of Antonio Zambrano-Montes in Pasco, Wash., the list goes on and on,” said Crump. “If this was happening to White children, it

would be a war.”

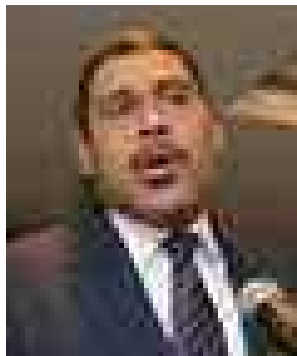
During his remarks at the dinner, Crump credited Black-owned news media for daring to write and talk about the phenomenon he called the “Houdini handcuffed suicide killings” of young people of color in the back of police cars.

One of those “Houdini” killings involved Chavis Carter. On July 28, 2012, following a traffic stop in Jonesboro, Ark., police pulled Carter, 21, out of the truck that he was riding in with two White men. After searching Carter twice, police said that they recovered

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## B. Doyle Mitchell, Jr.

By Jordan Shanks  
NNPA Intern



WASHINGTON (NNPA) – For many professionals, the road to success starts with humble beginnings. Because B. Doyle Mitchell Jr., president and CEO of Industrial Bank, inherited his business, he has felt he has always had something extra to prove.

“There’s the impression that, in many cases, you haven’t earned it,” the 53-year-old banker said in an interview. “I dealt with that

by working very hard.” He explained that, although he felt fortunate to have the opportunities he was presented with, he made sure it was clear that he earned it. “My work spoke for itself. I

try to be twice as good as anybody else,” Mitchell explained.

Industrial Bank, which was founded in 1934 in Washington, D.C., is the only remaining African American-owned institution of its kind in the district. In 1993, Mitchell became president of the bank, which continued the family’s long-standing tradition of keeping leadership within the family. The bank has \$370 million in assets and eight branches spanning the D.C. metro area and Prince George’s County in Maryland.

Growing up, there was an unspoken expectation that Mitchell would take on the position once his father stepped down. At 16, his first summer job would give him insight into the banking business as well as a perspective on the people whose lives would be touched by the work he would be able to do.

“My father never said much to me about it, although I know he wanted me to [assume leadership]. I needed the job so that’s why I started working at the bank during the summer,” Mitchell said.

He said while he has benefited financially from owning a successful bank, quality service and dedication to his customers continues to be his motivation. He’s also deeply engaged in the community, serving on several boards, including the DC Chamber of Commerce and the Sewell Music Conservatory.

“Our service and our staff are better because we sincerely care about our customers more than other banks do,” said Mitchell. “And that’s pretty obvious, given what happened in the economy in the last five

years. Clearly mortgage bankers and a lot of other bankers took advantage of a lot of people. We simply don’t do that. We don’t have that culture in our banks.”

That culture was established by his grandfather, Jesse Mitchell, who earned his undergraduate and law degrees from Howard University in the early 1900s. He also earned an MBA from the University of Pennsylvania’s prestigious Wharton School of Finance. The elder Mitchell went onto become the vice president of Industrial Savings

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## Shannon Williams

By Sheridan Watkins  
NNPA Intern



WASHINGTON – Those who say youth is wasted on the young obviously have not met Shannon Williams, president of the Indianapolis Recorder. At 37, she is one of the youngest newspaper publishers in the nation.

Born in Illinois, her parents divorced before she reached her first birthday and her mother moved her and two older siblings to Indianapolis.

Williams did not have a close relationship with her father. And anytime Williams felt isolated, she found a way to fill the void.

“I always loved to write and read and it did not help that I was not good in math or science so that narrowed the filter,” Williams said.

Her passion for reading and writing never ceased as she pursued a mass communications major with a minor in marketing and English at Jackson State

University in Mississippi, graduating in 2000. Like her many freshly graduated counterparts, she desired to do everything and do it all at once.

“Shortly after coming home, in the matter of weeks, I interviewed at the Recorder and was hired. However, the publisher at the time did not have an opening for a writer but thankfully she saw something in me,” Williams said.

She worked in marketing, which was much better than delivering papers to stores and vendors.

“Any opportunity I got [to write for the newspaper] I would write the best office memos ever so she could realize that I could write,” she said.

Evidently, they were pretty good because within six months, Carolene Mays, the publisher, had promoted Williams was promoted to managing editor.

The bond between Williams and Mays grew rapidly because Mays saw the young journalist as valuable prospect to groom to take over the family-owned business. In the span of 10 years, workers of the Indianapolis Recorder could now refer to Williams as president.

“Every day I worked as if it was my first day on the job. I wanted to show my boss she did not make a mistake in hiring me and when you work that hard every day, it shows,” she

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# Young, gifted, black ... and abused

By Walter L Fields  
NNPA Columnist

In the course of one week we witnessed the burden of being young, gifted and Black.

First, the Little League baseball Phenom Mo'ne Davis was insulted by a White college baseball player who called the abundantly talented young girl a ‘slut’ in a Tweet in response to news that Disney was planning to make a movie about her incredible rise to fame. The player, Joey Casselberry, quickly retracted the tweet in the face of a wave of criticism in cyberspace but was promptly dismissed by the Bloomsburg University team.

Then there were the toxic tweets from Jenna and Jacque Huggins, the daughters of West Virginia head basketball coach Bob Huggins, calling Maryland basketball player Dez Wells a rapist. The West Virginia team defeated Maryland in an early round of the NCAA championship tournament. The Terrapins star guard had been kicked off the Xavier University team in

2012 after being accused of sexual assault. A grand jury decided charges against Wells were not warranted and he later settled a lawsuit he brought against Xavier.

Not far from the Morgantown campus of the University of West Virginia and College Park home of the University of Maryland, a young, Black University of Virginia undergraduate student was accosted by police. Martese Johnson had his face bashed into the pavement and bloodied by Virginia Department of Alcoholic Beverage Control (ABC) agents outside a pub near the UVA campus. The episode was captured on videotape. Johnson had proper ID and was not resisting arrest when the ABC agents pummeled him, causing injuries that required 10 stitches in his head.

What these three incidents have in common is obvious – Mo'ne Davis, Dez Wells and Martese Johnson are all young and Black. Lurking just beyond the obvious tie is the quality of their blackness – they are all gifted and confident

in their identities. It seems in 21st century America to be young, gifted and Black is now a crime; an offense against society's typecasting of Black youth as violent, unintelligent and worthless.

The intensity of these assaults – oral and physical – is sharpened by decades of conditioned hate, forged by theories of Black inferiority and White supremacy. The venomous words electronically spat upon Davis and Wells, and the force leveled upon Martese Johnson, are simply the byproducts of the permissiveness of racism in our nation.

It is the success of Davis, Wells and Johnson that defies and counters the mythology of Black depravity. And it is success that triggers the backlash, awakens the racist beast and brings to the surface sentiments that heretofore might have only been expressed in private conversations. By succeeding these young people frustrate those who harbor bias and leave them little room to fully exercise their demons. For some, touch pad keystrokes be-

come a potent weapon to voice hatred from afar; sort of the lazy man's racism that tempers it but still empowers the perpetrator. The police involved in the micro-aggression at the University of Virginia? They were acting under the assumption of “Black threat” and sending a message in the process.

This is the cruel joke played upon Black youth in America. The public message communicated to young Black women and men is to pursue excellence and rise above challenges, and be exemplary in their civic lives. That message is countered by the aural and visual assault upon their sensibilities that reduces them to thugged out and hyper-sexualized caricatures. When young Blacks rise above this stereotyping, they are then reduced to racial objects, ridiculed for being audacious in their success.

Mo'ne Davis was a “slut” in the eyes of a young White male because he believes her success is undeserving of the attention it is

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dictments of the police officers responsible for the deaths of unarmed Black males including Eric Garner, Michael Brown and John Crawford signaled that police accountability for taking Black lives was reaching a modern-day low – and that the widespread and dangerous mistrust between law enforcement and too many communities of color in America was reaching a new high.”

Morial also expressed concerns about separate and unequal resources in schools, double-digit unemployment in the Black community and continued attacks on voting rights.

The Black equality index increased from revised score of 71.5 percent in 2014 to 72.2 percent in 2015. In 2005, the Black equality index was 72.9 percent.

Higher scores in social justice (56.9 percent reported in 2014 report vs. 60.6 percent in the 2015 report) and health (78.2 percent vs. 79.8 percent) fueled the rise in the index. The economic indicator also rose slightly from 55.4 percent to 55.8 percent.

“The education (from 76.7 percent to 76.1 percent) and civic engagement (from 104.7 percent to 104 percent) indexes both declined slightly,” stated the report.

The report said that fewer Blacks are falling victim to violent crimes and a lower number of Black high school students are carrying weapons, which had a positive affect on the social justice index. The report also credited the Affordable Care Act and a decline in binge drinking for helping to improve the health index.

However, the report found that gaps in unemployment and homeowner-ship widened.

“With an index of 65 percent, the smallest Black-White unemployment gap was in the Providence-Warwick, RI-MA metro area, where the Black unemployment rate was 13 percent and the white rate was 8.5 percent. Last year's most equal metro—Augusta-Richmond County, Ga.—S.C.—fell to #13 this year as the Black unemployment rate increased from 13.3 percent to 16.5 percent and the White unemployment rate was essentially unchanged.”

Toledo, Ohio's Black unemployment rate was 22.6 percent, the highest rate among the metro areas in the study.

The National Urban League also reported that the, “Black and white incomes were least equal in

San Francisco-Oakland-Hayward, Calif., where the gap was 42 cents on the dollar.”

Morial wrote that 2014 was a catalytic year propelled by cataclysmic circumstances, “little accountability for law enforcement responsible for killing unarmed Black men, teenagers and children; a continual assault on voting rights; widening economic inequality gaps; and an increasingly partisan education debate far more rooted in political agendas than in putting our children first.”

Morial continued: “While we celebrate the tremendous progress and transformation of our nation, we have a continuing need to be vigilant, to persevere and to protect past gains. We must not allow the forces of division, intolerance and right-wing extremism to turn back the hands of time.”

## Pre-game Jitters: Research suggests student athletes and parents both contribute to anxious feelings before competition

ITHACA, NY — New research suggests a student athlete's anxiety levels before competition are determined not only by their own expectations for their performance, but their parents' expectations as well. The findings also indicate the reverse is true: how a child athlete hopes to compete affects how a parent feels prior to a match.

The study was conducted by professors in the School of Health Science and Human Performance at Ithaca College. Miranda Kaye, a professor in the Department of Exercise and Sport Sciences and one of the authors of the study, said the impact coaches have on their athletes has been well documented, but that coaches aren't the only adults who influence young competitors.

"I think people intuitively know that what parents do matters, but it's never been looked at," she said.

### The research

Kaye and her colleagues Justine Vosloo and Amy Frith worked with several sports teams in which members compete in individual events: swimming, tennis, gymnastics, bowling, wrestling, cross-country and indoor track. Athletes who participated in the study ranged from ages 6 to 18.

Both students and parents

were given a survey a day prior to a competition to gauge how they wanted to perform (or how the parent expected the child to perform) and how they were feeling about the upcoming competition.

Performance goals were classified into four groups in the statistical model, each with subtle variations in focus: performing better than one has in the past (referred to as "mastery-performance" in the study); not doing worse than one has in the past (mastery-avoidance); out-competing others (performance-approach); or not being out-performed by others (performance-avoidance).

Anxiety was assessed along three types: worry, amount of concentration disruption, and physical symptoms of anxiety (such as a tense body).

### The results

The study found that higher achievement goals were linked to higher levels of worry, with the highest levels of worry observed in child athletes whose parents wanted him or her to out-perform others in the upcoming competition, or to not lose to others (performance-approach and performance-avoidance).

Higher levels of concentration disruption were noticed in parents when their child held high achievement expectations for them-

selves, no matter which of the four goal-states they fell into.

But a child's concentration level appeared to be impacted most when the parent wanted them to perform better than other competitors, as opposed to the child's personal best (performance-approach versus mastery-performance).

The study also found that a child's mastery-performance goals had a significant effect on their parent's physical anxiety.

On the other hand, if a parent expected a child to do better than in the past, it didn't seem to affect that athlete's physical anxiety.

### Take-away for parents

Kaye said one immediate take away of these findings for parents is to consider the messages sent by an expectation that you want your child to win.

"You might think that's a really positive thing for the child, but that's creating a lot of worry [for the kid] as well. I don't think parents are necessarily thinking about that kind of thing."

Kaye said she and her colleagues were surprised to find how much a child's expectations impact a parent's anxiety levels pre-competition. "I think there are a lot of potential implications of a parent who's feeling really anxious before their child competes. What's the effect of that on

their child?" Kaye said, adding that the question was beyond the scope of the current research.

Kaye said she'd like to

conduct follow-ups to this study that look at how these goal-states for athletes and parents extends to team sports like soccer or base-

ball, and also track them over the course of a season. There is also a nutritional component to the findings, which Frith is analyzing.

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## Protecting your skin in the game

Every sport is different, and every athlete has unique needs. No matter their game, though, athletes across the board are prone to five dermatologic issues: blisters, turf burns, athlete's foot, acne mechanica and exposure to ultraviolet (UV) light. Fortunately, there are ways to prevent these problems and treat them when they occur.

### BLISTERS

According to Brian B. Adams, MD, MPH, FAAD, three ingredients create "the

perfect recipe" for a blister: heat, moisture, and friction between the skin and a fixed object. Athletes who use handheld equipment, like tennis racquets, or those who spend a lot of time running or making frequent stops and starts experience the type of friction that creates a blister. Getting hot and sweaty during practices and games makes blisters more likely to occur as well.

Dr. Adams says the best way to prevent blisters is to

put distance between the skin and the object causing friction. He recommends that athletes wear synthetic, moisture-wicking socks, which not only provide a barrier against friction but also keep the skin cool and dry. Those who feel a "hot spot" where a blister is starting to form can attempt to stop it by wearing an extra pair of socks, or applying petroleum jelly or an over-the-counter blister pre-

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# Alpha Phi Alpha partnering with Habitat for Humanity in Oak Cliff

Alpha Phi Alpha Fraternity, Inc.'s Southwestern Region will convene for its 69th meeting April 9-12 at the InterContinental Dallas in Addison. The convention's theme is "Alpha Impact: Year Two – Impacting Our Community" highlighting two community service projects. The April 9th Public Program and April 11 health fair, both free and open to the public, will address community health. The convention will open with a Habitat for Humanity build April 9.

According to reports, cardiovascular disease is the leading cause of death in Dallas County and the condition disproportionately affects people of color. The "Passport to Health" com-



LeCresha Peters, M.D.

munity health fair--9 a.m.-12 p.m.--will offer public education and services including heart healthy cooking demonstrations, stroke prevention tips, and heart education designed for people of color. The event is in partnership with the American Heart Association. There will also be diabetes, cholesterol, and cancer



Images: Alpha Phi Alpha

screenings, a blood drive by Carter BloodCare, CPR training, and an on-site fitness evaluation in addition to other services. A full list of services is available at AlphaSouthwest.org.

Preceding the health fair will be the Public Program, 7 p.m. April 9. Family physician, LeCresha Peters, M.D., will serve as the keynote speaker as well as a

counselor at Saturday's health fair. The program's theme is "Black Lives Matter: Addressing the Issue of Health and Healthcare Disparities in the African American Community".

On April 9, members of the fraternity will participate in a Habitat for Humanity build at Oak Cliff Gardens 1-3 p.m. College and alumni members from Texas, Arkansas, Louisiana, and Oklahoma will participate in the project.

Other events open to the public are as follows:

- April 10: Career Fair, 10 a.m.-3 p.m.

Job seekers from the area are invited to view employment opportunities from companies and organizations. The event is free.

- April 10: Miss Black and Gold Scholarship Pageant, 8 p.m.

The pageant will feature women from around the region, competing for a scholarship.

- April 10: Step Show and After Party, 10 p.m.

Alpha Phi Alpha "step" teams who won their respective district competitions in Texas, Arkansas, Louisiana, and Oklahoma will compete to represent the Southwestern Region at the fraternity's national conference in Charlotte in August.

- April 11: College Brothers Leadership Luncheon, 12:30 p.m.

The luncheon will feature awards and honors for college fraternity members.

- April 11: Alpha Casino Night, 7 p.m.

Themed "Harlem Nights," the event is a fundraiser for Alpha Merit Group, a mentoring program that has existed for more than 50 years. The mentoring program is a project of the host chapter, Alpha Sigma Lambda.

This year, the fraternity expects at least 1,000 brothers and guests in attendance. More information about the convention's public events is available at AlphaSouthwest.org.

On March 30, Time.com recognized Alpha Phi Alpha as the most popular fraternity in America for having "more active college chapters than any other."

## SKIN, continued from Page 5

vention treatment. Athletes also may want to utilize a shoe-lacing technique that reduces the likelihood of blisters by redistributing pressure on the foot and ankle.

When athletes do get a blister, they may feel the urge to remove the skin in order to get the fluid out, but Dr. Adams advises against this. Instead, he recommends draining through one small point and keeping the rest of the blister as intact as possible, since the skin provides good natural protection to promote healing. It's important to keep the blister clean, he says, and athletes also may want to apply petroleum jelly. If a blister shows any sign of infection — warmth, redness, or getting better and then getting worse — consult a board-certified dermatologist.

### TURF BURNS

Abrasions caused by falls against an artificial surface, also known as turf burns, have become more prevalent among athletes as the use of artificial turf has increased, Dr. Adams says. These injuries put athletes at risk for infection, which could end up spreading to

multiple team members.

Dr. Adams says the best way to fight turf burns is to stop them before they occur by wearing additional padding. Those who do sustain a turf burn should clean it carefully, treat it with a friction-reducing substance like petroleum jelly and cover it with an adhesive dressing — and consult a board-certified dermatologist if the injury shows any sign of infection.

### ATHLETE'S FOOT

The fungal infection known as athlete's foot is common among athletes, as its name implies, because the warm, dark, moist environment inside an athletic shoe is the perfect environment for fungus to grow. Athletes can prevent this condition by wearing synthetic, moisture-wicking socks, which keep the feet cool and dry, and by wearing sandals in community locker rooms and showers, which prevents the spread of fungal infection. Dr. Adams says those prone to athlete's foot also may use antifungal cream as a preventive measure.

Some athletes may mistake another condition, like atopic dermatitis, for ath-

lete's foot, Dr. Adams says, while others may think they simply have dry skin on their feet when in fact they have athlete's foot. A board-certified dermatologist can provide a diagnosis and recommend an appropriate treatment for any skin problem that's not getting better.

### ACNE MECHANICA

Acne mechanica is a type of acne caused by heat, moisture, friction and clogged pores. According to Dr. Adams, athletes often get this condition in areas where equipment, such as a helmet or pads, covers the skin and rubs against it for an extended period of time, during which the skin also gets hot and sweaty. Athletes can prevent this condition by placing a barrier between the skin and the equipment. Once acne mechanica appears, however, it's best to see a board-certified dermatologist, as the condition can be tough to treat.

### UV EXPOSURE

Athletes are exposed to the sun's UV rays during outdoor practices and games, Dr. Adams says, and those who start young may receive excessive exposure over an extended period of time. Winter athletes are exposed to UV rays reflecting off snow, while those who

participate in aquatic sports are exposed to both rays that reflect off the water and rays that converge in the water. Plus, a study conducted in 2000 found that

sweat on the skin increases one's risk of sunburn, which means that UV exposure may be especially dangerous for active outdoor athletes.

*The American Academy of Dermatology offers info on healthier skin, hair and nails at 1-888-462-DERM (3376) or at the Web site www.aad.org.*

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1638	Holiday Magic Overall Odds are 1 in 3.17	\$10	4/5/15	10/2/15
1656	Holiday Gold Overall Odds are 1 in 3.83	\$5	4/24/15	10/21/15
1608	Tic Tac Toad Overall Odds are 1 in 4.61	\$1	5/27/15	11/23/15
1627	Weekly Half Grand Overall Odds are 1 in 4.58	\$1	5/27/15	11/23/15
1600	Veterans Cash Overall Odds are 1 in 4.14	\$2	5/27/15	11/23/15
1652	Candy Cane Ca\$h Overall Odds are 1 in 4.14	\$2	5/27/15	11/23/15
1653	\$100,000 Merry Money Overall Odds are 1 in 3.33	\$5	5/27/15	11/23/15
1637	Holiday Game Book Overall Odds are 1 in 3.05	\$20	5/27/15	11/23/15

For detailed odds and game information, visit [texaslottery.org](http://texaslottery.org) or call 1-800-377-LOTTO. Must be 18 or older to purchase a ticket. The Texas Lottery supports Texas education. © 2015 Texas Lottery Commission. All rights reserved.

TEXAS  
LOTTERY

# Garland ISD CTE students to compete in state SkillsUSA

After besting their competition at regionals, nearly 100 Garland ISD students are on their way to compete in the state round of the SkillsUSA Texas Leadership and Skills Conference, March 26-28 in Corpus Christi.

Fourteen Audio Video Production Magnet students from Lakeview Centennial High School are among the contenders who will represent GISD at state. The talented Patriots swept all five of their categories, which included everything from digital cinema to radio production.

"It was kind of a shocking realization, to learn that we won first place in all categories," said TV Production Broadcast teacher Greg Paschal. "We have placed in every event before, but never have we gotten first in everything. It is very gratifying, but we have some really good kids, which is not unusual."

Nineteen Auto Collision Repair students from South Garland High School will join their Lakeview counterparts, having also earned first place in their respective categories.

"I am really proud of what my students have done. They stayed after school, worked weekends

and a snow day to get their projects completed," said Auto Collision Repair teacher Craig Baughman. "They are really looking forward to competing at state to see how they compare with other schools."

Like their fellow GISD state challengers, both groups prepared by holding

mock competitions, honing their skills and reworking projects in anticipation to bring a second win home.

"We did not win Best in Show at district, and are hoping that some of the additional work we did in preparation will put us in the running for that award," Baughman explained.

But winning is not the ultimate prize. Baughman and Paschal see many more benefits to this challenge-driven experience.

"The desire to win drives students to dig and learn at a deeper level than they might reach otherwise," Paschal revealed. "The experience students gain from

working at a high level in a high-pressure situation is invaluable for their future

Story photos courtesy of Craig Baughman and Greg Paschal.



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## Richland Wall of Honor to spotlight outstanding students

DALLAS – Five current and former Richland College students were honored during Richland College’s 2015 Wall of Honor ceremony on March 26 for their outstanding academic achievements, perseverance through adversity and/or contributions to the community.

This year’s Wall of Honor recipients were Linda Dao, a former student who overcame adversity as a child in Vietnam and came to Richland College with virtually no English; Claudia Graves,



Richland College Wall of Honor recipients post with their framed photos and biographies. From left to right: Quentin Rhoads-Herrera, Bill Holston, Claudia Graves, Linda Dao and Audrey Self.

a former student who entered and won a beauty pageant in her native Peru for a chance at a better education

in the U.S.; Bill Holston, a Richland College graduate

See WALL, Page 7

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# Plano Mayor to Kick Off "Everyone Matters Day"

On April 2 people around the world will celebrate their individuality and acknowledge everyone's right to dignity and respect, and to be allowed the freedom to be who they are – without shame, judgment, attack or censure.

Plano Mayor Harry LaRosiliere will kick off "Everyone Matters Day" at Rice Elementary School at

10:00 AM on Thursday, April 2nd.

The Mayor will be visiting with Rice students, who created a giant "Everyone Matters" tree comprised of hundreds of hands (see attachment). Students, parents, teachers, supporting staff members and administrators added their hands to the tree, affirming everyone matters.

Mayor LaRosiliere joins more than 30 other mayors across the nation who are adding their voice to the growing movement. The Mayors are posting #IAM selfies (attached) in affirming pride-in-identity and inviting residents to upload their own #IAM selfie to celebrate their own uniqueness.

## DCCCD organizes information sessions on recent executive immigration orders

Proyecto Inmigrante ICS, Inc. and Dallas County Community College District (DCCCD) are working together to offer a series of DAPA/DACA informative session at all seven college campuses in the DCCCD

system. The partnership strives to help the immigrant community be informed about presidential executive orders, who qualifies, what the legal process is, and how to encourage benefi-

aries of immigration relief to be prepare.

"The DCCCD Board of Trustees and the Chancellor are committed to working with community partners to

See DCCCD, Page 12

## WALL, continued from Page 6

and lawyer who did pro bono work to assist those in need and is now the executive director of the Human Rights Initiative of North Texas; Quentin Rhoads-Herrera, a current student and military veteran who now volunteers his time to help others; and Audrey Self, a former student who has not let a near life-ending automobile accident get in her way of success in college and in life.

Each year, nominations are gathered from members of the college community, and from these nominations a committee chooses approximately five people who exemplify Richland College's mission of teaching, learning and community building to receive the distinction. Photos and biographies of this year's Wall of Honor recipients will be displayed in Crockett Hall until next spring, when the next honorees will be selected.

A theme that emerged this year with the recipients was a feeling that Richland College is a place where dreams and goals can be re-

alized with hard work and perseverance.

"When I first started going to college, I didn't have very high expectations," said Rhoads-Herrera. "But when I made my first A, which happened to be my first class ever, I started to realize I could do this. Currently I have a 4.0 GPA, which is a huge success for me, and I am a member of Phi Theta Kappa, which really made me feel proud as it was the first time I was recognized for my education."

Dao talked about how Richland College has always felt like home for her, not just because she both studied and worked on campus, but because the college's library was a haven for her to relax. Holston recognized Richland College for being a jumping-off point for his 30-year law career and now his human rights work. Self came to Richland as a dual credit student, and her success earned her a full-ride scholarship to Southern Methodist University.

Graves summed the feel-

ing up well. "Richland taught me that my dreams were possible," she said.

# Four college-bound women receive \$25,000 in scholarships

The Junior League of Dallas and Mary Kay Inc. recently announced the recipients of the second annual Women LEAD (Learn. Excel. Achieve. Dream) Scholarship Program.

This past Thursday, the two organizations partnered together to award \$25,000 in scholarships to four deserving Dallas ISD seniors to create opportunities for future women leaders.

First place winner Emili Quintero will receive a one-time \$10,000 scholarship. Second place winner Emily House, third place winner Sung Mawi and fourth place winner Belem Soto, will each receive a one-time \$5,000 scholarship.



First Place Winner Emili Quintero, Second Place Winner Emily House, Third Place Winner Sung Mawi and Fourth Place Winner Belem Soto (Photo: Rhi Lee)



Vice President of Corporate Communications and Corporate Social Responsibility for Mary Kay Crayton Webb, First Place Winner Emili Quintero, Second Place Winner Emily House, Fourth Place Winner Belem Soto, Third Place Winner Sung Mawi and Junior League of Dallas President Julie Bagley (Photo: Rhi Lee)

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# Arboretum offers colorful options for Easter Weekend

To celebrate the Easter holiday, the Dallas Arboretum and Botanical Garden has planned a weekend full of exciting activities including music, festive treats, children's activities and a garden full of floral backdrops perfect for those Easter photos.

Bill Graue, Dallas Arboretum's chairman of the board, said, "We invite you to celebrate the Easter holiday with many wonderful activities along with the spring-blooming flowers and azaleas-making it the most photographed place in



Dallas."

**Eddie Coker Children's Concert on Friday, April 3 | 11 a.m. and 2 p.m. | Martin Rutchik**

**Concert Stage and Lawn**

Children's activities include face painting, crafts and a petting zoo on Friday, 10 a.m. to 2 p.m., Saturday

and Sunday, 12 p.m. to 4 p.m. A roving bunny rabbit in costume will also be making rounds in the garden for family photo oppor-

tunities.

**Matt Tolentino's Cement City Ramblers on Saturday, April 4 | 1 p.m. | Martin Rutchik Concert Lawn**

To carry out our theme "Deep in the Hearts of Texans," the Dallas Arboretum welcomes the musical selections that are going to hearken back to the traditional Texas western swing bands of the 1930s and 1940s. Combining elements of jazz, blues, folk, and swing, this delightful music has kept Texas dance halls swinging for generations.

**Pony Rides on Sunday, April 5 | Noon - 4 p.m. | Pecan Grove**

Complimentary with paid garden admission. On Saturday and Sunday, guests can relax on the lawn near the Martin Rutchik Concert Stage and Lawn, listen to the music being played and enjoy a picnic.

Tom Thumb is selling discount tickets for \$1 off the regular price. Group discounts for 15 or more are available with advance registration by calling 214-515-6520. Check the Dallas Arboretum website for additional discounts.

## CRUMP, continued from Page 2



Bishop Hezekiah Walker and publishers Jackie Hampton of the *Mississippi Link* and John B. Smith, Sr. of the *Atlanta Inquirer* (NNPA) Photo by Freddie Allen

a small amount of marijuana, then put him in the back of their police car, handcuffed behind his back, where he supposedly shot himself in the head with a hidden handgun.

In 2013, Theresa Rudd, Carter's mother, filed a wrongful death lawsuit against the Jonesboro police department. The suit said that no fingerprints were found on the gun that police claimed Carter used to shoot himself in the head and that the police car was washed, destroying potential evidence that could be used in future investigations.

The arresting officers, Ronald Marsh and Keith Baggett, received one month paid administrative and returned to active duty following the shooting.

"Without the Black Press

I don't know where we would be in these campaigns of justice for all these unknown, unnamed people of color who are killed everyday all across the world and swept under the rug," said Crump.

Jennifer S. Carroll, the former lieutenant governor of Florida, who was honored with a Torch Award for her successful political career, also thanked the Black press for sharing her story. Carroll was the first woman to be elected as lieutenant governor and the first African American of Caribbean descent to be elected statewide since Reconstruction.

"Had it not been for the Black press, my accomplishments would not have been told at all in mainstream media," Carroll said. "We have an audience that

needs to be informed and the Black press fills that vacuum that exists in mainstream press."

Carroll continued: "For many of you, it's been a struggle to keep the lights on, but you know the importance of the work that you do that your commitment is to not let down the journalists and the publishers that have come before you."

Filmmaker Jeff Friday (Entertainment), B. Doyle Mitchell, Jr., president and CEO of the Industrial Bank (Business), and Grammy-award winning gospel singer Bishop Hezekiah Walker (Religion) were also honored with Torch Awards. Willie Myrick, was presented NNPA's first "Junior Newsmaker of the Year" Award. Last year, at the age of 9, Myrick was kidnapped while playing near his Atlanta home. He sang Bishop Hezekiah Walker's hit song, "Every Praise" for three hours until his abductor finally threw him on the street and drove away.

In a separate ceremony, the late Francis Page, Sr., founder and publisher of the *Houston NewsPages*, and Dr. Ludwalo O. Perry, co-founder of the *Tennessee Tribune* with his wife, Rosetta Miller-Perry, were enshrined in the Gallery of Distinguished Black Publishers at Howard University.

At the awards dinner, Fri-

day said that the more that he traveled around the world promoting Black films and culture, the more

he realized that the perceptions of African Americans are being poisoned by the mainstream media.

"We've been talking about Black lives matter," said Friday. "But Black images matter, too."

# CDBG

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The City of McKinney is gathering community input for Community Development Block Grant (CDBG) funds received over the next five years.

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## The King & I runs until April 5 at Dallas Summer Musicals

Rodgers and Hammerstein's *The King & I* is presented by Dallas Summer Musicals until April 5 at Music Hall at Fair Park. East versus West makes for a dramatic, richly textured and ultimately uplifting tale of enormous fascination.



It is 1862 in Siam when an English widow, Anna Leonowens, and her young

son arrive at the Royal Palace in Bangkok, having been summoned by the King to serve as tutor to his many children and wives. The King is largely considered to be a barbarian by those in the West, and he seeks Anna's assistance in

changing his image, if not his ways. With both keeping a firm grip on their respective traditions and values, Anna and the King grow to understand and, eventually, respect one another, in a truly unique love story. Along with the dazzling

score, the incomparable Jerome Robbins ballet, 'The Small House of Uncle Thomas,' is one of the all-time marvels of the musical stage.

For all Dallas Summer Musicals shows, M Dining at the Music Hall is open for

each performance (matinee and evening). Dining at the Music Hall serves a sumptuous buffet before each performance.

Reservations are recommended, but not required; call 214-413-3940 for more information.

## Kevin Hart will receive MTV's 'Comedic Genius Award'

NEW YORK — MTV announced that comedian and actor Kevin Hart will receive the MTV "Comedic Genius Award" during the "2015 MTV Movie Awards" that will air LIVE on Sunday, April 12 at 8:00 p.m. ET/PT from Nokia Theater L.A. Live in Los Angeles, California.

Presented by late-night funny man Jimmy Kimmel, the award will honor Hart for his bold and irreverent comedic style that has captivated audiences from his movies and sitcoms, to stand-up specials, award show performances and in front of packed arenas of fans. The first recipient of the award was Hart's *Get Hard* co-star, Will Ferrell, in 2013.

Hart, known for his raw and unfiltered comedy, joins the star-studded lineup for this year's show, including host Amy Schumer, "Trailblazer Award" recipient Shailene Woodley and confirmed presenters Miles Teller, Reese Witherspoon, Vin Diesel and Sofia Ver-

gara.

Hart made his comedic debut during an amateur night at a Philadelphia comedy club and was instantly hooked. He quit his job as a shoe salesman and began performing full time. In 2011, during the "Laugh At My Pain" comedy tour, Hart sold out the Nokia Theater two nights in a row breaking the record previously set by Eddie Murphy.

With his passion for stand-up, Hart continues to tour the country to sold-out audiences and has grown his empire to include box-office hits including: *Ride Along*, *The Wedding Ringer*, *Think Like a Man*, *The Five Year Engagement*, *Little Fockers*, *Fool's Gold*, *Death at a Funeral*, *Along Came Polly* and *The 40 Year Old Virgin*. His latest movie, *Get Hard*, with Will Ferrell opened this weekend. On television, Hart has been equally as successful as executive producer of the show "Real Husbands of Hollywood," along with other television credits that

includes his most recent role as *Roast Master* for the Comedy Central Roast of Justin Bieber.

This year's "Movie Awards" nominees span every film genre from dystopian universes (*The Hunger Games: Mockingjay Part 1* and *The Maze Runner*) to heart-felt coming of age stories (*The Fault in Our Stars* and *Boyhood*), out-of-this-world comedies (*Guardians of the Galaxy*, *Neighbors*, *The Interview*, *The Wedding Ringer* and *Top Five*), real-life heroes (*Selma* and *American Sniper*) and more. Fans will witness epic match-ups between the likes of Channing Tatum and Chris Pratt taking on funny-men Chris Rock and Kevin Hart for "Best Comedic Performance," Rosario Dawson battling it out with Jason Sudeikis, Jonah Hill and Seth Rogen for "Best WTF Moment," Meryl Streep and J.K. Simmons vying for "Best Villain" and Zac Efron defending his 2014 title for "Best Shirtless Per-

formance" against the beautiful Kate Upton and teen heartthrob Ansel Elgort.

Additional nominees include: Reese Witherspoon, David Oyelowo, Scarlett Johansson, Eddie Redmayne, Jennifer Lawrence, Dylan O'Brien, Emma Stone, Chris Pratt, Shailene Woodley, Miles Teller, Jennifer Lopez, Chris Evans, Zoe Saldana, James Franco, Rosamund Pike, Bradley Cooper, Elizabeth Banks and many more. Fans can

cast their votes for their favorites at [www.MovieAwards-MTV.com](http://www.MovieAwards-MTV.com) through Saturday, April 11. Voting for "Movie of the Year" will continue throughout the live broadcast of the show.

The "2015 MTV Movie Awards" will once again officially kick-off the summer blockbuster season, promising to deliver yet another epically funny, explosive, over-the-top show that features fan favorite films, actors and musicians. In addi-

tion, the show will honor the best films and performances from the past year, while featuring exclusive, never-before-seen moments from some of the most highly-anticipated summer films. Nominations will be announced at a later date. The telecast will air across MTV's global network of more than 60 channels and 200 digital media properties reaching more than half a billion households around the world.

## America's truest art jazzes up sounds

The sultry and sexy sounds of the alto saxophone is what made dozens of ears perk up, while finger snaps (an artful expression of applause) filled the room during a recent performance by the Bryan Adams High School's Jazz Ensemble on March 28.

For nearly two decades, aspiring jazz artists gather for the Dallas Music Educators Association Jazz Festival hosted at the Yvonne A.

Ewell Townview Center campus. The DMEA Jazz Fest has cultivated many successful musicians, including many of the band directors who have come back to teach within Dallas ISD.

This year, 15 jazz bands across the Dallas ISD featured their top musicians in a festival-styled venue, in an effort to keep the art form alive.

"Anytime you can have a

mechanism for students to showcase what they've worked on, that open lab, it's nothing like it," said Dean Hill, director of Townview's "Big D" Marching Band.

Hill said during his tenure teaching music, he has noticed a decline in the arts. More specifically, band programs are seeing considerable decreases, which some

See JAZZ, Page 10

## Jazmine Sullivan

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Members of the Bryan Adams High School's Jazz Ensemble perform during the Dallas Music Educators Association Jazz Festival hosted at the Yvonne A. Ewell Townview Center campus.

## JAZZ, continued from Page 3

fear could lead to the demise of marching bands as a whole.

Christian Brouton, a junior at South Oak Cliff (SOC) High School, is a third-year band member. During football season Brouton spends most of his time marching in the band, but in the spring his focus switches to jazz. It's where his skills are sharpened and

developed more than he would by solely marching.

"I prefer the jazz band because you can learn different techniques and forms on your instrument," said Brouton, moments before the SOC Jazz Ensemble performed.

That is why the jazz fest remains relevant. Brouton, who has been apart of band since fifth-grade, can keep

his interest, awareness, and opportunities at his fingertips using the annual platform to showcase his work.

"One of the things is, there are less venues to showcase their art and that's one of the reasons why we still do this," said Hill. "The goal is to expose these group of students, who are eager to continue their growth in the musical arts area, and get them to use their talents on the professional side."

## Jazmine Sullivan's Reality Show rolls into Dallas at the House of Blues on April 3

R&B singer Jazmine Sullivan's launched a tour last month to promote her new album Reality Show, the singer's first since 2010's Love Me Back. The tour is in Dallas at the House of Blues on Friday, April 3.

Reality Show has enjoyed critical success led by the single "Dumb" fea-

turing Meek Mill and the tour was so successful that more shows were added to the original line-up including Dallas. The tour's 18-date second leg kicks off on April 2 in Houston and wraps April 30 in Silver Spring, Md. Newcomer Jordan Bratton, signed to 1009 Records/RCA, will continue as the opening act

except for the last two dates scheduled.

The critically acclaimed project bowed at No. 1 on Billboard's R&B Albums chart, No. 2 on Top R&B/Hip-Hop Albums and No. 12 on the Billboard 200. New single "Let It Burn" debuts at No. 29 on Adult R&B last week.



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## How to make money in real estate without flipping houses

Most people believe that making a profit in real estate means buying and selling at the right time, or renting their property and profiting over the long term, says investment banker Salvatore M. Buscemi.

Being handy with property renovations and having a great relationship with a bank can also prove essential.

But what if you're better suited for a straightforward approach to short-term, high-interest financing for higher-than-normal returns – independent of the established banking norms? What if you want to build better relationships for safer investments?

That answer may be found in hard money lending, the “second oldest profession in the world, right after that other one,” says Buscemi, managing director of Dandrew Partners LLC in New York City and author of “Making the Yield: Real Estate Hard Money Lending Uncovered” ([www.MakingTheYield.com](http://www.MakingTheYield.com)).

Hard money lending is a type of community lending and here's how it works, Buscemi says. Investors act like a bank and make short-term loans to small businesses that buy and repair distressed properties, refinance them with conventional bank loans and repay the short-term loans at higher interest rates, generating more profitable returns for the original lenders.

“Cash flow is something everyone needs yet few people have – that's been true since Bronze Age Sumerians were writing in cuneiform on clay tablets,” Buscemi says. “But in the 18th century such community lending was vilified, leaving a massive gap that banks have absorbed.”

Also called bridge loans, hard money loans are a

specialized type of real-estate backed loans and fall within the peer-to-peer lending category, he says. As a lender, if you have a “cash-strapped” client who has missed several payments, then you have their collateral to resell and claim back your money with interest, he says.

“It's a safe, short-term investment with nice returns, but doing without the established criteria on loans established through banks poses certain risks,” says Buscemi, who offers some need-to-know tips for navigating hard lending.

Avoid hazards with insurance. When you know that the hazard insurance is in place – with adequate coverage – make sure that you are listed as the mortgagee. A little mortgagee clause that shows you are the mortgagee wit your

name and address on the policy matters. This clause should also show that you are in first position to be paid, should the property be foreclosed on.

Know the many different types of insurance. They include policies: hazard, vacant dwelling, flood insurance, builder's risk and loss of rents coverage. A very large part of your job as a hard money lender is to minimize the risk in a high-risk field. You are already doing all you can to reduce the risk of lending to a particular individual, which is great. But now you need to acknowledge that there are external factors that can affect your investment.

Build in prepayment penalties. Lenders want to make money on loans, which is not possible if the loan is repaid in full almost

See DOLLARS, Page 13

## ABUSED, continued from Page 3

receiving. The privileged White daughters of a basketball coach of a major university made the determination a grand jury could not, on a charge a university could not prove and was forced to reach settlement with the accused.

Still, Dez Wells is branded a rapist because he excelled on the basketball court.

Martese Johnson was just another young Black guy, a human punching bag for police who could casually dismiss the thought that they were bloodying a student enrolled in the nearby prestigious university, or more importantly, a human being and someone's son.

Collectively, these incidents bring into sharper focus the racist rants of former University of Oklahoma SAE fraternity members in that now infamous videotape. This is the world in which young Black Americans live. It is a sobering reality that a gen-

eration that many hoped would truly be post-racial (as if that will ever be the case) is more deeply entrenched in racism than the prior generation. And institutional racism has a vice

grip upon young Blacks that is more consequential than white mobs of decades past.

It's enough to make me take a trip to the nearest Starbucks. I'll take a latte with some truth talk.

Walter Fields is Executive Editor of NorthStarNews.com.

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Prospective vendors or their representatives may obtain an electronic PDF format of various Procurement Proposal documents on-line from the Dallas ISD website homepage at <http://www.dallasisd.org/at> the "Vendor Opportunities" link.

### \*MWBE POLICY ENDORSEMENT\*

Dallas ISD is committed to the ideals of equal opportunity in all its business endeavors. It is the goal of Dallas ISD that at least 30% of the work performed under each contract will be provided by minority or woman-owned business enterprises.

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**DCCCD**, continued from Page 8

serve students.

By hosting these important sessions, we will ensure that students and parents are receiving the correct information and they know which organizations are available to provide assistance in applying for DAPA or DACA," said Diana Flores, DCCCD trustee.

The informative sessions, which are free and open to the public, will take place as follows:

**Cedar Valley College**

Saturday April 4  
9 a.m. to noon  
(Rooms M121/M122)  
3030 N. Dallas Ave.  
Lancaster, TX 75135

**North Lake College - South Campus**

Saturday, April 11  
9 a.m. to noon  
1081 W. Shady Grove Rd.  
Irving, TX 75060

**Richland College**

Wednesday, April 22  
5:30 to 8:30 p.m.  
(Wichita Hall - WH103)  
12800 Abrams Rd.  
Dallas, TX 75243

**Eastfield College**

Wednesday, April 29  
5:30 to 8:30 p.m.  
3737 Motley Dr.  
Mesquite, TX 75150

**El Centro College**

Saturday, May 2  
9 a.m. to noon  
Student Center  
801 Main St.  
Dallas, TX 75202

**Brookhaven College**

Wednesday, May 20  
5:30 to 8:30 p.m.  
(Geotechnology Institute - Room H125)  
3939 Valley View Lane  
Farmers Branch, TX 75244

**Mountain View College**

Saturday, May 30  
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4849 Illinois Ave.  
Dallas, TX 75211

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2601 S. MacArthur

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1515 Hard Rock Rd

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397 East Las Colinas Blvd, Ste. 180

**Le Peep**  
4835 N. O'Connor Blvd.

**Mattito's Tex Mex**  
1001 MacArthur Park Drive

**Taqueria El Tacazo**  
1150 W. Pioneer Drive

**Capistrano's Café & Catering**  
4650 W. Airport Frwy

**Empress of China**  
2648 N. Beltline Rd.

**The Spirit Grille**  
4030 N. MacArthur Blvd #112

**El Rancho Restaurant**  
1210 E. Irving Blvd

**504 Salon**  
3414 W. Rochelle

**Irving YMCA**  
220 W. Irving Blvd

**Mitchell's Barbershop**  
4020 N. Beltline Rd

**Roy's Pawn Shop**  
635 E. Irving Blvd

# Hey Irving, Pick Us Up!

You can find a copy of the North Dallas Gazette at any one of these fine businesses and organizations. Be sure to pick up a copy every week to stay on top of the issues important to the Irving area in particular and the DFW African American community as a whole.

**Evergreen Missionary Baptist Church "The Green"**  
3329 Country Club West

**Irving Islamic Center Valley Ranch - Valley Ranch Masjid**  
9940 Valley Ranch Pkwy W.

**Irving Salvation Army**  
1140 E. Irving Blvd

**Antioch Christian Church**  
2043 W. Walnut Hill Ln

**Lee Park Recreation Center**  
300 Pamela Drive

**Lively Pointe Youth Center**  
909 N. O'Connor Rd

**Mustang Park Recreation Center**  
2223 Kinwest Pkwy

**Northwest Park Recreation Center**  
2800 Cheyenne St.

**Senter Park Recreation Center**  
907 S. Senter Rd

**Austin Recreation Center**  
825 E. Union Bower Rd.

**Houston Recreation Center**  
3033 Country Club Rd.

**Cimarron Park Recreation Center**  
201 Red River Trail

**Georgia Farrow Recreation Center**  
530 Davis Street

**Heritage Senior Center**  
200 Jefferson Street

**iRealy Office Building**  
320 Decker Drive

**Irving Hispanic Chamber of Commerce**  
135 S. Jefferson

**Irving City Hall**  
825 W. Irving Blvd

**Irving Public Library**  
801 W. Irving Blvd

**Shady Grove CME Church**  
3537 E. Gilbert Road

**Emmanuel Baptist Missionary Church**  
511 Gilbert Road

**Ben Washington Baptist Church**  
3901 Frisco Ave

**Shepherd Church**  
615 W. Davis

**West Irving C.O.G.I.C.**  
4011 Conflans Road

**Bible Way Baptist Church**  
4215 N. Greenview Dr.

**Strictly Business**  
4159 W. Northgate

**Washateria**  
3712 Cheyenne Street

**New Life Ministries**  
3706 Cheyenne Street

**Elisha Mane Attractions**  
3704 Cheyenne Street

**Bear Creek Community Church**  
2700 Finley Rd.

**Evergreen Baptist Church**  
3329 W. Country Club Drive

**Po' Boys Restaurant**  
4070 N. Beltline Rd. Ste. 100

**Girl Friends Africa**  
4070 N. Beltline Rd. Ste. 134

**VW Barbership**  
4070 N. Beltline Rd. Ste. 143

**Northlake College**  
2000 College Blvd Bldg. A

**Antioch Christian Church**  
2041 West Walnut Hill

**Kasbah Grill**  
2851 Esters Rd

**Fresh Food Store**  
4020 W. Northgate Drive

**Lee's Catfish**  
1911 Esters Road

**Danal's Mexican Restaurant**  
508 N. O'Connor Rd

**Fred's Pit Barbecue**  
808 E. Irving Blvd

**Gary's Barbershop**  
2117 Story Rd.

**African Village Restaurant**  
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## SURVIVAL,

continued from Page 1  
disclosure a safe and preferable choice for anyone who experiences sexual assault.”

### “...A gradual process”

The men who raped Lori had stolen her car, electronics, and her landline cord. After carefully freeing herself from her bed, she mustered the courage to knock on a neighbor’s door so she could call the police.

After the police she called her sister, who picked her up and took her back to her home. The following day, she called the DC Rape Crisis Center hotline. Later, her mother and sister accompanied her to her first counseling session. That evening, Lori told her boyfriend and the next day he accompanied her to counseling, the first of several occasions.

Her memory is a blur after that first week.

“For like a good year after I was raped – I don’t have many specific memories from that year. It’s very fuzzy,” she says. “[Healing] was a gradual process – it wasn’t like I finished therapy and it was over.”

A journalist, Lori slowly channeled her pain into her work. About a year-and-a-half after the assault, she agreed to write an article on a freshman Spelman College student who maintained that four Morehouse College students – three of whom were on the basketball team – had gang raped her. Spelman was Lori’s alma mater; her own rape occurred the same week as her 5-year class reunion.

The article, “Rape of a Spelman Coed” was published in *Emerge* magazine almost exactly two years after Lori’s assault. It be-

came an award-winning story, and the springboard for *I Will Survive*.

“After that article, [the magazine] got a really powerful response,” she recalled. “So the idea [for the book] came from having written an article about sexual assault; realizing that this was a huge problem in the African American community; that we didn’t have culturally specific resources available to us; and that we just didn’t know how to deal with sexual assault.”

### From surviving to thriving

To her knowledge, Robinson’s assailants were never caught and are thought to be responsible for at least three other rapes. Still, in 1996 she marked the one-year anniversary of her survival with a celebration.

“I’d experienced the most horrific thing I could possibly imagine, and I am still standing. I am still going to work; I still have my right mind, for the most part. It absolutely was a celebration of my survival,” she remembers.

Today, she has become a noted activist and speaker on the issue of sexual assault, speaking at more than 100 events in more than 20 states and in three countries. She has lived and taught in Ecuador, Brazil, and other parts of Latin America, and is still enjoying a career as an award-winning bilingual journalist and educator.

She also married Ollie Johnson, the boyfriend who had been there with her through it all.

“We weren’t married then, but I definitely thought of us as a couple.

You come together, you support, you love, you struggle, you handle it, you get through it. That was my mental-emotional framework,” he said.

“I’ve had various crises and challenges with my own family, but nothing like what happened to Lori. So I didn’t have any direct experience with supporting or helping or loving survivors. But I just kind of knew that was the right thing to do.”

When Robinson first began writing *I Will Survive*, Ollie thought it was a great idea and logical next step from the *Emerge* article – until it became clear that the research, interviewing, and writing caused Robinson to relive her trauma.

“I recommended that she consider dropping it or suspending it on several occasions, because it was so painful.... She would always say that she had to do it. And she worked through it,” he said. “I was very impressed with her strength and resilience through the whole process and still am just amazed that she could handle everything the way she’s handled it.”

Robinson encourages survivors to seek healing, whatever that may mean for them.

“Not every survivor necessarily needs therapy, but based on my personal experience, I highly recommend that survivors reach out to someone. It’s so important to be able to tell your story, let it out, [to] be able to talk to someone who can empathize with you, support you, and encourage you,” she said.

“Take care of yourself. Think of mental, physical, emotional, and spiritual self-care. What feels nour-

ishing to you? What feels safe to you? What makes your body feel good? Do that.”

Every survivor’s experience is profoundly personal. At the same time, millions of survivors are all fighting through the same devastation of this rampant trauma, often in shame and silence.

Robinson wants them all to remember one thing “What happened to you is not your fault. No matter what the circumstances were – no matter what you wore, or what you drank, or what time it was, or where you were – the only person who was responsible, the person who deserves all of the blame, is the person who forced unwanted sexual activity on you,”

*(The project was made possible by a grant from the National Health Journalism Fellowship, a program of the University of Southern California Annenberg School for Communication and Journalism.)*

“When I saw that we could help, and I saw it from the very beginning, that we could help people. And I thought that we could do it in banking,” Doyle Mitchell said. “I’ve always enjoyed the people part of banking. The side where we help people.”

## ALLEN,

continued from Page 2  
Bank, which later became Industrial Bank.

Jesse Mitchell once said, “The simple duty of a banker is to stand between and draw together the man that needs and the man that has the funds. I have done

my duty and no more. The bank has created better homes, better communities and better and more useful lives.”

Mitchell, the third generation banker, continues to carry on that legacy.



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**AVENUE F CHURCH OF CHRIST IN PLANO**

**Mondays – Fridays**  
Call 972-423-8833 for AFFECT, Inc. or email: AFFECTxInc@aol.com for counseling services, resources and assistance for job readiness and training programs for individuals.

**April 5**  
Join us this Sunday at 8 a.m. for our praise and worship services, God will bless you. And don't forget to come back at 5 p.m. for our Iglesia de Cristo Services (the Word of God in Spanish.)

**April 8, 7 p.m.**  
You're invited to join us for Bible study as we worship and praise God for His blessings. Prepare to be encouraged by God's plan to grow.

**April 11, 8:30 a.m.**  
Mark your calendars for our "Health Fair: Survival Kit" Day sponsored by Acquaye Dental, AFFECT, Inc., Avenue F CoC, Avenue F Family Health Center, Baylor Hospital and Presbyterian Hospital. Registration and a Continental Breakfast will start at 8:30 a.m. followed by a Welcome and Ice Breaker then various workshops on Gastrointestinal Health, Heart Health, Fresh Food Stand, Breast Cancer, Mean's/Women's Health, a Health "Jeopardy" Game Show. Lunch is at 12:30 p.m. followed by Health Presentations for Men and Women. Child Care will be provided and various door Prizes.

Brother Ramon Hodridge, Minister of Education  
1026 Avenue F  
Plano, TX 75074  
972-423-8833  
www.avefchurchofchrist.org

**BETHEL BIBLE FELLOWSHIP CARROLLTON**

**April 5, 9:45 a.m.**  
You're invited to our Sunday Morning "Prayer and Meditation" followed by Morning Worship Service at 10 a.m. See what God is

doing through and with us; you will be blessed. We will also have some Black Women History facts to share with you.

**April 8, 7 p.m.**  
Join us in Wednesday's Prayer and Bible Study Class with Senior Pastor Dr. Woodson and/or Associate Pastor Brenda Patterson teaching on the subject of Spiritual Warfare. These are Hot Topics in Winter Months. We will learn what God says about critical issues and topics through the study of His word. Come and be blessed by God.

Dr. Terrance Woodson, Senior Pastor  
1944 E. Hebron Parkway  
Carrollton, TX 75007  
972-492-4300  
www.bethelbiblefellowship.org

**SHILOH MBC IN PLANO**

**April 5  
8 a.m. and 11 a.m.**  
Come and worship with us this Sunday. God will greet us and bless us with words of wisdom as He leads and guide us in all truth and righteousness.

**April 8, 7 p.m.**  
You're invited to our Wednesday's Bible Study to learn more about God's Word. Come and be encouraged by God's plan for your maturity and growth; and, it's all for His glory.

Dr. Isaiah Joshua, Jr. Senior Pastor  
920 E. 14th Street  
Plano, TX 75074  
972-423-6695  
www.smbcplano.org

**CHRIST COMMUNITY CHURCH IN RICHARDSON**

**April 5, 8:45 a.m.  
And 11 a.m.**  
You're invited to our Morning Services as we worship, honor and praise God for His blessings. Our March Month Series is "I am a Church Member." Discover the attitude that makes the difference.

**April 8**  
Join us at 12 Noon with Rev. Viveca Potter teaching on the Word of God; come back at 6:45 p.m. for Corporate Prayer and stay for Senior Pastor Autry at 7:30 p.m. teaching the Word of God. Our youth will come for Food and Fellowship at 7 p.m. followed by Bible Study at 7:30 p.m. and Tutoring/Homework Assistance at 8 p.m.

Dr. Terrence Autry, Senior Pastor  
701 Centennial  
972-991-0200  
Richardson, TX 75081  
www.Christcommunityrichardson.org

**DAYSTAR DELIVERANCE MINISTRIES**

**April 2015**  
For those in need visit Helen's House on Fridays at 9:30 a.m. (exceptions are bad weather and holidays) to receive, to give, to comfort and to fellowship. Call 972-480-0200 for details.

Pastor Minnie Hawthorne-Ewing  
635 W. Campbell Road Suite 201  
Richardson, TX 75080

**FELLOWSHIP CHRISTIAN CENTER CHURCH IN ALLEN "The Ship"**

**Monday – Friday  
9 a.m.-1 p.m.**  
TheShip3C's Prayer Lines for those that are in need are 972-649-0566 and 972-649-0567 or they may be submitted via email to: prayerline@theship3c.org

**April 5**  
Join us this Sunday for our praise and worship services at 9:30 a.m. followed by Morning Services at 1550 Edelweiss Drive in Allen and bring someone with you; you will be blessed.

**April 8**  
You're invited to our Wednesday's 12 Noon-Day Live Prayer and Bible Study and/or our Wednesday Night Live Prayer and

Bible Study at 7 p.m. to learn more about God's Word at the Joycie Turner Fellowship Hall, 200 W. Belmont Drive in Allen. Be encouraged by God's plan for your maturity and His glory; and most of all, be prepared to grow.

Dr. W. L. Stafford, Sr., Ed. D. Senior Pastor  
1550 Edelweiss Drive  
In Allen for Sunday Morning Worship.  
Admin. Building Address  
Is 200 W. Belmont Drive  
Allen, TX 75013  
972-359-9956  
www.theship3c.org

**BIBLE WAY COMMUNITY BAPTIST CHURCH**

**April 5, 7:35 a.m.**  
Join us this Sunday for our praise and worship services and receive a blessing from God.

**April 8, 7 p.m.**  
You're invited to our Wednesday Bible Study to learn more about God's word and how it can lead and guide you.

Dr. Timothy Wilbert, Pastor  
4215 North Greenview Drive  
Irving, TX 75062  
972-257-3766  
www.biblewayirving.org

**THE INSPIRING BODY OF CHRIST CHURCH**

**April 5  
7:30 and 11:30 a.m.**  
You're invited this Sunday to our praise and worship service as we honor and magnify God's Holy name; and receive a blessing from Him.

**April 8, 7 p.m.**  
Join us in Monday School as we learn what God has to say to us.

**April 10, 7 p.m.**  
All men are invited to join us for Men's Fellowship night. What is God saying to us?

Pastor Rickie Rush  
7701 S Westmoreland Road  
Dallas, TX 75237  
972-372-4262  
www.lbcchurch.org

**MT. OLIVE CHURCH OF PLANO (MOCOP)**

**April 5**  
Join us in Sunday School at 8:30 a.m.; stay for our Sunday prayer at 9:30 a.m. and our Worship Service at 10 a.m.

**April 8, 7 p.m.**  
You're invited to our Wednesday's Bible Study; you will learn what God has to say to us. Come to be encouraged by God's plan for your spiritual growth and His glory.

Pastor Sam Fenceroy Senior Pastor  
300 Chisholm Place  
Plano, TX 75075  
972-633-5511  
www.mocop.org

**NEW MOUNT ZION BAPTIST CHURCH**

**April 5**  
You're invited to join us for Early Morning Services at 7:30 a.m., followed by Sunday School at 9 a.m. and Morning Worship at 10:30 a.m.

**April 8**  
Join us for Wednesday's Bible Study and learn what God has to say to us.

Dr. Tommy L. Brown Senior Pastor  
9550 Shepherd Road  
Dallas, Texas 75243  
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• Sunday Morning Prayer 9:30 am  
• Sunday Service 10:00 am  
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# A tribute to Phemia Tinner



Send email to: [businessoffice@northdallasgazette.com](mailto:businessoffice@northdallasgazette.com) to sign up for Sister Tarpley's weekly electronic newsletter.

(NOTE: To my pastor, Dr. Terrance Woodson, my church family at Bethel Bible Fellowship in Carrollton; uncle Charlie Baker; aunt Mae Thomas; Mr. Thurman Jones; Ms. Ruth Ferguson; staff at North Dallas Gazette; Mr. & Mrs. Young (Susan) Sung, candidate for Carrollton City, place 5; Bible Study Fellowship Class 2014-15; my personal family and friends, thank you for your prayers, patience through my tears, your love and words of inspiration; you made my loss easier.)

Phemia was my "Best Friend" and I was hers." We both realized long ago that many people did not and would not understand the depth of our friendship; therefore, we never attempted to explain it to them, it wasn't important to us what their thoughts about us or our friendship were.

Over 48 years ago, Phemia and I were in a fast food restaurant to eat lunch;

she looked at the menu and said, "What's on the menu, I told her to read the menu it was on the wall in front of us." Phemia's reply was, "Girl, the letters are too small." My mother said in her life time, "Just keep on living."

That was the same time that Phemia said to me, "You are going to be my "Best Friend." I replied, "Phemia, I don't have "Best Friends"; people are either a friend or a close acquaintance. She replied, "I don't care what you are saying, "You are going to be my "Best Friend."

"A best friend", is a rare jewel, Aunt Mae Thomas said; she was right, and no truer words have ever been spoken.

Through the years, Phemia and "Father" have called me their "Best Friend", to them I was their personal attorney, accountant, secretary, business advisor and their confidant; and keep in mind, I do not have a degree nor certificate in any of these fields, but that did not matter."

There is not one thing about their personal business that I don't know. If I must talk about their business, I talk to God only.

As Helen Walton of Wal-Mart Stores once said, "It's

not what you gather that matters but, what you scatter."

Believe me, I did not and do not take their friendship and trust for granted, I constantly asked God to not allow me to misuse or abuse their trust nor their friendship.

Phemia asked to be Sheila's godmother before she was born. She was the

best godmother that ever lived; Sheila is my witness.

Space will not permit me to tell all of the things that Phemia and "Father" have done for me and my family over the 48 years. Everybody should have a "Best Friend."

They would bring me homemade meals for lunch at times, before my retirement from the school sys-

tem and often at North Dallas Gazette's office when we had an office in Plano.

They were there when Sheila was born, when she was on a program in school and even the deaths of my Father in 1970, my mother and middle brother in 1984, my youngest brother in 2010 and my oldest brother and two of my sisters in 2013. Every time I needed them, they were there.

These are three of my fondest memories of them, again, space will not permit others.

One day, early in our

friendship, I was over to their house and I was teasing Phemia about her six children.

She looked in her backyard and told Beverly (oldest) to send some of those kids home, Beverly said, "Mama, they are all yours." So, I mentioned that I might as well call Gene like the others. I call him "Father" with pride.

The second is when I was hospitalized and Phemia offered, without me asking, to take care of my children so

See TARPLEY, Page 16



Phemia Tinner

**COMMUNITY BIBLE FELLOWSHIP**  
1301 E. Princeton Street, Suite 200, Carrollton, TX 75006

Sunday Worship 8:30 & 11:15am  
Wednesday Prayer 4:00pm  
Wednesday Bible Study 7:00pm  
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Sunday Bible Class.....9:45 am  
Sunday Morning Worship.....10:45 am  
Evening Worship.....3:00 pm  
Iglesia de Cristo Services .....5:00 pm  
Wednesday Bible Class.....7:00 pm

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Allen, TX 75013  
8:00 am.

Sunday Morning Worship  
New Testament  
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Allen, TX 75012  
9:30 a.m.

Wednesday Night Live  
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Monday School 7pm & After School Fellowship 4:00pm

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AWANA: Wednesday at 6:30 p.m.  
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www.smbcplano.org

# NDG Book Review: *Stealing the Game is a win*

By Terri Schlichenmeyer

Oh, how you hate to lose! You hate it so much, in fact, that it's not really an option: you'll do anything and work hardest to make sure that you're not finishing last. It's all or nothing for you, and in the new book "Stealing the Game" by Kareem Abdul-Jabbar and Raymond Obstfeld, it's about more than how you play the game.

Everyone at Orangetree Middle School knew that thirteen-year-old Chris Richards was someone they could trust, a decent-enough student, but kind of quiet. Even Chris himself would admit that, and he was okay with it. He always thought his observation skills were



better than anything else he did, except maybe basketball.

Yep, Chris was a good kid. So it came as a huge surprise to everyone when a cop came to algebra class and escorted him to the principal's office.

The whole mess started four days earlier.

Jax, Chris's older brother was the "Golden Boy." Always likeable, good-hearted, smart, capable, and responsible, Jax had spent the last year at Stanford University on a full scholar-

ship, studying to being a lawyer. The Richards – both lawyers – were proud of him but when Jax came home and announced that he'd quit school, well, it was like World War III had started in the living room.

Chris had always looked up to Jax, and Jax's behavior didn't make sense. Then again, in Chris's world, not much did. Girls were a total mystery, teachers were a surprise, and most of his classes were a struggle. But basketball... now, that made sense. For Chris, the only thing better than a good pick-up game was drawing comics.

Ever since his parents started pushing Chris toward college, he wished he could tell them that being a

comic book artist was what he wanted to do someday. He loved comics, loved collecting them, and he loved imagining ways that his own main character, Master Thief, could save the world.

But Master Thief couldn't save Jax. Jax, in fact, was in big trouble and he needed Chris's help with a real burglary.

Jax, you see, had a secret life, too...

Ka-thunk-ka-thunk-ka-thunk. If you've got a basketball fan around, that's a familiar sound at your house. But you'll silence that sound for a few hours, if you can swap the ball for this book.

More than just a basketball novel, "Stealing the

Game" is also a mystery, solved by a sharp, smart, funny, and genuinely nice thirteen-year-old. The real Dream Team of authors Kareem Abdul-Jabbar and Raymond Obstfeld introduce readers to that kind of kid, the one you wish your kids would hang out with - but while Chris Richards is surely the star here, the whole rest of the cast of this story appealed to me, too. And the book's Big Reveal? It's perfect. Three points.

Another nice thing: there's a strong girl b-ball player here as well, which means that this isn't just a book for boys. Actually, it's not just a book for kids, either: for anybody, any age, "Stealing the Game" is a win.

## WILLIAMS, continued from Page 2

said. "There were times I wanted to throw in the towel but I realized my boss was tough on me because she saw something in me

that she did not see in anyone else."

Though short on experience, compared to most publishers, Williams says

her youth works to her advantage.

"I think I have a different perspective than many publishers that are older than me. I have out the box ideas and it is a benefit to my

newspaper and NNPA. Initially, it was difficult for people to take me seriously because I was young and I was a female. I have always been the youngest person

presenting or the only woman but I continually prove myself."

Williams involves herself with many organizations in the community and said she

tries to educate and help her surrounding area by being involved with causes, including child advocacy, women support and police relations.

## HOUSES, continued from Page 11

immediately after one is provided. The penalty would only apply for the first few months of the loan; after that, the borrower will not incur a penalty if they want to settle the debt. You don't want to distress borrowers, but you also want to protect lenders against losses from ultra-short-term

loans.

What you risk without agreed-upon prepayment penalties.

If you do not build in prepayment penalties as part of a promissory note or mortgage, you are potentially leaving money on the table. Without such penalties you are giving an opportunity

for unscrupulous borrowers to come in and take advantage of your lending system. Don't leave yourself vulnerable.

Salvatore M. Buscemi, author of "Making the Yield: Real Estate Hard Money Lending Uncovered," is managing director of Dandrew Partners LLC in New York City ([www.dandrewmedia.com](http://www.dandrewmedia.com)).

## TARPLEY, continued from Page 15

that I wouldn't have to take them to my mother's house in Oak Cliff.

For five days Phemia feed my children breakfast, drove approximate 60 miles round trip, to my children's elementary school, on time, picked them up when school was over and had food ready when they got back home.

In fact, Sheila said that she had never had breakfast waiting for her when she woke up and a homemade sack lunch; only that week, and the next week, she was

back to our routine, breakfast and lunch at school and walking home after school.

The third time was when I was asked to be the lead coordinator to help plan their 25th anniversary (Sheila was their flower girl at their second wedding); and for their 50th wedding anniversary (Sheila was their Mistress of Ceremony), I cannot forget all of the fun that I had, it was a blessing from God; I give Him all of the glory, honor and praise.

I miss my "Best Friend"

now, I am merely human and I mourn her passing into glory; but I know that she is now with our Lord.

On March 21, we planted Phemia, we did not bury her, Uncle Charlie Baker, said that when a "Believer" in Christ passes into glory, they are not buried as unbelievers.

Unbelievers are buried with their hate, complaining, backbiting, and other mess. Believers are planted; their life and their deeds will live through their families and friends; the scripture says, "Only what you do for Christ will last."

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