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### New woes for E-cig users

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### Terry Hill to perform in Dallas

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COMMENTARY

### What will you sacrifice for justice?

By Julianne Malveaux  
NNPA News Wire Columnist

Dr. Martin Luther King, Jr. once wrote, "It may be true that the law cannot make a man love me, but it can keep him from lynching me, and I think that's pretty important." Those students who are protesting campus racism need to keep that quote in mind as they assert their right to feel safe and comfortable on campus. When the protests have been well defined and include

an end game, such as the University of Missouri protests that toppled a President and Chancellor, they have been effective. When protests broadly address issues like comfort, they are less successful. And while it is satisfying to force a President (or a faculty member for that matter) to resign, the conditions of campus life will not necessarily change because there is a new leader. Structural racism is so firmly embedded in our

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# Have Hip-Hop and Wall Street destroyed Soul music?

By Harry C. Alford  
NNPA News Wire Columnist

Black people have always had a strong affinity for music. Soon after our forefathers were let off the slave ships and sold to plantations we started singing. Much of that was developed in the "Mother Land."

During a visit to Kenya, I went to a music event. One of our hosts told us that the entertainment was from the Congo. I started to hear some similarity with Afro-Cuban jazz. Later, the host said that they prefer Congo music as opposed to Afro-Cuban Jazz. The rhythm is pure and unadulterated Congo. It was slaves from the Congo who brought it to Cuba.

Blues and Jazz were probably the first commercial genres of Black music. Bessie Smith and Ma Rainey did a lot to promote that "rot gut" type of blues. Louis "Satchmo" Armstrong and the great Lena Horne were leaders in jazzing the genre up. Blacks became some of the best Jazz singers and musicians. Eventually, Soul evolved from those two genres. There wasn't much money in the business for Blacks. But when it was copied by Elvis Presley and Jerry Lee Lewis among others) white radio stations became the biggest vehicle in getting the general population to embrace it.



Even goody – goody Pat Boone would wait and copy Little Richard releases and profit handsomely. This type of exploitation was immense. Find hot tunes recorded by Black artists and redo them with acceptable white artists; blast them through white radio stations and ban the original Black artists from radio play.

It wasn't until 1956 that a Black owned radio station, WCHB in Detroit (Inkster, MI), went on the air.

This would be the start of the immense popularity of Black music. Soon Black stations would start popping up across the nation. Sales of Black music were jumping. Thus, white owned stations were pressed to start playing Black music. Before then they would only play "acceptable Black artists" such as Nat King Cole, Eartha Kit and Ray Charles.

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Dr. Thomas Mensa



Terry E. Hill



Terry Rice, Sr.

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## Dr. Thomas Mensa

The National Newspaper Publishers Association Foundation (NNPAF) will harness the genius of scientist, engineer and inventor, Dr. Thomas Mensah, to launch STEM Reach 2020. The program seeks to increase the percentage of blacks and women within science, technology, engineering and math arenas by inspiring the K-12 age group to pursue education and careers in STEM.

A chemical engineer and fellow of the National Academy of Inventors, Dr. Mensah is an innovator in the areas of Nanotechnology



and Fiber Optics. He was awarded 7 U.S. and worldwide patents within six years. Ghanaian born, Dr. Mensah currently serves as President of Georgia Aerospace Systems Manufacturing, Incorporated in Atlanta,

Georgia.

"It is exciting to support and lead the vision of the NNPA Foundation for STEM Reach 2020. This is the only newspaper association in the country that has launched a STEM initiative to reach the K-12 age group who are easily influenced by their environment", says Dr. Mensah. "The program will identify role models and present youth with alternative paths to success rather than what they see on television. We hope to introduce robotics and science to kids in a way that inspires them and prepares them to compete in the 21st Century."

Also, on board as a pro-

gram sponsor is the American Petroleum Institute, a DC based trade association for the oil and gas industry.

"API is an ideal partner for us because they bring a wealth of experience and longevity in their industry", says Kimberly Johnson, Executive Director of the NNPA Foundation. "They understand the education and outreach efforts that are needed to achieve the desired outcomes for this program. We are happy to have Dr. Mensah and API on board."

The National Newspaper Publishers Association (NNPA) will hold its Mid-Winter Conference in Co-

conut Grove, Florida on January 27-30, 2016 where the initiative will be launched during a press luncheon. Dr. Mensah will present on STEM and take questions from the media.

The launch in Florida will serve as the precursor to Black Press Week, the organization's conference in DC in March, where Dr. Mensah will return to host students and STEM industry leaders for a STEM exposition and presentation.

The National Newspaper Publishers Association Foundation's (NNPAF) mission is to exemplify and advance the highest standards in media by influenc-

ing education, technology, health & wellness, business & economic empowerment and cultural & civic engagement.

The National Newspaper Publishers Association (NNPA) is the trade association for the more than 200 African American-owned community newspapers across the United States, delivering news, information and commentary to more than 20 million people each week. Since its founding 75 years ago, NNPA has consistently been the voice of the black community by reporting news that makes history and impacts our country.

## Terry E. Hill

SAN FRANCISCO - With *Come Sunday Morning*, *When Sunday Comes Again* and *The Last Sunday*, author Terry E. Hill has proven himself an adept story weaver. Enthraling his readers with a trilogy based inside a megachurch setting, his well-spun plots of scandal, suspense and seduction were delivered with acute precision. Skillfully whipping his readers into a page-turning frenzy, they rushed to keep abreast of characters bigger than the books that encased them. With the release of *The Committee* on



Urban Renaissance, an imprint of Kensington Publishing Corp., the author ups the ante and moves into the world of politics.

*The Committee* is a beguiling tale that twirls Illuminati conspiracy, New Or-

leans voodoo, American politics and a subplot gay affair in a delicious twist of turbulence and turmoil. We find out that the secret society behind the country's biggest political ploys is a mysterious New Orleans family of Creole women who head "The Committee." It is they who in fact control the white men mistaken to be the country's power figures! "The Committee" has selected every US president since James Monroe and controls much of the country's economy. When they make the decision that the United States is not only ready for a Black woman

president, but also select her, the phrase, 'hell hath no fury like a woman scorned' takes on new and insidious meaning.

Camille Ernestine Hardaway is the first African American female mayor of Los Angeles and she has it all - stunning good looks, power, a seemingly devoted husband and influential allies. "The Committee" has decided that she will be the first Black female President of the United States and will stop at nothing to ensure their rising candidate reaches the White House. Author Terry E. Hill sublimely works hypnosis with

the written word as he winds the reader deeper down a sinister black hole with each chapter. *The Committee's* lethal combination of manipulation, intimidation, mysticism and murder make for the most intoxicating political thriller.

With an adoring fan base waiting in high anticipation, Hill is hosting a Facebook contest. The author (on Facebook at Terry E. Hill) will give away 25 autographed copies of *The Committee* to the lucky winner. The contest ends at midnight on Martin Luther King, Jr. Day, Monday, Jan-

uary 18th. Participants can find more details on *The Committee's* Facebook page and / or enter on his Facebook page.

*The Committee* is Hill's fourth novel. *Come Sunday Morning* was his first book, followed by *When Sunday Comes Again* in 2012 and *The Last Sunday* in 2013. The publisher consolidated Hill's first two books into one and re-released it 2014 as *The Come Sunday Morning Saga*. *Come Sunday Morning* was selected as number three of the five best fiction books for 2012 by the Sankofa Literary Society.

## Terry Rice, Sr.

LAUREL, MD (BlackNews.com) -- We Rollin' Records, LLC is pleased to announce the debut of its new Baltimore native hip-hop artist, Terry Rice, Sr., also known as PIMP Dzol (acronym for Perfection In My Profession). Dzol's dreams of stardom became realistic when he met We Rollin' Records founder and owner, Sharon Ford, who discovered him in 2004 at a Maryland manufacturing company. Since then he's been perfecting his craft.

He recently recorded his first 12-track debut CD produced by multi-platinum, mega music producer, Don Vito, who produced hits for artists like: Nelly, Ciara, and



Twista. Vito was also the co-star of the hit reality show, *The Kandi Factory* and he produced the theme song entitled, *Tardy For The Party* for reality star Kim Zolciak's cable TV show.

Dzol writes his own lyrics and raps about life. His tracks are upbeat, the kind suitable for partying. Many say that

he has a unique deep voice; smooth flow; and most importantly, he has originality. In 2013, he wrote a track entitled, *Let Dem Haters C Us* produced by Grammy nominated music producer, Jaywan, featuring well-known hip-hop artist, Young Jeezy.

Though *We Rollin' Records* is not a household name yet, its founder isn't a stranger to music. Ms. Ford has worked with many prominent artists when she was an aspiring rapper such as: David Tolliver from the 1990s R&B duo, *Men At Large*; Vaughan Mason from the 1980's funk group, *Vaughan Mason & Crew*, known for the smash hit: *Bounce, Rock, Skate, Roll*.

Ms. Ford's mission is to reenergize hip-hop. "The

music of today compared to Tupac's era is losing its luster and my goal is to have my artists make hot tracks like the hits that dominated the charts in the 1990s," she explains.

She has more talented hip-hop and R&B artists that will be signed to her label in 2016. Dzol's debut single produced by Vito entitled, *Turnt Up* is a fast-paced danceable song describing his journey.

Other tracks Vito produced includes: *Own That* and *I Rocks*, both definitely display that raw club vibe. The single was released Dec. 31, 2015 through all digital music outlets including: iHeartRadio, Shazam, Spotify, and iTunes just to name a few.

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# Police kill unarmed black men out of fear

By Jeffrey L. Boney  
Special to the NNPA News Wire  
from the *Houston Forward Times*

As the number of unarmed African American shooting and murder victims continues to climb, at the hands of law enforcement officials, without any accountability, there is tremendous reason for concern; and to have those officers fail to be indicted, there is room for even more concern.

I need you to follow a disturbing pattern for me, please.

On Jan. 16, 2014, Officer Juventino Castro of the Houston Police Department in Texas mistakes 26-year-old Jordan Baker for a robbery suspect. Castro shot and killed the unarmed Baker and said that he feared for his life in a statement from the Houston Police Department.

On July 17, 2014, as

New York Police Department officers attempt to subdue Eric Garner in preparation for the arrest for allegedly selling loose cigarettes, Officer Daniel Pantaleo uses a chokehold that contributes to Garner's death. Pantaleo later said that, “It is never my intention to harm anyone and I feel very bad about the death of Mr. Garner.”

On August 5, 2014, Officer Sean Williams shot and killed John Crawford III inside a Walmart in Beavercreek, Ohio. Crawford was holding an air rifle that was sold in the Walmart. Williams said that, “[Crawford] wouldn't obey commands.” A grand jury failed to indict Williams in the shooting.

On August 9, 2014, Ferguson, Mo., police officer Darren Wilson shoots and kills unarmed Black teenager Michael Brown, who was suspected of

stealing cigars from a local convenience store. Wilson later said that, “When I grabbed him, the only way I can describe it is I felt like a five-year-old holding onto Hulk Hogan,” referring to the confrontation that he reported between himself and Brown.

On November 22, 2014, after responding to a 9-1-1 call about a person pointing a gun at people near a recreation center in Cleveland, Ohio, Officer Timothy Loehmann, in about two seconds within arriving on the scene, shot and killed 12-year-old Tamir Rice, who was playing with a toy gun in the park. The Huffington Post reported that Loehmann had previously resigned from a police department in a Cleveland-area suburb, after the police chief there, “recommended his dismissal.”

“The deputy police chief

based his recommendation on a firearms instructor's report, obtained by NBC News, that Loehmann was experiencing an “emotional meltdown” that made his facility with a handgun “dismal.” The Huffington Post reported.

In a statement following the grand jury's decision not to indict Officers Loehmann or Frank Garmback, who was driving the police car that day, in the shooting death of Rice, Cuyahoga County Prosecutor Timothy McGinty said that Loehmann, “had reason to fear for his life.”

All of these police incidents took place in 2014, and all of them involved law enforcement officials who ended up killing a Black person, without any accountability or consequences, thanks to a grand jury that was convened to

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culture that it will take years, if not decades, of focused work and commitment to eliminate it. Unfortunately, too many are less dedicated to eliminating institutional racism than they are to maintaining the status quo. Consider, for example, the rhetoric during these Republican Presidential debates. Or, consider the clumsily racist question Supreme Court Justice Antonin Scalia posed when he asked whether black students should attend “lesser schools” than schools like the University of Texas.

Student activism was one of the highlights of 2015. Without waxing nostalgic, though, I'd suggest that some of these young activists take a page from the playbook written in the late 1960s and early 1970s, when protests shut campuses down for weeks. Student protests led to curriculum review on some campuses, the development of academic departments like African American studies

and Ethnic Studies, the addition of faculty of color, a commitment to enroll more students of color, and more. “Back in the day,” we were far less concerned with “feeling” comfortable than with being empowered. We wanted change, and we were willing to fight for it. And, the change we wanted was tied to metrics. More scholarships, more faculty, more student admits. Not necessarily more comfort.

From my perspective discomfort is a good thing. Discomfort is a sign that something is wrong. Clearly there is much that is wrong on our campuses and in our nation. Racism is alive and well, though it shows itself in different forms than it did decades ago. The signs don't say “white” or “colored” anymore. Few “civilized” Whites use the n-word, but expletives are hardly necessary when there is a coded language of exclusion.

Too many of us prefer complacency to discomfort.

We prefer to think that everything is fine. Too many would like to pretend that inequality and injustice are minor matters until a headline shakes us out of complacency – a young man shot 16 times while he is on his back, a young woman supposedly hanging herself in a jail cell.

Then there is protest, and anger, and rage. Still, too little done to develop a sustainable attack on the racism that plagues our nation. Student activists of 2015 could learn from the sixties activists, and they can also teach “mainstream” leaders twenty-first century organizing techniques. And across generations, there must be teaching and learning about complacency and discomfort, about what change looks like, and about what people are willing to give up to get change.

This 2016 election year promises lots of conversation about justice and change. Some political leaders will talk of “over-regulation”, while others

will suggest that we must pass new laws. Some will suggest that affirmative action is no longer necessary, while others are clear that there remains unequal access to higher education. When questions of law are debated, I find it useful to consider Dr. King's view of law – it won't make you love me, but it will keep you from lynching me and, as he said, “that's pretty important.” Dr. King described himself as a “drum major for justice,” not a drum major for comfort.

The campus activists who are raising critical questions are motivated by justice and cannot allow themselves to be sidelined with conversations about comfort. Comfort will always be elusive in a racist society. And that's a good thing.

Julianne Malveaux is an author and economist based in Washington, DC. Her latest book “Are We Better Off? Race, Obama and Public Policy” will be released in 2016 and is available for preorder at [www.juliannealveaux.com](http://www.juliannealveaux.com).



# UNDress announced as NNPA Foundation's anti-human trafficking campaign

The National Newspaper Publishers Association Foundation (NNPAF) commences National Human Trafficking Awareness month by launching its own AntiHuman Trafficking Campaign, UNDress, which stands for Undermining Nationwide Demand for the recruitment, exploitation and sexual solicitation of women and children. The

campaign will target those who buy and traffick women and children by placing public service announcements in places where buyers typically 'shop' for sexual services.

"The NNPA Foundation is in a unique position to address this issue, because we can generate education and awareness by utilizing our own media products," says

Kimberly Johnson, the Foundation's executive director. Years before her term at the NNPA Foundation, Johnson conducted speaking and training events all over Georgia, working with trafficking survivors, local nonprofits, government agencies, advocates and local and national law enforcement. Johnson is certified to train on human traf-

ficking and child sexual abuse and is an award-winning producer of the docu-film, Sex Trafficking in Atlanta: A Survivor's Perspective.

"The issue of human trafficking, particularly sex trafficking, is partly fueled by salacious images in media," Johnson says. "We plan to counter the effects of those images through our

own content and resources. We are looking to partner with other organizations in this effort."

The National Newspaper Publishers Association (NNPA) will hold its Mid-Winter Conference in Coconut Grove, Florida on January 27-30, 2016 where the NNPA Foundation (NNPAF) will announce its initiative during a press

luncheon. The NNPA Foundation has plans to host a series of human trafficking town hall meetings in 2016, including one in DC during the organization's Black Press Week conference in March. Other initiatives scheduled for launch include STEM Reach 2020. To support the NNPA Foundation, visit [nnpafoundation.org](http://nnpafoundation.org) and click donate.

# New CDC report raises more red flags on E-cigarette ads

WASHINGTON, D.C. – American Heart Association CEO Nancy Brown issued the following comments on a new Vital Signs report by the Centers for Disease Control and Prevention (CDC) published in Morbidity and Mortality Weekly Report. The report, which analyzed data from the 2014 National Youth Tobacco Survey (NYTS), found that seven in 10 middle and high school students – more than 18 million youths – see e-cigarette ads from one or more media sources:



Photo: miccadew / Wikimedia

of concern about the impact of e-cigarette advertising on young Americans just got louder. This latest CDC report carries the same mes-

sage the American Heart Association has been stressing for years: More must be done if we are to prevent and reduce youth tobacco use in this country – that in-

cludes tighter regulation of

e-cigarettes. It is unacceptable that e-cigarette advertising remains unrestricted. More and more money is being poured into targeting kids at every turn. As the report shows, kids are encountering these ads virtually everywhere – in stores, online, in newspapers and magazines, and on television and in movies. And the sad truth is, it's working. The 2014 NYTS survey revealed e-cigarette use has tripled among U.S. teens.

What's worse is that we have not wised up to these advertising tactics that have

been shown to cause youth to start using those products. This is not the first time tobacco product companies have set their sights on such a susceptible audience as kids. These highly convincing e-cigarette ads use the same themes as cigarette ads of the past. The tried-and-true methods to attract a new generation to tobacco must be reined in. Otherwise, more and more young Americans will put themselves at risk for heart disease, stroke or even an

early death as a result of taking up tobacco in any form.

With the slew of studies and reports highlighting the negative ramifications of this type of marketing to youth, the question remains: Why is it still unregulated? We agree with the report's analysis that steps need to be taken to keep these products out of the hands of children and adolescents. That's yet another reason why final regulations are needed now."

# Could you be ruining your children's dental health?

As hard as parents try to set the right examples, teach the right lessons and reinforce the right habits to their children, we all manage to, at some point, mess up along the way.

While some things in life are complicated and offering the proper parenting can be tricky, imparting the right dental habits shouldn't be. But Dr. Peter Vanstrom – a leading authority in dentistry today – says a tradition of bad habits continues to plague unnecessarily many households.

"For example, many people still believe that hard-bristled toothbrushes are the way to go – and that rigorous brushing is a good method for getting the mouth reliably clean, but that's wrong," he says. "Today, we're seeing more and more young people in their 20s and 30s with re-

ceding gums and other problems that could be avoided."

Vanstrom, a dental consultant for CNN medical as

well as a member of the editorial board for WebMD, discusses ways for parents to set a good example for their children's lasting den-

tal health.

• Ditch hard-bristled toothbrushes. Don't be

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# Krewe de Etoiles presents the first authentic Mardi Gras Gala masquerade ball in Dallas

Krewe de Etoiles presents the first authentic Mardi Gras Gala Masquerade Bal benefiting Operation Smile and Community Partners of Dallas held January 30, 2016 at the The Bomb Factory 7:30 p.m. Hosted by "America's Saggiest Lifestyle Guru," Steve Kemble.

Krewe de Etoiles, Dallas' first authentic Mardi Gras Krewe, offers up to the Dallas Metroplex, the profoundly unique culture, ambiance, vibrant exuberance and the unquestionably colorful spirit of the Mardi Gras season. On January 30, 2016, Krewe de Etoiles, will present the Dallas Metroplex, with its first authentic Krewe and Gala Masquerade Bal. There are but two pivotal deliverables to be expected for this Gala evening, and they are unimagined, awesome fes-

ivities and community awareness.

Our 2016 chosen charities are Operation Smile and Community Partners of Dallas. Operation Smile is an international organization of dedicated Medical volunteers who perform corrective surgeries for children with cleft palates and cleft lips worldwide. Community Partners of Dallas, mission is to ensure safety, restore dignity and inspire hope for the abused and neglected children served by Dallas County Child Protective Services.

"It is with all of the trappings of the true spirit of Mardi Gras, along with the entanglement of western-inspired influences that Texas Geaux Mardi Gras," says Krewe de Etoiles co-founder and Captain I, Annia Jenkins, originally from Louisiana. Jenkins

also said, "the Dallas Metroplex is both a prime and perfect backdrop for the celebration, and the birth of Krewe de Etoiles, as Dallas has always embraced and flaunted its own unique, and diverse culture."

The Mission of Krewe de Etoiles is to effectively share its authenticity, even punctuating it with a Texas twist. It is also the intent of the Krewe, to bring awareness to those civic and social issues and causes deemed worthy, including; education; scholarship; health; domestic violence and quality of life.

The Gala's logistical and production teams are moving fast and furious plotting and planning the schematics for the Bal's attendees to be amazed, awe-struck and enlightened from their very entrance into the Gala Red Carpet Papparazzi Reception

to the evening's Royalty presentation. "For many, this Bal will be their first Mardi Gras experience, but we can guarantee that it will be one that all will look forward to each year," suggested the Bal Chair and Louisiana native, Cynthia Hightower-Jenkins. The Krewe will also lend a crash course in Mardi Gras, as Mardi Gras 101 will be weaved into the evening's delights. For instance,

Bal is not a misspell, it has only one "L," and is a

festive Gala experience. (A "Bal" is a Mardi Gras Krewe's official gala featuring the King, Queen and court in full royal regalia depicting its chosen theme for the Mardi Gras season.) The Krewe's Captain believes that the Gala is poised to parallel the majesty of the season's authentic Bals of New Orleans, and the three words she chose to describe the plans were; captivating, spectacular, and transforming.

Oh, and about the Krewe's logo. With the Texas Star embossed on the hearts of many Texans, either transplants or natives, it reflects the 'why' for its prominent, bold, depiction in the Krewe de Etoiles official emblem. It goes without saying, the Fleur de Lis is certainly the single most recognizable symbol ever, and is absolutely synonymous, and a necessary component, in the observance of the Mardi Gras season.

## Garland City Council approves consumer protection measures after tornado

When disasters strike, such as the Dec. 26 tornado, storm victims sometimes fall prey to fraudulent contractors and price gouging.

During their Jan. 5 meeting, the Garland City Council amended City Codes to require building permits for residential roof repair of more than \$2,000 and to establish registration and bonding requirements for residential roofing contractors. These amendments are

intended to provide additional consumer protection from fraudulent contractors.

The City of Garland has established a mobile permitting center in the damage zone, located at Bobtown Road and Kelso Lane. The center will begin operation on Thursday, Jan. 6 and will operate 8 a.m. to 5 p.m., Monday through Friday. This convenient service will allow those trying to rebuild to confirm

their contractor is registered and to obtain necessary building permits.

"We want to make the rebuilding process as simple as possible for these folks," said Garland Building Official Jim Olk. "We know that most contractors are honest and value their good reputations, but this service will also help us weed out unscrupulous fly-by-night op-

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## Riding the waves...



Seaman Markievy Hutchins, from Dallas, releases a pelican hook for the sliding pad eye aboard USS Carney (DDG 64) during a replenishment-at-sea with the Military Sealift Command fleet replenishment oiler USNS Leroy Grumman (T-AO 195) Dec. 29, 2015. Carney, an Arleigh Burke-class guided-missile destroyer, forward deployed to Rota, Spain, is conducting a routine patrol in the U.S. 6th Fleet area of operations in support of U.S. national security interests in Europe.

(Photo by Mass Communication Specialist 1st Class Theron J. Godbold)

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# Dallas ISD addresses concerns on impact of new Open Carry law

A new law went into effect in Texas on Jan. 1 allowing a licensed gun holder in the state to carry their firearm openly in a holster. This is a change from the existing law that required a licensed gun holder to carry their firearm in a concealed holster.

Here are answers to Frequently Asked Questions

on what impact, if any, the new Open Carry law will have on Dallas ISD.

**How will the firearm law impact Dallas ISD?** It remains illegal under the new law for a licensed gun holder to bring their firearm onto school property. This means, for example, it remains illegal for a parent to carry their firearm as he or she walks their

child on campus property up to the front door of the school. It is also still illegal for a licensed gun holder, including a teacher, to bring a firearm into a school.

**Will it still be illegal to bring a firearm to a school function?** Yes. It is still illegal for a licensed gun holder to carry a firearm to school or district functions

such as sporting events, field trips, or board meetings.

**Will there be information posted at schools about the new Open Carry law?** Yes. Every Dallas ISD school will have two new large signs stating that even though the new Open Carry law is in effect, a licensed gun holder is still prohibited from entering a

school with a firearm.

**Why will it still be illegal under the new law for a licensed gun holder to carry a firearm on school property?** The new law does not replace the existing Texas Penal Code Section 46.03, which states that a person commits an offense if the person carries a firearm "on the physical premises of a school or educational

institution, any grounds or building on which an activity sponsored by a school or educational institution is being conducted, or a passenger transportation vehicle of a school or educational institution."

Anyone with further questions can call the Dallas ISD Police Department at 972-749-2300.

# College students should steer clear of easy internships

Although young job seekers with only a high school degree are in even worse shape, recent college graduates have entered a grim job market.

The economy is still recovering, entry-level wages have plummeted and recent college grads are competing for jobs with more than 2 million of their educated and jobless peers.

The millennial generation makes up about 40 percent of the unemployment rate in the U.S. Something's gotta give.

"The most impressive job candidates to employers are those who are both ambitious and have a proven track record through hands-on leadership experiences," says Matt Stewart, entrepreneur and co-CEO of College Works Painting, a college internship program which, according to internal surveys

shows that 90 percent of their alumni find college-grad-level jobs within three months of obtaining their degree.

The key is to find an internship that will help you build tangible, real-world skills. Employers want to know that you're capable of being in charge of something. To get hired for the job that you actually want, you need an internship in which you're given actual responsibilities and in which you gain leadership experience.

You won't gain these necessary skills from an easy internship. These days, the company name on your resume holds little to no weight. It's not who you interned for. Instead, it's what you did during your internship that matters.

The challenge is distinguishing an internship that

may have flashy bells and whistles but no real job responsibilities, from the rewarding internship that will give you the skills needed to adequately compete in the job market.

Internships are those extra-credit points that ambitious college students can leverage for getting ahead as an attractive job candidate. Stewart asks students the following:

- Will the internship provide you with leadership skills?

Internships provide students with all kinds of exposure to business. But just any experience won't be good for you. Your time is valuable. The purpose of internships is to gain adequate experience. So don't waste your time on an unworthy internship. When applying for internships, review the job description. Look for job responsi-

bilities that require leadership skills.

"What we try to do is give students a truly entrepreneurial experience," says Stewart, whose internship program provides practical and life-changing business experience for college students who have shown potential for success. Interns operate their own house-painting business with hands-on guidance from mentors. "Also, and though we don't require any previous experience – with guidance and mentorship – our interns have mid-level responsibilities," Stewart says. "Our students manage all hiring, firing, sales, marketing and customer relations. This enables our alumni to land grad-level positions upon graduation instead of competing for entry-level jobs that may not even require a degree."

- If anyone can get the internship, is it worth your time?

While an internship can be considered "free education," corporations know they have nothing to lose when they see

talented young minds willing to work for free. If an internship is easy to attain and isn't willing to pay you for the

See STUDENTS, Page 13



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## DENTAL, continued from Page 4

someone who takes out their aggressions on your teeth while brushing – especially if you're an older person. Over time, forceful brushing with hard bristles can accelerate gum recession, which may increase sensitivity. The soft-but-firm is the way to go in a toothbrush. That can be accomplished by using a much higher count of soft bristles, as found in products such as Curaprox (www.curaprox.com).

"With this kind of brush, you can actually improve gum health by gently massaging them, which stimulates blood flow to the area," Vanstrom says. "I'm

seeing more patients suffer from gum recession and disease at a younger age, including some in their 30s and 20s. That's why it's important to implement good habits when kids are young!"

- Avoid a negative stigma toward oral hygiene. "Another bad legacy parents sometimes impart to their children is to put a stigma on brushing," he says. "In many homes brushing is considered a chore, probably because parents see it that way."

An easy way to take the work out of oral hygiene is to have easy-to-use products that feel good. Fun

products that are visually stimulating are good for smaller children, who are usually more prone to making a game out of brushing and flossing time. There are other products on the market that make flossing easier.

- Be mindful of the development of casual bad habits. For many, especially children, it's easy to develop bad oral habits – thumb-sucking, nail-biting, straw-chewing, ice-crunching and teeth-grinding, to name some. And, because they're not as strong as adults, children may be prone to using their teeth to open plastic bags and such. Of course, the habits of our childhood often stay with us in adulthood, so lead first

by example, and make sure your child doesn't pick up these habits on their own or through someone else.

*Dr. Peter Vanstrom is recognized as one of today's leading authorities on dentistry who achieved the honor of becoming a Fellow of the Academy of General Dentistry and was inducted as a Fellow in the Pierre Fauchard Academy. He is the founder and director of Paradigm Dental Consulting and currently lectures for DenMat, Inc. on STM, non-surgical periodontal care for the general dental office, Curaprox, Inc. advance Swiss homecare systems (www.curaprox.com) and technology and Paradigm Dental Consulting.*

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## Plano sees three fires over year's first weekend

Plano Fire-Rescue crews fought three structure fires over the first weekend of 2016. The first fire occurred at a home in the 8000 block of Alderwood Place just after 4:00 pm Friday. A neighbor called 911 after seeing smoke

coming from the home's roof. First arriving fire crews found a fire in the attic and were able to extinguish it in 16 minutes and rescue the homeowner's three cats. The residents were not home at the time of the fire which is

still under investigation. The home sustained major water and fire damage.

The second fire occurred at a duplex located at 1801 W. Spring Creek Parkway at the Springwood Creek

See FIRES, Page 8

## 17 DWI arrests made in Irving during New Year weekend

The Irving Police Department conducted DWI No-Refusal operations over the New Year's Eve holiday weekend. The operations took place on the nights of Thursday, Dec. 31 and Friday, Jan. 1 by means of a grant from the Texas Department of Transportation.

During No-Refusal operations, those arrested for DWI are offered only a blood test to determine their blood alcohol concentration. A search warrant, authorizing a blood draw, is sought for anyone refusing consent to a blood test.

A total of 17 DWI arrests were made and 41 citations were issued by officers working grant funded positions over the holiday weekend. Of those 17 arrests, 1 was a felony offense and 7 required search warrants to obtain a blood sample.

## Hispanic Heritage Foundation honors outstanding local student

Early College High School senior, Adrian Resa, received a bronze award from The Hispanic Heritage Foundation. He was one of 21 award recipients at the Dallas regional Hispanic Heritage Youth Awards ceremony on Dec. 7. As the bronze medalist in the engineering and mathematics category, sponsored by ExxonMobil, Resa was awarded a \$1,000 scholarship to support his plans to pursue a degree in civil engineering at Texas A&M University.

Established by the White House in 1987, the Hispanic Heritage Foundation (HHF) is an award-winning nonprofit that identifies, in-



Adrian Resa, Early College High School, at the Dallas Hispanic Heritage Youth Awards.

spires, prepares and positions Latinos to lead in the classroom, community and workforce.

The Hispanic Heritage Youth Awards program offers educational grants to Hispanic high school sen-

iors chosen by regional selection committees based on their academic achievement, leadership, community service, category focus and an essay about the important role their heritage played in their success.

## MUSIC, continued from Page 1

A big milestone was the great Berry Gordy's founding of Motown in 1959. His artists had a silky smooth style of music (compared to Rhythm and Blues). It became known as "Soul." I was eleven years old and immediately fell in love with Motown hits (so did the vast majority of Blacks). What was significant was that whites, Hispanics, Asians etc. were equally in love with this Soul music. There were many Motown subsidiary labels such as Tamla and Gordy. Eventually, Al Bell would rise to become the owner of Stax Records. White businesses would launch Atlantic, which triggered many investors to launch their own labels.

The above became a multi-billion dollar industry. There was just one big problem. Where was the money going? Very few of the artists were becoming wealthy. Most lacked proper legal representation. Many of the principles were predatory and managed the lion's share of the business. A popular arrangement would be the artist would get 2-3 percent of the sales and much of that was doc-

tored. Black labels were being preyed upon by major record companies. If they wouldn't sell their companies for a discounted rate, then the moguls would steal their artists for a signing bonus. Go see the play "Motown." It explains what Berry Gordy had to go through in keeping his company. Principal writers like Holland, Dozier and Holland would leave for a nice bonus and then turn on Motown with the aim of ruining them. Popular singer Mary Wells left Motown for a White-owned label. When she realized it was a mistake she tried to blame it on Motown and a long lasting suit was filed. She would soon die of lung cancer - broke and broken. All of her hits still belong to Motown as well as the many Holland, Dozier and Holland blockbusters.

Then came cable television and video programs. MTV was immensely popular but they would only play Prince and Michael Jackson. That would change when the great entrepreneur Bob Johnson would change the landscape with Black Entertainment Television - BET. Soon Black artists

were as successful on television as they were on radio. The bright future was just ahead as soul music was accepted as mainstream.

But then came a negative shift. Hip-Hop was born in New York City in the 1970s. As the crack epidemic exploded in the 1980s, drug-dealing street gangs began to pop up in every city and town. The merging of these two things became a cult. Wall Street saw this as a vehicle to take over or even kill the ever-growing soul music industry.

According to Village Voice: "The Hip-Hop movement has become increasingly mainstream as the music industry has taken control of it. Essentially, from the moment 'Rapper's Delight' went platinum, 'Hip-Hop: the folk culture,' became 'Hip-Hop: the American entertainment industry sideshow.'"

Soul music is disappearing from radio as conglomerates control the radio population and are behold to Wall St. investors. Television is no better. Even with many of the Black-owned stations spending valuable time showing old reruns of

Black family shows, soul music is going away.

According to Time Magazine: "In 2013, no African-American musician had a Billboard/Hot 100 number

one. This was the first time there was no number one in a year by an African American in the chart's 55-year history."

Mr. Alford is the co-

founder, President/CEO of the National Black Chamber of Commerce. Website: [www.nationalbcc.org](http://www.nationalbcc.org) Email: [halford@nationalbcc.org](mailto:halford@nationalbcc.org)

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**FRISCO**

**Upcoming Spring Workshops: Healthy Lawns**

Bring your lunch, and discover ways to maintain a healthy lawn using less water. WaterWise "Brown Bag" Workshops offer abbreviated educational programs designed to fit into your lunch hour. This free workshop will help you identify potential problem spots in your new or established landscape, and learn how to maintain the natural beauty of your lawn

using earth-friendly techniques.

Register to attend the free workshop being held Friday, January 22, 12:00 - 1:00 p.m., at Frisco's Public Works Department.

**GARLAND  
Symphony season continues on Jan. 16**

Garland Symphony continues its 2015-2016 "Symphonic Treasures!" on Jan. 15 at 8 p.m. at the Granville Arts Center, Brownlee Auditorium. This concert features clarinetist, Brent Buemi, per-

forming Copland's Clarinet Concerto. This concert also features Korean Guest Conductor Jin Hyoun Baek. In addition to Mr. Buemi's solo performances, the GSO will also feature Rimsky-Korsakov's Le Coq d'Or Suite and J. Strauss II's Crown March, Op.139.

**Garland Civic Theatre to Present "The Man with Bogart's Face"**

Garland Civic Theatre continues its 48th season with a production of "The

Man with Bogart's Face" by Andrew J. Fenady. Performances will be at the Small Theatre of the Granville Arts Center, located at 300 N. Fifth Street in Downtown Garland. The production will run Fridays and Saturdays, Jan. 22-Feb. 13, with an additional Thursday performance on January 21, and Sunday performances on Jan. 24 and 31. Call the Granville Arts Center Box Office at 972-205-2790 for tickets, or order tickets online at GarlandArtsBoxOffice.com.

All tickets are \$22, which includes service fee. There are discounts available for KERA members and groups of 10 or more. Note: the Thursday performance is at 7:30 p.m., Friday and Saturday performances are at 8:00 p.m., and Sunday matinee performances are at 2:30 p.m.

**RICHARDSON  
Consumer Alert: Group soliciting donations via phone is not the RFD**

The Richardson Fire Department is warning resi-

dents to be aware of an organization falsely portraying itself as an affiliate of the Department when soliciting donations via telephone.

The group calls itself the Association of Firefighters and Paramedics.

Richardson FD does not solicit donations via telephone. Anyone who receives a call from someone claiming to be a representative of the Richardson Fire Department is encouraged to call the Department at 972-744-5700 for verification.

**FIRES,** continued from Page 7

Condos on Saturday at 7:08 pm. Plano 911 received a call from a resident of one of the duplex's units stating their home was filling with smoke. Firefighters arrived to find smoke in the unit but no fire. Further investiga-

tion found smoke and heat in the adjacent unit. The fire appeared to have been smoldering in the kitchen and was quickly extinguished. The resident was not at home and was later contacted by Plano Fire-

Rescue. The fire started in the kitchen but the cause is currently under investigation.

The third fire occurred at the Lincoln at Towne Square Apartments located at 8205 Towne Main Drive at 8:08 pm Saturday. A person driving near the apartments

called Plano 911 to report smoke and flames on the roof of the apartment building. While fire crews were responding, a resident of the apartments also called 911 stating his fireplace and chimney were possibly on fire. First arriving fire crews found fire and smoke from

the roof and chimney of the apartment building. Firefighters fought the fire from the inside while others quickly evacuated residents from the other apartments in the building.

The fire was extinguished within 35 minutes with moderate damage being con-

tained to three of the 16 apartments in the building. The American Red Cross was called to the scene to assist three residents who were displaced. The fire originated in the flue of the chimney in the first apartment.

No injuries occurred in any of the three fires.

**TORNADO,** continued from Page 5

erators and protect our citizens."

City Council also adopted an ordinance prohibiting price gouging during the current state of disaster in Garland. The ordinance prohibits such

activity surrounding pricing for items such as groceries, construction materials and services, automotive repairs, rent for hotels or other temporary housing, medical supplies and other essential

goods and services.

The City has received complaints of price gouging in the general area of the tornado damage. Individuals who have been victimized by price-gouging may contact the City Attorney's Office at 972-205-2380 to file a complaint. Although the City can-

not recover damages on behalf of victims, we can investigate and prosecute price

gougers.


For more information related to recovery from the

Dec. 26 tornado, visit GarlandTx.gov and click on Tornado Information.

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## Trick Boxing featured on stage at the Eisemann Feb. 11-14

The Eisemann Center will present Trick Boxing: Swingin' in the Ring by Sossy Mechanics, a fast-paced physical comedy full of rapid-fire dialogue, "Fred-and-Ginger style dancing" and puppetry that The New York Times called "the best show I have seen" when it played at the New York International Fringe Festival in 2010. Trick Box-

ing premiered to great success at the 2002 Minnesota Fringe Festival, and has since played to audiences around the U.S., Canada and the U.K. and will play at the Eisemann Center at 2351 Performance Drive in Richardson for five performances from Feb. 11-14. The production is presented in partnership with the UT Dallas School of Arts &

Humanities.

Trick Boxing: Swingin' in the Ring tells the story of Danny David, a down-on-his-luck apple seller who is deceived into becoming a boxer by a shady hustler and ends up swinging his way to the championship with the aid of a wily dance hall girl named Bella. Written, directed, choreo-

See TRICK, Page 10

## Tony Terry performing at 33rd Annual Black Music and Civil Rights Movement Concert

Dr. Martin Luther King, Jr. led the fight for Civil Rights in America, and on Sunday, January 17, 2016 at 7:30pm, TBAAL will honor his legacy with the 33rd Annual Black Music and the Civil Rights Movement Concert at the Morton H. Meyerson Symphony Center in the downtown Dallas Arts District, 2301 Flora Street. NDG readers have a chance to win tickets for two by visiting our Facebook page and sharing your favorite MLK quote.



This moving, two-time Emmy nominated concert, reflects on the life of Dr. King's work in the Civil Rights Movement of the 1960s and celebrates a new nationwide spirit of continuous change with potent film footage, narration, music and dance. The concert features soul singer TONY TERRY and TV star and balladeer Rahsaan Patterson backed by TBAAL's 200 voice concert choir and dancers.

"We are pleased to have two of America's greatest singers to headline this year's concert" said Barbara Steele, TBAAL Board Chair. "The Black Music and The Civil Rights Movement Concert has become the cornerstone program

tribute of Dallas/Fort Worth and for the TBAAL. The significance of this project is very important at this time given the fact that we are living in a world of repeated hatred and violence, totally the opposite of a man who preached non-violent throughout his short-lived life," said TBAAL Founder and President Curtis King.

Tony Terry is a singer famous for his R&B/New Jack Swing style of music. He is most known for his multi-selling hits, "She's Fly," "Lovey, Dovey," "Forever Yours," "Everlasting Love," "Head Over Heels," "When A Man Cries" and his most notable and still heavily radio played and downloaded, "With You".

Singer and actor Rahsaan

Patterson, is best known for portraying "The Kid" on the popular 1980s television show "Kids Incorporated." Patterson's singing and song writing style have been said to be reminiscent of Stevie Wonder. The critically acclaimed artist has topped Billboard's album chart with his hit singles "Stop By," "Where You Are," "The Moment," "Treat You Like A Queen," "Stop Breaking My Heart," and "Feels Good." Patterson continues to tour across the U.S. and abroad and he's working on his soon to be released sixth studio album.

Tickets are \$15, \$20 and \$30, call TBAAL's Box Office at 214-743-2400 and Ticketmaster at 800-745-3000.

## Win tickets to Damon Williams at TBAAL

Start your entertainment calendar off with free tickets to see Damon Williams perform at TBAAL on Jan. 15 or 16 at 9 p.m. at TBAAL's Clarence Muse Cafe. Visit the *North Dallas Gazette* Facebook page and share one of your New Year resolutions for a chance to win tickets to the show for two.

Williams, the opening act for the "Kings of Comedy" tour and a former host of "Showtime at the Apollo," is making his second appearance at the Muse.

This guy is "just plain funny" from the time he walks on stage to the mo-



ment he walks off! It is well worth the \$15 ticket, which you can purchase at 214-743-2400.

Regular followers of

NDG on Facebook or Instagram have opportunities to win tickets to many of the DFW area's hottest events.

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## Grant provided for online archive of Gabriel García Márquez images

AUSTIN — The Council on Library and Information Resources (CLIR) has granted the Harry Ransom Center a 2015 Digitizing Hidden Special Collections and Archives award to digitize more than 24,000 pages from the Gabriel García Márquez archive.

Funded by The Andrew W. Mellon Foundation, the CLIR award ensures that digitized content is made available to the public as easily and completely as possible. The \$126,730 grant enables the Ransom Center, a humanities research library and museum at The University of Texas at Austin, to make available online thousands of images from the García Márquez archive.

Beginning in June 2016,

the 18-month project, titled “Sharing ‘Gabo’ with the World: Building the Gabriel García Márquez Online Archive from His Papers at the Harry Ransom Center,” will involve scanning manuscripts, notebooks, scrapbooks, photographs and ephemera from the archive and making them accessible online. The materials date from 1950 through 2013.

“This project is notable for many reasons, including providing online access to copyright-protected archival material by one of the most revered literary figures of our time,” said Ransom Center Director Stephen Ennis. “There are few opportunities for researchers to access digitized archives of contemporary authors. This initiative is

possible due to the enthusiastic support and endorsement of García Márquez’s family.”

The project will include the implementation of Mirador Image Viewer, which will allow researchers to see side-by-side comparisons of digitized texts within a single interface, helping them identify successive stages of revision among drafts. The freely accessible online archive will also serve as an introduction to those not accustomed to using archival materials, demonstrating the valuable resource that archives provide.

With the online archive, an international audience of students, educators and scholars will gain new perspectives on the work and life of García Márquez.

## Garland plans MLK Extravaganza Jan. 17

The National Association for the Advancement of Colored People (NAACP) Garland, Texas unit will host its 27th annual Dr. Martin Luther King, Jr. parade and march on Saturday, Jan. 16 beginning at 10 a.m. The 2016 theme for Garland’s celebration is: “PURSUING KING’S DREAM IN 2016” and Scott Herzog, regional director for H&R Block, will serve as the parade’s MLK grand marshal.

Immediately following the MLK parade and march, Garland’s NAACP will host a commemorative program celebrating the life and legacy of Dr. King. The event will be held in the Granville Arts Center, 300 N. Fifth Street in downtown Garland at the site where the parade ends. Garland’s 100-plus voice MLK Citywide Youth Choir led by clinician Reuben Lael Griffin will be in concert. This event is free and open to the public.



## MOVIES, continued from Page 9

graphed and performed in multiple roles by the duo of Megan McClellan and Brian Sostek, Trick Boxing was described as “stuffed with more tricks than a vaudevillian’s trunk” by the Minneapolis Star Tribune.

McClellan and Sostek met while touring together with the dance company Joe Chvala and the Flying Foot Forum and began their creative collaboration after having established independent careers in theater, dance, film and television. Their work in dance and movement-based theater has launched them on a trajectory of national and international touring and acclaim.

Residency activities with UT Dallas students will take place on the UT Dallas campus from Sat, Jan. 30 through Fri, Feb. 12 and will culminate with a student workshop performance at the Eisemann Center at 6:30 pm on Feb. 12.

Performances are Thu,

Feb. 11, Fri, Feb. 12 and Sat, Feb. 13, 2016 at 8 p.m. with matinees on Sat, Feb. 13 and Sun, Feb. 14, 2016 at 2 p.m.

Tickets are \$38-\$45 and are available for purchase online at [www.eisemann-center.com](http://www.eisemann-center.com) or by calling the Eisemann Center Ticket Office at 972-744-4650 and group discounts are available for 10 or more persons.



Megan McClellan and Brian Sostek of Sossy Mechanics. (Photo by Ed Bock)

**The Black Academy of Arts and Letters  
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**NDG Entertainment Ticket Giveaway!!! Visit us on Facebook to win tickets to the Casino Party Bus & comedy show Damon Williams!**



# Employment to Empowerment: Why what you drive matters

By Glenda Gill  
NNPA News Wire  
Guest Columnist

Ever since Henry Ford declared he'd pay \$5 a day to workers in his factories, African Americans have had a love affair with the automotive industry in the United States. "The Great Migration" of Blacks from the South to the North was largely due to the demand for factory labor. In 1910, fewer than 600 autoworkers were African American. By 1929, that number grew to more than 25,000. Unfortunately from then until now, the love we've had for the auto industry has gone largely unreturned. Making sure there is equity in our relationships with the auto industry drives my work on the Rainbow PUSH Auto-

motive Project, the annual Global Automotive Summit and the Automotive Diversity Scorecard.

According to IHS Polk, all people of color purchase 27 of every 100 new vehicles and represent 150 percent more growth than non-ethnic markets. Additionally, African Americans lead the industry in brand loyalty with more than half returning to the same brand. Simply put, without ethnic purchases many automakers would go out of business.

After 40-plus years of diversity talks, meetings and summits, it's time to advance our agenda. We are trading partners. Our goal is to have equitable trade relationships that benefits all parties – our communities and automakers. With all the labor, money and ex-

pertise we have invested in the success of automakers, we should expect a reasonable return.

What would our return look like? Well, here's my take:

- Employment with leadership roles to direct and allocate resources (dollars and people)

- Appointing people of color to corporate boards

- Fair representation of ethnic dealers and suppliers

- Advertising spending with ethnic media, ethnic agencies and vendors in line with ethnic sales

- Philanthropic resources to offset the lack of investment in communities of color

What does this mean to you and me? It means having a dealer nearby that is part of the community. It

means getting a fair deal and reasonable auto loan rates because you'll see that salesperson in church on Sunday. It means more employment for our youth when they graduate. It means entrepreneurs can have healthy businesses and hire our neighbors, because they have profitable contracts. It means creative professionals of color can develop advertising for ethnic media outlets. It means rewarding automakers that behave like trading partners. In short, it means equity and justice.

Before we can claim equity and justice, we have to fully understand the scope of the issues. The Automotive Diversity Scorecard is our first step towards identifying the issues important to us. It serves as a way to

make sure that what auto companies promise in the boardroom actually happens on the streets.

While the scorecard is a great tool for us to encourage positive change, we know there is more to the story. The rest of the story relates to ownership and decision making, whether as a dealer, a supplier, a vendor or as a person buying a new vehicle.

You can make a difference! As you shop for your next vehicle, consider the information in the scorecard and the power you have in voting with your wallet. As you shop, ask the dealers where they advertise and if they have ads in local ethnic newspapers, radio, TV or magazines. You have a right to know how their business actions

impact your community. If you are financing, get at least one quote from your local credit union or bank to compare with the dealer's financing. Last, tell your family and friends about the scorecard. Refer them to [www.automotive-project.org](http://www.automotive-project.org) so they can do their own research.

By sharing this information, we intend to start a conversation that leads to more empowerment within our communities and greater transparency from those automotive companies that value our dollars and want to establish an equitable trading relationship.

*Glenda Gill is the Executive Director of the Rainbow PUSH Automotive Project. More information can be found at [www.automotiveproject.org](http://www.automotiveproject.org).*

## Financial independence for women – before it's too late

Is there a meaningful difference in the way men and women consider money? There is, according to a study published in a recent issue of Social Indicators Research.

Women associate money with love and emotion, according to the research, while men are twice as likely to link finances to independence and power. While the differences are

not mutually exclusive, researchers hope the general findings will help people better understand their relationship with money, which may lead to better-informed financial decisions.

"Also, it's helpful to remember that, historically, women haven't had control of their own financial destiny; and that includes many women who are retired today," says Leah Miller, a

financial and Medicare expert, and CEO of Red Anchor Wealth Management ([www.redanchorretirement.com](http://www.redanchorretirement.com)).

"Despite the fact that women control most of the economy today and tend to be the CFO of most households, many continue to get the short end of the stick – especially when it comes to retirement. Women live longer and are often the

ones to find out that they've outlived their money."

Speaking directly to women, Miller offers context on how to face emotionally the stress of financial planning for retirement.

- **Make the most of your**

**time on this Earth.** A long life shouldn't be a bad thing. If you're married with a husband, you'll likely enjoy many years together sharing Social Security, a pension or IRA income and other sources.

However, much of that money won't be there should you outlive your husband. Many women may be prone to avoiding thoughts of life after their

**See WOMEN, Page 13**



### TEXAS DEPARTMENT OF TRANSPORTATION - DALLAS DISTRICT NOTICE AFFORDING AN OPPORTUNITY FOR A PUBLIC HEARING Department Policies Affecting Bicycle Use on the State Highway System

In accordance with Texas Administrative Code, Title 43, § 25.55(b), the Texas Department of Transportation (TxDOT) – Dallas District is offering the opportunity for a public hearing on district transportation programs and policies affecting bicycle use on the state highway system.

The purpose of this notice is to allow any person an opportunity to request, in writing, that a public hearing be held to explain the bicycle policies and programs. A mailing list will be developed by the district on this topic, and interested individuals and groups may submit a request to be added to the list.

All interested individuals may request a public hearing be held by submitting a written request, by mail, to the TxDOT Dallas District - Advance Project Development, 4777 East Highway 80, Mesquite, Texas 75150-6643, Attn: Sandra J. Williams. All written requests must be postmarked on or before Tuesday, January 19, 2016 to be included as a part of the official public hearing request record. In the event a public hearing is requested, a hearing will be scheduled and notices will be published indicating the hearing date and location. For additional information please contact Ms. Williams at (214) 320-6686 or [sandra.williams2@txdot.gov](mailto:sandra.williams2@txdot.gov).

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## DCCCD partnership prepares vets for biomedical tech careers

One of the hottest areas for job growth in the health care industry is biomedical equipment maintenance. Now, some veterans in North Texas have a pathway to enter that well-paid field through a new, accelerated program that teaches them how to install, calibrate and fix sophisticated biomedical equipment, such as electrocardiographs and ultrasound machines, all of which are critical for patient treatment and care.

The innovative program is the result of a partnership between the Dallas County Community College District and the Gen. Richard B. Myers Veterans Biomedical Equipment Technology Program. The BMET program is part of MediSend International, a Dallas-based, biomedical technology equipment school.

Eligible veterans who are accepted into the program can earn a BMET certificate from the Gen. Myers program after an intensive, five-month curriculum that includes classes and hands-on training which will prepare them for immediate employ-

ment in the industry. After they earn the BMET certificate, veterans who are candidates in the program then will continue their education and earn an Associate in Applied Sciences degree by taking a combination of on-line and on-campus classes at either Richland College in Dallas or Eastfield College in Mesquite.

Mark Hays, DCCCD's vice chancellor of workforce and economic development, said earning an AAS degree could benefit veterans' future careers. "After five months, they can enter the market at a high level and, in the DFW area, make an average starting salary of \$48,500 and, in other markets, up to \$70,000. But earning an associate degree will help them move up the career ladder faster and increase their earnings," Hays explained.

"The program is designed for veterans to use their post-9/11 benefits," said Joyce Williams, associate vice chancellor of workforce and community initiatives at DCCCD.

"Many of the skills that

veterans have acquired in the military are great preparation for training to become a biomedical equipment technician. Our new partnership with DCCCD will give veterans an accelerated path to a successful career and position them for rapid advancement in the health care industry," said Nick Hallack, president and CEO of MediSend.

The program prepares veterans to work on high-tech medical equipment such as patient monitors and ventilators, defibrillators and other devices that are common in modern health care facilities.

"People who have worked with radar, weapons systems or other electronic equip-

See DCCCD, Page 13

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## DCCCD, continued from Page 12

ment in the military can jump right into this field," Hays said.

Program applicants must be post-9/11 veterans who are good at mathematics and algebra, and who have electronic and technical skills. In addition, because of the ac-

celerated nature of the program, candidates must be able to attend full-day classes for five months at the Gen. Richard B. Myers Biomedical Technology School in Dallas.

The program is accepting applications for the next co-

hort of the BMET program, which starts in early 2016, at [www.dcccd.edu/bmet](http://www.dcccd.edu/bmet).

According to data provided by EMSI Analyst and JobsEQ, jobs in the biomedical equipment technology industry are expected to grow by 35 percent through the year 2025 in the DFW area and about 31 percent

nationwide.

For more information, visit the Gen. Richard B. Myers Veterans Biomedical Equipment Technology Program website or call 214-575-5006, ext. 112, to speak with someone directly. Interested veterans also send an email to [veterans@medisend.org](mailto:veterans@medisend.org).

## STUDENTS, continued from Page 6

work you do, it may be garbage work.

More than 50,000 students apply to intern at College Works Painting annually, yet only 2000 interns are hired. And about half of those hired interns make it to the summer, when the in-

ternship resembles more of a full time job.

"It's an incredibly difficult challenge, running your own business – and that's what our interns are doing," Stewart says. "Some of our hires don't make it through spring training; the program

is just too much for them. Yet, you don't want to be that stereotypical intern who becomes an expert on how the CEO likes her coffee. College summers are designed for hard work, that's how you'll get ahead in your career."

*Matt Stewart co-founded College Works Painting,*

*Founded in 1993, College Works Painting (college-works.com) delivers ample, one-of-a-kind business experience for high-achieving college and university students, while also providing high quality house painting services for homeowners eager to support young entrepreneurs.*

## WOMEN, continued from Page 13

spouse moves on. While that may be romantic in a sense, Miller says, it is highly impractical if you're trying to live a long and fulfilling life.

• **Money keeps women up at night.** People don't like to think about the things that cause them pain. For women, the stress of an uncertain financial future is a huge pain. While there is a way to feel much better about this uncertainty, millions of women avoid troubleshooting this latent and palpable stressor. It's like someone who is desperate to lose weight but is too afraid to step on the scale.

• **Anxiety is worse than actually taking care of the problem (getting started).** If you are the family chief financial officer, then abstracting a future budget is an easy step to start with. The important goal of retirement planning is to craft an income stream that will sustainably support your needs, so start accounting now. Make a balance sheet that includes your savings account, retirement accounts, 401(k) plans, investment real estate, stocks, bonds, mutual funds, annuities, cash value life insurance and other assets. Then break it down further by pre-tax and post tax-accounts.

• **Don't take your estate for granted; beware the pre-Medicare timeframe.**

Some women have it better than others, but beware of overconfidence, because you can fall ill anytime. For example, the average couple who retires at age 62 will spend \$17,000 out-of-pocket on health care each year until they enroll in Medicare. And, that's basi-

cally the cost of the premium, so even in good health the price is very high. A nice nest egg in combination with other assets can be depleted rapidly with insufficient Long Term Care insurance.

"Some of these considerations may be unpleasant, but what's the alternative?" Miller says. "Don't bury

your stressful feelings. Instead, do something about it. You'll feel better and you'll be better off as you move forward."

*Leah Miller is CEO of Red Anchor Wealth Management, (www.redanchor-retirement.com), a client-focused firm that tailors plans to individual and family needs.*



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**BETHEL BIBLE FELLOWSHIP CARROLLTON (A PLACE TO BELONG)**

**January 10, 9:45 a.m.**

You're invited to our Sunday Morning "Prayer and Meditation" followed by Morning Worship Service at 10 a.m. See what God is doing through and with us; you will be blessed.

**January 13, 7 p.m.**

Join us in Wednesday's Prayer and Bible Study Class with Senior Pastor Dr. Woodson and/or Pastor Brenda Patterson teaching on the subject of Spiritual Warfare. Learn what God says about critical issues and topics through the study of His word.

**January 17, 12 Noon**

How do you study the Bible? Join us for a new Sunday afternoon Bible Study; Senior Pastor Woodson, Pastor Brenda Patterson and others will teach a series on "How to Study the Bible God's way." Learn how to know Christ and make Him known to others; to help you know and grow in God's word; to give you clarity and direction; to help you worship, honor and praise God; to help you know and use God's word to lead others to Christ; and to encourage fellowship and build unity within the church. You don't want to miss this Bible Study Group.

Dr. Terrance Woodson, Senior Pastor  
1944 E. Hebron Parkway  
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972-492-4300  
[www.bethelbiblefellowship.org](http://www.bethelbiblefellowship.org)

**CHRIST COMMUNITY CHURCH IN RICHARDSON**

**January 10, 8:45 a.m. and 11 a.m.**

You're invited to our Morning Services as we worship, honor and praise God for His blessings.

**January 13,**

Join us at 12 Noon with Rev. Viveca Potter teaching on the Word of God; come back at 6:45 p.m. for Corporate Prayer and stay for Senior Pastor Autry at 7:30 p.m.

teaching the Word of God. Our youth will come for Food and Fellowship at 7 p.m. followed by Bible Study at 7:30 p.m.

Dr. Terrence Autry, Senior Pastor  
701 Centennial  
972-991-0200  
Richardson, TX 75081  
[www.Christcommunityrichardson.org](http://www.Christcommunityrichardson.org)

**FELLOWSHIP CHRISTIAN CENTER CHURCH IN ALLEN "The Ship"**

**January 10, 8 a.m.**

Join us as we praise and worship God in the Joycie Turner Fellowship Hall, 200 West Belmont Drive in Allen; followed by our Worship Services at Bolin Elementary School in Allen, Texas 75002 and bring someone with you; you will be blessed.

**January 13**

You're invited to our Wednesday's 12 Noon-Day Live Prayer and Bible Study and/or our Wednesday Night Live Prayer and Bible Study at 7 p.m. to learn more about God's Word at the Joycie Turner Fellowship Hall, 200 West Belmont Drive in Allen. Be encouraged by God's plan for your maturity and His glory; and most of all, be prepared to grow.

**January 24, 7 p.m.**

Calling all youth! Every 4th Sunday, we host Hype Sunday Worship at our Administration Building, 200 W. Belmont Drive in Allen, TX 75013. Don't be guilty of missing out on the wonderful and exciting way we worship God and thank Him for His blessings.

Dr. W. L. Stafford, Sr., Ed. D. Senior Pastor  
5705 Cheyenne Drive  
at Bolin Elementary School in Allen 75002 for Sunday Morning Worship and the Admin. Building Address is 200 W. Belmont Drive Allen, TX 75013  
972-359-9956  
[www.theship3c.org](http://www.theship3c.org)

**INSPIRING BODY OF CHRIST CHURCH**

**January 10, 7:30 and/or 11:30 a.m.**

You're invited this Sunday as we praise, worship, honor and magnify God's Holy name.

**January 11, 7 p.m.**

Join us in Monday School as we learn what God has to say to us.

Pastor Rickie Rush  
7701 S Westmoreland Road  
Dallas, TX 75237  
972-372-4262  
[www.Ibocchurch.org](http://www.Ibocchurch.org)

**MT. OLIVE CHURCH OF PLANO (MOCOP)**

**January 10, 10 a.m.**

Join us for Sunday Worship Service as we praise and worship God for His Honor and His glory. Call the church for details.

**January 13, 7 p.m.**

You're invited to our Wednesday's Bible Study class; you will learn what God has to say to us. Come to be encouraged by God's plan for your spiritual growth and His glory.

Pastor Sam Fenceroy Senior Pastor and Pastor Gloria Fenceroy  
300 Chisholm Place  
Plano, TX 75075  
972-633-5511  
[www.mocop.org](http://www.mocop.org)

**MT. PISGAH MISSIONARY BAPTIST CHURCH**

**January 10, 9:45 a.m.**

You are welcome to join us for our Sunday morning worship service as we praise and worship God.

**January 11, 9 p.m.**

Join us for our Intercessory Prayer Ministry and our Monday's Conference calls.

R. W. Townsend, Senior Pastor  
11611 Webb Chapel Road  
Dallas, TX 75229  
972-241-6151  
[www.dallasmtpisgah.org](http://www.dallasmtpisgah.org)

**NEW MOUNT ZION BAPTIST CHURCH**

**January 10**

You're invited to join us for Early Morning Services at

7:30 a.m., followed by Sunday School at 9 a.m. and Morning Worship at 10:30 a.m.

**January 13, 7 p.m.**

Join us in Wednesday's Bible Study class; you will learn what God has to say to us for our growth.

Dr. Tommy L. Brown Senior Pastor  
9550 Shepherd Road  
Dallas, Texas 75243  
214-341-6459  
[www.nmzb.org](http://www.nmzb.org)

**SHILOH MBC IN PLANO**

**January 10, 10 a.m.**

Join us as we praise and worship God in our worship services. You will be blessed.

**January 13, 7 p.m.**

You're invited to our Wednesday's Bible Study to learn more about God's Word. Come and be encouraged by God's plan for your maturity and growth; and, it's all for His glory and His honor.

**January 16, 8:30 a.m.**

Don't miss this opportunity for Ministry & Motivation, Brain Smart University Workshop. This is a FREE Brain Smart class designed to equip you with information on the how the brain ages normally, diseases of the brain aging, such as Alzheimer's disease, lifestyle practices for improving successful brain aging, and current research updates. Free lunch and refreshments will be provided. There will be door prizes and giveaways. Call or Email the church for details.

Dr. Isaiah Joshua, Jr. Senior Pastor  
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[www.smbcplano.org](http://www.smbcplano.org)

**WESTSIDE BAPTIST CHURCH**

**January 10**

**7:45 and 10:45 a.m.**

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**January 16, 8 a.m.**

Join us for our Prayer and Stewardship Summit for your spiritual growth.

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# Start a New Year with a new attitude



**Sister Tarpley**

Send email to: [businessoffice@northdallasgazette.com](mailto:businessoffice@northdallasgazette.com) to sign up for Sister Tarpley's weekly electronic newsletter.

2015 is behind us forever! Some things God gives often, but He only gives "time" once.

The flowers of spring return new again and again. The grass turn green, and trees burst into new foliage year after year. But "time" does not come twice to anyone.

This is the start of a "New Year" you can learn from mistakes that were made last year to make positive changes in your life from this day forward. You will be happier and so will those around you, because---

Life is short no matter how long we live, so use it wisely. Life never seems to be enough no matter how long one gets to live. I have never heard anyone (in the right frame of mind) say, "Ninety years is enough living for me, so I will just die now!"

Usually, people just don't speak like that when it comes to their life. Generally, everybody wants to live to that ripe old age, and if we (only) had a say in

how long we should stay, we would all shout, "Forever!"

It is true most of us love life! What do we know about this thing we hold so dear? 1) It is a gift from God. 2) It is not ours to keep; it can be taken away at any time. 3) It can be worthwhile or worthless (it depends on the individual.)

Here are some things to keep in mind and put an effort in doing in 2016.

First, we should keep Christ as our center.

Second, we should be grateful for the many blessings of the previous year. We are not worthy of more from God if we are ungrateful for what He has given us.

Third, may we determine to be sympathetic toward all less fortunate than we are. Having a soft heart is a big accomplishment.

Fourth, let us resolve to place the best reasonable construction on the words and deeds of others.

Fifth, let us build our life

on the good foundation of loving God and our fellowman.

Those of us who are alive need to know that we are at the mercy of the

"Life-giver," He is God. The time that we have been given should not be spent

on trying to preserve this life, but fulfilling the purpose for which we were created.

Knowing that we all must go the way of the flesh, should hasten our resolve (especially now, a New Year) to put things in per-

spective. Some of the questions you should be asking are, "What have I done with my life? What do I want to do with the rest of my life?"

If this was your time to die, would your life be celebrated or mourned? You are the one who will say how the rest of your life story plays out. Will it be worthwhile or worthless, the choice is certainly yours to make.

We may not always realize that everything we do, affects not only our lives, but also others, too!

For a little bit of thoughtfulness that shows someone

you care creates a ray of sunshine for both of you to share.

Yes, every time you offer someone a helping hand—every time you show a friend you care and understand—Every time you have a kind and gentle word to give, you help someone find beauty in this precious life we live.

For happiness bring happiness and love ways bring love; and giving is the treasure that contentment is made of.

A HAPPY AND BLESSED NEW YEAR TO ALL!



Ms. Tyanna Lott, showing off "our" new baby for 2016, Little Miss Maddox Rose Mobley, parents are Trey and Margie; and no other brothers or sisters

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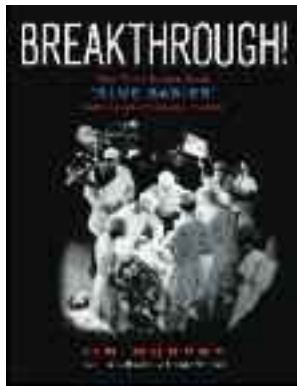
# Breakthrough! is the way to go for science-minded reading

By Terri Schlichenmeyer

Way to go!

Nothing beats recognition when you've finished a project. Good job! Well done! Hearing those things is pretty awesome. But imagine working silently for years of your life while saving lives, and almost nobody notices. In the new book "Breakthrough!" by Jim Murphy, you'll read about one man's accomplishment and how it went nearly ignored for decades.

At just about 8 pounds, eighteen-month-old Eileen Saxon was obviously small for her age, and she was weak. Doctors couldn't agree on whether she



could survive surgery or not, but they did agree on one thing: she would die without it.

It was late November, 1944, and Dr. Alfred Blalock was standing in a surgical room, in front of Eileen's little body. Behind him was his assistant, Vivien Thomas, an African

American man who'd perfected the procedure that was to be performed.

They were about to make history.

Fourteen years before that night, thirty-one-year-old physician and researcher Blalock, a white man born of privilege, was looking for an assistant in his Baltimore laboratory. A carpenter by trade, Thomas had grown up in an industrious family that put an emphasis on education; he'd been saving his money to go to medical school, in fact, when the Great Depression erased it. His curiosity appealed to Blalock, who hired the African American man for twelve dollars a week.

Despite racial differences and an initially rocky working relationship, the two men eventually got along fine and everything might've continued as it was – until Dr. Helen B. Taussig came along.

Taussig was an anomaly: she was female, at a time when few doctors were; she was also dyslexic and had a hearing disability, but she was laser-focused on treating babies born with heart defects. She knew there had to be a cure – so she took her ideas to Blalock, who instructed his assistant to start researching.

And he did: it was Vivien Thomas who dis-

covered how to save the lives of those babies and children. It was Thomas, a "reserved and quiet man," who engineered the tools to do it.

And it was Thomas who was almost ignored by history...

Much as I loved it, I struggled with "Breakthrough!"

The peeks back at mid-century medicine are fascinating, but parents should be aware that there's quite a bit of detail about animal research, which may greatly bother sensitive kids. Author Jim Murphy is quick to offer humaneness, but I shuddered.

And yet, there are bigger

things that kids will find disturbing. They'll likely wonder how a brilliant African American man was passed over by fame, while his colleagues were lauded. Murphy is quick to explain that, too; his thorough research is interesting and easy-to-grasp and I think readers will be happy to see a decent ending to this particular chapter of discrimination.

Though there are plenty of medical terms and advanced language in this book, I think kids as young as 13 should be able to handle it, especially if they're science-minded. Heed the cautions and, for them, "Breakthrough!" is the way to go.

## FEAR, continued from Page 3

hear the evidence that was presented to them.

On Sep. 24, 2014, an Ohio grand jury found Officer Sean Williams' actions were justified in the fatal shooting death of John Crawford III at a Wal-Mart store, after a 9-1-1 caller reported that Crawford was waving what appeared to be a rifle in the store. Police said he was killed after failing to obey commands to put down what turned out to be an air rifle taken from a shelf.

On Nov. 24, 2014, a Missouri grand jury decided not to indict Ferguson police Officer Darren Wilson in the August 2014 shooting death of unarmed Black teen Michael Brown, who countless witnesses say had both his hands up in surrender in the street.

On Dec. 3, 2014, a grand jury in Staten Island decided not to indict New York City Police Officer Daniel Pantaleo in relation to the death of Eric Garner, a man that Pantaleo was seen on video putting in an apparent choke hold in July 2014.

On Dec. 23, 2014, a Harris County grand jury decided not to indict Houston Police Department (HPD) Officer Juvenito Castro for his role in the January 2014 shooting death of unarmed 26-year-old Jordan Baker.

And now, on Dec. 28, 2015, an Ohio grand jury decided not to return an indictment on Officers Timothy Loehmann and Frank Garmback, the two officers involved in the November 2014 police shooting death of 12-year-old Tamir Rice, who was killed within seconds of police jumping out of their vehicle to confront the boy who was playing with a toy gun.

These police killings have opened up the floodgates of discussion about race, grand juries and the negative perception problem that society has about African Americans in this country.

The overarching perception that many officers and grand juries seem to have is that Black people are traditionally overly aggressive and are inherently up to no good.

Sadly, most police shootings of unarmed Black men tend to turn out the same way. The involved police officers are put on administrative leave; a grand jury is convened and fails to indict the police officer or officers; and then the police officer returns to his or her job and seemingly gets away with a slap on the wrist or no punishment at all.

After seeing many of the instances, especially those with clear and accessible video footage, it is clear that body cameras are not the only solution to this epidemic. We can look at instances caught on camera such as Eric Garner, Oscar Grant, Jordan Baker, Rodney King and Tamir Rice as prime examples of how acts of police brutality even caught on video camera can lead to a non-indictment by a grand jury.

Because the grand jury proceedings are secretive and not made public, we will never know why the grand jury decided not to indict any of these officers.

What we do know is there are several similar-

ties surrounding the deaths of Black people in this country; one being that officers always typically say they were in "fear of their lives," and the other being that most officers get away Scott-free with no accountability for their actions.

Until people see this as a major issue and get engaged in seeking to bring forth change, however, we will continue to see the same results.

Black people must no longer be looked at as guilty criminals that are

not worthy of having a member of law enforcement, who deserves to be indicted, held accountable for their irresponsible actions.

Honestly, it isn't the officers that should be in fear for their lives, it is the Black men and women who walk these streets every day who should really be in fear for their lives.

Jeffrey L. Boney serves as Associate Editor and is an award-winning journalist for the Houston Forward Times newspaper.

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