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Southern sector councilmembers face stiff competition in bid to keep their seats at City Hall

By David Wilfong NDG Contributing Writer

Dallas City Council Districts 3 and 4 were the focus of Monday Night Politics on April 1 at the African American Museum at Fair Park. The forum is hosted by the Dallas Examiner and gives politicians running for office the opportunity to address constituents directly. Both districts have incumbents looking to return to "the horseshoe," and both have steadfast opponents looking to unseat them.

Mayor Pro Tem has competition

In District 3, incumbent Casey Thomas is facing four challengers; Denise Benavides, Charletta Compton, Davante Peters, and Britannica Scott. Benavides was not present at the forum. Thomas is finishing up his second term on the council, having first been elected in 2015. He is also the current Mayor Pro Tem.

Scott is currently a regional supervisor for the Dallas Independent School District (DISD). She works in technology, where her department ensures each student and teacher in the district is provided with a laptop computer for educational purposes. Like all of the challengers, she says priorities need to be readjusted in



District 4 candidates prepare for questions from the audience during Monday night's forum at the African American Museum at Fair Park. Pictured left to right are; Dawn Blair, Keyaira Saunders, Karon Flewellen, Asa Woodberry and Carolyn King Arnold.

(Photo: David Wilfong / NDG)

the district.

"I believe it takes a stronger leadership, to put money into our communities, rather than to developer's hands," Scott said. "My plan as a leader is to put money into our district. That means providing programs. That means providing services to our elderly, in addition to redoing the way our infrastructure is. That is my main priority."

Compton is a 38-year resident of District 3 and was the first African-American to chair the Dallas County Community College District Board of Trustees. She says the incumbent has not represented the entire district well during his time on the council.

"I'm running for this seat because I believe all of District 3 matters," Compton said. "What I've seen in past years is that only a small portion has been given the time and attention of the council person, and that needs to change. We all are striving for the same things. We all want the time, attention and resources allocated to our neighbor-

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Kelvin Walker



Rep. Maxine Waters

NDG Quote of the Week: "Our lives begin to end the day we become silent about things that matter." - Dr. Martin Luther King, Jr.

INSIDE...

People In The News

Kelvin Walker

Dallas Citizens Council (DCC), a non-profit organization of more than 150 CEOs and top business leaders in North Texas, is pleased to announce Kelvin Walker as its new CEO. Mr. Walker will assume responsibilities on March 25 from Interim CEO and DCC Ex Officio Board Member Robert Chereck.

"This is an exciting time for Dallas Citizens Council. Kelvin's experience and leadership will propel our initiatives forward so that we can fulfill our mission to lead and serve in the moments that matter most for Dallas," said Fred Perpall,



DCC chairman. "We could not have chosen a better leader to help us advance economic inclusivity and prosperity for all. Kelvin has deep knowledge of the Dallas community and a spirit of collaboration that will help us accomplish our goals together."

The leadership announcement follows a year-long strategic planning initiative, which has resulted in three core priorities for Dallas Citizens Council. First, DCC is committed to advancing increased and shared prosperity in Dallas. This means the organization will work with subject matter experts to advance hard and soft infrastructure improvements that create conditions for quality long-term economic growth and prosperity for all of its citizens, whether in education and skills development, affordable housing, mobility, and other priorities. Second, DCC will continue to

serve Dallas in times of crisis. In this capacity, the organization supports and assists political and civic leadership to address immediate issues that threaten our community. Finally, DCC will focus on accomplishing these goals through collaboration and relationshipbuilding. By activating a community engagement plan, DCC will work together with a wide and diverse array of organizations across the city towards common ends.

In his role, Mr. Walker will champion and lead DCC's collaboration efforts and overall operations. Mr. Walker is currently a managing director and executive at RLJ Equity Partners, a private equity fund. He joined RLJ in 2015 and opened the firm's Dallas office. Before that, he was a managing partner of 21st Century Group and senior vice president at Mesirow Financial.

"It is an honor to serve as the CEO of Dallas Citizens Council. I look forward to working with our esteemed members on the critical issues that matter most for our citizens and will lead with the same passion and commitment that has enabled DCC to affect positive change for over 80 years," said Mr. Walker."

Mr. Walker is an active member of the Dallas com-

munity. He is on the board of directors for Methodist Health System and YMCA of Metropolitan Dallas, where he served as chairman from 2016-2018. His past community commitments included serving on the board of the Dallas Foundation, United Way of Metropolitan Dallas, the Zan Wesley Holmes, Jr. Community Outreach Center and the Business and Community Advisory Council for The Federal Reserve Bank of Dallas. He earned his Bachelor of Arts from Morehouse College, received his MBA from the Kellogg School of Management at Northwestern University and was a Johnson & Johnson Fellow.

Rep. Maxine Waters

On Saturday, March 30, Congresswoman Maxine Waters (CA-43), the first woman and first African American to Chair the U.S. House Committee on Financial Services, received the 2019 NAACP Chairman's Award - a highly coveted award that is "bestowed in recognition of individuals who demonstrate exemplary public service and use their distinct platforms to create agents of change." The award was presented to Congresswoman Waters by Leon W. Russell, Chairman of the NAACP National Board of



Directors, during the 50th NAACP Image Awards.

Her remarks as prepared for delivery follow.

"To the Chairman and Board of the NAACP, I cannot overstate my gratitude for this recognition.

"After a long career journey, tonight, I stand before you as the first woman and the first African American to chair the powerful U.S. House Financial Services Committee.

"It is an honor to now hold the Chairwoman's gavel. Yes, I've got the gavel, and I'm not afraid to use it.

"This month, the CEO of Wells Fargo — one of the largest banks in this country with an egregious track record of defrauding customers – testified before my Committee. We lit him up. Two days ago, that same CEO resigned. I have the

gavel, and I'm not afraid to use it.

"This week, I was able to pass out of my Committee a comprehensive bill for \$13.27 billion in emergency relief to end homelessness in America. Don't despair. I have the gavel, and I'm not afraid to use it.

"On that same day, my committee also passed "The Consumers First Act." Fraudulent payday loan operators, title loans companies, and student loan servicers, we know who you are. I have the gavel, and I'm not afraid to use it.

"I have the honor of being

adopted by millennials as their Auntie Maxine, and I am proud of their growing influence and representation. It's a new day in America. Women, people of color, LGBTQ Americans, and millennials have growing power – and my Committee is a testament to it. We have the gavel, and we're not afraid to use it.

"To America's institutions that have historically overlooked women and minorities – the jig is up. I have created the first Subcommittee on Diversity and Inclusion in the history of the U.S. Congress. I have the gavel, and

I'm not afraid to use it.

"As for those ultra-right wing, white supremacist haters who have threatened to kill me, my family, and my staff: four of you have been convicted. If you come for me, I am coming for you. I have the gavel, and I'm not afraid to use it.

"No, I haven't forgotten about 45. He's appointed an Attorney General who thinks he can withhold the Special Counsel's report from the American people. I still think he needs be impeached. I have the gavel – and subpoena power – and I am not afraid to use it."

NDG Readers Sound Off...

Jussie Smollett's career still over despite dropped charges according to PR pro

If his career is over, still it's not a prison sentence for someone who play a hoax on an issue that is very serious in our nation today. To take away recourses that could gave been use for other serious crimes. You kidding me? \$10000, and 18 hrs of community service w Jessie Jackson? He probably won't be doing any! Are u telling all of Americans that they can go out n stage anything to cry wolf about



n won't get punish for it! INJUSTICE!

- Via Facebook

Competition is heated in race for Dallas City Council District 7 seat Ohh I'm I'm getting a lot of calls! I'm on vacation let the best man win! If I had to endorse maybe Kory he is the only person I really know fairly decent

- James Turknett

Letter to Editor

MAJOR shout out to @sarah4nabj @NABJ for not allowing @CNN to get a pass! I have said RE-PEATEDLY just bc a network leans left & has a lot of black faces on air, the question is who is in the EXECUTIVE office in ALL networks? @DrBen-Chavis @NDGEditor washingtoninformer.com/c nn-ignores-mo...

@TezlynFigaro via Twitter

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Stop invisible lynchings in America

By Dr. Benjamin F. Chavis Jr. President and CEO National Newspaper **Publishers Association**

No form of lynching should be tolerated or permitted in America. A lynching is defined as putting a person or a group of people to death by hanging a person or group with or without legal due process.

However, in the no so distant past, the hideous act of racially-motivated lynching African Americans was considered legal, judicial and moral under state and federal laws.

The Congress of the United States finally has a bill pending enactment that makes lynching a federal crime. We support this long overdue anti-lynching federal legislation.

However, there are other forms of lynching that are still occurring across the nation, without due process of law and without a national public moral outery. Why? Because today, some lynchings are invisible.

There are no bloodthirsty mobs of people salivating their pleasures at the sight of a fresh Black body swinging lifelessly via a rope around his or her neck hanging from a tree or from the institutional Ized gallows of history.

On college and university campuses in too many states, what is increasingly happening should be called an invisible and insidious form of lynching.

Disproportionately, young African male college students and others are being summarily expelled from college based solely on mere allegations of sexual misconduct violations of Title IX rules without any due process of law or findings of fact. College administrators are arbitrarily determining that these targeted students are guilty and expendable untiltheir innocence is proven.

This is not about guilt or innocence. This is about denial of due process.

For thousands of the accused students the outcomes are fatal to their education and life goals.

I know that this is a controversial subject that many would prefer to remain silent about. But as Dr. Martin Luther King, Jr. clearly warned: "An injustice anywhere is a threat to justice everywhere."

Currently, in the state of Missouri, there is important pending legislation (HB 573 and SB 259) in both the Missouri State House and Senate that seeks to stop and prevent these kinds of invisible Title IX-related lynchings from occurring at Missouri colleges and universities.

This year marks the 400year anniversary of the enslavement of African people in America. The horrid history of racism and raciallymotivated lynchings of African American men, women and children is a gruesome reminder of the depravity of humanity, as well as the malicious lack of due process when a person or group is deemed expendable to satisfy the rage, fear and hate of "others."

In the past, lynchings were very visible. Today Title IX-related lynchings on colleges and universities are less visible, but this form of injustice must be exposed and challenged in Missouri and in every state.

Equal justice and the constitutional right to due process should be afforded to all without regard to race, ethnicity, religion, gender or sexual orientation. This is the reason we add our voice and advocacy to encourage the Missouri legislature and all other state legislatures to stop Title IX-related invisible lynchings from occur-

Dr. Benjamin F. Chavis, Jr. is a civil rights leader and the President and CEO of the National Newspaper Publishers Association (NNPA) based in Washington, DC. He can be reached at dr.bchavis@nnpa.org.

Mr. President! Shame on you,

By Congresswoman Eddie Bernice Johnson

It is shameful that President Trump and his allies continue to do all that they can to deny affordable healthcare to the people of this country. Unable to repeal the Affordable Care Act in Congress they have now turned to the courts, asking the 5th Circuit Court of Appeals to sustain a lower court judge's ruling that declared the popular legislation unconstitutional.

Now, the president has proclaimed the party he leads as the leaders of healthcare reform. Nothing could be further from the truth. The decision to intervene in the litigation was made after a meeting in the White House in which President Trump was persuaded by his acting chief of staff, former Republican Congressman Mick Mulvaney,

to once again attempt to terminate the law.

While a member of Congress, Mr. Mulvaney, was a vocal opponent of the Affordable Care Act which benefits approximately 21 million Americans who are now able to purchase health insurance through exchanges established by the law, or because they are eligible for Medicaid.

If the president and his allies are successful more than 100 million Americans who have pre-existing conditions will have difficulty finding an insurance company to carry them. They will be faced with skyrocketing insurance premiums.

The very same president who has declared at political rallies that he believed that people with pre-existing conditions should be protected is now turning his back on them. Now, he is asking a court to take away

the protection these people have. Mr. Trump is well aware, or should be, that Republicans have no meaningful plans for healthcare coverage. What they are attempting to do is unconscious able.

At the root of the administration's position is an ugly attempt to demonstrate to his base that Mr. Trump can be counted on to keep promises that he made during the 2016 presidential election. One of them was to repeal the Affordable Care Act.

While the president and the Republicans who follow him are only interested in taking health care coverage away from Americans, Congressional Democrats are working hard to improve the Affordable Care Act, and to protect it from its detractors.

Democrats have introduced legislation that will lower healthcare premiums, give added protection to people with pre-existing conditions and prevent the sale of unreasonable and ineffective insurance plans by those who make it their business to take advantage of people seeking coverage.

We are the party of healthcare reform, and the people of this country can count on that. Unlike our colleagues in the Republican Party we are a party that has consistently fought for healthcare coverage. We will not allow the progress in healthcare reform to be gutted. We will fight any attempt to harm the American people.

Congresswoman Johnson represents the 30th Congressional District in the United States House of Representatives. She also chairs the House committee on Science, Space and Technology.

Unwind during National Stress Awareness Month

By: Dr. Sarah E. Laibstain *NDG* Contributor

Stress is a normal part of day-to-day life, often caused by heavy workloads, traffic-filled commutes and even interpersonal relationships. Although the human body is designed to cope with moderate stress, continuous unrelenting stress can lead to a wide range of health issues and physical symptoms.

In order to educate the public on the causes and complications of stress, The Health Resource Network has sponsored National Stress Awareness month every April since 1992. This year, take time to reflect on



the potentially harmful stressors in your life, and consider some of these proven methods to help relieve tension!

While it may sound counterintuitive, there are actually positive forms of stress which keep us alert and high-performing. For example, receiving a promotion

may trigger mild stress that results in motivation to achieve results. The negative effects set in once a person encounters multiple stress-triggering situations with the absence of rest or relief in between.

A state of heightened stress can result in an array of complications including

headaches, abdominal pain, acne breakouts, muscle tension, and fatigue. Indirectly, stress may have severe long-term effects contributing to unhealthy habits, such as a term effects contributing to unhealthy habits, such as a poor diet and lack of exercise, which can increase the risk of heart disease. Chronic stress may also lead to unhealthy coping mechanisms such as substance abuse in addition to worsening existing conditions like asthma and anxiety. Though it would be nearly impossible to avoid stress altogether, there are actions one can take to help manage the

First and foremost, learn to recognize your personal

stress triggers. You may have more influence than you realize over certain things. If you overwhelmingly dread your morning commute, consider leaving 15 minutes earlier and see if there is improvement. Additionally, practicing meditation, yoga, and breathing exercises are all proven to relax the mind and body. If you don't have the time or budget to participate in a class, find an online guide and dedicate five minutes of vour lunch break to total relaxation. Finally, try to temporarily unplug from your phone. Even if it's just for a few hours, eliminating the

can be instrumental in achieving peace of mind.

It's undeniable that slowing down can sometimes feel impossible, but it's also necessary to try to address the needs of your mind and body. Let National Stress Awareness Month serve as a reminder that taking the time to evaluate your stress now can likely save you additional strain in the future.

Dr. Sarah E. Laibstain is a general family medicine practitioner at Family Medicine Associates of Texas in Carrollton. She thoroughly enjoys improving the health and lives of individuals ranging from young children to adulthood.

Staying Fit: Tips to help make walking more fun and effective

By Scott Flannery, CEO UnitedHealthcare of Texas

With spring's arrival and the days getting warmer and longer, people in Texas can put on their shoes and experience the many health benefits of walking — which may be one of the simplest and best ways to exercise.

April is Move More Month, an annual celebration established by the American Heart Association to encourage people, schools, workplaces and communities to get out and walk for at least 30 minutes and put themselves on the road to a healthier lifestyle.

Studies have shown

walking more and sitting less may help people maintain a healthier weight, ward off depression and prevent serious health issues like heart disease. And a report from Harvard Medical School concluded that walking can help curb sweet cravings, boost the immune system and ease joint pain.

With that in mind, here are some tips to help make walking more fun and effective during April and year-round:

Think FIT: While many people aim for achieving an aggregate number of total steps each day, research shows that moving frequently throughout the day and taking at least one brisk, 30-minute walk also can have health benefits. That's why people should think FIT, which stands for frequency (500 steps within seven minutes six times per day), intensity (3,000 steps within 30 minutes each day) and tenacity (at least 10,000 total steps per day). If those targets seem daunting, remember it helps to start slowly and build up over time.

Find Friends: Walking can also double as a chance to socialize with friends, family or co-workers. Plus, research shows there are several advantages to recruiting a workout friend, likely because that person can hold you accountable

and offer support. And starting or joining a walking group at work or in your neighborhood can prove helpful, too. In fact, working out in a group lowers stress by 26 percent, compared to working out alone.

Walk with A Wearable: Recent studies show that people tend to overestimate how much they exercise and underestimate sedentary time. To help understand your actual activity patterns and, ideally, reinforce positive habits to support sustained change, consider using a wearable device. This increasingly popular technology has been shown to help people remain diligent in achieving those

daily step goals, while encouraging seemingly small healthy habits – each day – that can eventually translate to meaningful improvements

distraction of a smart phone

Earn Incentives: A majority of employers (86 percent) offer incentive-based wellness programs, including some that enable employees to earn more than \$1,000 per year by meeting certain daily walking goals. Similarly, websites such as myachievement.com enable people to earn cash rewards for walking.

Throughout April, people can go to uhcwalk-

ingmaps.com, sign pledge to walk more and become eligible for a chance to win one of more than 100 walking-related prizes, including a trip for two to hike the Grand Canyon or Apple Watch. On behalf of the first 25,000 people to sign the pledge, UnitedHealthcare will donate a total of \$25,000 to help reduce childhood obesity, including contributions to Boys & Girls Clubs across the country.

So, this Move More Month, consider these walking tips as you take a step toward better health.

Reports of Mick Jagger undergoing heart surgery prompt questions about the potential procedures

News stories from around the globe are reporting that Rolling Stones frontman Mick Jagger will undergo heart surgery. The news comes just days after the legendary rock band announced the postponement of their American tour in the wake of unnamed medical issues.

Reports vary from Jagger needing stents to open an artery or a heart valve replacement; and while we do not know the specifics of his condition, the American Heart Association's website, heart.org, can help you better

understand these procedures.

Angioplasty and stenting

A percutaneous coronary intervention (PCI) or angioplasty is done in a cath lab where a special tubing with an attached deflated balloon is threaded up to the coronary arteries, then if needed, a stent, wire mesh tube, is inserted and used to prop open an artery during angioplasty.

Heart Valves

Many heart valve problems are first identified by the presence of a "murmur" or sound that can be heard when a healthcare provider listens to the heartbeat with a stethoscope. Some murmurs are harmless, and others can indicate an underlying problem with the valve. If you or your healthcare provider notice a murmur, here are some of the things he/she may be looking into further.

Murmurs may indicate valve problems including:

- Stenosis: a narrowing or stiffening of the valve that prevents adequate blood supply from flowing through
- Regurgitation: when valves allow blood to flow backward into the chamber

- Prolapse: a valve that has improperly closing leaflets
- Atresia: a valve that is improperly formed or missing

Once a heart valve begins to affect the heart's ability to pump blood, it is likely to require a repair or replacement. Visit risks for valve disease to see what makes a person at increased risk for developing a dangerous heart valve problem.

To learn more about your risk for cardiovascular disease and stroke, visit www.heart.org/en/health-topics.



South Dallas Women's Club celebrates Women's Histor

Guest Contributor

Under the very capable leadership of the South Dallas Business and Professional Women's Club Sisters Attorney Gwendolyn Hunt, Mrs. Ethel McNeal & Miss Yvonne Emanuel, a sold-out crowd of more than 120 people witnessed and enjoyed a fantastic program honoring eight dynamic women.

The women were Gwendolyn H. Daniels, Linda Lydia, Bessie Moody, Edna Pemberton, Christine Chadwick Moss, Diane Ragsdale, Mary L. Washington, and Amadyn Nwabuisi all of whom have made significant contributions to help enhance the lives of the disenfranchised, especially African Americans during the Civil Rights Movement and up to the present time.

Their noteworthy stories were told by Club Sisters Merle Carmouche, Charla White Walters, Mythe Kir-



President Gwendolyn Daniels, young singing star Skye Turner, Skye's sister Lyrica Turner, Women's History Chair Gwendolyn Hunt, Esq. (Courtesy photo: Gwendolyn Hunt)

ven, and Yvonne Emanuel.

Ella Goode Johnson presented a memorial tribute to Juanita Craft (posthumously) for the noteworthy contributions that she made to the Dallas Community during her lifetime. To open the program, greetings were extended by First VP Dr. Lindy Perkins and Dr. Lavern Holyfield, NFVP of the National Association of Negro Business and Professional Women's Clubs, Inc.

Special entertainers were Lyric Turner who recited

Maya Angelou's poem "And Still I Rise" and Skye Turner who sang Aretha Franklin's rendition of "Precious Lord, Take My Hand." These extremely talented adolescent sisters were phenomenal.

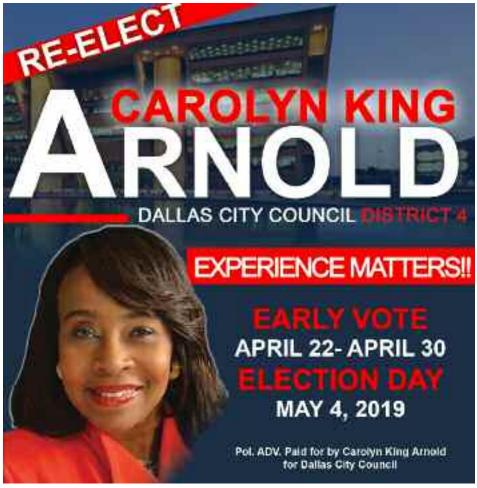
Additional uplifting solos were rendered by First VP Dr. Lindy Perkins and Club Sister Dr. Jayne Reuben.

Past Presidents Mae Saulter and Dr. June Johnson led the audience in singing freedom songs, while illustrious Club Sister

Mistress of Ceremonies.

The end result of the

2019 program was another historical event sponsored by three dynamic commitBlack History, and International Affairs Committees.



Destined to Succeed

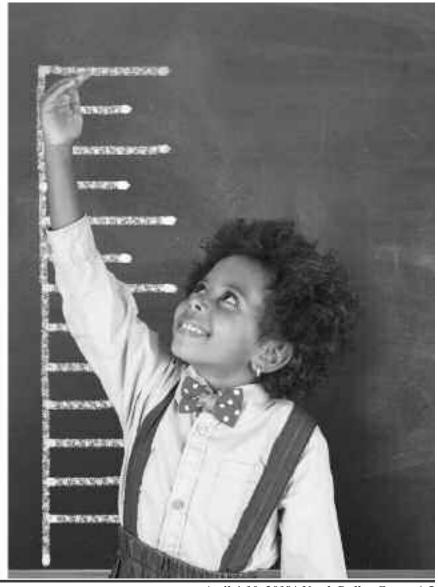
Whatever your child wants to be is within reach when you are involved. Your engagement in their education will prepare them for the future.

To learn more about the Every Student Succeeds Act (ESSA) and how you can advocate for your children, visit us at www.nnpa.org/essa

Sign-up for our ESSA alerts at www.nnpa.org/essa



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Texas Sen. Royce West pushing to for college credit transfer solution

By Richard Lee Texas Senate News

(AUSTIN) The Senate Higher Education Committee opened a discussion on this week that members hope will serve as a starting point for a lasting solution to the issue of college credit transferability. With the cost of education at four-year universities continuing to rise, more students are electing to begin their post-secondary education careers at local community colleges.

The transfer system in Texas is meant to create a core curriculum of commonly-required courses at universities that can easily transfer from one school to another.

"The general intent of state policy is that a student at any institution in Texas can take 42 semester credit hours that can apply to all degrees at all institutions," said Dallas Senator Royce



Dallas Senator Royce West wants to reform the system by which course credit hours transfer between institutions of higher education. (Image via Texas Senate News)

West, who has made credit transferability one of his signature issues.

Nearly three-fourths of all four-year university students have some credits from community colleges, and a full third have more than 30 hours of credit. Only 43 percent of community college transfer students, however, achieve a degree within four years. One reason for this are issues regarding credit transfers. Often students have to retake courses they already

took in community college, adding unnecessary expense to their college loans and contributing to increasing student debt levels.

They might also discover courses previously completed, are not applied to their final degree program because they are not accepted by their destination university. Measures considered before the committee seeks to streamline this process and demystify the process for students, advi-

sors and parents.

In reality, Sen. West says, only 12 semester credit hours commonly transfer between all institutions of higher education. The process is also daunting. Between the 50 community college districts, six university systems, independent universities and dual-credit programs, deciding which courses to take to earn a degree at a particular university can be confusing.

West had two bills before the committee that he hopes will lay the foundation for a solution to this problem. One provision would reform the state's college core curriculum. Half of the required semester credit hours would be in general studies, the others would be specific to a certain area of study.

Because students frequently change majors, the Texas Higher Education Coordinating Board would develop "meta-majors", broad

areas of study that lead to degrees with similar prerequisites. This could include areas like business, engineering and physical sciences and behavioral and social sciences. The business meta-major, for example, could include degrees in finance, economics, management and accounting, all of which have similar introductory-level courses. So if a student chooses a engineering meta-major, and starts toward a degree in electrical engineering but later decides to switch to civil engineering, they've already taken the introductory math and science courses common to both degrees.

The bills would also clarify transfer pathways, so students taking dual-credit classes in high school or attending community colleges would know, and their academic advisors would be better able to guide them toward exactly what courses

they need to take to achieve a degree in a particular subject when they transfer. Universities would be required to develop comprehensive degree paths for each major they offer and submit those to THECB, which would then publish those on a website dedicated to the plans.

"The student-centered system we envision would provide students and advisors with clear and transparent information about expectations and requirements for every major offered at every public college and university in the state of Texas," said West.

He wants to continue to work with major stakeholders on this issue at community colleges, universities and state agencies. He hopes to combine the two measures into one, final bill that will address this problem and add clarity and efficiency to what can be an opaque and confusing process.

McDonald's of North Texas offering students and teachers free breakfast April 9

To help students prepare for the annual STAAR Test (State of Texas Assessments of Academic Readiness), McDonald's of North Texas restaurants will continue its STAAR Free Breakfast program, offering free breakfast to 3rd – 8th grade students and teachers on Tuesday, April 9 from 5:30 to 10:30 a m

Students will receive their choice of an Egg White Delight McMuffin Sandwich or

Fruit and Maple Oatmeal, Apple Slices and their choice of 1 percent low-fat milk or Honest Kids organic apple juice. The offer is only available to those who go inside the restaurant to order and are accompanied by a parent or guardian. Teachers can also receive the free breakfast offer with proof of a valid school identification card. In 2018, over 20,700 breakfasts were given to students and teachers – averag-

ing 63 per restaurant, as a part of the STAAR Free Breakfast program.

"Supporting education and giving back to our local communities is at the core of the McDonald's business," said Joe Jasper, local McDonald's Owner/Operator. "We're passionate about providing nutritious food options for busy people, and especially proud of our STAAR Free Breakfast program, which can give kids

the morning boost they need to achieve greater academic success."

In addition to the STAAR Free Breakfast program, McDonald's commitment to education includes the Archways to Opportunity™ program, which helps employees further their education and achieve their dreams, including more than 20,400 U.S. restaurant employees who have enrolled since its launch in 2015.



McDonal

Brookhaven Courier staff honored with 34 journalism awards from TIPA

Congratulations to the *Brookhaven Courier* staff. The talented team of student editors, writers, photographers and designers brought home 34 awards, including a sweep of all four categories in the Individual Overall Ex-

cellence Awards, at the 2019 Texas Intercollegiate Press Association Convention in Corpus Christi, March 13-

Twenty-two awards were for work published in 2018 and a recording-breaking 12

awards for on-site, live contests in competition with both 2-year and 4-year college and university news

"I am truly impressed and beyond proud of my students. The Courier has a remarkable editorial staff (as well as talented contributors) and continues to be one of the top award-winning student-run newspapers in the state," said Daniel Rodrigue, Brookhaven College journalism and photography pro-

fessor.

Rodrigue was named Texas Intercollegiate Press Association's Advisor of the Year

The *Courier's* award-winning student news coverage includes in-depth reporting,

human interest stories, event previews, sports coverage and more.

Brookhaven students can pick up a copy in newsstands located throughout campus or access the paper online at www./brookhavencourier.com.

Annual Cougar Run scheduled to help raise scholarship funds

Join The Pride, Collin College's official association of alumni and friends, and the North Texas Community Giving Foundation in conjunction with the Big Star Half Marathon and the 2019 Cougar Run 5K and Fun Run Saturday, April 13 at Collin College's Frisco Campus, 9700 Wade Blvd.

Participants can select the one-mile Fun Run/Walk, 5K or half marathon. The

2019 race will start at Collin College's Frisco Campus and end with an entertaining post-race Finisher Fest. Stop by the Alumni Tent and Kids Zone for familyfriendly fun sponsored by InTouch Credit Union and The Pride.

The Pride was established to help former students connect back to the college as they grow and prosper and lend a hand to the students on campus today. Festivities like the Big Star Half Marathon and Cougar Run 5K give alumni an active way to volunteer and benefit current students while reconnecting with friends and faculty. Community members are also invited to campus to join in the fun.

To sign up for half marathon or 5K or to volunteer, visit www.runtexasbigstar.com.

Irving candidates introduce themselves to voters over lunch

Candidates running for office in Irving this spring recently met with voters at Red Lobster to share their plans for serving the community. The candidates present were Rodwaan Salah, who is seeking election to the Irving City Council, Place 2 seat. Also, attending was A.D. Jenkins, who is seeking re-election to the Irving School Board, District 5.

Like so many communities in the Dallas Fort Worth area, gentrification is a growing concern in Irving, especially in South Irving. Salah promised to work at



keeping the citizens informed. Real estate agent and long-time Irving resident Lissette Caraballo, resold for far more than



At left, Rodwaan Salah, Candidate for Irving City Council Place 2. Above, Kay Schecht, founder of Irving Together and Irving human rights advocate (left) asks questions of candidates while Sanko Prioleau listens. (Photos: E. Avery/NDG)

pointed to the fact that homes are being sold for less than \$50,000 only to be

their actual value. These efforts make it difficult for older residents with homes paid for to keep their property as the taxes continue to rise. As a result, some of these residents are forced to delay retirement or return to the workforce.

Also, having something for kids to do instead of just hanging out on the corner, is important for the community. Salah, suggested the possibility of finding a property which could serve as a community center. This will provide a place for youth to safely and productively enjoy themselves.

"Anytime you see me move away from the message, next time don't vote me into office. And do the same for anyone else," Saleh stated.

A.D. Jenkins promised to continue to reach out and keep the community informed on matters they are concerned about, rather than leaving the public forced to rely on social media speculation issues of concern. Jenkins is seeking re-election for a third term on the Irving School Board, District 5. At a time when the school board and leadership of the district is undergoing change, Jenkins emphasized the need for experience to build a better district to serve the students.

The City of Plano looking for a few good women to serve in the police department

Are you up to the challenge? The "Women in Law Enforcement" career seminar is April 6, from 8 a.m. to 1 p.m. at the Plano Police Department located at 909 14th Street

Women of the Plano Police Department will discuss career paths and opportunities for females in

law enforcement and related fields. There will be a presentation on the selection and hiring process including a demonstration and explanation of the fitness requirements. The event will feature several interactive displays available during the event.

Attendees will have an

opportunity to explore how to become a police officer and discover civilian jobs that support law enforcement (crime scene investigation, property/evidence support, police records, quartermaster/police supply support, police alarms unit, jail operations and administrative support).

Interested applicants are invited to attend and see if you have what it takes to be a member of the Plano Police Department. For additional information or to reserve a seat, please call 972-941-2440 or email the Crime Prevention Unit. Seating is limited so reserve seat soon.



City Briefs

Dallas

The Mayoral Candidate Forum will be held on April 5 from 6 p.m. to 8 p.m. at Four Corners Brewing Co., in Dallas. Dallas Young Lawyers will host a forum with the candidates in order to learn more about the individuals trying to be our next Mayor. The event will be moderated by Fox 4's Hanna Battah. Confirmed candidates to date are: Mike Ablon, Albert Black, Scott Griggs, and Jason Villalba. To RSVP visit www.dayl.com/daylmayoral-candidate-forum/.

Address Me: Everything Needed to Send a Piece of You will be held on April 7, from 11 a.m. to 2 p.m. at Wild Detectives, in Dallas. Celebrate National Letter Writing Month by attending the 3rd Annual Address Me: Everything



Needed to Send a Piece of You. Address Me will provide dozens of stationery and postcard options, working typewriters, stamps, pens, washi tape, and tips on the art of letter writing. All you'll need is the address of a loved one. Activities also include: an exhibit of vintage letters, including correspondences of local significance, curated by the Dallas Public Library; artists and calligraphers from Kaligrafos to hand-address your envelopes; fountain pen tutorials with the

Dallas Pen Club; and the opportunity to write secret notes of encouragement with Spread Joy 24-7. Attendance and writing supplies are free. Donations welcome. For more information visit www.thewilddetectives.com.

Don't miss Soluna: Blackkklansman: The Art of Film Scoring with Terence Blanchard on April 7, starting at 5 p.m. at Alamo Drafthouse, in Dallas. Soluna International Music and Arts Festival presents a special screening of Spike Lee's Academy Award-winning film starring John David Washington and Adam Driver. The event features a conversation with Lee's longtime collaborator and Academy Award-nominated composer Terence Blanchard (Malcom X, 25th Hour and Inside Man). For tickets visit drafthouse.com.

Experience Dallas International Film Festival from April 11 to April 18, at Magnolia Theatre, in Dallas. The 2019 Dallas International Film Festival (DIFF) will screen more than 110 films from 25 countries. Most screenings will take place at the Magnolia Theatre in West Village. The Opening Night film is Extremely Wicked, Shockingly Evil, and Vile starring Zac Efron as serial killer Ted Bundy. A complete schedule of DIFF events including titles, screening times and locations can be found at www.dallasfilm.org.

Irving

The DFW Fiber Fest will be held from April 5 to 7, at Irving Convention Center at Las Colinas, in Irving. If you like to knit, crochet, spin or weave - or would like to learn how - Fiber Fest offers instructional classes and vendors selling everything you need to make your next project. April 4 will feature classes only and April 5-7 will include the vendor hall and classes. Admission to the Vendor Hall is \$5 per day or \$10 for a weekend pass. Portions of the admissions proceeds will be donated to the North Texas Food Bank and the DFW Fiber Fest Scholarship Fund. www.dfwfiberfest.org/.

Mesquite

Greater Dallas' Community Fair 2019 will take place on April 10, from 10 a.m. to 1 p.m., at Hampton Inn & Suites, in Mesquite. The Community Fair is an event where the parents can come and meet health and social service providers to address their family's needs. This year they have teamed up with Link Staffing and Mesquite Workforce employment services to provide a job fair for the community. Head Start of Greater Dallas provides curriculum-based education to early learners ages 0 to 5 years-old. Not only do they educate young children, they also provide comprehensive services/resources for the child and their family at no cost to them. This will be a day of great information regarding health, mental health, social services and more for the families enrolled at HSGD



This is our commitment to homeownership

Wells Fargo recognizes housing affordability challenges that are affecting many communities across the country with availability of affordable rentals and a short supply of affordable homes for sale in many markets. NeighborhoodLIFT* is a program created by Wells Fargo that provides down payment assistance, homebuyer education, and community grants to help revitalize communities that face barriers to housing affordability.

- Since 2012, Wells Fargo LIFT programs have launched in more than 65 communities across the U.S. and have helped over 20,000 families and individuals purchase nearly \$3 billion in real estate.
- Wells Fargo has committed \$455
 million to date to advance affordable
 and sustainable homeownership
 and support the revitalization of
 communities through LIFT programs.
- LIFT grant recipients seeking financing for the remainder of their home purchase can choose Wells Furgo or any qualified lender. Wells Fargo gives grants regardless of what company ends up providing the mortgage. In fact, approximately 70% of home buyers who receive LIFT grants from Wells Fargo receive mortgages from a lender other than Wells Fargo.
- More than 90% of LIFT down payment assistance grant recipients are first-time home buyers.
- Nearly 70% of home buyers who receive LIFT grants are ethnically diverse, which is 250% higher diversity representation than the general market.
- Participating Neighbor Works* America network members have prepared more than 60,000 people with home buyer education.

For more information about upcoming LIFT events please visit wellsfargo.com/lift





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Win tickets to TBAAL's 8th annual Budding Rose Concert

Arts and Letters 8th Annual Budding Rose Concert will include two performances. The first one is Friday April 12 at 10 a.m. for students. The special evening for the general pubic is April 13 at 8 p.m. in the Naomi Bruton Main Stage Theatre located at 1309 Canton Street, at the Dallas Convention Center Bureau Theater Complex.

The Black Academy of North Dallas Gazette readers can visit our Facebook page for a chance to win to the April 13 show. You also can comment below and share why you would like to attend this show for a chance to win.

> Young singers from Dallas Independent School District and other schools include, Henry B. Longfellow, Barack Obama Male

Leadership Academy, Billy Earl Dade, Ann Richards Middle School, Life School of Oak Cliff, Irma Rangel Young Women's Leadership School, International Leadership of Texas at Lancaster and also at Grand Prairie, Piedmont Global Academy and Dunbar/Charles Rice Connection Choir will unite their voices to make music

magical performing from classical, pop, Broadway, spirituals to gospel in this spring concert.

The event is a part of TBAAL's 42nd season entertaining and informing Dallas audiences. Admission is \$10 for the public performance. For tickets call, TBAAL Box Office 214-743-2400 or Ticketmaster 800-745-3000.



NDG Entertainment Guide: Sing the blues, brunch with the girls, celebrate Black Marriage Day and more in Dallas

By Tiffany Gilbert NDG Entertainment

Everyone in Dallas is excited about the opening of Hamilton as part of the Dallas Summer Musical series, but in case you cannot score a ticket, there are still plenty of options. They include the final week of the Bishop Arts Theatre's Down for #TheCount, read our review here. Below are other options to choose

Inner City Blues: A Marvin Gaye tribute concert live in Deep Ellum is April 6, from 7 p.m. to 10 p.m. at The Free Man, in



Dallas. Poetry's Love Affair with music is back with another EPIC night of entertainment. Verb Kulture and Shelley Carrol Productions present: Inner City Blues: Marvin Gaye Tribute Concert April 6 celebrating

Marvin Gaye's 80th birthday. There will be a Marvin Gaye Tribute band featuring Grammy Award Winning Artists and performing your favorite Marvin Gaye hits as well as a DJ mixing all of Marvin's Music for a great night of entertainment. The event will take place on the new BIG stage in the All-New Bourbon Side at the Freeman Cafe, located to the left of the smaller side. The Freeman Cafe is known for having the best New Orleans style cuisine in town. Seating is limited, so if you plan to eat, you definitely want to reserve a table at ticket link at www.verbkultureevents.com General Ad-

mission (Standing Room ously dating. For tickets Only) \$15 Presale Reserved Seating \$20

Celebrate Black Marriage Day 2019 on April 6, from 6 p.m. to 9 p.m. at JC's Event Center, in DeSoto. Black Marriage Day is a celebration of LOVE. It's celebrating marriages in the Black community. Celebrating husbands and wives are proving the statistics wrong! The ticket fee covers the cost of dinner, games, and an evening of entertainment. The theme for this year: Two Hearts, One Love. The invitation is for married men and women, engaged, or serivisit Eventbrite.com.

Brunch with the girls at the Brown Girl Brunch on April 7, from 1 p.m. to 3 p.m. at Brown Girl Shop, in DeSoto. Last quarter they set goals, captured their visions and grabbed a few nuggets to help us along the way. This quarter they put their best 'Face Forward' with brows, a session to 'LET IT GO!' and more. There will be food, mimosas, music and giveaways. For tickets visit Eventbrite.com.

Don't miss the Secret Sundays at Townhouse on April 7, from 10 p.m. to 2

a.m. at TownHouse Nightclub, in Dallas. At Town-House you will find a two story uber exclusive lounge and rooftop patio screaming chic and stylish. Concept based on the look and feel of a London city town home in the heart of the arts district serving only the most delicious cocktails and playing the absolute best music. dress code:Stylish, classy and attractive. If in doubt don't wear it. For tickets visit Eventbrite.com.

Come and see **SIK-K** live on April 9, starting at 8 p.m. at Canton hall, in Dallas. Tickets start at \$41.50. For more information visit ticketfly.com.

Auto Review: An alternative to luxury crossovers/SUVs

By Jeff Fortson JeffCars.com NNPA Contributor

Highlight: With a mere \$155 increase, the all-new E450 replaces the E400, with a larger engine and more horsepower.

E450 AWD Base MSRP: \$88,535 (Base Model: \$65,195)

Seating Capacity: 5 to 7 What's New: The E450 is the newest addition to the E-Class wagon. This model replaces last year's 2018 E400, adding an upgraded 362-horsepower engine. This year's model adds on an additional 33-horse-



This is literally the ultimate luxury wagon. The upscale family cruiser combines both high-tech and luxurious features that can only be found in this German-engineered vehicle. Our vehicle was loaded up with about \$22,000 in added-on features. Mercedes-Benz included every conceivable option available except a driver. (Photo: Jeff Fortson / JeffCars.com)

fered in the base E400 model. The German-engineered wagon also sports a

power over what was of- new three-spoke steering wheel, which allows the driver to control all of the safety assistance systems

features, without ever having to remove one's hands.

Why: The E-Class is available in a variety of configurations. Buyers can opt for a coupe, a sedan, a convertible or a wagon. It's the only midsize luxury nameplate that offers this array of selections.

For buyers who aren't ready to join the crowd of car buyers who have traded their keys in for crossovers and SUVs, the five to seven passenger wagon, which offers loads of space, is a great alternative for those seeking a car-like ride. Yes, the Mercedes-Benz wagon offers the best of both

worlds. It's a German-engineered vehicle that offers loads of utility space and car-like characteristics. There is no compromising here. Mercedes-Benz has even outfitted the vehicle with a fold flat temporary third-row seat.

And, as we noted in this review, this year's model offers a larger engine, which equates to more horsepower and a barely noticeable price increase. What customer would pass up on this?

This is literally the ultimate luxury wagon. The upscale family cruiser combines both high-tech and luxurious features that can only be found in this German-engineered vehicle. Our vehicle was loaded up with about \$22,000 in added-on features. Mercedes-Benz included every conceivable option available except a driver.

Some of those standout features included everything from one-of-a-kind exclusive heated armrests to soft close doors to an air fragrance and filtration system.

Moreover, the wagon is available with the latest self-driving aids, too. Buyers can also customize the

See WAGON, Page 15

Enter to Win! Ticket Giveaway

NDG Entertainment Ticket Giveaway!!! Visit us on Facebook to win tickets to the the hottest events in Dallas/Fort Worth!!!!

'The Good Fight' Addresses the Green Elephant (Racial Income Inequality)

By Jeremy Bamidele NDG Guest Contributor

Episode 4 of the "Good Fight," titled "Mothering While Black," will premiere on CBS All Access on April 4. It will address a topic of paramount importance to the black community—racial income disparity.

The "Good Fight," a spinoff of the "Good Wife," is a legal drama that's garnering widespread acclaim for its acknowledgment and portrayal of problems discussed in Black homes and ignored by other mainstream media outlets.

Racially based pay income disparity is both a longstanding and controversial topic because of the statement echoed by the law firm's senior partner, "There are so many factors that go into every decision."



Race, like individual experiences, like many things, gains and loses its significance depending on the situation. Its effects and how it affects other things are difficult to discern. Sometimes, we cannot disentangle the causes of things, only acknowledged their conjoined effects.

The "Good Fight," succeeds in acknowledging without judgment the variables that make issues con-

troversial. The delay and sometimes absence of a stance gives the viewer time to digest issues rather than become indignant.

In the main storyline attorney Lucca Quinn, portrayed by Cush Jumbo, faces blunt racial discrimination forcing her identity as a Black employee to the forefront of her consciousness. The struggle of dueling identities is not only part of the Black experience as illuminated by

W.E.B Dubois, but to everyone with an intersectional identity—everyone.

"One ever feels his twoness, an American, a negro, two souls, two thoughts two unreconciled strivings, two warring ideals in one dark body, whose dogged strength alone keeps it from being torn asunder," according to Dubois. This episode not only showcases the struggle between identities but also how individual identities can approach and recede depending on the circumstance.

Race does not exist in isolation, like economic class and gender, it is embroiled with other features. No one is only Black? I know of only Black men and Black women and their experiences are very different. It is not an ideal nor a theoretical concept. Race is tied to human-

ity.

Individuals are things that cannot be broken down into smaller parts, not because they are base and simple, but because the relevance of their parts grow and shrink in significance depending on the situation. Yet, communities do exist, and the perceptions of the groups to which you belong will shape your personal experiences.

Rejecting one associated group to signal greater allegiance to an overlapping group often exasperates individual issues by blocking of the resources and understanding needed to advocate for themselves.

"People really shouldn't be comparing salaries," states a senior partner Liz Reddick-Lawrence, played by Audra McDonald, echoing a social norm. This code of conduct in the workplace makes it difficult for employees to discern whether they are being fairly compensated and what determines compensation.

By following the cultural norm of not discussing compensation packages with fellow employees a tradeoff takes places to limit data necessary to advocate for consistent and non-biased compensation packages.

In maintaining the facade of autonomy, employees ignore the mechanisms that affect them without deterring the power they have over them.

Jeremy Bamidele is an entertainment journalist and the Managing Editor of One West Magazine. He has been published in Forbes, Huffington Post, JET Magazine, Life Magazines and newspapers across the United States and abroad.

10 Things to binge watch with your 2-piece basket

By Trisha & Ruth NDG Weekend Warriors

It is the weekend, there was a time when Friday night meant something totally different. Now you just want to get something to eat, put on your comfy clothes (or not, we won't judge) and grab the remote. So with that in mind, the North Dallas Gazette Weekend Warrior duo will offer you a few ideas each week.

Recommendations will include the latest binge worthy entertainment options coming to you as fast as your wifi connection will allow. But man or woman cannot live by entertainment alone, we must have food. So, since we certainly do not feel like cooking, and in DFW there are five restaurants on every corner, we will bravely go out and sample the options so we can dutifully report back to you the spots to visit.

10 Things to Watch this Week

• All American (Hulu) – It is Wednesday, and I am still trying to recover from the sleep lost as Trisha and I watched half of Season 1 on



Kevin Hart in Irresponsible. Photo: Kevin Kwan/Netflix

Sunday. The show follows Spencer, a young football player plucked out of his high school in gang-infested Crenshaw and dropped in Beverly Hills. But he keeps one eye on home and sometimes trouble follows him back to 90210. I cannot wait to see the rest of Season 1, and right now fans do not know if there will be a Season 2. When 10 other shows were renewed at the end of January, network execs said the reaction to the show via streaming will determine if there is a Season 2.

• Kevin Hart – Irresponsible (Netflix) – It's been a long week, get your laugh on! Look Kevin has had a rough year, even though most of

- If Beale Street Could Talk (Hulu) – Enjoy Regina King's Oscar wining performance in the exquisite tale based on James Baldwin's book of the same title.
- Highwaymen (Netflix) Is Kevin Costner going back to his Untouchables roots in this true tale of two Texas Rangers hunting down Bonnie and Clyde.
- 5 Flights Up (Netflix) Morgan Freeman and Diane Keaton are an aging couple, putting their apartment up for sale, but are they really ready to move?
- The Cool Kids (Hulu) Do you miss the good old

days of sitcoms, then this is the TV show for you, complete with some of the older stars. Best known perhaps is Vicki Lawrence, but David Alan Grief, Martin Mull and Leslie Jordan have plenty of fans – and as you will see, plenty of life left in them.

- Claws (Hulu) TNT shows a very different side of the nail salon industry. Niecy Nash and her fellow nail technicians have decided to add a little side hustle to their enterprising Florida shop. The results could be deadly.
- Queen Sugar (Hulu) Catch up on the three seasons of lives and loves of Bordelon siblings, before Oprah's OWN kicks off Season four.
- Support the Girls (Hulu)

 Regina Hall is running a Hooters type of restaurant, but she wants it to become a "mainstream bar and grill",

the results are hilarious.

• Atlanta (Hulu) – Fans of Donald Glover's Atlanta are not happy to hear the third season is so far behind that it will likely be 2020.



NDG Restuarant Pick of the Week – Big Mama's Chicken & Waffles

Why we love this spot. It's simple – the chicken here is good enough to slap your Big Mama. Yes, it's that good!

Big Mama's Chicken & Waffles builds a magical basket with a secret blend of

seasoning, pickles, peppers and the best fried chicken in Dallas (Trisha is going out on that limb, I personally need to sample a few more before issuing a proclamation). Just in case chicken is not your thing, then try the pork chop basket.

At Big Mama's it is all about the seasoning, so each tastes just as good. We have not tried their potato salad or fried catfish, but they are likely equally good. But you can even get a large cup of RED KOOL-AID.

Big Mama's is a family owned and operated soul food restaurant chain that was established in 2006 and was founded in North Dallas on the corner of Forest Lane and Audelia Road. Expect long lines on a Friday night and take cash, because they do not accept any form of plastic.



\$62 billion in education cuts proposed, key college aid could be slashed

By Charlene Crowell

Every budget defines priorities and values. To put it another way, what's really important in life gets supported financially. For many families, having a home, food, and utilities usually rank pretty high. Then there are other budgetary concerns like saving for college or having a 'rainy day' fund to cover less frequent costs that can be much higher than the size of the next paycheck.

Government budgets, built on taxpayer dollars, also reveal priorities. At the federal level, budgets are proposed by the executive branch, but it is the legislative branch that passes and funds budgets. What is in the best interest of the nation is supposed to be the guiding force in government budgets.

But as Sportin' Life sang in the folk opera Porgy and Bess, "It ain't necessarily so".

The White House's FY 2020 proposal cuts Education funding by \$62 billion compared to that of FY 2019. Even worse, as the cost of higher education continues to climb, federal student aid would be seriously slashed while other programs would be totally eliminated

Some of the most disturbing college federal cuts affect



programs that lessen the amount of student loans that need to be borrowed for every academic term. As rising college costs have worsened the financial challenge faced by many Black and other low-wealth families, the availability of grant programs that do not have to be repaid and/or work-study programs are key sources for many college students and their families.

Among its many revisions, the Trump Administration stands ready to risk a sizeable portion of the proposed \$7.25 billion in Pell Grant funding next year. This program is the single largest source of grant aid for low-income households for post-secondary education.

On March 26, the Fiscal Year (FY) 2020 Education budget was the focus of a hearing before the House Appropriations Subcommittee for Labor-Health and Human Services-Education. Secretary Betsy Devos delivered testimony that expanded upon previously released materials from the Trump Administration.

"Since President Trump took office, Congressional appropriations for U.S. Department of Education programs have increased dramatically – in spite of the Administration's call to slow spending," said Secretary DeVos. "We are not doing our children any favors when we borrow from their future in order to invest in systems and policies that are not

yielding better results."
In response, Connecticut's Rep. Rosa DeLauro, the subcommittee chairwoman did not mince words. "This budget underfunds education at every turn", said DeLauro who added, "This budget inflicts harm."

Even Rep. Tom Cole from Oklahoma who serves as the subcommittee's Ranking Member viewed the White House proposal as "short-sighted".

Representatives DeLauro and Cole were absolutely correct.

The Work-Study program that brings campus-based jobs to students would suffer a double blow. Its monies would be reduced by 55 percent and remaining funds would be shared with the proposed pilot program that targeted to private sector employers for workforce development of nontraditional and low-income students. That's the window dressing on

these cuts

The Work-Study program that received over \$1.2 billion in 2019 would be cut to \$500.4 million. Secondly, instead of students working on campus, they would need to figure out how to reach employment at a private business.

Not every student has a car. Nor is public transit always available near college campuses. These businesses would supplement their revenue streams with public monies but the profits derived would still be private. Previously, Work-Study was jointly funded by the federal government paying 75 percent of hourly wages, with the remaining 25 percent paid by the college employer.

What for-profit business wouldn't want the government to pick up 75 percent of its labor costs? Seems that the private business – not the student – is the greater concern with this budget.

"Betsy DeVos has some explaining to do – her disinterest in prioritizing quality and affordable education for students is disheartening and erodes the confidence the public has in the Department of Education," said Debbie Goldstein, an EVP with the Center for Responsible Lending.

Currently, the formula-

based Pell Grant award averages \$4,251 per participating student. Next year as proposed, the program's average award will be slightly less at \$4,149 and traditional grant recipient students would be forced to share those funds with others enrolled in workforce development training that does not accrue credit hours or traditional academic terms.

Regular readers of this column may recall, many career and technical training institutions are also for-profit entities that in recent years have either failed to provide the training promised, or the earnings assured by admissions personnel – or both. In the worst-case scenarios, tens of thousands of students have been enrolled at the time of closures that came with little or no notice.

The Supplemental Education Opportunity Grant is need-based and financially helps low-income, undergraduate students. For the past two fiscal years, this program was funded at \$1.7 billion. If the Trump Administration's proposal holds, no monies will support this program next year.

The Iraq and Afghanistan Service Grants are available to students whose parent or guardian was a member of the Armed Forces and died as a result of their military deployment in either Iraq or Afghanistan after September 11, 2001. In FY 2019, the average grant in this program was \$5,293. In FY 2020, the White House would end it with no appropriation.

These are only a few of the cuts proposed to higher education at a time when education is more important today than ever before. The global economy requires a highly-skilled and knowledgeable workforce. It seems so ironic that this White House keeps placing businesses before the needs of people.

"Instead of punishing forprofit institutions that have deceived students and encouraged them to take on unaffordable levels of student debt, Secretary DeVos will defend President Trump's proposal to extend taxpayer money to finance unproven short-term programs, many of which will be offered by these very same for-profit college," added Goldstein.

Here's hoping that Congress will hear a loud outcry on gutting federal financial aid. Enacting a budget that represents the needs of people should and must prevail.

Charlene Crowell is the Communications Deputy Director at the Center for Responsible Lending. She can be reached at Charlene.crowell@responsiblelending.org.

Advertisements for diamond jewelry should be crystal clear

By Bridget Small FTC Consumer Education Specialist

If friends know you're shopping for diamond jewelry, they may say, "Remember the 4Cs: color, cut, clarity and carat." Here are three more important letters for jewelry shoppers: F-T-C. The FTC enforces laws

against false advertising and created the Jewelry Guides, which show jewelry businesses how to avoid making deceptive claims. FTC staff recently looked through diamond jewelry ads on Facebook, Instagram, Twitter, YouTube, and other sites to find out what shoppers are seeing. They found eight businesses using ads that

might be deceptive, or not in line with the Jewelry Guides, and sent warning letters that urge the businesses to review their advertising, make any necessary revisions, and tell the FTC what they've done to address the concerns.

The Jewelry Guides say a seller should use words that correctly describe a precious

stone, so shoppers know what they are buying. Some of the ads reviewed by FTC staff may have suggested that jewelry made one way was actually made another way, including suggestions that a diamond was taken from a mine when it was really made in a lab. And some businesses only put information about how a stone was

really made on a "diamond education" webpage, rather than in or near an ad where shoppers were more likely to see it.

Before you buy, compare quality, price, and service from several businesses. To check on a business, enter its name and the words "complaint" or "review" in a search engine. Get to know

common phrases like natural, lab-created, or imitation. Those stones have different values and different qualities, and need different care. If you have a problem with jewelry you purchased, try to resolve it with the jeweler first. If you think you were misled by an ad for jewelry, please report that to the FTC at FTC.gov/Complaint.

21 entrepreneurs selected for SBA's Emerging Leaders executive training

The U.S. Small Business Administration's (SBA) Dallas/ Fort Worth District Office has announced the participants for the 2019 Emerging Leaders Executive Training Program Class.

Twenty-one small business executives will participate in the approximately six-month class starting in April.

The intense program will provide more than 100 plus hours of professional spe-

cialized training and peer-topeer, CEO mentoring interaction delivered over a course of six months at no cost to the business owner. This advanced training will assist the executives with strategic planning to sustain business growth.

The Emerging Leaders Executive Training Program is designed for established business owners poised for growth. Over the course of about six months, each participant will learn ways to improve their business and will create a three-year strategic growth plan to build a sustainable business of size and scale.

To be considered, firms must be for-profit enterprises in business for at least three years with full-time employees and annual revenues between \$250,000 and \$10 million.

COUNCIL, continued from Page 1

hoods. We have potholes. We have decaying streets all over District 3. I believe in equity and fairness."

Davante Peters is an activist and is running to represent the growing progressive movement in Dallas. He said the incumbent has been disrespectful of the community, and it is time for an overall change in the political status quo.

"I stand with the people," Peters said. "My platform is on the side of the working class.; regarding things like giving the youth summer jobs programs, economic opportunity. Because we're talking about crime and things like that. Instead of increasing the police presence as an occupying force in our neighborhoods, I think we need to give youth a fighting chance and not a criminal life ...I will not look down on people when addressing their concerns. And so, like I said, if you put me in office on May 4, you will have a different standard."

Fending off accusations of walking out on Black civil rights meetings, and not devoting enough attention to all areas of the district, Thomas rebuked each point, concluding that, "Contrary to popular opinion, you don't know what you don't know."

He then fired off challenges in the opposite direction.

"Where were you when we were having the town hall meetings to plan what Redbird would look like?" Thomas said. "Where were you when we had a threehour meeting in Singing Hills, to determine what reimagining Singing Hills would look like? Where were you in the Kimball area when we had a threehour workshop planning on what the neighborhood of Kimball would look like? This is not the time. You don't do the work when you run for council. You do the work to earn the right to serve on the city council."

Familiar faces in the race for District 4

District 4 is coming off a recent special election which saw Carolyn King Arnold returning to the council after a short hiatus. The district was rocked by scandal after the former councilmember, Dwaine Caraway was indicted and subsequently plead guilty to corruption charges stemming from bribes associated with the now-defunct Dallas County Schools.

There were a dozen candidates vying for the position in the special election, but in the upcoming election, there are four challengers; Dawn Blair, Karon Flewellen, Keyaira Saunders, and Asa Woodberry.

Dawn Blair has worked inside city hall for a combined total of more than 20 years and is also experienced in real estate. She says her time on the inside makes her knowledgeable about how to get things done and gives her the insight to spot problematic developers and others looking to exploit the seat of municipal power.

"I'm running for three main reasons," Blair said. "It didn't change from the last time because it hasn't been that long, so not much has changed. I'm running, one, because I'm passionate. I'm passionate about where I live. I'm passionate about the fact that I don't have the quality of life that I think I and my neighbors and the residents of District 4 deserve. I'm running also

because I am prepared ... To be honest with you, 20plus years working at the City of Dallas — while my opponents are admirable in their desires — my 20 years far outweighs all of them combined. Because my experience is in the housing department. My experience comes from economic development. My experience comes from real estate. I know what's important to us and I know how to get those things done."

Karon Flewellyn is a business owner in the district, operating a hairstyling salon. She was raised in the district and believes her familiarity with the neighborhoods involved is a key advantage for her to represent them on the council.

"In 2010, 75216 was the second highest zip code in the nation for cases of HIV," Flewellyn said. "I found that to be startling and appalling, and I made a partnership with the Dallas Urban League ... and then I made a partnership with the City of Dallas, UT Southwestern and the Centers for Disease Control. I became a partner, an advocate, a spokesperson. And I sold them on the idea that we needed to use the hair salon as a platform to use for HIV awareness and prevention. That's what I did. That's the experience that I have. Now, not only do I have experience, I think experience matters, but I also think integrity matters. I think leadership matters. I think vision matters, because without vision... (audience response). I have a plan, and I'm ready to execute on day one."

Woodberry has a Master's degree in Urban and Regional Planning and described himself as a "full-time candidate" for city council. As a second generation resident of the district,

and a first-time candidate, he is looking to make a positive change through a "people-powered grassroots operation."

"There's nobody on the council that looks like me. that thinks like me, that sees my viewpoint; somebody coming up with the complex challenges that we face" Woodberry said, later adding, "I'm here to tell you that I do not have all the answers, and I don't have the most experience of anyone sitting on this stage, and that's OK, because politics and the essence of getting things done at its core is about people. It is about how we can work together to get things done. And I feel that I am the candidate that can build those coalitions in the neighborhood and at city council to get things done."

Saunders is returning to the District 4 race, having run twice before and reaching a runoff against Arnold in the special election only a few months back. She is a photographer by trade and a co-founder of the Next Generation Action Network. Originally from Flint, Mich., Saunders said "the third time's a charm" and it is time for a new direction.

"The thing is, we've been doing the same thing over and over and expecting different results," Saunders said. "I am tired of the southern sector being the face of corruption. I am here to say, 'Family, it is time to wake up.' I'm tired of us being left behind. It's time to wake up. And the issue is, within our community, we're not bringing our youth up for positions like this. That's why when I stand up people say, 'Oh baby, you ain't got no experience.' Why not? I'm living just like we all are. And I'm also suffering like we all are as well. And there is no reason for us to be in this position."

Facing criticism, Arnold struck back at suggestions she has not been effective as

the representative for the district. She said other candidates should "Get your facts straight," and that the goings-on in City Hall have changed from what they were 20 years ago.

"I am the only one who gets up every morning and goes to bed every night with the pulse of District 4." Arnold said. "I'm here for constituents. I couldn't do this job without you. You, the voters in District 4, decided that I would be the voice, the legs, the heart for those who cannot come to City Hall, those who need a strong voice. So I'm going to ask that you send me back to the horseshoe to continue the work that I've started ... I'm going to ask you to muscle up because we cannot get anything done as long as we continue to keep breaking the cycle of leadership.'

The Dallas City Council election will be held on May 4, with early voting starting on April 22.



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Is there something we should know about?

Let us know what's going on.

Send your stories, suggestions or other editorial material to: editor@northdallasgazette.com

Upcoming DFW area job fairs

April 6 Onsite Job Fair on Laptop Repair Technician

The Onsite Job Fair on Laptop Repair Technician will be held on April 6, and April 13, from 9 a.m. to 1 p.m. at 4051 N Highway 121, Suite 100, in Grapevine.

The Computer Technician will be responsible for providing computer diagnostics and repairs. While performing the duties of this job, the employee is constantly required to sit for long periods of time. Specific vision abilities required by this job include close vision, peripheral vision, depth perception, and the ability to adjust focus. Must be able to tolerate moderate to high noise levels in a warehouse environment.

Office and outside environmental conditions found in the warehouse, hot in the summer, cold in the winter. Individuals may need to walk for an extensive period of time while working and walking the facilities; to reach over shoulder heights; bend or stoop below the waist; repetitive wrist, hand, or finger movement. Employee must be able to lift objects approximately up to 501bs.

April 10 Sandy Lake Job Fair

A Job Fair will be held on April 10, from 9 a.m. to 5 p.m. at Sandy Lake Rehabilitation and Care Center, in Coppell. Sandy Lake Rehabilitation and Care Center is a 114-bed skilled nursing facility located in Coppell, Texas. As a respected leader in healthcare and rehabilitation services, the staff at Sandy Lake Rehabilitation and Care Center offers a truly innovative concept in post-acute care. Our team serves many types of patients, with both short and long-term care needs. For more information visit Jobs net

April 11 Brookhaven College 2019 **Spring Career Fair** The Brookhaven College



2019 Spring Career Fair will be held on April 11, from 10:30 a.m. to 1:30 p.m. at Brookhaven Col-Farmers lege. in Branch.The career fair attracts both large and small businesses with positions available for varied skill levels, education and experience. Job seekers can meet face to face with representatives in a wide range of professions including retail, restaurant, accounting, public service, health care and more. Polish your resume, dress to impress and plan to attend the Brookhaven College 2019 Spring Career Fair. This event is free and open to the public.

April 13 Job Fair at **Northwood Club** The Job Fair at North-

wood Club will be held on April 13, from 9 a.m. to 2 p.m. at Northwood Club, in Dallas. This event is open to the public with no appointment needed. For job descriptions and to complete an application please go to

our career website at https://northwoodclub.applicantpro.com/.

Full-time positions offer competitive benefits for medical, dental, vision, 401(k), vacation and per-

April 13 **Grapevine Job Fair**

The Grapevine Job Fair will be held on April 13, from 12 p.m. to 3 p.m. at Grapevine High School, in Grapevine. In partnership with the Grapevine Community Outreach Center, the Grapevine Chamber is hosting the 6th Annual Grapevine Job Fair.

The goal is to connect quality applicants with employers in our community.



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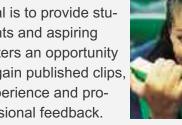
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Paid Internship opportunity for writers, college students in the Dallas Area

The North Dallas Gazette has an internship

position available. The goal is to provide students and aspiring writers an opportunity to gain published clips, experience and professional feedback.



The position is for up

to 20 hours a week at \$8.00 per hour. Applicants must have reliable transportation.

Send resume and writing samples to: businessoffice@northdallasgazette.com

NDG seeks Intern Video Producer

The North Dollar Gozette is a community-driven newspaper with a digital presence swiking a new Video Audio Producer Inturn for our new video plan-form and to assist with the growth of our media compuny through quality video production

The Producer will be responsible for recording, editing and preparing final draft of our video content in our in-house stadio. The producer will record and broad-cast sta Facebook workly shows. Afterwards using Final Pro Cor and other related tools, the footage will he finalized and uploaded to our YouTube channel

The right candidate will have the following skills:

- Expenience using video and analio production and post production techniques and software for live streaming and find YouTube victors.
- Experience using digital content software
- Basic graphic design expensave
- Create content based upon agreed criteria Understand how to use various social media platthrough for level viction events
- Good time and project management skills. Attention to detail as it relates to spelling and
- Provide regular status updates to stakeholders and

The work will be completed at our studio located at schedule of up to 15 hours a week. Pay rate is \$12-15

Resumes must be sent to ngarcia@northdallasgazette.com

to be considered.





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Church Happenings

BETHEL BIBLE FELLOWSHIP. **CARROLLTON** (A NEW PLACE TO **BELONG**)

NOTICE: New Year, New You, Pastor Woodson serves the community by providing "Professional Therapy and Counseling Services" on a "Sliding Fee" scale. To schedule an appointment call the Pastoral Counseling Center at 972-526-4525 or email the church at www.bethelbiblefelloswhip.org

April 6, 10 am

Ladies we welcome you to Ministry Women Women of Restoration, Hope Truth and (W.O.R.T.H.)We are studying the book Boundaries.

April 7, 9:45 am

Please join us in our quiet time, "Prayer and Meditation" followed by Morning Worship. You will be blessed and inspired as we celebrate service to God, our community and all mankind.

April 10, 7 pm

Join us for Wednesday's Prayer and Bible Study Class with Senior Pastor Woodson, Pastor Larry Gardner and others as we continue to study the book "Boundaries" when to say yes or how to say no by Dr. Henry Cloud and Dr. John Townsend with supporting chapters and verses. Spiritual maturity is God's desire for you; it's Time to Grow in the Word of God.

Dr. Terrance Woodson, Senior Pastor 1944 E. Hebron Parkway Carrollton, TX 75007 972-492-4300 www.bethelbiblefellowship.org

FELLOWSHIP CHRISTIAN CENTER CHURCH IN ALLEN

"THE SHIP" We are Saving You a Seat.

April 7, 9:45 am

You are invited to join us in our Sunday Morning Services as we praise and worship God in the Joycie Turner Fellowship Hall, followed by our Worship Services; and bring someone with you, you will be blessed. It's for God's glory and honor.

April 10

Join us in our Wednesday's 12 Noon-Day Live, Prayer and Bible Study class and/or our Wednesday Night Live, Prayer and Bible Study at 7 p.m. to learn more about God's Word. Be encouraged by God's plan for your maturity and His glory; and most of all; be prepared to grow.

Dr. W. L. Stafford, Sr., Ed. D. Senior Pastor 2450 K Avenue #300 Plano, TX 75074 972-379-3287 www.theship3c.org

INSPIRING BODY OF CHRIST CHURCH. Let's Go Fishing! **MATTHEW 4:19**

April 5, 8 p.m.

All men are invited to Men's Ministry meeting each Friday night at 8 pm, (IBOC promotes proactive male leadership.)

April 7, 10 a.m.

Please join us for our Morning Service; and don't forget to invite family and friends to join us as we celebrate our Lord and Savior, Jesus Christ.

April 8, 7 p.m. This is not an April Fool's joke; you are invited to Monday School to see what God has to say to us in His Holy Word.

Pastor Rickie Rush 7701 S Westmoreland Road Dallas, TX 75237 972-372-4262 www.Ibocchurch.org

MT. OLIVE CHURCH **OF PLANO (MOCOP)** (Uniting the Body of **Christ for World Impact)**

April 7, 10 a.m.

Join us for Morning Worship Service as we praise and worship God for His Honor and His glory. Don't forget to comeback at 7 p.m. for our Brazilian Church.

IRS Problems?

469.449.9833

Call Kedra

April 10, 7 pm

RG Apparel is the proud sponser of this page (www.RGApparel.com)

You're invited to our New Year Wednesday's Bible Study class; you will learn what God has to say to us. Come to be encouraged by God's plan for your spiritual growth and His glory.

Dr. Sam Fenceroy, PhD Senior Pastor and Pastor Gloria Fencerov 300 Chisholm Place Plano, TX 75075 972-633-5511 www.mocop.org

SHILOH MBC **IN PLANO** (WHERE COMMUNITY **BECOMES FAMILY)**

April 7 and 11 am

You are invited to our Worship Services as we honor God for His goodness and faithfulness.

April 10, 7 pm

You're invited to our Wednesday's Bible Study class; you will learn what God has to say to us. Come and be encouraged by God's plan for your spiritual growth and His glory.

Dr. Isaiah Joshua, Jr. Senior Pastor 920 E. 14th Street Plano, TX 75074 972-423-6695 www.smbcplano.org

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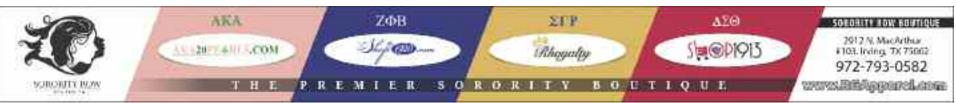
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God's tests



Send email to: businessoffice@ northdallasgazette.com to sign up for Sister Tarpley's weekly electronic newsletter.

What is my crime? How have I wronged your father that he is trying to take my life?" - 1 Samuel 20:1

The cost of being one of God's anointed can be great. Those whom God has anointed for service and influence in His Kingdom go through a special preparation.

David was anointed to be the next king over Israel. Shortly after this, while still a young boy, he was brought into King Saul's service to play music in Saul's court. While there, the opportunity to stand up against Goliath elevated David for his next stage of development as future king.

As his popularity grew so did Saul's jealousy. However, even Saul's jealousy was God's instrument for molding and shaping David.

Saul finally decided he could no longer tolerate David's success and popularity among the people, so he tried to kill David. The confused young shepherd boy spent many years hiding in wilderness caves before he was able to see the hand of God in all of this.

No doubt David thought that when Samuel anointed him he would be conveniently raised up to be king with all the accompanying benefits of kingship. Not so. God's preparation of David involved much persecution, disloyalty, and hardship. These were the lessons necessary to be a godly king. God brought many tests in David's life, just as He did with Saul. David passed these tests. Saul did not.

When God anoints us, it often is accompanied by some severe tests. These tests are designed to prepare us for the calling God has on our life. Should we fail these tests God cannot elevate us to the next level. For a Christian believer, these

tests often involve money, relationships, and other issues of the heart.

King of kings learned obedience through the things that He suffered (see He-

What if God has chosen you for a specific purpose in His Kingdom? Are you passing the tests He is bringing about in your life? These tests are designed to bring about greater obedience. In most instances, it will involve great adversity. The Bible tells us that the

King of kings learned obedience through the things that He suffered (see Hebrews 5:8). If this is true, why would it be any different for His children? Be aware of the tests God may be bringing before you in order to prepare you for His service.

It is a wonderful thing to praise the Lord! He heals the brokenhearted and binds

up their wounds. God count the number of the stars and call them all by name.

Great are You, Lord, and mighty in power. Your understanding is infinite. You lift up the humble, and cast the wicked down to the ground. I praise you Lord, you who covers the heavens with clouds and prepares

rain for the earth. You, oh Lord who makes grass to grow on mountains and gives food to beasts of the earth.

Christians praise you Lord, the One whom we trust to heal our hurts and binds up our wounds... and provide our needs. We bless you, in Jesus' name.



North Dallas Gazette takes a moment to reflect on the past with

Historical Perspectives from Sister Tarpley

Hear what it was like growing up in a very different Dallas when Booker T. Washington was a black school. Sister Tarpley graduated frm there and went on to college and later became a city councilmember in Carrollton.

Look for NDGTV at NorthDallasGazette.com





Two Ladies of Distinction at Bethel Bible Fellowship Church, they close out Women History Month 2019: (L to R) Sister Melinda Gardner (Wife of Pastor Larry Gardner) and First Lady Ve Woodson (Wife of Senior Pastor Terrance Woodson).



WAGON, continued from Page 9

vehicle, creating a sportier effect with AMG wheels or a pricier AMG package.

But: The rear facing, fold-away, third row in the wagon is suitable for small kids as opposed to teens and adults. We're not sure with it being rear facing and only accessible through the rear — if it's even feasible for most drivers. With so many unsafe drivers on the road, who would feel comfortable placing their precious small packages in the rear facing seats?

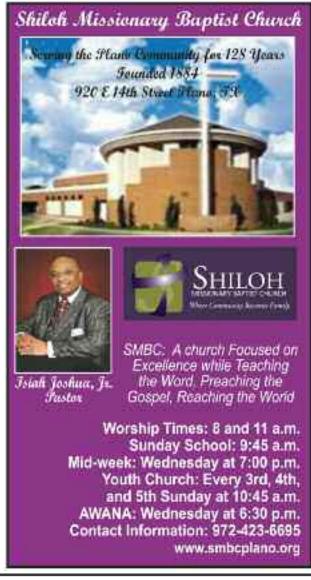
Also there were too many high-tech features on this vehicle. Unfortunately, one will need to read the online owner's manual to figure how to use such features as the auto hold (brake) feature and the heated steering wheel. Mercedes-Benz is notorious for over complicating their vehicles with features.

Furthermore, the vehicle

is only available in an allwheel drive configuration. Depending upon the area of the country, most buyers might not need this function.

Verdict: It's not cheap to receive an invitation into the world of luxury, especially wagons. Despite this vehicle being a wagon, Mercedes-Benz offered style, class, high-tech features and loads of utility space. Again, for those who aren't ready to join the crossover craze and have out grown a traditional car, the wagon is the perfect alternative.

Jeff Fortsonis the host of SiriusXM Channel 141 Auto Trends with JeffCars.com. It's a weekly multicultural auto show, which includes in-depth conversations with today's influencers and pioneers. For show times and to price a new vehicle, cruise over to JeffCars.com.



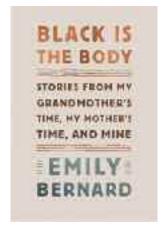
NDG Book Review: Black is the Body: Stories From My Grandmother's Time, My Mother's Time, and Mine

By Terri Schlichenmeyer

Your mother dealt with things you can't imagine.

It was a different time when she was your age, with societal issues you'd never tolerate and rules you wouldn't abide. Same with your grandma: scrapbooks, history books and museums are the only places you'll see what she lived. So what will your children know? As in "Black is the Body" by Emily Bernard, what's your story?

In 1994, while sitting in a quiet coffee shop and wresting with a college paper she was writing, Emily Bernard was stabbed "in the gut" by



a white man with a hunting knife. That's her story to tell and she's recited it often in the last two-decades-plus, though it's told differently by others who were there. It's a story that kicks off her book, but she insists that it does not define her.

Nor does racism. Bernard is proud of her Black body.

She's also proud of her experiences, the successes she's had, the people she's known, and the stories she carries inside her. These become tales that recall her mother's unhappiness before she died, that lent Bernard's grandmother the strength to stand up to misogynistic rules, and that shape Bernard's stories to come.

Like any good story, though, there are catches to the telling.

Take, for instance, the way we deal with "the n-word." And how Black

women can sometimes hate their hair. And how we let "the absurd and illogical nature of American racial identity" tell us who we are or should be.

No, Bernard lets family do that.

Her husband is white, a fact that some in her mother's family hated – although they ultimately bonded with him through food, as though it were a new language. Her grandmother disliked the Civil Rights Movement. Her mother died too young. Bernard's adopted twin daughters were born in Ethiopia and she calls them brown girls who are "'grow-

ing up in a house with a white person who loves them." They, too, will have experiences their mother won't have, and stories to tell.

likewise invited to examine a variety of ideas with a certain amount of wonder and curiosity, and to follow Bernard to see both sides.

That open, often-placid

"Black is the Body" is one of those books that'll make you wish you had a Time Travel machine. Devour this book, set the machine for twenty years into the future, and see what author Emily Bernard's daughters would write in a sequel...

This memoir has a lot of launching points for that, in tales that quietly demand that you pay attention and in anecdotes that highlight racial issues while also minimizing them. Readers are

likewise invited to examine a variety of ideas with a certain amount of wonder and curiosity, and to follow Bernard to see both sides. That open, often-placid viewpoint provides a gentle way of leading readers to think about human differences and similarities, which resonates throughout and makes this memoir one to keep on your shelf.

Indeed, "Black is the Body" is a book you'll want to read again because it's engaging and just plain enjoyable. It offers thoughts you'll want to turn over in your own head.

This is a book to tell about.

Keep Dallas tasty with Bits and Bites at El Centro's signature culinary event

El Centro College wants to "Keep Dallas Tasty" by showcasing the gastronomic skills of more than 30 prominent area chefs – as well as the college's culinary arts students – during a special event at the Dallas Arboretum on Sun., April 14, from 5 to 8 p.m.

Proceeds from the event are placed in a fund which is used to enhance and expand El Centro's FHI, a culinary program which has been training and educating Dallas-Fort Worth's food and hospitality workforce for more than 40 years! This year's event will honor Doug Brooks, former chairman and

CEO of Brinker Interna-

El Centro's Culinary Patrons of Dallas sponsors will have access to an exclusive VIP experience featuring cu-

rated celebrity chef food and wine, starting with an Old-Fashioned cocktail from Grapevine-based Tahwahkaro Distilling Company, followed by elevated small

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plates which will be paired with wines from 4R Winery in Muenster.

The small plates will be created by Chef Junior Borges, Chef Alex Astranti of

Uchi and pastry Chef Casey Nicole.

The VIP experience also includes a finish featuring custom-roasted, pour-over coffee from Full City Roos-

ter.

General admission tickets are \$65 and can be purchased in advance online at https://www.foundation.dcccd.edu/bits-and-bites-2019.

