Panic buying has been rife around the globe in wake of the coronavirus pandemic. Customers have been stockpiling goods like hand sanitizer, bottled water, canned goods, paper towels and toilet paper. The trend has seen stores in some nations ration products. The U.K. is limiting sales of hand hygiene products. Australians have seen restrictions on paper goods. Americans now have to wake before dawn to purchase cases of bottled water, which are now limited to two per customer.

America not alone in frenzy
America isn’t alone in experiencing empty shelves. Mass demand for rice and noodles in Singapore prompted Prime Minister Lee Hsien Loong to assure the public that there was enough to go around. In Auckland, New Zealand, supermarket spending shot up 40 percent in about 72 hours. Shoppers in Malaysia wanting to pad their “pandemic pantries” have driven an 800-percent increase in weekly hand sanitizer sales. All of these places have confirmed cases of coronavirus.

In some ways, the trend of panic buying is a way for people to take back control in uncertain times. Many psychologists have suggested that panic buying can be understood as playing to our three fundamental psychology needs in (1) autonomy—as in the need for control; (2) relatedness—better defined as “we shopping,” rather than “me shopping,” and (3) competence—whereby a level of accomplishment is achieved and making a purchase gives people a sense that they are “smart shoppers.”

Conflicting messages add to uncertainty
In the U.S., people initially received conflicting messages from the Centers for Disease Control and Prevention and President Donald Trump. It was no surprise that people were worried when one organization says the matter is urgent, and another says it’s under control. With the virus present in all 50 states, and daily life has been altered from coast to coast, an unexpected “fear contagion” has taken hold.

Often in times of uncertainty, people can enter a “panic zone” that makes them irrational and—in rare cases—borderline neurotic. In other disaster conditions like an earthquake, tornado or hurricane, people tend to prepare because they know how many supplies they will need. It’s hard to do that with a virus that

See PANIC, Page 8
Committee on Financial Services
An Annual Survey, over 1,000 Americans who were half of her constituent and mediate assistance on behalf of all international flights that the State Department and the U.S. Embassy in Morocco, which had ignored requests for assistance from Americans who were stranded in Morocco. Congresswoman Waters immediately directed her staff to investigate the matter and further learned that approximately 3000 Americans were facing the same plight in Morocco.

On Wednesday, March 18, Congresswoman Waters sent a letter to Secretary of State Mike Pompeo demanding an immediate explanation as to how and when the State Department, as well as United States Ambassador to Morocco David T. Fischer, would implement a plan to repatriate stranded Americans in Morocco, including but not limited to State Department chartered flights leaving the region. She also made numerous phone calls directly to the State Department and the U.S. Embassy in Morocco requesting answers and immediate assistance for her constituent.

On Thursday, March 19, the State Department and the U.S. Mission to Morocco announced the arrangement of American Airlines (British Airways) flights for U.S. citizens and permanent residents beginning on Friday, March 20 from Marrakech International Airport in Morocco.

Bishop T. D. Jakes offers words of comfort as the nation faces the coronavirus

To be honest? This was coming and even thou it’s a shock to mankind, it’s not a shock to God at all.

I was very inspired by the message TD Jakes preached live online Sunday morning, and believe God moved his presence away from mankind because of the stench of Sin...not just in the world but also in the church...if this does not wake up the body of Christ to get serious about the lost instead of worrying about who’s got the biggest church or the most members, then nothing will, let’s hope and pray that this virus will be quelled soon but in the meantime, we all must examine our hearts.

- Howard

Union urges voters to contact senators ask them to support a ‘Labor Plan’

The AFL-CIO is a federation of Unions, not a union.

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(Editor’s response: Thank you! My late father, also a union man, would be ashamed of me for such an error! It has been modified.)

Sister Tarpley: The Civil War Spy

Mary Elizabeth Bowser

Nearly everything in this article is inaccurate. For example, the photograph you include is of the woman you are writing about. It is a woman born decades later. See my June 2019 articles in TIME and the Los Angeles Review of Books for more accurate information. And please cite your sources, so readers know whether your work is based on accurate research or not.

- Lois Levene

(Editor’s response: Ms. Levene, You are correct, I did intend to include a notation about the photo and I have amended the caption. Sister Tarpley writes an opinion column.)

To share your opinion visit NorthDallasGazette.com

Rep. Maxine Waters

LOS ANGELES – Within 24 hours of demanding immediate assistance on behalf of her constituent and 3000 Americans who were stranded in Morocco, Congresswoman Maxine Waters (CA-43), Chair of the House Committee on Financial Services, received notice that the U.S. State Department had heeded her calls and chartered special emergency flights for all U.S. citizens in Morocco. The Moroccan government had previously announced the suspension of all international flights to and from its airports as a protective measure against the spread of COVID-19 (coronavirus). The special return flights, which were chartered by the State Department through American Airlines partner British Airways, began transporting Americans home from Morocco on Friday, March 20.

“I am elated that my constituent and all Americans who were stranded in Morocco will now be able to safely return home to the United States,” said Congresswoman Maxine Waters. “The lack of response and distress that these U.S. citizens endured is absolutely unthinkable. I am pleased that the State Department has decided to uphold its responsibility to protect American citizens who are stranded abroad.”

On Tuesday, March 17, Congresswoman Waters received a call from her constituent requesting help with reaching the State Department and U.S. Embassy in Morocco, which had ignored requests for assistance from Americans who were stranded in Morocco. Congresswoman Waters immediately directed her staff to investigate the matter and further learned that approximately 3000 Americans were facing the same plight in Morocco.

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As an Emergency Medicine Physician and Chair of the Health Committee of Black Women for Positive Change, I call on the nation’s leaders to immediately implement three recommendations to improve access to medical care and thereby save lives before it is too late.

(1) The U.S. Congress Should Pass Legislation to Create Free Standing Emergency Departments (FSEDS).

FSEDS are 24-hour, 7 days a week, emergency departments established in communities that lack immediate healthcare services. Stand-alone emergency departments are physically separate from hospitals. They can be independently owned, hospital owned or, government owned, and are staffed by emergency medicine physicians. FSEDS are available for walk-in patients and accept patients arriving by ambulance. These facilities treat and discharge patients while also transporting admitted cases to full-service hospitals by ambulance or helicopter. FSEDS can be quickly built and maintained at a fraction of the cost of large hospitals. FSEDS are just as effective at providing time sensitive critical medical care services as hospital associated emergency departments. FSEDS can be a vital safety net for people who live in medical deserts.

(2) Convert Unused Spaces into Temporary COVID Hospitals

Health care facilities and providers can quickly become accelerating vectors for the transmission of COVID-19. It is important for that reason to not only increase the number of critical beds with ven-

See CROWDER, Page 12

NDG Readers Sound Off...

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Dr. Valda Crowder

A zip code has become a life or death matter. Families that live more than an hour from a hospital may face a death sentence based on their address. A long ambulance ride increases the risk of death. Patients with respiratory emergencies, like the ones caused by coronavirus, are particularly vulnerable.

According to the American Hospital Association Annual Survey, over 1,000 hospitals in our country have closed since 1975. As a result, communities from coast to coast have population in which residents must drive more than 60 minutes to reach an acute care hospital. These places are called “medical deserts.”

They exist in every state. Now is the time to strengthen known weaknesses in our healthcare safety net. We desperately need new investment in our healthcare infrastructure. A recent study by the UK Imperial College COVID-19 Response Team anticipates the “capacity limits of the UK and US health system being exceeded many times over.” It warns that “even if all patients are able to be treated, we predict there would still be in the order of 250,000 deaths in Great Britain and 1.1-1.2 million deaths in the US.”

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See CROWDER, Page 12
The COVID-19 Pandemic is with us, and with that, we must accept our lives are forever changed.

It seems after a month of endless stories regarding the pandemic, here is another news story on how the COVID-19 epidemic will change our lives forever. Do not assume this is the final call, but it is instead a call to action.

To begin with, I will never look at toilet paper again, in the same way. Before I go on, toilet paper is not something you use; it is something you store and wait for the upcoming Apocalypse. The Apocalypse is here, and as we get used to a hellish new normal, we ask each other, when will it end?

The President of the United States is the moral arbiter of our hopes and dreams. The President is responsible for calming our fears and motivating us to act. Presidents see in our base moments, reasons to rise above our base; it is not a reason to play to the base bottom. President Trump listening to his political base, is partially responsible for our current dilemma.

President Donald Trump played to his base when he should have been building our country up to defend against the unseen enemy, which is COVID-19. America finds itself in the precarious situation of having fewer hospital beds than Italy, which until recently had more illness reported than China.

We find ourselves in a shortage of means. These means affect our livelihood and our future. In addition to the toilet paper, there are shortages in other essential commodities, like paper towels, bananas, and water,—these items before COVID-19 were taken for granted.

The Mason verdict threatens provisional ballots

The League of Women Voters of Texas is incredibly disappointed by the Fort Worth Court of Appeals’ ruling. “We are appalled that Crystal Mason’s five-year jail sentence was affirmed even though her provisional ballot had been rejected and was never counted,” said Grace Chimene, President of the League of Women Voters of Texas. “Our democracy was so precious to Crystal Mason that she wanted to vote. This is an injustice to Crystal and to our democracy. The ruling undermines the whole meaning of ‘provisional ballots.”

In 2019, the League of Women Voters of Texas joined as amicus in Mason-Hobbs v. Texas, arguing that genuine confusion around voter eligibility does not violate Texas state law. The brief was filed in support of Ms. Mason-Hobbs, a returning citizen who was sentenced to five years in jail for voting in the 2016 presidential election. Mason-Hobbs believed she was eligible to vote after previously being released from prison, but her voting status was complicated by the fact that she was still on federal supervised release.

Her provisional ballot was ultimately denied, and her vote did not count towards any election. “In recent elections, we have seen more participation of returning citizens than ever before, yet some states have not met that momentum with education and clarity about when returning citizens are eligible to participate,” said Chris Carson, President of the League of Women Voters of the United States.

“Do what you say you are going to do ... when you say you are going to do it.”

As we all lineup, maintaining the required six feet of social distancing as if COVID-19 germs can count in feet. We no longer can take for granted our health will not be affected by something as random as a sneeze. What is not random is a country’s willingness to act, and our responsibility to act.

We all, whether the President of the United States or each other, must adequately prepare for the next crisis. It may either be a manmade event, a pestilence, or a pandemic, but we must prepare for that event. We now have experience in testing our patience and testing our will. What should never be tested again is our preparation.

I am Ed Gray, and this is Straight Talk.

Ed Gray is a presidential scholar at Southern Methodist University. He is the host of The Common Radio Show airing Saturdays 3-5 p.m. on FBRN.net, can be reached at eegray62@att.net. NDG was awarded NNP’s 2018 Robert S. Abbott Best Editorial for Gray’s “Confederate Statues: The White Man’s Burden” column.

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COLUMBIA, Mo. – As the COVID-19 virus begins spreading in the United States, children might see or hear news about the pandemic and the loss of life. Colleen Colaner is an associate professor in the Department of Communication in the College of Arts and Science at the University of Missouri. Here, Colaner gives five tips for how to talk with children about COVID-19, including acknowledging children’s feelings and how to talk with children about death.

Give your child clear, accurate and age-appropriate information

Helpful message can be healthy, “There is a bug going around that is making people sick.” Some children may think of all bugs as dangerous or associate this pandemic with insects. A more accurate way to explain this would be, “There is a virus that is making people sick.”

Acknowledging your child’s feelings about their changing worlds

Children are experiencing a lot of loss right now. Their school communities are no longer available, which can cause a lot of sadness, anger and frustration. Their routines have been disrupted, which can cause anxiety and uncertainty. As parents work from home, children may see their parent’s job-related stress and experience loneliness. High schoolers are missing important rites of passage such as prom, graduation, plays and sporting events.

It’s important for children to be able to feel all these feelings. As Mr. Rodgers said, “Feelings are mentionable and manageable.” Many children will have a difficult time expressing these feelings appropriately. Letting our kids know, “It’s okay to be sad, mad or worried” gives them space to have their feelings. At the same time, we can put limits on their behaviors when they express their feelings in inappropriate ways. For example, “It’s okay to be mad about missing your friends, but it is not okay to yell at your family.”

Model good stress management for your child

As the stress related to COVID-19 increases, children are going to need help managing their own stress. We can model good stress management by showing them how we tend to our own mental health. We don’t have to pretend that everything is okay. It’s helpful for children to see behind the curtain right now. We can show them that we can do hard things in this uncertain time. Let them know that this is hard for parents too, but that you are working to stay healthy and happy. Tell them what is helping you, such as meditation, breathing techniques, walks, movies, etc., and talk to them about what makes them feel better when things feel hard for them.

Be ready to talk to children about death

As we have more deaths related to the virus statewide, again, try to avoid euphemisms. Saying that a deceased family member “went to sleep” may provoke fears of sleeping at bedtime or nap time. Saying that “we lost” a family member may prompt fears of getting lost in public or wanting to search for the deceased person. A more accurate way to explain the death of a loved one would be to say, “They are no longer alive. Their body will not work anymore, and they will not come back.”

Acknowledging the feelings that the death of a loved one can bring up, and give your child empathy, but try to avoid unclear language.

Focus on the positives

There is a lot to be worried about and unhappy about right now, but we can help our children a great deal by maintaining positivity. One way to show the positive is to point out how much helping is happening. As Mr. Rogers said, “Look for the helpers.” We are all helpers right now by staying home and washing our hands. Doctors, nurses, and scientists are working hard right now to help us stay safe. Children need to feel hope and happiness to keep their brain developing in productive ways. Laughter, compliments, games and dance parties are vital right now to keep children’s spirits up.

Dr. Colleen Colaner, of the University of Missouri, the research examines how communication shapes and sustains relationships in complex, diverse, and modern family structures and experiences.

What Alzheimer’s caregivers should know about COVID-19

While the COVID-19 pandemic threatens the health of millions in this country and around the world, the novel coronavirus presents unique challenges for more than 5 million Americans living with Alzheimer’s and their caregivers.

Most notably, public health strategies aimed at limiting contact with others is nearly impossible for people living with Alzheimer’s and other disabilities, who rely on family caregivers and others to live their daily lives. This reality affects these individuals across all settings, including home, adult day services, residential and assisted living facilities and nursing homes.

To help family caregivers navigate the current complex and quickly changing environment, the Alzheimer’s Association is offering additional guidance to families, including:

Help people living with Alzheimer’s practice safe hygiene. People with Alzheimer’s and other disabilities may forget to wash their hands or follow other precautions to ensure safe hygiene. Caregivers are encouraged to be extra vigilant in helping individuals practice safe hygiene.

Anticipate and prepare that current care and support options may change. As public health containment strategies for COVID-19 escalate during the next several weeks, it is important for families to anticipate that less help and support may be available. For example, many adult day care programs are shutting down during the crisis and home health services may also become less available. It is important for families to anticipate these changes and make plans for filling gaps in caregiving.

Ask residential care facilities about its communication and social isolation policies. In order to protect the health of their residents, many facilities are restricting access to outside visitors, so it’s important to ask how you can get updates on your family member’s health and how you can communicate with loved ones during the current crisis. Ask to see if phone calls, including video calls, will be offered and how best to coordinate.

Five steps for dealing with social isolation

In downtown Austin, a hopeful message can be seen on a movie theater marquee. It reads: “IN ORDER FOR US TO BE ALL TOGETHER, FOR NOW WE MUST REMAIN APART.”

By now, you’ve gotten the message: Voluntary social distancing is key to mitigating the spread of COVID-19. And for most of us, lying low for a while should be a small sacrifice to make for the greater good of everyone. Still, separating ourselves from one another is not without its challenges. And it’s useful to remember that chronic social isolation, particularly among older adults, can be unhealthy.

“Being socially isolated can be unhealthy,” said Amanda Fredriksen, an associate state director for advocacy and outreach at AARP Texas. “We know that people who are socially isolated, particularly older adults, have a significant risk of early death, as well as dementia and heart disease.”

There are academic studies on the subject of socially isolated adults. AARP reports have stated that social isolation significantly increases the risk of death among older adults. In fact, one study has linked the detrimental health effects of isolation to those associated with smoking up to 15 cigarettes every day.

Social isolation is more common among older adults.
Mayor Johnson issues emergency stay-at-home regulations

Mayor Eric Johnson on Tuesday issued a new set of emergency regulations to allow Dallas County’s stay-at-home provisions to be enforced in parts of the city that do not fall within the county’s jurisdiction.

At the request of City Manager T.C. Broadnax, the mayor’s emergency regulations also suspend City Council committee meetings — other than the two new ad hoc committees devoted to COVID-19 assistance and recovery — through at least April 29.

The emergency regulations were issued pursuant to the mayor’s March 12 local disaster declaration, which will expire April 29 unless renewed or rescinded prior to then. The mayor’s regulations have also included a requirement for all public, private and commercial labs to report to the City the number of COVID-19 tests conducted in Dallas.

For more information on COVID-19, visit the City’s web page, DallasCityHall.com/coronavirus.

Dallas Animal Services adjusts operations during COVID-19

Dallas Animal Services (DAS) has responded to the increased need for social distancing by altering field and shelter operations to minimize human contact for residents. DAS officers will continue to respond to urgent and high-priority calls, including sick or injured animals, and animals that threaten public safety. DAS will take additional precautions when interacting with the public. Residents are still encouraged to dial 311 for animal-related service calls.

“We are very committed to public safety and lifesaving within our shelter and in our community,” said DAS Director Ed Jamison.

“The adjusted procedures will allow us to continue to find positive outcomes for pets in our care while keeping our staff and residents safe.”

The only non-staff permitted to enter the shelter will be individuals who contacted DAS about their lost pet.

Residents that are interested in surrendering their pet must visit dallasanimalservices.org to make an intake appointment — intakes will be limited to emergency cases. At this time, DAS is not taking in healthy community cats; any kittens with a mother should be monitored until eight weeks of age. For more information regarding nursing or orphaned kittens, visit dfwkiittenetwork.com.

Beginning Tuesday, March 24, DAS will launch tele-adoptions, online foster orientations and curbside adoption and foster pet pick-up to stay in compliance with Dallas County’s shelter at home order. Residents can visit dallasanimalservices.org to schedule an appointment to speak with a DAS adoption or foster staff member who will help them select a pet and reserve a curbside pick-up time to take their new furry family member home.

“We know that many people will be spending increased time at home over the next couple of weeks, which makes it the perfect time to adopt or foster a dog, said DAS Assistant Director Melissa Webber. “I can’t imagine a better way to avoid going stir crazy than to welcome home a new best friend!”

All pets will be free to adopt until further notice. Visit dallasanimalservices.org to view adoptable pets.

Garland City Council orders shelter in place, postpones election

The Garland City Council met in special session March 23 to issue a shelter in place order through midnight April 7. People must stay at home for all but essential work and shopping in an attempt to combat the spread of COVID-19 in the community. The Council adopted a list of types of essential business, however, it also created a committee to respond to appeals and further refine the list.

Also as adopted by Council, persons within the household of anyone who has tested positive for COVID-19 are ordered to remain in isolation.

The Garland City Council also postponed its general election six months to Nov. 3 to keep voters from gathering during a time of concern over the spread of COVID-19.

Texas Gov. Greg Abbott on March 18 authorized those holding May 2 elections to postpone their election to Nov. 3.

“I strongly encourage local election officials to take advantage of these waivers and postpone their elections until November,” Gov. Abbott said. “Right now, the state’s focus is responding to COVID-19 — including social distancing and avoiding large gatherings. By delaying this election, our local election officials can assist in that effort.”

Garland voters will decide representatives for Council Districts 1, 2, 4 and 5. They’ll also consider a proposal to repurpose Parkland at 3925 W. Walnut St. as the new site for the Walnut Creek Branch Library.

Candidate filings for the election remain valid with no additional filing period. Applications for mail-in ballots are still valid for those over 65 and those voting by mail due to disability. The voter registration deadline for the election is extended to Oct. 5. Early voting will be Oct. 19-30.

Garland offers an information line, 972-205-3900, to help connect residents to health resources during the COVID-19 pandemic. Call your primary care physician first for medical and testing advice.

Council also heard a staff presentation that stated the city is not disconnecting electric or water service for late or lack of utility bill payment. However, customers should call Utility Customer Service at 972-205-2671 or CustServ@GarlandTX.gov to discuss their situation. Please include the service address and account number in any correspondence.

PUBLIC HEALTH

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Legal notice

These Texas Lottery Commission scratch ticket games will be closing soon:

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For the 411 in the community, go to www.northdallasgazette.com

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Dallas ISD delivers 100,000 meals on first day of grab-and-go meals

The first day of Dallas ISD providing bulk grab-and-go meals saw a huge response from the community, with the turnout at several schools far exceeding original expectations. Each meal package given to students had breakfast, lunch, and dinner for three days, with a total of more than 100,000 meals given out to students Monday.

With schools being closed indefinitely, Monday was the first time Dallas ISD has ever provided students with three days of grab-and-go breakfast, lunch, and dinner. Since it was the first time, the district estimated what the demand would be at the nearly 50 schools offering meals to all students.

Dallas ISD Food and Child Nutrition Services Executive Director Michael Rosenberger said Monday’s meal service will now provide the baseline data of how many meals need to be distributed and served at the locations in the future.

“Now that we have a better idea of what demand will be at the different schools, we will be better prepared on Thursday to feed students at these high-demand locations,” Rosenberger said. “We thank our families for their patience on this first day as we improve upon this new system. We are here for the students of Dallas ISD and are committed to serving all of them.”

The bulk grab-and-go meals will be distributed on Mondays and Thursdays from 10 a.m.–1 p.m. at the entrance of the selected schools. All children 18 years of age and younger qualify for the meals, as well as all students with disabilities regardless of age.

Now is a perfect time to talk to your kids about money

We all grow up with different views and relationships to money (our “money story”) due in large part to how we were raised. Well, Gideon Drucker feels fortunate that his money story revolved around having two generations of financial planners (his grandfather and father) as role models. This learning — and a yearning to be like his elders — made him proactive in trying to build the sort of financial peace of mind we all seek.

“While learning the ins and outs of what my dad did day-to-day was interesting, far more impactful was the openness about money, opportunity, and our family’s finances that my sister Gabby and I experienced growing up under my parents’ roof.” With the release of his new book, “How to Own Your Future,” Gideon wants to share those messages with you.

Three tips to follow:

- Appreciate the value of a dollar. Your kids don’t need to know the interest rate on your mortgage or your monthly credit card bill! But include them in conversations relevant to the family. The more open, honest, and clear you are about what things cost and how you choose to spend your money, the more comfortable your kids will become with the concept of financial prioritizing: separating needs from wants.

- Teach the power of starting to save while young. Educating your kids on the power of saving money young, combined with a basic understanding about the 8th wonder of the world — compound interest — can set the stage for everything that follows. A great exercise: would you rather have five million dollars today or a penny today that doubles every day for a month? Walk them through the experiment… but let them figure out the magic takeaway on their own.

- Let them enjoy the fruits of their labor. As your kids enter high school and start earning their own money (we can hope!), let them figure out their own sense of value & self-worth. Was buying that video game worth those nine hours that Jake spent working at the coffee shop? Maybe it was; if so, great! And what a great sense of accomplishment for your kids to enjoy something that they earned for themselves!

Gideon Drucker, Certified Financial Planner, is at his family’s wealth management firm, Drucker Wealth.

Stetson & Stiletto Scholarship fundraiser raised over $225k benefitting scholarships for Collin College Students

Collin College celebrated its 35th anniversary with a record-breaking audience of supporters attending the Collin College Foundation’s annual scholarship fundraiser, Stetson & Stiletto Standoff, Feb. 29.

The fundraiser was a sell-out with more than 400 guests packing the Frisco Campus (Preston Ridge) Conference Center. Presented by PBK Architects, the event is the foundation’s single-largest scholarship fundraiser of the year. Guests competed in a trivia challenge to raise scholarships for students. Because of gifts from generous supporters, the foun-
Domino’s is planning to hire 1,800 workers in DFW

Domino’s franchise-owned locations are looking to hire about 1,800 new team members across 180 stores throughout the Dallas-Fort Worth area. The positions include delivery drivers, customer service representatives, assistant managers, and managers.

“Domino’s works hard to serve local communities across the country and Dallas-Fort Worth is no different,” said Don Gar-
Dallas Area Rapid Transit (DART) is maintaining their full schedule of services for North Texas riders who rely on buses and trains to get to jobs, grocery stores and medical appointments. This includes the many transit dependent first respondents, such as doctors, nurses, medical staff, police and firefighters, who are playing such an important role during the ongoing pandemic.

DART encourages passengers to make social distancing part of their daily routine and reminds those who feel sick to stay home.

Novel coronavirus (COVID-19) is thought to be transmitted predominantly by droplets emitted from the mouths and noses of infected people when they cough or sneeze. One of the most effective ways to stop the spread of coronavirus is to drastically reduce your interactions with other people.

DART is asking all our customers to:

• Maintain a six-foot distance between fellow riders and your DART operator whenever possible.
• Leave an open seat between yourself and other riders when available.
• Avoid physical contact with others including handshakes and hugs.
• Please stay home and avoid public places if you feel sick or are experiencing symptoms.

DART remains committed to doing everything possible to keep patrons and employees safe. The agency continues to aggressively expand agency-wide cleaning and safety protocols in response to COVID-19. In addition to standard nightly cleanings, DART vehicles now receive additional cleanings throughout the day.

High touch surface areas are cleaned with a solution approved by the Environmental Protection Agency (EPA) as successful in killing the coronavirus, as well as influenza, rhinovirus, norovirus, salmonella, staphylococcus, and ecoli. High touch surfaces include handrails, door buttons, grab rails and hanging straps.

Passengers can find additional information about the agency’s coronavirus prevention efforts on the DART website at www.dart.org/health.

Procedures remain enforced to isolate vehicles and areas that have been exposed to unsanitary and unhygienic situations. This includes removing vehicles from service that have been exposed to biohazard situations from passengers.

As a DART passenger, if you see an unhygienic surface that needs attention, please contact DART Customer Service at (214) 979-1111, or you can use the “DART Say Something” app, which can be downloaded from the Apple Store or Google Play.

DART also reminds customers that the best way to stay informed about changes in service is through DART Alerts. Customers can sign up for DART Alerts at www.dart.org.

Collin College student athletes named to Conference All-Academic Team

Seven Collin College student athletes have been named to the 2019-20 North Texas Junior College Athletic Conference (NTJ-CAC) All-Academic Team. Collin College’s selections to the team were:

Women’s Basketball – Lucy Ibeh of Lagos, Nigeria, and Aysyssia Gibbs of Apple Valley, California
Women’s Tennis – Rebekah Clark of Frisco, Andrea Farris of Lucas, and Lea Mjertan of Osijek, Croatia
Men’s Tennis – Hector Flores of Caracas, Venezuela, and Tom Golden of Perth, Australia

Each honoree has completed at least three semesters of college work with a minimum of 36 hours of courses that lead to a degree while maintaining a cumulative grade point average of 3.25 or greater. The student athletes participated in a least one season on the varsity level and lettered in their sports.

DART continues services for North Texas riders; emphasizes social distancing

City Briefs

Garland

Defend Your Drains: No Wipes in Pipes - Garland Wastewater reminds you that flushing ANY KIND of wipes can cause a backup of the sanitary sewer system. ALL WIPES go in the trash, NO exceptions, no matter what the label says.

Plano

Plano Public Library - All locations are closed, please keep books and materials you have checked out until they reopen. Any items you have checked out will not be due while the library is closed. Access to digital resources will be provided even to overdue accounts.

Richardson

If you received a letter recently good for two rolls of blue recycling bags, the letter may now be redeemed at a self-service table set up outside Water Customer Service at the City Hall/Civic Center. Simply drop your letter in a tray on top of the table and pick up two rolls of the bags. The self-service format was established for greater public safety during the COVID-19 outbreak, to limit human interaction previously required to redeem the letters.

No Wipes in Pipes

a year’s worth of toilet paper can cause a couple of days. You’re usually know ahead of time that the emergency will last little way of predicting that. Earthquake, of course, there is quake, of course, there is...that we don’t need to be doing more.

Take precautions, but don’t panic

While the threat is very real and all precautions should be taken to stay healthy, some shoppers may overestimate the risks of dying from coronavirus. Katharina Wittgens, a psychologist with the behavioral strategy agency Innovation Bubble, suggests that shoppers are creating too much anxiety in themselves, which is never good during either clear or uncertain circumstances.

“Far more people die in car accidents or household accidents per year, but we don’t panic in the morning before we go to work about these things,” Wittgens said. “It’s hard to convince our brains of facts, hence why statistics often don’t work.”

Wittgens said the surge in panic buying will probably decline after a month when people have had time to think more rationally.

“When we stand in front of empty shelves, people fear that stocks will run out, so they buy far more than they need,” she said. “This becomes dangerous as some goods such as soap, medicines and sanitizers become unavailable for those in immediate need.” And because it is more obvious when the paper goods aisle is empty—compared to smaller items—this can also lead to crazes over the items.

There have been plenty of examples of price gouging in response to the coronavirus pandemic. These prices have caused companies to put measures in place to stop speculators from taking advantage of a spike in demand. This month, for example, Amazon announced it removed more than a million basic-needs products for misleading claims and price gouging.

Face masks won’t stop infection

The U.S. government has recommended people stop buying face masks, not only because surgical masks aren’t sufficient protection from coronavirus, but because there may not be enough for healthcare professionals who need them to do their jobs.

Americans have witnessed this type of irrational behavior before. In 1962 during the Cuban missile crisis, when nuclear war seemed imminent, Americans filled their basements with enough canned food and bottled water to survive an atomic blast.

A better plan than panic buying would be to prepare year-round for a possible emergency or crisis. It’s also worth keeping everyone else’s needs in mind as these types of events unfold. Stock up on what you and your family need and no more. Avoid the urge to hoard enough supplies to fill a doomsday bunker.

“Axiety needs to be acknowledged and managed,” Wittgens said. “We do not want complacency, but high levels of anxiety are not useful to prepare [or] prevent catching it.”

City Briefs

www.NorthDallasGazette.com
Dallas Cowboys fans received a surprise announcement of the retirement from All-Pro Center Travis Frederick. For nearly two years he has battled Guillain-Barré Syndrome which sidelined him for much of one season. Although he did return to Pro Bowl level performance last year, Frederick has determined the cost was too high.

“I started a journey almost two years ago that completely blindsided me,” Frederick shared in a statement on Monday. “When I developed Guillain-Barré Syndrome, I did not know how to handle things. I was scared. That experience forced me to reevaluate my life priorities. I spent much of that year thinking about both the past and future. I realized how fortunate I was to play a game for a living. I realized how fortunate I was to make friends and become teammates with some great men. Most of all, I realized the importance of my family and how much I want to be there for their peaks and valleys as they were for me.”

According to the Mayo Clinic’s website, Guillain-Barré Syndrome is a rare disorder in which your body’s immune system attacks your nerves. Weakness and tingling in your extremities are usually the first symptoms.

“Football is risky. Each day, players go to work knowing this could be their last day playing. Facing the potential end of my career because of my illness forced me to imagine life after football. I had to prepare for my career potentially ending. Some players fear life when it no longer revolves around football; the moment one stops playing the sport to which one’s identity and dreams have been tied to for 20 years. After months of contemplation, I not only accepted that moment but I also, surprisingly found myself welcoming the moment. I was ready for the next stage of my life; however, the competitor in me would not accept going out without returning to the field.”

Naturally, Frederick wanted one more shot at least a Super Bowl appearance, but he is at peace with moving on.

“It made my return to the field, played well overall, and was selected to the Pro Bowl, but it was a difficult year for me. Each day I faced a struggle: I could no longer perform at my highest level. Playing “well” is not what I expect of myself and is not what my teammates deserve. Because of this, I know my days as a football player are done. I am proud of what I have accomplished in my career, and I walk away with my head held high.”

Richardson cancels Cottonwood Art, Wildflower! Arts & Music Festivals

The City of Richardson announced the spring celebration of its semiannual Cottonwood Art Festival, scheduled for May 2-3, and the 28th annual Wildflower! Arts & Music Festival, scheduled for May 15-17, have been canceled. The cancellations are designed to protect the public’s health and safety, consistent with guidelines from the Centers for Disease Control and other public health experts, and also to ensure that City resources can remain fully focused on delivery of critical services throughout the duration of the COVID-19 situation.

“After significant deliberations, we felt that we had no other choice but to cancel these events as the only right decision under the circumstances. It is unfortunate, as these festivals have been a major part of our community coming together for decades, but it was necessary to ensure that we are not putting thousands of visitors at risk and that we are remaining fully compliant with the guidance provided by federal, state and county officials,” said Richardson Mayor Paul Voelker. “Nevertheless, we are happy to say that the fall celebration of the Cottonwood Art Festival is still planned and that we eagerly and optimistically look forward to seeing everyone gathered together in Cottonwood Park this October.”

Wildflower! Festival
Full refunds will be available to all Wildflower! Arts & Music Festival ticket holders. For those who ordered tickets online, refunds will be processed automatically through Etix, so further action by ticketholders is not required.

To receive a refund-by-check for Richardson resident discount tickets, residents must send their tickets, along with their name and mailing address, to: City of Richardson, Accounting Department, P.O. Box 830309, Richardson, TX 75083-0309.

For further information about these event cancellations, or to monitor for future City of Richardson festivals and events, please visit www.cor.net/departments/parks-recreation, www.wildflowerfestival.com, www.cottonwoodart-festival.com or the social media feeds of the City and festival.

A few binge watching movies as you continue to shelter-in-place in Dallas

Prime Video
• The Best Man
• The Five Heartbeats
• The Last Black Man in San Francisco
• Mo Betta Blues
• Soul Food
• The Wiz

Hulu
• American Gangster
• Barbershop
• For Colored Girls
• Eve’s Bayou
• Hitch
• If Beale Street Could Talk
• The Immortal Life of Henrietta Lacks

Netflix
• Bad Boys II
• Eddie Murphy: Delirious

Prime Video
• Kate & Leopold
• Miss Evers’ Boys
• What Men Want
• When Harry Met Sally

Netflix
• Harlem Nights
• Kings of Comedy
• Miracle
• Moonlight
• Mo Money
• Mudbound
• Purple Rain
• The Shawshank Redemption
• She’s Gotta Have It

Enter to Win!
Ticket Giveaway

NDG Entertainment Ticket Giveaway!!! Visit us on Facebook to win tickets to the the hottest events in Dallas/Fort Worth!!!!
As a deeply conscious business in service to its communities and the safety and wellbeing of all its stakeholders, Studio Movie Grill (“SMG”) felt it was now time to act affirmatively based on current guidelines to safeguard the health and welfare of the entire SMG community. SMG has therefore proactively paused moviegoing in all its theaters nationwide and has made the difficult decision to temporarily close all locations. SMG will refund all tickets pre-purchased and suspend billing customers on all subscription plans. Normal billing cycle will resume when the SMG circuit is fully re-opened.

This is an unprecedented moment in our world, and SMG has been proactive in taking all recommended steps to preserve the health and safety of all those it touches. The SMG team is heartbroken that, for the time being, we will no longer be able to offer our communities a place to escape and enjoyment in these difficult times. SMG values the health and wellbeing of its communities above all else, and looks forward to reopening once it is safe to do so.

“While we fully intend to re-open, the situation is unlike any we have been challenged with and is rapidly changing. As a purpose driven company with a mission to open hearts and minds one story at a time, the health and wellbeing of our valued team members, treasured guests and entire communities has to be uppermost,” said SMG Founder/CEO Brian Schulz. “The seeds of hope are far more fruitful than the seeds of doubt. We are all taking precautions to support a healthy future for everyone for the long term. In these challenging times it’s the great stories that provide inspiration.”

SMG will be assuring affected team members that, while it has currently no choice but to close its theaters, it will continue current SMG medical insurance for team members employed by SMG. For SMG team members who are in dire financial need due to COVID-19, the company has an internal One Story Fund established to help SMG team members meeting requirements.

Did you know that a snail has thousands of teeth? Or that the North Pole has one sunrise each year … and that 1.3 million Earths can fit inside the sun? It may be dark within the walls of the Perot Museum of Nature and Science during its temporary closure, but its “lights on” for learning as the Museum launches At Home Your Brain at Home!, a rotating wealth of brain-pleasing, fun that will be provided to those at home over the weeks to come. Even when on-site visits aren’t possible, the Museum has developed engaging ways for all ages to explore nature and science at home, in backyards or outdoors, using common household objects and supplies. For example, kids can keep their brains humming as they learn about winter on Mars and moving milk molecules, how to concoct a non-Newtonian fluid, formulate their own slime and more.

Age-specific experiments – from a mini water-cycle activity (tailored to grades 2+) to an ice albedo test (grades 5+) to DIY barometers (grades 8+) – will continuously be refreshed to keep minds engaged while providing enrichment as people home school and socially distance.

Digital guests will also find “Amaze Your Brain” facts and videos at perotmuseum.org. From the tiniest atoms to the titan-sized Saturn, scientific tidbits will evoke ah-ha moments in tots, teens and adults alike.

The Supreme Court filing, Comcast Corp vs. NAAAOM, was the result of an appeal by Comcast of the 9th Circuit’s decision. Comcast argued that the Section 1981 ban can only be interpreted as requiring “but for” causation.

Comcast assured the justices that reasons that have nothing to do with race, such as a lack of bandwidth, and its decision to focus on news and sports content, and it had, for many years, carried numerous other African American-owned networks.

ESN countered this would prohibit a plaintiff alleging race was a motivating factor from conducting fact-finding discovery, no matter how strong the evidence was, unless the plaintiff could meet the stringent requirement of plausibly alleging that race was the “but-for” cause of the refusal to contract. ESN insists, is an extremely high and difficult hurdle because “the defendant typically is the only party with access to evidence of the defendant’s motives.”

Perot Museum launches at-home science activities, fun facts and more

Supreme Court Sides with Comcast in discrimination dispute against Byron Allen

By Stacy M. Brown
NNPA Senior Correspondent

In a decision issued online Monday, March 23, over entrepreneur and media mogul Byron Allen’s Entertainment Studios Network’s discrimination lawsuit against Comcast, the Supreme Court’s justices have unanimously decided to send the case back to the 9th U.S. Circuit Court of Appeals in San Francisco.

In an Op-Ed for BlackPressUSA.com, Maurita Coley, President and CEO of the Multicultural Media, Telecom, and Internet Council (MMTC) explained, “The lawsuit arose out of Comcast’s decision several years ago not to carry several Allen-owned television channels, such as Pets.TV and Recpec.TV. Comcast has argued its rejection of Allen’s channels was purely a business decision, reflecting what it viewed as the channels’ limited audience appeal. Allen then promptly filed a $20 billion lawsuit against Comcast, alleging that the company’s refusal to contract with Allen’s company was racially motivated, in violation of Section 1981 of the Civil Rights Act of 1866.

“District Court Judge Terry Hatter – a well-respected African American judge with an apparently strong record on civil rights – dismissed the case three times, finding that Allen had not established a plausible argument that Comcast would have contracted with his company ‘but for’ Allen’s race. “Allen appealed to the 9th Circuit, which remanded Judge Hatter’s dismissal with a new guideline to the lower court that a plaintiff can state a viable claim under Section 1981 if discrimination is the ‘but-for’ cause of the decision. Comcast petitioned the Supreme Court to review the 9th Circuit’s decision, and the Supreme Court agreed.”

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Comcast assured the justices that reasons that have nothing to do with race, such as a lack of bandwidth, and its decision to focus on news and sports content, and it had, for many years, carried numerous other African American-owned networks.

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IRS Problems? Call Kedra

469.449.9833
www.IRSsafe.com

Grab ‘n Go Meals

Dallas ISD will be serving FREE “Grab ‘n Go” meals for students.

Monday & Thursday
10 a.m. - 1 p.m.
dallasisd.org/grabandgomeals

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For the 411 in the community, go to www.northdallasgazette.com
Congress rejects reversal of student loan forgiveness rule

By Charlene Crowell

While much of the nation grapples with multiple adjustments attributed to the coronavirus pandemic, a rare bipartisan effort in recent days united lawmakers to reject an ill-advised Department of Education push against financial fairness for student borrowers. The lawmakers’ efforts were to allow a 2016 rule to stand unchanged.

Without the March 11th vote, borrowers of student loans taken out after July 1st would have little ability to secure discharge of these loans if incurred at fraudulent, mostly for-profit institutions.

“Stores across this area are continuing to provide pizza to those who are looking for a delicious, hot meal, and at times like this, staffing is critical.”

Domino’s stores throughout the region need additional team members.

“While many local, state, and federal rules are closing dine-in restaurants, the opportunity to feed our neighbors through delivery and carryout continues,” said Garman. “We want to make sure we're not only providing food to people but also delivering opportunity to those who are looking for work.”

Those who are interested in applying for a position should visit jobs.dominos.com. To read about what Domino’s is doing regarding COVID-19, please visit biz.dominos.com/web/media/covid-19.

Cellco Partnership and its controlled affiliates doing business as Verizon Wireless (Verizon Wireless) proposes to construct several 37-foot 4-inch small cell monopole communications towers in the vicinity of Irving, Dallas County, TX. The locations for the proposed installations area as follows: a tower at the approx. vicinity of 2887 W Walnut Hill Ln, 75038, Lat: [32° 52’ 0.3288” N], Long: [96° 59’ 0.9384” W]; a tower at the approx. vicinity of 4841 North O’Connor Road, 75038, Lat: [32° 51’ 56.7900” N], Long: [96° 56’ 54.4000” W]; a tower at the approx. vicinity of 4321 North O’Connor Road, 75062, Lat: [32° 51’ 33.8112” N], Long: [96° 57’ 0.8388” W].

Cellco Partnership charges for cost of single plot: $3995.00
Discount Amount, if you act right away: <$1500.00> (your savings)
Your Cost: $2495 (financing available)

Call Today!
972.665.0170
(leave message if no answer)

For the 411 in the community, go to www.northdallasmagazine.com

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CROWDER, from Page 2

and other large venues those unused spaces can be converted into Temporary COVID-only Hospitals. Physically separating patients is a critical step to decreasing mortality and morbidity rates.

(3) Expand Medical Flight and Ground Transportation Capacity.

To strengthen our emergency and intensive care capacity, we need to rapidly put an increased number of ambulances and medical flight helicopters into service. Expanding transportation capacity must include enhanced staffing with medical personnel. The physical location of patients in medical deserts, and their health care resources should not factor into their access to transportation. Since the coronavirus pandemic is straining transportation systems there is a need to establish “Uber-Like” emergency transportation models, that can facilitate transportation to hospitals and emergency medical facilities.

Dr. Stephanie Myers, former Assistant Secretary for Public Affairs, U.S. Department of Health and Human Services and National Co-Chair of Black Women for Positive Change comments,

“Dr. Crowder’s recommendations to address the Medical Deserts in underserved communities, is timely and urgent. Her vision should be included in the new policies being considered by federal, state and local governments. We must act fast to reduce the death rates associated with coronavirus. We are only at the beginning of this pandemic and have the opportunity now to put in place the medical capacity Americans will need.”

Valda Crowder, MD, MBA, is a Board-Certified Emergency Medicine Physician who serves as Chair of the Health Committee for Black Women for Positive Change.

DEM from Page 5

issued.

“The sooner our state and nation take the drastic steps necessary to stop the spread of the virus, the sooner people will be able to get back to work, a day that cannot come soon enough.

“For these reasons, we urge Governor Abbott to use his authority to issue a statewide stay-at-home order. We stand ready to support the governor in this regard in any way that we can.

The Caucus members’ letter mirrors similar requests from Texas hospital leaders, who warn of an impending overload of the health care system if immediate steps are not taken to slow the spread of COVID-19 and “flatten the curve.”

“Finally, we commend the strong actions taken by a bipartisan group of county and city officials in many communities across Texas. In the absence of uniform statewide direction, their actions will make a positive impact and we thank them for their work and the difficult decisions they are having to make.”

Cellco Partnership and its controlled affiliates doing business as Verizon Wireless (Verizon Wireless) proposes to construct two small cell monopole communications towers in the vicinity of Irving, Dallas County, TX. The heights and locations for the proposed installations are as follows: a 39-foot tower at the approx. vicinity of 4955 Regent Blvd, 75063, Lat: [32° 56’ 12.88” N], Long: [97° 0’ 46.50” W]; a 30-foot tower at the approx. vicinity of 3785 North O’Connor Road, 75062, Lat: [32° 51’ 16.28” N], Long: [96° 57’ 02.00” W]. Public comments regarding potential effects from this site on historic properties may be submitted within 30 days from the date of this publication to: Trileaf Corp, Thomas Johnston, tjohnston@trileaf.com, 2550 S IH 35, Suite 200, Austin, TX 78704, 512-519-9388.

Cellco Partnership and its controlled affiliates doing business as Verizon Wireless (Verizon Wireless) proposes to build a 36-foot 6-inch Monopole Small Cell Communications Tower in the vicinity of 2303 Ellis St., Dallas, Dallas County, TX, 75204, Lat: [32° 47’ 53.0604”], Long: [-96° 47’ 43.3428”]. Public comments regarding potential effects from this site on historic properties may be submitted within 30 days from the date of this publication to: Trileaf Corp, Andrea, a.dominguez@trileaf.com, 2550 S IH 35, Suite 200, Austin, Texas 78704, 512-519-9388.

Cellco Partnership and its controlled affiliates doing business as Verizon Wireless (Verizon Wireless) proposes to build a 36-foot 6-inch small cell monopole Communications Tower at the approximate vicinity of 2307 Allen Street, Dallas, Dallas County, Texas, 75204 [32° 47’ 47.8176” N, 96° 47’ 50.118” W]. Public comments regarding potential effects from this site on historic properties may be submitted within 30 days from the date of this publication to: Trileaf Corp, Abby, a.mckay@trileaf.com, 2550 S IH 35, Suite 200, Austin, TX 78704, 512-519-9388.
CHURCH HAPPENINGS

March 29, 2020, 9:45 am

Celebrate Women History Month
“Valiant Women of the Vote.” The theme honors “the brave women who fought to win suffrage rights for women, and for the women who continue to fight for the voting rights of others.”

BETHEL BIBLE FELLOWSHIP, CARROLLTON
(A NEW PLACE TO BELONG)

NOTICE: New You, Pastor Woodson serves the community by providing “Professional Therapy and Counseling Services” on a “Sliding Fee” scale. To schedule an appointment call the Pastoral Counseling Center at 972-526-4525 or email the church at www.bethelbiblefellowship.org

April 1, 2020

You are invited to join us for Wednesday’s Prayer and Bible Study Class with Senior Pastor Woodson, Pastor Larry Gardner, Pastor Bernadette and others as we study the book of James, 1:1-9. Spiritual maturity is God’s desire for you; it’s Time to Grow in the Word of God.

Dr. Terrance Woodson, Senior Pastor
1944 E. Hebron Parkway
Carrollton, TX 75007
972-492-4300
www.bethelbiblefellowship.org

FELLOWSHIP CHRISTIAN CENTER CHURCH IN

The United States Army is hiring for over 150 different career fields.

PART TIME OPPORTUNITIES - 1 weekend a month, 2 weeks in the early summer. Stay local. Money for school, healthcare, paid drills and skill training, and up to $20,000 enlistment bonus.

FULL TIME OPPORTUNITIES - Full time hours with off time and weekends just like regular jobs. 30 days paid vacation per year. Money for school, free healthcare, paid skill training, and up to $40,000 enlistment bonus.

Jobs in science, intelligence, combat, aviation, engineering, law and more. Contact 214-406-3737
Prerequisites: • U.S. Citizen or permanent resident
• GED/High School Diploma
• Between the ages of 17-34
• No felonies
• No major medical issues
• U.S. Citizen or permanent resident

Ed Bell Construction
An Equal Opportunity Employer

March 02, 2020
Ed Bell Construction is a Dallas based heavy highway contractor doing business in the North Texas market since 1963. With clients such as TxDOT, Dallas County Public Works, and the Cities of Dallas, Fort Worth, Richardson and Mansfield (plus many others), we have a strong backlog of work in the highway market locally. We are currently hiring for the following positions:
• Excavator operator (Underground, Earthwork)
• Loader Operator (Earthwork)
• Concrete Finishers (Structures, Paving)
• Form Setters (Structures, Paving)
• CDL driver (Boomtruck Mobile Crane, End Dump)
• Rough Terrain Crane Operator
• Work Zone Barricade Servicer

Available: multiple openings
Rate: Negotiable
Must have own transportation
Years of Experience required will vary, from 6 months to 2 years (depending on position)
Physical and Drug Screen Required

Must apply in PERSON, Monday – Friday from 8am to 11am @ 10605 Harry Hines Blvd.
Please visit our website: www.edbellconstruction.com/careers
Or email your resume to: careers@edbellconstruction.com
Apple Spice. “Our goal during this challenging time is to alleviate some of the burden on essential workers by eliminating their need to go out for breakfast or lunch by bringing the food directly to possibly contaminated items.” Apple Spice has its own kitchen, including a bakery on-site. And while cleanliness has always been a priority at Apple Spice, it is taking extra measures to make doubly sure its food, kitchens, prep areas, packaging, and delivery vehicles are clean and sanitary.

“We are deep cleaning and sanitizing all our kitchens multiple times a day,” said Stuart Robertson, owner and operator of Apple Spice in Plano-Frisco.

Apple Spice’s box lunch and catering services feature a menu of 18 sandwiches and wraps, 15 salads, and a variety of hearty soups including chili. The marquee item that sets Apple Spice apart from all others is its daily baked bread.

“Unlike some of the grocery stores, we have bread because we bake it ourselves,” joked Stuart. “Freshly baked honey wheat, 13 grain, and sourdough bread are what our loyal customers have loved since 1988.”
Dr. Marian Croak: Inventor of (VOIP) Technology behind Skype, Video Conferencing, and Text-To-Give Messaging

A nonprofit educational organization founded in 1980 to bring women’s stories and contributions to the fore. The project was the force behind getting Congress to designate Women’s History Month officially. And, I acknowledge Black women only.

Marian R. Croak is Senior Vice President of Applications and Services Infrastructure. Named to that role in 2012, she is responsible for a team of more than 2,000 developers, engineers and program managers who manage over 500 programs impacting AT&T’s enterprise, consumer, and mobility services and create the tools developers inside and outside AT&T are using to build new apps and services. Her team is tightly integrated with the AT&T Foundry® innovation centers in Palo Alto, Calif., Plano, Texas, and Ra’anana, Israel.

Activist was a driving force in the creation of the country’s premier civil rights organizations. After graduating as valedictorian from North Carolina’s Shaw University in 1927, Baker moved to New York City during the depression. She was a founding member of the Young Negro Cooperative League, whose members pooled funds to buy products and services at reduced cost.

In 1957 Baker and several Southern Black ministers and activists established the Southern Christian Leadership Conference, a major force in organizing the civil rights movement.

Henrietta Mahim Bradberry was born in Franklin, Kentucky in 1903. This Black innovator was a housewife and inventor who held two patents. The first, for a bed rack attachment that allowed for the airing-out of clothes. Then Henrietta converted the rack into a new way for torpedoes to be shot from submarines!

Bessie Coleman, the first Black American woman aviator, had a postage stamp issued in her honor in 1995.

Ethel L. Payne was the first Black woman to receive accreditation as a White House correspondent.

Susan Knox’s fluting iron made pressing the embellishments easier. The trademark featured the inventor’s picture and appeared on each iron. Ruffles, fluted collars, and pleats were very popular in Victorian-era clothing.

Evelyn Ashford, winner of four Olympic gold medals in 1984, 1988, and 1992. Also won a silver medal in 1988 and was inducted into Track and Field and Women’s Sports Hall of Fame in 1997.

Two famous quotations by Ashford: “I take pride in everything I do. I don’t want to be handed anything. I want to earn it.” “I can’t run forever. I decided to go back to school for my degree, because I know now there’s more to life than track.”

For the 411 in the community, go to www.northdallasgazette.com

You Can Be Proud To Support The Women’s History Month 2020

Dr. Marian Croak: Inventor of (VOIP) Technology behind Skype, Video Conferencing, and Text-To-Give Messaging

“Women History Month 2020”

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By Terri Schlichenmeyer

You are not safe.

How scary is that? If someone told you that your life was in danger right now, and they were serious, what would you do? Where would you go, and who would you seek for help? In the new book “Making Our Way Home” by Blair Imani, your ancestors may have looked for answers to those questions hundreds of miles away.

In the months after President Lincoln’s Emancipation Proclamation “marked the beginning of the end of slavery in the United States,” it quickly became apparent that equality for Black people in many places wasn’t going to happen — in fact, in some areas of the U.S., racism and Jim Crow laws kept even the smallest advantage out of the reach of newly-freed slaves. It was frustrating, disorienting, and it could be dangerous: people were sometimes lynched and killed just for living their lives.

At around the turn of the last century, Black Americans began to hear that life in the North and West was better — maybe not totally equal, but jobs were plentiful, decent housing was easier to get, education was available for Black children, and some companies even helped Black workers get settled in a new life. Tens of thousands of Black Southerners headed to New York, Chicago, and parts North, while others went to California and Oklahoma.

“Making Our Way Home” is an excellent book about the Great Migration, which has been called America’s second civil rights movement. In Imani’s book, we learn about the experiences of Black people who migrated in the early 20th century, including Black musicians, singers, athletes, writers, and scholars. The book is a great resource for classrooms, as well as for parents seeking an engaging and thought-provoking book for their children. Readers will learn about the long history of racial discrimination, the struggles of Black people, and the ways in which they have worked to overcome these challenges.