



# North Dallas Gazette

"Most respected Voice of the Minority Community"

Visit us online at [www.northdallasgazette.com](http://www.northdallasgazette.com)

## DeSoto students share 'Read Across America Day' with national hero

In observance of Read Across America Day, DeSoto ISD held an African American Read-In with "the grandmother of Juneteenth", Dr. Opal Lee, and all district second-grade students in the DeSoto High School auditorium. This event also launched the district's month-long March Student Reading Challenge.

During the event, the audience of about 300-second graders viewed a brief historical account of Juneteenth and saw the remarkable journey of Dr. Lee to ensure that June 19 became a Federal Holiday before listening to her read-aloud book, "Juneteenth: A Children's Story."

Following the presentation, students applauded the work of Dr. Lee, asked questions, and each student received a personal copy of Dr. Lee's book courtesy of a donation from the community-based organization Friends of DeSoto.

A brief conversation with the historical icon clarified her purpose for spending time with scholars.

"Reading is just so essential!" said Dr. Lee. "I just want to tell everyone to learn to read. If you cannot read, you cannot get anywhere, interact with others, or teach your children," said Dr. Lee, as her goal for this visit to DeSoto ISD students. "You should start reading when you learn to walk."



Dr. Opal Lee takes a moment to grab a momento photo with the Students of DeSoto High School. (Courtesy photo)

In addition to reading, Dr. Lee also admonished the students not to give up.

"Persistence. Stick-to-itiveness. Anything you decide is worthwhile for you, your family, or your community, do not let anything stop you. There will be roadblocks, and it may take a long time, but stick to it. It took me 40 years to get Juneteenth a holiday. But stick to it, come hail or high water."

In DeSoto ISD, there is a strong focus on literacy in the early childhood curriculum, and district trustees have established board goals to focus on increasing early learning student outcomes.

With this in mind, DeSoto ISD launched the March Reading Challenge for every second grader to

read and log their hours for the entire month of March. To encourage participation at each campus, the top two second-grade students of the reading challenge students from each of the district's campuses will have the opportunity to win a bike donated by district partners, Kappa Alpha Psi Fraternity, Friends of DeSoto, and others. Kappa Alpha Psi also secured 1,000 books from half-price books for students to add to their libraries.

DeSoto ISD Chief Academic Officer Stephanie McCloud, who coordinated the event, was pleased with the outcome for students.

"Today was an absolute treat! She brings so much wealth and

See LEE, Page 5



### An appeal for human rights

- See Page 3



### Omega-3 fatty acids lower the risk of cancer

- See Page 4



### Hints spill out on possible Trump charges

- See Page 5



### Common ground on early learning

- See Page 6



### Universoul Circus coming to Dallas

- See Page 8



### Three rappers to be inducted in DC museum

- See Page 9



### 'Creed III' is a solid film in a long franchise

- See Page 10



### Sister Tarpley: Women's History Month

- See Page 15

### Inside...

People in the News ....	2
Op/Ed .....	3
Health .....	4
Community .....	5
Education .....	6
Northside .....	7
Entertainment .....	9-10
Marketplace .....	11-12
Career / Notices .....	13
Religion .....	14-15
Book Review .....	16



Scan to go to:  
**The NDGLive**  
**YouTube**  
**Channel**  
(and "Like" us)

By "liking" us, you will be entered into an upcoming promotional contest for tickets to area entertainment events!

For the latest news and events in DFW, follow us online:  
[www.northdallasgazette.com](http://www.northdallasgazette.com)

### People In The News ...



James Gibson



Jacqueline Moore

*NDG Quote of the Week:* "Whatever is bringing you down, get rid of it. Because you'll find that when you're free . . . your true self comes out."  
—Tina Turner



## James Gibson

(Black PR Wire) James Gibson, who was wrongly accused of murder and served 29 years behind bars, is raising funds to create an unprecedented and innovative new digital archive to share the human stories of those wrongfully convicted, advance social justice and advocate for police reform in America.

Gibson has launched the Clara and James Gibson Foundation, with the aim of raising \$250,000 to create the first-ever digital archive project, which will share the compelling stories



of individuals wrongfully convicted across the country. The Foundation's goal is to yield transformative and lasting change to the current broken, abusive and discriminatory systems.

In December 1989 at the age of just 23, James was falsely arrested, beaten and tortured by rogue police officers under the command of disgraced Chicago Police commander, Jon Burge. He was sentenced to life in prison for the crime of murder.

With incredible courage and dedication, James fought to clear his name and spent his time in prison reading law books, legal abstracts, law review articles, and reaching out to attorneys to assist him with his case. James studied hard and gained qualifications to help his own case and ad-

vocate for others within the criminal justice system and especially those who had been wrongly convicted.

He became a 'jailhouse lawyer' practicing criminal law, drafting motions and court pleadings and representing other inmates in custody.

Clara would visit him regularly, making a lengthy bus journey to the prison. She was deaf and unable to spend time talking on the phone with her son, so the visits became invaluable. It was her life's wish to see her son's name cleared but sadly she passed away before James was released.

James commented: "My life has been about a fight for justice; it took me over 29 years to clear my name. Sadly, my case is not in isolation, and I am committed to helping those fighting their own wrongful convictions by giving them access to tools and materials that will help their cases in addition to pastoral care for them and their families.

"My mother was my rock and is a constant source of inspiration. I wanted to honor her memory by creating a charitable foundation in her name."

Jon Burge, the disgraced commander from the Chi-

cago police Department linked to James' case, was found guilty of having directly participated in or implicitly approved the torture of at least 118 people in police custody in order to force false confessions.

Since 1989, there has been more than 3,000 criminal exonerations in the United States, with those wrongly convicted spending more than a combined total of more than 27,000 years behind bars for crimes they didn't commit, reports Equal Justice Initiative.

For more information and to donate visit <https://www.injamesgibson.com>.

## Jacqueline Moore

In 1995, Jacqueline Moore founded CMRignite, a company with a mission to develop innovative, cross-cultural marketing campaigns that lead to real, positive change.

"I knew I wanted to build an agency that would make an impact and leave a legacy, and I also understood the importance of reaching the multicultural market in an authentic way long before it became popular," said Moore, chairman and CEO of CMRignite.

Moore understood the potential of tapping into emerging multicultural mar-



kets in the mid-90s, and she sought to satisfy that need. It paid off. Today, with a staff of close to 60 full-time employees, CMRignite is an award-winning agency that recently earned a spot on the INC 5000 list of fast-

est growing private companies in the United States based on its unprecedented three-year growth rate of 709%.

While many agencies struggle to hire and retain diverse talent, CMRignite has intentionally and methodically built a diverse staff that is 70% Black, indigenous and includes people of color (BIPOC), LG-BTQ+ and/or people with disabilities. In addition, the company acquired a Washington D.C.-based marketing agency in 2022, creating an even more diverse team of creatives and communicators.

Diversity, equity and in-

clusion are good for business at CMRignite, the nation's largest Black-owned marketing agency. "Hiring the best and brightest talent allows us to compete at the highest level, yet it's our diversity that sets us apart. I believe it's one of our biggest assets," said David Bowles, president of CMRignite. "Our team's talent,

coupled with their diverse lived experiences, allows us to create compelling campaigns that get results for our clients. Our strategies are designed and developed in an inclusive environment, and that matters," said Bowles. "In an industry that often struggles with diversity, I hope our story inspires others because it

proves that diversity is good for business," he said.

Data provided about some of CMRignite's most recent marketing campaigns confirms that many of its multicultural ads perform two to three times better than the general market industry average.

See MOORE, Page 4

## Claude Mathis

Texas State Senator Royce West has selected DeSoto ISD Athletic Director and DHS Football Head Coach Claude Mathis to receive the Outstanding Texan Award for Senatorial District 23 during the Texas Legislative Black Caucus (TxLBC) Legislative Summit.

The Outstanding Texan Awards are given during the TxLBC Legislative Summit to honor leaders, advocates, and trailblazers in each senatorial district. Each TxLBC Member may nominate constituents for the Outstanding Texan Award that will be awarded in-person during the 50th Anniversary Gala on Mon-



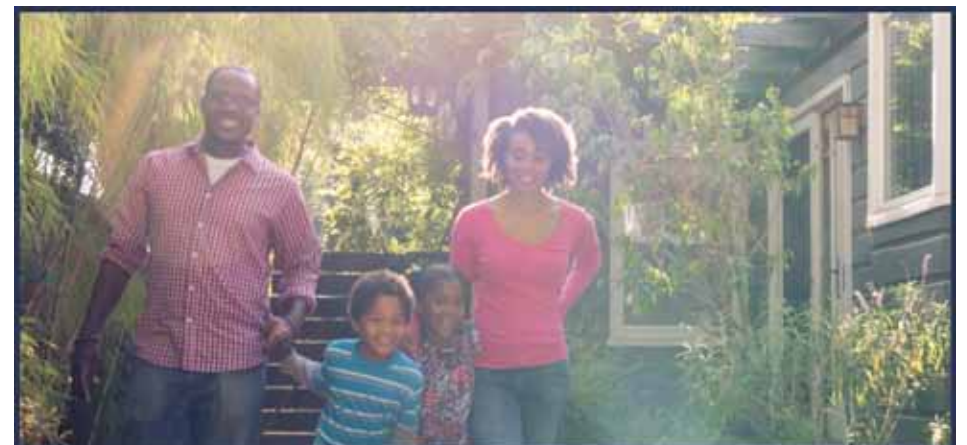
day, April 3rd.

The award is bestowed upon an individual for service and commitment to the citizenry of Texas and residents of the respective district that selects them. Coach Mathis was selected because of his demonstrated unwavering tenacity and visionary leadership in ed-

ucating, uplifting, revitalizing, and empowering the young men of Senatorial district 23, alums, and community through his stellar coaching.

Mathis has led DeSoto Football since 2019, his second stint as DeSoto head coach. In 2022, he secured his first State Championship title as a coach. In college, he was a four-year letter winner at Texas State as a starting running back for the Bobcat football team from 1994-1997. Mathis was the Southland Conference all-time leading rusher and was named All-Conference and All-American all four years of his Texas State football career. Texas

See MATHIS, Page 5



### Your path to home ownership begins here.

UP TO 100% FINANCING AVAILABLE

With Independent Financial, your dream of owning a home can become a reality. Best of all, you can buy a home with little or zero money down. We are ready to work with you to find the best loan or down payment options to fit your needs.

Learn more at [IFinancial.com/MyHome](https://IFinancial.com/MyHome) or call 800.460.6634.

**INDEPENDENT FINANCIAL™**

This is not a commitment to lend. Loans subject to credit approval. See an Independent Financial mortgage loan originator for complete terms and conditions. Subject property must be located in low or moderate income or major minority census tract within Independent Financial designated areas throughout Texas and Colorado. Independent Financial is a trademark of Independent Bank. Member FDIC. NMLS# 411428. Equal Housing Lender.





P.O. Box 763866 - Dallas, Texas 75736-3866

Phone: 972-432-5219 - Fax: 972-509-9058

***“Do what you say you are going to do ... when you say you are going to do it.”***

**Publisher's Office:**

publisher@northdallasgazette.com

**Sales Department:**marketing@northdallasgazette.com  
972-509-9049**Editorial Department:**

editor@northdallasgazette.com

**Online:**

www.NorthDallasGazette.com  
www.twitter.com/NDGEditor  
www.facebook.com/NorthDallasGazette  
www.pinterest.com/NDallasGazette  
www.instagram.com/NorthDallasGazette

**STAFF****Chairman Emeritus**Jim Bochum  
1933-2009**Religious / Marketing Editor**Shirley Demus Tarpley  
("Sister Tarpley")**Chief Editor Emeritus**Ruth Ferguson  
1965-2020**NDG Columnist**

Allen R. Gray

**Published by**

Minority Opportunity News, Inc.

**Contributing Writers**

Jackie Hardy

Lori Lee

Jacqueline Murphy

Dwain Price

Terri Schlichenmeyer

David Wilfong

**Special Projects to the Publisher**

Mrs. Clinique Hill

**Production**

David Wilfong

**NDG Obituary Dept.**Vicky Richardson-Stewart  
VP of Operations

North Dallas Gazette assumes no responsibility for unsolicited material and reserves the right to edit and make appropriate revisions.

The North Dallas Gazette, formerly Minority Opportunity News, was founded in July 1991, by Mr. Jim Bochum and Mr. Thurman R. Jones. North Dallas Gazette is a wholly-owned subsidiary of Minority Opportunity News, Inc.

## An appeal for human rights

By Marian Wright Edelman  
Founder and President  
Emerita

As the Children's Defense Fund proudly reinvests its Black Student Leadership Network for Children for a new generation, the close of Black History Month provides one more chance to look back at earlier waves of activism that helped bring us this far on the way. When my Spelman College classmate and fellow Merrill Scholar Roslyn Pope passed away earlier this year, it prompted many people to remember her key role while serving as Spelman's student body president at a pivotal moment in 1960: drafting the "Appeal for Human Rights" that became the manifesto for Atlanta students in the Civil Rights Movement.

It is not often in a young person's—or anyone's—life when great leaders and great turning points in his-

tory converge and sweep us up in a movement, and my generation was blessed beyond measure to be in the right places at the right times to experience and help bring transforming change to the South and to America. Black students had been galvanized by the February 1, 1960 sit-down demonstration by four Black North Carolina A&T (Agricultural and Technical) State University students at a Woolworth's lunch counter in Greensboro, North Carolina. Many Black students in Atlanta and elsewhere were equally ready to strike our blow for freedom. In March, student leaders and the student body president from each of the Black colleges making up the Atlanta University Center—Morehouse, Spelman, Clark, Morris Brown, Atlanta University, and the Interdenominational Theological Center—came together to sign "An Appeal

for Human Rights," which was published in full-page ads March 9, 1960, in the Atlanta Constitution, Atlanta Journal, and Atlanta Daily World, reprinted in The New York Times and elsewhere, and read into the Congressional Record.

The Appeal stated that "every normal human being wants to walk the earth with dignity and abhors any and all proscriptions upon him because of race or color. In essence, this is the meaning of the sit-down protests that are sweeping this nation today. We do not intend to wait placidly for those rights which are ours already legally and morally to be meted out to us one at a time. We want to state clearly and unequivocally that we cannot tolerate, in a nation professing democracy and among people professing Christianity, the discriminatory conditions under which the Negro is living today."

It detailed the gross inequalities and discrimination in education, jobs, housing, voting, hospitals, movies, concerts, restaurants, and law enforcement, and after calling on all the adults in authority of all races and on all leaders in civic life—ministers, teachers, and business people—"and all people of good will to exert themselves and abolish those general injustices," we announced our "plans to use every legal and nonviolent means at our disposal to secure full citizenship rights as members of this great Democracy of ours."

Students had carefully drafted the Appeal at the behest of our college presidents, who had gained a whiff of our 'secret' meetings where we were planning sit-downs like the highly publicized ones in Greensboro. While they were very mixed in their

See RIGHTS, Page 13

## War in Ukraine tests US patience, Western unity

By Lee H. Hamilton

We Americans live in a representative democracy. That's a fundamental feature of public life in the United States, a part of who we are as a people. We elect leaders to make decisions on our behalf. It's been a year since Russia launched its brutal invasion of Ukraine, and a lot has happened in that time. Vladimir Putin's unprovoked war has caused unspeakable destruction and suffering. At the same time, Ukrainians have inspired the world with their brave resistance.

When the invasion began, some Western officials said privately that they expected a quick conflict, with Kyiv falling within weeks if not days. They were wrong.

But the war has created challenges: for Ukraine, most obviously, but also for the United States and

our allies. As the fighting rages on, it will test Americans' patience and resolve. And it will test the ability of America and our allies to stay united in opposing Russian aggression.

The war has produced well over 100,000 military casualties, and thousands of civilians have been killed, including children and elderly people. Russia has targeted industry and civilian infrastructure with missiles and bombs. We've all seen the photographs: destroyed buildings, scenes of desolation, overwhelmed hospitals. Over 2 million refugees have fled the country, according to the United Nations.

But Ukraine's response has been remarkable. Volodymyr Zelenskyy, the 44-year-old president, has rallied his people and won global support. A former actor and political outsider, he was thrown into the role

of being a wartime leader and has performed impressively.

And the world has come to Ukraine's defense, providing monetary aid and an escalating array of weapons while imposing sanctions on Russia. Some leaders initially worried that backing Ukraine could risk a catastrophic conflict with nuclear-armed Russia, but support has held steady. Putin's recklessness has left Russia isolated.

President Joe Biden made a surprise visit to Ukraine Feb. 20 to meet with Zelenskyy and show solidarity. NATO has stood by Ukraine, and so has the European Union, even though the war has disrupted food and energy supplies and fueled inflation. At the Munich Security Conference last month in Germany, leaders of dozens of countries pledged unity. Vice President Kamala Harris

accused Russia of crimes against humanity: "gruesome acts of murder, torture, rape and deportation."

Global public opinion has remained consistent, according to an Ipsos poll in January. Two-thirds of respondents follow news of the war, believe in supporting Ukraine and favor taking in refugees. The United States has provided generous support to Ukraine, including \$45 billion in a year-end budget measure approved by Congress. After much pleading by Zelenskyy, the U.S. provided a Patriot missile battery and promised 31 M1 Abrams tanks.

Biden has promised to back Ukraine for "as long as it takes," but U.S. officials have reportedly told Zelenskyy that they can't promise indefinite support. American public opinion is

See WAR, Page 12

Keep up with the news

O N L I N E

www.northdallasgazette.com

# Omega-3 fatty acids offer protective effects against cancer

By Lori Lee  
NDG Contributing Writer

Omega-3 polyunsaturated fatty acids (PUFAs) are good fats found in cold-water fish, certain oils, leafy vegetables, and nuts, especially walnuts. Considered immunonutrients, these good fats are important, because they are an integral part of cell membranes.

Since the 1970s, omega-3 PUFAs have been studied due to their ability to suppress inflammation. Systemic inflammation is the main contributor to many problems related to cancer, as reported in the National Library of Medicine (NLM). If increasing EPA and DHA relative to arachidonic acid is effective in reducing breast



Birk Erwald / Unsplash

cancer risk, it is likely due to reduced proinflammatory lipid derivatives, they report, and specifically, reduced nuclear factor- $\kappa$ B-induced cytokine production and growth factors.

Dating as far back as 2010, NML has reported a beneficial effect of fish oil against cancer. Fish oil was found to ameliorate tumor

growth and progression, including breast cancer, in a 2010 study that indicated both DHA and EPA significantly reduced growth of MDA-MB-231 breast cancer cells in culture and inhibited CD44 mRNA and proteins in the tumors of mice. The study provided evidence of a benefit of fish oil supplementation in

reducing breast cancer metastasis to bone.

Breast cancer patients often develop bone metastasis, which is evidenced by soft osteolytic lesions that lead to severe pain and bone fracture.

A diet rich in fish oil diet, or DHA (docosahexaenoic acid) and EPA (eicosapentaenoic acid) was found to prevent the formation of these lesions in the bone, indicating suppression of cancer cell metastasis to bone, reported NLM.

This research was strengthened in 2015, when NML reported additional and more specific evidence that ingestion of EPA and DHA reduced the risk of breast cancer. The 2015 study suggested high intake ratios of the marine ome-

ga-3 fatty acids EPA (eicosapentaenoic acid) and DHA (docosahexaenoic acid) relative to the omega-6 (arachidonic acid) were more effective in reducing breast cancer risk compared to those with lower ratios.

PUFAs are not only used as supplemental nutritional therapy to reduce the risk of cancer, but also for other complications related to a cancer diagnosis and treatment. These complications include depression, pain, and anorexia, and a condition affecting the nervous system.

The diagnosis of cancer provokes stress and sadness and leads to major depressive disorder, especially for those patients with a poor prognosis, reports NLM.

Depression is not only explained by the emotional impact of a cancer diagnosis but is also caused by pro-inflammatory cytokines, which occur in relation to cancer and/or cancer treatment, they report.

According to NLM, omega-3 PUFAs may not only assist in reducing depression, but can also modulate pain associated with cancerous tumor growth, metastasis, and chemotherapy-induced neurotoxicity. Additionally, these good fats are effective against muscle atrophy and reduced associated with appetite anorexia-cachexia syndrome, a disease that affects cancer patients. This, due to its ability to reduce inflammation.

## Black women of childbearing age more likely to have high blood pressure, raising pregnancy risks

(American Heart Association via Newswise) — “Although high blood pressure is a treatable, common chronic health condition, it is a leading cause of pregnancy-related deaths and severe disease,” said senior study author Lara C. Kovell, M.D., a cardiologist at the University of Massachusetts Chan Medical School in Worcester, Massachusetts. “The United States has much higher rates of pregnancy-related deaths than economically similar countries, and Black women are disproportionately affected.”

Black women of childbearing age were twice as

likely to have uncontrolled high blood pressure when compared with their white peers, increasing their risk of heart-related complications during pregnancy, according to new research recently published in the Journal of the American Heart Association, an open access, peer-reviewed journal of the American Heart Association.

Social determinants of health factors examined in this study were based on the American Heart Association’s Scientific Statement on Social Determinants of Risk and Outcomes for Cardiovascular Disease. These included education,

income, food security, home ownership, language and access to health insurance and medical care.

The risk factors for high blood pressure persisted among Black women after considering social determinants of health. 1 in 4 Black women and one in three Hispanic women reported food insecurity. Food insecurity was higher among Hispanic and Black women compared with white women, 32% and 25%, respectively, versus 13% among white women. “Food insecurity is important when thinking about high blood pressure since sodium levels are higher in

many lower-cost food options such as canned, ultra-processed and fast foods,” Kovell said. “Moreover, food insecurity and a lack of access to healthy foods have been shown in other studies to increase the risk of high blood pressure.”

Black and Asian women had a higher average blood pressure and were more likely to have uncontrolled high blood pressure than white women; 38% and 36%, respectively, versus 25%. Asian women were more often unaware of their high blood pressure and were more likely to have uncontrolled blood pressure compared with white

women. High blood pressure is common, affecting 17.6% of women of childbearing age in the United States and has increased in the past decade, according to the 2019 National Center for Health Statistics. Undetected and uncontrolled high blood pressure may lead to stroke or heart attack, as well as preeclampsia and eclampsia — potentially fatal conditions in which blood pressure spikes during pregnancy.

The study by Massachusetts researchers examined social factors influencing blood pressure control by race and ethnicity among U.S. women of childbear-

ing age with high blood pressure.

Previous research has indicated that Black, Hispanic and Asian women face a higher risk of complications and stroke during childbirth, and Black and Hispanic women who develop pregnancy-induced high blood pressure are at least six times more likely to die than white women.

In this study, researchers reviewed data from the National Health and Nutrition Examination Survey from 2001 to 2018, which included 1,293 women of childbearing age, aver-

**See PREGNANCY, Page 11**

### MOORE, from Page 2

The firm, based in Milwaukee, has been able to achieve exponential growth in staff and revenue by prioritizing diversity as a best practice for its busi-

ness model. The nationally recognized firm has developed innovative campaigns for government, corporate and nonprofit clients for more than two decades. The

agency’s current client list includes organizations like U.S. Department of Health and Human Services, U.S. Department of Housing and Urban Development, National WIC Association, NAACP, Wisconsin Depart-

ment of Tourism and the University of Wisconsin.

CMRignite is a full-service, strategic communications agency that specializes in developing cause and behavior change marketing for Fortune 500 companies,

major nonprofits and government agencies. Since 1995, the agency has focused on developing innovative, cross-cultural marketing campaigns that lead to real, positive change. Based in Milwaukee, Wis-

consin, CMRignite is an award-winning agency that specializes in creative, paid media, public relations, social media, research and digital marketing.

To learn more, visit [CMRignite.com](http://CMRignite.com).



## Check us out on Facebook!

*Like our page to stay current with all the news and events in DFW!*





# DOJ court brief hints at possible federal indictment of Donald Trump

By Stacy M. Brown  
NNPA Senior National  
Correspondent

Officials from the U.S. Department of Justice have stated that inciting imminent private violence is not part of a president's official responsibilities, the strongest indication yet that criminal charges are being considered against former President Donald Trump.

In a case involving police officers who want to sue Trump, the federal appellate court in the District of Columbia asked the Department of Justice to weigh in on the matter.

"Such incitement of imminent private violence would not be within the outer perimeter of the Office of the President of the United States," the DOJ wrote in a



Photo via NNPA

memo to the court.

Trump asserted that he can't be sued for his role in organizing his supporters' attack on the Capitol on January 6, 2021.

Lawmakers and Capitol Police officers have filed a lawsuit claiming that Trump incited the attack by falsely claiming in a speech that the 2020 election had been stolen and urging his supporters to march on the Capitol.

The civil division of the Department of Justice filed

a 23-page brief with the court of appeals, requesting that the court allow the lawsuit to move forward.

The DOJ said Trump's incitement of the deadly insurrection fell outside the scope of his presidential powers and therefore disqualifies any immunity argument.

The U.S. Supreme Court has previously decided that the Constitution protects presidents from being sued for their official actions.

"The District Court cor-

rectly rejected Trump's categorical assertion 'that whenever and wherever a President speaks on a matter of public concern he is immune from a civil suit,' the DOJ insisted.

"Speaking to the public on matters of public concern is a traditional function of the Presidency, and the outer perimeter of the President's office includes a vast realm of such speech.

"But that traditional function is one of public communication. It does not include incitement of imminent private violence of the sort the district court found that the plaintiff's complaints have plausibly alleged here."

The lawsuits allege that Trump's speech was responsible for inciting the attack, which the DOJ said

begs the question of whether it is within the scope of his presidency to update his supporters on the results of the 2020 election.

In a ruling made last year, Federal District Court Judge Amit P. Mehta allowed the lawsuits against the former president to proceed.

The judge concluded that Trump's various communications leading up to and including January 6 amounted to a "call to action" and that he urged his supporters should "fight like hell" to prevent Congress from certifying President Joe Biden's election victory.

Trump's attorneys have appealed that ruling to the D.C. Circuit.

They claimed presidents have always been protected from legal action for statements made in the course of

their official duties because such statements are considered "speech on matters of public concern."

Several Democratic lawmakers and Capitol Police officers have joined forces to file a lawsuit against Trump over the attack on January 6.

Other groups not involved in the appeal, such as the Proud Boys and the Oath Keepers, are also named as defendants in the lawsuits.

By its very nature, "such conduct plainly falls outside the President's constitutional and statutory duties," the DOJ wrote.

As such, it cannot be squared with the President's customary role of addressing the nation on vital is-

**See TRUMP, Page 12**



Courtesy photo

## City celebrates three-story mural at Valoris HealthPark

With her finishing touches completed three stories above, artist Haylee Ryan recently joined dignitaries at street level to officially cut the ribbon on the Valoris HealthPark mural. Ryan describes the mural as one of meaningful symbolism and representative of Garland's native landscape

and rich health care community. Watch a time-lapse video of the mural's creation -- 340 hours of work condensed into one minute on the City's website.

With great help from the City's partners, Garland VA Medical Center and Prevarian Companies, the story continues to develop

at Shiloh Road and Walnut Street. The City Council has approved an urban design plan contract with Studio Outside for the Valoris HealthPark Garland Medical District. The urban design plan includes improvements funded by the 2019 bond program. The master plan will soon wrap up and

includes improvements such as streetscapes, trails and a VA wellness park.

The City has also engaged urban design non-profit Better Block to help facilitate community input and feedback on the urban design plan. In October, the

**See MURAL, Page 10**

## MATHIS, from Page 2

State also awarded him the title of Offensive Player of the year in 1996 and 1997. He was inducted into the Texas State Hall of Honor in 2011.

At DeSoto, Mathis has been much more than a football coach. His sup-

port of the student athletes includes development of tutorial programs to ensure their grades make them competitive for the college of their choice. Aside from coaching, Mathis volunteers in the DeSoto Food Pantry food drives, the

DeSoto Eagle Olympics, charity events, and mentors students throughout the community through local churches.

"This is another well-deserved honor bestowed upon Coach Mathis," enthused DeSoto ISD Superintendent Usamah Rodgers. "He and his staff keep their

part of the 'Triple A' experience (Academics, Arts, Athletics) at DeSoto ISD in

tip top condition. It's delightful to see him continue to soar!"

For more information about the TxLBC Anniversary Gala visit TxLBC.org.

## LEE, from Page 1

knowledge. It is so exciting to have her in DeSoto ISD, she said. "Reading is so important. Everything that we do involves reading. When you are walking down the hallway, you have to be able to read the bulletin board. When looking at directions for your GPS, you have to read those directions. Reading is funda-

mental."

Like the students and Chief Academic Officer Stephanie McCloud, DeSoto ISD Superintendent Dr. Usamah Rodgers was excited and inspired by Dr. Lee's visit.

"Dr. Lee speaks about the difference that one person can make, and the opportunity to have her come and

kick off this challenge was inspiring," said Rodgers. "Reading is foundational to success. Readers are leaders, and reading is life! So, being able to read and read well is foundational for success. We have a goal in literacy and are glad to have our second-grade readers kick off this reading challenge on Read Across America Day and that we were able to do it in a big way."

## LEGAL NOTICE

These Texas Lottery Commission scratch ticket games will be closing soon:

Game #	Game Name / Odds	\$	Official Close of Game	End Validations Date
2450	Winter Words Overall Odds are 1 in 4.02	\$3	2/24/23	8/23/23
2405	Loose Change Overall Odds are 1 in 4.52	\$1	4/19/23	10/16/23
2342	Super Loteria Overall Odds are 1 in 3.77	\$5	4/19/23	10/16/23
2447	100X Bonus Overall Odds are 1 in 4.35	\$5	4/19/23	10/16/23
2375	Power 100X Overall Odds are 1 in 3.85	\$10	4/19/23	10/16/23
2376	Power 200X Overall Odds are 1 in 3.43	\$20	4/19/23	10/16/23
2411	Ultimate 7s Overall Odds are 1 in 3.50	\$20	4/19/23	10/16/23

Texaslottery.com is the official source for all pertinent game information. Game closing procedures may be initiated for documented business reasons. These games may have prizes unclaimed, including top prizes. In addition, game closing procedures will be initiated when all top prizes have been claimed. During closing, games may be sold even after all top prizes have been claimed. Must be 18 or older to purchase a ticket. For help with a gambling problem, ncpgambling.org. © 2023 Texas Lottery Commission. PLAY RESPONSIBLY.

**TEXAS LOTTERY**



## What governors in both parties are saying about child care and early learning

(CAP) - Families across the country have been unable to find high quality early care and education options for their young children. This, as the COVID-19 pandemic has wreaked havoc on an already-strained field.

The nation's child care industry is in crisis and America's governors have a critical role to play. Absent major federal investments in child care, states are left to address the na-



CDC / Unsplash

tion's child care crisis. Some governors are leading the way by taking bold action in support of young children and their families. Both Democratic and Re-

publican governors have already started the conversation by discussing these critical issues in their State of the State addresses.

The Center for American Progress recently explored what governors are saying about child care and early learning in their states. The organization found that more than two-thirds of America's governors—22 of 36—highlighted child care and early education in their addresses, clearly

indicating that both are bipartisan issues. Thirteen of these governors were Democrats, and nine were Republicans.

Democratic Michigan Gov. Gretchen Whitmer proposed expansion to support improved child-care opportunities. "Let's expand our bipartisan preschool effort—the Great Start Readiness Program—so every four-year-old in Michigan can access a free, public preschool education

by the end of my second term. This investment will ensure children arrive at kindergarten ready to learn, and [it] saves their families upwards of \$10,000 a year," said Whitmer.

Across the aisle, Republican Missouri Gov. Michael Parson announced plans to invest millions to start to expand preschool options to all low-income children in his state. Gov.

**See EARLY, Page 16**

## Design for Collin College Technical Campus wins Caudill Award

The Collin College Technical Campus architecture was recently announced as the winner of the Caudill Award, one of the highest honors in the annual TASA/TASB Exhibit of School Architecture, according to the Texas Association of School Administrators (TASA) and Texas Association of School Boards (TASB). The winners were recognized recently at the 2023 TASA Midwinter Conference in Austin.

The Technical Campus, located in the Allen Independent School District at 2550 Bending Branch Way, was chosen along with three other independent school districts for "exemplifying excellence in planning and design of the learning environment."

The project was designed and completed in 2020 by Perkins & Will. "We are excited about this recogni-



*Collin College Technical Campus, winner of the Caudill Award (Nick Young, Collin College photographer)*

tion," said Vandana Nayak, principal and regional practice leader of Perkins & Will. "We worked closely with the college to develop an 'educational village' that weaves together academic and workforce spaces with pedestrian and landscape

paths in a layered network."

The 340,000 square-foot campus includes state-of-the-art labs, classrooms, student success spaces, dining, and a conference center. One floor of the campus is dedicated to Allen ISD high school students,

while other areas are used as collaboration zones to attract industry partners in hopes of training tomorrow's workforce with the latest industry standards. "The daylight-filled campus brings high energy, and with exposed building

systems, the facility itself becomes a learning tool," Senior Project Manager Barbara Rystrom of Perkins & Will said.

"We are honored to have our campus selected for the Caudill Award," said Dr. Brenden Mesch, provost of the Technical Campus. "It is fitting that our visionary comprehensive campus pushes the envelope of modern engineering and design."

"Education is about changing perspectives and stretching boundaries. This is something that our campus community sees in the design and utilization of the spaces that provide so many teachable moments for students regardless of their future goals."

The campus offers multiple pathways to success in high-demand, high-wage career fields including health care, information

technology, drone technology, construction, automotive, manufacturing, and biomedical fields.

For more information, visit the campus webpage: Collin College Technical Campus - Collin College.

Collin College serves more than 57,000 credit and continuing education students annually and offers more than 100 degrees and certificates, including a Bachelor of Science in Nursing (BSN), a Bachelor of Applied Technology (BAT) in Cybersecurity, and a Bachelor of Applied Science (BAS) in Construction Management. The only public college based in Collin County, Collin College is a partner to business, government, and industry, providing customized training and workforce development. For more information, visit [www.collin.edu](http://www.collin.edu).

## Remington College Fort Worth campus offers community phlebotomy certification prep course

FORT WORTH (Texas) — Remington College Fort Worth Campus is now enrolling for spring Community Education Course. Phlebotomy Certification prep course starts Mar. 27, 2023.

Phlebotomy is the procedure where a needle is used to take blood from a vein. This is usually done in preparation for lab testing.

Enrollment is open, and the course starts March 27

and includes the cost of the first attempt at the National Healthcareer Association Phlebotomy Certification Exam.

The Phlebotomy Certification Prep Course has a convenient schedule and includes hands-on training. This course is part of Remington College's Community Education, providing a catalog of community education courses to develop personal and professional

skills. These non-credit courses are designed to be short-term and affordable.

Students enrolled in the Phlebotomy Certification Prep Course will attend training in person twice a week from 5:30 p.m. to 8 p.m. Tuesday and Thursday.

The course fee is \$580.00 and consists of:

- Instruction
- Out-of-class work
- Review assessment

### • Phlebotomy Lab

For more information on the Phlebotomy Certification Prep Course or to register, visit: <https://www.remingtoncollege.edu/community-education/>

For further questions email, [communityeducation@remingtoncollege.edu](mailto:communityeducation@remingtoncollege.edu)

Remington College Fort Worth Campus is located at 5555 Rufe Snow Drive, Suite 150, North Richland

Hills, TX 76180

About Remington College

Non-profit Remington College, headquartered in Knoxville, TN, operates 12 college campuses throughout the United States offering career focused diploma, bachelor and associate degree programs in a variety of career fields. For more information, please visit [remingtoncollege.edu](http://remingtoncollege.edu). For the latest news about

Remington College, visit [facebook.com/remingtoncollege](https://facebook.com/remingtoncollege).

Remington College does not discriminate on the basis of race, color, national and ethnic origin in administration of its educational policies, admissions policies, scholarship and loan programs and other school administered programs. Employment not guaranteed for students or graduates.



# DALLAS ISD NEIGHBORHOOD SCHOOLS **NIGHT OUT**



Bring the  
**WHOLE FAMILY!**

Visit your local Dallas ISD high school to browse the top  
PreK-12 schools in your neighborhood and enroll onsite.

**Thursday, April 6, 2023 | 5:30 – 8 PM**

Visit [DallasISD.org/NeighborhoodSchools](https://DallasISD.org/NeighborhoodSchools) for locations.





# UniverSoul Circus brings cultures together under the big top with the 'We all Belong' tour in Dallas

Jaw-dropping stunts and acrobats, aerodynamic aerialists, fire breathers, stilt dancers and the ultimate pageantry. Opening Thursday night (Feb. 23), UniverSoul Circus offers a show-stopping cultural celebration of global acts, urban music, dance and laughter, all infused with Soul's spirit, style and swagger. The critically acclaimed and highly anticipated show will run Feb. 23-March 19, 2023, with performances Thursdays through Sundays under the Big Top at Red Bird Mall.

Enjoyed by more than 25 million from around the world, UniverSoul is a highly interactive combination of circus arts, theater and music that spans genres including pop, classic R&B, Latin, hip hop, jazz and gos-



Courtesy photo

pel. It embraces the unique and familiar aspects of pop culture globally by bringing them center stage with a cast of international performers.

Rated as one of the top live family acts in America along with Cirque du Soleil, UniverSoul's fresh approach to family-friendly live entertainment has garnered it a coveted spot as

one of Ticketmaster's top 10 most requested family events.

"It's a soul that unites people with the energy and passion of our performers. Imagine a soul that fills the audience with interactive, fun moments of shared participation," said UniverSoul Founder and CEO Cedric Walker. "A soul that says, we are all one, united in fun,

under the Big Top. This season kicks off with the theme 'We All Belong.' We all belong to one human race. Everyone is coming together, different cultures, different people, a new transcultural fusion, a new generation inclusive and together in a UniverSoul Experience!"

Founded in Atlanta in 1994 by concert and theater promoter Cedric Walker, UniverSoul features spectacular performances and tightly wound acts, combined with urban energy, that are sure to uplift and

fulfil anyone's entertainment expectations. Guests will be blown away as they watch motorcycles flip, whip and somersault through mid-air. They'll experience the authenticity of the Caribbean Carnival with towering Moko Jumbie stilt dancers, amazing Fire Limbo Benders, ancestral carnival characters and flamboyantly costumed dancers.

Audience members will feel the energy as they clap, stand up, bounce around and dance to the kid-pleasing moves of UniverSoul's very

own Fresh the Clownsss. They'll be amazed and frightened at the terrifying, gravity-defying acrobats on the Wheel of Death or the bold, breathtaking daredevils on the High Wire.

Tickets are \$24 and up at ticketmaster.com. Performances are at 7 p.m. Thursdays and Fridays; 11:30 a.m., 3:30 p.m. and 7:30 p.m. Saturdays; and 11 a.m., 3 p.m. and 7 p.m. Sundays.

Visit [universoulcircus.com](http://universoulcircus.com) for more info, ticket prices, show times and schedules.

## DART opens call for entries in annual Student Art Contest

The annual Dallas Area Rapid Transit (DART) Student Art Contest has begun accepting individual entries from all North Texas students. The theme of this year's contest is "Go Here. Go There. Go Everywhere!" It's about seeing new places and meeting new faces.

The contest gives students a chance to show all the places (literally and otherwise!) DART takes you. Each poster must visually illustrate the theme "Go here. Go there. Go everywhere!"

With prizes up to \$2,000, the winning entries could appear inside the Dallas Museum of Art, at Love Field Airport, at select DARTable locations, on DART buses and trains, in the Dallas Museum of Art's online gallery, at DMA.org and on DART.org.

Kindergarten through 12th grade students throughout North Texas will compete for the opportunity to have their artwork featured on DART rail stations, buses and inside



Courtesy photo

trains. Winner's artwork will also be displayed at the Dallas Museum of Art, Love Field Airport, and on DART's website, DART.org. This year, DART will also reward the five teachers who submit the largest number of qualified entries with a \$100 gift card.

The first-place winner in the high school category (9th-12th grade) will receive a \$500 cash prize, and his or her artwork will be featured at DART rail stations and inside DART trains. Runners-up and honorable mentions will also receive prizes.

The top five teachers or leaders with the most qualified entries will each re-

ceive a \$100 gift card.

Entries for the competition will continue to be accepted through Wednesday, March 22, 2023.

The DART Student Art Contest thanks community partners the Dallas Museum of Art, Half Price Books, the Perot Museum of Nature and Science, the Dallas Zoo, the Dallas Children's Aquarium, the Dallas Arboretum, and Toyota, and media.

For additional information, as well as complete rules, prize information and additional entry forms, visit [DART.org/artcontest](http://DART.org/artcontest), or contact Carlos Huerta at [chuerta@DART.org](mailto:chuerta@DART.org) or (214) 749-2721.

GOING SOMEWHERE?  
SHOW US IN THE 2023

# DART Student Art Contest

This year's theme:

Prizes up to \$2,000

Go Here.  
Go There.  
Go Everywhere!

CONTEST DEADLINE

**WEDNESDAY, MARCH 22, 2023**

LEARN MORE AT [DART.ORG/ARTCONTEST](http://DART.ORG/ARTCONTEST)

**DART** let's go.



# Three Rap Legends set for DC's Hip Hop Museum's Grand Induction Ceremony

By Stacy M. Brown  
NNPA Senior National  
Correspondent

This Saturday, March 11, is the National Hip Hop Museum of DC's Grand Induction Ceremony, where they will honor CL Smooth, Special Ed, and Dres of Black Sheep.

The event will kick off at 4 p.m. with a live broadcast of "Master Gee's Theatre," the museum's executive director's weekly SiriusXM Show, where guests will reminisce about the legendary MCs, they grew up listening to.

Deputy Mayor John Falcicchio plans to read a proclamation at Mayor Muriel Bowser's request.

"We felt like we would complement what was going on in New York down here in the DMV," said Master Gee whose real name is Guy O'Brien.

Gee counts as one of the three members of the hip-hop trailblazer group, The Sugar Hill Gang, whose seminal hit "Rapper's Delight" was the genre's first hit.

"We had to put something in effect that would last over generations," Gee



Three Rap Legends event will kick off at 4pm with a live broadcast of "Master Gee's Theatre," the museum's executive director's weekly Sirius XM show. (Photo via NNPA)

said during an appearance on the National Newspaper Publishers Association's morning news broadcast, Let It Be Known.

"Because we are the first commercially successful hip-hop group in the world, it made sense from a business standpoint for me to put those skills and abilities towards preserving the legacy of what we're doing," he stated.

As one-half of the classic-era hip-hop duo Pete Rock & C.L. Smooth, C.L. Smooth was responsible for penning some of hip-hop's timeless classics, including "The Creator," "Straighten It Out," "Take You There," and the landmark "They Reminisce Over You (T.R.O.Y.)."

According AllMusic.

com, the rapper's smooth voice, effortless flow, and conscious lyrics were easily recognizable signatures of Smooth's style, "and with Pete Rock's soulful and funky backing, they distinguished themselves as a formidable duo even amid the flourishing of many other acclaimed alternative rap groups in the early '90s."

Smooth, born Corey Penn, was raised on his grandparents' jazz music.

Growing up in Mount Vernon, NY, his grandfather always used to find ways of integrating jazz into many aspects of his daily life; "thus, it was only natural that Smooth would gravitate toward his literal soul partner, Pete Rock, a friend whom he met in

grade school."

Special Ed, whose real name is Edward Archer, is best known for hits like "I Got It Made," and "I'm The Magnificent."

"Though he was only 16 when it was released, the rhymes were mature and supremely confident; over half a million sales confirmed his arrival," according to AllMusic.com.

"There was a more romantic discourse evident on the follow-up, which while less abrasive, was still an exemplary introduction."

According to MusicianGuide.com, Black Sheep became part of music's hip-hop landscape in 1991 with the release of their debut album, A Wolf in Sheep's Clothing, who's single "Flavor of the Month" sealed the duo's popularity.

At the time of their debut, Black Sheep were one of many New York City-based hip-hop and rap groups attracting national attention;

Cypress Hill, Naughty by Nature, Brand Nubian, and L.O.N.S. had all paved the way for Black Sheep's appearance.

Black Sheep's members, Dres, whose real name is Andres Titus, and Lawngue – two friends raised in New York City – met in 1983 in Sanford, North Carolina.

Dres grew up in the Astoria housing projects in Queens and by the time he finished high school, he had served time in jail; this early brush with the criminal justice system convinced Dres not to glorify crime in his music, MusicianGuide.com reported.

Master Gee noted that the Universal Hip Hop Museum opening in New York next year and headed by executive director Rocky Bucano is huge for those who love hip hop and others who may not.

He said his museum is in D.C. because "that's the home of all the big museums."

According to Gee and other officials, the Hip Hop Museum of DC is a "pop-up experience," that serves as a "traveling art, food, fun, broadcasting, DJ, producer, performance, graffiti, B-boy, music concert experience that encompasses all aspects of hip-hop music, history and culture."

The National Hip-Hop Museum opened "The Hip-Hop Shop", their new flagship retail and event space, in January 2023. This 6,000 sq. ft. facility, located in the heart of Dupont/Adams Morgan, features the largest selection of Hip-Hop memorabilia on the East Coast including, vintage apparel, sneakers, toys, memorabilia, vinyl and art.

Gee said Rapper's Delight opened up doors that he'd never previously envisioned.

"Rapper's Delight is my license to the world," Gee asserted. "It's my permit, my passport to give me the ability to do what I do."

**GET YOUR BLOOD PRESSURE CHECKED.**

*Your heart depends on it.*



Parkland offers blood pressure checks at our Access to Care and Coverage community pop-ups



Scan for dates, times and locations

or visit [www.parklandhealth.org/connect](http://www.parklandhealth.org/connect)



Parkland

Care. Compassion. Community.

**VOTE YOUNG SUNG**  
for

**MAYOR OF CARROLLTON**

**GROWING TOGETHER**

Early Voting on April 24, 2023 to May 2, 2023

Election Day on May 6, 2023

Pol. Adv. Paid for by Young Sung for Mayor



# Film Review: 'Creed III' delivers a solid punch on the silver screen

By Dwight Brown  
NNPA Film Critic

(\*\*\*) For a first-time director, actor Michael B. Jordan lands a solid punch. As soon as the bell rings, it's on.

Continuing a boxing movie franchise that started back in 1976, with the Oscar-winning film Rocky, and sustaining that winning spirit for 47+ years later is quite a responsibility. Filmmaker Ryan Coogler (Creed and Creed II) was up to that task and passed it on to Jordan. With characters established by Coogler and now further nurtured by screenwriters Keegan Coogler & Zach Baylin for Creed III, another well-written script respectively continues the legacy. Three-dimensional characters, weighty backstories, fated destinies, revenge, regret... It all pushes the narrative forward.

Largely, the movie doesn't disappoint. Even when some dramatic scenes drag, like an elongated lunch in a diner scene with Dame and Adonis. Or when Adonis confesses his feelings, or lack of, to Bianca. These extended moments could have been a snooze. But the script is earnest, the actors are deep into their craft, Jordan's direction is fluid and Kramer Morgenthau's eye-catching cinematography makes the visuals strong.

Maybe the real measure of Jordan's creative abilities is best displayed in the boxing scenes. He doesn't disappoint. Fights with Chavez, Dame and Adonis are innovatively shot. Es-



Michael B. Jordan and Tess Thompson in Creed III. (Photo via NNPA)

pecially the final fight when it seems like the two boxers are in a world of their own. They are. The camera is invisible as it zooms around like a ghost. The attractive sets (production designer Jahmin Assa) disappear. The focus is on two pugilists working out their demons and trying to punch or mindf--k their way to victory.

With most of the Rocky and Creed movies, the protagonist is so beaten, far down on his luck and victimized by misfortune that a comeback seems impossible. You have to root for them. That's the secret sauce. But here, Dame is the one who has that hunger. After spending almost two decades in prison, recovering from an incident as an adolescent that estranged him from Adonis and crashed his boxing career, winning can be his only salvation. On the other hand, Adonis is a bit boujee. He isn't broke. He isn't desperate. Only one of them has the real eye of the tiger, and the flaw is that it isn't the Rocky-type main character.

The musical playlist jumps right from the gitgo,

with beats by Big Sean, Ari Lennox, Kehlani and J. Cole. While Joseph Shirley's score rocks the house too. Sylvester Stallone's presence is missed as the weathered champ turned trainer Rocky Balboa—a bridge to the past. But the cast finds their own way. Thompson exhibits a wonderful sensitivity as the family-focused, career-minded and loving quintessential modern Black woman. Benavidez, an actual boxing pro, brings a touch of realism to the Felix character, as does Selenis Leyva (Orange is the New Black), who plays his manager.

Every performance is professional, but Majors as the aggrieved Dame and Jordan as the guilt-ridden Adonis really bring the gravitas.

Admirers of this boxing saga, adults craving drama, genre fans looking for a fight and those who enjoy excellent acting will go the rounds with Creed III. Why? Because Jordan doesn't pull any punches. He lands them.

In theaters March 3rd.  
Visit NNPA News Wire  
Film Critic Dwight Brown  
at [DwightBrownInk.com](http://DwightBrownInk.com).

## MURAL, from Page 5

City worked with the Better Block Foundation to re envision the possibilities for the Clara Barton Boulevard gateway into the district, turning the street into a temporary street park.

Ryan sought to capture the feeling of community

and caregiving in the mural, which in size is her largest project ever. The work incorporates nurses and veterans from nostalgic photos. The native landscapes include the purple coneflower (associated with healing), trumpet vine

(representing a fresh start) and a fall aster (representing wisdom). A hummingbird is included as a sign of joy, healing and good luck.

"Hopefully, when you look at my work, at this piece, you get some sort of feeling of longing and comfort and the feeling of caregiving," she said.

DALLAS'S MOST  
**SPECTACULAR**  
NIGHT OUT!

BAZ LUHRMANN'S  
REVOLUTIONARY FILM COMES TO LIFE

TRUTH | BEAUTY | FREEDOM | LOVE

**MOULIN  
ROUGE!**

THE MUSICAL!

**MARCH 15 - APRIL 2**

**TICKETS START AT \$30**

**MUSIC HALL AT FAIR PARK**  
**MOULINROUGEMUSICAL.COM**

© 2023 Global Creatures. Moulin Rouge® is a registered trademark of Moulin Rouge.  
Photos by Matt Murphy and Evan Zimmerman.



# Home Depot hiring more than 700 workers in Dallas/Fort Worth

The Home Depot is hiring more than 700 associates in Dallas & Fort Worth for its busy spring season. Flexible, part-time and full-time positions include customer service, sales, store support, freight and merchandising. Available positions vary by location. The Home Depot is an equal opportunity employer.

The Home Depot is hiring now in its stores throughout the Dallas & Fort Worth area. With the company's accelerated hiring process, applicants could receive an offer within just one day of applying.



Oxana Melis / Unsplash

The company is also hosting a Virtual Spring Career Day event on Thursday, March 16. Attendees

will hear from current associates to get an idea of the company's jobs, culture and benefits, and learn

about local openings. Jobseekers can register here.

Jobseekers are encouraged to search for jobs at their nearby Home Depot location and apply online at [careers.homedepot.com](https://careers.homedepot.com).

The Home Depot offers a wide range of health and personal benefits for every stage of life, including tuition reimbursement, company performance-based cash bonus program, paid family leave, back-up dependent care, 401(k) savings plan with company match, a discounted company stock purchase program and more. Over the

last three years, associates have received more than \$1.5 billion in Success Sharing awards.

Growth opportunities at The Home Depot make this more than just a seasonal job – 90% of store leadership started as hourly associates. Additionally, jobseekers will find upskilling programs that teach and expose them to new skills so they can master their current roles and prepare for future ones.

The company continues

to invest in innovation to support associate development and improve the associate experience. Last year, The Home Depot rolled out hdPhones to associates, which offer real-time training and the ability to quickly chat with experts in the store.

A spokesperson from The Home Depot is available for interviews. Interviews can be conducted via phone or video conference, in-studio, or on-site and in-person at a local store.

## ← PREGNANCY, from Page 4

age age 36 years, who had a diagnosis of hypertension with a blood pressure above 140/90 mm Hg or a self-reported history of antihypertensive medication use. About 59% of the participants were white women, 23% were Black women, about 16% were Hispanic women and 1.7% were Asian women. About 20% of the participants had never been pregnant.

The analysis of nearly 18-years of data found that food insecurity, or the lack of access to healthy foods, was experienced by one in four Black and one in three Hispanic women. The study is one of several studies and commentaries featured in the recently published special Go Red for Women Spotlight issue of the Journal of the American Heart Association.

Uncontrolled high blood pressure was defined as a systolic blood pressure of 140 mm Hg or higher (the top number in a blood pressure reading) and a diastolic blood pressure of 90 mm Hg or higher (the bottom number). Three consecutive blood pressure measurements were taken after five minutes of seated rest, with one minute in between measures, and the average was calculated. Women answered questions about their lifestyle, such as diet, exercise, smoking and alcohol intake, and also ac-

cess to health care, education and blood pressure medication use.

"We were surprised by the high prevalence of food insecurity among Black and Hispanic women. We were not expecting to see such a dramatic inequity in this social determinant of health," said lead author Claire Meyerovitz, B.A. "While our population of Asian women was small, we were also surprised to find that 26% of Asian women of childbearing age were unaware of their hypertension, which was significantly more than white women at 14%."

Researchers say more study is needed, including examination of structural racism and discrimination, to better understand why Black women of childbearing age face challenges in both food security and heart health.

"Questions about food insecurity and health care access should be included in the standard screening questions at hospital or clinic visits, especially among pregnant women or women planning to become pregnant," Kovell said. "We still have a lot of work to do to understand and reverse the disparities in maternal mortality between white and Black women in the U.S."

Authors noted that the study is limited by the fact

that the interplay of race, racism, the U.S. health care system and social inequity is complex and unique to this country. The analysis was limited to results of the NHANES questionnaire and did not include information about other social determinants of health such as neighborhood safety, food deserts, rural versus urban living and experiences related to racism.

Additional co-authors are Stephen P. Juraschek, M.D., Ph.D.; Didem Ay-turk, M.S.; Tiffany A. Moore Simas, M.D., M.P.H., M.Ed.; Sharina D. Person, Ph.D.; Stephenie C. Lemon, Ph.D.; and David D. McManus, M.D. Authors' disclosures are listed in the manuscript.

The University of Massachusetts Chan Medical School funded the study. Dr. Kovell is supported by the National Center for Advancing Translational Sciences, a division of the National Institutes of Health.

Studies published in the American Heart Association's scientific journals are peer-reviewed. The statements and conclusions in each manuscript are solely those of the study authors and do not necessarily reflect the Association's policy or position. The Association makes no representation or guarantee as to their accuracy or reliability. The Association receives funding primar-

ily from individuals; foundations and corporations (including pharmaceutical, device manufacturers and other companies) also make donations and fund specific Association programs and events. The Association has strict policies to prevent these relationships from influencing the science content.

**SOCIAL SECURITY**

**DISABILITY APPEALS**

**Bill Cohn - Since 1976**

Dallas / Frisco

---

Other Lawyers Turned You Down? Call Me!

**(972) 994-9393**

**NO FEES - Unless You Win!**



**Ed Bell**

**Construction**

**Company**

*An Equal Opportunity Employer*

March 1, 2023

Ed Bell Construction is a Dallas based heavy highway contractor doing business in the North Texas market since 1963. With clients such as TxDOT, Dallas County Public Works, and the Cities of Dallas, Fort Worth, Richardson, and Mansfield (plus many others), we have a strong backlog of work in the highway market locally.

We are currently hiring for the following positions:

- **Mixer Operator (Earthwork)**
- **Laborer (Earthwork, Paving)**
- **Loader Operator (Earthwork)**
- **Form Setter (Structures, Paving)**
- **Excavator Operator (Earthwork)**
- **Paving Machine Operator (Paving)**
- **Boom Mobile Crane Operator (CDL)**
- **Concrete Finisher (Paving, Structures)**
- **CDL Drivers (Water Truck, Haul Truck)**

Available: multiple openings  
 Rate: Negotiable  
 Must have own transportation.  
 Years of Experience required will vary, from 6 months to 2 years (depending on position)  
**Physical and Drug Screen Required**  
**Must have a Clear Background**  
**Must be at least 18 years old (CDL Driver, 21 yrs.)**

**Must apply in PERSON, Monday – Friday from 8am to 11am**  
**@ 10605 Harry Hines Blvd.**  
**Please visit our website: [www.edbellconstruction.com/careers](http://www.edbellconstruction.com/careers)**  
**Or email your resume to: [careers@edbellconstruction.com](mailto:careers@edbellconstruction.com)**



# GFSI launches new online platform to build wealth

The Global Family Success Institute (GFSI) a division of Generations Empowerment Enterprises, LLC is an eLearning educational organization that offer intergenerational family success and family business courses that will prepare families of all ages and sizes on how to successfully balance family traditions, relationships, business, and ownership needs to build generational wealth.

The platform will offer easy navigation and is available on demand 24/7/365 from your computer and mobile device. A few of our most popular courses include:

Heirs Property Probate



Adela Eleteu / Unsplash

Readiness

Where Can I Find My Purpose

- Four Steps To Successful Partnerships & Collaborations

- The 10 Best Practices of Successful Families

- The 10 Best Practices of Wealthy Families

- The Five Pillars of Financial Literacy Success

“We are thrilled to launch the new online eLearning platform. I strongly believe it will serve to increase the

financial literacy knowledge, wealth-building understanding, and relational health of families, family business owners and students who take our trusted classes. Our courses are designed for two or more generations from a family to take together. I truly believe in our motto which says, “Families Learning & Working Together Build Wealth” says Dr. Janice M. Porter, President, Global Family Success Institute.

Our mission is to bring together on our eLearning platform the brightest minds from various finan-

cial, wealth-building, business and family relationship building disciplines to offer their online courses along with their real-life family business training and coaching experience to educate and inspire families on the strategies of building generational wealth.

“I feel that this new website aligns with our company mission for online learning, growth, and expansion in the future and will change the economic and social trajectory of families and their businesses for generations” says Dr. Phillip S. Porter,

CEO, MBA, Generations Empowerment Enterprises, LLC. The Company.

The vision of the Global Family Success Institute is to be a leading global eLearning institution that educates, trains, and coaches’ families, family businesses, family business advisors, students, and community leaders in practical principles to balance family traditions, relationships, business, and business ownership needs in a safe learning environment. For more information, visit <https://globalfamilysuccess.thinkific.com>.

## WAR, from Page 3

supportive of Ukraine but divided on how much help to provide. It’s worrisome that the divisions reflect partisan lines.

According to a Pew Research Center survey, only about a quarter of Americans say we are giving too much aid to Ukraine, but the figure has begun to grow. Among Republicans and Republican-leaning independents, 40% say U.S. support is too generous. Some 43% of Americans, but only 27% of Republicans, approve of Biden’s handling of the conflict.

With Republicans now in control of the House of Representatives, congressional support for Ukraine

may weaken. Some conservative members argue we should pay less attention to Ukraine and more to problems at home, like border security and inflation. The 2024 election could widen divisions.

It’s a reminder that, in a representative democracy like ours, foreign policy and domestic policy can never be entirely separate. If the American people lose interest in the war – or if they blame it for inflation and conclude it distracts from problems at home – it may become harder to support Ukraine. This will be a real test for Biden’s leadership and American resolve.

## TRUMP, from Page 5

sues, they argued.

The President has “extraordinary power to speak to his fellow citizens and on their behalf” in his role as the nation’s leader and head of state.

“But that traditional function is one of public communication and persuasion, not incitement of imminent private violence,” the DOJ continued.

“To extend immunity to such incitement would contradict the ‘constitutional heritage and structure’ that have informed and justified the doctrine of presidential immunity.”

The DOJ said Trump’s incitement of the deadly insurrection fell outside the scope of his presidential powers and therefore disqualifies any immunity argument.



### McKinney Housing Authority 2023 ANNUAL PLAN & SIGNIFICANT AMENDMENT TO THE FIVE YEAR PLAN PUBLIC MEETINGS NOTICE

The Quality Housing & Work Responsibility Act of 1998 requires the McKinney Housing Authority to submit an Agency Plan each year. The PHA Plan is a comprehensive guide to public housing agency (PHA) policies, programs, operations, and strategies for meeting local housing needs and goals. There are two parts to the PHA Plan: the 5-Year Plan, which each PHA submits to HUD once every 5th PHA fiscal year, and the Annual Plan, which is submitted to HUD every year. Below is a list of meetings that are scheduled to review and discuss the Agency Plan documents for the 2023 fiscal year. Residents, the public and staff are encouraged to attend the meetings.

#### Autoridad de Vivienda McKinney PLAN ANUAL 2023 & ENMIENDA SIGNIFICATIVA AL PLAN DE CINCO AÑOS REUNIONES DARSE CUENTA

La Ley de Vivienda y Responsabilidad Laboral de Calidad de 1998 requiere que la Autoridad de Vivienda de McKinney presente un Plan de la Agencia cada año. El Plan PHA es una guía completa de las políticas, programas, operaciones y estrategias de las agencias de vivienda pública (PHA) para satisfacer las necesidades y los objetivos de vivienda locales. Hay dos partes en el Plan PHA: el Plan de 5 años, que cada PHA presenta a HUD una vez cada quinto año fiscal de PHA, y el Plan anual, que se envía a HUD cada año. A continuación hay una lista de reuniones que están programadas para revisar y analizar los documentos del Plan de la Agencia para el año fiscal 2023. Se alienta a los residentes, al público y al personal a asistir a las reuniones.

Tuesday January 24, 2023	4:30pm	Board of Commissioners Meeting	Merritt Homes Community Center	1200 N. Tennessee St. McKinney, TX 75069
Tuesday February 28, 2023	4:30pm	Board of Commissioners Meeting	Merritt Homes Community Center	1200 N. Tennessee St. McKinney, TX 75069
Thursday March 16, 2023	Noon	Public Hearing	Newsome Homes Community Center	1450 Amcott St. McKinney, TX 75069
Tuesday March 28, 2023	4:30pm	Board of Commissioners Meeting	Merritt Homes Community Center	1200 N. Tennessee St. McKinney, TX 75069

A draft of the proposed ANNUAL Plan and Significant Amendment to the Five Year Plan is available for review at the MHA main office located at: 603 N. Tennessee St. McKinney, TX.

Comments can be submitted by hand delivery, mail, or email to McKinney Housing Authority Main Office; 603 North Tennessee Street; Attn: Roslyn Miller; McKinney, TX 75069 or [info@mckinneyha.org](mailto:info@mckinneyha.org). The final public hearing for plan adoption will be held on Tuesday, March 28, 2023 at 4:30pm – Merritt Homes community center.



# Emergency Service worker shortages addressed by DSHS funding

(DSHS) -- Texas Emergency Service agencies are facing a workforce crisis in relation to Emergency Medical Service (EMS) workers, as the pandemic has worsened a sector already experiencing shortages. EMS workers have been leaving the profession at a higher rate since the pandemic began. This, due to burnout and exposure risk, as well as new career options that offer higher pay and benefits.

Pre-COVID-19, Texas had more than 77,000 Texans working in the field as emergency medical technicians, advanced EMTs or paramedics. The staffing shortages the healthcare system experienced during the pandemic, however, led many who had worked out of ambulances to move to healthcare positions in hospitals and clinics. Consequently, during and after COVID-19, the number of certified EMS personnel dipped below 73,000, a loss of 4,000 workers.



Mark Boss/Unsplash

Over 70 percent of eligible Texas EMS professionals did not work on an ambulance during the first eight months of 2021. To make a bad situation worse, Texas EMS agencies are not finding enough new EMS personnel to fill the vacancies. The Texas Department of State Health Services (DSHS) recently released data indicating that only 27% of licensed Texas EMS professionals submitted a patient care report during the first eight months of 2021.

To alleviate these problems, more than 1,400 scholarships worth more

than \$6 million have been awarded since October 2022 through the Texas DSHS program. The program is intended to fund emergency medical services education and grow the state's EMS workforce, particularly in rural and underserved areas.

"It's going incredibly well," said Joe Schmider, DSHS State EMS Director. Because the interest is so high, the agency is encouraging people to apply now for one of these scholarships and warns the public against waiting. Especially encouraging are 227 scholarships awarded this past

month to students who are brand new to the EMS profession. This influx of new talent points to the attractiveness of EMS careers in Texas.

The program is committed to building the EMS workforce. Since the program is intended to retain the current EMS workforce and encourage new workers to join the field in Texas, it requires newly certified scholarship recipients to operate in Texas ambulances upon completion of their studies and certification and commit to serving in an ambulance for at least one year as an emergency medical technician (EMT) or two years as an advanced EMT or paramedic (if upgrading certification).

EMTs can work in ambulances and many other venues and advance into other healthcare occupations, including physician assistants and medical assistants, and administrative positions in ambulatory care companies or hospitals.

It typically takes approximately six months of EMT training and passing the state certification test. Yet, probably the best thing, according to Schneider is that under the program, EMS workers can be out there working within four or five months. "It's an exciting career or volunteer role, and you're helping your neighbors. It's also an exciting entry to healthcare and will open many doors for future growth. And we

can help with education and training."

Those interested in pursuing a career in EMS should contact their Texas Regional Advisory Council for information about scholarships, jobs and opportunities in their area. More information about career opportunities in EMS and scholarships for education and training is also available at [dshs.texas.gov/team-texas-ems](https://dshs.texas.gov/team-texas-ems).

## RIGHTS, from Page 2

attitudes towards their students' impatience and plans to protest against segregation, my college diary noted, "There was one place where we were all together: the need for clarity and purpose." Morehouse president Dr. Benjamin E. Mays told an Atlanta University audience years later, "Before the students did anything, we wanted to make it clear what they were striking about or grumbling about or protesting about." The presidents not only provided the money to pay for the ads (a freedom that private, unlike public, colleges could exercise), but they also read it and were in full accord with it. The evidence for this is plain from a slip of paper with scribbled notes concerning the Appeal that also includes comments from Dr. Mays that fell from my college diary thirty-seven years after I'd put it there. Dr. Mays' comments called it a "great document" that

set forth a philosophy and made the case in a way that "nobody has said the same way."

We students believed in the Appeal and the meaning behind it with our whole minds and bodies and souls and were prepared to go to jail and even to die for those beliefs. We followed up the appeal by sitting in on March 15, 1960 at seven white-only restaurants in Atlanta, and I and seventy-seven other students were arrested that day for our actions. As I wrote in my diary the next day: "SOMETHING WORTH LIVING AND DYING FOR!" Our series of demonstrations and boycotts eventually led to an Atlanta Compromise: seventy-five stores officially opened up 177 counters to Black citizens, and in September 1961 Atlanta became the 104th city to desegregate lunch counters after the student sit-in move-

ment began.

Now a new generation of students is preparing to make the change we need today. As Dr. Carter Woodson, the founder of Black History Month, taught us, the purpose of knowing about those who have gone before us is always to help

us to keep going in the future: "The world does not want and will never have the heroes and heroines of the past. What this age needs is an enlightened youth not to undertake the tasks like theirs but to imbibe [their] spirit . . . and answer the present call of duty."

### TISEO PAVING COMPANY

419 E. Hwy. 80, Mesquite, TX 75150  
Tel: (972) 289-0723 Fax (972) 216-5637  
[www.tiseopaving.com](http://www.tiseopaving.com)

Performing Concrete Street Paving  
in the Metroplex Area  
We Accept Subcontracting Bids  
For All Public Works Projects  
in the Dallas Area.  
We Are Accepting Applications for Concrete Mixer Drivers and Heavy Equipment Mechanics

Equal Opportunity Employer



**GARLAND**  
TEXAS MADE HERE

**Attention Suppliers of Goods, Services and Construction**

**Review Competitive Opportunities at**  
<https://garlandtx.ionwave.net>

[www.garlandpurchasing.com](http://www.garlandpurchasing.com)

972-205-2415

**CBS Insurance Services, LLC**  
7125 Marvin D. Love Frwy., Suite 302  
Dallas, Texas 75237

**Looking for A Career Change  
Then We Need You!!**

If you're looking for full or parttime work with flexible hours, income ranging from \$800.00 to \$2,000.00 plus weekly. No Experience Needed we will license and train.

**For more information call (214) 238-6855**

**Ask for Shun**

**Email: [info@cbsolutionsplus.com](mailto:info@cbsolutionsplus.com)**



**DO YOU WANT AN EXCITING AND REWARDING CAREER?**

**PURSUE A CAREER AS A POLICE OFFICER OR FIREFIGHTER!**

- Competitive wages
- Array of benefits
- Education incentive pay
- ...and more

REGISTER ONLINE TO TAKE  
THE CITY OF IRVING'S NEXT  
CIVIL SERVICE ENTRANCE EXAM

[www.cityofirving.org](http://www.cityofirving.org)

*The City of Irving does not discriminate on the basis of race, sex, religion, age or disability in employment or the provision of services.*



## Who's Been Fiddlin' With My Mind?

By James L. Snyder

When it comes to music, I am an amateur in many regards. I signed up for a violin class in first grade and took lessons. After about a month, the teacher met with my parents and begged them to pull me from that class.

He said, "Out of deep respect for music, this boy should not play the violin."

I can't think of anybody in my immediate family

that plays any instrument or has any skill in music. I thought I would be the first one, but I wasn't.

The Gracious Mistress of the Parsonage is a different story. Many people on her side of the family are involved in music, and her father was a great piano player and could play the piano with no music set before him.

Also, his daughter plays the piano, organ, flute, and harp. As long as I've been

a pastor, she has played the piano in all our church services. She is very gifted along that line, and I'm so happy.

I confess that I am not musically inclined, and I am unanimous in that opinion.

It's not that I don't like music; I cannot replicate it with these vocal cords that God gave me. So I guess His plan was for me not to sing.

Music is very relaxing for

me, and even though I cannot sing, I can listen to music with great appreciation.

The one thing that bugs me is early in the morning, whether it's television or radio, I hear a song and can't get it out of my head. All day, that music buzzes in my head, and I can't get it to stop.

We took a trip not long ago, and The Gracious Mistress of the Parsonage drove her Sissy Van, while I sat in the passenger side.

For some reason a song got in my head, I can't remember which one, but I heard it over and over again.

I heard it so many times that I began to sing that song under my breath, which was not a very good thing to do.

I have a way of humming and singing a song simultaneously, coming out naturally.

As I got to singing, suddenly, The Gracious Mistress of the Parsonage

pulled over, stopped her van, looked at me, and said, "Are you having some kind of spasm?" She looked very serious as she said it.

I looked at her seriously, having no idea what she was talking about.

"You're not sick, are you?"

I began to understand her alarm, and I cautiously said, "I'm okay; I was just singing."

See MIND, Page 16

## Life's Experiences

By Daris Howard

As I start my classes each semester, I like the students to introduce themselves. I always have them tell where they are from, their major, and something interesting about them. Most students say simple things. For example, I had one girl who said she likes to collect unusual socks, especially Christmas ones. Others tell of a unique talent or some sport they like to play. But sometimes a student shares an experience that is quite memorable.

One day, a young man, John, told us his interesting thing. He said that he had been to South America and had seen so many homeless people. It really touched his heart.

"I decided I wanted to find out what it was like to live on the street like a homeless person," John said. "I told my family what I was going to do. They tried to talk me out of it, but I felt I needed to experience what those people live through."

He said his family insisted he have a cell phone so they could contact him. He didn't think people living on the streets had cell phones, but he finally agreed to ease their concerns.

John said that he called his family daily for the first little while, but keeping his phone charged was hard. "When you don't have a place to call your own, there aren't a lot of electrical outlets to use. Finding one in a public place wasn't

too hard, but it took a while to find one where I wasn't asked to leave. But after less than a month of checking in every day, my cell phone was stolen.

"I debated whether or not I should give up the whole thing, but I felt there was still so much to learn. After that, I found a way to check with my family once a week on a public phone. They always seemed relieved to know I was safe. It also helped me understand what others might feel when someone they loved disappeared without a trace.

"I lived on the street for two-and-a-half months during the summer between my freshman and sophomore years in college. During that summer, I learned more than I did in any

class I ever took. I learned what it was like to be hungry more often than I was full. I learned how hard it was to find a comfortable, safe place to sleep. And I learned how frightening it is to get mugged."

"But if you didn't have anything, why would someone mug you?" a girl asked.

"I had found some restaurant food in a garbage one night," John said. "The other person was hungry and had nothing. A normal person who usually would be kind and harmless can become quite desperate when they are hungry. That was

another thing I learned."

By this time, John had the rapt attention of everyone in the room. "What was the most important thing you learned?" another girl asked.

"I would have to say it would be that there are worthy poor and there are unworthy poor."

"What do you mean by that?" a boy asked.

"Well, most of the poor on the streets are there because of the cards they have been dealt in life or decisions they have made that have trapped them there. Most of them stay there because

they can't find their way out. But most of the ones you see begging on street corners are not part of the worthy poor. Many of them make more money begging than they would working a normal job, while the worthy poor aren't begging, but are scrounging for food or whatever they can get."

John paused a moment as if thinking deeply. When he did speak, he spoke softly.

"One other thing I learned was that even though it changed my heart, and I wouldn't give up the experience for anything, I would never do it again."

### Cemetery Space Broker will make you offer on your cemetery plot



Dennis Jarvis / Flickr

- Inherited plot and can't sell it?
  - Bought plot years ago and your plans have changed?
  - Singles space or Side by Side spaces is okay.
- We will make you a "cash offer" on your cemetery plot today! If you get voice mail-leave message phone number and information on cemetery space. We will get back to you

**Call Us Today!!!!!!!**  
**972.665.0170**

### We Buy Ugly Houses



- Pretty Houses
  - Ugly Houses
  - Divorce
  - Inheritance
  - Problem Tenants
  - Need Repairs
  - Vacant House
  - Fire Damage
  - Estate Sale
  - Behind on payments
- CALL 972-665-0170**

**We Buy Houses ... Fast!**



# March is National Women's History Month



**Sister Tarpley**  
NDG  
Religion  
Editor

Black women have always played a vital role in shaping American's history; I will continue to honor them in my column this month.

Sarah E. Goode was the first Black female patent holder. She was issued a patent on July 14, 1885 for a Folding Cabinet Bed. Miriam E. Benjamin was the second Black woman in history to receive a patent for a Gong and Signal Chair for motels on July 17, 1888.

Patricia Bath was the first Black female doctor to receive a patent for a medical invention; an apparatus for ablating and removing cataract lenses.

Ruane Jeter invented a digital Toaster on April 14, 1987. Ellen Elgin invented the Clothes Wringer in the 1880's. Madeline Turner in Oakland, California invented a Fruit Press on April 25, 1916.

Henrietta Mahim Bradberry from Chicago, Illinois invented a bed rack which was an attachment to the bed that permitting air to pass through and refresh worn clothes on May 25, 1943.



And, on December 11, 1945, the device operated pneumatically and was adapted to discharge torpedoes under the water surface (the Torpedo Discharger.)

Virgie M. Ammons invented a Fireplace Damper actuating tool on September 30, 1975. The instrument opens and closes a fireplace damper and is intended to operate as a securing means to prevent fluttering of the damper due to wind.

Marie V. Brittan Brown invented the Video Home Security System that utilized television surveillance on December 2, 1969 (the same year that Sheila, my only daughter was born.)

Bessie Blount, a physical therapist who worked with soldiers injured in WW II invented a device allowing amputees to feed themselves in 1951.

Sarah Boone invented

the Ironing Board on December 30, 1887. Mary J. Reynolds invented a Hoisting/Loading Mechanism on April 20, 1920. Natalie R. Love invented a T-Top Roof Cover on May 5, 1992.

Marjorie Joyner from Chicago, Illinois, invented a Permanent Wave Machine, which could wave the hair of both white and Black people on November 27, 1928.

Alice H. Parker from Morristown, NJ on December 19, 1919 invented a new and improved gas heating furnace. The invention provided a mechanism for regulating heat to be carried to various rooms in a building.

Valerie Thomas in 1980 invented an Illusion Transmitter; this futuristic invention extends the idea of television, with its images located flatly behind a screen to having three dimensional projections

appear as though they were right in your living room.

The U.S. Postal Service, through its Black Heritage stamp series has paid tribute to 30 Black leaders, inventors, educators, scientists, entrepreneurs, entertainers, and athletes since the "First stamp in the series was issued on February 1, 1978 to Harriet Tubman."

This month, I proudly wear issued stamp pens, one of Opera Singer Marian Anderson that was issued in January 2005, and the other one dedicated on October 13, 2004, to focusing attention on Sickle Cell Disease. Stop by any post office and inquire about purchasing Black Heritage Stamp series.

Mary McLeod Bethune founded the National Council of Negro Women; and what is now known as Bethune-Cookman College. Her stamp was issued March 5, 1985.

Before Aretha Franklin "Queen of Soul," we had Mahalia Jackson, known as

"Queen of Gospel Music." Mrs. Jackson received national recognition by appearing at Carnegie Hall. An active participant in

the civil rights movement, she sang at the "March on Washington" in 1963 and at the funeral for Dr. Martin Luther King, Jr.

**Inspiring Body of Christ** **IBOC**  
Pastor Rickie G. Rush

7701 S. Westmoreland Rd  
Dallas, TX 75237  
972.672.4262 (IBOC)  
www.IBOCCHURCH.org

Sunday Service 7:30am & 11am  
Monday School 7pm & Men's Fellowship Friday 8pm

**Allstate**  
You're in good hands.

Chris Zeigler  
Agency Owner  
The Zeigler Agency  
Allstate Insurance Company  
8750 W Main Ste. 203  
Frisco, TX 75034  
**24 HOUR SERVICE**

Office: 469-535-2500 | Cell 214-870-4269  
After Hours: 800-255-7828 | Fax 469-535-2499  
Email: chriszeigler@allstate.com

## Have Medicare questions? I have answers.

I'm Lamonica Thomas, a licensed sales agent in Dallas-Fort Worth. When it comes to Medicare, it's important to consider all of your options. What works well for your neighbor may not be the best fit for you. I know the ins and outs of Medicare, and I'm ready to answer your questions and help you find a plan that fits your needs.

### It's time to take advantage.



**Lamonica Thomas**  
Licensed Sales Agent  
lathomas55@gmail.com  
www.MyUHCagent.com/lamonica.thomas  
**(972) 249-8907**  
TTY 711

Plans are insured through UnitedHealthcare Insurance Company or one of its affiliated companies, a Medicare Advantage organization with a Medicare contract. Enrollment in the plan depends on the plan's contract renewal with Medicare. ©2022 United HealthCare Services, Inc. All rights reserved.  
Y0066\_23SPRJ55189\_C



SPRJ55189

**GENESIS BUSINESS AND TAX SERVICES**

CONSULTING | BOOKKEEPING | TAXES | PAYROLL

**469-436-3747**

**GENESISBTS.COM**

INFO@GENESISBTS.COM

9330 LYNDON B JOHNSON FWY, SUITE 900, DALLAS, TEXAS 75243



# NDG Book Review: 'I Am Debra Lee: A Memoir' is a tale to sink into

By Terri Schlichenmeyer

Everybody's looking at you.

They're wondering what you're going to do next, because you often surprise them. They don't know what you're about to say because you're never predictable. So stand up, throw your shoulders back, let them watch and learn a thing or two. As in the new memoir, "I Am Debra Lee" by Debra Lee, represent.

Back when she was still in grade school, little Debra Lee's father decided that she would be a lawyer someday – and so she was. Though she often pushed



the envelope and was her own person, it was hard to even think of disappointing the Major, a man who always admonished Lee to be a "nice girl."

Back then, Lee "lived and breathed Black cul-

ture," a feeling she carried through law school and into her first big job at a law firm that "treated its associates well," and where she instinctively found a mentor who helped her in her niche. He passed along to her a few choice clients, which eventually led Lee to a life-changing introduction to Bob Johnson, who was then the CEO of Black Entertainment Television, or BET.

It was a soul-searching time for Lee. Personally, she'd had a pregnancy she didn't want, and an abortion, then a marriage that failed. Professionally, the law firm she worked for

was no longer a good fit. Johnson offered her a job and a title but it involved a considerable salary cut, which was tough to take. Still, Lee looked at the long picture and leapt at the opportunity.

The job had its downsides, specifically, eternally long hours and an overwhelming work load with no work-life balance whatsoever but Lee was undaunted. She learned about the industry and herself, found her limits and sailed past them, and enjoyed the chance to befriend people whose names pepper the tabloids.

She never seriously con-

sidered reaching for the stars until she was named COO, with a public face to maintain, a reputation to uphold, and a list of things she'd never do.

And then she did one of them...

For readers who are unfamiliar with the whole story, let's just say that you'll want to be prepared. "I Am Debra Lee" contains a big ka-boom.

Leading up to that, though, is a treat: the inner mechanics of a media empire are told side-by-side here with the story of a long, exhausting journey and the personal sacrifices it demanded. It isn't present-

ed as a burden, however; instead, author Debra Lee holds her tale with a steely grip and no apologies, making sure that she's clear on the extra work it took being a Black woman in a mostly-white man's world. There's not a single ounce of poor-me in that but rather, a series of subtle lessons to accompany the outright advice that Lee scatters about.

And then there's that ka-boom. Read about it from this first-person point of view, and you won't be sorry. If you're ready for an absorbing, fascinating memoir that pulls no punches, "I Am Debra Lee" is absolutely worth a look.

## EARLY, from Page 6

Parson plans to invest \$56 million to provide pre-school options to all low-income children in the state of Missouri. He said this would ensure that "50 percent of all our families with pre-k students will be able to enroll their children in expanded programs through their local school district or charter school at no cost." Gov. Parson would also invest upwards of \$78 million to "increase child care subsidy rates to child care providers across the state," he explained, which would increase compensation and stabilize supply for working families. "There is a clear need

to do better when it comes to early childhood. Let's meet this moment for Missouri kids, families, and businesses!" said Parson.

On both sides, governors are stepping up as early childhood champions. Democratic Gov. Pritzker proposed Smart Start Pre-K, a four-year plan to increase funding for preschool and provide access for all three- and four-year-olds in the state of Illinois. The plan would help create new center- and school-based classrooms, improve quality, and attract professionals to the workforce. The governor also proposed to address

the child-care shortage by implementing Smart Start Workforce Compensation Contracts, which would reimburse child care providers for student enrollment rather than attendance, providing a more reliable funding stream. In addition, his proposal includes "provid[ing] three months of childcare for unemployed parents who are engaged in a job search or a job training program."

Finally, Pritzker proposed expanding access to child care programs in child care deserts where no providers exist within a "reasonable" distance. The plan would "allocate \$100 million of new capital to double the Rebuild Illinois

investment already helping providers build new and expand existing facilities." "Today, I ask you to partner with me once again—this time on the long-term investment that has the greatest return for taxpayers with the most positive social and economic impact I have ever come to you with. It's called Smart Start Illinois, and it will make our state the best place in the nation to raise young children," said Pritzker.

With similar concerns about child care deserts, Democratic Gov. Evers said "54% of Wisconsin-ites today live in a child care desert—where there are few to no high-quality

options for child care in their neighborhood or community.

And even if there is a nearby child care provider, it still might not be affordable for a working family," said Evers. To address child care shortages throughout the state, the governor proposed increasing state general fund investments in child care to replace expiring federal funding.

This includes more than \$340 million for Child Care Counts to help providers pay staff fair, competitive wages and more than \$22 million for the Partner Up! program to expand partnerships between child care providers and employers.

Evers proposed expanding Wisconsin's child and dependent care credit to provide almost \$30 million in tax relief to more than 100,000 families.

Governors' 2023 State of the State addresses show that early care and education is an issue that is able to gain rare bipartisan support at the state level. Public support for investments in young children is at an all-time high nationwide, and governors recognize that child care and preschool are issues that deserve attention and investment. They now have a significant opportunity to take the lead to support children and families.

## MIND, from Page 14

"Oh my," she said, "it sounded like you were on your last road trip to death."

I don't know where that came from.

She then encouraged me not to hum or sing along the way.

I didn't realize I was singing out loud. I thought it was just in my head. But being the kind of husband I am, I kept my mouth shut for the rest of the trip.

The only place I sing is in the shower because there's nobody there, and nobody

can hear me, and I can do my thing.

The other day as I was showering, I did not realize The Gracious Mistress of the Parsonage was within hearing distance. I try to take a shower when she's not home and cannot hear me. There's a reason for that.

As so I got into my shower a song began to rumble in my head, and within a few seconds, I started singing. Boy, was I singing and enjoying every note.

Suddenly, I heard a rapid knock on the bathroom door and my wife saying, "Are you okay? You didn't fall in the shower, did you? Do you need any help?"

At first, I couldn't figure out what was happening when it dawned on me that I was singing and she was hearing.

Oh "No, my dear," I said quite loudly, "I was just singing."

I heard a profound sigh on the other side of the bathroom door, and heard her say, "Don't scare me like that again."

I do try to control my singing and keep it from crossing my lips.

Music does have a way of controlling me. Some music makes me sad, and some makes me glad. The problem is music that's in my head controls me in some way.

I go into a store, and they're playing music, and come out of that store with the music playing in my head, and I'm humming along the way. Driving home in my truck alone, I sing as loudly as possible, knowing nobody can hear

me. But, of course, sometimes I forget to stop and walk into the house singing, and you can only guess the kind of trouble it presents to me.

If only I could remember to keep my thoughts especially those musical thoughts in my head and far away from my tongue I would have a happier life.

Thinking about this all little I was reminded of what King Solomon said in Proverbs 29:11, "A fool uttereth all his mind: but a wise man keepeth it in till afterwards."

That wise old man knew what he was talking about. I know there's a time to speak but there's also a time to keep quiet. For me it's a challenge to differentiate between the two. The quieter I am the less difficulties I encounter.

*Dr. James L. Snyder is pastor of the Family of God Fellowship, 1471 Pine Road, Ocala, FL 34472. He lives with his wife in Silver Springs Shores. Call him at 352-687-4240 or e-mail jamesnsnyder2@att.net. The church web site is www.whatafellowship.com.*