



North Dallas Gazette

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Panic buying adds additional stress in COVID-19 pandemic

By Merdies Hayes
Managing Editor
Our Weekly News

Panic buying has been rife around the globe in wake of the coronavirus pandemic. Customers have been stockpiling goods like hand sanitizer, bottled water, canned goods, paper towels and toilet paper.

The trend has seen stores in some nations ration products. The U.K. is limiting sales of hand hygiene products. Australians have seen restrictions on paper goods. Americans now have to wake before dawn to purchase cases of bottled water, which are now limited to two per customer.

America not alone in frenzy

America isn't alone in experiencing empty shelves. Mass demand for rice and noodles in Singapore prompted Prime Minister Lee Hsien Loong to assure the public that there was enough to go around. In Auckland, New Zealand, supermarket spending shot up 40 percent in about 72 hours. Shoppers in Malaysia wanting to pad their "pandemic pantries" have driven an 800-percent increase in weekly hand sanitizer sales. All of these places have confirmed cases of coronavirus.

In some ways, the trend of panic buying is a way for people to take back control in uncertain times. Many psychologists have suggested



The nation and the world are bracing themselves for the effects of the pandemic, but panic buying is not helping the situation. (Nik Andr / Flickr)

that panic buying can be understood as playing to our three fundamental psychology needs in (1) autonomy—as in the need for control; (2) relatedness—better defined as "we shopping," rather than "me shopping," and (3) competence—whereby a level of accomplishment is achieved and making a purchase gives people a sense that they are "smart shoppers."

Conflicting messages add to uncertainty

In the U.S., people initially received conflicting messages from the Centers for Disease Control and Prevention and President Donald Trump. It was no surprise that peo-

ple were worried when one organization says the matter is urgent, and another says it's under control. With the virus present in all 50 states, and daily life has been altered from coast to coast, an unexpected "fear contagion" has taken hold.

Often in times of uncertainty, people can enter a "panic zone" that makes them irrational and—in rare cases—borderline neurotic. In other disaster conditions like an earthquake, tornado or hurricane, people tend to prepare because they know how many supplies they will need. It's hard to do that with a virus that

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READERS SOUND OFF!!!

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People In The News...



Dr. Valda Crowder



Rep. Maxine Waters

NDG Quote of the Week: "Sometimes it falls upon a generation to be great. You can be that generation."

- Nelson Mandela

Dr. Valda Crowder

A zip code has become a life or death matter. Families that live more than an hour from a hospital may face a death sentence based on their address. A long ambulance ride increases the risk of death. Patients with respiratory emergencies, like the ones caused by coronavirus, are particularly vulnerable.

According to the American Hospital Association Annual Survey, over 1,000 hospitals in our country have closed since 1975. As a result, communities from



coast to coast have populations in which residents must drive more than 60 minutes to reach an acute care hospital. These places are called "medical deserts."

They exist in every state. Now is the time to strengthen known weaknesses in our healthcare safety net. We desperately need new investment in our healthcare infrastructure. A recent study by the UK Imperial College COVID-19 Response Team anticipates the "capacity limits of the UK and US health system being exceeded many times over." It warns that "even if all patients are able to be treated, we predict there would still be in the order of 250,000 deaths in Great Britain and 1.1-1.2 million deaths in the US."

As an Emergency Medicine Physician and Chair of the Health Committee of Black Women for Positive Change, I call on the nation's leaders to immediately implement three recommendations to improve access to medical care and thereby save lives before it is too late.

(1) The U.S. Congress Should Pass Legislation to Create Free Standing Emergency Departments (FSEDs).

FSEDs are 24-hour, 7 day a week, emergency departments established in communities that lack immediate healthcare ser-

vices. Stand-alone emergency departments are physically separate from hospitals. They can be independently owned, hospital owned or, government owned, and are staffed by emergency medicine physicians. FSEDs are available for walk-in patients and accept patients arriving by ambulance. These facilities treat and discharge patients while also transporting admitted cases to full-service hospitals by ambulance or helicopter. FSEDs can be quickly built and maintained at a fraction of the cost of large hospitals. FSEDs are just

as effective at providing time sensitive critical medical care services as hospital associated emergency departments. FSEDs can be a vital safety net for people who live in medical deserts.

(2) Convert Unused Spaces into Temporary COVID Hospitals

Health care facilities and providers can quickly become accelerating vectors for the transmission of COVID-19. It is important for that reason to not only increase the number of critical beds with ven-

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Rep. Maxine Waters

LOS ANGELES – Within 24 hours of demanding immediate assistance on behalf of her constituent and 3000 Americans who were stranded in Morocco, Congresswoman Maxine Waters (CA-43), Chair of the House Committee on Financial Services, received notice that the U.S. State Department had heeded her calls and chartered special emergency flights for all U.S. citizens in Morocco. The Moroccan government had previously announced the suspension of all international flights to and from its airports as a protective measure against the spread of COVID-19



(coronavirus). The special return flights, which were chartered by the State Department through American Airlines partner British Airways, began transporting Americans home from Morocco on Friday, March 20.

"I am elated that my constituent and all Americans who were stranded in Morocco will now be able to safely return home to the United States," said Congresswoman Maxine Waters. "The lack of response and distress that these U.S. citizens endured is absolutely unthinkable. I am pleased that the State Department has decided to uphold its responsibility to protect American citizens who are stranded abroad as we confront the coronavirus pandemic, and I commend American Airlines for their assistance with this matter. I urge my colleagues in Congress to continue to monitor reports of Americans who may be

stranded in other countries and ensure that the Trump administration is providing assistance and safe passage home to all Americans who are stranded abroad."

On Tuesday, March 17, Congresswoman Waters received a call from her constituent requesting help with reaching the State Department and U.S. Embassy in Morocco, which had ignored requests for assistance from Americans who were stranded in Morocco. Congresswoman Waters immediately directed her staff to investigate the matter and further learned that approximately 3000 Americans were facing the same plight in Morocco.

On Wednesday, March 18, Congresswoman Waters sent a letter to Secretary of State Mike Pompeo demanding an immediate explanation as to how and when the State Department, as well as United States Ambassador to Morocco David T. Fischer, would implement a plan to repatriate stranded Americans in Morocco, including but not limited to State Department chartered flights leaving the region. She also made numerous phone calls directly to the State Department and the U.S. Embassy in Morocco requesting answers and immediate assistance for her constituent.

On Thursday, March 19, the State Department and the

U.S. Mission to Morocco announced the arrangement of American Airlines (British Airways) flights for U.S. citizens and permanent residents beginning on Friday, March 20 from Marrakech International Airport in Morocco.

On Friday, March 20, Congresswoman Waters also penned a "Dear Colleague" letter to House Members alerting them of the plight facing Americans who were stranded in Morocco, Peru, Guatemala, and other countries, and urged them to continue to work with the State Department to ensure the safe return of all Americans who are stranded abroad.

NDG Readers Sound Off...

Bishop T. D. Jakes offers words of comfort as the nation faces the coronavirus

To be honest? This was coming and even though it's a shock to mankind, it's not a shock to God at all. I was very inspired by the message TD Jakes preached live online Sunday morning, and believe God moved his presence away from mankind because of the stench of Sin .not just in the world but also in the church .if this does not wake up the body of Christ to get seri-

ous about the lost instead of worrying about who's got the biggest church or the most members, then nothing will, let's hope and pray that this virus will be quelled soon but in the meantime, we all must examine our hearts.

- Howard

Union urges voters to contact senators ask them to support a 'Labor Plan'

The AFL-CIO is a federation of Unions, not a union.

- Union Man

(Editor's response: Thank you! My late father, also a union man, would be ashamed of me for such an error! It has been modified.)

Sister Tarpley: The Civil War Spy Mary Elizabeth Bowser

Nearly everything in this article is inaccurate. For example, the photograph you include is not of the woman you are writing about. It is a woman born decades later. See my June 2019 articles in TIME and

the Los Angeles Review of Books for more accurate information. And please cite your sources, so readers know whether your work is based on accurate research or not.

- Lois Leveen

(Editor's response: Ms. Leveen, You are correct, I did intend to include a notation about the photo and I have amended the caption. Sister Tarpley writes an opinion column.)

To share your opinion visit NorthDallasGazette.com

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COVID-19 and the United States



NDG Senior Columnist
Ed Gray
Straight Talk

The COVID Pandemic is with us, and with that, we must accept our lives are forever changed.

It seems after a month of endless stories regarding the pandemic, here is another news story on how the COVID-19 epidemic will change our lives forever. Do not assume this is the final call, but it is instead a call to action.

To begin with, I will never look at toilet paper again, in the same way. Before I go on, toilet paper is not something you use; it is something you store and wait for the upcoming Apocalypse. The Apocalypse is here, and as we get used to a hellish new normal, we ask each other, when will it end?

The President of the United States is the moral arbiter of our hopes and dreams. The President is responsible for calming our fears and motivating us to act. Presidents see in our base moments, reasons

The League of Women Voters of Texas is incredibly disappointed by the Fort Worth Court of Appeals' ruling. "We are appalled that Crystal Mason's five-year jail sentence was affirmed even though her provisional ballot had been rejected and was never counted," said Grace Chimene, President of the League of Women Voters of Texas. "Our democracy was so precious to Crystal Mason that she wanted to vote. This is an injustice to Crystal and to our democracy. The ruling undermines the whole meaning of 'provisional ballots.'"

In 2019, the League of Women Voters of Texas joined as amicus in Mason-Hobbs v. Texas, arguing that genuine confusion around voter eligibility does not

**STOP THE SPREAD OF GERMS**

Help prevent the spread of respiratory diseases like COVID-19.

Avoid close contact with people who are sick.



Cover your cough or sneeze with a tissue, then throw the tissue in the trash.



Avoid touching your eyes, nose, and mouth.



Clean and disinfect frequently touched objects and surfaces.



Stay home when you are sick, except to get medical care.



Wash your hands often with soap and water for at least 20 seconds.



For more information: www.cdc.gov/COVID19

to rise above our base; it is not a reason to play to the base bottom. President Trump listening to his political base, is partially responsible for our current dilemma.

President Donald Trump played to his base when he should have been building our country up to defend against the unseen enemy, which is COVID-19. America finds itself in the precarious situation of hav-

ing fewer hospital beds than Italy, which until recently had more illness reported than China.

We find ourselves in a shortage of means. These means affect our livelihood and our future. In addition to the toilet paper, there are shortages in other essential commodities, like paper towels, bananas, and water,—these items before COVID-19 were taken for granted.

violate Texas state law. The brief was filed in support of Ms. Mason-Hobbs, a returning citizen who was sentenced to five years in jail

Her provisional ballot was ultimately denied, and her vote did not count towards any election.

"In recent elections, we

“This is an injustice to Crystal and to our democracy. The ruling undermines the whole meaning of ‘provisional ballots.’”

for voting in the 2016 presidential election.

Mason-Hobbs believed she was eligible to vote after previously being released from prison, but her voting status was complicated by the fact that she was still on federal supervised release.

have seen more participation of returning citizens than ever before, yet some states have not met that momentum with education and clarity about when returning citizens are eligible to participate," said Chris Carson, president of the League of

As we all lineup, maintaining the required six feet of social distancing as if COVID-19 germs can count in feet. We no longer can take for granted our health will not be affected by something as random as a sneeze. What is not random is a country's willingness to act, and our responsibility to act.

We all, whether the President of the United States or each other, must adequately prepare for the next crisis. It may either be a manmade event, a pestilence, or a pandemic, but we must prepare for that event. We now have experience in testing our patience and testing our will. What should never be tested again is our preparation.

I am Ed Gray, and this is Straight Talk.

Ed Gray is a presidential scholar at Southern Methodist University. He is the host of The Commish Radio Show airing Saturdays 3-5 p.m. on FBRN.net, can be reached at egray62@att.net. NDG was awarded NNPA's 2018 Robert S. Abbott Best Editorial for Gray's "Confederate Statues: The White Man's Burden" column.

Women Voters of the United States. "This case is an example of a citizen who was obviously unclear about an ambiguous state law and was penalized for her honest confusion."

The case addresses whether the state of Texas can bring criminal charges against individuals who mistakenly violate the law by casting a ballot before their rights are fully restored.

The League of Women Voters of Texas challenges all efforts and tactics that threaten our democracy and limit the ability of voters to exercise their right to vote. "We envision a democracy where every person has the desire, the right, the knowledge and the confidence to participate," state Chimene.

Five ways to talk with children about COVID-19

By Colleen Colaner

COLUMBIA, Mo. — As the COVID-19 virus begins spreading in the United States, children might see or hear news about the pandemic and the loss of life. Colleen Colaner is an associate professor in the Department of Communication in the College of Arts and Science at the University of Missouri. Here, Colaner gives five tips for how to talk with children about COVID-19, including acknowledging children's feelings and how to talk with children about death.

Give your child clear, accurate and age-appropriate information

Children are aware that there is a big, scary thing happening. Giving them some details can help them understand their world a little more. When talking to your children about the virus, use clear and accurate terminology. Children can be very literal with words, so euphemisms that we



CDC

think will soften the blow can actually cause confusion. For example, we may say, "There is a bug going around that is making people sick." Some children may think of all bugs as dangerous or associate this pandemic with insects. A more accurate way to explain this would be, "There is a virus that is making people sick."

Acknowledge your child's feelings about their changing worlds

Children are experiencing a lot of loss right now. Their school communities are no longer available,

which can cause a lot of sadness, anger and frustration. Their routines have been disrupted, which can cause anxiety and uncertainty. As parents work from home, children may see their parent's job-related stress and experience loneliness. High schoolers are missing important rites of passage such as prom, graduation, plays and sporting events.

It's important for children to be able to feel all these feelings. As Mr. Rodgers said, "Feelings are mentionable and manageable." Many children

will have a difficult time expressing these feelings appropriately. Letting our kids know, "It's okay to be sad, mad or worried" gives them space to have their feelings. At the same time, we can put limits on their behaviors when they express their feelings in inappropriate ways. For example, "It's okay to be mad about missing your friends, but it is not okay to yell at your family."

Model good stress management for your child

As the stress related to COVID-19 increases, children are going to need help managing their own stress. We can model good stress management by showing them how we tend to our own mental health. We don't have to pretend that everything is okay. It's helpful for children to see behind the curtain right now. We can show them that we can do hard things in this uncertain time. Let them know that this is hard for parents too, but that you

are working to stay healthy and happy. Tell them what is helping you, such as meditation, breathing techniques, walks, movies, etc., and talk to them about what makes them feel better when things feel hard for them.

Be ready to talk to children about death

As we have more deaths related to the virus state-side, again, try to avoid euphemisms. Saying that a deceased family member "went to sleep" may provoke fears of sleeping at bedtime or nap time. Saying that "we lost" a family member may prompt fears of getting lost in public or wanting to search for the deceased person. A more accurate way to explain the death of a loved one would be to say, "They are no longer alive. Their body will not work anymore, and they will not come back." Acknowledge the feelings that the death of a loved one can bring up, and give your child empathy, but try

to avoid unclear language.

Focus on the positives

There is a lot to be worried about and unhappy about right now, but we can help our children a great deal by maintaining positivity. One way to show the positive is to point out how much helping is happening. As Mr. Rogers said, "Look for the helpers." We are all helpers right now by staying home and washing our hands. Doctors, nurses, and scientists are working hard right now to help us stay safe. Children need to feel hope and happiness to keep their brain developing in productive ways. Laughter, compliments, games and dance parties are vital right now to keep children's spirits up.

Dr. Colleen Colaner, of the University of Missouri, the research examines how communication shapes and sustains relationships in complex, diverse, and modern family structures and experiences.

What Alzheimer's caregivers should know about COVID 19

While the COVID-19 pandemic threatens the health of millions in this country and around the world, the novel coronavirus presents unique challenges for more than 5 million Americans living with Alzheimer's and their caregivers.

Most notably, public health strategies aimed at limiting contact with others is nearly impossible for people living with Alzheimer's and other de-

mentias, who rely on family caregivers and others to live their daily lives. This reality affects these individuals across all settings, including home, adult day services, residential and assisted living facilities and nursing homes.

To help family caregivers navigate the current complex and quickly changing environment, the Alzheimer's Association is offering additional guidance to families, including:

Help people living with Alzheimer's practice safe hygiene. People with Alzheimer's and other dementias may forget to wash their hands or follow other precautions to ensure safe hygiene. Caregivers are encouraged to be extra vigilant in helping individuals practice safe hygiene.

Anticipate and prepare that current care and support options may change. As public health containment strategies for CO-

VID-19 escalate during the next several weeks, it is important for families to anticipate that less help and support may be available. For example, many adult day care programs are shutting down during the crisis and home health services may also become less available. It's important for families to anticipate these changes and make plans for filling gaps in caregiving.

Ask residential care facilities about its communi-

cation policies. In order to protect the health of their residents, many facilities are restricting access to outside visitors, so it's important to ask how you can get updates on your fam-

ily member's health and how you can communicate with loved ones during the current crisis. Ask to see if phone calls, including video calls, will be offered and how best to coordinate.

Five steps for dealing with social isolation

In downtown Austin, a hopeful message can be seen on a movie theater marquee. It reads: "IN ORDER FOR US TO BE ALL TOGETHER, FOR NOW WE MUST REMAIN APART."

By now, you've gotten the message: Voluntary social distancing is key to mitigating the spread of COVID-19. And for most

of us, lying low for a while should be a small sacrifice to make for the greater good of everyone. Still, separating ourselves from one another is not without its challenges. And it's useful to remember that chronic social isolation, particularly among older adults, can be unhealthy.

"Being socially isolated can be unhealthy," said

Amanda Fredriksen, an associate state director for advocacy and outreach at AARP Texas. "We know that people who are socially isolated, particularly older adults, have a significant risk of early death, as well as dementia and heart disease."

There are academic studies on the subject of socially isolated adults. AARP re-

ports have stated that social isolation significantly increases the risk of death among older adults. In fact, one study has likened the detrimental health effects of isolation to those associated with smoking up to 15 cigarettes every day.

Social isolation is more common among older

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Mayor Johnson issues emergency stay-at-home regulations

Mayor Eric Johnson on Tuesday issued a new set of emergency regulations to allow Dallas County's stay-at-home provisions to be enforced in parts of the

city that do not fall within the county's jurisdiction.

At the request of City Manager T.C. Broadnax, the mayor's emergency regulations also suspend

City Council committee meetings — other than the two new ad hoc committees devoted to COVID-19 assistance and recovery — through at least April 29.

The emergency regulations were issued pursuant to the mayor's March 12 local disaster declaration, which will expire April 29 unless renewed or re-

scinded prior to then. The mayor's regulations have also included a requirement for all public, private and commercial labs to report to the City the number of

COVID-19 tests conducted in Dallas.

For more information on COVID-19, visit the City's web page, DallasCityHall.com/coronavirus.

Dallas Animal Services adjusts operations during COVID-19

Dallas Animal Services (DAS) has responded to the increased need for social distancing by altering field and shelter operations to minimize human contact for residents. DAS officers will continue to respond to urgent and high-priority calls, including sick or injured animals, and animals that threaten public safety. DAS will take additional precautions when interacting with the public. Residents are still encouraged to dial 311 for animal-related service calls.



Tran Mau Tri Tam / Unsplash

"We are very committed to public safety and lifesaving within our shelter and in our community," said DAS Director Ed Jamison.

"These adjusted procedures will allow us to continue to find positive outcomes for pets in our care while keeping our staff and residents

safe."

The only non-staff permitted to enter the shelter will be individuals who contacted DAS about their lost pet.

Residents that are interested in surrendering their pet must visit dallasanimalservices.org to make an intake appointment—intakes will be limited to emergency cases. At this time, DAS is not taking in healthy community cats; any kittens with a mother should be monitored until eight weeks of age. For

more information regarding nursing or orphaned kittens, visit dfwkittennetwork.com.

Beginning Tuesday, March 24, DAS will launch tele-adoptions, online foster orientations and curbside adoption and foster pet pick-up to stay in compliance with Dallas County's shelter at home order. Residents can visit dallasanimalservices.org to schedule an appointment to speak with a DAS adoption or foster staff member who will help them select a pet and reserve a curbside pick-up

time to take their new furry family member home.

"We know that many people will be spending increased time at home over the next couple of weeks, which makes it the perfect time to adopt or foster a dog," said DAS Assistant Director MeLissa Webber. "I can't imagine a better way to avoid going stir crazy than to welcome home a new best friend!"

All pets will be free to adopt until further notice. Visit dallasanimalservices.org to view adoptable pets.

Garland City Council orders shelter in place, postpones election

The Garland City Council met in special session March 23 to issue a shelter in place order through midnight April 7. People must stay at home for all but essential work and shopping in an attempt to combat the spread of COVID-19 in the community. The Council adopted a list of types of essential business, however, it also created a committee to respond to appeals and further refine the list.

Also as adopted by Council, persons within the household of anyone who has tested positive for COVID-19 are ordered to remain in isolation.

The Garland City Council also postponed its general election six months to Nov. 3 to keep voters from

gathering during a time of concern over the spread of COVID-19.

Texas Gov. Greg Abbott on March 18 authorized those holding May 2 elections to postpone their election to Nov. 3.

"I strongly encourage local election officials to take advantage of these waivers and postpone their elections until November," Gov. Abbott said. "Right now, the state's focus is responding to COVID-19 - including social distancing and avoiding large gatherings. By delaying this election, our local election officials can assist in that effort."

Garland voters will decide representatives for Council Districts 1, 2, 4 and 5. They'll also consider a

proposal to repurpose Parkland at 3925 W. Walnut St. as the new site for the Walnut Creek Branch Library.

Candidate filings for the election remain valid with no additional filing period. Applications for mail-in ballots are still valid for those over 65 and those voting by mail due to disability. The voter registration deadline for the election is extended to Oct. 5. Early voting will be Oct. 19-30.

Garland offers an information line, 972-205-3900, to help connect residents to health resources during the COVID-19 pandemic. Call your primary care physician first for medical and testing advice.

Council also heard a staff presentation that stated the

city is not disconnecting electric or water service for late or lack of utility bill payment. However, customers should call Utility Customer Service at 972-205-2671 or CustServ@GarlandTX.gov to discuss their situation. Please include the service address and account number in any correspondence.

Dallas County makes changes in criteria for COVID-19 testing

This week, the two COVID-19 testing sites in Dallas updated the criteria and lifting the age restriction to test more North Texans.

Criteria for testing sites are as follows:

- Shortness of breath
- Cough

- Must show a temperature of 99.6 or higher

The sites operate daily from 8 a.m. to 8 p.m. and are located at:

- American Airlines Center, Parking Lot E, 2500 Victory Plaza
- Ellis Davis Field House, 9191 S Polk St.

House Democrats call on Gov. Abbott to issue statewide "stay-at-home" order

This week 65 members of the Texas House Democratic Caucus urged Governor Greg Abbott to issue an executive order implementing a statewide "stay-at-home" order to combat the

growing threat of the novel coronavirus and the disease it causes, COVID-19.

"All of us are deeply concerned about the devastating impact this pandemic is having on the economy

and our constituents' livelihoods," Rep. Chris Turner (D-Grand Prairie), Chair of the House Democratic Caucus said in a statement

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LEGAL NOTICE

These Texas Lottery Commission scratch ticket games will be closing soon:

Game #	Game Name / Odds	\$	Official Close of Game	End Validations Date
2188	Icy Hot 7s Overall Odds are 1 in 4.85	\$1	5/23/20	11/19/20
2088	Merry Money Overall Odds are 1 in 3.97	\$5	5/23/20	11/19/20
2157	5X El Dinero Overall Odds are 1 in 3.63	\$5	5/23/20	11/19/20
2158	Cowboys Overall Odds are 1 in 3.99	\$5	5/23/20	11/19/20
2159	Houston Texans Overall Odds are 1 in 3.79	\$5	5/23/20	11/19/20
2181	Winter Winnings Overall Odds are 1 in 3.58	\$10	5/23/20	11/19/20

Tlottery.org is the official source for all pertinent game information. Game closing procedures may be initiated for documented business reasons. These games may have prizes unclaimed, including top prizes. In addition, game closing procedures will be initiated when all top prizes have been claimed. During closing, games may be sold even after all top prizes have been claimed. Must be 18 or older to purchase a ticket. For help with a gambling problem, ncpgambling.org © 2020 Texas Lottery Commission. PLAY RESPONSIBLY.

TEXAS LOTTERY

Dallas ISD delivers 100,000 meals on first day of grab-and-go meals

The first day of Dallas ISD providing bulk grab-and-go meals saw a huge response from the community, with the turnout at several schools far exceeding original expectations. Each meal package given to students had breakfast, lunch, and dinner for three days, with a total of more than 100,000 meals given out to students Monday.

With schools being closed indefinitely, Monday



Obi Onyeodor / Unsplash

was the first time Dallas ISD has ever provided students with three days of grab-and-go breakfast, lunch,

and dinner. Since it was the first time, the district estimated what the demand would be at the nearly 50 schools offering meals to all students.

Dallas ISD Food and Child Nutrition Services Executive Director Michael Rosenberger said Monday's meal service will now provide the baseline data of how many meals need to be distributed and served at the locations in the future.

"Now that we have a better idea of what demand will be at the different schools, we will be better prepared on Thursday to feed students at these high-demand locations," Rosenberger said. "We thank our families for their patience on this first day as we improve upon this new system. We are here for the students of

Dallas ISD and are committed to serving all of them."

The bulk grab-and-go meals will be distributed on Mondays and Thursdays from 10 a.m.–1 p.m. at the entrance of the selected schools. All children 18 years of age and younger qualify for the meals, as well as all students with disabilities regardless of age.

Now is a perfect time to talk to your kids about money

We all grow up with different views and relationships to money (our "money story") due in large part to how we were raised. Well, Gideon Drucker feels fortunate that his money story revolved around having two generations of financial planners (his grandfather and father) as role models. This learning — and a yearning to be like his elders — made him proactive in trying to build the sort of financial peace of mind we all seek.

"While learning the ins and outs of what my dad did day-to-day was interesting, far more impactful was the openness about money, opportunity, and our family's finances that my sister Gabby and I experienced growing up under my parents' roof." With the release of his new book, "How to Avoid HENRY Syndrome:

Financial Strategies to Own Your Future," Gideon wants to share those messages with you.

Three tips to follow:

Appreciate the value of a dollar. Your kids don't need to know the interest rate on your mortgage or your monthly credit card bill! But include them in conversations relevant to the family. The more open, honest, and clear you are about what things cost and how you choose to spend your money, the more comfortable your kids will become with the concept of financial prioritizing: separating needs from wants.

Teach the power of starting to save while young. Educating your kids on the power of saving money young, combined with a basic understanding about the 8th wonder of the world — compound interest — can

set the stage for everything that follows. A great exercise: would you rather have five million dollars today or a penny today that doubles every day for a month? Walk them through the experiment... but let them figure out the magic take-away on their own.

Let them enjoy the fruits of their labor. As your kids enter high school and start earning their own money (we can hope!), let them figure out their own sense

of value & self-worth. Was buying that video game worth those nine hours that Jake spent working at the coffee shop? Maybe it was; if so, great! And what a great sense of accomplishment for your kids to enjoy something that they earned for themselves!

Gideon Drucker, Certified Financial Planner, is a third-generation advisor at his family's wealth management firm, Drucker Wealth.

Stetson & Stiletto Scholarship fundraiser raised over \$225k benefitting scholarships for Collin College Students

Collin College celebrated its 35th anniversary with a record-breaking audience of supporters attending the Collin College Foundation's annual scholarship fundraiser, Stetson & Stiletto Standoff, Feb. 29.

The fundraiser was a sell-out with more than 400 guests packing the Frisco Campus (Preston Ridge)

Conference Center. Presented by PBK Architects, the event is the foundation's single-largest scholarship fundraiser of the year. Guests competed in a trivia challenge to raise scholarships for students. Because of gifts from generous supporters, the foun-

See COLLIN, Page 16



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Member FDIC

Domino's is planning to hire 1,800 workers in DFW

Domino's franchisee-owned locations are looking to hire about 1,800 new team members across 180 stores throughout the Dallas-Fort Worth area. The positions include delivery drivers, customer service representatives, assistant managers, and managers.

"Domino's works hard to serve local communities across the country and Dallas-Fort Worth is no different," said Don Gar-



Domino's Pizza is looking to hire nearly 2,000 employees for a wide range of positions locally. (Image via Domino's Facebook page)

See PIZZA, Page 11

Apple Spice Box Lunch & Catering Co. now offering meals delivered fresh for essential employees

Apple Spice Box Lunch Delivery & Catering Co. announced their locations in Plano and Addison will remain open and ready to serve individually packaged, safe, and healthy meals for all essential employees and operate in accordance with the COVID-19 recommendations from local, state and federal authorities. The stores will continue to serve businesses throughout the North Dallas Suburbs region.



Courtesy photo

"For the past 32 years, Apple Spice has built its reputation on preparing and serving fresh, safe, and healthy individually

packaged meals directly from our kitchens to our customers," said Randy

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COPING, from Page 4

folks. They are more likely to live alone. They may have experienced the loss of a spouse or friend, and they are more likely to have chronic health issues that limit mobility to inside their house.

Combating isolation is essential during this time, but being physically surrounded by others isn't necessarily the only answer. Here are some ways that can help everyone contend with isolation in their own homes.

Make use of what you have - We live in a world interconnected by technology. "Making use of video technology with smart phones and computers is a

great way to connect with family and friends," said Fredriksen. There are also other ways to stay busy online. Many websites offer free subscriptions to watch movies, or you can rent a book online. If you feel comfortable using the Internet, digital applications like social media, or video phone calls with friends and loved ones may help.

Pick up the phone and call a friend - For those who don't have internet access, a phone call can be an alternative to using social media. "Everybody seems to have a little more time right now. So why not take the time to connect with some folks you haven't had

a chance to talk to lately?" Fredriksen encourages others to not feel shy about reaching out to people that you don't get to talk to on a regular basis.

Get up and move! - Social isolation doesn't mean you can't continue to be active. However, a lot depends on where you live and how vulnerable you are. "If you can safely get out and stretch your legs, walk to the mailbox, walk in your neighborhood... that's good," she said. "But for some people, that may just mean taking a walk around your yard." said Fredriksen. Just don't forget to keep a six-foot (or more) distance between you and others.

Find your creative outlet - Find what nurtures your

Irving Chamber urges residents to keep the flavor rolling during the COVID-19 shut-in

In response to COVID-19 Dallas County has issued emergency regulations that bars and lounges must temporarily close and restaurants are temporarily restricted from allowing customers to dine-in, but can remain open and offer drive-thru, delivery

and to-go options. On March 18, Dallas County extended the regulations through April 29. During this time, many of our member-investor restaurants remain open for business, while evolving to remain within the guidelines of the new regulations.

Below you'll find a list of member-investors of the Greater Irving-Las Colinas that are currently open for business. As the situation is continuously evolving, this list will be updated as we receive information from our member-investors.

Aspen Creek - takeout, curbside pick-up, DoorDash and GrubHub delivery

Aunt Cissy's Kitchen & Catering - curbside pick-up

Big State Fountain Grill - takeout and curbside pick-up

Blue Fire Catering - takeout, curbside pick-up and delivery

Buffalo Wild Wings - takeout, curbside pick-up and delivery

Biryani and more - takeout and delivery

Bob's Kitchen - delivery

Capistrano's Trattoria & Catering - takeout and GrubHub delivery

Chick-fil-A at Las Colinas - drive thru, Curbside pick-up and DoorDash and Favor delivery

Chick-fil-A at North Beltline - drive thru only, DoorDash and Favor delivery

Chicken Salad Chick - takeout and curbside pick-up

Cici's Pizza - takeout and pick-up

Di Rosani's - takeout and curbside pick-up

El Famoso - takeout, curbside pick-up and UberEats, DoorDash and Favor Delivery

El Sombrero Tex-Mex Restaurant - takeout

Fuzzy's Taco Shop - takeout, curbside pick-up and DoorDash, UberEats and GrubHub Delivery

Gloria's Latin Cuisine - takeout, curbside pick-up (upon request) and UberEats delivery

Glory House Catering & Bistro - Delivery (10 person minimum and 24 hours notice), scheduled takeout and curbside pick-up

Gypsy Lime Taco Lounge - takeout

Hugo's Invitados - takeout and curbside pick-up

i Fratelli Pizza Las Colinas - free delivery, takeout and curbside pick-up

i Fratelli Pizza Valley Ranch - free delivery, takeout and curbside pick-up

Jason's Deli - takeout, curbside pick-up and delivery (\$25 minimum)

Jimmy John's - takeout and delivery

Joe's Coffee Shop - takeout and curbside pick-up

La Margarita Mod-Mex Kitchen & Rita Lounge - takeout, curbside pick-up and Favor and DoorDash delivery

Lamberti's Ristorante and Wine Bar - takeout, curbside pick-up and delivery

Le Peep Las Colinas - curbside pick-up

Little Katana Las Colinas - takeout and UberEats, DoorDash, GrubHub and Favor delivery

Mama's Daughter Diner - Irving - Takeout and UberEats Delivery

Mercy Bar & Lounge - takeout and curbside pick-up

Nosh and Bottle - takeout and curbside pick-up

Olivella's Neo Pizza - takeout, curbside pick-up and UberEats, DoorDash and Favor Delivery

Original Chop Shop - takeout, curbside pick-up and delivery

Our Place Indian Cuisine - takeout

Pacheco Taco Bar - takeout and DoorDash, GrubHub and UberEats Delivery

Panera Bread - takeout

Pax & Beneficia Coffee - pickup

PJs Café - takeout and delivery

Pollo Campero Irving - takeout and delivery

Po Melvin's Restaurant - curbside pick-up

Raising Cane's Chicken Fingers - drive thru and delivery

Shake Shack - takeout, curbside pick-up and delivery

Snappy Salads - takeout and UberEats, DoorDash and Favor Delivery

Texas Roadhouse - takeout and curbside pick-up

The Blue Fish - curbside pick-up

The Ranch at Las Colinas - takeout

The Spirit Grille - takeout and curbside pick-up

Via Real - pickup and delivery

Walk-On Sports Bistreaux - curbside pick-up

Whataburger - drive thru and curbside pick-up at all Restaurants

Yard House - takeout, curbside pick-up and delivery within a 5-mile radius and through GrubHub

(Last updated 3/24/20 at 4:45 a.m.)

professional, to a counselor." And the good news is that for many people in some places, they can have those conversations remotely via telehealth services.

If you're self-monitoring yourself or a loved one, it is important to spot symptoms of social isolation in ourselves and others and to take steps to combat it early, because it can become a serious hazard not only to mental health but physical health, too.

Signs that a person might be isolated:

- Deep boredom, general lack of interest and withdrawal
- Losing interest in personal hygiene
- Poor eating and nutrition

· Significant disrepair, clutter and hoarding in the home

Fredriksen, who leads AARP Texas' advocacy work in the area of long-term care services and supports, also offers advice for caregivers who are looking after those who may be socially isolated.

"It's important for caregivers to remember that as they may be taking a little bit more risk in support of helping their loved ones," she said. "They need to be careful about their own health and be careful that they're not exposing their loved ones to potential health risks." It can be difficult to remember to care for yourself. But in the long run, it can save a life.

Garland

Defend Your Drains: No Wipes in Pipes - Garland Wastewater reminds you that flushing ANY KIND of wipes can cause a backup of the sanitary sewer system. ALL WIPES



go in the trash, NO exceptions, no matter what the

label says.

Plano**Plano Public Library**

- All locations are closed, please keep books and materials you have checked out until they reopen. Any items

you have checked out will not be due while the library is closed. Access to digital resources will be provided even to overdue accounts.

Richardson

If you received a letter re-

cently good for two rolls of **blue recycling bags**, the letters may now be redeemed at a self-service table set up outside Water Customer Service at the City Hall/Civic Center. Simply drop your letter in a tray on top of the

table and pick up two rolls of the bags. The self-service format was established for greater public safety during the COVID-19 outbreak, to limit human interaction previously required to redeem the letters.

DART continues services for North Texas riders; emphasizes social distancing

Dallas Area Rapid Transit (DART) is maintaining their full schedule of services for North Texas riders who rely on buses and trains to get to jobs, grocery stores and medical appointments. This includes the many transit dependent first responders, such as doctors, nurses, medical staff, police and firefighters, who are playing such an important role during the ongoing pandemic.

DART encourages passengers to make social distancing part of their daily

routine and reminds those who feel sick to stay home.

Novel coronavirus (COVID-19) is thought to be transmitted predominantly by droplets emitted from the mouths and noses of infected people when they cough or sneeze. One of the most effective ways to stop the spread of coronavirus is to drastically reduce your interactions with other people. DART is asking all our customers to:

- Maintain a six-foot distance between fellow riders

and your DART operator whenever possible.

- Leave an open seat between yourself and other riders when available.

- Avoid physical contact with others including handshakes and hugs.

Please stay home and avoid public places if you feel sick or are experiencing symptoms.

DART remains committed to doing everything possible to keep patrons and employees safe. The agency continues to aggressively expand

agency-wide cleaning and safety protocols in response to COVID-19. In addition to standard nightly cleanings, DART vehicles now receive additional cleanings throughout the day.

High touch surface areas are cleaned with a solution approved by the Environmental Protection Agency (EPA) as successful in killing the coronavirus, as well as influenza, rhinovirus, norovirus, salmonella, staphylococcus, and e-coli. High touch surfaces include hand-

rails, door buttons, grab rails and hanging straps.

Passengers can find additional information about the agency's coronavirus prevention efforts on the DART website at www.dart.org/health.

Procedures remain enforced to isolate vehicles and areas that have been exposed to unsanitary and unhygienic situations. This includes removing vehicles from service that have been exposed to biohazard situations from passengers.

As a DART passenger, if you see an unhygienic surface that needs attention, please contact DART Customer Service at (214) 979-1111, or you can use the "DART Say Something" app, which can be downloaded from the Apple Store or Google Play.

DART also reminds customers that the best way to stay informed about changes in service is through DART Alerts. Customers can sign-up for DART Alerts at www.dart.org.



Lucy Ibeh
(Courtesy Photo)

Collin College student athletes named to Conference All-Academic Team

Seven Collin College student athletes have been named to the 2019-20 North Texas Junior College Athletic Conference (NTJ-CAC) All-Academic Team. Collin College's selec-

tions to the team were:

Women's Basketball – Lucy Ibeh of Lagos, Nigeria, and Anyssia Gibbs of Apple Valley, California
Women's Tennis – Rebekah Clark of Frisco,

Andrea Farris of Lucas, and Lea Mjertan of Osijek, Croatia

Men's Tennis – Hector Flores of Caracas, Venezuela, and Tom Golden of Perth, Australia

Each honoree has completed at least three semesters of college work with a minimum of 36 hours of courses that lead to a degree while maintaining

a cumulative grade point average of 3.25 or greater. The student athletes participated in a least one season on the varsity level and lettered in their sports.

PANIC, from Page 1

scientists around the world are still learning about.

Peter Noel Murray, a New York-based member of the American Psychological Association and the Society for Consumer Psychology, is uncertain that persons in authority have the power to calm the panic-buying trend.

"On the emotional side, the answer is self-affirmation," he said. "In our minds, we know one day we are going to be dead, and the mind deals with it through [seeking] control." He said there is an "over-estimation" of fear and people's minds need to respond to those kinds of feelings.

A need for 'self-affirmation'

"The need for self-affirmation is triggered and that drives us to do unreasonable things like buying a year's worth of toilet pa-

per," Murray explained. "It overwhelms the knowledge that we don't need to be doing that."

There is a difference in disaster panic and general panic. Toilet paper has become the symbol of the latter. For instance, weather forecasters are able to predict with much greater certainty that a hurricane is barreling toward a certain region. They can provide more information about a cluster of tornadoes about to come your way (though warning times are uncertain at best). With an earthquake, of course, there is little way of predicting that. In these cases, you know it is going to happen and you usually know ahead of time that the emergency will last a couple of days. You're able to prepare yourself by being somewhat rational with what you buy.

But why purchase huge amounts of toilet paper? Dr. Dimitrios Tsivrikos, an expert in consumer and behavioral science at the University College London, has for the past few months witnessed this phenomenon and offered an unexpected assessment:

"Because toilet paper has a longer shelf-life than many food items," he said. "And it's prominently featured in aisles and is big in size. We're psychologically drawn to purchasing it in times of crisis. It's in big colorful packages; the bigger they are, the more important we think they are."

Take precautions, but don't panic

While the threat is very real and all precautions should be taken to stay healthy, some shoppers may overestimate the risks of dying from coronavirus. Katharina Wittgens, a psychologist with the be-

havioral strategy agency Innovation Bubble, suggests that shoppers are creating too much anxiety in themselves, which is never good during either clear or uncertain circumstances.

"Far more people die in car accidents or household accidents per year, but we don't panic in the morning before we go to work about these things," Wittgens said. "It's hard to convince our brains of facts, hence why statistics often don't work." Wittgens said the surge in panic buying will probably decline after a month when people have had time to think more rationally.

"When we stand in front of empty shelves, people fear that stocks will run out, so they buy far more than they need," she said. "This becomes dangerous as some goods such as soap, medicines and sanitizers become unavailable for those in immediate need." And

because it is more obvious when the paper goods aisle is empty—compared to smaller items—this can also lead to craze over the item intensifying.

There have been plenty of examples of price gouging in response to the coronavirus pandemic. These prices have caused companies to put measures in place to stop speculators from taking advantage of a spike in demand. This month, for example, Amazon announced it removed more than a million basic-needs products for misleading claims and price gouging.

Face masks won't stop infection

The U.S. government has recommended people stop buying face masks, not only because surgical masks aren't sufficient protection from coronavirus, but because there may not be enough for healthcare professionals who need them

to do their jobs.

Americans have witnessed this type of irrational behavior before. In 1962 during the Cuban missile crisis, when nuclear war seemed imminent, American families filled their basements with enough canned food and bottled water to survive an atomic blast.

A better plan than panic buying would be to be prepared year-round for a possible emergency or crisis. It's also worth keeping everyone else's needs in mind as these types of events unfold. Stock up on what you and your family need and no more. Avoid the urge to hoard enough supplies to fill a doomsday bunker.

"Anxiety needs to be acknowledged and managed," Wittgens said. "We do not want complacency, but high levels of anxiety are not useful to prepare [or] prevent catching it."

Frederick retires from the Dallas Cowboys

Dallas Cowboys fans received a surprise announcement of the retirement from All-Pro Center Travis Frederick. For nearly two years he has battled Guillain-Barré Syndrome which sidelined him for much of one season. Although he did return to Pro Bowl level performance last year, Frederick has determined the cost was too high.

"I started a journey almost two years ago that completely blindsided me," Frederick shared in a statement on Monday. "When I developed Guillain-Barré Syndrome, I did not know how to handle things. I was scared. That experience forced me to reevaluate my

life priorities. I spent much of that year thinking about both the past and future. I realized how fortunate I was to play a game for a living. I realized how fortunate I was to make friends and become teammates with some great men. Most of all, I realized the importance of my family and how much I want to be there for their peaks and valleys as they were for me."

According to the Mayo Clinic's website, Guillain-Barré Syndrome is a rare disorder in which your body's immune system attacks your nerves. Weakness and tingling in your extremities are usually the first symptoms.

"Football is risky. Each

day, players go to work knowing this could be their last day playing. Facing the potential end of my career because of my illness forced me to imagine life after football. I had to prepare for my career potentially ending. Some players fear life when it no longer revolves around football; the moment one stops playing the sport to which one's identity and dreams have been tied to for 20 years. After months of contemplation, I not only accepted that moment but I also, surprisingly found myself welcoming the moment. I was ready for the next stage of my life; however, the competitor in me would not accept going out without

returning to the field."

Naturally, Frederick wanted one more shot at least a Super Bowl appearance, but he is at peace with moving on.

"I made my return to the field, played well overall, and was selected to the Pro Bowl, but it was a difficult year for me. Each day I faced a struggle: I could no longer perform at my highest level. Playing "well" is not what I expect of myself and is not what my teammates deserve. Because of this, I know my days as a football player are done. I am proud of what I have accomplished in my career, and I walk away with my head held high."



Keith Allison / Wikimedia

Richardson cancels Cottonwood Art, Wildflower! Arts & Music Festivals

The City of Richardson announced the spring celebration of its semiannual Cottonwood Art Festival, scheduled for May 2-3, and the 28th annual Wildflower! Arts & Music Festival, scheduled for May 15-17, have been canceled. The cancellations are designed to protect the public's health and safety, consistent with guidelines from the Centers for Disease Control and other public health experts, and also to ensure that City resources can remain fully focused on the delivery of critical services throughout the duration of the COVID-19 situation.

"After significant deliberations, we felt that we had no other choice but to can-

cel these events as the only right decision under the circumstances. It is unfortunate, as these festivals have been a major part of our community coming together for decades, but it was necessary to ensure that we are not putting thousands of visitors at risk and that we are remaining fully compliant with the guidance provided by federal, state and county officials," said Richardson Mayor Paul Voelker. "Nevertheless, we are happy to say that the fall celebration of the Cottonwood Art Festival is still planned and that we eagerly and optimistically look forward to seeing everyone gathered together in Cottonwood Park this October."

Wildflower! Festival

Full refunds will be available to all Wildflower! Arts & Music Festival ticket holders. For those who ordered tickets online, refunds will be processed automatically through Etix, so further action by ticketholders is not required.

To receive a refund-by-check for Richardson resident discount tickets, residents must send their tickets, along with their name and mailing address, to: City of Richardson, Accounting Department, P.O. Box 830309, Richardson, TX 75083-0309.

For further information about these event cancellations, or to monitor for new information about

future City of Richardson festivals and events, please visit [www.cor.net/depart-](http://www.cor.net/departments/parks-recreation)

www.wildflowerfestival.com, [www.cottonwoodart-](http://www.cottonwoodart-festival.com)

festival.com or the social media feeds of the City and festival.

A few binge watching movies as you continue to shelter-in-place in Dallas

Prime Video

- *The Best Man*
- *The Five Heartbeats*
- *The Last Black Man in San Francisco*
- *Mo'Nasty*
- *Soul Food*
- *The Wiz*

Hulu

- *American Gangster*
- *Barbershop*
- *For Colored Girls*
- *Eve's Bayou*
- *Hitch*
- *If Beale Street Could Talk*
- *The Immortal Life of Henrietta Lacks*

Kate & Leopold

- *Miss Evers' Boys*
- *What Men Want*
- *When Harry Met Sally*

Netflix

- *Bad Boys II*
- *Eddie Murphy: Delirious*

Harlem Nights

- *Kings of Comedy*
- *Miracle*
- *Moonlight*
- *Mo'Nasty*
- *Mudbound*
- *Purple Rain*
- *The Shawshank Redemption*
- *She's Gotta Have It*

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NDG Entertainment Ticket Giveaway!!! Visit us on Facebook to win tickets to the the hottest events in Dallas/Fort Worth!!!!

Studio Movie Grill announces temporary closure amid COVID-19 pandemic

As a deeply conscious business in service to its communities and the safety and wellbeing of all its stakeholders, Studio Movie Grill ("SMG") felt it was now time to act affirmatively based on current guidelines to safeguard the health and welfare of the entire SMG community. SMG has therefore proactively paused moviegoing in all

its theaters nationwide and has made the difficult decision to temporarily close all locations. SMG will refund all tickets pre-purchased and suspend billing customers on all subscription plans. Normal billing cycle will resume when the SMG circuit is fully re-opened.

This is an unprecedented moment in our world, and SMG has been proactive

in taking all recommended steps to preserve the health and safety of all those it touches. The SMG team is heartbroken that, for the time being, we will no longer be able to offer our communities a place to escape and enjoyment in these difficult times. SMG values the health and wellbeing of its communities above all else, and looks forward to

reopening once it is safe to do so.

"While we fully intend to re-open, the situation is unlike any we have been challenged with and is rapidly changing. As a purpose driven company with a mission to open hearts and minds one story at a time, the health and wellbeing of our valued team members, treasured guests and

entire communities has to be uppermost," said SMG Founder/CEO Brian Schultz, "The seeds of hope are far more fruitful than the seeds of doubt. We are all taking precautions to support a healthy future for everyone for the long term. In these challenging times it's the great stories that provide inspiration."

SMG will be assuring af-

fected team members that, while it has currently no choice but to close its theaters, it will continue current SMG medical insurance for team members employed by SMG. For SMG team members who are in dire financial need due to COVID-19, the company has an internal One Story Fund established to help SMG team members meeting requirements.

Perot Museum launches at-home science activities, fun facts and more

Did you know that a snail has thousands of teeth? Or that the North Pole has one sunrise each year ... and that 1.3 million Earths can fit inside the sun?

It may be dark within the walls of the Perot Museum of Nature and Science during its temporary closure, but its "lights on" for learning as the Museum launches Amaze Your Brain at Home!, a rotating wealth of brain-pleasing, fun that will be provided to those at home over the weeks to



EJ Herson / DoD

come.

Even when on-site visits aren't possible, the Museum has developed engaging

ways for all ages to explore nature and science at home, in backyards or outdoors, using common household

objects and supplies. For example, kids can keep their brains humming as they learn about winter on Mars and moving milk molecules, how to concoct a non-Newtonian fluid, formulate their own slime and more.

Age-specific experiments – from a mini water-cycle activity (tailored to grades 2+) to an ice albedo test (grades 5+) to DIY barometers (grades 8+) – will continuously be refreshed to keep minds engaged

while providing enrichment as people home school and socially distance.

Digital guests will also find "Amaze Your Brain" facts and videos at perot-

museum.org. From the tiniest atoms to the titan-sized Saturn, scientific tidbits will evoke ah-ha moments in tots, teens and adults alike.

Supreme Court Sides with Comcast in discrimination dispute against Byron Allen

By Stacy M. Brown
NNPA Senior Correspondent

In a decision issued online Monday, March 23, over entrepreneur and media mogul Byron Allen's Entertainment Studios Networks in a discrimination lawsuit against Comcast, the Supreme Court's justices have unanimously decided to send the case back to the 9th U.S. Circuit Court of Appeals in San Francisco.

In an Op-Ed for BlackPressUSA.com, Maurita Coley, President and CEO of the Multicultural Media, Telecom, and Internet Council (MMTC) explains, "The lawsuit arose out of Comcast's decision several years ago not to carry several Allen-owned television channels, such as Pets.TV and Recipe.TV. Comcast has argued its rejection of Allen's channels was purely a business decision, reflecting what it viewed as the channels' limited audience appeal. Allen then promptly filed a \$20 billion lawsuit against Comcast, alleging

that the company's refusal to contract with Allen's company was racially motivated, in violation of Section 1981 of the Civil Rights Act of 1866.

"District Court Judge Terry Hatter – a well-respected African American judge with an apparently strong record on civil rights – dismissed the case three times, finding that Allen had not established a plausible argument that Comcast would have contracted with his company 'but for' Allen's race.

"Allen appealed to the 9th Circuit, which remanded Judge Hatter's dismissal with a new guideline to the lower court that a plaintiff can state a viable claim under Section 1981 if discriminatory intent plays any role in a defendant's decision not to contract, regardless of whether race discrimination was a "but for" cause of that decision. Comcast petitioned the Supreme Court to review the 9th Circuit's decision, and the Supreme Court agreed."

The Supreme Court filing, Comcast Corp vs. NAAAM, was the result of an appeal by Comcast of the 9th Circuit's decision.

Comcast argued that the Section 1981 ban can only be interpreted as requiring "but for" causation.

Comcast assured the justices that reasons that have nothing to do with race, such as a lack of bandwidth, and its decision to focus on news and sports content, and it had, for many years, carried numerous other African American-owned networks.

ESN countered this would prohibit a plaintiff alleging race was a motivating factor from conducting fact-finding discovery, no matter how strong the evidence was, unless the plaintiff could meet the stringent requirement of plausibly alleging that race was the 'but-for' cause of the refusal to contract. ESN insists, is an extremely high and difficult hurdle because "the defendant typically is the only party with access to evidence of the defendant's motives."



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DALLAS
INDEPENDENT SCHOOL DISTRICT

Congress rejects reversal of student loan forgiveness rule

By Charlene Crowell

While much of the nation grapples with multiple adjustments attributed to the coronavirus pandemic, a rare bipartisan effort in recent days united lawmakers to reject an ill-advised Department of Education push against financial fairness for student borrowers. The lawmakers' efforts were to allow a 2016 rule to stand unchanged.

Without the March 11th vote, borrowers of student loans taken out after July 1st would have little ability to secure discharge of these loans if incurred at fraudulent, mostly for-profit insti-

tutions.

Passing the upper chamber on a 53-41 roll call vote, 10 Republican members representing 9 states joined their Democratic colleagues to preserve the federal student loan rule known as the Borrower Defense to Repayment (BD).

Originally adopted by the Obama Administration, the rule was estimated to help relieve \$17 billion in federal loans for defrauded college borrowers. This sector has been characterized by its high tuition costs, as well as its targeting of distinct demographic groups — students of color, veterans, and low-incomes — that together

led to large numbers of vulnerable students incurring unaffordable debt through a combination of private and federal loans to financially support the artificially high cost of their studies.

Many of the colleges that defrauded borrowers closed abruptly under the weight of investigations and sanctions. Other career colleges continue operating but with scant accountability from the Trump Administration and the Department of Education.

With few students actually graduating from largely for-profit career and technical institutions, debts incurred could not be repaid

on the low earnings and lack of marketable skills and knowledge.

By its own estimates, the Education Department expects that next year — 2021 — approximately 200,000 students will experience similar misconduct.

Even so, the Department of Education's 2019 BD version anticipates only 3 cents of every loan dollar would be canceled for defrauded students, and the institutions would repay a penny for documented misconduct. Additionally, the opportunity for loan discharge for groups of borrowers experiencing widespread mistreatment would end. If allowed

to take effect, the DeVos version would require each student to individually apply and prove their claim — despite evidence of systemic or widespread mistreatment.

With both chambers of Congress having voted to

preserve the 2016 BD rule, the next step is presidential action.

Charlene Crowell is a senior fellow with the Center for Responsible Lending. She can be reached at charlene.crowell@responsiblelending.org.

PIZZA, from Page 7

man, a Dallas-Fort Worth-area Domino's franchise owner. "Stores across this area are continuing to provide pizza to those who are looking for a delicious, hot meal, and at times like this, staffing is critical."

Domino's stores through-

out the U.S. provide a contactless delivery option to customers, while also offering carryout to those who prefer it. To make sure service levels remain strong, Domino's locations throughout the region need additional team members.

"While many local, state, and federal rules are closing dine-in restaurants, the opportunity to feed our neighbors through delivery and carryout continues," said Garman. "We want to make sure we're not only providing food to people but also delivering opportu-

nity to those who are looking for work."

Those who are interested in applying for a position should visit jobs.dominos.com. To read about what Domino's is doing regarding COVID-19, please visit biz.dominos.com/web/media/covid-19.

Cellco Partnership and its controlled affiliates doing business as Verizon Wireless (Verizon Wireless) proposes to construct several 37-foot 4-inch small cell monopole communications towers in the vicinity of Irving, Dallas County, TX. The locations for the proposed installations area as follows: a tower at the approx. vicinity of 2887 W Walnut Hill Ln, 75038, Lat: [32° 52' 0.3288" N], Long: [96° 59' 0.9384" W]; a tower at the approx. vicinity of 4841 North O'Connor Road, 75038, Lat: [32° 51' 56.7900" N], Long: [96° 56' 54.4000" W]; a tower at the approx. vicinity of 4321 North O'Connor Road, 75062, Lat: [32° 51' 33.8112" N], Long: [96° 57' 0.8388" W]. Public comments regarding potential effects from this site on historic properties may be submitted within 30 days from the date of this publication to: *Trileaf Corp, Thomas Johnston, t.johnston@trileaf.com, 2550 S IH 35, Suite 200, Austin, TX 78704, 512-519-9388.*

Cellco Partnership and its controlled affiliates doing business as Verizon Wireless (Verizon Wireless) proposes to build a 39-foot monopole small cell Communications Tower at the approx. vicinity of 615 Meadow Creek Drive, Irving, Dallas County, TX 75038. Public comments regarding potential effects from this site on historic properties may be submitted within 30 days from the date of this publication to: *Trileaf Corp, Patricia Rees, p.rees@trileaf.com, 2121 W. Chandler Blvd, Suite 108, Chandler, AZ 85224, 480-850-0575.*

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CROWDER, from Page 2

tilator capability but also to physically separate COVID and non-COVID patients.

We need to immediately convert unused spaces into dedicated Temporary COVID Hospitals.

If that is not done immediately, patients that are ill from non-COVID medical diseases can be infected by providers and other patients increasing their morbidity and mortality. Since every State in the U.S. now has empty conference centers, cruise ships, coliseums, concert halls

and other large venues those unused spaces can be converted into Temporary COVID-only Hospitals. Physically separating patients is a critical step to decreasing mortality and morbidity rates.

(3) Expand Medical Flight and Ground Transportation Capacity.

To strengthen our emergency and intensive care capacity, we need to rapidly put an increased number of ambulances and medical flight helicopters into service. Expanding transportation capacity must

include enhanced staffing with medical personnel. The physical location of patients in medical deserts, and their health care resources should not factor into their access to transportation. Since the coronavirus pandemic is straining transportation systems there is a need to establish "Uber-Like" emergency transportation models, that can facilitate transportation to hospitals and emergency medical facilities.

Dr. Stephanie Myers, former Assistant Secretary for Public Affairs, U.S. Department of Health and Human Services and

National Co-Chair of Black Women for Positive Change comments,

"Dr. Crowder's recommendations to address the Medical Deserts in underserved communities, is timely and urgent. Her vision should be included

in the new policies being considered by federal, state and local governments. We must act fast to reduce the death rates associated with coronavirus. We are only at the beginning of this pandemic and have the opportunity now to put in

place the medical capacity Americans will need."

Valda Crowder, MD, MBA, is a Board-Certified Emergency Medicine Physician who serves as Chair of the Health Committee for Black Women for Positive Change.

DEMS, from Page 5

issued.

"The sooner our state and nation take the dramatic steps necessary to stop the spread of the virus, the sooner people will be able to get back to work, a day that cannot come soon enough.

"For these reasons, we urge Governor Abbott to use his authority to issue a statewide stay-at-home order. We stand ready to support the governor in this regard in any way that we can.

The Caucus members' letter mirrors similar requests from Texas hospital leaders, who warn of an impending overload of the health care system if immediate steps are not taken to slow the spread of COVID-19 and "flatten the curve."

"Finally, we commend the strong actions taken by a bipartisan group of county and city officials in many communities across Texas. In the absence of uniform statewide direction, their actions will make a positive impact and we thank them for their work and the difficult decisions they are having to make."

Cellco Partnership and its controlled affiliates doing business as Verizon Wireless proposes to build a 36-foot 6-inch Monopole Small Cell Communications Tower in the vicinity of 2303 Ellis St., Dallas, Dallas County, TX, 75204, Lat: [32-47-53.6064], Long: [-96-47-43.3428]. Public comments regarding potential effects from this site on historic properties may be submitted within 30 days from the date of this publication to: *Trileaf Corp, Andrea, a.dominguez@trileaf.com, 2550 S IH 35, Suite 200, Austin, Texas 78704, 512-519-9388.*

Cellco Partnership and its controlled affiliates doing business as Verizon Wireless (Verizon Wireless) proposes to build a 36-foot 6-inch small cell monopole Communications Tower at the approx. vicinity of 2307 Allen Street, Dallas, Dallas County, Texas, 75204 (32° 47' 47.8176" N, 96° 47' 50.118" W) . Public comments regarding potential effects from this site on historic properties may be submitted within 30 days from the date of this publication to: *Trileaf Corp, Abby, a.mckay@trileaf.com, 2550 S IH 35, Suite 200, Austin, TX 78704, 512-519-9388.*

Cellco Partnership and its controlled affiliates doing business as Verizon Wireless (Verizon Wireless) proposes to construct two small cell monopole communications towers in the vicinity of Irving, Dallas County, TX. The heights and locations for the proposed installations area as follows: a 39-foot tower at the approx. vicinity of 4955 Regent Blvd, 75063, Lat: [32° 56' 12.88" N], Long: [97° 0' 46.50" W]; a 30-foot tower at the approx. vicinity of 3785 North O'Connor Road, 75062, Lat: [32° 51' 16.28" N], Long: [96° 57' 02.00" W]. Public comments regarding potential effects from this site on historic properties may be submitted within 30 days from the date of this publication to: *Trileaf Corp, Thomas Johnston, t.johnston@trileaf.com, 2550 S IH 35, Suite 200, Austin, TX 78704, 512-519-9388.*

Cellco Partnership and its controlled affiliates doing business as Verizon Wireless is proposing to construct two small cell monopole communication towers in the vicinity of Irving, Texas. The height and location for the proposed installations are as follows: 37.4-ft Monopole Small Cell Communications Tower at the approx. vicinity of 2620 W Walnut Hill Ln, Irving, TX 75038, Lat: 32° 51' 59.43" N, Long: 96° 58' 46.52" W; 37.4-foot Monopole Small Cell Communications Tower at the approx. vicinity of 4044 N MacArthur Blvd. Irving, TX 75038, Lat: 32° 51' 39.40" N, Long: 96° 57' 33.97" W. Public comments regarding potential effects from this site on historic properties may be submitted within 30 days from the date of this publication to: *Trileaf Corp, Tyler, t.hufnal@trileaf.com, 2550 S IH 35, Suite 200, Austin, Texas 78704, 512-519-9388.*

JOB FAIRS

On-going U.S. Army Opportunity

The United States Army is hiring for over 150 different career fields.

PART TIME OPPORTUNITIES - 1 weekend a month, 2 weeks in the early summer. Stay local. Money for school, healthcare, paid drills and skill training, and up to \$20,000 enlistment bonus.

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Jobs in science, intelligence, combat, aviation, engineering, law and more. Contact 214-406 - 3737

Prerequisites:

- GED/High School Diploma
- Between the ages of 17-34
- No felonies
- No major medical issues
- U.S. Citizen or permanent resident

Ongoing Census Bureau

The Census Bureau conducts continuous surveys to supply the nation with important statistics on people, places and our economy. Local field workers know their communities best, and are instrumental in conducting surveys with residents on a variety of topics. Visit census.gov to apply.

Ongoing City of Dallas

The City of Dallas' HR Dept is currently accepting apps for the Budget and Contract Administrator position. Bachelor's degree in a business/public administration, human resources or healthcare administration field, plus 7 yrs exp.

For more info and to apply, visit: <http://bit.ly/2NcCFVP>.

Ongoing House of Blues

Want a cool job in live music? House of Blues Dallas is hiring! Spruce up your resume and join us on Monday, August 26th for a Job Fair in our Cambridge Room from 1-5PM. All departments are hiring. View job



openings at <http://livenationentertainment.com/careers>.

On-going First Fridays Virtual Job Fair

Every month computer professionals can participate in the monthly job fair in the comfort of your PJs. Job Seekers must complete profile on https://tao.ai/p/fff/_/dfw

#FirstFridayFair (#FFF) is estimated to be largest attended career fair with around 8,000 professionals and 500 recruiting companies. The data science and software development focused career fair is delivered right at your desktop. No need to travel anywhere, just signup and wait for TAO.ai to organize your interactions.

Celebrate Women History Month

"Valiant Women of the Vote." The theme honors "the brave women who fought to win suffrage rights for women, and for the women who continue to fight for the voting rights of others."

BETHEL BIBLE FELLOWSHIP, CARROLLTON (A NEW PLACE TO BELONG)

NOTICE: *New You, Pastor Woodson serves the community by providing "Professional Therapy and Counseling Services" on a "Sliding Fee" scale. To schedule an appointment call the Pastoral Counseling Center at 972-526-4525 or email the church at www.bethelbiblefellowship.org*

March 29, 2020, 9:45 am
Please join us in our quiet

time, "Prayer and Meditation" followed by Morning Worship. You will be blessed and inspired as we celebrate service to God, our community and all mankind.

April 1, 2020

You are invited to join us for Wednesday's Prayer and Bible Study Class with Senior Pastor Woodson, Pastor Larry Gardner, Pastor Bernadette and others as we study the book of James; 1:1-9. Spiritual maturity is God's desire for you; it's Time to Grow in the Word of God.

Dr. Terrance Woodson,
Senior Pastor
1944 E. Hebron Parkway
Carrollton, TX 75007
972-492-4300
www.bethelbiblefellowship.org

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CHURCH HAPPENINGS

ALLEN "THE SHIP" We are Saving You a Seat!

April 5

You are invited to join us in our Sunday Morning Services as we praise and worship God in the Joycie Turner Fellowship Hall,

followed by our Worship Services; and bring someone with you, you will be blessed. It's for God's glory and honor.

April 1

Join us in our Wednesday's

See CHURCH, Page 14



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March 02, 2020

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We are currently hiring for the following positions:

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- **Loader Operator (Earthwork)**
- **Concrete Finishers (Structures, Paving)**
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Available: multiple openings

Rate: Negotiable

Must have own transportation

Years of Experience required will vary, from 6 months to 2 years (depending on position)

Physical and Drug Screen Required

Must have a Clear Background

Must be at least 18 years old (CDL Driver, 21 yrs)

**Must apply in PERSON, Monday – Friday from 8am to 11am
@ 10605 Harry Hines Blvd.**

**Please visit our website: www.edbellconstruction.com/careers
Or email your resume to: careers@edbellconstruction.com**

CHURCH, from Page 13

12 Noon-Day Live, Prayer and Bible Study class and/or our Wednesday Night Live, Prayer and Bible Study at 7 p.m. to learn more about God's Word. Be encouraged by God's plan for your maturity and His glory; and most of all; be prepared to grow.

Dr. W. L. Stafford, Sr., Ed. D.
Senior Pastor
2450 K Avenue #300
Plano, TX 75074
972-379-3287
www.theship3c.org
www.visitF3c.org

INSPIRING BODY OF CHRIST CHURCH, Let's Go Fishing! MATTHEW 4:19

"Bring the whole tithe into the storehouse, that there may be food in my house. Test me in this," says the Lord Almighty, "and see if I will not open the windows of heaven and pour you out a blessing that there will not be room to receive."

- Malachi 3:8-10

March 27, 7 pm

All men are invited to Men's Ministry meeting each Friday night at 8 pm, (IBOC promotes proactive male leadership.)

March 29, 10 a.m.

Join us for our Morning Service; and don't forget to invite family and friends to join us as we celebrate

our Lord and Savior, Jesus Christ.

March 30, 7 p.m.

You are invited to Monday School to see what God has to say to us in His Holy Word.

Pastor Rickie Rush
7701 S Westmoreland Road
Dallas, TX 75237
972-372-4262
www.Ibocchurch.org

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Our mission at MOCOP is to make the Word of God R.E.A.L. (Relevant, Engaging, Authentic, Life-Changing)

March 29, 10 a.m.

Join us for Morning Worship Service as we praise and worship God for His Honor and His glory. Don't forget to comeback at 7 p.m. for our Brazilian Church.

April 1, 7 pm

You're invited to our Wednesday's Bible Study class; you will learn what God has to say to us. Come to be encouraged by God's plan for your spiritual growth and His glory.

Dr. Sam Fenceroy, PhD
Senior Pastor and
Pastor Gloria Fenceroy

300 Chisholm Place
Plano, TX 75075
972-633-5511
www.mocop.org

SHILOH MBC IN PLANO (WHERE COMMUNITY BECOMES FAMILY)

Connect to God through Shiloh, Grow in Christ through the study of the Word of God, Serve God through service to each other and the world.

March 29, 8 and 11 am

You are invited to our Worship Services as we honor God for His goodness and faithfulness.

March 30, 7 to 8 pm

Every Monday Night
Sister II Sister (Women's Mission) in the Main Fellowship Hall and the Men II Men Bible Study in the Youth Church Sanctuary (Chapel).

April 1, 7 pm

You're invited to our Wednesday's Bible Study class; you will learn what God has to say to us. Come and be encouraged by God's plan for your spiritual growth and His glory.

Dr. Isaiah Joshua, Jr.
Senior Pastor
920 E. 14th Street
Plano, TX 75074
972-423-6695
www.smbcplano.org

Spice in Plano-Frisco.

Apple Spice's box lunch and catering services feature a menu of 18 sandwiches and wraps, 15 salads, and a variety of hearty soups including chili. The marquee item that sets Apple Spice apart from all others is its daily baked bread.

"Unlike some of the grocery stores, we have bread because we bake it ourselves," joked Stuart. "Freshly baked honey wheat, 13 grain, and sourdough bread are what our loyal customers have loved since 1988."

in between to possibly contaminate items."

Apple Spice has its own kitchen, including a bakery on-site. And while cleanliness has always been a priority at Apple Spice, it is taking extra measures to make doubly sure its food, kitchens, prep areas, packaging, and delivery vehicles are clean and sanitary. "We are deep cleaning and sanitizing all our kitchens multiple times a day," said Stuart Robertson, owner and operator of Apple

Death Notices - ndgobits@northdallasgazette.com

Faustyne Oliver
Services: Saturday, March 28, 2020 (2 p.m.)
Eternal Rest Funeral Home

Felonese Harp
Services: Saturday, March 28, 2020 (11 a.m.)
Eternal Rest Funeral Home

Baby Harper Bailey
Services: Private family service
Eternal Rest Funeral Home

Eartha Pinckney
Born: Dec. 17, 1944
Died: March 21, 2020
Prepared Place Funeral Home

Rickey Carroll, Vet.
Born: Jan. 20, 1954
Died: March 22, 2020
Prepared Place Funeral Home

Charles Brown, Vet.
Born: Feb. 14, 1948
Died: March 20, 2020
Prepared Place Funeral Home

Ruby Thornton
Services: Thursday, March 26, 2020 (11 a.m.) at Sandra Clark Funeral Home
Sandra Clark Funeral Home

Sherrie Buckner
Services: Thursday, March 26, 2020 (2 p.m.) at Sandra Clark Funeral Home
Sandra Clark Funeral Home

Special Death Announcement Program to Funeral Homes

North Dallas Gazette will publish death announcements "complimentary" on NDG's/Legacy.com Obits Page and in the Newspaper based on space availability.

Funeral Directors send your customers' Death Announcements to:

Vickie Richardson Steward
Senior Executive / NDG's Obits Department
Cell: 682.408.2322
Email: ndgobits@northdallasgazette.com



Cemetery Space Broker will make you offer on your cemetery plot



Dennis Jarvis / Flickr

- Inherited plot and can't sell it?
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We will make you a "cash offer" on your cemetery plot today! If you get voice mail-leave message phone number and information on cemetery space. We will get back to you

Call Us Today!!!!!!!
972.665.0170

APPLE, from Page 7

Clegg, founder and CEO of Apple Spice. "Our goal during this challenging time is to alleviate some of the burden on essential workers by eliminating their need to go out for breakfast or lunch by bringing the food directly to them. And unlike other food delivery services, Apple Spice meals are delivered by the same people who prepared it to ensure its safety, freshness and timeliness - directly from our kitchens to your hands with no middlemen

Women History Month 2020



Sister Tarpley
NDG
Religion
Editor

A nonprofit educational organization founded in 1980 to bring women's stories and contributions to the fore.

The project was the force behind getting Congress to designate Women's History Month officially. And, I acknowledge Black women only.

Marian R. Croak is Senior Vice President of Applications and Services Infrastructure. Named to that role in 2012, she is responsible for a team of more than 2,000 developers, engineers and program managers who manage over 500 programs impacting AT&T's enterprise, consumer, and mobility services and create the tools developers inside and outside AT&T are using to build new apps and services. Her team is tightly integrated

with the AT&T Foundry® innovation centers in Palo Alto, Calif., Plano, Texas, and Ra'anana, Israel.

Activist was a driving force in the creation of the country's premier civil rights organizations.

After graduating as valedictorian from North Carolina's Shaw University in 1927, Baker moved to New York City during the depression.

She was a founding member of the Young Negroes Cooperative League, whose members pooled funds to buy products and services at reduced cost.

In 1957 Baker and several Southern Black ministers and activists established the Southern Christian Leadership Conference, a major force in organizing the civil rights movement.

Henrietta Mahim Bradberry was born in Franklin, Kentucky in 1903. This Black innovator was a housewife and inventor who held two patents. The first, for a bed rack attachment that allowed for



Dr. Marian Croak: Inventor of (VOIP) Technology behind Skype, Video Conferencing, and Text-To-Give Messaging

the airing-out of clothes. Then Henrietta converted the rack into a new way for torpedoes to be shot from submarines!

Bessie Coleman, the first Black American woman aviator, had a postage stamp issued in her honor in 1995.

Ethel L. Payne was the first Black woman to receive accreditation as a White House correspondent.

Susan Knox's fluting iron made pressing the embellishments easier.

The trademark featured the inventor's picture and appeared on each iron. Ruffles, fluted collars, and pleats were very popular in Victorian-era clothing.

Evelyn Ashford, winner of four Olympic gold medals in 1984, 1988, and 1982. Also won a silver medal in 1988 and was in-

ducted into Track and Field and Women's Sports Hall of Fame in 1997.

Two famous quotations by Ashford: "I take pride in everything I do. I don't want to be handed any-

thing. I want to earn it."

"I can't run forever. I decided to go back to school for my degree, because I know now there's more to life than track."

NDG^{tv} North Dallas Gazette takes a moment to reflect on the past with **Historical Perspectives from Sister Tarpley**. Hear what it was like growing up in a very different Dallas when Booker T. Washington was a black school. Sister Tarpley graduated from there and went on to college and later became a city councilmember in Carrollton.

Look for NDGTV at NorthDallasGazette.com

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VALSARTAN LAWSUIT

The Valsartan lawsuits claim that numerous batches of Valsartan have been found to be contaminated with the cancer-causing substances N-nitrosodimethylamine (NDMA). Our law firm is accepting clients who took Valsartan and have been diagnosed with liver, intestine, colon or colorectal, stomach, esophageal, pancreatic, prostate, NHL or other blood cancers.

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Our firm is investigating cases where you or a loved one were exposed to Valsartan for at least a year and have been diagnosed with one of the above- mentioned cancers.

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NDG Book Review: *Making Our Way Home*

By Terri Schlichenmeyer

You are not safe.

How scary is that? If someone told you that your life was in danger right now, and they were serious, what would you do? Where would you go, and who would you seek for help? In the new book “Making Our Way Home” by Blair Imani, your ancestors may have looked for answers to those questions hundreds of miles away.

In the months after President Lincoln’s Emancipation Proclamation “marked the beginning of the end of... slavery in the United States,” it quickly became apparent



that equality for Black people in many places wasn’t going to happen – in fact, in some areas of the U.S., racism and Jim Crow laws kept even the smallest advantage out of the reach of newly-freed slaves. It was frustrating, disorienting, and it could be danger-

ous: people were sometimes lynched and killed just for living their lives.

At around the turn of the last century, Black Americans began to hear that life in the North and West was better – maybe not totally equal, but jobs were plentiful, decent housing was easier to get, education was available for Black children, and some companies even helped Black workers get settled in a new life. Tens of thousands of Black Southerners headed to New York, Chicago, and parts North, while others went to California and Oklahoma.

When World War I began,

Black soldiers did their part in the effort and were proud to do it. After they came home, though, they were disappointed to see that nothing had changed at all; the same thing happened at the end of World War II, after men and women alike served at home and abroad: inequality was still in force here in the States. This started the “second wave” of the Great Migration: at the end of both wars, Black Americans headed North and West, including Black musicians, singers, athletes, writers, and scholars.

And yet, there was still “disillusionment and frustra-

tion,” at continued inequality, which “laid the foundation of the Civil Rights movement”...

Much as you hate to judge a book by its cover (weren’t we warned about that?), it may be hard for your child not to do with “Making Our Way Home.”

On the outside, this book looks an awful lot like a text book. That’s unfortunate, because author Blair Imani packs a superb amount of story inside the covers, and history isn’t the only thing your child will get here. Imani also writes about the people who migrated, moves which opened doors for

their unique talents. She includes LGBTQ individuals and those outside the mainstream. Kids will learn about social issues and events that culturally impacted the Great Migration (which Imani treats as one event, rather than two “waves”), and the illustrations by Rachelle Baker are great draws to empowering stories.

Ultimately, pride emanates strongly from the pages of “Making Our Way Home,” and that should make it easier to get your 10-to-15-year-old interested, despite the books’ academic look. One page is all it’ll take, and enjoyment is a safe bet.

COLLIN, from Page 6

tion raised more than \$225,000.

In the trivia competition, the team sponsored by Jim and Rebecca Orr won the Stetson & Stiletto Standoff

Championship. The Celina Economic Development Corporation came in second place after a tie-breaker with architects from PBK, who ultimately finished in

third. The team sponsored by Farmers Bank & Trust won the “Trivia All Star” trophy for the highest score without mulligans.

In celebration of the college’s 35th anniversary, the foundation offered squares

of fabric for patrons to sign during the event for a \$35 donation.

The squares will be stitched together to create a large commemorative banner celebrating the college’s 35th anniversary.

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us on
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If I could do one thing, I'd have a daycare closer to work.

If you could do one thing for your community, what would it be? More daycare centers? More funding for Head Start? Completing the 2020 Census is a safe and easy way to inform how billions of dollars in funding flow into your community for hundreds of services.
Respond online, by phone, or by mail.

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