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Judge's races keep forum heated at Monday Night Politics

By David Wilfong
NDG Contributing Writer

Judges races continued to be the focus of Monday Night Politics presented by the *Dallas Examiner* at the African American Museum at Fair Park on Jan. 29. Once again the exchanges got a little heated, but by the end of the evening more civil competitions made their way into the spotlight.

The first race featured on Monday night was for judge of the family court in Judicial District 255 where Sandre Moncriffe is challenging incumbent Kim Cooks. Moncriffe says temperament, provision of services such as interpreters and clear violations of conflict-of-interest are reasons for a change in the 255th.

"Judge Cooks has presided over her ex-law partner's divorce, where he represented himself," Moncriffe said. "That was a serious conflict of interest in which Judge Cooks should have recused herself. Judge Cooks has also presided over cases involving her personal attorney who represented her in her own child custody matters. Those are issues that should have been disclosed to the parties in the case, and they should not have to pay their attorney's fees to ask Judge Cooks to recuse herself from cases."

Cooks minced few words in her rebuttal.



Monique Ward (at left) makes her closing remarks during the forum for Dallas County Criminal District Court No. 1 in which she is challenging incumbent Tina Yoo Clinton (center). Michelle Williams (at right) moderated the event on Monday night at the African American Museum in Fair Park. (Photo: David Wilfong / NDG)

"To begin with, I never had a law partner," Cooks said. "You can look my law office up on the Secretary of State (website), it is the office of Kim A. Cooks and I've never had a law partner so I don't know where she's pulling this up from; out of the air. Second, it was disclosed that the attorney represented me, and the person said they wanted to go ahead and go forward. So, once it's disclosed they can file a recusal, and if the recusal goes through it goes through, if not then it does not go through."

The second judgeship presented at the forum was Judicial District 265 where incumbent Jennifer Bennett

faced her challenger Myra McIntosh. "I'm running to promote justice in the 265th Judicial District Court," said McIntosh, who then passed papers into the audience challenging Bennett's payment of court-appointed attorneys for services such as visitation, phone calls or writing letters and other communications.

"In this particular court, the 265th, there are rules that have been implemented where defense attorneys are not being paid to visit their clients in jail. They're not being paid to make phone calls or letters to their clients,

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Fred Gray



Rod Doss

READERS SOUND OFF!!!

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Fred Gray

Dallas County Promise, a program designed to increase college completion aligned to the North Texas job market, will host its first student leadership summit on Feb. 5 at Cedar Valley College for Dallas County high school and college students. More than 200 students from 31 high schools, seven Dallas County Community Colleges, UNT Dallas, SMU, Prairie View A&M and others will attend the summit that focuses on postsecondary attainment, economic opportunity and poverty in Dallas County.

Civil rights leader, attorney



ney and activist Fred Gray is the featured speaker at the event. Mr. Gray will discuss the role young people played in the past relating to college access and economic opportunity, and will emphasize the need for student leaders

today. Mr. Gray has worked alongside Dr. Martin Luther King, Jr., defended Rosa Parks, argued cases before the Supreme Court, and at 87, continues to take cases.

“We are honored to have Fred Gray talk to Dallas County students about the gaps that still exist in 2018 as it relates to college completion and workforce readiness, and inspire them to become leaders themselves,” said Eric Ban, Managing Director of Dallas County Promise. “Only 37% of adults in Dallas County have a two- or four-year college degree, but 65% of jobs require that level of education. Dallas County Promise was

launched to help solve this problem and to ensure all students, regardless of income, can attend college and get one of the good jobs that are in high demand in North Texas. It is inspiring to see the next generation of student leaders work together to find solutions to ensure they, and their peers, attend and complete college.”

After learning from Gray, students will break into small teams to discuss action ideas and possible solutions to make college completion possible for themselves and others in their schools and communities. Student members from Phi Theta Kappa, one of the largest college

honor societies that focuses on college completion, will lead the students in their discussion.

Dallas County Promise was launched in the fall of 2017 to help drive equity in college and economic outcomes across 31 high schools, representing 9,300 high school seniors. This transformational effort between school districts, colleges, universities, workforce and communities aims to increase college completion and develop a world class talent pipeline that creates equity in outcomes for students, families and the community. Through partnerships and community effort,

100% of students have made a pledge to receive free college tuition through the community college with an option to continue through bachelor’s degrees aligned to the best jobs in North Texas. Every student will be provided a college success coach and a robust data tracking system will provide indicators to help identify needs and direct resources. At the core, the “Promise” is a last dollar scholarship from the Dallas County Community College District Foundation with matching scholarships from partnering universities.

To learn more, visit DallasCountyPromise.org.

Rod Doss

By Stacy M. Brown
NNPA Contributor

For 50 years, Rod Doss has remained dedicated to the *New Pittsburgh Courier* and his success has been among the more celebrated of Black Press publishers.

Doss received the National Newspaper Publishers Association’s 2018 NNPA Publisher Lifetime Achievement Award at a ceremony in Las Vegas.

“There is no greater honor than to be recognized by your peers,” said Doss.

NNPA Chairman Dorothy



Leavell, NNPA President and CEO Dr. Benjamin F. Chavis Jr., and Real Times Media CEO Hiram Jackson were on hand to present Doss the award.

Doss was joined on the

podium at the ceremony by his sister, Marilyn Harvey, who he called his biggest booster and biggest fan.

“His integrity as a journalist is impeccable,” said Leavell. “He’s contributed a lot and he’s really deserving of this honor. [Rod Doss] put the ‘I’ in the word ‘integrity.’”

Chavis said that Doss not only continues to manifest a distinguished career as a publisher of a Black-owned newspaper in America, but also that his work ethic embodies the high standards of journalism; Chavis added that Doss is committed to freedom, justice and equality for all humanity.

Robert W. Bogle, the chairman, president and CEO of “The Philadelphia Tribune,” agreed.

“He worked his way up and made a real difference,” Bogle said. “He’s provided leadership to the *New Pittsburgh Courier* that’s led to the success of the newspaper.”

Doss joined the *Courier* in 1967 as an advertising sales representative. He climbed the ladder at the paper for years and, in 1983, he began running the publication as vice president and general manager.

In 1997, after the death of legendary publisher and Doss mentor John H. Sen-

gstacke, Doss was named editor and publisher.

Under Doss’ leadership, the *New Pittsburgh Courier* has earned more than 100 NNPA Merit Awards, including the coveted John B. Russwurm Trophy and A. Philip Randolph Messenger Award.

Doss continued: “I was so pleased with that, that I shared it and passed it along and today I have a staff of people who are the most stable in the entire organization. They lift me up and I lift them up. They celebrate me and I celebrate them.”

Doss said his “graduate studies” began at NNPA. “Right here, attending

many informative sessions, year after year, and receiving invaluable training, meeting people and learning from established professionals all of the ins and outs,” he said.

Along with receiving many accolades, Doss is known for giving his time through serving on numerous boards and by participating in community events.

He currently serves as chairman of the Rivers Club Board of Governors, a position he’s held for just over one year.

Doss credited much of his success to his own father, Eli Doss, and John H. Sengstacke, the famed publisher and civil rights activist.

NDG Readers Sound Off...

Guest Op-ed: Do Dallas Residents Need Community Water Fluoridation? Yes, and Here’s Why

Whether or not it has already been said; Thanks to the *North Dallas Gazette* for providing a venue for the free discussion of these ideas. I wish there were more periodicals in Dallas that sponsored “uncensored” and free discussion of ideas as is being done here.

As for the fluoridation issue – I have made up my mind. I am contacting my city council representative as soon as possible. I am going to tell my council

person that if he/she wants my vote; she/he needs to vote to provide fluoride free water to this city whenever the opportunity comes up.

- Anonymous

My husband has false teeth, I have chronic kidney disease. I have two grand children on the Autism spectrum we do not need this poison in our water!

I want the city to think about people like me and my family. I care about the poor children with tooth decay, the money the city saves can be used to buy tooth brushes for these children I do not have a com-

puter. I asked this lady to submit this for me. I hope you will think about what I have said.

- Ada Williams

I would very much appreciate it if you would stop fluoridation of the Dallas city water and save me the trouble of having to filter it out. BTW – I will be watching who on the City Council votes to continue this practice and will not vote for anyone that does support this position of fluoridation. ---- Concerned Citizen

Brush your teeth? YOU GET FLUORIDE in toothpaste! Go to the dentist?

YOU GET FLUORIDE applied on your teeth! And guess what....just those two actions alone EXCEED the recommended dosage of fluoride per the ADA and that doesn’t even address the other sources.

Why do city councils allow cities to continue to add fluoride treatment to the water where we ingest and literally have harm caused to our organs and systems? Please stop harming us with this poison.

To the author, follow the money trail... who paid for the research and who sells the cities fluoride?

-- Gavin Wolff

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A wake-up call to the people and a challenge to Millennials

By Hector E. Garcia
American Forum

“America will never be destroyed from the outside. If we falter and lose our freedoms, it will be because we destroyed ourselves.”

- Abraham Lincoln

“Great men, great nations have not been boasters and buffoons, but perceivers of the terror of life, and have manned themselves to face it.” Ralph Waldo Emerson

The challenge to American millennials is to rekindle faith in our nation’s ideals. The great American experiment has drifted toward dysfunction. Some reasons for this dysfunction are confusion over globalization, anger over some of its side effects in the U.S., and growing inequality of wealth and growth in the number of ethnic minorities.

The U.S. and the West led the globalization revolution in the early 1990s. The horizon appeared full of promise - that democracy, ethical capitalism and free, fair trade would spread throughout Latin America and the rest of the developing world.

The Industrial Revolution made possible a leap in human development for some countries, which became known as developed nations. In spite of dramatic upheavals, developed nations acquired higher standards of living and gradually established systems of law, work and government that made the changes manageable. Granted that those

nations, rather than sharing the means to harness the forces that were unleashed, often took advantage of the undeveloped nations; but humans are not perfect, and progress requires perpetual reinforcement.

With globalization, the opportunity to mature further was presented to humanity; those who had launched the revolution could share with still-developing and undeveloped nations not only the technological and scientific means to access the resulting opportunities, but the socio-political foundations for stability, equity and growth -- democracy, the rule of law, honoring the unique dignity and rights of individuals. Historical problems won’t be solved by smart phones, computers and weapons, and they won’t be solved by economic and political machines that require no human oversight. We must acknowledge that these problems are mainly a result of our lack of maturity, which is where our investment of resources has been found lacking.

Most countries and corporations with the capacity to profit from globalization’s opportunities did so primarily in their own self-interest. Those countries, especially the United States, missed an opportunity by creating greater inequality in wealth and income while shrinking its middle class.

Fortune Magazine published an article by Erik Sherman on results of the

Allianz’s new Global Wealth Report of 2015, entitled “America is the Richest, and Most Unequal Country.”

A few governments, in enlightened self-interest, harnessed the opportunities to improve upward mobility and grow middle classes. Among these, China used globalization to move millions out of poverty, while Canada increased the upward mobility of its poorest 20 percent between 2013 and 2016 by 24 percent (that of the U.S. poorest during the same period increased by 16 percent). These two nations, with vastly different socioeconomic and political systems yet led by long-term planning and the goal of promoting the common good of their people, benefited from globalization.

In contrast, the effects of globalization observed in declarations, actions, and lack of action by the U.S. illustrate what Franklin Roosevelt implied by his statement that “the only thing we have to fear is fear itself.” Fear merely leads to fight-or-flight reactions, not to reflection, dialogue and progress. Our prevailing divisions, anger, and chaos can be countered by following Roosevelt’s advice and the example of the Greatest Generation of Americans who did not allow the Nazis nor the Great Depression to intimidate them.

Said effects are a wake-up call for Americans. We must acknowledge that

some in government, some corporations, and some media organizations exploited our complacency. We, the People, felt entitled to our long-held standard of living and accepted our pliable role as consumers of cheaper products and services, entertainment and simplistic, deceptive information. While distracted by this modern version of bread and circuses, the powerful converted a key original globalization objective -- to grow middle classes -- into exploiting the existing ones and the poor more strategically and surreptitiously.

Building on the success of spellbinding advertising, the elites now pitch the claim that the culprits behind the negative side effects of globalization are families fleeing wars and socio-economic inequalities, which the former induced, as well as the American laws that protect them.

To make our nation great again, the elites’ strategy seems to be reaffirming the scientifically debunked myth of human racial hierarchy and the mantra of winning-is-the-only-thing. The vision appears to be an autocratic, homogeneously “Caucasian” oligarchy, walled off from other countries and reality, which can win more wars, including economic, environmental and nuclear ones.

Garcia is the author of “Clash or Complement of Cultures?”

COMMENTS, continued from Page 2

WOW! I like Steve Madison’s comments, especially this part, “Here for our decision makers is the core question for the flouridators: with all of the millions of dollars your industry has at its disposal, can’t a way be invented for children to apply fluoride to their baby teeth without dosing the entire population? Now that would be a

win-win. That would be the Dallas Way.

At the next meeting, ask your friendly consulting flouridator that question. Watch their reaction and I believe you will have your answer.

Please, please Dallas. Play it safe: take it out”

FYI I do not know Steve Madison but I too am a Dallas resident and I say, there

are better ways to reduce tooth decay. This poisoning of the whole population is insane! I am calling the City Council and telling them I support the Precautionary Principle Regina Imburgia talked about at the City Council meeting this morning.

Regina also said the cost effectiveness of the Fluoridation Program is based on incomplete data. Very troubling! The DWU can NOT tell us all the costs of Fluor-

idation!

Interesting, I want to know where my money is going! I hear areas in south Dallas use septic tanks!! In 2018!! A guy spoke at the City Council about this in December I think! I want my councilman to look into this also!

-- Michelle I

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The opioid epidemic is a top priority for surgeon general

Alvin Powell
Harvard Staff Writer

The opioid epidemic is U.S. Surgeon General Jerome Adams' top priority and his position's bully pulpit is his most potent weapon to effect change.

Because of that, Adams has publicly shared his own family's struggle with addiction, which includes a brother who has been jailed as he fights substance abuse.

Adams described the opioid epidemic as an "all hands on deck" crisis, needing not just health care providers, but also mothers, fathers, even children: He tells his three kids to talk about their uncle's plight with classmates, in hopes it will help them make good choices.

"Four people will die from overdoses in the time we're having this conversation today," Adams said Wednesday at a Harvard T.H. Chan School of Public Health "Voices in Leadership" webcast. "That's what I'm focused on foremost."

In the 30-minute program, Adams responded to questions from Robert Blendon, the Richard L. Menschel Professor of Public Health, professor of health policy and political analysis, senior associate dean, and director of the Division of Policy Trans-



Harvard Professor Robert Blendon spoke with Surgeon General Jerome Adams as part of the "Voices in Leadership" program at the Harvard Chan School. (Photo: Sarah Sholes/Harvard Chan School)

lation and Leadership Development. Adams, an anesthesiologist who served as Indiana state health commissioner from 2014 to 2017, was nominated as surgeon general by President Trump in June and confirmed by the Senate in August.

Adams said the surgeon general's main role is heading the U.S. Public Health Service, a corps of 6,500 doctors, nurses, pharmacists, and environmental health and other officers. Public Health Service officers responded to the disasters of 9/11; to last fall's catastrophic hurricanes in Texas, Florida, Puerto Rico, and the U.S. Virgin Islands; and even internationally, during the West African Ebola epidemic.

But Adams said he cannot neglect the surgeon general's influential position as the na-

tion's top doctor, and the importance of communicating to the public and policymakers about important public health issues. Adams said he thinks the surgeon general's office can do a better job communicating with the public. When it comes to advising policymakers, he said it's important to understand the difference between science and policy and to find the "sweet spot" where they overlap and opportunities for change exist.

To fight the opioid epidemic, Adams wants to increase the availability of naloxone, a drug that can reverse the effects of opioid overdose. While some argue that its easy availability would encourage opioid abuse, "As a physician, when people are dying, when you come across a trauma scene,

you've got to put on a tourniquet. Naloxone is that tourniquet," Adams said.

Adams said that a January public opinion poll by Blendon and John Benson, a senior research scientist at HSPH who works with Blendon at the Harvard Opinion Research Program, where he's managing director, showed that 52 percent of the public thinks naloxone should only be available by prescription.

"Fifty-two percent of people wouldn't say that you shouldn't know how to do first aid at a scene when you come upon an accident. We have to help folks understand that naloxone saves lives and that it's a critical first step to connecting people to care," Adams said.

Treatment works, Adams said, but it's important to connect people to qualified programs, with access to proven medications such as buprenorphine, naltrexone, and methadone. In addition, he said a broad array of physicians, as well as nurses, therapists, and others who can potentially detect and intervene, should be trained in substance abuse disorders.

"I call on my colleagues, I'm talking about all health providers, to figure out how they can be part of the solution," Adams said. "We're

never going to dig out from under this if we rely on just the folks who have specialized training and residency to be able to respond. We've got to a better job of enabling more folks to be able to respond because we can't train [specialists] fast enough. What we need to do is take the people who are out there and enable them to provide that care."

Beyond the opioid epidemic, Adams said he wants to highlight the connection between health and the economy, calling poor health in the U.S. a "drag on our na-

tion's economy and our nation's prosperity." Another focus will be on health and national security. Adams said 70 percent of 18- to 25-year-old Americans are ineligible for military service, mainly because they can't pass the physical.

"Our poor health is not only a matter of diabetes 20 years down the road, or a heart attack 30 years down the road. We are a less safe country right now because we are a less healthy country than what we know we could be, and should be," he said.

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Flu season is not over yet - what you need to know to stay healthy

By Dr. Sarah E. Laibstain
NDG Special Contributor

Are you feeling flu-like? If so, you are not alone! North Texas is currently one of the worst areas for influenza in the country as hundreds of people are suffering from the flu or flu-like symptoms. Additionally, the number of regions in the state reporting increased flu activity has heightened dramatically in recent weeks.

The only way you can catch the flu is by being physically exposed to the virus either from a surface or

by an individual. Common flu symptoms to be aware of include: fever, chills, body aches, sore throat, fatigue, headache, coughing, and runny or stuffy nose. Fortunately, there are preventative measures you can take to keep the virus from spreading. We recommend:

- Getting the flu shot. It's not too late!
- Wipe down your phone with a disinfectant.
- Wear a medical mask while traveling.
- Wash your hands consistently throughout the day.
- Practice social distancing, such as not shaking

hands.

Unfortunately, you can be contagious without having symptoms and can spread the flu a full day before you are symptomatic. If you do get the flu, it is recommended to remain home until at least 24 hours after your fever has broken. Tamiflu can shorten the duration of the flu and may help prevent complications from the flu. If you feel you have flu-like symptoms contact Family Medicine Associates of Texas to learn more about specific flu-related information and treatment.

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ECONOMIC EMPOWERMENT CENTER

Social justice organizations join Dallas County bail practice lawsuit

This week, social justice organizations Texas Organizing Project Education Fund and Faith in Texas became plaintiffs in the lawsuit alleging unconstitutional bail practices in Dallas County, TX, by Civil Rights Corps, the Texas Fair Defense Project, the ACLU of Texas, and the American Civil Liberties Union filed on January 21, 2018. The organizations, who are working to end mass incarceration in Dallas County, were denied access to bail proceedings by the Dallas County Sheriff in violation of the public's First Amendment rights.

"Justice can't be done in



secret," said Tarsha Jackson, criminal justice director for Texas Organizing Project Education Fund. "We are all entitled to fair treatment under the law, and right now by keeping bail proceedings behind closed doors, Dallas County is denying its residents, the accused and the public at large, a basic tenet of our criminal justice system—

free and open access. We want to force open those doors, and shine a bright light on the injustices being committed on poor people who are being incarcerated before guilt has been established because they can't afford to buy their freedom. As a group that organizes people of color so they can fight for the power and representation they deserve,

Texas Organizing Project Education Fund is proud to join this lawsuit as a plaintiff."

The lawsuit's amended complaint alleges that Dallas County and the Dallas County Sheriff have prevented representatives from Texas Organizing Project Education Fund and Faith in Texas from attending and observing the proceedings where people charged with offenses are told their bail amounts, which the First Amendment requires to be open to the public.

"Matthew 25 teaches us that it is our duty as Christians to help the hungry, the thirsty, the sick, the weary,

and those in prison," said Rev. Edwin Robinson, executive director for Faith in Texas.

"As people of faith we believe it's not just our responsibility or our legal right, but more importantly it is our faithful calling to be with our sisters and brothers in every place of human need. Being denied access to bail proceedings is not just a hurdle, but a brick wall preventing us from living out our sacred calling of caring for our neighbors."

The original suit, filed on behalf of six plaintiffs in the U.S. District Court for the Northern District of Texas, accuses officials in the

county of operating a two-tiered system of justice based on wealth in violation of the due process and equal protection clauses of the 14th Amendment to the U.S. Constitution.

"We're grateful to have Texas Organizing Project Education Fund and Faith in Texas in our corner in this important effort to reduce mass incarceration in Dallas County," said Kali Cohn, staff attorney for the ACLU of Texas. "With their participation in this lawsuit, we come one step closer to ensuring that justice in Texas is not only fair, but also transparent."

Unity Fest 2018 is scheduled for Feb. 10-11 at Fair Park

Bridging the gap between community, arts and business is the mission of Unity Fest 2018! The two-day multi-faceted celebration will take place on Feb. 10 - 11 from 10 a.m. to 5 p.m. at the African American Museum located inside Dallas' historic Fair Park at 1010 First Avenue. This event is free and open to the public.

Unity Fest empowers the community by bringing friends, families and neighbors together through business, education and the arts. The festival is comprised of health screenings, live entertainment, kids/teenfest and small business vendors. Attendees enjoy a full weekend featuring national and local musical artists, free health and wellness screenings, small business vendors offer-



ing hundreds of various products and services, and students (K-12) will be able to take advantage of a series of robust and interactive S.T.E.A.M workshops in the education pavilion!

Unity Fest Executive Producer Jiles King says providing this caliber of community centric event is critical to the City of Dallas as well as the communities of the Southern sector of the city.

"Unity Fest is a one-of-a-kind opportunity for members of Dallas' most underserved communities to come

out and get life-saving medical screenings and other health services. It's also a time for the youth in these same areas to gain exposure to teaching fundamentals and practices to which they might not otherwise have access and aspiring or established entrepreneurs to discover new business services, tools and opportunities. Two incredible nights of musical entertainment, some hip-hop for the kids and R&B and Gospel for the adults, provides a well-rounded, enjoyable, family friendly experience for everyone," King shared.

The 2018 event is expected to draw thousands of visitors over the two day celebration. Currently, producers are offering sponsorship packages including Title

Sponsorship rights, Main Stage, HealthFest and KidFest. Local and national businesses are encouraged to support Unity Fest and establish their presence at what is certain to be one of the city's premiere events for years to come.

"We are very grateful to the businesses that partner with us to present the festival," continues King. "Without the generosity of local medical partners, we would not be able to provide \$4000 colon cancer screenings. Aids screenings, breast cancer screenings, vital information about individuals' health concerns will be provided. There will also be vendors with game changing business advice, networking opportunities, the benefits just go on and on. We encourage

any business of any size to join us, get in front of literally tens of thousands of people from Dallas and surrounding areas and make a difference!"

For more information on

UnityFest visit www.unityfestdallas.com. To become an event sponsor, contact VLF Media & Promotions at 214-564-3359 or email vi-vian@vlfmediaandpromotions.com.

LCLD to host annual Adelante Awards recognizing current and future leaders

The Latino Center for Leadership Development (LCLD) has announced its Annual Adelante Awards Ceremony scheduled to take place on March 16 at the Dallas Hall of State from 5 - 8 p.m.

The Adelante Awards are held annually to recognize individuals for devoting their lives to the promotion of so-

cial justice, excellence and leadership for the Latino community. The awards serve as an opportunity to reflect and celebrate current leaders of the Latino community, while also looking ahead and acknowledging rising leaders.

"With 55 million Latinos in the United States, our community has emerged as

the cornerstone of American democracy. As we continue to grow, it is critical that Latinos are equitably represented in leadership positions at every level of government and society in our nation so that America may reach its full potential. Until we reach this necessary parity, the Adelante Awards are our way of thanking those individuals

whom have answered the call to lead, championing issues directly impacting Latinos and blazing a trail for others to follow" stated Miguel Solis, LCLD President.

The public is invited to join LCLD as they pay tribute to the 2018 Adelante Awards honorees and celebrate shared accomplishments.

Norm Katz, CPA

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Standout students, parental involvement and community engagement are trending high in 2018



Joyce Foreman
Dallas ISD
District 6
Trustee

The start of each new year buzzes with excitement as it holds the promise of new opportunities. I look forward to the strides we will make in District 6 this year as innovation meets dedication on our campuses and in our neighborhoods. As the southwest quadrant of Dallas continues to de-

velop, it becomes incumbent upon the parents, educators and community members to collaborate in the spirit of goodwill to provide the best possible learning experiences for our children.

Stepping in the right direction, Kimball High School hosted a Lunch and Literacy event at the start of the year to help parents identify ways to incorporate reading at home. Parents were invited to bring and share a lunch with their students and were encouraged

to take books home to build their personal libraries. The event was a hit for all who participated and is an example of the kind of creative community engagement that we can expect to see more of across District 6.

Tight-knit communities marked by effective schools and highly involved parents produce bright, confident and articulate children like Jeremiah Wilson, a fourth-grader at Thomas L. Marsalis Elementary School. Wilson placed third in the 26th Annual Gardere

MLK Oratory Competition, a longstanding tradition that provides a platform for future leaders, thinkers and communicators to both develop and showcase their talents. I commend him for representing District 6 with excellence on the districtwide stage.

An upcoming community touchpoint that excites me is the African-American Read In, a celebration of African-American literacy and literature. This is a wonderful opportunity for families across District 6 to

enjoy a fun-filled day of culture and creativity while developing a love for reading.

Attendees will enjoy interactive reading activities, storytelling, music, giveaways and more. The African American Read In will be held Saturday, February 24, 2018 at the Friendship West Baptist Church located at 2020 W. Wheatland Road, Dallas, Texas 75232 from 10am - 1pm. All families and community members are encouraged to attend.

To ensure our students finish the 2017-18 school year strong, I encourage parents, guardians and mentors alike, to initiate conversations with your students and their teachers to identify specific academic goals for your child and devise a plan for their success. Now is the time that students benefit most from the boost in encouragement and accountability. Let's help them cross the finish line with flying colors because they are our greatest points of pride.

Retail As Art announces 10th annual Photography Scholarship Competition

The 10th Annual Retail As Art competition is now accepting entries. Retail As Art is a photography scholarship contest that showcases the best photographic talent in Dallas/Fort Worth high schools, and rewards that talent with college scholarships.



All DFW-area high school students are invited to submit their best photographic interpretations of "Retail as Art" until the deadline of midnight on March 14,

2018. Winners will be awarded with scholarships to put toward their higher education. A panel of judges will announce the winners and finalists at the Scholar-

ship Presentation and Celebration, held at Dallas Contemporary on Thursday, April 19.

Each student may submit up to two photos representing what retail as art means to them. Specifications and guidelines are available at: www.retailasart.com

As the 10th anniversary for Retail As Art, the contest is kicking things up a notch with a new category and award: The Human Experience Award. The Human

Experience Award will be awarded to the top two photos that best express human experience within a retail environment or setting. These entries will also be considered for Best in Show and Judge's Award Categories.

Mickey Ashmore, a seasoned real estate executive and chairman at CBRE, founded Retail As Art in 2008 and has since seen the competition grow from just five participants to more than 300 participants last

year.

"We are extremely excited to take Retail As Art to the next level this year," said Ashmore. "Each year the competition continues to grow, and we love to see the talent of these students come to life."

With a 501c3 status, "Retail as Art" is the heart and soul of Ashmore. A former high school teacher and current father of three, Ashmore has always been passionate about a child's education,

support and inspiration. All proceeds benefit the CBRE "Retail as Art" Fund, which is organized and operated exclusively for educational and charitable purposes.

This year, the 10th annual Retail As Art scholarship presentation and reception will be held at the Dallas Contemporary on April 19.

To learn more about Retail As Art participation or to donate to the scholarship fund, please visit www.retailasart.com.

Correctional health nurse residency is first of its kind

In 2006, when Dallas County Commissioners asked Parkland Health & Hospital System to take over the healthcare services for inmates in the Dallas County Jail, Parkland leaders saw an opportunity to create a state-of-the-art care model that could be replicated in correctional units across the country. Not only did they repair a broken system, but they have now gone a step further and created a unique program believed to be the first of its kind in the nation.

The Correctional Health Nursing Residency program, offered by Parkland's Clinical Education department, is a 12-week course that includes classroom instruction and a clinical preceptorship. Offered twice yearly, the program is de-

signed to provide the education and experiences necessary to become highly-skilled correctional health nurses. The curriculum includes content that covers all spectrums of correctional health from juvenile services to psychiatric services.

"The core content covers safety and the legal and ethical aspects of correctional health nurses," said Debra Johnson, RN, BSN, Parkland's Correctional Health Residency Coordinator. "This residency includes skills you would learn in any hospital or clinic setting such as the medical and nursing management of acute, chronic and mental illnesses, but we've added the clinical application and technical skills common to correctional health areas."

Those skills are inval-

able for a healthcare delivery system that sees more than 100,000 people each year.

Patrick saw the residency as something much more. For nine years, he served as a correctional officer before deciding to enroll in the University of Texas at Arlington's School of Nursing. As he met nurses working at the Correctional Health facility and learned of their backgrounds and what brought them to the Parkland program, Patrick said that for the first time he saw those incarcerated not as "offenders" but as "patients."

Carly looked at the residency as an opportunity to do something different with her nursing career. Having enjoyed nearly two decades as a pediatric nurse, Carly decided it was time to make

a change and sought out Parkland's correctional health program as a way to take her nursing skills in a new direction.

Like Carly, Johnson said there are many who enter the residency after years in a nursing specialty, but there are others who hear about the program and opt for a complete career change.

Each person booked into the Dallas County Jail receives an initial medical screening at central intake. It's there that some may first learn of a chronic illness such as hypertension or diabetes, Johnson said. "We're providing basic nursing. We care for those with acute illnesses in the infirmary, pass out medications in the towers, and along with the medical staff see those with emergencies - we just do it

in a jail setting."

Although the thought of steel doors slamming behind them may not appeal to some, Johnson said there have been very few nurses who have opted out of correctional health because of safety concerns. Dallas County Sheriff's Deputies are always present when patients are treated. Parkland staff and Dallas County Sheriff's guards are trained in Satori Alternative to Managing Aggression (SAMA) methods where participants learn safe and least restrictive interventions designed to help manage an individual in crisis.

Listening intently to others in the room, Wayne said he spent years working as a hospital tech and this would be his first full-time registered nurse position. He

knew it wouldn't be easy, but said he was "looking forward to starting his nursing career and serving the community."

"The healthcare we provide in the jail is extremely important to the health of the community as a whole," said Esmaeil Porsa, MD, Parkland's Executive Vice President and Chief Strategy & Integration Officer. "The Dallas County Jail is unique in that it serves as both the city and county jail. Research has shown that if we address individual's medical needs while they are incarcerated, when they're released back into society, the well-being of the entire community is improved."

For information about Parkland services, please visit www.parklandhospital.com.

North Texas Teen Book Festival – Rock Star Authors, 12,000 Excited Fans

North Texas Teen Book Festival, the nation's largest teen book fest run by educators, announced a total of 76 rock star and debut authors attending their fourth annual event. April 20 and 21, more than 12,000 students, parents and educators

are expected to pack the Irving Convention Center at Las Colinas for a day of bookish fun and literary excitement.

Fans could barely control their excitement for the keynote panel authors, featuring the world-renowned

Dav Pilkey, famous for the "Captain Underpants" franchise, Cassandra Clare, author of the Mortal Instruments series and Angie Thomas, whose meteoric rise to fame began with her 2017 debut novel "The Hate U Give." The 2018 event

includes a wide assortment of new and returning best-selling authors appealing to the young and the young at heart, such as Jenny Han ("Always and Forever, Lara Jean"), Jennifer and

See BOOK, Page 14



Angie Thomas is one of the Rock Star authors who will be featured at the annual North Texas event. (Photo: Anissa Photography)

Students are encouraged to prepare 2018 Valentines for Vets

To coincide with the National Salute to Veteran Patients (the week of Valentine's Day), U.S. Congressman Sam Johnson (TX-03) is holding his annual "Valentines for Vets" outreach program. Teachers and students in Collin

County are encouraged to create Valentines that will be hand-delivered to veterans at the Dallas VA Medical Center.

"Many of our hometown veterans are hospitalized for long periods of time, and the hours away from family and

friends can get lonely – particularly on holidays," said Johnson. "That is why every year I ask elementary school students and teachers in Collin County for their help in creating valentines for our veterans. I do this for two main reasons. First,

it is an excellent opportunity to teach young students about freedom, the importance of protecting our American way of life, and what it means to serve in our Great Nation's military. Second, this program provides us the chance to say

'thank you' to those who we can never thank enough for their service and sacrifice.

Johnson's office will be accepting valentines through Thursday, Feb. 8.

To see if your school is participating and to schedule a drop-off time at Johnson's

Plano office, please reach out to Valentines for Vets program coordinator, Casey Quinn, at 469-304-0382. If your school has over 150 valentines and drop-off is difficult, you may also inquire about scheduling a pick-up time with a staffer.

The McKinney Fire Dept. McTown Klownz honored on the national stage

The McKinney Fire Department (MFD) McTown Klownz have been educating children in the McKinney Independent School District and surrounding school districts about fire and burn safety for decades. Now Hoser, Siren, Bucky, Blaze, Plug, Mr. Sean and DJ Fuego have taken their skills nationwide. Last week, the Klownz were showcased at the Arizona Fire & Burn Educators Association conference in Bullhead City, Arizona.

The McTown Klownz taught a class on stage and set building. Over the years, the Klownz have created astonishing sets depicting popular movies and themes, to serve as a backdrop as they educate a new generation of children about fire prevention and life safety. The annual conference in

Arizona helps educators learn and share ideas that will be used to keep children all over the country safe from fire and other types of burns.

Here's why this education is so important:

- Fires kill about 500 children ages 14 and under each year.
- 65 percent of children ages 4 and younger who are hospitalized for burn-related injuries suffer from scald burns; 20 percent are due to contact burns.
- Scalding hot tap water causes more deaths and hospitalizations than any other hot liquid burns.

- Information from the National Fire Protection Association (NFPA)

"It was quite an honor to have our very own McTown Klownz invited to teach a course at the annual Ari-

zona Fire & Burn Educator's Association conference. The association is quickly becoming one of

the most respected authorities on fire and burn prevention," said McKinney Fire Chief Daniel Kistner.

For more information on the McTown Klownz and the MFD, visit www.mckinneyfire.org, call 972-547-

2893, or "Like us" on the new MFD Facebook page, www.facebook.com/mckinneytxfire.



Courtesy photo

THURGOOD

By George Stevens, Jr.

FEBRUARY 8-25, 2018

For tickets, visit www.bishoparts theatre.org

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Dallas

In celebration of Black History Month, McDonald's of Greater North Texas has partnered with the Dallas Chapter of Continental Societies, Inc. to host an **African American Read-In** every Saturday in February.

- Saturday Feb. 3, Kick Off 11:30 a.m. - McDonald's at 10320 Lake June Rd.,
- Feb. 10, 11:30 a.m. - McDonald's at 8333 S. Lancaster Rd.
- Saturday, Feb. 17, 11:30 a.m. - McDonald's at 2215 S. Buckner Blvd., (Pleasant Grove)
- Saturday, Feb. 24, 11:30 a.m. - McDonald's at 5404 S. Cooper, Arlington

The event will include elected officials and community leaders reading books and short stories for the families and children attending the event. Elected officials and community leaders are expected to attend and read as well.

Children attending each event will receive one McDonald's backpack filled with school supplies and a book written by an African American author while supplies last.

Get ready for Valentine's Day with a presentation from John Kelson of John

Kelly Chocolates out of Los Angeles. Described as a true "celebrity" in the chocolate world, fans can meet him at the **Chocolate Tasting** at Central Market Lovers Lane store this Friday, Feb. 2 from noon to 4 p.m. Everything is made by hand in a small chocolate factory located in the middle of Hollywood, California. So anyone who wanders into the John Kelly boutique can watch the product being made right in front of them, and may bump into a celebrity at the same time. Stars love chocolate too, and everyone from Leonardo DiCaprio to Neil Patrick Harris have come in to shop.

The **Junior League of Dallas (JLD)** and presenting sponsor, Children's Health, will offer the Dallas community a chance to connect with the non-profit agencies the Junior League of Dallas supports. Attendees will be able to sign up for volunteer commitments at the annual Community Volunteer Fair on Saturday, Feb. 3 at NorthPark Center from 10 a.m. to 4 p.m.. The fair is free and open to the public.

Children can participate in the **Kids in the Kitchen** activities, which include:

face painting, martial arts and a kids yoga demonstration thanks to sponsors UnitedHealthcare and The Moody Foundation. The demonstrations will take place near Mark di Suvero's monumentally extraordinary 48-foot-tall, 12-ton Ad Astra, 2005, which fills the two-story NorthCourt in NorthPark Center. Kids in the Kitchen is a Signature Project of the JLD, encouraging youth to learn the groundwork of healthy meals and educating them and their parents regarding the importance of a well-balanced diet and healthy lifestyle choices.

Park Cities/Central Dallas Democrats monthly meeting will devote most of their time to the Democratic Primary race for State Senate District 16. Nathan Johnson and Joe Bogen are running to challenge Sen. Don Huffines and represent progressive values and action. The will begin the forum with quick introductory statements, then a few questions from our board. After that, they will open the floor to your questions. Guests are invited to think about what is important to you in someone who represents your values and goals for Texas government, and be ready to listen for that

and ask questions. The event is Saturday, Feb. 3 at 10:30 a.m. to Noon (doors open at 10 a.m.) at University Park Public Library located at 8383 Preston Center Plaza, Suite 200, 2nd floor in University Park.

South Dallas Concert Choir (SDCC) is hosting their annual **Black History Program** on Saturday, Feb. 17 at 3 p.m. at the South Dallas Cultural Center located at 3400 South Fitzhugh Avenue in Dallas. The program will focus on a very rich, very diverse history and highlight some of the achievements and talents of Black People.

SYZYGY, the contemporary music ensemble of SMU, in partnership with the Meadows Percussion Ensemble, will present Steve Reich's groundbreaking, joyful and rarely performed chamber work **Music for 18 Musicians** at Dallas' Moody Performance Hall on Friday, Feb. 23

at 7:30 p.m. Moody Performance Hall is located at 2520 Flora St. in downtown Dallas (75201). Tickets are \$14 for adults, \$11 for seniors and \$8 for students and educators. For tickets and more information, contact the Meadows box office at 214-768-2787.

Meet Mystery Author Caroline Todd in Conversation with Deborah Crombie At the Lincoln Park Barnes & Noble on Northwest Hwy. meet Caroline Todd, one half of the best-selling writing team Charles Todd, in conversation with local author Deborah Crombie! They will discuss Todd's new book Gate Keeper, Inspector Ian Rutledge Series #20 on Thursday, Feb. 8 at 7 p.m.

Mountain View Community College is celebrating Black History Month on Mon., Feb. 5 - Film screening of **"Glory Road."** The film highlights the all African-American starting

lineup that won an NCAA championship. One of the team's star players, Nevil Shed, will attend. The film begins at 9:30 a.m. in the Treetop Lounge, W Building.

Farmers Branch

The Brookhaven Community College will celebrate Black History on campus on Wed., Feb. 7 - Movie screening: "Red Tails," noon in B Building, room 240.

Mesquite

The Value of You - Learn about genetics and extract your own DNA. The event begins at 10 a.m. in Building S, rooms S100/101 on Feb. 9 at Eastfield Community College.

Richardson

Black Student Association (BSA) **Professional Networking Workshop** begins at 12:30 p.m. in Sabine Hall, room 117. A "Dress for Success" presentation takes place at 1:30 p.m. in Sabine Hall.

More Happy Winners...

(At right) One of our winners used tickets to see *The Very Hungry Caterpillar Show* at the Dallas Children's Theater as a special treat for a job well done!

"Congrats to our grandson, Calvin for scoring 100 in Reading and 90 in Math on the DISD ACP testing. Calvin scored the highest of all the kindergarten students, so we treated him to a play," shared Vanessa Davis Wesson when she posted this photo on Facebook. The North Dallas Gazette congratulates the young scholar as well! (Below) Traci Johnson shared her thanks for the tickets to see *The Color Purple* in January.



LEGAL NOTICE

These Texas Lottery Commission scratch ticket games will be closing soon:

| Game # | Game Name / Odds | \$ | Official Close of Game | End Validations Date |
|--------|--|------|------------------------|----------------------|
| 1827 | 50X The Cash Overall Odds are 1 in 3.19 | \$10 | 2/10/18 | 8/9/18 |
| 1829 | 100X The Cash Overall Odds are 1 in 2.84 | \$20 | 2/17/18 | 8/16/18 |
| 2006 | Holiday Wishes Overall Odds are 1 in 4.12 | \$3 | 2/18/18 | 8/17/18 |
| 2004 | Diamond Mine 9X Overall Odds are 1 in 4.02 | \$5 | 2/22/18 | 8/21/18 |

For detailed rules and game information, visit texaslottery.org or call 800-375-6889. Must be 18 or older to purchase a ticket. The Texas Lottery supports Texas education and economic development. PLAY RESPONSIBLY. For help with a gambling problem, call texaslottery.org. © 2018 Texas Lottery Commission. All rights reserved.



Reggae star graces Dallas stage Feb. 23

Mighty Mystic is described as an impressive musical talent in the reggae scene nationally and internationally as an extraordinary singer, songwriter and entertainer.

Kevin Mark Holness, better known as reggae star Mighty Mystic is the younger brother of Jamaican Prime Minister Andrew Holness.

Fans say Mighty Mystic is a soulful singer, with a wide musical range, and exudes strong vocal chops throughout his music. Dallas reggae fans can enjoy his sound for themselves on

Feb. 22 at Gas Monkey in Dallas.

He has achieved international stardom with his third album *The Art of Balance* and the preceding album *Concrete World* that debuted the Billboard Reggae Chart at number six and his breakout album *Wake Up World* with "Revolution," to "Riding on the Clouds" and "Original Love" and "Slipped Away" with appearances from Shaggy and roots rocker Lutan Fyah.

All three albums reached the Billboard Top 10 Reggae Chart. His standout sound blends Roots Reggae

with flavors of Pop and Rock and has a strong and loyal following.

Mighty Mystic's music has captured the attention of a wide range of fans nationwide and internationally including a rare opportunity to perform at Rebel Salute, one of the greatest festivals in Jamaica and is listed in Billboard Magazine's top festivals in the Caribbean capturing the heart of thousands of reggae lovers and music fans from around the world.

Jamaican born, Massachusetts-based reggae star

Mighty Mystic has been featured in international and national media including radio and TV as well as BBC Music, *Jamaica Star*, *Jamaica Observer*, *Reggaeville*, *Midwest Record*, *Westword*, *Boston Metro*, *Bangor Daily News*, *LA Weekly*, *The Patriot Ledger*, *Billboard*, and the *Connecticut Post* to name a few.

For more information on Mighty Mystic, visit www.mightymystic.com and [Facebook.com/MightyMystic](https://www.facebook.com/MightyMystic) and [Instagram.com/MightyMystic](https://www.instagram.com/MightyMystic) and [Twitter @MightyMystic](https://twitter.com/MightyMystic).



Courtesy photo

Texas' first Chiron arrives

There are plenty of stories about guys who treat their magnificent machines as their significant other. But this is more than just one man's love for his car. This is about a father's love for his son, and the son expressing his love back to his father. And what better way to express that deep affection than the gift of a hand-crafted \$3.2 million Bugatti Chiron?

Mayur Shree, a 32-year-old Dallas real estate investor, came to the U.S. from South Africa in 2012 at his father's urging. He credits his father, Pran, with his success and gave him the Chiron as a token of his appreciation.

"I grew up watching videos and television programs with my father that showcased exotic cars," explained Mayur. "We especially loved the Bugattis. I worked with Bugatti Dallas to build the perfect car for my father."

Bugatti Dallas, part of the Park Place Premier Collection, and Absolut Elyx recently hosted a soiree at the Residences at the Stoneleigh to celebrate the delivery of the first Bugatti Chiron in Texas. Guests enjoyed a specialty cocktail (the



Courtesy photo

Mayur Mule) crafted by Absolut Elyx in the beautiful Art Deco-inspired Resident Club and Screening Room. Meanwhile, the Chiron drew an admiring crowd on the Residences at the Stoneleigh's porte cochere.

Mayur's one-of-a-kind Chiron took two years from the time he put down a deposit and started configuring it until its delivery. Heath Strayhan, Park Place Premier Collection General Manager, joked at the party that the final product was about the 12th iteration of Mayur's vision. It had to be just right.

Named after 1930s Bugatti driver Louis Chiron, the two-seater is what Bugatti calls "the world's most powerful, fastest, most luxurious, and most exclusive super sports car." The

French automaker will only make 500 worldwide over the next several years. Each will be a one-of-one original. There are currently less than 20 Chirons in North America. And only one in Texas.

The beautiful beast features an 8.0-liter, quad-turbo, W-16 engine, cranking out an astounding 1500 horsepower and 1,180 pound-feet of torque. 6.5 seconds. Bugatti limits the Chiron's top speed to 261 mph on the street for obvious safety reasons.

"While everyone wants to talk about how fast the car is," says Mayur, "the ride is incredible even at 60 mph. My father and I took a drive around Dallas the other day and it was very smooth and pleasant."

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 POLICE WOMEN OF COLOR FOR LEADERSHIP

Frieda Porter for the Office of Justice of the Peace

(Tarrant County, Precinct 7) - Number 1 on the Ballot.

The Justice of the Peace Office governs over Landlord and Tenant Disputes, Evictions, Small Claims, Truancy, and some minor traffic tickets.

As a State Licensed Realtor of over 17 years and a Landlord, I've worked diligently to help build Homeownership. I've worked hands on with the eviction process in the Justice of the Peace Courts to successfully resolve various Landlord and Tenant issues.

I've volunteered my service for the Arlington NAACP using my experience and education of Fair Housing, Real Estate Law, Deceptive Trade Practices Act and Multi Family Property Management to bring positive resolution to citizens with Landlord complaints. Service is a great way to give back to my community.

Precinct 7 is my home My children grew up here. As JP, I will use my office as a support to everyone and help truants move into a positive direction. Remember, I'm #1 on the Ballot and the ONLY Woman in this category.

Cast your vote for Frieda Porter for Justice of the Peace, Pct. 7 on March 6, 2018.

Note:
 Precinct 7 includes Tarrant, Grand Prairie, South Arlington, Mansfield, Kennedale, Dalworthington Gardens, and Rendon

**Enter to Win!
 Ticket Giveaway**

NDG Entertainment Ticket Giveaway!!! Follow North Dallas Gazette on Facebook, Twitter and Instagram to keep up on all the latest!!!

Win tickets to see *Thurgood* on stage at Bishop Arts

After years of being a name we recognize but know so little about the man, Thurgood Marshall is finally getting his due. First, the movie starring Chadwick Boseman delight movie lovers last fall, and now theatergoers will see a different side of the man who would

become the first African American Supreme Court Justice in America. Thurgood by George Stevens, Jr. Selmore Haines III comes to the Bishop Arts Theatre Center (BATC) stage with his 2017 Dallas Theatre Critics Award-winning performance as Thurgood Marshall

in this retelling of America's first African American Supreme Court justice.

North Dallas Gazette readers have an opportunity to win tickets for two for the show on Friday, Feb. 9 at 8 p.m. Visit our Facebook or Instagram profiles and share how your family celebrates

Black History Month.

The production at BATC, in partnership with Fort Worth's Jubilee Theatre, will run Feb. 8-25. Emotionally charged, politically relevant, and historically entertaining, Thurgood offers insight into one of America's most well-known, respected, and

groundbreaking political and social justice activists of the 20th Century.

Thurgood is suitable for audiences ages 13 and above; adult language is present. All performances are presented at the Bishop Arts Theatre Center located at 215 South Tyler, TX

75208. Showtimes vary for each production please visit www.bishopartstheatre.org to verify dates and times. General Admissions fees are \$18 to \$30. Discount tickets are available for groups of 15 or more and may be purchased by calling (214) 948-0716 x305.

Black Hollywood legend pens new memoir

By Lauren Poteat
NNPA Contributing Writer

Jenifer Lewis, affectionately nicknamed "Auntie" in Black Hollywood, recently made a special appearance at the Duke Ellington School of Performing Arts in Washington, D.C. where she shared the trials, tribulations and triumphs of her journey to superstardom, while sending a

strong message to millennials to stand up and find a purpose.

"There's no foolproof way to live this thing called 'life.' I can't save the world, I can't save you and ain't nobody coming to rescue you," said Lewis. "Do the work, look in the mirror and know this ain't no rehearsal. This is life."

Lewis continued: "Live,

pursue happiness—sometimes it's easier said than done—but we have to strive for that. You've laid down in front of these police barricades, now get up, stay up and keep it moving, but don't miss the beat of feeling...don't just go willy nilly into the world."

Detailing traumatic and heroic moments from her past throughout her special

performance, Lewis talked about being molested as a teenager, her first encounter with illegal substances and growing to understand and cope with a bipolar disorder diagnosis.

"Feel your feelings. If you're disappointed you feel, if you're hurt you feel," said Lewis.

See LEWIS, Page 16



Hollywood legend Jennifer Lewis shares memories from her rollercoaster career, during a special appearance at the Duke Ellington School of Performing Arts in Washington, D.C. (Freddie Allen/AMG/NNPA)

Five ways to host a healthy Super Bowl party

By Paul Kenny

If you thought you couldn't serve low-carb offerings at your Sunday bash, think again — here are delicious tips:

Somehow Super Bowl Sunday has become the unofficial end of the holiday season — and we all want to go to a Super Bowl party, even when our team isn't playing.

That means somebody has to host that party. If you're the lucky one hosting this year, keep these five rules in mind when thinking about your menu.

Prepare in advance. Whatever you decide to make, the work has to be done before kickoff. I like to invite folks an hour before the game starts — that way you can serve the drinks and have the core



Skip the chicken wings and try Chicken Asparagus Skewers visit improptufridaynights.com for the recipe. (Courtesy photo)

meal offered before the game starts.

Have a low-carb offering. Yes, it's the time of the year (actually all year round) when we have to

think about eating healthier. Admittedly, your chances of having success with eating healthfully at a Super Bowl party are about the same as the Cleveland Browns' of

winning next year's game.

But it's a good idea to have a low-carb offering. Your guests will gravitate to it, especially if it tastes great.

The most popular item at my supper clubs are the Asian skewer appetizers. Full of protein with a light teriyaki glaze, these are a real winner. The beauty of these protein-heavy apps is that they let you to take care of your pre-game appetite without loading up on carbs.

Open it up to potluck. In the spirit of sharing the cost and not doing all the work for your big get-together, it's a great idea to invite folks to bring an appetizer or a dessert and their beverage of choice. Chances are you'll get an assortment of old-time favorites (but you can also steer guests toward the healthiest choices possi-

ble, too).

Designate a kitchen assistant. Not everyone wants to watch the game. By February, more than a few people are pretty sick of football and couldn't care less about watching commercials.

Find one or two folks who can keep an eye on the kitchen — and with a little direction have a halftime offering warmed up and served for folks coming back for more after they've watched two-quarters of the game.

Make sure there's no soldier left behind. By the end of the night, no matter who wins or loses, the holiday season is really over. The last things you need are sinful leftovers to tempt you in your own refrigerator.

I'm going to bet the Asian skewer apps will be long

gone. But make it clear to your friends who brought the huge chocolate cake that if there are leftovers, they've got to take them home with them. This way you can expedite cleanup and really get serious about eating healthier.

These rules should all but guarantee success for your Super Bowl party. The principles behind these rules are also keys to starting a supper club. My recommendation is that you tee up the idea of starting a supper club during the party. Everyone likes to socialize with friends over a meal — and supper clubs are a fun way to do it.

Paul Kenny, a longtime foodie based in Germantown, Tennessee, is the author of the just-published "Impromptu Friday Nights: A Guide to Supper Clubs."

FLU, continued from Page 4

It can be difficult to distinguish your flu-like symptoms from something more severe that may require emergency care. To help, here are some of the true

emergency symptoms to be cautious of:

- In children:
- Fast breathing or trouble breathing
 - Bluish skin color

- Not drinking enough fluids
- Not waking up or not interacting
- Being so irritable that the child does not want to be held
- Flu-like symptoms im-

prove but then return with fever and worse cough

- Fever with a rash
- In adults:
- Difficulty breathing or shortness of breath
 - Pain or pressure in the chest or abdomen

- Sudden dizziness
 - Confusion
 - Severe or persistent vomiting
 - Flu-like symptoms that improve but then return with fever and worse cough
- Dr. Sarah E. Laibstain is*

a general family medicine practitioner at Family Medicine Associates of Texas in Carrollton. She thoroughly enjoys improving the health and lives of individuals ranging from young children to adulthood.

Employers should treat employees who leave as business 'alumni'

Even business leaders in high-turnover industries should maintain good relationships with departing employees, advise researchers.

"When we, as researchers, study organizations, or even when we study how managers look at employees, we see that businesses often assume that the relationship terminates when a person leaves the organization," says Sumita Raghuram, associate professor of human resource management at Penn State.

"However, in our research, we extend the employment boundary outside of the organization. We believe that the relationship does not end there and you have to be mindful of the people who actually left the organization."



Matthew Hurst / Flickr

In a study, workers who had good relationships with their bosses carried that goodwill into their new jobs, which could lead to important benefits for their former workplaces, according to the researchers.

"These ex-employees, who we call organizational alumni, can be very important for you," says Raghuram. "They are the ones who can be your ambassadors."

She adds that workers who felt good about their former employers could become future customers and could also relay new business knowledge and insights back to their old employers.

"They can also come back to work for you as boomerang employees," Raghuram says. "They are a very powerful force and we cannot ignore that."

One way to increase this alumni goodwill is to make a good effort to retain employees when they announce a pending departure, according to the researchers, who released their findings in a recent issue of Personnel Psychology.

"When an employee quits they are sensitive to how they were treated when they left the organization. For example, did anyone care to tell them that they will be missed, or try to stop them from leaving by offering genuine inducements?"

Raghuram says. "What we find, once again, is that a strong retention effort can reinforce the effect between relationships with bosses and alumni goodwill."

The researchers also found that employees may actually be leaving their companies because good relationships with their bosses helped them build up their capabilities. Those improved skills can help them land better jobs with higher salaries than the positions they quit.

The researchers collected data from employees of a global information technology firm with headquarters in India. A total of 128 employees were tracked over

an 18-month period, which included time that they were employed and after they quit the company.

During the interviews, the former employees were asked their opinion of their former employers, whether there were efforts to retain them, their experiences when they left, and details about their new jobs.

Additional coauthors of the study are from Penn State and the University of Illinois at Urbana-Champaign. The Society for Human Resource Management and the Indian School of Business Visiting Scholar Program supported this work.

Source: Penn State

Class for business entrepreneurs and small biz owners kicks off in March

The Business Masterclass Series is a professional education program created specifically for entrepreneurs and small businesses with annual revenues of \$1 million or less. During the five-month program, participants will learn from top business and financial professionals, work with experienced leaders and develop effective plans and strategies for success.

Courses will cover a range of topics including business plans, credit and budgeting, cash flow management, banking and financing, accounting and record keeping, human resources, marketing and more.

- Semester Length: Ten sessions over five months
- Session Dates: March 2018 – July 2018
- Day and Time: Every other Tuesday: 4:30 p.m. to 7:00 p.m.
- Cost: Free to approved applicants
- Class Size: 15 participants
- Instructors: Executives, business leaders and financial professionals

Upon acceptance into the Business Masterclass Series program, participants will be assigned a Dallas SCORE mentor. Score is a resource partner with the SBA.

Program graduates will receive Business Masterclass

Series certification, a business savings account dollar-for-dollar match up to \$500, an unsecured business loan up to \$5,000 or a secured business

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Analysis shows state's workers and families need national paid leave program

An analysis of demographic data in Texas released today reveals the significant and growing need for a national paid family and medical leave plan that covers all working people in the state for the full range of serious caregiving and medical reasons. The release kicks off a series of nationwide activities marking next Monday's 25th anniversary of the federal Family and Medical Leave Act (FMLA), which provides unpaid leave. Across the country, working people, businesses, lawmakers, advocates and others will come together on the ground and online to celebrate the law's progress, recognize state and private sector innovations and call for a national paid family and medical leave policy that advances the movement for more equitable and family friendly workplaces.

The new analysis was conducted by the National Partnership for Women & Families. The full set of findings for Texas is avail-

able here. Similar findings for all 50 states and the District of Columbia can be found at NationalPartnership.org/PaidLeave-MeansMap.

"Twenty-five years after the FMLA was signed into law, it is past time to take the next step by ensuring paid leave for all working people," said Debra L. Ness, president of the National Partnership, which drafted and led the fight for the FMLA. "The FMLA has transformed our workplaces and culture in tremendously positive ways, but these data show that unpaid leave is inaccessible for too many people. Working people and families are caught between the demands of their jobs and their families, and as a result, our economy and businesses are not reaching their full potential."

The Texas analysis sheds light on why the failure of policymakers and the private sector to guarantee paid family and medical leave is causing people in the state to experience conflicts be-

tween their jobs and their families. For example, women, and especially women of color, are key breadwinners for their families while also continuing to be primary caregivers. People already have significant family and medical care needs that are increasing as the workforce ages. And the consequences for the economic well-being of families and the state can be serious when people are not able to hold paying jobs while providing and receiving critical care. Specifically:

- In 65 percent of Texas households with children – more than 4.5 million homes – all parents hold jobs;

- In Texas, 79 percent of Black mothers, 49 percent of Latina mothers and 46 percent of white mothers are key breadwinners for their families;

- In less than 15 years, the share of Texas' population age 65 and older will grow by nearly one-third;

- Eight people die every-

day from drug overdoses in Texas;

- In Texas, there is an 18-percentage point gap in labor force participation between men and women; and

- A national paid leave plan would reduce the number of working families in Texas facing significant economic insecurity when they need to take family and medical leave by 79 percent.

Texas legislators have recently considered paid leave at the state level. Nationally, the FMLA guarantees unpaid leave, but it is inaccessible to 62 percent of workers in Texas because they either are not covered by the law or cannot afford to take the unpaid leave it provides. Just 15 percent of workers in the United States have paid family leave through their employers, and fewer than 40 percent have paid medical leave through employer-provided temporary disability insurance. California, New Jersey, Rhode Island and, as of Jan. 1, New York, have paid family leave insurance programs in

place. Washington state and the District of Columbia have enacted similar measures that have not yet taken effect. Research shows that existing programs are working well and lawmakers in other states continue to use them as models as they consider programs of their own.

"We now have a powerful body of evidence that shows the widespread benefits of paid family and medical leave, the urgent need for it, and the key components of a meaningful policy that would promote gender and economic equality, strengthen businesses and our economy, and promote the culture change we need," explained Vicki Shabo, vice president for workplace policies and strategies at the National Partnership. "Lawmakers who advance strong paid leave proposals demonstrate that they understand their constituents' needs and the value we all place on knowing we can care for our loved ones without risking our jobs. Voters' support for

a strong national paid family and medical leave law cuts across parties and ideologies, and large and small companies say they support a national paid leave plan too. It is past time for all lawmakers to show the same interest in real policy solutions."

The Family And Medical Insurance Leave (FAMILY) Act, sponsored by Sen. Gillibrand (D – N.Y.) and Rep. DeLauro (D – Conn.), is the leading paid family and medical leave proposal in Congress. Reps. Doggett, Gonzalez, Green, Jackson Lee and Veasey are co-sponsors of the legislation. The FAMILY Act would create a national insurance program, similar to those in the states, that would be funded through small employer and employee contributions of 0.2 percent each (less than \$1.50 per week each for a typical worker). It would allow workers to take up to 12 weeks of leave for serious family or medical reasons while receiving a portion of their pay.



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Upcoming DFW area job fairs

Feb. 3 & 6

Crayola Experience

Want to be a part of the Crayola family? Now's your chance. The Crayola Experience is set to open in early 2018 at the Shops at Willow Bend in Plano and the attraction needs employees. Crayola is seeking to fill 200 open positions.

The job fair being held on on Saturday, Feb. 3 is from 9 a.m. - Noon and the job fair scheduled for Tuesday, Feb. 6 is from 2 p.m. to 6 p.m. Jobs include admissions, retail, EMT, cash office, attractions, food & beverage, custodial and entertainment.

Visit crayolaexperience.com to register and for more information.

Feb. 3, 10, 17

Big Beat seeks 500

Big Beat Dallas is the new entertainment destination opening soon in the Las Colinas area. They are seeking to fill 500 positions ranging from front of house at the various restaurants and entertainment venues to back of house and security.

The job fairs are scheduled for Feb. 3, 10, 17 from 10 a.m. until 6 p.m. each Saturday. For more information, visit <http://www.bigbeatdallas.com/Careers/>.



Feb. 3

Adjunct job fair

Adjunct Faculty Job Fair at North Lake College Central campus located at 5001 N. MacArthur Blvd., Bldg. G, 4th Floor. They are seeking adjunct faculty for the following disciplines: Art Appreciation, Speech communication, Video Technology, History, Criminal Justice, Physics, Math, Surveying, Electrical Technology and more. Requires a Master's Degree and 18 graduate hours in the discipline applying for. For more info call 972-273-3308.

Feb. 7

Resume workshop

Resume Writing Workshop is being offered by the Workforce Solutions office in Plano on Wednesday, Feb. 7 from 9:30 a.m. - 11 a.m. at their office located at 1101 Resource Drive, Suite 100.

This workshop covers the reasons why a well-written resume is important to a successful job search, the types of resumes, when each type is appropriate,

and the details that make a powerful resume.

Feb. 7

Medieval Job Fair

Medieval Times Dallas is hosting a job fair on Feb. 7 from 4 p.m. to 7 p.m. The doors at the drawbridge will be opened to accept applications for positions throughout the castle. All you need to do is show up. They are hiring for all positions. The address is 2021 N. Stemmons Fwy Dallas, TX 75207.

Feb. 8

GP Workforce Fair

The Grand Prairie Workforce Center located at 801 S State Highway 161 is hosting a multi-employer hiring event on Feb. 8 from 9 a.m. - Noon at the Grand Prairie Workforce Center.

The following employers will be featured:

- Texas Department of Criminal Justice
- Home Depot

For more information please call Grand Prairie Workforce Center at 972-264-5881.

Dress for success.

Bring a current resume.

Resume writing classes are available at all Greater Dallas Workforce Centers.

Feb. 9

One Fourteen Job Fair

The 114 Job Fair is a hiring event that will engage a diverse and professional talent pool to support businesses across all industries. It is scheduled for Friday, Feb. 9, 11 a.m. - 2 p.m. at MARQ Southlake - Legends Hall located at 285 Shady Oaks Drive in Southlake.

Visit 114jobfair.com to reserve your Employer booth or register for a free job seeker ticket.

For more Information, please call: 617-388-9176.

Feb. 13

Airport fair

DFW Airport Job Fair from 9 a.m. - Noon at ABM Aviation located at 4425 W. Airport Fwy., Ste. 220 in Irving. Please text your name and time to 817-919-8010 / 972-342-7058 to confirm your attendance. Job offers will be made on the spot for Airline Passenger Assistants and Aircraft Cabin Agents.

Feb. 24

Harmony Schools

Harmony Public Schools offers a competitive salary as well as a full benefits plan. They value longevity and performance over time through Harmony's Core Values, and 20/20 program and opportunities provided for performance increases. HPS invests in developing leaders through high-quality programs, effective coaching, and ongoing professional development.

Harmony Public Schools Job Fair DFW District Office is scheduled for Feb. 24 from 4 p.m. to 7 p.m. at 12005 Forestgate Drive, Ste. 110, in Dallas.

Feb. 21

Medical City

If you specialize in L&D, NICU, Antepartum, Mother Baby/ Couplet Care or other women's care, Medical City Hospital is seeking staff at their new Women's Hospital, opening this spring. They provide care for women at all stages, from gynecological needs to labor and delivery to menopause management. The job fair details are:

Medical City Children's Hospital Atrium (In Person Event), 7777 Forest Ln, Dallas, TX 75230, Wednesday, Feb. 21 from 4 p.m. - 8 p.m.

Virtual Chat Event - Wednesday, Feb. 21 from 11 a.m. - 1 p.m.



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Paid Internship opportunity for writers, college students in the Dallas Area

The North Dallas Gazette has an internship position available. The goal is to provide students and aspiring writers an opportunity to gain published clips, experience and professional feedback.



The position is for up to 20 hours a week at \$8.00 per hour. Applicants must have reliable transportation.

Send resume and writing samples to: businessoffice@northdallasgazette.com

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BETHEL BIBLE FELLOWSHIP, CARROLLTON (A PLACE TO BELONG)

NOTICE: Pastor Woodson serves the community by providing "Professional Therapy and Counseling Services" on a "Sliding Fee" scale. To schedule an appointment call the Pastoral Counseling Center at 972-526-4525 or email the church at www.bethelbiblefellowship.org

Discover Hope and Help for daily living; and, you don't have to be a member to come. The Connect-2-Reflect (C2R) meetings are held in comfortable and relaxed homes, one in Carrollton and one in Plano, refreshments are served. Call the church for details.

February 3

Join us for Women of Reconciliation, Truth and Hope (W.O.R.T.H's) monthly meeting, the first Saturday of the month, we are studying the War Room; it's an inspiring book that is full of faith and hope. We are praying to see you at the church, address below. We have learned that prayer is a powerful weapon.

February 4, 9:45 a.m.

You're invited to our "Prayer and Meditation" at 9:45 am. You will be blessed and inspired. You don't want to miss this as we celebrate service to God, our community and all mankind.

February 7, 7 p.m.
Join us in Wednesday's Prayer and Bible Study Class with Pastor Brenda Patterson, Senior Pastor Woodson, Pastor Larry Gardner, Pastor Bernadette and others conducting a new study on the book of Ephesians with supporting chapters and verses. Spiritual maturity is God's desire for you; it's Time to Grow in the Word of God.

Dr. Terrance Woodson, Senior Pastor
1944 E. Hebron Parkway
Carrollton, TX 75007
972-492-4300
www.bethelbiblefellowship.org

FELLOWSHIP CHRISTIAN CENTER CHURCH IN ALLEN "THE SHIP"

February 4, 8 a.m.

Join us in our Sunday Morning Services as we praise and worship God in the Joycie Turner Fellowship Hall; followed by our Sunday Worship Services; and bring someone with you, you will be blessed.

February 7

Join us in our Wednesday's 12 Noon-Day Live, Prayer and Bible Study and/or our Wednesday Night Live, Prayer and Bible Study at 7 p.m. to learn more about God's Word. Be encouraged by God's plan for your maturity and His glory; and most of all; be prepared to grow.

Dr. W. L. Stafford, Sr., Ed. D.
Senior Pastor
1609 14th Street
Plano, TX 75074
Future Building location is 2450 K Avenue #300
Plano, TX 75074
972-379-3287
www.theship3c.org

INSPIRING BODY OF CHRIST CHURCH, Let's Go Fishing! MATTHEW 4:19

February 2, 7 p.m.

All men are invited to Men's Ministry meeting each Friday night at 7 p.m., (IBOC promotes proactive male leadership.)

February 4, 10 a.m.

You're invited this Sunday as we praise, worship, honor and magnify God's Holy name in songs and the spoken word.

February 5

Join us in Monday School as we grow in God's Word and learn what God has to say to us.

Next Sunday, January 11, Every 2nd and 4th Sunday

Reserve your seat at Rush-restaurant; it's all you can eat as long as you can eat. It's after Morning Worship Service. See you there!

Pastor Rickie Rush
7701 S Westmoreland Road
Dallas, TX 75237
972-372-4262
www.Ibocchurch.org

MT. OLIVE CHURCH OF PLANO (MOCOP) (Uniting the Body of Christ Among Nations)

February 4, 10 a.m.
Join us for Morning Worship Service as we praise and worship God for His Honor and His glory; and don't forget to comeback at 7 p.m. for our Brazilian Church.

February 7, 7 p.m.
You're invited to our Wednesday's Bible Study class; you will learn what God has to say to us. Come to be encouraged by God's plan for your spiritual growth and His glory.

Pastor Sam Fenceroy
Senior Pastor and
Pastor Gloria Fenceroy
300 Chisholm Place
Plano, TX 75075
972-633-5511
www.mocop.org

NEW MOUNT ZION BAPTIST CHURCH (Abiding in Christ)

February 4, 7 a.m.
Join us for our Early Service or our Morning Worship Service as we praise and worship God, you will be blessed.

February 7, 7 pm
Join us at our Wednesday's Intercessory as we pray to God for others. Call the church for details for details.

Dr. Tommy L. Brown, Ed. D.
Senior Pastor
9550 Shepherd Road

Dallas, TX 75243
214-341-6459
nmzbcofdallas@aol.com

SHILOH MBC IN PLANO (WHERE COMMUNITY BECOMES FAMILY)

Come and connect to God through Shiloh; grow in Christ through the study of God's Word; and Serve God through service to each other and to the world. John 12:26.

February 4, 2018
You are invited to our morning worship at 10 a.m. Sunday School will begin at 8:30 a.m. We would love to have you at our services.

February 7, 7 p.m.
You're invited to our Wednesday's Bible Study to learn more about God's Word. Come and be encouraged by God's plan for your maturity and growth; it's all for His glory and His honor. We are, "Growing in Christ through the study of His Word."

Our church ministries offer opportunities for motivation and growth; join us and see. Be blessed of the Lord.

Dr. Isaiah Joshua, Jr.
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Plano, TX 75074
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BOOK, continued from Page 7

Matthew Holm ("Baby-mouse"), Leigh Bardugo ("The Language of Thorns"), Nicola Yoon ("The Sun is Also a Star") and David Levithan ("Every Day").

With keynote speeches, publisher activities, signing lines, book sales and dozens of author panels, fans should come prepared for anything,

except boredom.

April 20, Educator Day is reserved especially for teachers, administrators and librarians. We're "teaching the teachers" ways to get their students excited about reading. The day is packed with sessions on writing and audiobooks.

The purpose of the festival

isn't just to attract those who already enjoy reading but also to engage people who haven't discovered everything reading has to offer.

Ultimately, the North Texas Teen Book Festival strives to connect our reading community, adding dimension to the reading experience through diverse author panels and dynamic discus-

sions in a safe and fun environment. Take a look at the full list of authors here, nttb.org. The event is sponsored by the City of Irving, the Irving Public Library and the Friends of the Irving Public Library. I encourage all our area schools to participate - together, let's make this a special day for our hometown heroes!"

Church Happenings is a weekly calendar of religious services produced by the North Dallas Gazette. To make additions or corrections to the calendar, contact: religion@northdallasgazette.com

Black History Month



Sister Tarpley

Send email to: businessoffice@northdallasgazette.com to sign up for Sister Tarpley's weekly electronic newsletter.

The 2018 theme, "African Americans in Times of War," commemorates the centennial of the end of the First World War in 1918.

The First World War was initially termed by many as "The Great War," "The War to End All Wars," and the war "to make the world safe for democracy."

It is disheartening to think of the controversy surrounding Black History Month, this is an important holiday.

Some people joked, "We were given the shortest month of the year to celebrate our history." Dr. Carter G. Woodson, "Father of Black History", selected this month.

This is not just Black History that we are celebrating, not just America's history, but history of the world.

Many great and useful inventions that are being used worldwide, and that are taken for granted were invented by Black people.

The "gamma-electric cell" that is used for the mobile phone was invented by a Black man, the car battery; and open heart surgery

to name a few essential things that are in wide use today.

Some people think that it's by pure accident that some Black people, the same ones that we hear about year after year; have done something worthwhile.

People easily accept that we have a few famous entertainers, sports figures and a few entrepreneurs making millions of dollars.

However, they are slow to recognize that there are many Black people that have excelled, and are continuing to excel and inventing useful devices.

They use math and science to make a difference in how we live, work, play, and entertain today.

The story of Dr. Woodson, (December 1875 – April 1950) is a captivating and inspiration story in itself.

He said, "Those who have no record of what their forebears have accomplished lose the inspiration which comes from the teaching of biography and history." When Dr. Woodson established Negro History week in 1926, he realized the importance of providing a theme to focus the attention of the public.

The intention has never been to dictate or limit the

exploration of the Black experience, but to bring to the public's attention to important developments that is merit to emphasis.

He believed that Blacks should know their past in

order to participate intelligently in the affairs in our country.

Dr. Woodson strongly believed that Black history—which others (even some Black people) have tried so

diligently to erase—is a firm foundation for young Black people to build on in order to become productive citizens of our society.

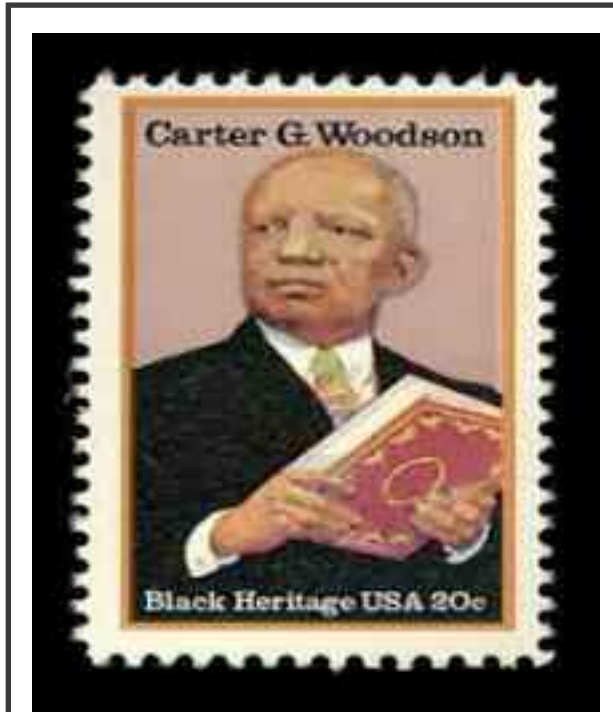
Prior to "Negro History WEEK," Dr. Woodson and several of his friends established the Association for the Study of Negro Life and History. In the 1960s it was established as Black History MONTH.

History is more than political and military records of people and nations. It must include some description of the social conditions of the period being studied.

Dr. Woodson often said that he hoped the time would come when Negro History Week would be unnecessary

When all Americans would recognize the contributions of Black people as a legitimate and integral part of the history of this country.

His concept has given a profound sense of dignity to all Black people; and we must not forget it! Nor should we stop Black History Month at this time.



Dr. Woodson, Father of Black History

Inspiring Body of Christ
 Pastor Rickie G. Bush

7701 S. Westmoreland Rd
Dallas, TX 75227
972.679.4666 (BOC)
www.igocchurch.org

Sunday School 9:00am - 10:00am
Worship 10:00am - 11:00am
Midweek Bible Study 7:00pm - 8:00pm

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- Sunday Morning Prayer 9:30 am
- Sunday Service 10:00 am
- Wednesday Night Service 7:00 pm

Pastor Sam Fenceroy

Pastor Gloria Fenceroy

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Youth Church: Every 3rd, 4th, and 5th Sunday at 10:45 a.m.
AWANA: Wednesday at 6:30 p.m.
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www.smbcplano.org

NDGtv North Dallas Gazette takes a moment to reflect on the past with **Historical Perspectives from Sister Tarpley**

Hear what it was like growing up in a very different Dallas when Booker T. Washington was a black school. Sister Tarpley graduated from there and went on to college and later became a city councilmember in Carrollton.

Look for NDGTV at NorthDallasGazette.com

LIFE

Sundays | 10:30 AM

302 Centennial Blvd
Richardson, TX 75081

NDG Book Review: *Play Big* offers lessons from first female NFL coach

By Terri Schlichenmeyer

That was the lousiest call, ever.

Obviously, the ref wasn't paying attention. He was looking the other way, he dropped the flag by accident, he must be wearing a blindfold. The ref was wrong, but in the new book "Play Big" by Dr. Jen Welter (with Stephanie Krikorian), the game is right.

At first, it was tennis.

When little Jen Welter's mother suggested that her daughters pick just one after-school activity, Welter chose tennis and became obsessed with it. She practiced non-stop and ultimately beat players much older than she,



but a coach's dismissive words caused her to give up the game.

Rugby stole her heart in college and that led to a try-out for the Massachusetts Mutiny, a women's pro football team. Though Welter was "small," she used it to

her advantage; once on the team, she knew football was her destiny.

It wasn't going to make her rich, though: she was paid a dollar a game her first season, though the situation got better after she gained a championship ring for the "women's football Super Bowl" and she moved to Dallas to play with the Diamonds. Later, she played in the IFAF Women's World Championship. She'd already received her second Team USA gold medal when she made history by joining the Texas Revolution, an Indoor Football League team, for training camp. When the next life-changing phone call came shortly thereafter, Wel-

ter again made history with the Arizona Cardinals by becoming the NFL's first female coach.

That, her doctorate degree in psychology, and two other college degrees have given Welter a unique viewpoint on leadership...

Always be authentic, she says; "Heart can't be quantified." Don't rush to commit to your dream, if the timing isn't exactly right. Look for a mentor and be one. Don't "confuse money with security, and comfort with progress." Cultivate a feel for when it's risk-taking time. Know the character of the people in your life. And finally, harness "the power of teamwork." Together, your

team can do great things.

In many ways, "Play Big" is a book looking for its niche.

Is it a biography? Yes, mostly. Is it a sports book? Absolutely, it is. Is it a business book? That, too, and while it may seem like a mish-mash of subjects, it works here. Author and speaker Dr. Jen Welter (with Stephanie Krikorian) rolls multiple expertises into a narrative that can tiresomely brag but, moreover, entertains and instructs in a tone that pulls rather than pushes. In her book, Welter wrestles with that style of leadership now and then, but she explains how it works for her. It works for readers, too, as

she speaks to businesspeople and their teams, both on and off the field, and to women, with a personal story that's timely and powerfully unforgettable.

Overall, this book is a nice surprise and will appeal to readers of several genres, including those who have no interest whatsoever in football. If you're looking for something that enhances your life and career, "Play Big" is a good call.

For football fans, there's more: look for "My First Coach" by Gary Myers, a book by NFL quarterbacks, about the inspiration they've gotten from their Dads. Hint: makes a great gift for your Dear Old Pops.

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to subpoena their clients. And I'm going to ask you, how does that promote justice? That's what I'm running for, I'm promoting justice for the defendant."

As in the earlier case, the allegations were met with a sharp reply.

Bennett noted the paperwork being passed around were rules implemented by another in 2009, before she was even in office.

"I have attorneys in this room that I have paid for jail visits," Bennett said. "I just paid an \$11,000 bill. In fact, I've paid out over a million dollars in indigent defense last year, more than any other felony district court. What she is saying is false and just not true, and I'll pass around

that this came from the county. It is not my ruling."

The third race featured at Monday Night Politics was the race for Judicial District 283 with both Lela D. Mays and Vonciel Jones Hill. There is no incumbent in this race, and the competition took a much more civil tone, with one candidate even giving the other a "you got this" pat on the back when she momentarily lost her train of thought.

Hill comes to the table with 25 years of experience as a public servant, both as a municipal judge and later as a member of the Dallas City Council. Lela D. Mays is a criminal court magistrate with 18 years under her belt, and she is particularly proud

of her work with a drug court, citing that 75-80 percent of people she has seen convicted in felony cases have some kind of drug or mental illness issue.

Mays also said she believes her experience is more qualified for the office at hand than Hill's.

"There is no comparison to the experience of a magistrate dealing with fines only, versus a magistrate dealing with people going to the penitentiary," Mays said.

"I'm extremely grateful for Lela Mays articulating part of what I did as a municipal judge," Hill responded in her closing remarks. "You see the part of our jurisdiction that she left out was the Class B misdemeanors."

While Hill concedes that her earlier cases were heard

on a different jurisdictional level, many of the same type of offenses were heard, and she believes her experience will translate into the new court well.

The final race was between Tina Yoo Clinton and Monique Ward for Dallas County Criminal District Court No. 1.

Ward said she has seen clients as a defense attorney who did nothing more than being with friends who were shoplifting, and end up with a felony on their record. She said she wants to see more diversionary programs to avoid such lifelong marks,

and wants to see more treatment for drug or mental health issues.

"Those individuals that need to go to prison, of course, need to go," Ward said. "But those individuals that we can help save, we should try to save those individuals."

Clinton, who ran unopposed in 2014, says that such measures are already being implemented by others, and that her time is focused on the area she is best at.

"The reason I don't have a diversionary court is because my colleagues are doing an excellent job," Clinton said,

later adding, "There has to be a division of labor, even among the judges, in order for Dallas County to get all the benefits, and so I've taken on the division of labor on behalf of the judges regarding policy."

When an audience member noted the increased civility between the candidates in the final segment, Clinton brought some chuckles from the crowd with the response, "We actually like each other."

Monday Night Politics continues on Feb. 5 and runs through March 5. The event is free and open to the public.

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Compelled by the actress's gripping, yet comedic words, audience members gushed over the opportunity to engage with the Hollywood legend and to share their own personal stories.

"Ms. Jenifer, I just wanted to say my daughter—she would've been 27—she was bipolar," one district resident said. "We discovered it when she was 13. When she was about 16 or 17 she heard you talking about being bipolar and it made her feel a little

bit more comfortable with her treatment. She didn't get all the way better, she passed away, but I've always wanted to meet you just to tell you, 'Thank you,' for giving my daughter that little extra amount of time on Earth to feel better."

The always amusing co-star of the hit ABC sitcom "black-ish," recently published a deeply personal memoir titled "The Mother of Black Hollywood."

Filled with comedy, sex,

glamour, sorrow, pain, and good advice, Lewis' latest over the top production—the story of her life—is a terrific read for anyone who has ever felt like they were ignored, but longed to have a voice.

Lewis said that she recently completed work on a new Disney animated TV series based on the movie "Big Hero 6" and plans to reprise her role as Jackie Washington in the mockumentary "Jackie's Back! 2," that will pick up where the original 1999 Lifetime channel movie left off.